



GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

Updated Through 2023 Season

MEN'S AWARD WINNERS

TEAM CHAMPION

2002	Western Oregon	206.5
2003	Western Oregon	259.5
2004	Western Oregon	253.5
2005	Western Washington	221
2006	Central Washington	222
2007	Central Washington	238
2008	Western Oregon	166.5
2009	No Meet	
2010	Western Washington	221.5
2011	Western Oregon	203
2012	Western Washington	205
2013	Western Washington	183.5
2014	Western Washington	186
2015	Western Washington	176
2016	Alaska Anchorage	163.5
2017	Alaska Anchorage	134
2018	Concordia	138
2019	Western Washington	173
2020	No Meet	
2021	Western Washington	289
2022	Western Washington	240
2023	Western Washington	209.5

ATHLETE OF THE YEAR

2002	Jason Walker, Humboldt State
2003	Pro Escobedo, Western Oregon
2004	Chris Randolph, Seattle Pacific Justin Lawrence, Central Washington
2005	Chris Randolph, Seattle Pacific
2006	Chris Randolph, Seattle Pacific
2007	Anthony Tomsich, W. Washington
2008	David Registe, Alaska Anchorage
2009	David Registe, Alaska Anchorage
2010	Ryan Brown, Western Washington
2011	Ryan Brown, Western Washington
2012	Micah Chelimo, Alaska Anchorage
2013	Cody Parker, Alaska Anchorage
2014	Cody Thomas, Alaska Anchorage
2015	Slater Hirst, Western Washington
2016	Cody Thomas, Alaska Anchorage
2017	Payton Lewis, Northwest Nazarene David Ribich, Western Oregon
2018	David Ribich, Western Oregon
2019	Jake Knight, Northwest Nazarene
2020	Not Awarded
2021	Beau Ackerman, Montana St. Billings
2022	Joshua Wagner, Alaska Anchorage
2023	Steven Schmidt, Northwest Nazarene

NEWCOMER OF THE YEAR

2002	Jamil Wynn, Western Oregon
2003	Isaac Frederick, Western Oregon
2004	Josh Timmer, Saint Martin's
2005	Cameron Neel, Central Washington

2006	Eric Draper, Alaska Anchorage
2007	Zeb Udell, Western Oregon
2008	Richie Pemberton, Mont. St. Billings
2009	Marko Cheseto, Alaska Anchorage
2010	Anthony Zackery, W. Washington
2011	Ryan Brown, Western Washington
2011	None Selected
2012	Landon Burningham, Western Oregon
2013	Franz Burghagen, Alaska Anchorage
2014	Tyrell Williams, Western Oregon
2015	Mikel Smith, Saint Martin's
2016	Kodiak Landis, Central Washington
2017	Dustin Nading, Western Oregon
2018	Corbin Carlton, Central Washington
2019	Wesley Kirui, Alaska Anchorage
2020	Not Awarded
2021	Calahan Warren, Western Washington
2022	Charlie Dannatt, Simon Fraser
2023	Dayne Gordien, Western Oregon

FRESHMAN OF THE YEAR

2002	Jamil Wynn, Western Oregon
2003	Chris Randolph, Seattle Pacific
2004	Sam Hobbs, Western Oregon
2005	Kyle McGillen, Western Washington
2006	David Kiplagat, Alaska Anchorage
2007	David Registe, Alaska Anchorage
2008	Sam Washington, Saint Martin's
2009	Alfred Kangogo, Alaska Anchorage
2010	Anthony Wright, Central Washington Micah Chelimo, Alaska Anchorage
2011	Brett Campbell, Western Oregon
2012	Cody Parker, Alaska Anchorage
2013	Shane Brooks, Western Oregon
2014	Oliver Jorgensen, Simon Fraser
2015	Payton Lewis, Northwest Nazarene
2016	Alex Barry, Western Washington
2017	Caleb Bridge, Concordia
2018	Braydon Maier, Central Washington
2019	Tyler Cronk, Saint Martin's
2020	Not Awarded
2021	Jeret Gillingham, Western Washington
2022	Steven Schmidt, Northwest Nazarene
2023	Maurice Woodring, W. Washington

CONFERENCE ATHLETE OF THE MEET

2002	Mike Hinshaw, Western Oregon
2004	Isaac Frederick, Western Oregon
2004	Isaac Frederick, Western Oregon
2005	Adam Neff, Western Washington
2006	Cresap Watson, Central Washington
2007	Evan Ruud, Central Washington
2008	Michael Madrid, Alaska Anchorage
2009	No Meet
2010	Alfred Kangogo, Alaska Anchorage
2011	David Registe, Alaska Anchorage

2012	Micah Chelimo, Alaska Anchorage
2013	Rimar Christie, Northwest Nazarene
2014	Cody Thomas, Alaska Anchorage
2015	Brett Watson, Western Washington
2016	Cody Thomas, Alaska Anchorage
2017	Payton Lewis, Northwest Nazarene

TRACK ATHLETE OF THE MEET

2018	David Ribich, Western Oregon
2019	Cordell Cummings, W. Washington
2020	No Meet
2021	Cordell Cummings, W. Washington
2022	Joshua Wagner, Alaska Anchorage
2023	Jesaiah Penson-McCoy, Simon Fraser

FIELD ATHLETE OF THE MEET

2018	Braydon Maier, Central Washington
2019	Jake Knight, Northwest Nazarene
2020	No Meet
2021	Braydon Maier, Central Washington
2022	Steven Schmidt, Northwest Nazarene
2023	Steven Schmidt, Northwest Nazarene

PERFORMANCE OF THE MEET

2018	Jorey Egeland, Montana St. Billings Vladislav Tsygankov, Simon Fraser
2019	Dalton Rasmussen, Concordia
2020	No Meet
2021	Beau Ackerman, Montana St. Billings
2022	Joshua Wagner, Alaska Anchorage
2023	Kevin Angarita, Alaska Anchorage

COACH OF THE YEAR

2002	John Knight, Western Oregon
2003	John Knight, Western Oregon
2004	Mike Johnson, Western Oregon
2005	PeeWee Halsell, Western Washington
2006	Kevin Adkisson, Central Washington
2007	Kevin Adkisson, Central Washington
2008	Mike Johnson, Western Oregon Michael Friess, Alaska Anchorage
2009	Michael Friess, Alaska Anchorage
2010	Pee Wee Halsell, Western Washington
2011	Mike Johnson, Western Oregon
2012	Pee Wee Halsell, Western Washington
2013	Pee Wee Halsell, Western Washington
2014	Pee Wee Halsell, Western Washington
2015	Pee Wee Halsell, Western Washington
2016	Michael Friess, Alaska Anchorage
2017	Michael Friess, Alaska Anchorage
2018	Jerret Mantalas, Concordia
2019	Pee Wee Halsell, Western Washington
2020	Not Awarded
2021	Pee Wee Halsell, Western Washington
2022	Pee Wee Halsell, Western Washington
2023	Ben Stensland, Western Washington

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

MEN'S INDIVIDUAL EVENT CHAMPIONS

100 METERS

2002	Mike Hinshaw, WOU	10.76
2003	Mike Hinshaw, WOU	10.51
2004	Greg Coleman, WOU	11.18
2005	Adam Neff, WWU	11.00
2006	Mike Khabibulin, WWU	11.10
2007	Michael Madrid, UAA	11.12
2008	Michael Madrid, UAA	10.84
2010	Anthony Wright, CWU	10.43
2011	David Registe, UAA	10.76
2012	Rimar Christie, NNU	10.79
2013	Rimar Christie, NNU	10.64
2014	Rimar Christie, NNU	10.64
2015	Alex Donigian, WWU	10.44
2016	Alex Donigian, WWU	10.66
2017	Sam Zook, MSUB	10.84
2018	Carlos Ortiz, CU	10.55
2019	Sam Zook, MSUB	11.01
2021	Dominique Loggins, WOU	10.73
2022	Dominique Loggins, WOU	10.61
2023	Enrique Campbell, UAA	10.51

200 METERS

2002	Mike Hinshaw, WOU	21.82
2003	Isaac Frederick, WOU	21.37
2004	Isaac Frederick, WOU	22.12
2005	Adam Neff, WWU	21.91
2006	Cresap Watson, CWU	22.11
2007	Michael Madrid, UAA	22.51
2008	Michael Madrid, UAA	21.83
2010	Anthony Wright, CWU	21.36
2011	David Registe, UAA	21.69
2012	Shane Gruger, WWU	22.21
2013	Rimar Christie, NNU	21.47
2014	Tyrell Williams, WOU	21.32
2015	Alex Donigian, WWU	21.56
2016	Alex Donigian, WWU	21.82
2017	Sam Zook, MSUB	21.86
2018	Carlos Ortiz, CU	21.50
2019	Adam Brown, CU	22.07
2021	Bryant Welch, WWU	21.72
2022	Bryant Welch, WWU	21.70
2023	Jesaiah Penson-McCoy, SFU	21.55

400 METERS

2002	David Neilsen, SU	49.26
2003	Isaac Frederick, WOU	48.24
2004	Isaac Frederick, WOU	48.26
2005	Mike Kelley, CWU	48.82
2006	Chris Randolph, SPU	48.27
2007	Matt Rogstad, CWU	48.73
2008	Ashtin Mott, WOU	48.11
2010	Ethan Hewitt, UAA	48.15
2011	Matt Kaino, WOU	48.48
2012	Ethan Hewitt, UAA	47.55
2013	Jonathon Poolman, WWU	47.82
2014	Ethan Hewitt, UAA	47.94
2015	Daniel Kelloway, SFU	47.62
2016	Daniel Kelloway, SFU	48.02
2017	Aaron Whitaker, WOU	47.59
2018	Kodiak Landis, CWU	47.55
2019	Logan Blake, NNU	47.88
2021	Logan Blake, NNU	48.41
2022	Bryant Welch, WWU	47.85
2023	Kevin Angarita, UAA	47.59

800 METERS

2002	Nathanael Castle, SPU	1:55.00
2003	Stuart Chaffee, WOU	1:55.04
2004	Sam Brancheau, WWU	1:56.70
2005	Paul Mach, SPU	1:49.31
2006	Eddie Strickler, SPU	1:52.52
2007	Eddie Strickler, SPU	1:53.71
2008	Jeff Long, WOU	1:55.68
2010	Alfred Kangogo, UAA	1:54.51
2011	Kyle Larson, WOU	1:56.09
2012	Nathan Seely, SPU	1:50.61
2013	Chris Olsen, WOU	1:51.08
2014	Scott Commandeur, UAA	1:52.97
2015	Badane Sultessa, WOU	1:52.31
2016	Badane Sultessa, WOU	1:54.39
2017	David Ribich, WOU	1:52.71
2018	David Ribich, WOU	1:52.07
2019	Jesse Phan, SPU	1:53.99
2021	Mac Franks, WWU	1:53.51
2022	Aaron Ahl, SFU	1:50.23
2023	Charlie Dannatt, SFU	1:49.98

1,500 METERS

2002	Nathanael Castle, SPU	3:54.28
2003	Doug Hamilton, HSU	3:58.78
2004	Jerret Mantalas, WOU	3:55.46
2005	Nathan Carlson, SMU	3:53.82
2006	David Kiplagat, UAA	3:58.09
2007	Anthony Tomsich, WWU	3:50.25
2008	Zeke VanPatten, WOU	3:55.74
2010	Alfred Kangogo, UAA	3:49.03
2011	Ryan Brockerville, SFU	3:52.79
2012	Micah Chelimo, UAA	3:50.09
2013	Seth Pierson, SPU	3:56.30
2014	Chase Robinson, MSUB	3:54.35
2015	David Ribich, WOU	3:50.58
2016	David Ribich, WOU	3:54.18
2017	David Ribich, WOU	3:47.37
2018	David Ribich, WOU	3:49.22
2019	Carlos Vargas, SFU	3:54.18
2021	Calahan Warren, WWU	3:57.44
2022	Charlie Dannatt, SFU	3:48.12
2023	Keeton Sanchez, WOU	3:54.20

5,000 METERS

2002	Jason Walker, HSU	14:57.92
2003	Zach Boteilho, WWU	15:11.32
2004	Tim LeCount, SPU	14:58.98
2005	Tim LeCount, SPU	15:12.81
2006	Jasper Peach, HSU	14:55.75
2007	David Kiplagat, UAA	14:59.22
2008	Jordan Welling, WOU	15:02.89
2010	Marko Cheseto, UAA	14:37.18
2011	Micah Chelimo, UAA	14:29.41
2012	Micah Chelimo, UAA	14:43.44
2013	Dak Riak, WWU	14:51.45
2014	Dylan Anthony, UAA	14:34.46
2015	Dylan Anthony, UAA	14:39.17
2016	Michel Ramirez, UAA	14:56.03
2017	Isaac Derline, WWU	15:19.49
2018	Jorey Egeland, MSUB	14:47.88
2019	Sean Miller, SFU	14:46.49
2021	Eric Hamel, WWU	14:39.87
2022	Coleman Nash, UAA	14:32.00
2023	Kevin McDermott, WWU	14:42.03

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

MEN'S INDIVIDUAL EVENT CHAMPIONS

10,000 METERS

2002	Sean Rivers, UAA	31:28.37
2003	T.J. Garlatz, WWU	32:29.73
2004	Chase Wells, WOU	32:35.67
2005	Sam Scotchmer, CWU	31:22.80
2006	John Riak, SMU	31:42.1
2007	John Riak, SMU	31:11.98
2008	Kevin Lambert, NNU	31:31.32
2010	Marko Cheseto, UAA	31:23.03
2011	Jordan Welling, WWU	30:25.75
2012	Barak Watson, NNU	30:43.83
2013	Yonatan Yilma, UAA	32:25.74
2014	Victor Samoei, UAA	31:14.59
2015	Victor Samoei, UAA	31:46.09
2016	Victor Samoei, UAA	31:38.86
2017	Edwin Kangogo, UAA	31:43.65
2018	Josh Boston, CWU	32:08.40
2019	Edwin Kangogo, UAA	31:56.62
2021	Eric Hamel, WWU	31:11.96
2022	Coleman Nash, UAA	31:11.39
2023	Andrew Oslin, WWU	30:36.24

110 METER HURDLES

2002	Damien Davis, WOU	14.92
2003	Damien Davis, WOU	14.78
2004	Sam Hobbs, WOU	15.18
2005	Robert Edwards, CWU	14.87
2006	Robert Edwards, CWU	14.89
2007	Robert Edwards, CWU	15.10
2008	Andy Luscutoff, WOU	14.97
2010	Anthony Hogan, CWU	15.36
2011	Brett Campbell, WOU	15.49
2012	Kody Rhodes, WOU	14.95
2013	Logan Myers, WWU	14.65
2014	Logan Myers, WWU	14.70
2015	Travis Milbrandt, WWU	14.38
2016	Travis Milbrandt, WWU	14.38
2017	Travis Turner, UAA	14.83
2018	Cordell Cummings, WWU	14.97
2019	Cordell Cummings, WWU	14.91
2021	Cordell Cummings, WWU	14.50
2022	Joshua Wagner, UAA	14.15
2023	Joshua Wagner, UAA	14.58

