



# GNAC TRACK & FIELD OUTDOOR NATIONALS PERFORMANCES

Updated Through 2023 Season

## MEN'S NATIONALS YEAR BY YEAR TEAM SCORES

Year	UAA	CWU	CU	HSU	MSUB	NNU	SMU	SPU	SU	SFU	WOU	WWU
2001		48th / 2									52nd / 1	
2002				44th / 3		39th / 8*		51st / 1			44th / 3	
2003											22nd / 10	
2004		49th / 3						32nd / 6			29th / 8	
2005		25th / 8					50th / 1	15th / 15				
2006		27th / 10		50th / 1				27th / 10				
2007		52nd / 1									42nd / 4	37th / 5
2008	19th / 11	42nd / 4					52nd / 2					47th / 3
2009	14th / 19					16th / 14						
2010	14th / 17	57th / 1										18th / 14
2011	19th / 14									28th / 10*	58th / 1	28th / 10
2012	9th / 28											48th / 2
2013	16th / 16											
2014	22nd / 10											15th / 16
2015	30th / 9					40th / 4.5	37th / 6				43rd / 3	23rd / 14
2016	14th / 18						25th / 10			57th / 3	41st / 5	47th / 4
2017	13th / 15					24th / 10	55th / 4			62nd / 2	17th / 13	
2018		44th / 4			44th / 4		61st / 2			44th / 4	13th / 18	40th / 5
2019	28th / 11	60th / 2				52nd / 4						
2021					41st / 5							50th / 3
2022	T-52nd / 1									T-29th / 8		T-52nd / 1
2023										T-41st / 4		

## WOMEN'S NATIONALS YEAR BY YEAR TEAM SCORES

Year	UAA	CWU	CU	HSU	MSUB	NNU	SMU	SPU	SU	SFU	WOU	WWU
2001		36th / 7				NA / 1*		9th / 27			30th / 9	45th / 4
2002		49th / 1		40th / 5				19th / 17			34th / 6	33rd / 8
2003								16th / 14			12th / 15	60th / 0.5
2004		51st / 2						32nd / 8	35th / 5		40th / 4	49th / 3
2005								13th / 20	49th / 3		27th / 11	24th / 10
2006	33rd / 6	26th / 8		54th / 2				26th / 8			38th / 5	21st / 13
2007	40th / 5	30th / 9				51st / 3		7th / 32				17th / 14
2008	55th / 2					22nd / 12		11th / 22			49th / 3	18th / 14
2009						24th / 11		11th / 20			41st / 4	6th / 29.5
2010								17th / 16			35th / 7	39th / 5.5
2011	55th / 2	59th / 1.5						15th / 17		4th / 59*	60th / 1	
2012	11th / 17							13th / 16			33rd / 6	
2013	7th / 29							19th / 15		14th / 18	48th / 3rd	
2014	16th / 16	53rd / 3						23rd / 10		26th / 10		
2015	30th / 9	67th / 1						58th / 2				12th / 18
2016	51st / 3	31st / 8				59th / 1		37th / 7				20th / 14
2017	62nd / 2						27th / 10			56th / 3	37th / 6	27th / 10
2018	8th / 25	50th / 4	11th / 17			40th / 6				35th / 9	14th / 15	55th / 3
2019	7th / 41	20th / 12				29th / 8		32nd / 7		15th / 15	53rd / 3	
2021												
2022								T-30th / 8		T-28th / 9		T-57th / 1
2023										T-26th / 10		T-44th / 4

\* - Denotes finish at NAIA National Championships

NOTE: 2020 NCAA Championships canceled due to COVID-19 outbreak.

# GNAC OUTDOOR TRACK & FIELD NATIONAL MEET RESULTS

## NCAA MEN'S NATIONAL CHAMPIONS BY YEAR

Year	Athlete	Event	Mark
2003	Pro Escobedo, WOU	Hammer	206-4
2005	Chris Randolph, SPU	Decathlon	7,309
2006	Chris Randolph, SPU	Decathlon	7,872
2008	David Registe, UAA	Long Jump	24-8.5
2010	Ryan Brown, WWU	Pole Vault	17-8.5
2011	Ryan Brown, WWU	Pole Vault	17-1.75
2012	Micah Chelimo, UAA	5,000	15:15.85
2013	Cody Parker, UAA	Javelin	255-10
2016	Mikel Smith, SMU	High Jump	7-1/2.16m
2016	Cody Thomas, UAA	Decathlon	7,590
2017	Payton Lewis, NNU	Pole Vault	17-7/5.36m
2017	David Ribich, WOU	1,500	3:49.64
2018	David Ribich, WOU	1,500	3:45.34

## NCAA WOMEN'S NATIONAL CHAMPIONS BY YEAR

Year	Athlete	Event	Mark
2007	Monica Gruszecki, WWU	Javelin	145-8
2007	Teona Perkins, SPU	High Jump	5-10
2007	Jessica Pixler, SPU	1,500	4:22.23
2009	Jessica Pixler, SPU	1,500	4:16.75
2009	Ashley Puga, NNU	800	2:07.24
2010	Jessica Pixler, SPU	1,500	4:15.43
2011	Monica Gruszecki, WWU	Javelin	163-6
2011	Sarah Porter, WWU	10,000	33:17.39
2012	Brittany Aanstad, SPU	Javelin	168-1
2013	Helen Crofts, SFU	800	2:08.18
2013	Ali Worthen, SPU	Heptathlon	5,340
2014	Bethany Drake, WWU	Javelin	165-3
2014	McKayla Fricker, SPU	800	2:06.18
2015	Lindsey Butterworth, SFU	800	2:02.88
2017	Bethany Drake, WWU	Javelin	170-0/51.81
2018	Caroline Kurgat, UAA	5,000	16:22.62
2018	Caroline Kurgat, UAA	10,000	34:13.80
2019	Caroline Kurgat, UAA	5,000	17:10.10
2019	Caroline Kurgat, UAA	10,000	36:34.31

## TOTAL GNAC NATIONAL CHAMPIONS BY SCHOOL

School	Men	Women
Alaska Anchorage	4	4
Northwest Nazarene	1	1
Saint Martin's	1	0
Seattle Pacific	2	6
Simon Fraser	0	1
Western Oregon	3	0
Western Washington	2	4

## OUTDOOR TRACK AND FIELD ALL-AMERICANS

### Sorted By Place And Year

Men	Year	Event	Place
Pro Escobedo, WOU	2003	Hammer	1 <sup>st</sup> , 206-4
Chris Randolph, SPU	2005	Decathlon	1 <sup>st</sup> , 7,309
Chris Randolph, SPU	2006	Decathlon	1 <sup>st</sup> , 7872
David Registe, UAA	2008	Long Jump	1 <sup>st</sup> , 24-8 ½
Ryan Brown, WWU	2010	Pole Vault	1 <sup>st</sup> , 17-8 ½
Ryan Brown, WWU	2011	Pole Vault	1 <sup>st</sup> , 17-1 ¾
Micah Chelimo, UAA	2012	5000	1 <sup>st</sup> , 15:15.85
Cody Parker, UAA	2013	Javelin	1 <sup>st</sup> , 255-10
Mikel Smith, SMU	2016	High Jump	1 <sup>st</sup> , 7-1/2.16
Cody Thomas, UAA	2016	Decathlon	1 <sup>st</sup> , 7,590
Payton Lewis, NNU	2017	Pole Vault	1 <sup>st</sup> , 17-7/5.36
David Ribich, WOU	2017	1,500	1 <sup>st</sup> , 3:49.64
<u>David Ribich, WOU</u>	<u>2018</u>	<u>1,500</u>	<u>1<sup>st</sup>, 3:45.34</u>
Isaiah Haines, WOU	2004	Discus	2 <sup>nd</sup> , 173-11
David Registe, UAA	2009	Long Jump	2 <sup>nd</sup> , 25-11 ½
Josh Heidegger, NNU	2009	Javelin	2 <sup>nd</sup> , 223-2
Demetrius Preston, UAA	2010	Long Jump	2 <sup>nd</sup> , 25-3 ¼
Micah Chelimo, UAA	2012	Steeplechase	2 <sup>nd</sup> , 9:02.75

