



GNAC WOMEN'S OUTDOOR TRACK & FIELD ALL-TIME REGIONAL/NATIONAL AWARD WINNERS

Updated Through 2023 Season

REGIONAL AWARDS

USTFCCCA WEST REGION TRACK ATHLETE OF THE YEAR

Lindsey Butterworth, Simon Fraser	2015
Joyce Chelimo, Alaska Anchorage	2016
Helen Crofts, Simon Fraser	2013
Caroline Kurgat, Alaska Anchorage	2018-19
Jessica Pixler, Seattle Pacific	2007-08-10
Sarah Porter, Western Washington	2011
Ashley Puga, Northwest Nazarene	2009

USTFCCCA WEST REGION FIELD ATHLETE OF THE YEAR

Bethany Drake, Western Washington	2014
McKenzie Warren, Concordia	2017

USTFCCCA WEST REGION COACH OF THE YEAR

Karl Lerum, Seattle Pacific	2010-11-16
Brit Townsend, Simon Fraser	2015

USTFCCCA WEST REGION ASSISTANT COACH OF THE YEAR

Erika Daligcon, Seattle Pacific	2010
Isaac Frederick, Western Oregon	2012
Ryan McWilliams, Alaska Anchorage	2013
Jarred Rome, Concordia	2018

USTFCCCA ALL-WEST REGION SELECTIONS

Top-Five Ranked Individuals & Top-Three Ranked Relays In Region

Awarded Starting In 2011

ALASKA ANCHORAGE

Name	Event	Years
Karolin Anders	High Jump	2014-15-17
Karolin Anders	Heptathlon	2013-14-15-17
Vanessa Aniteye	400 Meters	2017-18-19
Vanessa Aniteye	4x400 Relay	2017-18-19
Jamie Ashcroft	100 Meters	2014-15-16
Jamie Ashcroft	200 Meters	2014-15-16
Tylantiss Atlas	400 Meters	2021
Tylantiss Atlas	4x400 Relay	2019
Hayley Bezanson	4x400 Relay	2017
Susan Bick	800 Meters	2011
Emma Bohman	Steeplechase	2011
Elena Cano	100-Meter Hurdles	2022
Elena Cano	400-Meter Hurdles	2022
Elena Cano	High Jump	2022
Elena Cano	Heptathlon	2022
Joyce Chelimo	5,000 Meters	2014-16
Joyce Chelimo	10,000 Meters	2014-16
Mary Kathleen Cross	200 Meters	2016
Mary Kathleen Cross	400 Meters	2016
Mary Kathleen Cross	4x400 Relay	2017
Ardrienna Everett	400-Meter Hurdles	2011
Chrisalyn Johnson	Long Jump	2019
Chrisalyn Johnson	Triple Jump	2019
Kelsea Johnson	Heptathlon	2012
Amy Johnston	10,000 Meters	2015
Ruth Keino	5,000 Meters	2011-12-13
Ruth Keino	10,000 Meters	2011-12-13

Miriam Kipng'eno	1,500 Meters	2011
Miriam Kipng'eno	5,000 Meters	2011-12
Yemi Knight	4x400 Relay	2018
Caroline Kurgat	800 Meters	2019
Caroline Kurgat	1,500 Meters	2018-19
Caroline Kurgat	5,000 Meters	2016-18-19
Caroline Kurgat	10,000 Meters	2015-16-18-19
Haleigh Lloyd	100-Meter Hurdles	2015
Haleigh Lloyd	400-Meter Hurdles	2011-12-13-15
Danielle McCormick	800 Meters	2017-18-19
Danielle McCormick	4x400 Relay	2017-18-19
Grace Morgan	100 Meters	2012
Ivy O'Guinn	800 Meters	2011-12-13
Ivy O'Guinn	1,500 Meters	2011-12-13-14
Tamara Perez	1,500 Meters	2018
Tamara Perez	800 Meters	2018
Marie Ries	4x400 Relay	2019
Rosie Smith	100-Meter Hurdles	2014-15-16
Susan Tanui	1,500 Meters	2012
Susan Tanui	5,000 Meters	2012-13
Susan Tanui	10,000 Meters	2013
Susan Tanui	Steeplechase	2012-13
Halladie Witt	Steeplechase	2012