400 METER HURDLES

2002	Paul Mach, SPU	53.77
2003	Paul Mach, SPU	52.91
2004	Sam Hobbs, WOU	53.95
2005	Sam Hobbs, WOU	55.52
2006	Lee Clarkson, WOU	55.11
2007	Lloyd Massey, WOU	53.77
2008	Kevin Myhre, WWU	53.75
2010	Maurus Hope, NNU	53.54
2011	Shaun Ward, UAA	52.23
2012	Shaun Ward, UAA	53.35
2013	Elliott Bauer, UAA	54.06
2014	Elliott Bauer, UAA	53.20
2015	Elliott Bauer, UAA	52.90
2016	Kaleb Dobson, WOU	53.96
2017	Cordell Cummings, WWU	53.97
2018	Vladislav Tsygankov, SFU	52.12
2019	Cordell Cummings, WWU	51.77
2021	Cordell Cummings, WWU	52.75
2022	Joshua Wagner, UAA	53.77
2023	Maurice Woodring, WWU	52.90

STEEPLECHASE

2002	Jason Walker, HSU	9:17.6
2003	Zack Dwello, NNU	9:29.9
2004	Nate Normandin, UAA	9:16.72
2005	Ethan Barrons, WOU	9:08.2
2006	Jasper Peach, HSU	9:14.05
2007	Andy Peters, NNU	9:12.8
2008	Richie Pemberton, MSUB	9:12.0
2010	Micah Chelimo, UAA	9:02.79
2011	Micah Chelimo, UAA	9:03.22
2012	Ryan Brockerville, SFU	8:47.26
2013	Brady Beagley, WOU	9:17.42
2014	Oliver Jorgensen, SFU	9:17.20
2015	Oliver Jorgensen, SFU	9:08.42
2016	Robert Peterson, MSUB	8:59.23
2017	Kaleb Korta, UAA	9:06.59
2018	Jorey Egeland, MSUB	8:55.30
2019	Wesley Kirui, UAA	9:03.95
2021	Jeret Gillingham, WWU	8:55.30
2022	Mac Franks, WWU	9:00.76
2023	Jeret Gillingham, WWU	9:04.20

4x100 RELAY

2002	Western Oregon	42.14
2003	Western Oregon	41.80
2004	Central Washington	41.72
2005	Western Washington	42.16
2006	Central Washington	42.09
2007	Central Washington	42.04
2008	Alaska Anchorage	41.59
2010	Central Washington	41.10
2011	Alaska Anchorage	42.20
2012	Western Washington	41.79
2013	Northwest Nazarene	41.72
2014	Northwest Nazarene	41.74
2015	Western Washington	41.79
2016	Western Oregon	42.02
2017	Western Oregon	41.62
2018	Montana State Billings	41.54
2019	Montana State Billings	41.28
2021	Western Washington	42.43
2022	Northwest Nazarene	41.77
2023	Western Washington	41.76

4x400 RELAY

2002	Western Oregon	3:20.20
2003	Western Oregon	3:18.85
2004	Central Washington	3:17.61
2005	Central Washington	3:18.96
2006	Central Washington	3:15.91
2007	Central Washington	3:20.48
2008	Alaska Anchorage	3:17.3
2010	Alaska Anchorage	3:16.10
2011	Alaska Anchorage	3:17.93
2012	Alaska Anchorage	3:15.03
2013	Western Washington	3:15.17
2014	Western Washington	3:15.48
2015	Simon Fraser	3:13.84
2016	Simon Fraser	3:15.61
2017	Alaska Anchorage	3:17.21
2018	Alaska Anchorage	3:14.21
2019	Western Washington	3:15.54
2021	Western Washington	3:15.93
2022	Western Washington	3:15.86
2023	Western Washington	3:15.71

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

MEN'S INDIVIDUAL EVENT CHAMPIONS

HIGH JUMP

2002	Jamil Wynn, WOU	6-6.25 (1.99)
2003	Jeff Word, WWU	6-6 (1.98)
2004	Jeff Word, WWU	6-6.75 (2.00)
2005	Kyle McGillen, WWU	6-8 (2.03)
2006	Eric Draper, UAA	6-9.5 (2.07)
2007	Jonathan Hamilton, CWU	6-6 (1.98)
2008	Keefe Brockman, WWU	6-6 (1.98)
2010	Keefe Brockman, WWU	6-6.75 (2.00)
2011	Brennan Boyes, CWU	6-7 (2.01)
2012	Brennan Boyes, CWU	6-9 (2.06)
2013	Brett Watson, WWU	6-7 (2.01)
2014	Brett Watson, WWU	6-8.25 (2.04)
2015	Brett Watson, WWU	6-7 (2.01)
2016	Cole Hoberg, NNU	6-7 (2.01)
2017	Tevin Gladden, UAA	6-11 (2.11)
2018	Chris Brake, UAA	6-7.5 (2.02)
2019	Isaiah Girard, MSUB	6-8.75 (2.08)
2021	Isaiah Girard, MSUB	6-7 (2.01)
2022	Steven Schmidt, NNU	6-8.25 (2.04)
2023	Steven Schmidt, NNU	6-10.75 (2.10)

POLE VAULT

2002	Spike Olsen, WOU	14-9 (4.50)
2003	Spike Olsen, WOU	15-9.25 (4.81)
2004	Josh Cummings, WOU	15-7 (4.75)
2005	Hunter Verner, WWU	15-7.25 (4.76)
2006	Scott Romney, WWU	15-1 (4.60)
2007	Tyler Thornbrue, WWU	15-9.75 (4.82)
2008	Zeb Udell, WOU	16-4 (4.98)
2010	Ryan Brown, WWU	16-10.75 (5.15)
2011	Ray Zoellick, SPU	14-11 (4.55)
2012	Tim Lundy, WOU	14-8.25(4.48)
2013	Joseph Keeton, SMU	14-1.25 (4.30)
2014	Brandon Roddewig, CWU	15-3.5 (4.66)
2015	Payton Lewis, NNU	16-4.75 (5.00)
2016	Payton Lewis, NNU	16-1.25 (4.91)
2017	Payton Lewis, NNU	16-3.25 (4.96)
2018	Braydon Maier, CWU	15-6.25 (4.73)
2019	Braydon Maier, CWU	15-10 (4.83)
2021	Braydon Maier, CWU	15-6.25 (4.73)
2022	Jacob Thompson, CWU	15-2.25 (4.63)
2023	Steven Schmidt, NNU	15-1.75 (4.62)

LONG JUMP

2002	Justin Lawrence, CWU	23-1.75 (7.05)
2003	Kurt Weber, CWU	23-0.5 (7.02)
2004	Joe Smith, CWU	23-2 (7.06)
2005	Kyle McGillen, WWU	23-0 (7.01)
2006	Kyle McGillen, WWU	22-5.75 (6.85)
2007	David Registe, UAA	23-3.25 (7.09)
2008	David Registe, UAA	24-8.25 (7.52)
2010	Demetrius Preston, UAA	24-4.25 (7.42)
2011	David Registe, UAA	24-6.25 (7.47)
2012	Matson Hardie, WOU	24-1 (7.34)
2013	Bryan Mack, CWU	23-4 (7.11)
2014	Kevin Yates, WWU	23-1.25 (7.04)
2015	Brett Watson, WWU	24-1.25 (7.36)
2016	Peyton Harris, SPU	23-5.5 (7.15)
2017	Alani Troutman, WOU	23-2.75 (7.08)
2018	Alani Troutman, WOU	22-5 (6.83)
2019	Seren Dances, WWU	23-7.5 (7.20)
2021	Jalon Fields, WOU	23-4.5 (7.12)
2022	Ethan Sterkel, WWU	23-11 (7.29)
2023	David Njeri, SPU	23-7.5 (7.20)

TRIPLE JUMP

2002	Justin Lawrence, CWU	48-6.25 (14.79)
2003	Justin Lawrence, CWU	49-2.5 (15.00)
2004	Justin Lawrence, CWU	49-11 (15.21)
2005	Mark Mellein, WWU	46-2.5 (14.08)
2006	Greg Hamm, NNU	46-4.75 (14.14)
2007	Greg Hamm, NNU	45-4.5 (13.83)
2008	Greg Hamm, NNU	46-10.75 (14.29)
2010	Matson Hardie, WOU	47-7.25 (14.51)
2011	Tim Clendaniel, WWU	48-0.75 (14.65)
2012	Bryan Mack, CWU	49-0.75 (14.95)
2013	Michael Davis, SMU	48-10.25 (14.89)
2014	Luke Plummer, CWU	46-8.25 (14.23)
2015	Luke Plummer, CWU	48-2.5 (14.69)
2016	Mark Seely, WWU	48-0.75 (14.65)
2017	Wesley Gray, WOU	50-10.25 (15.50)
2018	Zach Whittaker, CWU	48-0.5 (14.64)
2019	Zach Whittaker, CWU	48-11 (14.91)
2021	David Njeri, SPU	48-7.25 (14.81)
2022	Josh Schulz, SMU	47-0.75 (14.34)
2023	Daivd Njeri, SPU	48-4.5 (14.74)

SHOT PUT

2002	James Deaver, WWU	49-0.75 (14.95)
2003	T.J. Aimonetti, HSU	48-6 (14.78)
2004	Collin Babcock, WOU	47-3.75 (14.42)
2005	Cameron Neel, CWU	55-8.25 (16.97)
2006	Cameron Neel, CWU	54-6 (16.61)
2007	Cameron Neel, CWU	54-2.75 (16.53)
2008	Sam Washington, SMU	54-6.5 (16.62)
2010	Jason Slowey, WOU	54-0 (16.46)
2011	Jason Slowey, WOU	53-5 (16.28)
2012	Sam Washington, SMU	55-2.25 (16.82)
2013	Sam Washington, SMU	55-3 (16.84)
2014	Frank Catelli, WWU	59-7 (18.16)
2015	Kevin Stanley, CWU	50-11 (15.52)
2016	Josh Koch, CU	59-8.75 (16.12)
2017	Caleb Bridge, CU	54-4.75 (16.57)
2018	Josh Koch, CU	58-7.25 (17.86)
2019	Jake Knight, NNU	59-1.25 (18.01)
2021	Ben Malquist, WWU	55-0 (16.76)
2022	Ben Malquist, WWU	51-2.25 (15.60)
2023	Dayne Gordien, WOU	54-3.25 (16.54)

DISCUS

2002	Tony Kyle, WWU	154-10 (47.20)
2003	Isaiah Haines, WOU	168-7 (51.38)
2004	Isaiah Haines, WOU	166-3 (50.68)
2005	Jacob Galloway, CWU	166-5 (50.73)
2006	Cameron Neel, CWU	163-8 (49.90)
2007	Cameron Neel, CWU	166-2 (50.66)
2008	Tyler Fischer, CWU	169-6 (51.67)
2010	Ben Elder, WWU	158-2 (48.20)
2011	Ben Elder, WWU	167-1 (50.92)
2012	Michael Hoffman, WWU	160-9 (48.99)
2013	Troy Martin, CWU	160-8 (48.98)
2014	Ryan Macdonald, WWU	159-11 (48.74)
2015	Ryan Macdonald, WWU	166-1 (50.63)
2016	Josh Koch, CU	165-11.5 (50.58)
2017	Caleb Bridge, CU	176-6.5 (53.80)
2018	Jakob Chamberlin, CU	174-5 (53.16)
2019	Jake Knight, NNU	189-6 (57.75)
2021	Karsten Collins, WOU	150-5 (45.84)
2022	Forrest Cross, MSUB	159-0 (48.47)
2023	Dayne Gordien, WOU	160-0 (48.78)

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

MEN'S INDIVIDUAL EVENT CHAMPIONS

HAMMER

2002	Dave Margraf, HSU	172-7 (52.60)
2003	Pro Escobedo, WOU	196-8 (59.95)
2004	Carlos Aguilar, WOU	163-2 (49.74)
2005	Carlos Aguilar, WOU	180-10 (55.12)
2006	Evan Ruud, CWU	171-8 (52.32)
2007	Anthony Marin, WOU	192-3 (58.60)
2008	Tyler Fischer, CWU	177-1 (53.97)
2010	Michael Hoffman, WWU	195-2 (59.50)
2011	Michael Hoffman, WWU	179-9 (54.78)
2012	Michael Hoffman, WWU	202-1 (61.61)
2013	Quinton Agosta, CWU	185-11 (56.67)
2014	Kevin Stanley, CWU	179-8 (54.77)
2015	Kevin Stanley, CWU	194-1 (59.17)
2016	Tyler Lamott, CU	191-8.75 (58.43)
2017	Kaunoe Vanderpoel, SMU	188-7.75 (57.49)
2018	Jacob Slate, CU	196-10 (60.01)
2019	Aidan Cain, CWU	189-6 (57.75)
2021	Andrew Harris, CWU	194-1 (59.16)
2022	Colton Burr, NNU	182-1 (55.51)
2023	Dylan Hendry, NNU	181-3 (55.36)

JAVELIN

2002	James Thomas Jr., NNU	195-2 (59.49)
2003	Andrew Reinhardt, WOU	197-2 (60.11)
2004	Justin Brewer, WWU	187-5 (57.12)
2005	Justin Brewer, WWU	204-1 (62.20)
2006	Ian Wells, CWU	196-8 (59.94)
2007	Michael Ingman, CWU	203-4 (61.98)
2008	Josh Heidegger, NNU	199-1 (60.68)
2010	Alex Harrison, WWU	208-5 (63.52)
2011	Will Crook, WOU	196-1 (59.78)
2012	Cody Parker, UAA	215-0 (65.54)
2013	Franz Burghagen, UAA	228-0 (69.49)
2014	Franz Burghagen, UAA	218-7 (66.63)
2015	Franz Burghagen, UAA	222-10 (67.31)
2016	Cody Parker, UAA	214-3.25 (65.30)
2017	Alex Barry, WWU	198-11.75 (60.64)
2018	Beau Ackerman, MSUB	223-1 (67.99)
2019	Dalton Rasmussen, CU	220-3 (67.13)
2021	Beau Ackerman, MSUB	233-7 (71.19)
2022	Laurenz Waldbauer, NNU	215-3 (65.62)
2023	Jaydon Tryon, WWU	202-7 (61.75)

DECATHLON

2002	Justin Miller, HSU	6,366
2003	Chris Petersen, CWU	6,334
2004	Michael Morrison, CWU	6,342
2005	Josh Freeman, WWU	6,574
2006	Cresap Watson, CWU	6,044
2007	Zeb Udell, WOU	6,358
2008	Zeb Udell, WOU	6,181
2009	Zeb Udell, WOU	6,286
2010	Alex Harrison, WWU	6,474
2011	Nate Johnson, SPU	6,373
2012	Alex Harrison, WWU	6,598
2013	Cody Thomas, UAA	6,392
2014	Cody Thomas, UAA	6,617
2015	Payton Lewis, NNU	6,595
2016	Cody Thomas, UAA	7,201
2017	Payton Lewis, NNU	6,815
2018	Braydon Maier, CWU	6,751
2019	Giovanni Brown, CU	7,007
2021	Braydon Maier, CWU	6,776
2022	Steven Schmidt, NNU	6,488
2023	Steven Schmidt, NNU	7,047

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

ALL-CONFERENCE SELECTIONS BY EVENT

All-GNAC Award To Top-Three Finishers In Individual Events And Winning Relay At Conference Championship

NOTE: GNAC Championships canceled in 2009 due to bird flu scare at Western Oregon. Decathlon was constested that season. GNAC Championships canceled in 2020 due to COVID-19 outbreak.