Franz Burghagen, UAA	2014	Javelin	2 <sup>nd</sup> , 222-7
Slater Hirst, WWU	2015	Javelin	2 <sup>nd</sup> , 230-5
Cody Parker, UAA	2016	Javelin	2 <sup>nd</sup> , 228-11/69.77
<u>Dustin Nading, WOU</u>	<u>2018</u>	<u>1,500</u>	<u>2<sup>nd</sup>, 3:45.57</u>
Chris Randolph, SPU	2004	Decathlon	3 <sup>rd</sup> , 7,030
Cameron Neel, CWU	2006	Discus	3 <sup>rd</sup> , 175-5
Dallas Beaty, NNU	2009	400 Hurdles	3 <sup>rd</sup> , 52.05
Alfred Kangogo, UAA	2011	1,500	3 <sup>rd</sup> , 3:57.25
Cody Parker, UAA	2012	Javelin	3 <sup>rd</sup> , 193-2
Franz Burghagen, UAA	2013	Javelin	3 <sup>rd</sup> , 230-4
Frank Catelli, WWU	2014	Shot Put	3 <sup>rd</sup> , 60-10 ½
Mikel Smith, SMU	2015	High Jump	3 <sup>rd</sup> , 6-11 ¾
Alex Donigian, WWU	2015	100	3 <sup>rd</sup> , 10.38
Payton Lewis, NNU	2016	Pole Vault	3 <sup>rd</sup> , 17-0/5.18
Dominik Notz, UAA	2017	10,000	3 <sup>rd</sup> , 29:41.40
Wesley Kirui, UAA	2019	Steeplechase	3 <sup>rd</sup> , 8:56.33
<u>Charlie Dannatt, SFU</u>	<u>2022</u>	<u>1,500</u>	<u>3<sup>rd</sup>, 3:47.24</u>
Paul Mach, SPU	2005	800	4 <sup>th</sup> , 1:51.70
Cameron Neel, CWU	2005	Shot Put	4 <sup>th</sup> , 57-10 ¼
Anthony Tomsich, WWU	2007	1,500	4 <sup>th</sup> , 3:48.72
Marko Cheseto, UAA	2009	5,000	4 <sup>th</sup> , 14:25.82
David Registe, UAA	2011	Long Jump	4 <sup>th</sup> , 24-11 ¼
Slater Hirst, WWU	2014	Javelin	4 <sup>th</sup> , 216-7
Alex Donigian, WWU	2014	100	5 <sup>th</sup> , 10.61
Payton Lewis, NNU	2015	Pole Vault	4 <sup>th</sup> , 16-10 ¾
Dominik Notz, UAA	2015	10,000	4 <sup>th</sup> , 30:01.43
Alex Barry, WWU	2018	Javelin	4 <sup>th</sup> , 224-4/68.38
Edwin Kangogo, UAA	2019	Steeplechase	4 <sup>th</sup> , 8:57.86
<u>Beau Ackerman, MSUB</u>	<u>2021</u>	<u>Javelin</u>	<u>4<sup>th</sup>, 231-10</u>
Cameron Neel, CWU	2006	Shot Put	5 <sup>th</sup> , 56-4
Zeb Udell, WOU	2007	Pole Vault	5 <sup>th</sup> , 16-2 ¾
Tyler Fischer, CWU	2008	Discus	5 <sup>th</sup> , 173-10
Javelin	2010	Javelin	5 <sup>th</sup> , 200-9
Alfred Kangogo, UAA	2012	1,500	5 <sup>th</sup> , 4:15.18
Franz Burghagen, UAA	2015	Javelin	5 <sup>th</sup> , 223-11
John Haskin, WWU	2015	Javelin	5 <sup>th</sup> , 211-6/64.48
David Ribich, WOU	2016	1,500	5 <sup>th</sup> , 3:50.76
Beau Ackerman, MSUB	2018	Javelin	5 <sup>th</sup> , 223-3/68.04
Kodiak Landis, CWU	2018	Decathlon	5 <sup>th</sup> , 7,207
Vladislav Tsygankov, SFU	2018	400 Hurdles	5 <sup>th</sup> , 51.55
Jake Knight, NNU	2019	Discus	5 <sup>th</sup> , 181-11
<u>Charlie Dannatt, SFU</u>	<u>2023</u>	<u>1,500</u>	<u>5<sup>th</sup>, 3:54.58</u>
Erik Lanigan, CWU	2001	High Jump	6 <sup>th</sup> , 6-8 ¼
Jason Walker, HSU	2002	Steeplechase	6 <sup>th</sup> , 9:33.78
Jamil Wynn, WOU	2002	Long Jump	6 <sup>th</sup> , 25-2 ¾
Justin Lawrence, CWU	2004	Triple Jump	6 <sup>th</sup> , 49-9 ¾
Mike Pankiewicz, CWU	2005	800	6 <sup>th</sup> , 1:52.36
Keith Lemay, WWU	2008	800	6 <sup>th</sup> , 1:51.62
Shaun Ward, UAA	2009	400 Hurdles	6 <sup>th</sup> , 52.87
Marko Cheseto, UAA	2010	5,000	6 <sup>th</sup> , 14:15.12
Marko Cheseto, UAA	2010	10,000	6 <sup>th</sup> , 30:36.40
Micah Chelimo, UAA	2011	Steeplechase	6 <sup>th</sup> , 8:56.74
Justin Larson, WOU	2011	Javelin	6 <sup>th</sup> , 218-0
Marc-Antoine Rouleau, SFU	2016	1,500	6 <sup>th</sup> , 3:50.78
Edwin Kangogo, UAA	2017	Steeplechase	6 <sup>th</sup> , 8:56.21
Dustin Nading, WOU	2017	1,500	6 <sup>th</sup> , 3:51.50
Mikel Smith, SMU	2017	High Jump	6 <sup>th</sup> , 6-10.75/2.10
Easton Christensen, CU	2019	Javelin	6 <sup>th</sup> , 214-5
<u>Calahan Warren, WWU</u>	<u>2021</u>	<u>1,500 Meters</u>	<u>6<sup>th</sup>, 3:53.68</u>
Sam Washington, SMU	2008	Shot Put	7 <sup>th</sup> , 54-10
Marko Cheseto, UAA	2009	10,000	7 <sup>th</sup> , 30:28.81
Micah Chelimo, UAA	2010	Steeplechase	7 <sup>th</sup> , 8:59.23
Alex Harrison, WWU	2012	Decathlon	7 <sup>th</sup> , 6,677
Cody Thomas, UAA	2014	Decathlon	7 <sup>th</sup> , 7,189
Tevin Gladden, UAA	2017	High Jump	7 <sup>th</sup> , 6-10.75/2.10
Vladislav Tsygankov, SFU	2017	400 Hurdles	7 <sup>th</sup> , 52.15
Brian Chalkley, SMU	2018	Javelin	7 <sup>th</sup> , 218-0/66.46
Braydon Maier, CWU	2019	Decathlon	7 <sup>th</sup> , 6,854
<u>Jarrett Chong, SFU</u>	<u>2022</u>	<u>Javelin</u>	<u>7<sup>th</sup>, 212-9</u>

# GNAC OUTDOOR TRACK & FIELD NATIONAL MEET RESULTS

## MEN'S OUTDOOR ALL-AMERICANS CONTINUED

Mike Hinshaw, WOU	2001	100	8 <sup>th</sup> , 10.50
Nathanael Castle, SPU	2002	1,500	8 <sup>th</sup> , 3:53.82
Nathan Carlson, SMU	2005	1,500	8 <sup>th</sup> , 3:50.18
Jasper Peach, HSU	2006	Steeplechase	8 <sup>th</sup> , 9:27.45
Evan Ruud, CWU	2007	Hammer	8 <sup>th</sup> , 185-0
David Kiplagat, UAA	2008	Steeplechase	8 <sup>th</sup> , 9:14.79
Cory Pena, UAA	2009	800	8 <sup>th</sup> , 1:52.26
Alfred Kangogo, UAA	2010	1,500	8 <sup>th</sup> , 3:49.65
Tyler Fischer, CWU	2010	Hammer	8 <sup>th</sup> , 193-2
Will Crook, WOU	2011	Javelin	8 <sup>th</sup> , 196-3
John Haskin, WWU	2014	Javelin	8 <sup>th</sup> , 204-11
Sam Naffziger, WOU	2016	1,500	8 <sup>th</sup> , 3:52.37
Calahan Warren, WWU	2022	1,500	8 <sup>th</sup> , 3:49.26
Coleman Nash, UAA	2022	5,000	8 <sup>th</sup> , 14:05.62

## Men's Relay All-Americans

Alaska Anchorage	2017	4x400 Relay	4 <sup>th</sup> , 3:10.86
Nicholas Taylor, Liam Lindsay, Travis Turner, Adam Commandeur			

## Most All-American Awards – Men

4	Micah Chelimo, UAA
	Marko Cheseto, UAA
3	Chris Randolph, SPU
	Cameron Neel, CWU
	David Registe, UAA
	Franz Burghagen, UAA
	David Ribich, WOU