CENTRAL WASHINGTON

Name	Event	Years
Ali Anderson	400-Meter Hurdles	2018
Emily Bland	400-Meter Hurdles	2017
Kati Davis	Pole Vault	2011-12
McCall DeChenne	400-Meter Hurdles	2021
Becki Duhamel	Shot Put	2013-14
Becki Duhamel	Hammer	2013-14
Dani Eggleston	Steeplechase	2014-15-16
McKenna Emmert	Pole Vault	2015-16-17
Taylor Fettig	High Jump	2012-13-14-16
Taylor Fettig	Heptathlon	2014
Avery Fisk	Shot Put	2021
Avery Fisk	Discus	2021-22
E'lexis Hollis	100 Meters	2023
Halle Irvine	Pole Vault	2018-19
Katharine Lotze	Triple Jump	2011
Adriana Mendoza	Steeplechase	2011
HarLee Ortega	High Jump	2019
HarLee Ortega	Triple Jump	2018
HarLee Ortega	Heptathlon	2019
Alexa Shindruk	5,000 Meters	2019
Stephanie Rexus	10,000 Meters	2017
Torrie Self	Discus	2011
Torrie Self	Hammer	2011
Alexa Shindruk	10,000 Meters	2017-18-19
Meagan Smallbeck	Hammer	2021
Sidney Trinidad	100-Meter Hurdles	2019
Sidney Trinidad	400-Meter Hurdles	2019
Mariyah Vongsaveng	100-Meter Hurdles	2016-17-18-19
Erykah Weems	400-Meter Hurdles	2018-19
Angelique Whistocken	Javelin	2017

GNAC WOMEN'S OUTDOOR TRACK & FIELD REGIONAL/NATIONAL AWARD WINNERS

USTFCCCA ALL-WEST REGION SELECTIONS

CENTRAL WASHINGTON

Name	Event	Years
Brooke Williams	Long Jump	2019
Amanda Youngers	Shot Put	2016

CONCORDIA

Name	Event	Years
Melissa Ausman	Shot Put	2018
Melissa Ausman	Discus	2018
Rachel Bring	Discus	2018
Chelsea Bone	Heptathlon	2019
Karlie Hurley	Triple Jump	2019
Katrina Linenko	Shot Put	2018-19
Christina MacDonald	Shot Put	2018
Christina MacDonald	Hammer	2018
Tasha Willing	Shot Put	2018
Tasha Willing	Hammer	2018

MONTANA STATE BILLINGS

Name	Event	Years
Leeza Henry	Shot Put	2012
Leeza Henry	Discus	2012
Corrie Holm	Discus	2014-15
Anica Knispel	Shot Put	2011-12
Della Lyle	Steeplechase	2016
Taylor Stringari	Hammer	2021

NORTHWEST NAZARENE

Name	Event	Years
Taylor Deskins	100 Meters	2016
Bethany Danner	10,000 Meters	2021
Carly Dranginis	Discus	2012
Carly Dranginis	Hammer	2011-13
Destany Herbert	Shot Put	2022-23
Destany Herbert	Hammer	2022
Miya Koch	High Jump	2022-23
Chelsey Knott	100-Meter Hurdles	2015
Kinsey Langin	Pole Vault	2021
Ellie Logan	Javelin	2018-19
Ellie Logan	Heptathlon	2016
Jaclyn Puga	Steeplechase	2011
Jordan Rehfeld	5,000 Meters	2014
Jordan Rehfeld	10,000 Meters	2014
Alison Silva	Pole Vault	2014
Lexi Tubbs	100-Meter Hurdles	2015-16
Vessie Umu	Shot Put	2013-14
Taylor VanValey	Shot Put	2015
Joy Warrington	Shot Put	2011-12

SAINT MARTIN'S

Name	Event	Years
Deanna Avalos	Javelin	2018
Liz Larson	Hammer	2019
Kirby Neale	Shot Put	2015
Kirby Neale	Hammer	2016-17
Kahili Novikoff	Shot Put	2015
Shannon Porter	5,000 Meters	2015-16
Shannon Porter	10,000 Meters	2015
Keshara Romain	Triple Jump	2019
Jona Spiller	Javelin	2017
Elizabeth Thatcher	Discus	2011