100 METERS

Year	1st Place	2nd Place	3rd Place
2002	Mike Hinshaw, WOU	Josh Delay, CWU	Justin Miller, HSU
2003	Mike Hinshaw, WOU	Kurt Weber, CWU	Jacob Petz, WWU
2004	Greg Coleman, WOU	Fabien Coutard, CWU	Jacob Petz, WWU
2005	Adam Neff, WWU	Mike Khabibulin, WWU	Michael Madrid, UAA
2006	Mike Khabibulin, WWU	Michael Madrid, UAA	Jason Roberts, CWU
2007	Michael Madrid, UAA	David Registe, UAA	Eric Walsh, UAA
2008	Michael Madrid, UAA	David Registe, UAA	Christopher Fussell, SU
2010	Anthony Wright, CWU	Kincaid Nichols, CWU	Shane Gruger, WWU
2011	David Registe, UAA	Alex Tilley, WWU	Bobby Alexander, WOU
2012	Rimar Christie, NNU	Shane Gruger, WWU	Edd Brown, SMU
2013	Rimar Christie, NNU	Bryan Mack, CWU	Alex Donigian, WWU
2014	Rimar Christie, NNU	Alex Donigian, WWU	Tyrell Williams, WOU
2015	Alex Donigian, WWU	Cody Warner, WOU	Jordan Todd, CWU
2016	Alex Donigian, WWU	Cody Warner, WOU	Carlos Ortiz, CU
2017	Sam Zook, MSUB	Ebu Camara, NNU	Carlos Ortiz, CU
2018	Carlos Ortiz, CU	Sam Zook, MSUB	Oshane Hylton, UAA
2019	Sam Zook, MSUB	Harry Horwath, CWU	Bobby Widmar, CWU
2021	Dominique Loggins, WOU	Zachary Davis, CWU	Tyrone Woodard, WWU
2022	Dominique Loggins, WOU	Noah Johnson, WWU	Jesaiah Penson-McCoy, SFU
2023	Enrique Campbell, UAA	Noah Johnson, WWU	Jesaiah Penson-McCoy, SFU

200 METERS

Year	1st Place	2nd Place	3rd Place
2002	Mike Hinshaw, WOU	Josh Delay, CWU	Fabien Coutard, CWU
2003	Isaac Frederick, WOU	Mike Hinshaw, WOU	Fabien Coutard, CWU
2004	Isaac Frederick, WOU	Fabien Coutard, CWU	Adam Neff, WWU
2005	Adam Neff, WWU	Mike Khabibulin, WWU	Michael Madrid, UAA
2006	Cresap Watson, CWU	Mike Khabibulin, WWU	Adam Neff, WWU
2007	Michael Madrid, UAA	David Registe, UAA	Christian Demouchet, CWU
2008	Michael Madrid, UAA	David Registe, UAA	Ezekiel Hill, CWU
2010	Anthony Wright, CWU	Kincaid Nichols, CWU	Shane Gruger, WWU
2011	David Registe, UAA	Andrew Curtis, NNU	Andrew Boss, SFU
2012	Shane Gruger, WWU	Andrew Curtis, NNU	Nathaniel Schmidt, WWU
2013	Rimar Christie, NNU	Jeff Howard, WOU	Demarcus Garner, CWU
2014	Tyrell Williams, WOU	Alex Donigian, WWU	Rimar Christie, NNU
2015	Alex Donigian, WWU	Darrion Gray, UAA	Jordan Todd, CWU
2016	Alex Donigian, WWU	Carlos Ortiz, CU	Darrion Gray, UAA
2017	Sam Zook, MSUB	Cody Warner, WOU	Nathan Mah, SFU
2018	Carlos Ortiz, CU	Sam Zook, MSUB	Darrion Gray, UAA
2019	Adam Brown, CU	Logan Blake, NNU	Bryant Welch, WWU
2021	Bryant Welch, WWU	Michael Russell, SMU	Jeff Gordon, SPU
2022	Bryant Welch, WWU	Hunter Braseth, NNU	Jesaiah Penson-McCoy, SFU
2023	Jesaiah Penson-McCoy, SFU	Brayden Durfee, NNU	Hunter Braseth, NNU

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

400 METERS

Year	1st Place	2nd Place	3rd Place
2002	David Neilsen, SU	KJ LOreth, SMU	Donnie Herneisen, WOU
2003	Isaac Frederick, WOU	Sherman Clayton, HSU	David Neilsen, SU
2004	Isaac Frederick, WOU	Sherman Clayton, HSU	Adam Neff, WWU
2005	Mike Kelley, CWU	Chris Randolph, SPU	Eric Reynolds, CWU
2006	Chris Randolph, SPU	Mike Kelley, CWU	Charles Velasquez, CWU
2007	Matt Rogstad, CWU	Michael Dean, WWU	Colby Brydson, CWU
2008	Austin Mott, WOU	James McLaughlin, UAA	Brandon Grant, UAA
2010	Ethan Hewitt, UAA	Scott Morrison, CWU	James McLaughlin, UAA
2011	Matt Kaino, WOU	Andrew Boss, SFU	Scott Morrison, CWU
2012	Ethan Hewitt, UAA	Landon Burningham, WOU	Jonathon Poolman, WWU
2013	Jonathon Poolman, WWU	Devon Smith, WWU	Nathaniel Schmidt WWU
2014	Ethan Hewitt, UAA	Joel Webster, SFU	Daniel Kelloway, SFU
2015	Daniel Kelloway, SFU	Adam Commandeur, UAA	Joel Webster, SFU
2016	Daniel Kelloway, SFU	Aaron Whitaker, WOU	Ryan McArthur, WWU
2017	Aaron Whitaker, WOU	Daniel Kelloway, SFU	Nicholas Taylor, WOU
2018	Kodiak Landis, CWU	Ebu Camara, NNU	Joel Webster, SFU
2019	Logan Blake, NNU	Bryant Welch, WWU	Adam Brown, CU
2021	Logan Blake, NNU	Doc Porter, CWU	Bryant Welch, WWU
2022	Bryant Welch, WWU	Gabe Arce-Torres, WOU	Isaiah Archer, SPU
2023	Kevin Angarita, UAA	Amari Hendrix, WOU	Isaiah Archer, SPU

800 METERS

Year	1st Place	2nd Place	3rd Place
2002	Nathanael Castle, SPU	Neal Fryett, SPU	Jason Bush, CWU
2003	Stuart Chaffee, WOU	Andy Prentice, SMU	Chris Binschus, HSU
2004	Sam Brancheau, WWU	Matthew Blaine, SU	Ryan Meier, NNU
2005	Paul Mach, SPU	Mike Pankiewicz, CWU	Chris Binschus, HSU
2006	Eddie Strickler, SPU	David Kiplagat, UAA	Caleb Timmer, SMU
2007	Eddie Strickler, SPU	Erik Bies, WWU	Nicholas Dols, SU
2008	Jeff Long, WOU	Michael Gavareski, SPU	David Kiplagat, UAA
2010	Alfred Kangogo, UAA	Mike Schmidt, WOU	Kyle Larson, WOU
2011	Kyle Larson, WOU	Dylan Hopper, WWU	Matt Stark, NNU
2012	Nathan Seely, SPU	Ryan Hansen, WOU	Adam Reid, SFU
2013	Chris Olsen, WOU	Ryan Hansen, WOU	Josh Hanna, WOU
2014	Scott Commandeur, UAA	Cameron Proceviat, SFU	Frank Krause, SMU
2015	Badane Sultessa, WOU	Cameron Proceviat, SFU	Josh Dempsey, WOU
2016	Badane Sultessa, WOU	Cameron Proceviat, SFU	Josh Hanna, WOU
2017	David Ribich, WOU	Dylan Freinhofer, SFU	Cody McCranie, WWU
2018	David Ribich, WOU	Dustin Nading, WOU	Noah Wallace, CU
2019	Jesse Phan, SPU	Kyler Sager, WWU	Felix Kemboi, UAA
2021	Mac Franks, WWU	Calahan Warren, WWU	Dylan Tidwell, NNU
2022	Aaron Ahl, SFU	Drew Weber, WWU	Mac Franks, WWU
2023	Charlie Dannatt, SFU	Emmett Klus, WOU	Johan Correa, CWU

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

1,500 METERS

Year	1st Place	2nd Place	3rd Place
2002	Nathanael Castle, SPU	Nate Carlson, SMU	Martin Ranney, WWU
2003	Doug Hamilton, HSU	Nathan Carlson, SMU	Kurt Hartmeier, WWU
2004	Jettét Mantalas, WOU	Andy Prentice, SMU	Kurt Hartmeier, WWU
2005	Nathan Carlson, SMU	Jerret Mantalas, WOU	Sam Brancheau, WWU
2006	David Kiplagat, UAA	Jasper Peach, HSU	Keith Lamay, WWU
2007	Anthony Tomsich, WWU	Brian Cronrath, SPU	Keith Lemay, WWU
2008	Zeke VanPatten, WOU	Chad Meis, SPU	Brian Cronrath, SPU
2010	Alfred Kangogo, UAA	Marko Cheseto, UAA	Anthony Tomsich, WWU
2011	Ryan Brockerville, SFU	Alfred Kangogo, UAA	Chris Reed, WOU
2012	Micah Chelimo, UAA	Alfred Kangogo, UAA	Dan Sprinkle, WOU
2013	Seth Pierson, SPU	Isaac Kangogo, UAA	Travis Vugteveen, SFU
2014	Chase Robinson, MSUB	Robert Peterson, MSUB	Isaac Kangogo, UAA
2015	David Ribich, WOU	Marc-Antoine Rouleau, SFU	Robert Peterson, MSUB
2016	David Ribich, WOU	Cameron Proceviat, SFU	Marc-Antoine Rouleau, SFU
2017	David Ribich, WOU	Dustin Nading, WOU	Rowan Doherty, SFU
2018	David Ribich, WOU	Dustin Nading, WOU	Josh Dempsey, WOU
2019	Carlos Vargas, SFU	Rowan Doherty, SFU	Drew Johnson, UAA
2021	Calahan Warren, WWU	Justin Crosswhite, WOU	Mac Franks, WWU
2022	Charlie Dannatt, SFU	Mac Franks, WWU	Aaron Ahl, SFU
2023	Keeton Sanchez, WOU	Drew Weber, WWU	Drew Johnson, UAA

5,000 METERS

Year	1st Place	2nd Place	3rd Place
2002	Jason Walker, HSU	Caleb Tubei, NNU	Ben Wornell, NNU
2003	Zach Boteilho, WWU	Steve Manos, SU	Kurt Hartmeier, WWU
2004	Tim LeCount, SPU	Aaron Mathias, NNU	Steve Manos, SU
2005	Tim LeCount, SPU	Ty Schepler, WWU	Brad Brolin, WOU
2006	Jasper Peach, HSU	Sam Scotchmer, CWU	Robert Renninger, SU
2007	David Kiplagat, UAA	Anthony Tomsich, WWU	John Riak, SMU
2008	Jordan Welling, WWU	David Kiplagat, UAA	Chris Reed, WOU
2010	Marko Cheseto, UAA	Jordan Welling, WWU	Micah Chlimo, UAA
2011	Micah Chelimo, UAA	Jordan Welling, WWU	Bennett Grimes, WWU
2012	Micah Chelimo, UAA	Dylan Anthony, UAA	Alfred Kangogo, UAA
2013	Dak Riek, WWU	Tyson Vanderby, MSUB	Dylan Anthony, UAA
2014	Dylan Anthony, UAA	Victor Samoei, UAA	Oliver Jorgensen, SFU
2015	Dylan Anthony, UAA	Henry Cheseto, UAA	Dominik Notz, UAA
2016	Michel Ramirez, UAA	Edwin Kangogo, UAA	Henry Cheseto, UAA
2017	Isaac Derline, WWU	Dominik Notz, UAA	Edwin Kangogo, UAA
2018	Jorey Egeland, MSUB	Tyler Jones, WOU	Sean Miller, SFU
2019	Sean Miller, SFU	Edwin Kangogo, UAA	Colby Otero, SPU
2021	Eric Hamel, WWU	Cole Nash, UAA	Tyler Shea, NNU
2022	Coleman Nash, UAA	Tyler Shea, NNU	Calahan Warren, WWU
2023	Kevin McDermott, WWU	Brody Kemble, NNU	Ryan Clough, WWU

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

10,000 METERS

Year	1st Place	2nd Place	3rd Place
2002	Sean Rivers, UAA	Brice Roncace, NNU	Matt Schmitt, CWU
2003	TJ Garlatz, WWU	Will Smith, WOU	Spencer Walsh, WOU
2004	Chase Wells, WOU	Brad Brolin, WOU	Jake Hotchkiss, NNU
2005	Sam Scotchmer, CWU	Spencer Walsh, WOU	Brad Brolin, WOU
2006	John Riak, SMU	Chad Portwood, WWU	Logan Senrud, WWU
2007	John Riak, SMU	Sam Scotchmer, CWU	Nik Karr, WOU
2008	Kevin Lambert, NNU	Braxton Jackson, WOU	John Riak, WOU
2010	Marko Cheseto, UAA	Jordan Welling, WWU	Blake Medhaug, WWU
2011	Jordan Welling, WWU	Bennett Grimes, WWU	Kyle Van Santen, SMU
2012	Barak Watson, NNU	Dak Riek, WWU	Jesse Baggenstos, NNU
2013	Yonathan Yilma, UAA	Victor Samoei, UAA	Tanner Boyd, WWU
2014	Victor Samoei, UAA	Dylan Anthony, UAA	Dominik Kotz, UAA
2015	Victor Samoei, UAA	Henry Cheseto, UAA	Dominik Notz, UAA
2016	Victor Samoei, UAA	Henry Cheseto, UAA	Edwin Kangogo, UAA
2017	Edwin Kangogo, UAA	Dominik Notz, UAA	Justin Carrancho, UAA
2018	Josh Boston, CWU	Peter Butler, WWU	Nickson Koech, UAA
2019	Edwin Kangogo, UAA	Edward Kiolbasa, WWU	Nickson Koech, UAA
2021	Eric Hamel, WWU	Tyler Shea, NNU	Kevin McDermott, WWU
2022	Coleman Nash, UAA	Tyler Shea, NNU	Kevin McDermott, WWU
2023	Andrew Oslin, WWU	Brody Kemble, NNU	Ryan Clough, WWU