## Women

Year	Event	Place
Ashley Puga, NNU	2009	800 1 <sup>st</sup> , 2:07.24
Helen Crofts, SFU	2013	800 1 <sup>st</sup> , 2:08.18
McKayla Fricker, SPU	2014	800 1 <sup>st</sup> , 2:06.18
Lindsey Butterworth, SFU	2015	800 1 <sup>st</sup> , 2:02.88
Jessica Pixler, SPU	2007	1500 1 <sup>st</sup> , 4:22.23
Jessica Pixler, SPU	2009	1500 1 <sup>st</sup> , 4:16.75
Jessica Pixler, SPU	2010	1500 1 <sup>st</sup> , 4:15.43
Sarah Porter, WWU	2011	10,000 1 <sup>st</sup> , 33:17.39
Teona Perkins, SPU	2007	High Jump 1 <sup>st</sup> , 5-10
Monika Gruszecki, WWU	2007	Javelin 1 <sup>st</sup> , 145-8
Monika Gruszecki, WWU	2011	Javelin 1 <sup>st</sup> , 163-6
Brittany Aanstad, SPU	2012	Javelin 1 <sup>st</sup> , 168-1
Bethany Drake, WWU	2014	Javelin 1 <sup>st</sup> , 165-3
Ali Worthen, SPU	2013	Heptathlon 1 <sup>st</sup> , 5340
Bethany Drake, WWU	2017	Javelin 1 <sup>st</sup> , 170-0/51.81
Caroline Kurgat, UAA	2018	5,000 1 <sup>st</sup> , 16:22.62
Caroline Kurgat, UAA	2018	10,000 1 <sup>st</sup> , 34:13.80
Caroline Kurgat, UAA	2019	5,000 1 <sup>st</sup> , 17:10.10
Caroline Kurgat, UAA	2019	10,000 1 <sup>st</sup> , 36:34.31
Jessica Pixler, SPU	2007	800 2 <sup>nd</sup> , 2:07.90
Jane Larson, SPU	2008	3000 2 <sup>nd</sup> , 9:41.20
Susan Tanui, UAA	2012	Steeplechase 2 <sup>nd</sup> , 10:28.26
Susan Tanui, UAA	2013	Steeplechase 2 <sup>nd</sup> , 10:38.36
Katelyn Steen, WWU	2015	Steeplechase 2 <sup>nd</sup> , 10:13.93
Sarah Porter, WWU	2011	5000 2 <sup>nd</sup> , 16:23.08
Sarah Porter, WWU	2010	10,000 2 <sup>nd</sup> , 34:49.60
Holly Conrad, WOU	2001	Javelin 2 <sup>nd</sup> , 151-5
Stephanie Huffman, SPU	2002	Javelin 2 <sup>nd</sup> , 149-9
Katie McMeel, CWU	2006	Javelin 2 <sup>nd</sup> , 160-4
Monika Gruszecki, WWU	2008	Javelin 2 <sup>nd</sup> , 152-3
Brittany Aanstad, SPU	2011	Javelin 2 <sup>nd</sup> , 151-1
Katie Reichert, WWU	2014	Javelin 2 <sup>nd</sup> , 165-2
Danielle Ayers-Stamper, SPU	2003	Heptathlon 2 <sup>nd</sup> , 5120
Danielle Ayers-Stamper, SPU	2005	Heptathlon 2 <sup>nd</sup> , 5606
Karolin Anders, UAA	2014	Heptathlon 2 <sup>nd</sup> , 5375
Bethany Drake, WWU	2016	Javelin 2 <sup>nd</sup> , 177-9/54.18
Taylor Fettig, CWU	2016	High Jump 2 <sup>nd</sup> , 5-8/1.73
Addy Townsend, SFU	2018	1,500 2 <sup>nd</sup> , 4:23.68
Ellie Logan, NNU	2019	Javelin 2 <sup>nd</sup> , 165-2
Alison Andrews-Paul, SFU	2022	800 2 <sup>nd</sup> , 2:06.47

Sarah Kraybill, SPU	2003	800	3 <sup>rd</sup> , 2:08.41
Ashley Puga, NNU	2008	800	3 <sup>rd</sup> , 2:10.23
Ashley Puga, NNU	2008	1500	3 <sup>rd</sup> , 4:30.07
Ivy O'Guinn, UAA	2014	1500	3 <sup>rd</sup> , 4:26.70
Ashlee Vincent, WWU	2003	5000	3 <sup>rd</sup> , 16:59.08
Sarah Porter, WWU	2010	5000	3 <sup>rd</sup> , 16:23.52
Ruth Keino, UAA	2013	5000	3 <sup>rd</sup> , 17:11.14
Katelyn Steen, WWU	2015	5000	3 <sup>rd</sup> , 16:46.36
Ruth Keino, UAA	2013	10,000	3 <sup>rd</sup> , 36:17.26
Stephanie Huffman, SPU	2001	Javelin	3 <sup>rd</sup> , 149-10
Lauren VerMulm, SPU	2008	Javelin	3 <sup>rd</sup> , 150-4
Jeeni Schantin, SPU	2009	Javelin	3 <sup>rd</sup> , 153-11
Carly Andrews, SPU	2011	Javelin	3 <sup>rd</sup> , 144-9
Amanda Schumaker, WOU	2012	Javelin	3 <sup>rd</sup> , 158-5
Jennifer Dunkin, WOU	2003	Hammer	3 <sup>rd</sup> , 184-3
Stephanie Huffman, SPU	2002	Heptathlon	3 <sup>rd</sup> , 5389
Ali Worthen, SPU	2012	Heptathlon	3 <sup>rd</sup> , 5297
Katie Reichert, WWU	2016	Javelin	3 <sup>rd</sup> , 177-3/54.03
Olivia Woods, WOU	2017	800	3 <sup>rd</sup> , 2:07.38
Melissa Ausman, CU	2018	Discus	3 <sup>rd</sup> , 173-10/52.98
Ellie Logan, NNU	2018	Javelin	3 <sup>rd</sup> , 155-1/47.26
Julia Howley, SFU	2019	Steeplechase	3 <sup>rd</sup> , 10:27.05
Christina MacDonald, CU	2018	Hammer	3 <sup>rd</sup> , 204-9/62.42
Sidney Trinidad, CWU	2019	400 Hurdles	3 <sup>rd</sup> , 59.49
Marie-Éloise Leclair, SFU	2023	200	3 <sup>rd</sup> , 23.14
Mary Pearce, UAA	2007	400	4 <sup>th</sup> , 53.56
Lindsey Butterworth, SFU	2013	800	4 <sup>th</sup> , 2:10.03
Rachel Ross, SPU	2001	1500	4 <sup>th</sup> , 4:35.91
Sarah Forrey, CWU	2001	3000	4 <sup>th</sup> , 10:02.14
Katie Hummel, CWU	2007	3000	4 <sup>th</sup> , 9:56.24
Kelly Fullerton, SU	2004	Steeplechase	4 <sup>th</sup> , 10:45.35
Katelyn Steen, WWU	2014	Steeplechase	4 <sup>th</sup> , 10:22.66
Susan Tanui, UAA	2013	5000	4 <sup>th</sup> , 17:12.78
Monica Smith, WOU	2005	100 Hurdles	4 <sup>th</sup> , 14.34
Heidi Dimmitt, WWU	2008	400 Hurdles	4 <sup>th</sup> , 1:00.52
Haleigh Lloyd, UAA	2015	400 Hurdles	4 <sup>th</sup> , 59.17
Monica Smith, WOU	2003	High Jump	4 <sup>th</sup> , 5-7
Katie Droz, HSU	2001	Javelin	4 <sup>th</sup> , 146-5
Lauren VerMulm, SPU	2005	Javelin	4 <sup>th</sup> , 144-10
Jeeni Schantin, SPU	2008	Javelin	4 <sup>th</sup> , 145-9
Brittany Aanstad, SPU	2010	Javelin	4 <sup>th</sup> , 145-8
Stephanie Huffman, SPU	2001	Heptathlon	4 <sup>th</sup> , 4898
Danielle Ayers-Stamper, SPU	2004	Heptathlon	4 <sup>th</sup> , 4955
Bridget Johnson, WOU	2006	Heptathlon	4 <sup>th</sup> , 5080
Deanna Avalos, SMU	2017	Javelin	4 <sup>th</sup> , 157-5/47.98
Kirby Neale, SMU	2017	Hammer	4 <sup>th</sup> , 194-8/59.34
Danielle McCormick, UAA	2018	800	4 <sup>th</sup> , 2:06.34
Kennedy Rufener, WOU	2018	10,000	4 <sup>th</sup> , 35:05.91
Suzie Van De Grift, WOU	2018	1,500	4 <sup>th</sup> , 4:23.87
Julia Howley, SFU	2019	5,000	4 <sup>th</sup> , 17:22.23
Danielle McCormick, UAA	2019	1,500	4 <sup>th</sup> , 2:09.71
Annika Esvelt, SPU	2022	10,000	4 <sup>th</sup> , 33:51.65
Mary Pearce, UAA	2006	400	5 <sup>th</sup> , 54.20
Ellie Siler, WWU	2009	400	5 <sup>th</sup> , 55.46
Rachel Ross, SPU	2001	800	5 <sup>th</sup> , 2:13.90
Annan Applebee, WOU	2009	800	5 <sup>th</sup> , 2:13.01
Jane Larson, SPU	2009	1500	5 <sup>th</sup> , 4:32.45
Sarah Porter, WWU	2009	10,000	5 <sup>th</sup> , 36:02.72
Heidi Dimmitt, WWU	2009	400 Hurdles	5 <sup>th</sup> , 1:00.83
Allyson Studer, SPU	2001	Pole Vault	5 <sup>th</sup> , 11-9 ¾
Danielle Juarez, WWU	2002	Pole Vault	5 <sup>th</sup> , 11-10
Amy Harris, SPU	2005	Pole Vault	5 <sup>th</sup> , 12-2
Stacy Hopkins, WWU	2003	Javelin	5 <sup>th</sup> , 146-7
Lauren VerMulm, SPU	2006	Javelin	5 <sup>th</sup> , 153-2
Brittany Bekins, SPU	2007	Javelin	5 <sup>th</sup> , 138-1
Carolanne Powers, WOU	2010	Javelin	5 <sup>th</sup> , 144-9
Seabre Church, WOU	2014	Javelin	5 <sup>th</sup> , 156-3
Katie Reichert, WWU	2015	Javelin	5 <sup>th</sup> , 161-8
Kristin Hepler, WOU	2003	Hammer	5 <sup>th</sup> , 177-0
Jaci Cederberg, WOU	2004	Hammer	5 <sup>th</sup> , 176-6