Kathryn Walker	Javelin	2015
Kinsey Yenor	Pole Vault	2023

SAINT MARTIN'S

Name	Event	Years
Alyssa Duncan	Triple Jump	2023

SEATTLE PACIFIC

Name	Event	Years
Brittany Aanstad	Javelin	2011
Jahzelle Ambus	200 Meters	2015
Jahzelle Ambus	400 Meters	2015-16
Jahzelle Ambus	4x100 Relay	2015-16
Jahzelle Ambus	4x400 Relay	2016
Carly Andrews	Javelin	2011
Tasia Baldwin	4x100 Relay	2013-15
Tasia Baldwin	4x400 Relay	2014
Grace Bley	4x100 Relay	2018
Kyra Brannon	4x100 Relay	2015-16
Kyra Brannon	Long Jump	2016-17
Scout Cai	Pole Vault	2018-19-21
Scout Cai	Heptathlon	2017-18-19
Mary Charleson	5,000 Meters	2017
Lizzy Daugherty	Pole Vault	2023
Lynelle Decker	800 Meters	2014-15-16
Lynelle Decker	1,500 Meters	2016
Annika Esvelt	5,000 Meters	2022
Annika Esvelt	10,000 Meters	2022
Lynelle Decker	4x400 Relay	2016
McKayla Fricker	400 Meters	2014
McKayla Fricker	800 Meters	2012-13-14
McKayla Fricker	4x400 Relay	2014
Katy Gross	High Jump	2011
Katy Gross	Heptathlon	2012-13
Dania Holmberg	1,500 Meters	2021
Dania Holmberg	5,000 Meters	2021
Cheryl Hong	4x400 Relay	2017
Becca Houk	100 Meters	2015
Becca Houk	200 Meters	2015
Becca Houk	4x100 Relay	2015-16-18
Peace Igbonagwam	Long Jump	2022
Jasmine Johnson	4x400 Relay	2014
Geneva Lehnert	High Jump	2016-18
Kate Lilly	1,500 Meters	2019
Kate Lilly	Steeplechase	2021
Maliea Luquin	100-Meter Hurdles	2016
Maliea Luquin	400-Meter Hurdles	2016
Maliea Luquin	Heptathlon	2016
Renick Meyer	100-Meter Hurdles	2021
Renick Meyer	4x100 Relay	2018
Renick Meyer	Long Jump	2018-19-21
Renick Meyer	Heptathlon	2018
Kaylee Mitchell	Steeplechase	2019
Kishia Mitchell	200 Meters	2014
Kishia Mitchell	4x100 Relay	2013
Kishia Mitchell	4x400 Relay	2014
Anna Patti	5,000 Meters	2015
Anna Patti	10,000 Meters	2014
Melissa Peaslee	Pole Vault	2011
Ellie Rising	800 Meters	2021
Terra Schumacher	Pole Vault	2011-12
Crystal Sims	Heptathlon	2011

GNAC WOMEN'S OUTDOOR TRACK & FIELD REGIONAL/NATIONAL AWARD WINNERS

USTFCCCA ALL-WEST REGION SELECTIONS

SEATTLE PACIFIC

Name	Event	Years
Julia Stepper	4x100 Relay	2018
Emily Thomason	Pole Vault	2023
Jalen Tims	400-Meter Hurdles	2016
Jalen Tims	4x100 Relay	2016
Jalen Tims	4x400 Relay	2016
BryAnne Wochnick	4x100 Relay	2013
Ali Worthen	100-Meter Hurdles	2012
Ali Worthen	4x100 Relay	2013
Ali Worthen	High Jump	2011-12-13
Ali Worthen	Long Jump	2011-12-13
Ali Worthen	Heptathlon	2011-12-13