110-METER HURDLES

Year	1st Place	2nd Place	3rd Place
2002	Damien Davis, WOU	Nate Anderson, WOU	Erik Iverson, CWU
2003	Damien Davis, WOU	Nate Anderson, WOU	Dustin Wilson, WWU
2004	Sam Hobbs, WOU	Michael Morrison, CWU	Lee Clarkston, WOU
2005	Robert Edwards, CWU	Adam Clark, CWU	Sam Hobbs, WOU
2006	Robert Edwards, CWU	Dustin Wilson, WWU	Lee Clarkson, WOU
2007	Robert Edwards, CWU	Lloyd Massey, WOU	Kevin Moen, WWU
2008	Andy Luscutoff, WOU	Lloyd Massey, WOU	Shaun Ward, UAA
2010	Anthony Hogan, CWU	Andy Loscutoff, WOU	Jordan Werner, WOU
2011	Brett Campbell, WOU	Cory Okazaki, WWU	Andrew Venema, CWU
2012	Kody Rhodes, WOU	Andrew Venema, CWU	Maurus Hope, NNU
2013	Logan Myers, WWU	Andrew Venema, CWU	Travis Milbrandt, WWU
2014	Logan Myers, WWU	Kody Rhodes, WOU	David Durden, SMU
2015	Travis Milbrandt, WWU	Travis Turner, WOU	Payton Lewis, NNU
2016	Travis Milbrandt, WWU	Bernari Sternen, CWU	Kaleb Dobson, WOU
2017	Travis Turner, UAA	Payton Lewis, NNU	Micah Spatz, NNU
2018	Cordell Cummings, WWU	Braydon Maier, CWU	Elijah Castro, NNU
2019	Cordell Cummings, WWU	Giovanni Brown, CU	Koby Okezie, WWU
2021	Cordell Cummings, WWU	Joshua Wagner, UAA	Koby Okezie, WWU
2022	Joshua Wagner, UAA	Koby Okezie, WWU	Bradley Graves, MSUB
2023	Joshua Wagner, UAA	Justin Conklin, WOU	Aiden Wise, CWU

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

400-METER HURDLES

Year	1st Place	2nd Place	3rd Place
2002	Paul Mach, SPU	Nate Anderson, SPU	Ryan Los, WWU
2003	Paul Mach, SPU	Nate Anderson, WOU	Micah Kelcy, SPU
2004	Sam Hobbs, WOU	Michael Morrison, CWU	Chris Mosbacher, NNU
2005	Sam Hobbs, WOU	Josh Freeman, WWU	Garrett Brown, SU
2006	Lee Clarkson, WOU	Josh Timmer, SMU	Josh Grewe, NNU
2007	Lloyd Massey, WOU	Daniel Sullivan, SU	Ben Wargo, WWU
2008	Kevin Myhre, WWU	Shaun Ward, UAA	Daniel Sullivan, SU
2010	Maurus Hope, NNU	Ryan Endresen, SPU	Phillip Villanueva, WWU
2011	Shaun Ward, UAA	Ryan Endresen, SPU	Maurus Hope, NNU
2012	Shaun Ward, UAA	Kody Rhodes, WOU	Maurus Hope, NNU
2013	Elliott Bauer, UAA	Stan Wester, WOU	Travis Wilson, UAA
2014	Elliott Bauer, UAA	Bobo Camara, UAA	Kody Rhodes, WOU
2015	Elliott Bauer, UAA	Kaleb Dodson, WOU	Jade Wilson, WWU
2016	Kaleb Dobson, WOU	Trevaughn Scott, CWU	Jade Wilson, WWU
2017	Cordell Cummings, WWU	Micah Spatz, NNU	Travis Turner, UAA
2018	Vladislav Tsygankov, SFU	Cordell Cummings, WWU	Reid Lovercamp, WWU
2019	Cordell Cummings, WWU	Joshua Adehmar, SFU	Nate St. Romain, SFU
2021	Cordell Cummings, WWU	Joshua Wagner, UAA	Jaden Edwards, WWU
2022	Joshua Wagner, UAA	Austin Albertin, CWU	Jorrin Lenton, SFU
2023	Maurice Woodring, WWU	Austin Albertin, CWU	Jaden Edwards, WWU

STEEPLECHASE

Year	1st Place	2nd Place	3rd Place
2002	Jason Walker, HSU	Neil Small, CWU	Ethan Barrons, WOU
2003	Zach Dwello, NNU	Brian Brancheau, WWU	Ethan Barrons, WOU
2004	Nate Normandin, UAA	Kurt Hartmaier, WWU	Zach Dwello, NNU
2005	Ethan Barrons, WOU	Geoff Anderson, CWU	Logan Senrud, WWU
2006	Jasper Peach, HSU	Matt DeShazo, HSU	Keever Henry, WWU
2007	Andy Peters, NNU	Logan Senrud, WWU	Sam Brancheau, WWU
2008	Richie Pemberton, MSUB	David Kiplagat, UAA	Peter Doner, UAA
2010	Micah Chelimo, UAA	Alfred Kangogo, UAA	Chad Meis, SPU
2011	Micah Chelimo, UAA	Brandon Snook, WOU	AJ Baker, SPU
2012	Ryan Brockerville, SFU	Micah Chelimo, UAA	Dan Sprinkle, SFU
2013	Brady Beagley, WOU	Zach Holloway, WOU	AJ Baker, SPU
2014	Oliver Jorgensen, SFU	Matthew Lutz, WWU	Zach Holloway, WOU
2015	Oliver Jorgensen, SFU	Matthew Lutz, WWU	Michael Gordon, NNU
2016	Robert Peterson, MSUB	Andrew Wise, WWU	Matthew Lutz, WWU
2017	Kaleb Korta, UAA	Oliver Jorgensen, SFU	Jorey Egeland, MSUB
2018	Jorey Egeland, MSUB	Oliver Jorgensen, SFU	Braeden Charlton, SFU
2019	Wesley Kirui, UAA	Dylan Hayes, WWU	Aaron Ahl, SFU
2021	Jeret Gillingham, WWU	Kaleb Korta, WWU	Mac Franks, WWU
2022	Mac Franks, WWU	Jeret Gillingham, WWU	Carson Jessop, MSUB
2023	Jeret Gillingham, WWU	Carson Jessop, MSUB	Ase Ackerman, MSUB

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

4x100 METER RELAY

Year	1st Place
2002	Western Oregon (Jamil Wynn, Jason Newton, Donnie Herneisen, Mike Hinshaw)
2003	Western Oregon (Mike Hinshaw, Isaac Frederick, Damien Davis, Derek Gitts)
2004	Central Washington (Justin Lawrence, Cresap Watson, Eric Reynolds, Kurt Weber)
2005	Western Washington (Dustin Wilson, Mike Khabibulin, Dan Thompsen, Adam Neff)
2006	Central Washington (Jason Roberts, Cresap Watson, Robert Edwards, Matt Rogstad)
2007	Central Washington (Christian Demouchet, Robert Edwards, Colby Brydson, Matt Rogstad)
2008	Alaska Anchorage (Eric Walsh, Brandon Grant, David Registe, Michael Madrid)
2010	Central Washington (Bryan mack, Anthony Wright, Anthony Hogan, Kincaid Nichols)
2011	Alaska Anchorage (AJ Allen, Billy Kiefer, Shaun Ward, David Registe)
2012	Western Washington (Mark Pangilinan, Brock Steffen, Alex Tilley, Shane Gruger)
2013	Northwest Nazarene (Derek Sepe, Andrew Curtis, Cody Henderson, Rimar Christie)
2014	Northwest Nazarene (David Harris, Cody Henderson, Andrew Curtis, Rimar Christie)
2015	Western Washington (Alex Binkerd, Alex Donigian, Brett Watson, Nathaniel van Tuinen)
2016	Western Oregon (Wesley Gray, Devonte Woods, Aaron Whitaker, Cody Warner)
2017	Western Oregon (Wesley Gray, Devonte Woods, Aaron Whitaker, Codi Blodgett)
2018	Montana State Billings (Lamont Frisby, Mason Schram, Kaelen Shay, Sam Zook)
2019	Montana State Billings (Kaelen Shay, Sam Zook, Mason Schram, Rahkei Eyer)
2021	Western Washington (Tyron Woodard, Hunter Flick, Mark Daniels, David Tran)
2022	Northwest Nazarene (Nicolas Wong, Hunter Braseth, Cameron Willey, Sylvanus Hunt)
2023	Western Washington (Ryan Greenwalt, Ethan Johnson, Maurice Woodring, Noah Johnson)

4x400 METER RELAY

Year	1st Place
2002	Western Oregon (Brad Satran, Donnie Herneisen, Nate Anderson, Mike Hinshaw)
2003	Western Oregon (Isaac Frederick, Stuart Chaffee, Brad Satran, Nate Anderson)
2004	Central Washington (Mike Kelley, Fabien Coutard, Cresap Watson, Michael Morrison)
2005	Central Washington (Eric Reynolds, Mike Pankiewicz, Andy Gundel, Mike Kelley)
2006	Central Washington (Mike Kelley, Jason Roberts, Matt Rogstad, Cresap Watson)
2007	Central Washington (Colby Brydson, Charles Velasquez, Daryl Schie, Matt Rogstad)
2008	Alaska Anchorage (Michael Madrid, Levi Sutton, Brandon Grant, James McLaughlin)
2010	Alaska Anchorage (Ethan Hewitt, Bradley Truax, Brandon Grant, James McLaughlin)
2011	Alaska Anchorage (Levi Sutton, Alfred Kangogo, David Registe, Shaun Ward)
2012	Alaska Anchorage (Elliott Bauer, Nick Blackburn, Ethan Hewitt, Shaun Ward)
2013	Western Washington (Jonathon Poolman, Nathaniel Schmidt, Jason Nokes, Devon Smith)
2014	Western Washington (Jon Poolman, Nathaniel van Tuinen, Ryan McArthur, Devon Smith)
2015	Simon Fraser (Stuart Ellenwood, Cameron Proceviat, Joel Webster, Daniel Kelloway)
2016	Simon Fraser (Michael Hutchinson, Cameron Proceviat, Vladislav Tsygankov, Daniel Kelloway)
2017	Alaska Anchorage (Nicholas Taylor, Liam Lindsay, Travis Turner, Adam Commandeur)
2018	Alaska Anchorage (Nicholas Taylor, Darrion Gray, Daniel Remington, Liam Lindsay)
2019	Western Washington (Cordell Cummings, Ian Rinefort, Bryant Welch, Myles Smith)
2021	Western Washington (Bryant Welch, Mark Daniels, Lucas Brenek, Cordell Cummings)
2022	Western Washington (Brian Le, Lucas Brenek, Mark Daniels, Bryant Welch)
2023	Western Washington (Maurice Woodring, Jaden Edwards, Lucas Brenek, Brian Le)

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

HIGH JUMP

Year	1st Place	2nd Place	3rd Place
2002	Jamil Wynn, WOU	Brendan Reilly, HSU	Mike Tully, WWU
2003	Jeff Word, WWU	Brendan Reilly, HSU	Jay Thomas, CWU
2004	Jeff Word, WWU	Julius Defour, WWU	Zak Ernst, WWU
2005	Kyle McGillen, WWU	Jeff Word, WWU	Taylor Choyce, SU
2006	Eric Draper, UAA	Kyle McGillen, WWU	Cresap Watson, CWU
2007	Jonathan Hamilton, CWU	Eric Draper, UAA	Cameron Bailey, CWU
2008	Keefe Brockman, WWU	Jonathan Hamilton, CWU	Bill Richardson, SMU
2010	Keefe Brockman, WWU	Brennan Boyes, CWU	Josh Larson, WWU
2011	Brennan Boyes, CWU	Lewis Meyers, CWU	Brandon Roddewig, CWU
2012	Brennan Boyes, CWU	Brett Watson, WWU	Andrew Galbraith, NNU
2013	Brett Watson, WWU	Brennan Boyes, CWU	Ethan Meikle, CWU
2014	Brett Watson, WWU	Logan Myers, WWU	Cole Hoberg, NNU
2015	Brett Watson, WWU	Mikel Smith, SMU	Cole Hoberg, NNU
			Tevin Gladden, UAA
			Jaysen Yoro, SMU
2016	Cole Hoberg, NNU	Mikel Smith, SMU	—
		Cody Thomas, UAA	
2017	Tevin Gladden, UAA	Micah Tranch, NNU	Cole Hoberg, NNU
2018	Chris Brake, UAA	Justin Peterson, CWU	Isaiah Girard, MSUB
2019	Isaiah Girard, MSUB	Tyler Cronk, SMU	Chris Brake, UAA
2021	Isaiah Girard, MSUB	Trent Kibler, WWU	Damian Mercado, WWU
2022	Steven Schmidt, NNU	Gerohm Rihari, NNU	Beau Sheeran, WWU
2023	Steven Schmidt, NNU	Gerohm Rihari, NNU	—
		Jonah Groce, NNU	