# GNAC OUTDOOR TRACK & FIELD NATIONAL MEET RESULTS

## WOMEN'S OUTDOOR ALL-AMERICANS CONTINUED

Karolin Anders, UAA	2013	Heptathlon	5 <sup>th</sup> , 5000
Lynelle Decker, SPU	2016	800	5 <sup>th</sup> , 2:09.08
Kate Lilly, SPU	2019	5,000	5 <sup>th</sup> , 17:23.33
Marie-Éloïse Leclair, SFU	2023	100	5 <sup>th</sup> , 11.22
Marian Ledesma, WWU	2023	800	5 <sup>th</sup> , 2:09.92
Jamie Ashcroft, UAA	2015	100	6 <sup>th</sup> , 11.65
Ashley Puga, NNU	2006	800	6 <sup>th</sup> , 4:32.22
Sarah Sawatzky, SFU	2013	800	6 <sup>th</sup> , 2:10.87
Karen Summers, SPU	2001	400 Hurdles	6 <sup>th</sup> , 1:01.40
Kelly Fullerton, SU	2005	Steeplechase	6 <sup>th</sup> , 10:53.07
Jessica Harper, WOU	2008	Steeplechase	6 <sup>th</sup> , 10:44.22
Monica Smith, WOU	2005	High Jump	6 <sup>th</sup> , 5-8 ½
Clara Cook, WWU	2006	High Jump	6 <sup>th</sup> , 5-7
Taylor Fettig, CWU	2014	High Jump	6 <sup>th</sup> , 5-7
Emily Warman, WWU	2012	Triple Jump	6 <sup>th</sup> , 40-7
Holly Conrad, WOU	2002	Javelin	6 <sup>th</sup> , 136-5
Sara Johnson, SPU	2004	Javelin	6 <sup>th</sup> , 145-3
Katie McMeel, CWU	2007	Javelin	6 <sup>th</sup> , 138-1
Amanda Schumaker, WOU	2010	Javelin	6 <sup>th</sup> , 144-5
Amanda Schumaker, WOU	2013	Javelin	6 <sup>th</sup> , 152-0
Bridget Johnson, WOU	2005	Heptathlon	6 <sup>th</sup> , 5073
Kelsey Cooley, SPU	2006	Heptathlon	6 <sup>th</sup> , 4930
Ali Worthen, SPU	2011	Heptathlon	6 <sup>th</sup> , 5044
Katy Gross, SPU	2013	Heptathlon	6 <sup>th</sup> , 4986
Lynelle Decker, SPU	2016	1,500	6 <sup>th</sup> , 4:25.02
Caroline Kurgat, UAA	2016	5,000	6 <sup>th</sup> , 16:44.84
Melissa Ausman, CU	2018	Shot Put	6 <sup>th</sup> , 50-6.25/15.40
Raquel Pellecer, WWU	2018	Javelin	6 <sup>th</sup> , 148-8/45.32
Alana Mussatto, SFU	2019	800	6 <sup>th</sup> , 2:11.38
Darian Wilson, WOU	2019	Javelin	6 <sup>th</sup> , 155-0
Vanessa Aniteye, SPU	2022	400	6 <sup>th</sup> , 53.64
Terran Legard, CWU	2004	400	7 <sup>th</sup> , 54.86
Lynelle Decker, SPU	2015	800	7 <sup>th</sup> , 2:08.42
Ivy O'Guinn, UAA	2012	1500	7 <sup>th</sup> , 4:41.98
Amy Forrey, CWU	2001	5000	7 <sup>th</sup> , 17:17.41
Mandy Kaempf, UAA	2006	5000	7 <sup>th</sup> , 18:06.75
Sarah Porter, WWU	2009	5000	7 <sup>th</sup> , 17:02.19
Ruth Keino, UAA	2012	5000	7 <sup>th</sup> , 17:57.33
Joyce Kipchumba, UAA	2014	10,000	7 <sup>th</sup> , 35:35.61
Suzie Strickler, SPU	2008	Steeplechase	7 <sup>th</sup> , 10:45.54
Danielle Ayers-Stamper, SPU	2005	100 Hurdles	7 <sup>th</sup> , 14.39
Haleigh Lloyd, UAA	2012	400 Hurdles	7 <sup>th</sup> , 59.91
Ally Studer, SPU	2002	Pole Vault	7 <sup>th</sup> , 11-10
Kati Davis, CWU	2011	Pole Vault	7 <sup>th</sup> , 12-0 ½
Karis Anderson, WWU	2011	Pole Vault	7 <sup>th</sup> , 12-0 ½
Kim Brady, UAA	2008	Triple Jump	7 <sup>th</sup> , 39-2 ¼
Jennifer Dunkin, WOU	2002	Hammer	7 <sup>th</sup> , 168-5
Audrey Oswald, HSU	2006	Hammer	7 <sup>th</sup> , 172-6
Dionna Anderson, SPU	2002	Shot Put	7 <sup>th</sup> , 46-3 ¼
Katie Reichert, WWU	2012	Javelin	7 <sup>th</sup> , 152-5
Kelsea Johnson, UAA	2012	Heptathlon	7 <sup>th</sup> , 4927
Danielle McCormick, UAA	2017	800	7 <sup>th</sup> , 2:08.72

Olivia Woods, WOU	2017	800	7 <sup>th</sup> , 2:09.22
Christina MacDonald, CU	2018	Shot Put	7 <sup>th</sup> , 50-4.75/15.36
Renick Meyer, SPU	2018	Long Jump	7 <sup>th</sup> , 19-9.75/6.04
Renick Meyer, SPU	2018	Heptathlon	7 <sup>th</sup> , 4,992
Darian Wilson, WOU	2018	Javelin	7 <sup>th</sup> , 147-9/45.04
Scout Cai, SPU	2019	Heptathlon	7 <sup>th</sup> , 5,054
Chrisalyn Johnson, UAA	2019	Triple Jump	7 <sup>th</sup> , 41-4.25
Alexa Shindruk, CWU	2019	5,000	7 <sup>th</sup> , 17:27.20
Alexa Shindruk, CWU	2019	10,000	7 <sup>th</sup> , 38:04.69
Mariah Vongsaveng, CWU	2019	100 Hurdles	7 <sup>th</sup> , 13.87
Lisa Anderberg, SPU	2008	800	8 <sup>th</sup> , 2:12.65
Lisa Anderberg, SPU	2010	800	8 <sup>th</sup> , 2:10.37
Susan Bick, UAA	2011	1500	8 <sup>th</sup> , 2:17.21
Alicen Maier, CWU	2002	1500	8 <sup>th</sup> , 4:36.63
Ashley Puga, NNU	2009	1500	8 <sup>th</sup> , 4:35.45
Susan Tanui, UAA	2012	5000	8 <sup>th</sup> , 18:00.06
Ruth Keino, UAA	2011	10,000	8 <sup>th</sup> , 34:30.53
Jill Salmon, WOU	2002	Steeplechase	8 <sup>th</sup> , 11:27.49
Dani Eggleston, CWU	2015	Steeplechase	8 <sup>th</sup> , 10:38.79
Danielle Juarez, WWU	2004	Pole Vault	8 <sup>th</sup> , 11-7 ¾
Karis Anderson, WWU	2012	Pole Vault	8 <sup>th</sup> , 12-3 ½
Kellie Kathman, WOU	2001	Javelin	8 <sup>th</sup> , 137-4
Amanda Schumaker, WOU	2011	Javelin	8 <sup>th</sup> , 137-10
Krissy Tandle, CWU	2007	Shot Put	8 <sup>th</sup> , 46-1 ½
Kelsey Cooley, SPU	2005	Heptathlon	8 <sup>th</sup> , 4926
Linda Blake, SPU	2008	Heptathlon	8 <sup>th</sup> , 4746
Karolin Anders, UAA	2015	Heptathlon	8 <sup>th</sup> , 5092
Ellie Logan, NNU	2016	Javelin	8 <sup>th</sup> , 161-11/49.35
Reta Dobie, SFU	2018	Steeplechase	8 <sup>th</sup> , 10:27.35
Scout Cai, SPU	2019	Pole Vault	8 <sup>th</sup> , 12-8.75
Sophie Dodd, SFU	2019	800	8 <sup>th</sup> , 2:15.37
Amanda Short, WWU	2022	Javelin	8 <sup>th</sup> , 149-0

## Women's All-American Relays

Seattle Pacific	2013	4x400 Relay	7 <sup>th</sup> , 3:43.40
Kishia Mitchell, Emily Quatier, McKayla Fricker, Jasmine Johnson			
Western Oregon	2018	4x400 Relay	8 <sup>th</sup> , 3:44.58
Grayson Burke, Megan Rose, Suzie Van De Grift, Olivia Woods			
Alaska Anchorage	2019	4x400 Relay	8 <sup>th</sup> , 3:47.87
Vanessa Aniteye, Danielle McCormick, Marie Ries, Tylantiss Atlas			
Simon Fraser	2022	4x400 Relay	8 <sup>th</sup> , 3:41.17
Erika Binder, Alison Andrews-Paul, Marie-Éloïse Leclair, Emily Lindsay			

