

Valpo Softball Clinic Registration Form

A completed medical history form is required prior to participation. It can be printed from our website at www.valposoftballclinics.com

Name: _____ DOB: _____ High School Grad. Year: _____

Address: _____

City, State, Zip: _____ Email: _____

Parent/Guardian: _____ Phone: _____

Primary Position: _____ Secondary Position: _____ Travel Team: _____

Men's T-Shirt Size: Small Medium Large XL 2XL

October 7 Unofficial Day - Free **October 8** Fall Experience Camp—\$160

Make checks payable to **Valparaiso University Softball**. Registration is also available online at:

www.valposoftballclinics.com (online transaction fee applied).



Valparaiso University Softball
1009 Union Street
Valparaiso, IN 46383

2016 Fall Experience Camp

October 8th

All Skills Camp & Showcase — \$160

Camp is open to any current student-athlete in grades 7-12 that are interested in competing at the collegiate level (Grad. Years 2017-2022)

Camp Includes:

- 2 Games (1:10 Each) with VU Players & Coaches
- Small Group Offensive Drills & Defensive Fundamentals
 - Mental Training & Team Building
 - Baserunning Technique & Sport Specific Training
 - Recruiting Session

Stay up to date on all camp info and future camp dates by following us on social media

@ValpoSoftball Valposb Valpo Softball

Head Coach Kate Stake



Kate Stake enters her third year as Head Coach of the Crusader softball program after capping off the 2016 season with a **Horizon League Championship and berth to NCAA Regionals**. Under Stake's direction the squad continues to make its mark on the Crusader record books. As a team, Valpo posted a .381 on-base percentage

in 2015, setting a new single-season program record – breaking the previous record of .376. The Crusaders also cracked the single-season record book as a team in batting average (.300, 4th), doubles (80, 4th), slugging percentage (.441, 5th), walks (160, 5th) and fielding percentage (.964, 5th). In Stake's two seasons she has guided five Crusaders to All-League selections.

Prior to her time at Hofstra, Stake spent three seasons as an assistant coach at the United States Military Academy. She helped the Black Knights set single season records for wins, conference wins, hits, and total bases. Before coaching at West Point, Stake served as the assistant at Eastern Illinois. A 2005 graduate of Illinois State, Stake started four years at second base for the Redbirds.

EQUIPMENT

Players are responsible for bringing their own personal equipment, such as: cleats, glove, bat, tennis shoes, helmet, and any other equipment necessary. NO equipment will be provided.

CAMPER CONDUCT

With my application, I agree to abide by all camp policies and guidelines set forth at the time of registration by camp directors. I understand that these policies are intact for my safety and that any breach of these policies may result in immediate dismissal from camp at my own expense.

For all questions please contact TARAH MCSHANE at 219-464-5047 or tarah.mcshane@valpo.edu

SATURDAY, OCTOBER 8TH

WHEN: 8:00 a.m. Check –In
8:20 a.m. Camp Begins

WHO: Camp is open to any current student-athlete in grades 7-12 (Grad. years 2017-2022)

WHERE: Valpo Softball Field

COST: \$160 We do not offer cash refunds for this camp. However, Crusader Camp Credit is available. Softball camp credit must be used for any Valparaiso Softball Camp in the next 12 months. This does not include credit card processing costs.

LUNCH: Campers are responsible for their own lunch.

Recruiting Session: Coach Stake will be providing all participants and parents that are interested. Recruiting session will take place during the lunch hour. Campers are welcome to eat during the session.


FRIDAY, OCTOBER 7TH

UNOFFICIAL VISIT DAY

An important part of the recruiting process is visiting schools. As part of the camp, we will be hosting an unofficial visit day for all participants. Our goal is to expose each participant to the inner workings of the recruiting process and being a Division I athlete. The visit will consist of the following items:

Recruiting & Academic Meeting Q&A
Campus Tour
Lunch (not provided) in the student union with VU Players & Coaches
Observe VU Practice, Q&A with VU Softball

WHAT TO EXPECT FROM CAMP

 Athletes will be broken up into 6 teams that will compete in 2 games (1:10 Each) and receive 4 instructional sessions. Each Team will be coached by VU players and the VU Coaching Staff will be on hand instructing and talking strategy with participants throughout both games and sessions. Each participant will receive a camp T-shirt (team color) to wear for the day

Instructional sessions include:

- Defensive Stations: Athletes are welcome to attend any session (infield, outfield, catching, pitching). You will only be able to participate in one session.
- Offensive Drills & Approaches
- Mental Training & Team Building
- Baserunning & Sport Specific Training

Camp Outline

8:00-8:20 **Registration**

8:30 **Intro & Warm UP**

9:00-12:40 **Games and Breakout Sessions**

12:45-1:45 **Lunch & Recruiting Session**

1:50-5:30 **Games and Breakout Sessions**

5:40 **End of Camp**

In The Case Of Any Inclement Weather On The Day Of Camp We Will Be Moving To Our Indoor Facility. The Format Of Camp Will Be Adjusted Accordingly.

- ◆ **Registration is limited and closes on October 1st.**
- ◆ Payment is due at time of registration
- ◆ **Walk-Ins will only be accepted if space is available. The fee will be \$25 more.**