SIMON FRASER

Name	Event	Years
Alison Andrews-Paul	400 Meters	2022
Alison Andrews-Paul	800 Meters	2022
Alison Andrews-Paul	1,500 Meters	2022
Alison Andrews-Paul	4x400 Relay	2022
Miryam Bassett	1,500 Meters	2019
Rebecca Bassett	5,000 Meters	2016
Erika Binder	4x400 Relay	2022
Renate Bluschke	4x400 Relay	2018
Ella Brown	Triple Jump	2015-16-17
Lindsey Butterworth	800 Meters	2013-15
Lindsay Butterworth	1,500 Meters	2013-15
Helen Crofts	400 Meters	2013
Helen Crofts	800 Meters	2013
Helen Crofts	1,500 Meters	2013
Helen Crofts	4x400 Relay	2013
Chantel Desch	400 Meters	2015-17
Chantel Desch	4x100 Relay	2017
Chantel Desch	4x400 Relay	2013
Reta Dobie	Steeplechase	2018
Sophie Dodd	800 Meters	2018-19
Sophie Dodd	4x400 Relay	2018
Julia Howley	1,500 Meters	2017-19
Julia Howley	5,000 Meters	2019
Julia Howley	Steeplechase	2019
Jennifer Johnson	1,500 Meters	2015
Jennifer Johnson	5,000 Meters	2015
Valda Kabia	200 Meters	2017
Valda Kabia	4x100 Relay	2017
Michaela Kane	4x400 Relay	2013
Emily Lindsay	4x400 Relay	2022
Marie-Éloïse Leclair	100 Meters	2022-23
Marie-Éloïse Leclair	200 Meters	2023
Marie-Éloïse Leclair	400 Meters	2023
Zuzanna Liniewski	Hammer	2023
Monique Lisek	400-Meter Hurdles	2015
Katherine Lucas	100 Meters	2017
Katherine Lucas	4x100 Relay	2017
Alana Mussatto	800 Meters	2017-19
Nicole Lindsay	4x400 Relay	2018
Kira Pederson	4x100 Relay	2017
Chelsea Ribeiro	Steeplechase	2019
Jade Richardson	Discus	2013
Megan Roxby	800 Meters	2023
Megan Roxby	1,500 Meters	2022-23
Sarah Sawatzky	800 Meters	2013-14

Sarah Sawatzky	4x400 Relay	2013
Addy Townsend	800 Meters	2017-18
Addy Townsend	1,500 Meters	2017-18
Addy Townsend	4x400 Relay	2018
Diana Voloshin	100-Meter Hurdles	2017
Olivia Willett	Steeplechase	2022

WESTERN OREGON

Name	Event	Years
Alexis Anderson	High Jump	2013
Aanan Applebee	800 Meters	2011
Seabre Church	Javelin	2012-13
Emmi Collier	Shot Put	2013-15
Janelle Everetts	800 Meters	2011-12
Moana Gianotti	Shot Put	2022
Rachael Huffman	Shot Put	2017
Jenelle Hurley	Heptathlon	2023
Sheila Limas De La Cruz	Javelin	2015
Ujunwa Nwokoma	Long Jump	2023
Katie Pelchar	High Jump	2012
Ashley Potter	Triple Jump	2011-12
Kennedy Rufener	10,000 Meters	2018
Amanda Schumaker	Javelin	2011-12-13
Amanda Short	Javelin	2015-17
Suzie Van De Grift	1,500 Meters	2018
Darian Wilson	Javelin	2018-19
Olivia Woods	800 Meters	2017-19
Kailee Wright	Javelin	2022-23

WESTERN WASHINGTON

Name	Event	Years
Karis Anderson	Pole Vault	2011-12
Tanya Bjornsson	100-Meter Hurdles	2014
Lauren Breihof	10,000 Meters	2011
Ila Davis	Steeplechase	2022-23
Aliyah Dawkins	High Jump	2021
Aliyah Dawkins	Long Jump	2021
Bethany Drake	Javelin	2013-14-16-17
Talia Dreicer	Steeplechase	2021
Brittany Grandy	High Jump	2012
Brittany Grant	Steeplechase	2017
Monika Gruszecki	Javelin	2011
Mariah Horton	Javelin	2016
Karlie Hurley	Triple Jump	2021
Rachael Johnson	800 Meters	2011
Marian Ledesma	800 Meters	2023
<i>Was also All-West Region for Azusa Pacific in 2021 & 2022</i>		
Jasmine McMullin	Triple Jump	2016-17
Megan Mortensen	Discus	2015-16
Jessica Neal	High Jump	2021
Hannah Nienaber	Javelin	2021
Haley O'Connor	Steeplechase	2015
Miranda Osadchey	High Jump	2016
Anna Paradee	Pole Vault	2016-17-18
Raquel Pellecer	Javelin	2018-19
Cheyanna Pinley	Pole Vault	2012-13
Sarah Porter	1,500 Meters	2011
Sarah Porter	5,000 Meters	2011
Sarah Porter	10,000 Meters	2011
Katie Potts	Shot Put	2021
Katie Potts	Discus	2022-23
Ashley Reeck	Steeplechase	2023