## Most All-American Awards – Women

6	Sarah Porter, WWU
5	Ashley Puga, NNU
4	Stephanie Huffman, SPU
	Danielle Ayers-Stamper, SPU
	Jessica Pixler, SPU
	Ruth Keino, UAA
	Susan Tanui, UAA
	Amanda Schumaker, WOU
	Caroline Kurgat, UAA

# GNAC OUTDOOR TRACK & FIELD NATIONAL MEET RESULTS

## YEARLY NCAA OUTDOOR CHAMPIONSHIPS RESULTS

### 2001 (May 24-26 at San Angelo, Texas)

**MEN: Team Scores** – 1. St. Augustine's 80, 2. Abilene Christian 59, 3. UC Davis 51 ½, 4. Central Missouri 42, 5. Angelo State 40, 48. Central Washington 2, 52. Western Oregon 1.  
**Thursday:** 100 - Mike Hinshaw, WOU, 10<sup>th</sup> in prelims, 10.57, 8<sup>th</sup> in semis, 10.70; Ryan Brown, WOU, 27<sup>th</sup> in prelims, 11.32. Steeplechase – Jason Walker, HSU, 11<sup>th</sup> in prelims, 9:12.58. **Friday:** Steeplechase – 9. Jason Walker, HSU, 9:15.13. High Jump – 6. Erik Lanigan, CWU, 6-8 ¼; 11. Nathan Lindeman, WWU, 6-6 ¼. **Saturday:** Javelin – 15. Travis Huntsinger, WWU, 54.36 – 178-4. 100 – 8. Mike Hinshaw, WOU, 10.50.

**WOMEN: Team Scores** - 1. St. Augustine's 80, 2. Western State, Colo., 59, 3. Lewis 47, 4. Abilene Christian 45 ½, 5. UC Davis 42, 9. Seattle Pacific 27, 30. Western Oregon 9, 36. Central Washington 7, 40. Humboldt State 5. **Thursday:** 400 - Cyrena Bell, SPU, 14<sup>th</sup> in prelims, 57.90. 1500 - Rachel Ross, SPU, 4<sup>th</sup> in prelims, 4:39.97. 400 Hurdles – Karen Summers, SPU, 6<sup>th</sup> in prelims, 61.13; Cassie Moorhouse, WOU, 21<sup>st</sup> in prelims, 65.81. **Friday:** Heptathlon – 4. Stephanie Huffman, SPU, 4898 (Day 1, 100 Hurdles – 15.21; High Jump, 1.66 – 5-5 ¼; Shot Put, 10.79 – 35-5; 200, 26.89. Day 2, Long Jump, 5.36 – 17-7; Javelin, 41.68 – 136-9; 800, 2:36.27). 100 Hurdles – Kate Herber, WWU, 10<sup>th</sup> in prelims, 14.74. 3000 – 4. Sarah Forrey, CWU, 10:02.14. 800 – Rachel Ross, 2<sup>nd</sup> in prelims, 2:08.52; Sarah Kraybill, SPU, 20<sup>th</sup> in prelims, 2:16.81. Pole Vault – 5. Allyson Studer, SPU, 3.60 – 11-9 ¾; 9. Danielle Juarez, WWU, 3.60 – 11-9 ¾. 5000 – Amy Forrey, CWU, 4<sup>th</sup> in prelims, 17:50.99; Sarah Forrey, CWU, 14<sup>th</sup> in prelims, 18:11.66. 4x400 Prelims – Seattle Pacific (Cyrena Bell, Rachel Ross, Sarah Kraybill, Karen Summers), 13<sup>th</sup> in prelims, 3:54.77. **Saturday:** 1500 – 4. Rachel Ross, SPU, 4:35.91. 800 – 5. Rachel Ross, SPU, 2:13.90. 5000 – 7. Amy Forrey, CWU, 17:17.41. 400 Hurdles – 6. Karen Summers, SPU, 61.40. Javelin – 2. Holly Conrad, WOU, 46.16 - 151-5; 3. Stephanie Huffman, SPU, 45.66 - 149-10; 4. Katie Droz, HSU, 44.62 - 146-5; 8. Kellie Kathman, WOU, 41.86 - 137-4.

### 2002 (May 23-25 at Edwardsville, Ill.)

**MEN: Team Scores** - 44. Humboldt State and Western Oregon 3; 51. Seattle Pacific 1. **Thursday:** 1500 - Heat 1, 5. Nathan Carlson, SMC, 3:53.60 (advances); 6. Nathanael Castle, SPU, 3:53.66 (advances), 10,000 - 10. Sean Rivers, UAA, 31:45.21. Steeplechase - Heat 2, 3. Jason Walker, HSU, 9:33.21 (advances). Long Jump - 6. Jamil Wynn, WOU, 7.69 - 25-2 ¾. Hammer - 15. Dave Margraf, HSU, 49.38 - 162-0. **Friday:** 200 - Heat 1, Mike Hinshaw, WOU, 21.11. Steeplechase - 6. Jason Walker, HSU, 9:33.78. 5000 - Heat 1, 6. Sean Rivers, UAA, 15:22.01; 9. Jason Walker, HSU, 16:19.42. Pole Vault - 11. Justin Miller, HSU, 4.83 - 15-10. **Saturday:** 1500 - 8. Nathanael Castle, SPU, 3:53.82; 10. Nathan Carlson, SMC, 3:58.33.

**WOMEN: Team Scores** - 19. Seattle Pacific 17; 34. Western Oregon 6; 45. Western Washington 4; 49. Central Washington 1. **Thursday:** 1500 - Heat 2, 3. Alicen Maier, CWU, 4:36.24 (advances). 3000 - Heat 2, 7. Ashlee Vincent, WWU, 10:41.08. 10,000 - 15. Dolores Bergmann, HSU, 40:37.43. 400 Hurdles - Heat 3, 5. Jawaea Harder, SPU, 62.87. Steeplechase - Heat 1, 3. Jill Salmon, WOU, 11:24.77 (advances). Hammer - 7. Jennifer Dunkin, WOU, 51.34 - 168-5. **Friday:** Heptathlon - 3. Stephanie Huffman, SPU, 5389 (Day 1, 100 Hurdles, 14.81; High Jump, 1.70 - 5-7; Shot Put, 11.05 - 36-3; 200, 25.66. Day 2, Long Jump, 5.99 - 19-8; Javelin, 42.05 - 137-11; 800, 2:30.30); 11. Leah Wiest, SPU, 4795 (Day 1, 100 Hurdles, 15.51; High Jump, 1.43 - 4-8 ¼; Shot Put, 10.97 - 36-0; 200, 25.19. Day 2, Long Jump, 5.58 - 18-3 1/2; Javelin, 30.39 - 99-8; 800, 2:21.21); Laura Widman, SPU, did not finish (Day 1, 100 Hurdles, 15.45; High Jump, 1.55 - 5-1; Shot Put, 12.92 - 42-4 ¾; 200 - 26.02. Day 2, DNF). 800 - Heat 1, 6. Sarah Kraybill, SPU, 2:18.84; Heat 2, 4. Rachel Ross, SPU, 2:13.39. Steeplechase - 8. Jill Salmon, WOU, 11:27.49. Triple Jump - 14. Shelley Comstock, WOU, 11.58 - 38-0. **Saturday:** 1500 - 8. Alicen Maier, CWU, 4:36.63. Pole Vault - 5. Danielle Juarez, WWU, 3.71 - 12-2; 7. Ally Studer, SPU, 3.61 - 11-10. Shot Put - 7. Dionna Anderson, SPU, 14.10 - 46-3 ¼, Javelin - 2. Stephanie Huffman, SPU, 45.64 - 149-9; 6. Holly Conrad, WOU, 41.59 - 136-5; 9. Karie Pruetz, CWU, 40.85 - 134-0; 11. Kate Droz, HSU, 39.58 - 129-10.

### 2003 (May 22-24 at Edwardsville, Ill.)

**MEN: Team Scores** – 22. Western Oregon 10. **Thursday:** 100 - 20. Mike Hinshaw, WOU, 11.28. Hammer - 1. Pro Escobedo, WOU, 62.89 - 206-4. Steeplechase - 18. Zach Dwello, NNU, 9:44.92. 10,000 - 17. Zach Boteilho, WWU, 37:27.92. **Friday:** Triple Jump - 9. Justin Lawrence, CWU, 14.88 - 48-10. Discus - 9. Isaiah Haines, WOU, 49.69 - 163-0. 200 - 18. Isaac Frederick, WOU, 21.78.