POLE VAULT

Year	1st Place	2nd Place	3rd Place
2002	Spike Olsen, WOU	Scott Romney, WWU	Justin Miller, HSU
2003	Spike Olsen, WOU	Josh Fishburne, NNU	Hunter Verner, WOU
2004	Josh Cummings, WOU	Anthony Gould, NNU	Charlie Tribe, WWU
2005	Hunter Verner, WWU	Scott Romney, WWU	Tyler Thornbrue, WWU
2006	Scott Romney, WWU	Preston Lewis, NNU	Scott McCoy, CWU
2007	Tyler Thornbrue, WWU	Scott McCoy, CWU	Zeb Udell, WOU
2008	Zeb Udell, WOU	Ryan Brown, WWU	Josh Winters, WWU
2010	Ryan Brown, WWU	Scott Hunter, CWU	Brandon Roddewig, CWU
2011	Ray Zoellnick, SPU	Cal Rosenberg, WWU	Tyler Will, WWU
2012	Tim Lundy, WOU	Kevin Johnson, SMU	Micah Johnson, UAA
2013	Joseph Keeton, SMU	Thomas Guidon, WWU	—
		Keenan Komoto, WWU	
2014	Brandon Roddewig, CWU	Greyson Kilgore, NNU	Cole Campbell, MSUB
2015	Payton Lewis, NNU	Gordie Kordas, WWU	Tysen Campbell, WWU
2016	Payton Lewis, NNU	Zach McClanahan, NNU	Jared Webster, NNU
2017	Payton Lewis, NNU	Jared Webster, NNU	Zach McClanahan, NNU
2018	Braydon Maier, CWU	Jared Webster, NNU	Adam Thomas, WWU
2019	Braydon Maier, CWU	David Sramek, UAA	Craig Boyle, SMU
2021	Braydon Maier, CWU	Kacey Provo, WWU	Andrew Alfred, SMU
2022	Jacob Thompson, CWU	William Koenig, NNU	Kainoa Lee, SPU
2023	Steven Schmidt, NNU	Drew Klein, CWU	Kainoa Lee, SPU

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

LONG JUMP

Year	1st Place	2nd Place	3rd Place
2002	Justin Lawrence, CWU	Joe Smith, CWU	Brad Satran, WOU
2003	Kurt Weber, CWU	Joe Smith, CWU	Justin Lawrence, CWU
2004	Joe Smith, CWU	Brad Satran, WOU	Kurt Weber, CWU
2005	Kyle McGillen, WWU	Greg Hamm, NNU	Blake Herrington, WOU
2006	Kyle McGillen, WWU	Chris Randolph, SPU	Mark Mellein, WWU
2007	David Registe, UAA	Justin Felt, SPU	Zeb Udell, WOU
2008	David Registe, UAA	Zeb Udell, WOU	Jamarian Malley, WOU
2010	Demetrius Preston, UAA	Manny Melo, CWU	Jake Hyde, WOU
2011	David Registe, UAA	Kyle Lane, WOU	Manny Melo, CWU
2012	Matson Hardie, WOU	Jake Hyde, WOU	Shane Gruger, WWU
2013	Bryan Mack, CWU	Matson Hardie, WOU	Kevin Yates, WWU
2014	Kevin Yates, WWU	Luke Plummer, CWU	Alex Wu, SFU
2015	Brett Watson, WWU	Vladislav Tsygankov, SFU	Luke Plummer, CWU
2016	Peyton Harris, SPU	Kevin Yates, WWU	Cody Thomas, UAA
2017	Alani Troutman, WOU	Kevin Yates, WWU	Peyton Harris, SPU
2018	Alani Troutman, WOU	Elijah Castro, NNU	Seren Dances, WWU
2019	Seren Dances, WWU	Elijah Castro, NNU	Josh Schulz, SMU
2021	Jalon Fields, WOU	Braydon Maier, CWU	David Tran, WWU
2022	Ethan Sterkel, WWU	Josh Schulz, SMU	Seren Dances, WWU
2023	David Njeri, SPU	Isaiah Webster, CWU	Ryan Greenwalt, WWU

TRIPLE JUMP

Year	1st Place	2nd Place	3rd Place
2002	Justin Lawrence, CWU	Beau Ross, CWU	Jamil Wynn, WOU
2003	Justin Lawrence, CWU	Scott Freymond, CWU	Chris Mosbacher, NNU
2004	Justin Lawrence, CWU	Beau Ross, CWU	Chris Mosbacher, NNU
2005	Mark Mellein, WWU	Blake Herrington, WOU	Greg Hamm, NNU
2006	Greg Haam, NNU	Mark Mellein, WWU	Cameron Bailey, CWU
2007	Greg Hamm, NNU	Cameron Bailey, CWU	Adrian Elmo, CWU
2008	Greg Hamm, NNU	Tim Satterwhite, WWU	Keefe Brockman, WWU
2010	Matson Hardie, WOU	Will Davis, WWU	Keefe Brockman, WWU
2011	Tim Clendaniel, WWU	Sviatoslav Moldanov, SFU	Danny Melo, CWU
2012	Bryan Mack, CWU	Stephen Larlee, NNU	Kyle Lane, WOU
2013	Michael Davis, SMU	Stephen Larlee, NNU	Bryan Mack, WWU
2014	Luke Plummer, CWU	Kyle Lane, WOU	Stephen Larlee, NNU
2015	Luke Plummer, CWU	Tevin Gladden, UAA	Mark Seely, WWU
2016	Mark Seely, WWU	Luke Plummer, CWU	Wesley Gray, WOU
2017	Wesley Gray, WOU	Zach Whittaker, CWU	Mark Seely, WWU
2018	Zach Whittaker, CWU	Brandon Nicholson, UAA	Chris Brake, UAA
2019	Zach Whittaker, CWU	Chris Brake, UAA	Giovanni Brown, CU
2021	David Njeri, SPU	Jalon Fields, WOU	David Tran, WWU
2022	Josh Schulz, SMU	Marlon Harrison, WOU	Collin Sample, UAA
2023	David Njeri, SPU	Seren Sances, WWU	Isaiah Webster, CWU

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

SHOT PUT

Year	1st Place	2nd Place	3rd Place
2002	James Deaver, WWU	Erik Knutzen, WWU	Ian McDole, WWU
2003	TJ Aimonetti, HSU	Dane Wagner, WOU	Kevin Johnson, WOU
2004	Collin Babcock, WOU	Kevin Johnson, WOU	Josh Evans, UAA
2005	Cameron Neel, CWU	Jacob Galloway, CWU	Carlos Aguilar, WOU
2006	Cameron Neel, CWU	Justin Kline, WOU	Matt Valdez, CWU
2007	Cameron Neel, CWU	Matt Valdez, CWU	Dincer Kayhan, WWU
2008	Sam Washington, SMU	Matt Valdez, CWU	Tyler Fischer, CWU
2010	Jason Slowey, WOU	Ben Elder, WWU	Tyler Fischer, CWU
2011	Jason Slowey, WOU	Mike Jensen, CWU	Ben Elder, WWU
2012	Sam Washington, SMU	Mike Jensen, CWU	Ryan Macdonald, WWU
2013	Sam Washington, SMU	Frank Catelli, WWU	Tanner Rottrup, MSUB
2014	Frank Catelli, WWU	Jacob Gilbert, WWU	Kevin Stanley, CWU
2015	Kevin Stanley, CWU	Ryan Macdonald, WWU	Armando Tafoya, CWU
2016	Josh Koch, CU	Robert Watson, CU	Jeremy Moore, WOU
2017	Caleb Bridge, CU	Brandon Pless, WWU	Cyrius Veal, CU
2018	Josh Koch, CU	Caleb Bridge, CU	Ethan Tonder, CWU
2019	Jake Knight, NNU	Josh Koch, CU	Sam Nichols, CU
2021	Ben Malquist, WWU	Micah Au-Hapu, SMU	Ethan Tonder, CWU
2022	Ben Malquist, WWU	Owen Collins, WOU	Forrest Cross, MSUB
2023	Dayne Gordien, WOU	Forrest Cross, MSUB	Mark Warren, WOU

DISCUS

Year	1st Place	2nd Place	3rd Place
2002	Tony Kyle, WWU	Jacob Galloway, CWU	Tom Farris, WWU
2003	Isaiah Haines, WOU	Jacob Galloway, CWU	Tom Farris, WWU
2004	Isaiah Haines, WOU	Collin Babcock, WOU	Tom Farris, WWU
2005	Jacob Galloway, CWU	Blake Walker, CWU	Carlos Aguilar, WOU
2006	Cameron Neel, CWU	Justin Kline, WOU	Chris Randolph, SPU
2007	Cameron Neel, CWU	Evan Ruud, CWU	Matt Valdez, CWU
2008	Tyler Fischer, CWU	Sam Washington, SMU	Matt Valdez, CWU
2010	Ben Elder, WWU	Jason Slowey, WOU	Tyler Fischer, CWU
2011	Ben Elder, WWU	Jason Slowey, WOU	Kevin Rima, NNU
2012	Michael Hoffman, WWU	Kevin Rima, NNU	Sam Washington, SMU
2013	Troy Martin, CWU	Ryan Macdonald, WWU	Sam Washington, SMU
2014	Ryan Macdonald, WWU	Kevin Rima, NNU	Frank Catelli, WWU
2015	Ryan Macdonald, WWU	Jeremy Moore, WOU	Grant George, UAA
2016	Josh Koch, CU	Armando Tafoya, CWU	Jeremy Moore, WOU
2017	Caleb Bridge, CU	Jakob Chamberlin, CU	Brandon Pless, WWU
2018	Jakob Chamberlin, CU	Caleb Bridge, CU	Josh Koch, CU
2019	Jake Knight, NNU	Caleb Bridge, CU	Aidan Cain, CWU
2021	Karsten Collins, WOU	Martin Napeahi, CWU	Omar Young, CWU
2022	Forrest Cross, MSUB	Ben Malquist, WWU	Omar Young, CWU
2023	Dayne Gordien, WOU	Wyatt Franklin, CWU	Forrest Cross, MSUB

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

HAMMER

Year	1st Place	2nd Place	3rd Place
2002	Dave Margraf, HSU	Greg Gottfried, WOU	Tim Jolin, WWU
2003	Pro Escobedo, WOU	Jordan Abbott, WOU	Jonathan Hughes, CWU
2004	Carlos Aguilar, WOU	David Uberti, CWU	Tom Farris, WWU
2005	Carlos Aguilar, WOU	Blake Walker, CWU	Jonathan Hughes, CWU
2006	Evan Ruud, CWU	Anthony Marin, WOU	Josh Holloway, WOU
2007	Anthony Marin, WOU	Evan Ruud, CWU	Tyler Fischer, CWU
2008	Tyler Fischer, CWU	Matt Valdez, CWU	Mychal Ostler, CWU
2010	Michael Hoffman, WWU	Mychal Ostler, CWU	Tyler Fischer, CWU
2011	Michael Hoffman, WWU	Grant Miller, NNU	Jason Slowey, WOU
2012	Michael Hoffman, WWU	Quinton Agosta, CWU	Sam Washington, SMU
2013	Quinton Agosta, CWU	Mike Jensen, CWU	Carraig Colahan, WOU
2014	Kevin Stanley, CWU	Peter Behncke, SFU	Carraig Colahan, WOU
2015	Kevin Stanley, CWU	Peter Behncke, SFU	Aramndo Tafoya, CWU
2016	Tyler Lamott, CU	Armando Tafoya, CWU	Peter Behncke, SFU
2017	Kauanoe Vanderpoel, SMU	Armando Tafoya, CWU	Mitch Wilkens, SMU
2018	Jacob Slate, CU	Jakob Chamberlin, CU	John VanBeuren, NNU
2019	Aidan Cain, CWU	Avery Lux, WWU	Joe Denniston, CU
2021	Andrew Harris, CWU	Ethan Tonder, CWU	Angus Beaton, CWU
2022	Colton Burr, NNU	Samuel Cole, WOU	Mark Warren, WOU
2023	Dylan Hendry, NNU	Miller Campbell, WWU	Angus Beaton, CWU

JAVELIN

Year	1st Place	2nd Place	3rd Place
2002	James Thomas, Jr., NNU	Derek Deskins, WOU	Tony Kyle, WWU
2003	Andrew Reinhardt, WOU	Tom Martin, WOU	Dane Wagner, WOU
2004	Justin Brewer, WWU	Andrew Reinhardt, WOU	Evan Corbin, WOU
2005	Justin Brewer, WWU	Stuart Powell, WOU	Evan Corbin, WOU
2006	Ian Wells, CWU	Alan Phillips, NNU	Mat Hutchinson, WOU
2007	Michael Ingman, CWU	Evan Ruud, CWU	Ryan Wall, WOU
2008	Josh Heidegger, NNU	Ian Wells, CWU	Andrew Stiger, CWU
2010	Alex Harrison, WWU	Nick Wilson, MSUB	Nathan Rowlett, WOU
2011	Will Crook, WOU	Kody Reavis, WOU	Billy Martin, SPU
2012	Cody Parker, UAA	Alex Harrison, WWU	Braden Keller, CWU
2013	Franz Burghagen, UAA	Cody Parker, UAA	Shane Brooks, WOU
2014	Franz Burghagen, UAA	Stater Hurst, WWU	John Haskin, WWU
2015	Franz Burghagen, UAA	Cody Parker, UAA	Brian Chalkey, SMU
2016	Cody Parker, UAA	John Haskin, WWU	Justin Larson, WOU
2017	Alex Barry, WWU	Costel David, WWU	Beau Ackerman, MSUB
2018	Beau Ackerman, MSUB	Alex Barry, WWU	Brian Chalkley, SMU
2019	Dalton Rasmussen, CU	Easton Christensen, CU	Alex Barry, WWU
2021	Beau Ackerman, MSUB	Austin Goldstein, WOU	Brody Monson, NNU
2022	Laurenz Waldbauer, NNU	Jarrett Chong, SFU	Bryan Cortes, SFU
2023	Jaydon Tryon, WWU	Bryan Cortes, SFU	Ethan Guidry, SMU

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

DECATHLON

Year	1st Place	2nd Place	3rd Place
2002	Justin Miller, HSU	Jacob Hayes, HSU	Brandon Conroy, WOU
2003	Chris Petersen, CWU	Chris Randolph, SPU	Brandon Conroy, WOU
2004	Michael Morrison, CWU	Josh Freeman, WWU	Cresap Watson, CWU
2005	Josh Freeman, WWU	Jason Childress, SPU	Gunner Aero, CWU
2006	Cresap Watson, CWU	James Turner, WWU	Brandon Zueger, CWU
2007	Zeb Udell, WOU	Brock Jahner, SU	Josh Grewe, NNU
2008	Zeb Udell, WOU	Clint Hickey, WOU	Kevin Iverson, WWU
2009	Zeb Udell, WOU	Alex Harrison, WWU	Josh Grewe, NNU
2010	Alex Harrison, WWU	Eric Zwiefelhofer, NNU	Andy Loscutoff, WOU
2011	Nate Johnson, SPU	Jason Caryl, CWU	Brandon Roddewig, CWU
2012	Alex Harrison, WWU	Nate Johnson, SPU	Jason Caryl, CWU
2013	Cody Thomas, UAA	Eric Gaines, WOU	Andrew Venema, CWU
2014	Cody Thomas, UAA	Greyson Kilgore, NNU	David Durden, SMU
2015	Payton Lewis, NNU	Jaysen Yoro, SMU	Travis Turner, UAA
2016	Cody Thomas, UAA	Payton Lewis, NNU	Kodiak Landis, CWU
2017	Payton Lewis, NNU	Travis Turner, UAA	Kodiak Landis, CWU
2018	Braydon Maier, CWU	Michael Forster, CWU	Giovanni Brown, CU
2019	Giovanni Brown, CU	Braydon Maier, CWU	Michael Forster, CWU
2021	Braydon Maier, CWU	JJ Walker, WOU	Ryan Thoma, CWU
2022	Steven Schmidt, NNU	Drew Klein, CWU	Andrew Boyd, SMU
2023	Steven Schmidt, NNU	JJ Walker, WOU	Drew Klein, CWU