GNAC WOMEN'S OUTDOOR TRACK & FIELD REGIONAL/NATIONAL AWARD WINNERS

USTFCCA ALL-WEST REGION SELECTIONS

WESTERN WASHINGTON

Name	Event	Years
Katie Reichert	Javelin	2012-14-15-16
Maggie Roe	Discus	2014
Eleanor Siler	400 Meters	2011
Paige Shimkus	Javelin	2019
Amanda Short	Javelin	2021-22
Katelyn Steen	5,000 Meters	2014-15
Katelyn Steen	Steeplechase	2012-13-14-15
Maddie Taylor	High Jump	2018-19
Natalie Vetto	Javelin	2018-21
Emily Warman	Long Jump	2012
Emily Warman	Triple Jump	2012
Lindsay Wells	Hammer	2011-12-13-14
Raine Westfall	Hammer	2021-22-23

COLLEGE SPORTS COMMUNICATORS

ACADEMIC ALL-DISTRICT TRACK/CROSS COUNTRY

Includes All XC/TF Honorees During GNAC Era

First Team

Lisa Anderberg, Seattle Pacific	2010
Karolin Anders, Alaska Anchorage	2015
Alison Andrews-Paul, Simon Fraser	2022
Vanessa Aniteye, Seattle Pacific	2023
Annan Applebee, Western Oregon	2011
Jamie Ashcroft, Alaska Anchorage	2016-17
Kaitlyn Backman, Alaska Anchorage	2023
Naomi Bailey, Alaska	2023
Linda Blake, Seattle Pacific	2004-05-06
Chelsea Bone, Concordia	2019
Leslie Boyd, Alaska Anchorage	2002
Scout Cai, Seattle Pacific	2018-21
Laura Carr, Alaska Anchorage	2010
Holly Conrad, Western Oregon	2003
Caitlyn Cheney, Western Washington	2023
Emily Chilton, Simon Fraser	2023
Caitlin Curtis, Northwest Nazarene	2015
Ruth Cvancara, Alaska Anchorage	2020
Emily Chilton, Simon Fraser	2022
Mia Crocker, Western Washington	2023
Blanca De Arvizu Sarrias, Alaska Anchorage	2023
Bethany Danner, Northwest Nazarene	2020-21
Aliyah Dawkins, Western Washington	2020-22
McCall DeChenne, Central Washington	2023
Laine DeJong, Northwest Nazarene	2023
Lynelle Decker, Seattle Pacific	2016
Karen Dickson, Seattle Pacific	2005
Heidi Dimmitt, Western Washington	2009
Bethany Drake, Western Washington	2016-17
Carlotta Duenninger, Alaska Anchorage	2023
Heather Edic, Alaska	2012
Stacy Edwards, Alaska Anchorage	2006
Payton Ellenbaas, Central Washington	2023
Annika Esvelt, Seattle Pacific	2022
Leonie Flad, Alaska Anchorage	2023
Rosie Fordham, Alaska	2023
McKayla Fricker, Seattle Pacific	2014
Katy Gross, Seattle Pacific	2012-13
Taylor Guenther, Western Washington	2016
Bryn Haebe, Alaska Anchorage	2014
Katie Hansen, Seattle	2008

Renae Hepfner, Montana St. Billings	2015
Dania Holmberg, Seattle Pacific	2020-21
Stephanie Huffman, Seattle Pacific	2002
Jenelle Hurley, Western Oregon	2022
Mandy Kaempf, Alaska Anchorage	2006
Ruth Keino, Alaska Anchorage	2013
Grace Knapp, Western Oregon	2020
Kendall Kramer, Alaska	2023
Sarah Kraybill, Seattle Pacific	2002-03
Caroline Kurgat, Alaska Anchorage	2018-19
Jane Larson, Seattle Pacific	2010
Kate Lilly, Seattle Pacific	2019-20
Haleigh Lloyd, Alaska Anchorage	2012
Maliea Luquin, Seattle Pacific	2016
Della Lyle, Montana St. Billings	2016
Alicen Maier, Central Washington	2002
Ella Marion, Simon Fraser	2023
Danielle McCormick, Alaska Anchorage	2019
Jasmine McMullin, Western Washington	2017-18
Anna Paradee, Western Washington	2017-18
Anna Patti, Seattle Pacific	2015
Maddie Paugh, Simon Fraser	2023
Teona Perkins, Seattle Pacific	2007
Jessica Pixler, Seattle Pacific	2008-09-10
Natty Plunkett, Seattle Pacific	2011-12
Katie Potts, Western Washington	2023
Katie Reichert, Western Washington	2015
Marie Ries, Alaska Anchorage	2020
Karin Rohde, Seattle Pacific	2007
Jeeni Schantin, Seattle Pacific	2009
Theresia Schnurr, Alaska	2012
Amanda Schumaker, Western Oregon	2013
Sarah Sewell, Central Washington	2023
Amanda Short, Western Washington	2022
Monica Smith, Western Oregon	2005
Suzie Strickler, Seattle Pacific	2008-10
Jessica Telleria, Western Washington	2006
Madison Thompson, Central Washington	2023
Annie Tran, Western Washington	2023
Jinise Trueblood, Montana St. Billings	2016
Joei Vidad, Alaska Anchorage	2023
Diana Voloshin, Simon Fraser	2023
Raine Westfall, Western Washington	2023
Laura Widman, Seattle Pacific	2002-03
Jamie Witt, Seattle Pacific	2004
Abbey Wood, Northwest Nazarene	2023
Olivia Woods, Western Oregon	2019
Ali Worthen, Seattle Pacific	2012-13
Kinsey Yenor, Northwest Nazarene	2023