**WOMEN: Team Scores** – 13. Western Oregon 15; 16. Seattle Pacific 14; 33. Western Washington 8. **Thursday:** Hammer - 3. Jennifer Dunkin, WOU, 56.16 - 184-3; 5. Kristin Hepler, WOU, 53.94 - 177-0; 9. Jaci Cederberg, WOU, 50.64 - 166-2. 3000 - 13. Katie Gosnell, HSU, 10:06.50. 10,000 - 13. Stacy Edwards, UAA, 37:27.92; 17. Dolores Bergmann, HSU, 38:07.09. **Friday:** Heptathlon - 2. Danielle Ayers-Stamper, SPU, 5120 (Day 1, 100 Hurdles - 14.69; High Jump - 1.63 - 5-4 1/2; Shot Put - 11.76 - 38-7; 200 - 26.63. Day 2, Long Jump - 5.44 - 17-10 1/4; Javelin - 39.16 - 128-6; 800 - 2:26.01); 12. Laura Widman, SPU, 4702 (Day 1, 100 Hurdles - 15.91; High Jump - 1.57 - 5-1 3/4; Shot Put - 11.68 - 38-4; 200 - 27.06. Day 2, Long Jump - 5.50 - 18-0 1/2; Javelin - 34.14 - 112-0; 800 - 2:31.52). Pole Vault - 10. Allie Studer, SPU, 3.50 - 11-5 3/4. **Saturday:** Javelin - 5. Stacy Hopkins, WWU, 44.69 - 146-7; 10. Holly Conrad, WOU, 42.21 - 138-6. Steeplechase - 9. Kelly Fullerton, SU, 10:51.69 (11:05.19). 1500 - 12. Josie Lavin, SPU, 4:46.62 (4:35.52). High Jump - 4. Monica Smith, WOU, 1.70 - 5-7. 800 - 3. Sarah Kraybill, SPU, 2:08.41 (2:10.25). 5000 - 3. Ashlee Vincent, WWU, 16:59.08; 14. Katie Gosnell, HSU, 17:26.72.

### 2004 (May 27-29 at Walnut, Calif.)

**MEN: Team Scores** - 1. Abilene Christian 75; 29. Western Oregon 8; 32. Seattle Pacific 6; 49. Central Washington 3. **Thursday:** Steeplechase - Nate Normandin, UAA, 9:18.25 (12<sup>th</sup> in prelims). **Friday:** Decathlon - 3. Chris Randolph, SPU, 7030 (Day 1, 100 - 11.45; Long Jump - 6.61 - 21-8 1/4; Shot - 11.06 - 36-3 1/2; High Jump - 2.01 - 6-7; 400 - 50.85. Day 2, 110 Highs - 15.58; Discus - 40.32 - 132-3; Pole Vault - 4.10 - 13-5 1/4; Javelin - 40.38 - 165-3; 1500 - 4:34.51). Discus - 2. Isaiah Haines, WOU, 53.02 - 173-11. **Saturday:** Steeplechase - 11. Norm Normandin, UAA, 9:39.09. Triple Jump - 6. Justin Lawrence, CWU, 15.18 - 49-9 3/4.

**WOMEN: Team Scores** - 1. Lincoln 85; 32. Seattle Pacific 8; 35. Seattle 5; 40. Western Oregon 4; 51. Central Washington 2; 60. Western Washington 1/2. **Thursday:** 1500 - 20. Kari Konrad, WOU, 4:52.94. 400 - Terran Legard, CWU, 55.71 (7<sup>th</sup> in prelims). Hammer - 5. Jaci Cederberg, WOU, 53.81 - 176-6; 10. Kristin Hepler, WOU, 51.49 - 168-11. Steeplechase - Kelly Fullerton, SU, 11:01.18 (5<sup>th</sup> in prelims). 10,000 - 12. Karen Dickson, SPU, 36:45.46. **Friday:** Heptathlon - 4. Danielle Ayers-Stamper, SPU, 4955 (Day 1, 100 Hurdles - 14.56; High Jump - 1.68 - 5-6; Shot - 10.58 - 34-8 1/2; 200 - 27.16. Day 2, Long Jump - 5.39 - 17-8 1/4; Javelin - 34.08 - 111-10; 800 - 2:26.58); 13. Bridget Johnson, WOU, 4527 (Day 1, 100 Hurdles - 16.10; High Jump - 1.59 - 5-2 1/2; Shot - 10.01 - 32-10 1/4; 200 - 26.53. Day 2, Long Jump - 4.91 - 16-1 1/2; Javelin - 38.37 - 125-11; 800 - 2:33.58). 800 - 11. Jennifer Marsh, SPU, 2:12.41. Pole Vault - 8. Danielle Juarez, WWU, 11-7 ¾. **Saturday:** Javelin - 6. Sara Johnson, SPU, 44.27 - 145-3; 12. Stacey Hopkins, WWU, 42.27 - 138-8; 17. Nini Callan, WOU, 38.99 - 127-11. Steeplechase - 4. Kelly Fullerton 10:45.35. 400 - 7. Terran Legard, CWU, 54.86.

# GNAC OUTDOOR TRACK & FIELD NATIONAL MEET RESULTS

## 2005 (May 26-28 at Abilene, Texas)

**MEN: Team Scores** – 1. Abilene Christian 109; 15. Seattle Pacific 15; 25. Central Washington 8; 50. Saint Martin's 1. **Thursday:** 1500 - Nathan Carlson, SMC, 3:55.45 (8th in prelims). Discus - 11. Cameron Neel, CWU, 50-54 - 165-10; 15. Jacob Galloway, CWU, 48.40 - 158-9. Steeplechase - Ethan Barrons, WOU, 9:26.56 (7th in prelims). **Friday:** Decathlon - 1. Chris Randolph, SPU, 7309 (Day 1, 100 - 11.30; Long Jump - 6.81 - 22-4 1/4; Shot Put - 11.42 - 37-5 3/4; High Jump - 1.96 - 6-5; 400 - 49.82. Day 2, 110 Hurdles - 15.53; Discus - 42.11 - 138-2; Pole Vault - 4.35 - 14-5 1/4; Javelin - 52.68 - 172-10; 1500 - 4:29.88). Shot Put - 4. Cameron Neel, CWU, 17.63 - 57-10 1/4. 800 - Paul Mach, SPU, 1:51.07 (3rd in prelims); Mike Pankiewicz, CWU, 1:52.65 (9th in prelims). **Saturday:** Steeplechase - 9. Ethan Barrons, WOU, 9:23.74. 1500 - 8. Nathan Carlson, SMC, 3:50.18. 800 - 4. Paul Mach, SPU, 1:51.70; 6. Mike Pankiewicz, CWU, 1:52.36.

**WOMEN: Team Scores** – 1. Lincoln 108; 13. Seattle Pacific 20; 27. Western Oregon 11; 49. Seattle 3. **Thursday:** Discus - 14. Jessica Telleria, WWU, 41.74 - 136-11; 17. Jessica Houston, UAA, 33.13 - 108-8. Long Jump - 11. Katy Kociemba, WOU, 5.58 - 18-3 3/4. 1500 - Kari Konrad, WOU, 4:53.16 (16th in prelims). Steeplechase - Kelly Fullerton, SU, 11:03.97 (8th in prelims). 10,000 - 15. Stacy Edwards, UAA, 39:52.78. **Friday:** Heptathlon - 2. Danielle Ayers-Stamper, SPU, 5606 (Day 1, 100 Hurdles - 13.70; High Jump - 1.75 - 5-8 3/4; Shot Put - 11.72 - 38-5 1/2; 200 - 25.72. Day 2, Long Jump - 5.76 - 18-10 1/2; Javelin - 39.11 - 128-4; 800 - 2:23.46); 6. Bridget Johnson, WOU, 5073 (Day 1, 100 Hurdles - 15.18; High Jump - 1.60 - 5-3; Shot Put - 11.74 - 38-6 1/4; 200 - 26.23. Day 2, Long Jump - 5.20 - 17-0 1/2; Javelin - 44.23 - 145-5; 800 - 2:26.85); 8. Kelsey Cooley, SPU, 4926 (Day 1, 100 Hurdles - 14.86; High Jump - 1.63 - 5-4 1/4; Shot Put - 10.52 - 34-6 1/4; 200 - 25.73. Day 2, Long Jump - 5.28 - 17-4 1/4; Javelin - 32.19 - 105-7; 800 - 2:25.34). High Jump - 6. Monica Smith, WOU, 5-8 1/2; Danielle Ayers-Stamper, SPU, no height. 800 - 10. Bridgette Sexton, SPU, 2:13.26 (10th in prelims). 100 Hurdles - Danielle Ayers-Stamper, SPU, 14.10 (6th in prelims); Monica Smith, WOU, 14.15 (9th in prelims). **Saturday:** Javelin - 4. Lauren VerMulm, SPU, 44.16 - 144-10; 9. Bridget Johnson, WOU, 41.71 - 136-10; 10. Molly Hornbuckle, SPU, 41.02 - 134-7; 15. Danielle Ayers-Stamper, SPU, 39.82 - 130-8. Hammer - 11. Jaci Cederberg, WOU, 51.56 - 169-2; 14. Christin McDowell, CWU, 48.00 - 157-6. Steeplechase - 6. Kelly Fullerton, SU, 10:53.07. 100 Hurdles - 4. Monica Smith, WOU, 14.34; 7. Danielle Ayers-Stamper, SPU, 14.39. Pole Vault - 5. Amy Harris, SPU, 12-2.