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

ALL-CONFERENCE SELECTIONS BY SCHOOL ALASKA ANCHORAGE

Name	Event	Years
AJ Allen	4x100 Relay	2011
Kevin Angarita	400 Meters	2023
Dylan Anthony	5,000 Meters	2012-13-14-15
Dylan Anthony	10,000 Meters	2014
Elliott Bauer	400-Meter Hurdles	2013-14-15
Elliott Bauer	4x400 Relay	2012
Nick Blackburn	4x400 Relay	2012
Tanner Boyd	10,000 Meters	2013
Franz Burghafen	Javelin	2013-14-15
Chris Brake	High Jump	2018-19
Chris Brake	Triple Jump	2018-19
Bobo Camara	400-Meter Hurdles	2014
Enrique Campbell	100 Meters	2023
Justin Carrancho	10,000 Meters	2017
Henry Cheseto	5,000 Meters	2015-16
Henry Cheseto	10,000 Meters	2015-16
Marko Cheseto	1,500 Meters	2010
Marko Cheseto	5,000 Meters	2010
Marko Cheseto	10,000 Meters	2019
Micah Chelimo	1,500 Meters	2012
Micah Chelimo	5,000 Meters	2010-11-12
Micah Chelimo	Steeplechase	2010-11-12
Adam Commandeur	400 Meters	2015
Adam Commandeur	4x400 Relay	2017
Scott Commandeur	800 Meters	2014
Peter Doner	Steeplechase	2008
Eric Draper	High Jump	2006-07
Josh Evans	Shot Put	2004
Grant George	Discus	2015
Darrion Gray	200 Meters	2015-16-18
Darrion Gray	4x400 Relay	2018
Tevin Gladden	High Jump	2015-17
Tevin Gladden	Triple Jump	2015
Brandon Grant	400 Meters	2008
Brandon Grant	4x100 Relay	2008
Brandon Grant	4x400 Relay	2008-10
Ethan Hewitt	400 Meters	2010-12-14
Ethan Hewitt	4x400 Relay	2010-12
Oshane Hylton	100 Meters	2018
Drew Johnson	1,500 Meters	2019-23
Micah Johnson	Pole Vault	2012
Alfred Kangogo	800 Meters	2010
Alfred Kangogo	1,500 Meters	2010-11-12
Alfred Kangogo	5,000 Meters	2012
Alfred Kangogo	Steeplechase	2010
Alfred Kangogo	4x400 Relay	2011
Edwin Kangogo	5,000 Meters	2016-17-19
Edwin Kangogo	10,000 Meters	2016-17-19
Isaac Kangogo	1,500 Meters	2013
Felix Kemboi	800 Meters	2019
Billy Kiefer	4x100 Relay	2011
David Kiplagat	800 Meters	2006-08
David Kiplagat	1,500 Meters	2006
David Kiplagat	5,000 Meters	2007-08
David Kiplagat	Steeplechase	2008
Wesley Kirui	Steeplechase	2019
Nickson Koech	10,000 Meters	2018-19
Kaleb Korta	Steeplechase	2017

Liam Lindsay	4x400 Relay	2017-18
Michael Madrid	100 Meters	2005-06-07-08
Michael Madrid	200 Meters	2005-07-08
Michael Madrid	4x100 Relay	2008
Michael Madrid	4x400 Relay	2008
James McLaughlin	400 Meters	2008-10
James McLaughlin	4x400 Relay	2008-10
Coleman Nash	5,000 Meters	2021-22
Coleman Nash	10,000	2022
Brandon Nicholson	Triple Jump	2018
Nate Normandin	Steeplechase	2004
Dominic Notz	5,000 Meters	2015-17
Dominic Notz	10,000 Meters	2014-15-17
Cody Parker	Javelin	2012-13-15-16
Demetrius Preston	Long Jump	2010
Michel Ramirez	5,000 Meters	2016
David Registe	100 Meters	2007-08-11
David Registe	200 Meters	2007-08-11
David Registe	4x100 Relay	2011
David Registe	4x400 Relay	2008-11
David Registe	Long Jump	2007-08-11
Daniel Remington	4x400 Relay	2018
Sean Rivers	10,000 Meters	2002
Victor Samoei	5,000 Meters	2014
Victor Samoei	10,000 Meters	2013-14-15-16
Collin Sample	Triple Jump	2022
David Sramek	Pole Vault	2019
Levi Sutton	4x100 Relay	2011
Levi Sutton	4x400 Relay	2008
Nicholas Taylor	400 Meters	2017
Nicholas Taylor	4x400 Relay	2017-18
Cody Thomas	High Jump	2016
Cody Thomas	Long Jump	2016
Cody Thomas	Decathlon	2013-14-16
Bradley Truax	4x400 Relay	2010
Travis Turner	110-Meter Hurdles	2015-17
Travis Turner	400-Meter Hurdles	2017
Travis Turner	4x400 Relay	2017
Travis Turner	Decathlon	2015-17
Joshua Wagner	110-Meter Hurdles	2021-22-23
Joshua Wagner	400-Meter Hurdles	2021-22
Eric Walsh	100 Meters	2007
Eric Walsh	4x100 Relay	2008
Shaun Ward	110-Meter Hurdles	2008
Shaun Ward	400-Meter Hurdles	2008-11-12
Shaun Ward	4x100 Relay	2011
Shaun Ward	4x400 Relay	2011-12
Travis Wilson	400-Meter Hurdles	2013
Yonathan Yilma	10,000 Meters	2013

CENTRAL WASHINGTON

Name	Event	Years
Quinton Agosta	Hammer	2012-13
Austin Albertin	400 Hurdles	2022
Geoff Anderson	Steeplechase	2005
Gunner Argo	Decathlon	2005
Cameron Bailey	High Jump	2007
Cameron Bailey	Triple Jump	2006-07
Angus Beaton	Hammer	2021-23
Josh Boston	10,000 Meters	2018
Brennan Boyes	High Jump	2010-11-12-13

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

CENTRAL WASHINGTON CONTINUED

Name	Event	Years	Name	Event	Years
Colby Brydson	400 Meters	2007	Braydon Maier	Pole Vault	2018-19-21
Colby Brydson	4x100 Relay	2007	Braydon Maier	Decathlon	2018-19-21
Colby Brydson	4x400 Relay	2007	Troy Martin	Discus	2013
Jason Bush	800 Meters	2002	Scott McCoy	Pole Vault	2006-07
Aidan Cain	Discus	2019	Ethan Meikle	High Jump	2013
Aidan Cain	Hammer	2019	Danny Melo	Long Jump	2010-11
Jason Caryl	Decathlon	2011-12	Danny Melo	Triple Jump	2011
Alex Clark	110-Meter Hurdles	2005	Lewis Meyers	High Jump	2011
Johan Correa	800 Meters	2023	Michael Morrison	110-Meter Hurdles	2004
Fabien Coutard	100 Meters	2004	Michael Morrison	400-Meter Hurdles	2004
Fabien Coutard	200 Meters	2002-03-04	Michael Morrison	4x400 Relay	2004
Fabien Coutard	4x400 Relay	2004	Michael Morrison	Decathlon	2004
Zachary Davis	100 Meters	2021	Scott Morrison	400 Meters	2010-11
Josh Delay	100 Meters	2002	Martin Napaehi	Discus	2021
Josh Delay	200 Meters	2002	Cameron Neel	Shot Put	2005-06-07
Christian Demouchet	200 Meters	2007	Cameron Neel	Discus	2006-07
Christian Demouchet	4x100 Relay	2007	Kincaid Nichols	100 Meters	2010
Robert Edwards	110-Meter Hurdles	2005-06-07	Mychal Ostler	Hammer	2008-10
Robert Edwards	4x100 Relay	2006-07	Kincaid Nichols	200 Meters	2010
Adrian Elmo	Triple Jump	2007	Kincaid Nichols	4x100 Relay	2010
Tyler Fischer	Shot Put	2008-10	Mike Pankiewicz	800 Meters	2005
Tyler Fischer	Discus	2007-08-10	Mike Pankiewicz	4x400 Relay	2005
Tyler Fischer	Hammer	2008-10	Chris Petersen	Decathlon	2003
Wyatt Franklin	Discus	2023	Justin Peterson	High Jump	2018
Scott Freymond	Triple Jump	2003	Doc Porter	400 Meters	2021
Michael Forster	Decathlon	2018-19	Luke Plummer	Long Jump	2014-15
Jacob Galloway	Shot Put	2005	Luke Plummer	Triple Jump	2014-15-16
Jacob Galloway	Discus	2002-03-05	Eric Reynolds	400 Meters	2005
Demarcus Garner	200 Meters	2013	Eric Reynolds	4x100 Relay	2004
Andy Gundel	4x400 Relay	2005	Eric Reynolds	4x400 Relay	2005
Jonathan Hamilton	High Jump	2007-08	Jason Roberts	100 Meters	2006
Andrew Harris	Hammer	2021	Jason Roberts	4x100 Relay	2006
Ezekiel Hill	200 Meters	2008	Jason Roberts	4x400 Relay	2006
Anthony Hogan	110-Meter Hurdles	2010	Brandon Roddewig	High Jump	2011
Anthony Hogan	4x100 Relay	2010	Brandon Roddewig	Pole Vault	2010-14
Harry Horwath	100 Meters	2019	Brandon Roddewig	Decathlon	2011
Jonathan Hughes	Hammer	2003-05	Matt Rogstad	400 Meters	2007
Scott Hunter	Pole Vault	2010	Matt Rogstad	4x100 Relay	2006-07
Jake Hyde	Long Jump	2010	Matt Rogstad	4x400 Relay	2007
Michael Ingman	Javelin	2007	Beau Ross	Triple Jump	2002-04
Erik Iverson	110-Meter Hurdles	2002	Evan Ruud	Discus	2007
Mike Jensen	Shot Put	2011-12	Evan Ruud	Hammer	2006-07
Mike Jensen	Hammer	2013	Evan Ruud	Javelin	2007
Braden Keller	Javelin	2012	Daryl Schie	4x400 Relay	2007
Mike Kelley	400 Meters	2005-06	Matt Schmitt	10,000 Meters	2002
Mike Kelley	4x400 Relay	2004-05-06	Sam Scotchmer	5,000 Meters	2006
Drew Klein	Pole Vault	2023	Sam Scotchmer	10,000 Meters	2005-07
Drew Klein	Decathlon	2022-23	Trevaughn Scott	400-Meter Hurdles	2016
Kodiak Landis	400 Meters	2018	Neil Small	Steeplechase	2002
Kodiak Landis	Decathlon	2016-17	Joe Smith	Long Jump	2002-03-04
Justin Lawrence	4x100 Relay	2004	Kevin Stanley	Shot Put	2014-15
Justin Lawrence	Long Jump	2002-03	Kevin Stanley	Hammer	2014-15
Justin Lawrence	Triple Jump	2002-03-04	Bernari Sternen	110-Meter Hurdles	2016
Avery Lux	Hammer	2019	Andrew Stiger	Javelin	2008
Bryan Mack	100 Meters	2013	Armando Tafoya	Shot Put	2015
Bryan Mack	4x100 Relay	2010	Armando Tafoya	Discus	2016
Bryan Mack	Long Jump	2013	Armando Tafoya	Hammer	2015-16-17
Bryan Mack	Triple Jump	2012-13	Ryan Thoma	Decathlon	2021
Braydon Maier	110-Meter Hurdles	2018	Jay Thomas	High Jump	2003
Braydon Maier	Long Jump	2021	Jacob Thompson	Pole Vault	2022
			Jordan Todd	100 Meters	2015
			Jordan Todd	200 Meters	2015

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

CENTRAL WASHINGTON CONTINUED

Name	Event	Years
Ethan Tonder	Shot Put	2018-21
Ethan Tonder	Hammer	2021
David Uberti	Hammer	2004
Matt Valdez	Shot Put	2006-07-08
Matt Valdez	Discus	2007-08
Matt Valdez	Hammer	2008
Charles Velasquez	400 Meters	2006
Charles Velasquez	4x400 Relay	2007
Andrew Venema	Decathlon	2013
Andrew Venema	110-Meter Hurdles	2011-12-13
Blake Walker	Discus	2005
Blake Walker	Hammer	2005
Cresap Watson	200 Meters	2006
Cresap Watson	4x100 Relay	2004-06
Cresap Watson	4x400 Relay	2004-06
Cresap Watson	High Jump	2006
Cresap Watson	Decathlon	2004-06
Kurt Weber	100 Meters	2003
Kurt Weber	4x100 Relay	2004
Kurt Weber	Long Jump	2003-04
Isaiah Webster	Long Jump	2023
Isaiah Webster	Triple Jump	2022
Ian Wells	Javelin	2006-08
Aiden Wise	110-Meter Hurdles	2023
Anthony Wright	100 Meters	2010
Anthony Wright	200 Meters	2010
Anthony Wright	4x100 Relay	2010
Zach Whittaker	Triple Jump	2017-18-19
Bobby Widmar	100 Meters	2019
Omar Young	Discus	2021-22
Brandon Zueger	Decathlon	2006

CONCORDIA

Name	Event	Years
Caleb Bridge	Shot Put	2017-18
Caleb Bridge	Discus	2017-18-19
Adam Brown	200 Meters	2019
Adam Brown	400 Meters	2019
Giovanni Brown	110-Meter Hurdles	2019
Giovanni Brown	Triple Jump	2019
Giovanni Brown	Decathlon	2018-19
Jakob Chamberlin	Discus	2017-18
Jakob Chamberlin	Hammer	2018
Easton Christensen	Javelin	2019
Joe Denniston	Hammer	2019
Josh Koch	Shot Put	2016-18-19
Josh Koch	Discus	2016-18
Tyler Lamott	Hammer	2016
Sam Nichols	Shot Put	2019
Carlos Ortiz	100 Meters	2016-17-18
Carlos Ortiz	200 Meters	2016-18
Dalton Rasmussen	Javelin	2019
Jacob Slate	Hammer	2018
Cyrius Vea	Shot Put	2017
Noah Wallace	800 Meters	2018
Robert Watson	Shot Put	2016