Second Team

Kelly Fullerton, Seattle	2003
Kathleen Gosnell, Humboldt State	2003
Katy Gross, Seattle Pacific	2011
Jane Larson, Seattle Pacific	2009
Jennifer Pike, Seattle Pacific	2011
Natty Plunkett, Seattle Pacific	2010
Theresia Schnurr, Alaska	2010-11
Allyson Studer, Seattle Pacific	2003
Julie Thielen, Saint Martin's	2003

GNAC WOMEN'S OUTDOOR TRACK & FIELD REGIONAL/NATIONAL AWARD WINNERS

NATIONAL AWARDS

USTFCCCA DIVISION II TRACK ATHLETE OF THE YEAR

Caroline Kurgat, Alaska Anchorage	2019
Jessica Pixler, Seattle Pacific	2010
Ashley Puga, Northwest Nazarene	2009

USTFCCCA DIVISION II TRACK SCHOLAR-ATHLETE OF THE YEAR

Caroline Kurgat, Alaska Anchorage	2018-19
Jessica Pixler, Seattle Pacific	2007-10
Ashley Puga, Northwest Nazarene	2009

USTFCCCA DIVISION II FIELD SCHOLAR-ATHLETE OF THE YEAR

Bethany Drake, Western Washington	2014-17
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COLLEGE SPORTS COMMUNICATORS

ACADEMIC ALL-AMERICA TRACK & FIELD/CROSS COUNTRY

First Team

Alison Andrews-Paul, Simon Fraser	2022
Caroline Kurgat, Alaska Anchorage	2018-19
Jasmine McMullin, Western Washington	2018
Jessica Pixler, Seattle Pacific	2008-10
Olivia Woods, Western Oregon	2019

Second Team

Lisa Anderberg, Seattle Pacific	2010
Scout Cai, Seattle Pacific	2021
Bethany Danner, Northwest Nazarene	2020
Annika Esvelt, Seattle Pacific	2022
McKayla Fricker, Seattle Pacific	2014
Katy Gross, Seattle Pacific	2012
Dania Holmberg, Seattle Pacific	2021
Mandy Kaempf, Alaska Anchorage	2006
Teona Perkins, Seattle Pacific	2007
Jessica Pixler, Seattle Pacific	2009
Natty Plunkett, Seattle Pacific	2012
Marie Ries, Alaska Anchorage	2020

Third Team

Karolin Anders, Alaska Anchorage	2015
Chelsea Bone, Concordia	2019
Linda Blake, Seattle Pacific	2006
Emily Chilton, Simon Fraser	2022
Holly Conrad, Western Oregon	2003
Ruth Cvancara, Alaska Anchorage	2020
Bethany Danner, Northwest Nazarene	2021
Aliyah Dawkins, Western Washington	2020
Taylor Guenther, Western Washington	2016
Dania Holmberg, Seattle Pacific	2020
Grace Knapp, Western Oregon	2020
Sarah Kraybill, Seattle Pacific	2003
Kate Lilly, Seattle Pacific	2020
Jeeni Schantin, Seattle Pacific	2009
Amanda Short, Western Washington	2022
Monica Smith, Western Oregon	2005
Ali Worthen, Seattle Pacific	2012