## 2006 (May 25-27 at Emporia, Kansas)

**MEN: Team Scores** - 1. St. Augustine's 77 1/2; 27. Central Washington and Seattle Pacific 10, 50. Humboldt State 1. **Thursday:** Hammer - 10. Anthony Marin, WOU, 52.66 - 172-9. Steeplechase - Jasper Peach, HSU, 9:22.19 (4th in prelims). **Friday:** Decathlon - 1. Chris Randolph, SPU, 7872 (Day 1, 100 - 11.19; Long Jump - 7.31 - 23-11 3/4; Shot Put - 12.88 - 42-3 1/4; High Jump - 2.04 - 6-8 1/4; 400 - 49.27; Day 2, 110 Hurdles - 15.35; Discus - 46.00 - 150-11; Pole Vault - 4.70 - 15-5; 1500 - 4:38.47). Shot Put - 5. Cameron Neel, CWU, 17.17 - 56-4. 5000 - David Kiplagat, UAA, 15:03.84 (13th in prelims). **Saturday:** Discus - 3. Cameron Neel, CWU, 53.47- 175-5. Steeplechase - 8. Jasper Peach, HSU, 9:27.45.

**WOMEN: Team Scores** - 1. Lincoln 93; 26. Central Washington and Seattle Pacific 8; 33. Alaska Anchorage 6; 38. Western Oregon 5; 49. Western Washington 3; 54. Humboldt State 2. **Thursday:** 400 - Mary Pearce, UAA, 54.82 (8th in prelims). 1500 - Ashley Puga, NNU, 4:51.93 (8th in prelims); Lindy Mullen, CWU, 4:57.81 (15th in prelims). Hammer - 7. Audrey Oswald, HSU, 52.58 - 172-6. Steeplechase - Brandi McCoy, SPU, 11:16.76 (4th in prelims); Karin Rohde, SPU, 11:36.07 (16th in prelims). 3000 - Mary Moriarty, SPU, 11:00.68 (15th in prelims). **Friday:** Heptathlon - 4. Bridget Johnson, WOU, 5080 (Day 1, 100 Hurdles - 14.82; High Jump - 1.62 - 5-3 3/4; Shot Put - 11.66 - 38-3 1/4; 200 - 26.71. Day 2, Long Jump - 5.34 - 17-6 1/4; Javelin - 43.94 - 144-2; 800 - 2:30.78); 6. Kelsey Cooley, SPU, 4930 (Day 1, 100 Hurdles - 14.53; High Jump - 1.59 - 5-2 1/2; Shot Put - 10.50 - 34-5 1/2; 200 - 26.20. Day 2, Long Jump - 5.51 - 18-1; Javelin - 33.69 - 110-6; 800 - 2:28.69); 8. Linda Blake, SPU, 4746 (Day 1, 100 Hurdles - 14.88; High Jump - 1.65 - 5-5; Shot Put - 10.82 - 35-6; 200 - 26.89. Day 2, Long Jump - 5.20 - 17-0 3/4; Javelin - 31.42 - 103-1; 800 - 2:31.74); 12. Amanda Merrell, NNU, 4592 (Day 1, 100 Hurdles - 15.54; High Jump - 1.59 - 5-2 1/2; Shot Put - 11.10 - 36-5; 200 - 27.45. Day 2, Long Jump - 5.59 - 19-4 1/4; Javelin - 30.99 - 101-8; 800 - 2:37.84). 5000 - Mandy Kaempf, UAA, 17:49.35 (7th in prelims). **Saturday:** Javelin - 2. Katie McMeel, CWU, 48.86 - 160-4; 5. Lauren VerMulm, SPU, 46.70 - 153-2; 13. Nini Callan, WOU, 41.69 - 136-9; 15. Bridget Johnson, WOU, 41.43 - 135-11. Steeplechase - 12. Brandi McCoy, SPU, 11:48.73. High Jump - 6. Clara Cook, WWU, 1.70 - 5-7; 16. Teona Perkins, SPU, 1.61 - 5-3 1/4. Discus - 10. Jessica Telleria, WWU, 43.83 - 143-9. 1500 - 10. Ashley Puga, NNU, 4:50.72. 400 - 5. Mary Pearce, UAA, 54.20. 5000 - 7. Mandy Kaempf, UAA, 18:06.75.

## 2007 (May 24-26 at Charlotte, NC.)

**MEN: Team Scores** - 1. Abilene Christian 105 1/2, 37. Western Washington 5, 42. Western Oregon 4, 52. Central Washington 1. **Thursday:** Hammer - 8. Evan Ruud, CWU, 56.39 - 185-0; 9. Anthony Marin, CWU, 56.20 - 184-4; 15. Tyler Fischer, CWU, 51.37 - 168-6. Long Jump - 12. David Registe, UAA, 7.03 - 23-0 3/4. 1500 - Anthony Tomsich, WWU, 3:50.83 (7th in prelims). Steeplechase - Andy Peters, NNU, 9:20.37 (11th in prelims); Sam Brancheau, WWU, 9:46.01 (17th in prelims). **Friday:** Shot Put - 9. Cameron Neel, CWU, 16.64 - 54-7 1/4. 800 - Eddie Strickler, SPU, 1:50.59 (9th in prelims). 5000 - David Kiplagat, UAA, 15:13.29 (17th in prelims). **Saturday:** 1500 - 4. Anthony Tomsich, WWU, 3:48.72. Steeplechase - 11. Andy Peters, NNU, 9:24.87. Pole Vault - 5. Zeb Udell, WOU, 4.95 - 16-2 3/4. Javelin - 11. Michael Ingman, CWU, 58.79 - 192-10; 17. Ian Wells, CWU, 55.96 - 183-7. Discus - 9. Cameron Neel, CWU, 49.67 - 162-11.

**WOMEN: Team Scores** - 1. Lincoln 82 1/2, 7. Seattle Pacific 32, 24. Western Washington 10, 30. Central Washington 9, 40. Alaska Anchorage 5. 51. Northwest Nazarene 3. **Thursday:** 100 - NyEma Sims, SPU, 12.09 (13th in prelims). 400 - Mary Pearce, UAA, 52.88 (4th in prelims). 1500 - Jessica Pixler, SPU, 4:27.30 (1st in prelims); Ashley Puga, NNU, 4:34.70 (4th in prelims). Steeplechase - Sarah Benson, CWU, 11:22.63 (15th in prelims); Karin Rohde, SPU, 11:27.34 (16th in prelims); Jessica Harper, WOU, 11:32.46 (17th in prelims). 3000 - Katie Hummel, CWU, 10:06.39 (10th in prelims); Jane Larson, SPU, 10:07.86 (11th in prelims). 400 Hurdles - Heidi Dimmitt, WWU, 1:03.95 (16th in prelims). Hammer - 16. Sabrina Freed, WOU, 46.79 - 153-6. **Friday:** 200 - NyEma Sims, SPU, 24.86 (20th in prelims). 800 - Jessica Pixler, SPU, 2:07.44 (1st in prelims); Sarah Howell, WOU, 2:11.71 (10th in prelims). 3000 - 4. Katie Hummel, CWU, 9:56.24; 12. Jane Larson, SPU, 10:11.62. 5000 - Laura Carr, UAA, 17:57.62 (15th in prelims). Shot Put - 8. Krissy Tandle, CWU, 14.06 - 46-1 1/2; 19. Jessica Houston, UAA, 13.08 - 42-11. Heptathlon - 9. Brittany Bekins, SPU, 4747 (Day 1: 100 Hurdles - 15.59; High Jump - 1.53 - 5-0 1/4; Shot Put - 11.33 - 37-2 1/4; 200 - 26.98. Day 2: Long Jump - 4.91 - 16-1 1/2; Javelin - 38.99 - 127-11; 800 - 2:20.69). **Saturday:** 400 - 4. Mary Pearce, UAA, 53.56. 800 - 2. Jessica Pixler, SPU, 2:07.90. 1500 - 1. Jessica Pixler, SPU, 4:22.23; 6. Ashley Puga, NNU, 4:32.22. High Jump - 1. Teona Perkins, SPU, 1.78 - 5-10. Javelin - 1. Monika Gruszecki, WWU, 44.40 - 145-8; 5. Brittany Bekins, SPU, 42.10 - 138-1; 6. Katie McMeel, CWU, 42.09 - 138-1; 17. Molly Barnes, SPU, 37.04 - 121-6.

## 2008 (May 22-24 at Walnut, Calif.)

**MEN: Team Scores** - 1. Abilene Christian 108 1/2, 19. Alaska Anchorage 11, 42. Central Washington 4, 47. Western Washington 3; 52. Saint Martin's 2. **Thursday:** Long Jump - 1. David Registe, UAA, 7.53 - 24-8 1/2. Steeplechase - David Kiplagat, UAA, 9:19.51 (4th in prelims). **Friday:** Shot Put - 7. Sam Washington, SMU, 16.71 - 54-10. 800 - Keith Lemay, WWU, 1:51.33 (9th in prelims). **Saturday:** 800 - 6. Keith Lemay, WWU, 1:51.62. Steeplechase - 8. David Kiplagat, UAA, 9:14.79. Discus - 5. Tyler Fischer, CWU, 52.98 - 173-10. Pole Vault - Zeb Udell, WOU, no height.