HUMBOLDT STATE

Name	Event	Years
TJ Aimonetti	Shot Put	2003
Chris Binschus	800 Meters	2003-05
Sherman Clayton	400 Meters	2003-04
Matt DeShazo	Steeplechase	2006
Doug Hamilton	1,500 Meters	2003
Jacob Hayes	Decathlon	2002
Dave Margraf	Hammer	2002
Justin Miller	100 Meters	2002
Justin Miller	Pole Vault	2002
Justin Miller	Decathlon	2002
Japsen Peach	1,500 Meters	2006
Jasper Peach	5,000 Meters	2006
Jasper Peach	Steeplechase	2006
Brendan Reilly	High Jump	2002-03
Jason Walker	Steeplechase	2002
Jason Walker	5,000 Meters	2002

MONTANA STATE BILLINGS

Name	Event	Years
Ase Ackerman	Steeplechase	2023
Beau Ackerman	Javelin	2017-18-21
Cole Campbell	Pole Vault	2014
Forrest Cross	Shot Put	2022-23
Forrest Cross	Discus	2022-23
Jorey Egeland	5,000 Meters	2018
Jorey Egeland	Steeplechase	2018
Jorey Egeland	Steeplechase	2017
Rahkei Eyer	4x100 Relay	2019
Lamont Frisby	4x100 Relay	2018
Isaiah Girard	High Jump	2018-19-21
Bradley Graves	100 Hurdles	2022
Carson Jessop	Steeplechase	2022-23
Richie Pemberton	Steeplechase	2008
Robert Peterson	1,500 Meters	2014-15
Robert Peterson	Steeplechase	2016
Chase Robinson	1,500 Meters	2014
Tanner Rottrup	Shot Put	2013
Mason Schram	4x100 Relay	2018-19
Kaelen Shay	4x100 Relay	2018-19
Tyson Vanderby	5,000 Meters	2013
Nick Wilson	Javelin	2010
Sam Zook	100 Meters	2017-19
Sam Zook	200 Meters	2017-18
Sam Zook	4x100 Relay	2018-19

NORTHWEST NAZARENE

Name	Event	Years
Jesse Baggenstos	10,000 Meters	2012
Logan Blake	200 Meters	2019
Logan Blake	400 Meters	2019-21
Hunter Braseth	200 Meters	2022-23
Hunter Braseth	4x100 Relay	2022
Colton Burr	Hammer	2022
Ebu Camara	100 Meters	2017
Ebu Camara	400 Meters	2018
Elijah Castro	110-Meter Hurdles	2018
Elijah Castro	Long Jump	2018-19
Rimar Christie	100 Meters	2012-13-14
Rimar Christie	200 Meters	2013
Rimar Christie	4x100 Relay	2013-14

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

NORTHWEST NAZARENE CONTINUED

Name	Event	Years
Andrew Curtis	200 Meters	2011-12
Andrew Curtis	4x100 Relay	2013-14
Brayden Durfee	200 Meters	2023
Zack Dwello	Steeplechase	2003-04
Josh Fishburne	Pole Vault	2003
Andrew Galbraith	High Jump	2012
Michael Gordon	Steeplechase	2015
Anthony Gould	Pole Vault	2004
Josh Grewe	400-Meter Hurdles	2006
Josh Grewe	Decathlon	2007-09
Jonah Groce	High Jump	2023
Greg Hamm	Long Jump	2005
Greg Hamm	Triple Jump	2005-06-07-08
David Harris	4x100 Relay	2014
Josh Heidegger	Javelin	2008
Cody Henderson	4x100 Relay	2013-14
Dylan Hendry	Hammer	2023
Cole Hoberg	High Jump	2014-15-16-17
Jake Hodgekiss	10,000 Meters	2004
Maurus Hope	110-Meter Hurdles	2012
Maurus Hope	400-Meter Hurdles	2010-11-12
Sylvanus Hunt	4x100 Relay	2022
Brody Kemble	5,000 Meters	2023
Brody Kemble	10,000 Meters	2023
Greyson Kilgore	Pole Vault	2014
Greyson Kilgore	Decathlon	2014
William Koenig	Pole Vault	2022
Jake Knight	Shot Put	2019
Jake Knight	Discus	2019
Kevin Lambert	10,000 Meters	2008
Stephen Larlee	Triple Jump	2012-13-14
Payton Lewis	110-Meter Hurdles	2015-17
Payton Lewis	Pole Vault	2015-16-17
Payton Lewis	Decathlon	2015-16-17
Preston Lewis	Pole Vault	2006
Aaron Mathias	5,000 Meters	2004
Zach McClanahan	Pole Vault	2016-17
Zach McClanahan	Long Jump	2016
Brody Monson	Javelin	2021
Chris Mosbacher	400-Meter Hurdles	2004
Chris Mosbacher	Triple Jump	2003-04
Ryan Meier	800 Meters	2004
Grant Miller	Hammer	2011
Andy Peters	Steeplechase	2007
Alan Phillips	Javelin	2006
Gerohm Rihari	High Jump	2022-23
Kevin Rima	Discus	2011-12-14
Brian Roncace	10,000 Meters	2002
Steven Schmidt	High Jump	2022-23
Steven Schmidt	Pole Vault	2023
Steven Schmidt	Decathlon	2022-23
Derek Sepe	4x100 Relay	2013
Tyler Shea	5,000 Meters	2021-22
Tyler Shea	10,000 Meters	2021-22
Micah Spatz	110-Meter Hurdles	2017
Micah Spatz	400-Meter Hurdles	2017
Matt Stark	800 Meters	2011
James Thomas, Jr.	Javelin	2002
Dylan Tidwell	800 Meters	2021
Micah Tranch	High Jump	2017

Caleb Tubei	5,000 Meters	2002
John VanBeuren	Hammer	2018
Laurenz Waldbauer	Javelin	2022
Barak Watson	10,000 Meters	2012
Jared Webster	Pole Vault	2016-17-18
Cameron Willey	4x100 Relay	2022
Nicholas Wong	4x100 Relay	2022
Ben Wornell	5,000 Meters	2002
Eric Zwiefelhofer	Decathlon	2010

SAINT MARTIN'S

Name	Event	Years
Andrew Alfred	Pole Vault	2021
Micah Au-Haup	Shot Put	2021
Andrew Boyd	Decathlon	2022
Craig Boyle	Pole Vault	2019
Edd Brown	100 Meters	2012
Nathan Carlson	1,500 Meters	2002-03-05
Brian Chalkey	Javelin	2015-18
Tyler Cronk	High Jump	2019
Michael Davis	Triple Jump	2013
David Durden	110-Meter Hurdles	2014
David Durden	Decathlon	2014
Ethan Guidry	Javelin	2023
Kevin Johnson	Pole Vault	2012
Joseph Keeton	Pole Vault	2013
Frank Krause	800 Meters	2014
KJ Loreth	400 Meters	2002
Andy Prentice	800 Meters	2003
Andy Prentice	1,500 Meters	2004
John Riak	5,000 Meters	2007
John Riak	10,000 Meters	2006-07-08
Bill Richardson	High Jump	2008
Michael Russell	200 Meters	2021
Josh Schulz	Long Jump	2019-22
Josh Schulz	Triple Jump	2022
Mikel Smith	High Jump	2015-16
Caleb Timmer	800 Meters	2006
Josh Timmer	400-Meter Hurdles	2006
Kyle Van Santen	10,000 Meters	2011
Kauanoë Vanderpoel	Hammer	2017
Sam Washington	Shot Put	2008-12-13
Sam Washington	Discus	2008-12-13
Sam Washington	Hammer	2012
Mitch Wilkens	Hammer	2017
Jaysen Yoro	High Jump	2015
Jaysen Yoro	Decathlon	2015

SEATTLE

Name	Event	Years
Matthew Blaine	800 Meters	2004
Garrett Brown	400-Meter Hurdles	2005
Taylor Choyce	High Jump	2005
Nicholas Dols	800 Meters	2007
Christopher Fussell	100 Meters	2008
Brock Jahner	Decathlon	2007
Steve Manos	5,000 Meters	2003-04
David Nielsen	400 Meters	2002-03
Robert Renninger	5,000 Meters	2006
Daniel Sullivan	400-Meter Hurdles	2007-08

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

SEATTLE PACIFIC

Name	Event	Years
Isaiah Archer	400 Meters	2022-23
AJ Baker	Steeplechase	2011-13
Nathanael Castle	800 Meters	2002
Nathanael Castle	1,500 Meters	2002
Jason Childress	Decathlon	2005
Brian Cronrath	1,500 Meters	2007-08
Andrew Endresen	400-Meter Hurdles	2011
Ryan Endresen	400-Meter Hurdles	2010
Justin Felt	Long Jump	2007
Neal Fryett	800 Meters	2002
Michael Gavareski	800 Meters	2008
Jeff Gordon	200 Meters	2021
Peyton Harris	Long Jump	2016-17
Nate Johnson	Decathlon	2012
Micah Kelly	400-Meter Hurdles	2003
Tim LeCount	5,000 Meters	2004-05
Kainoa Lee	Pole Vault	2022-23
Paul Mach	800 Meters	2005
Paul Mach	400-Meter Hurdles	2002-03
Billy Martin	Javelin	2011
Chad Meis	1,500 Meters	2008
Chad Meis	Steeplechase	2010
David Njeri	Long Jump	2023
David Njeri	Triple Jump	2021-23
Colby Otero	5,000 Meters	2019
Seth Pierson	1,500 Meters	2013
Jesse Phan	800 Meters	2019
Chris Randolph	400 Meters	2005-06
Chris Randolph	Long Jump	2006
Chris Randolph	Discus	2006
Chris Randolph	Decathlon	2003
Nathan Seely	800 Meters	2012
Eddie Strickler	800 Meters	2006-07
Ray Zoellick	Pole Vault	2011

SIMON FRASER

Name	Event	Years
Joshua Adehmar	400-Meter Hurdles	2019
Aaron Ahl	800 Meters	2022
Aaron Ahl	1,500 Meters	2022
Aaron Ahl	Steeplechase	2019
Peter Behncke	Hammer	2014-15-16
Andrew Boss	200 Meters	2011
Andrew Boss	400 Meters	2011
Ryan Brockerville	1,500 Meters	2011
Ryan Brockerville	Steeplechase	2012
Braeden Charlton	Steeplechase	2018
Jarrett Chong	Javelin	2022
Bryan Cortes	Javelin	2022-23
Charlie Dannatt	1,500 Meters	2022-23
Rowan Doherty	1,500 Meters	2017-19
Stuart Ellenwood	4x400 Relay	2015
Dylan Freinhofer	800 Meters	2017
Michael Hutchinson	4x400 Relay	2016
Nate Johnson	Decathlon	2011
Oliver Jorgensen	5,000 Meters	2014
Oliver Jorgensen	Steeplechase	2014-15-17-18
Daniel Kelloway	400 Meters	2014-15-16-17
Daniel Kelloway	4x400 Relay	2015-16
Jorin Lenton	400 Hurdles	2022

Nathan Mah	200 Meters	2017
Sean Miller	5,000 Meters	2018-19
Sviatoslav Moldanov	Triple Jump	2011
Jesaiah Penson-McCoy	100 Meters	2022-23
Jesaiah Penson-McCoy	200 Meters	2022-23
Cameron Proceviat	800 Meters	2014-15-16
Cameron Proceviat	1,500 Meters	2016
Cameron Proceviat	4x400 Relay	2015-16
Adam Reid	800 Meters	2012
Nate St. Romain	400-Meter Hurdles	2019
Marc-Antoine Rouleau	1,500 Meters	2015-16
Vladislav Tsygankov	4x400 Relay	2016
Vladislav Tsygankov	400-Meter Hurdles	2018
Vladislav Tsygankov	Long Jump	2015
Carlos Vargas	1,500 Meters	2019
Travis Vugteveen	1,500 Meters	2013
Joel Webster	400 Meters	2014-15-18
Joel Webster	4x400 Relay	2015
Alex Wu	Long Jump	2014

WESTERN OREGON

Name	Event	Years
Jordan Abbott	Hammer	2003
Carlos Aguilar	Shot Put	2005
Carlos Aguilar	Discus	2005
Carlos Aguilar	Hammer	2004-05
Bobby Alexander	100 Meters	2011
Nate Anderson	110-Meter Hurdles	2002-03
Nate Anderson	400-Meter Hurdles	2002-03
Nate Anderson	4x400 Relay	2002-03
Gabe Arce-Torres	400 Meters	2022
Colin Babcock	Shot Put	2004
Colin Babcock	Discus	2004
Ethan Barrons	Steeplechase	2002-03-05
Brady Beagley	Steeplechase	2013
Codi Blodgett	4x100 Relay	2017
Landon Burningham	400 Meters	2012
Brad Brolin	5,000 Meters	2004-05
Brad Brolin	10,000 Meters	2005
Shane Brooks	Javelin	2013
Brett Campbell	110-Meter Hurdles	2011
Nik Carr	10,000 Meters	2007
Stuart Chaffee	800 Meters	2003
Stuart Chaffee	4x400 Relay	2003
Lee Clarkston	110-Meter Hurdles	2004-06
Lee Clarkston	400-Meter Hurdles	2006
Carraig Colahan	Hammer	2013-14
Samuel Cole	Hammer	2022
Greg Coleman	100 Meters	2004
Karsten Collins	Discus	2021
Owen Collins	Shot Put	2022
Justin Conklin	110-Meter Hurdles	2023
Brandon Conroy	Decathlon	2002-03
Evan Corbin	Javelin	2004
Stuart Corbin	Javelin	2005
Will Crook	Javelin	2011
Justin Crosswhite	1,500 Meters	2021
Josh Cummings	Pole Vault	2004
Damien Davis	110-Meter Hurdles	2002-03
Damien Davis	4x100 Relay	2003
Josh Dempsey	800 Meters	2015
Josh Dempsey	1,500 Meters	2018

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

WESTERN OREGON CONTINUED

Name	Event	Years	Name	Event	Years
Derek Deskins	Javelin	2002	Anthony Marin	Hammer	2006-07
Kaleb Dobson	110-Meter Hurdles	2016	Tom Martin	Javelin	2003
Kaleb Dobson	400-Meter Hurdles	2015-16	Lloyd Massey	110-Meter Hurdles	2007-08
Pro Escobedo	Hammer	2003	Lloyd Massey	400-Meter Hurdles	2007
Jalon Fields	Long Jump	2021	Jeremy Moore	Shot Put	2016
Jalon Fields	Triple Jump	2021	Jeremy Moore	Discus	2015-16
Isaac Frederick	200 Meters	2003-04	Ashtin Mott	400 Meters	2008
Issac Frederick	400 Meters	2003-04	Dustin Nading	800 Meters	2018
Isaac Frederick	4x100 Relay	2003	Dustin Nading	1,500 Meters	2017-18
Isaac Frederick	4x400 Relay	2003	Jason Newton	4x100 Relay	2002
Eric Gaines	Decathlon	2013	Chris Olsen	800 Meters	2013
Derek Gitts	4x100 Relay	2003	Spike Olsen	Pole Vault	2002-03
Austin Goldstein	Javelin	2021	Stuart Powell	Javelin	2005
Dayne Gordien	Shot Put	2023	Kody Reavis	Javelin	2011
Dayne Gordien	Discus	2023	Chris Reed	1,500 Meters	2011
Greg Gottfried	Hammer	2002	Chris Reed	5,000 Meters	2008
Wesley Gray	4x100 Relay	2016-17	Andrew Reinhardt	Javelin	2003-04
Wesley Gray	Triple Jump	2016-17	Kody Rhodes	110-Meter Hurdles	2012-14
Isaiah Haines	Discus	2003-04	Kody Rhodes	400-Meter Hurdles	2012-14
Josh Hanna	800 Meters	2013-16	David Ribich	800 Meters	2017-18
Ryan Hansen	800 Meters	2012-13	David Ribich	1,500 Meters	2015-16-17-18
Mason Hardie	Long Jump	2012-13	Nathan Rowlett	Javelin	2010
Matson Hardie	Triple Jump	2010	Keeton Sanchez	1,500 Meters	2023
Marlon Harrison	Triple Jump	2022	Brad Satran	4x400 Relay	2002-03
Amari Hendrix	400 Meters	2023	Brad Satran	Long Jump	2002-04
Donnie Herneisen	400 Meters	2002	Mike Schmidt	800 Meters	2010
Donnie Herneisen	4x100 Relay	2002	Jason Slowey	Shot Put	2010-11
Donnie Herneisen	4x400 Relay	2002	Jason Slowey	Discus	2010-11
Blake Herrington	Long Jump	2005	Jason Slowey	Hammer	2011
Blake Herrington	Triple Jump	2005	Will Smith	10,000 Meters	2003
Clint Hickey	Decathlon	2008	Brandon Snook	Steeplechase	2011
Mike Hinshaw	100 Meters	2002-03	Dan Sprinkle	1,500 Meters	2012
Mike Hinshaw	200 Meters	2002-03	Dan Sprinkle	Steeplechase	2012
Mike Hinshaw	4x100 Relay	2002-03	Badane Sultessa	800 Meters	2015-16
Mkke Hinshaw	4x400 Relay	2002	Alani Troutman	Long Jump	2017-18
Sam Hobbs	110-Meter Hurdles	2004-05	Zeb Udell	Pole Vault	2007-08
Sam Hobbs	400-Meter Hurdles	2004-05	Zeb Udell	Long Jump	2007-08
Josh Holloway	Hammer	2006	Zeb Udell	Decathlon	2007-08-09
Zach Holloway	Steeplechase	2013-14	Zeke VanPatten	1,500 Meters	2008
Jeff Howard	200 Meters	2013	Dane Wagner	Shot Put	2003
Matt Hutchinson	Javelin	2006	Dane Wagner	Javelin	2003
Jake Hyde	Long Jump	2012	JJ Walker	Decathlon	2021-23
Braxton Jackson	10,000 Meters	2008	Evan Wall	Javelin	2007
Kevin Johnson	Shot Put	2003-04	Spencer Walsh	10,000 Meters	2003-05
Tyler Jones	5,000 Meters	2018	Cody Warner	100 Meters	2015-16
Matt Kaino	400 Meters	2011	Cody Warner	200 Meters	2017
Justin Kline	Shot Put	2006	Cody Warner	4x100 Relay	2016
Justin Kline	Discus	2006	Mark Warren	Shot Put	2023
Emmett Klus	800 Meters	2023	Mark Warren	Hammer	2022
Kyle Lane	Long Jump	2011	Chase Wells	10,000 Meters	2004
Kyle Lane	Triple Jump	2012-14	Jordan Werner	110-Meter Hurdles	2010
Justin Larson	Javelin	2016	Stan Wester	400-Meter Hurdles	2013
Kyle Larson	800 Meters	2010-11	Aaron Whitaker	400 Meters	2016-17
Dominique Loggins	100 Meters	2021-22	Aaron Whitaker	4x100 Relay	2016-17
Jeff Long	800 Meters	2008	Tyrell Williams	100 Meters	2014
Andy Loscutoff	110-Meter Hurdles	2008-10	Tyrell Williams	200 Meters	2014
Andy Loscutoff	Decathlon	2010	Devonte Woods	4x100 Relay	2016-17
Tim Lundy	Pole Vault	2012	Jamil Wynn	4x100 Relay	2002
Jamarian Malley	Long Jump	2008	Jamil Wynn	High Jump	2002
Jerret Mantalas	1,500 Meters	2004-05	Jamil Wynn	Triple Jump	2002

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

WESTERN WASHINGTON

Name	Event	Years	Name	Event	Years
Alex Barry	Javelin	2017-18-19	Thomas Guidon	Pole Vault	2013
Eric Bies	800 Meters	2007	Eric Hamel	5,000 Meters	2021
Alex Binkerd	4x100 Relay	2015	Eric Hamel	10,000 Meters	2021
Zach Boteliho	5,000 Meters	2003	Alex Harrison	Javelin	2010-12
Brian Brancheau	Steeplechase	2003	Alex Harrison	Decathlon	2009-11-12
Sam Brancheau	800 Meters	2004	Kurt Hartmeier	1,500 Meters	2003-04
Sam Brancheau	1,500 Meters	2005	Kurt Hartmeier	5,000 Meters	2003
Sam Brancheau	Steeplechase	2007	Kurt Hartmeier	Steeplechase	2004
Lucas Brenek	4x400 Relay	2021-22-23	John Haskin	Javelin	2014-16
Justin Brewer	Javelin	2004-05	Dylan Hayes	Steeplechase	2019
Keefe Brockman	High Jump	2008-10	Keever Henry	Steeplechase	2006
Keefe Brockman	Triple Jump	2008-10	Slater Hirst	Javelin	2014
Ryan Brown	Pole Vault	2008-10	Michael Hoffman	Discus	2012
Peter Butler	10,000 Meters	2018	Michael Hoffman	Hammer	2010-11-12
Miller Campbell	Hammer	2023	Dylan Hopper	800 Meters	2011
Tysen Campbell	Pole Vault	2015	Verner Hunter	Pole Vault	2005
Frank Catelli	Shot Put	2013-14	Kevin Iverson	Decathlon	2008
Frank Catelli	Discus	2014	Ethan Johnson	4x100 Relay	2023
Tim Clendaniel	Triple Jump	2011	Noah Johnson	100 Meters	2022-23
Ryan Clough	5,000 Meters	2023	Noah Johnson	4x100 Relay	2023
Ryan Clough	10,000 Meters	2023	Tim Jolin	Hammer	2002
Cordell Cummings	110-Meter Hurdles	2018-19-21	Dincer Kayhan	Shot Put	2007
Cordell Cummings	400-Meter Hurdles	2017-18-19-21	Trent Kibler	High Jump	2021
Cordell Cummings	4x400 Relay	2019-21	Edward Kilobasa	10,000 Meters	2019
Costel David	Javelin	2017	Gordie Kordas	Pole Vault	2015
Seren Dances	Long Jump	2018-19-22	Mike Khabibulin	100 Meters	2005-06
Seren Dances	Triple Jump	2023	Mike Khabibulin	200 Meters	2005-06
Mark Daniels	4x100 Relay	2021	Mike Khabibulin	4x100 Relay	2005
Mark Daniels	4x400 Relay	2021-22	Erik Knutsen	Shot Put	2002
Will Davis	Triple Jump	2010	Keenan Komoto	Pole Vault	2013
Michael Dean	400 Meters	2007	Kaleb Korta	Steeplechase	2021
James Deaver	Shot Put	2002	Tony Kyle	Discus	2002
Julius DeFour	High Jump	2004	Tony Kyle	Javelin	2002
Isaac Derline	5,000 Meters	2016	Josh Larson	High Jump	2010
Alex Donigian	100 Meters	2013-14-15-16	Brian Le	4x400 Relay	2022-23
Alex Donigian	200 Meters	2014-15-16	Keith Lemay	1,500 Meters	2006-07
Alex Donigian	4x100 Relay	2015	Ryan Los	400-Meter Hurdles	2002
Jaden Edwards	400-Meter Hurdles	2021-23	Reid Loverkamp	400-Meter Hurdles	2018
Jaden Edwards	4x400 Relay	2023	Matthew Lutz	Steeplechase	2014-15-16
Ben Elder	Shot Put	2010-11	Ryan Macdonald	Shot Put	2012-15
Ben Elder	Discus	2010-11	Ryan Macdonald	Discus	2013-14-15
Tom Farris	Discus	2002-03-04	Ben Malquist	Shot Put	2021-22
Tom Farris	Hammer	2004	Ben Malquist Discus	Discus	2022
Hunter Flick	4x100 Relay	2021	Ryan McArthur	400 Meters	2016
Mac Franks	800 Meters	2021-22	Ryan McArthur	4x400 Relay	2014
Mac Franks	1,500 Meters	2021-22	Cody McCranier	800 Meters	2017
Mac Franks	Steeplechase	2021-22	Kevin McDermott	5,000 Meters	2023
Josh Freeman	Decathlon	2004-05	Kevin McDermott	10,000 Meters	2021-22
Sam Freeman	400-Meter Hurdles	2005	Ian McDole	Shot Put	2002
TJ Garlatz	10,000 Meters	2003	Kyle McGillen	High Jump	2005-06
Jacob Gilbert	Shot Put	2014	Kyle McGillen	Long Jump	2005-06
Jeret Gillingham	Steeplechase	2021-22-23	Blake Medhaug	10,000 Meters	2010
Ryan Greenwalt	4x100 Relay	2023	Mark Mellein	Long Jump	2006
Ryan Greenwalt	Long Jump	2023	Mark Mellein	Triple Jump	2005-06
Bennett Grimes	5,000 Meters	2011	Damian Mercado	High Jump	2021
Bennett Grimes	10,000 Meters	2011	Travis Milbrandt	110-Meter Hurdles	2013-15-16
Shane Gruger	100 Meters	2010-12	Kevin Moen	110-Meter Hurdles	2007
Shane Gruger	200 Meters	2010-12	Logan Myers	110-Meter Hurdles	2013-14
Shane Gruger	4x100 Relay	2012	Logan Myers	High Jump	2014
Shane Gruger	Long Jump	2012	Kevin Myhre	400-Meter Hurdles	2008
			Adam Neff	100 Meters	2005
			Adam Neff	200 Meters	2004-05-06

GNAC MEN'S OUTDOOR TRACK & FIELD CHAMPIONS & AWARD WINNERS

WESTERN WASHINGTON CONTINUED

Name	Event	Years	Name	Event	Years
Adam Neff	400 Meters	2004	Alex Tilley	4x100 Relay	2012
Adam Neff	4x100 Relay	2005	Anthony Tomsich	1,500 Meters	2007-10
Jason Nokes	4x400 Relay	2013	Anthony Tomsich	5,000 Meters	2007
Cory Okazaki	110-Meter Hurdles	2011	David Tran	4x100 Relay	2021
Koby Okezie	110-Meter Hurdles	2019-21-22	David Tran	Long Jump	2021
Andrew Oslin	10,000 Meters	2023	David Tran	Triple Jump	2021
Mark Pangilinan	4x100 Relay	2012	Charlie Tribe	High Jump	2004
Jacob Petz	100 Meters	2003-04	Charlie Tribe	Pole Vault	2004
Brandon Pless	Shot Put	2017	Jaydon Tryon	Javelin	2023
Brandon Pless	Discus	2017	Mike Tully	High Jump	2002
Jon Poolman	400 Meters	2012-13	James Turner	Decathlon	2006
Jon Poolman	4x400 Relay	2013-14	Will Tyler	Pole Vault	2011
Chad Portwood	10,000 Meters	2006	Nathaniel von Tuinen	4x100 Relay	2015
Kacey Provo	Pole Vault	2021	Nathaniel von Tuinen	4x400 Relay	2014
Martin Ranney	1,500 Meters	2002	Hunter Verner	Pole Vault	2003
Dak Riek	5,000 Meters	2013	Phillip Villanueva	400-Meter Hurdles	2010
Dak Riek	10,000 Meters	2012	Ben Wargo	400-Meter Hurdles	2007
Ian Rinefort	4x400 Relay	2019	Calahan Warren	800 Meters	2021
Scott Romney	Pole Vault	2002-05-06	Calahan Warren	1,500 Meters	2021-22
Cal Rosenberg	Pole Vault	2011	Brett Watson	4x100 Relay	2015
Kyler Sager	800 Meters	2019	Brett Watson	High Jump	2012-13-14-15
Tim Satterwhite	Triple Jump	2008	Brett Watson	Long Jump	2015
Ty Schepler	5,000 Meters	2005	Drew Weber	800 Meters	2022
Nathaniel Schmidt	200 Meters	2012	Drew Weber	1,500 Meters	2023
Nathaniel Schmidt	400 Meters	2013	Bryant Welch	200 Meters	2019-21-22
Nathaniel Schmidt	4x400 Relay	2013	Bryant Welch	400 Meters	2019-21-22
Mark Seely	Triple Jump	2015-16-17	Bryant Welch	4x400 Relay	2019-21-22
Logan Senrud	10,000 Meters	2006	Jordan Welling	5,000 Meters	2008-10-11
Logan Senrud	Steeplechase	2005-07	Jordan Welling	10,000 Meters	2010-11
Beau Sheeran	High Jump	2022	Dustin Wilson	110-Meter Hurdles	2003-06
Devon Smith	400 Meters	2013	Dustin Wilson	4x100 Relay	2005
Devon Smith	4x400 Relay	2013-14	Jade Wilson	400-Meter Hurdles	2015-16
Myles Smith	4x400 Relay	2019	Josh Winters	Pole Vault	2008
Brock Steffen	4x100 Relay	2012	Andrew Wise	Steeplechase	2016
Ethan Sterkel	Long Jump	2022	Tyrone Woodard	100 Meters	2021
Adam Thomas	Pole Vault	2018	Tyrone Woodard	4x100 Relay	2021
Dan Thompsen	4x100 Relay	2005	Maurice Woodring	400-Meter Hurdles	2023
Tyler Thornbrue	Pole Vault	2005-07	Maurice Woodring	4x100 Relay	2023
Alex Tilley	100 Meters	2011	Maurice Woodring	4x400 Relay	2023
			Jeff Word	High Jump	2003-04-05
			Kevin Yates	Long Jump	2013-14-17