# GNAC OUTDOOR TRACK & FIELD NATIONAL MEET RESULTS

## 2008 CONTINUED

**WOMEN: Team Scores** - 1. Abilene Christian 76 1/2, 11. Seattle Pacific 22, 21. Western Washington 13, 22. Northwest Nazarene 12, 49. Western Oregon 3, 55. Alaska Anchorage 2.  
**Thursday:** 1500 - Ashley Puga, NNU, 4:34.22 (6<sup>th</sup> in prelims). 3000 - Jane Larson, SPU, 9:59.07 (1<sup>st</sup> in prelims); Elizabeth Chepkosgei, UAA, 10:03.19 (9<sup>th</sup> in prelims); Katie Hansen, SU, 10:05.07 (11<sup>th</sup> in prelims). Steeplechase - Jessica Harper, WOU, 10:47.63 (6<sup>th</sup> in prelims); Suzie Strickler, SPU, 10:56.30 (11<sup>th</sup> in prelims); Lyndsey McKillip, WOU, 10:58.88 (12<sup>th</sup> in prelims); Karin Rohde, SPU, 11:01.17 (13<sup>th</sup> in prelims). 10,000 - 9. Sarah Porter, WWU, 36:11.17; 10. Laura Carr, UAA, 36:14.98. 400 Hurdles - Heidi Dimmitt, WWU, 1:01.79 (8<sup>th</sup> in prelims). **Friday:** Heptathlon - 10. Brittany Bekins, SPU, 4514 (**Day 1:** 100 Hurdles - 15.85; High Jump - 1.50 - 4-11; Shot Put - 10.21 - 33-6; 200 - 27.45. **Day 2:** Long Jump - 4.52 - 14-10; Javelin, 41.27 - 135-5; 800 - 2:20.47). Hammer - 9. Sabrina Freed, WOU, 51.16 - 167-10; 18. Amy Carroll, NNU, 44.86 - 147-2. Pole Vault - Christy Miller, WWU, no height. 3000 - 2. Jane Larson, SPU, 9:41.20; 10. Elizabeth Chepkosgei, UAA, 10:07.84; 11. Katie Hansen, SU, 10:08.20. Triple Jump - 7. Kim Brady, UAA, 11.94- 39-2 1/4. 800 - Ashley Puga, NNU, 2:10.22 (3<sup>rd</sup> in prelims); Lisa Anderberg, SPU, 2:11.35 (7<sup>th</sup> in prelims). 5000 - Laura Carr, UAA, 17:49.53 (15<sup>th</sup> in prelims); Elizabeth Chepkosgei, UAA, 18:13.94 (18<sup>th</sup> in prelims). **Saturday:** 800 - 3. Ashley Puga, NNU, 2:10.23; 8. Lisa Anderberg, SPU, 2:12.65. 1500 - 3. Ashley Puga, NNU, 4:30.07. Steeplechase - 6. Jessica Harper, WOU, 10:44.22; 7. Suzie Strickler, SPU, 10:45.54; 11. Lyndsey McKillip, WOU, 10:58.38. 400 Hurdles - 4. Heidi Dimmitt, WWU, 1:00.52. Javelin - 2. Monika Gruszecki, WWU, 46.42 - 152-3; 3. Lauren VerMulm, SPU, 45.82- 150-4; 4. Jeeni Schantlin, SPU, 55.43 - 145-9.

## 2009 (May 21-23 at San Angelo, Texas)

**MEN: Team Scores** - 1. Saint Augustine's 94, 14. Alaska Anchorage 19, 16. Northwest Nazarene 14. **Thursday:** Long Jump - 2. David Registe, UAA, 7.91 - 25-11 1/2; 13. Demetrius Preston, UAA, 6.91 - 22-8. 1,500 - Anthony Tomsich, WWU, 3:52.96 (11<sup>th</sup> in prelims); Alfred Kangogo, UAA, 3:54.26 (14<sup>th</sup> in prelims). Steeplechase - David Kiplagat, UAA, 9:16.86 (3<sup>rd</sup> in prelims). 400 Hurdles - Dallas Beaty, NNU, 52.18 (2<sup>nd</sup> in prelims); Shaun Ward, UAA, 52.45 (6<sup>th</sup> in prelims). 10,000 - 7. Marko Cheseto, UAA, 30:28.81; 12. Jordan Welling, WWU, 31:24.50. **Friday:** 800 - Cory Pena, UAA, 1:52.26 (10<sup>th</sup> in prelims); Mick Boyle, UAA, 1:52.32 (12<sup>th</sup> in prelims); James Pettigrew, UAA, 2:00.52 (17<sup>th</sup> in prelims). 5,000 - Marko Cheseto, UAA, 14:27.81 (2<sup>nd</sup> in prelims); Jordan Welling, WWU, 14:53.67 (16<sup>th</sup> in prelims). **Saturday:** 1500 - 11. Anthony Tomsich, WWU, 3:59.20. 5000 - 4. Marko Cheseto, UAA, 14:25.82; Steeplechase - 8. David Kiplagat, UAA, 9:12.23; 400 Hurdles - 3. Dallas Beaty, NNU, 52.05; 6. Shaun Ward, UAA, 52.87. Pole Vault - Zeb Udell, WOU, no height. Javelin - 2. Josh Heidegger, NNU, 68.02 - 223-2. Discus - Jason Slowey, WOU, no mark.

**WOMEN: Team Scores** - 1. Lincoln 85, 11. Seattle Pacific 20, 17. Western Washington 14, 24. Northwest Nazarene 11, 41. Western Oregon 4. **Thursday:** 1,500 - Ashley Puga, NNU, 4:29.41 (1<sup>st</sup> in prelims); Jessica Pixler, SPU, 4:31.43 (2<sup>nd</sup> in prelims); Jane Larson, SPU, 4:31.65 (7<sup>th</sup> in prelims). 400 - Ellie Siler, WWU, 54.59 (3<sup>rd</sup> in prelims). 400 Hurdles - Heidi Dimmitt, WWU, 1:00.31 (4<sup>th</sup> in prelims). 10,000 - 5. Sarah Porter, WWU, 36:02.72; 14. Lauren Breihof, WWU, 37:32.45. **Friday:** Pole Vault - 14. Christy Miller, WWU, 3.59 - 11-9; 16. Melissa Peaslee, SPU, no height; Triple Jump - 12. Laura VonArx, NNU, 11.73 - 38-6. 800 - Ashley Puga, NNU, 2:09.93 (1<sup>st</sup> in prelims); Annan Applebee, WOU, 2:11.65 (8<sup>th</sup> in prelims); Rachael Johnson, WWU, 2:14.69 (15<sup>th</sup> in prelims). Shot Put - 12. Krissy Tandle, CWU, 13.55 - 44-5 1/2. 5,000 - Sarah Porter, WWU, 17:15.90 (1<sup>st</sup> in prelims); Elizabeth Chepkosgei, UAA, 18:19.47 (17<sup>th</sup> in prelims). **Saturday:** 400 - 5. Ellie Siler, WWU, 55.46. 800 - 1. Ashley Puga, NNU, 2:07.24; 5. Annan Applebee, WOU, 2:13.01; 1500 - 1. Jessica Pixler, SPU, 4:16.75; 5. Jane Larson, SPU, 4:32.45. 8. Ashley Puga, NNU, 4:35.45; 5000 - 7. Sarah Porter 17:02.19. 400 Hurdles - 5. Heidi Dimmitt, WWU, 1:00.83; High Jump - 11. Clara Cook, WWU, 1.68 - 5-6; Javelin - 3. Jeeni Schantlin, SPU, 46.92 - 153-11; 10. Lauren VerMulm, SPU, 42.02 - 137-10; 14. Lakiesha Nilles, NNU, 36.43 - 119-6.

## 2010 (May 27-29 at Charlotte, NC)

**MEN: Team Scores** - 1. St. Augustine's 82, 14. Alaska Anchorage 17; 18. Western Washington 14, 57. Central Washington 1. **Thursday:** Decathlon - 11. Alex Harrison, WWU, 3280 (100 - 10th, 11.55; Long Jump - 12th, 6.25 - 20-6 1/4; Shot Put - 3rd, 12.34 - 40-6; High Jump - 12th, 1.68 - 5-6; 400 - 7th, 51.60). Hammer - 8. Tyler Fischer, CWU, 58.88 - 193-2; 11. Michael Hoffman, WWU, 57.61 - 189-0. Long Jump - 2. Demetrius Preston, UAA, 7.70 - 25-3 1/4. 10,000 - 6. Marko Cheseto, UAA, 30:36.40; 9. Chris Reed, WOU, 30:52.21; 11. Jordan Welling, WWU, 31:21.70; 14. Bennett Grimes, WWU, 31:37.57. 100 - Anthony Wright, CWU, 10.57 (10<sup>th</sup> in prelims). 1500 - Alfred Kangogo, UAA, 3:51.32 (fourth in prelims). Steeplechase - Micah Chelimo, UAA, 8:56.46 (1<sup>st</sup> in prelims). **Friday:** Decathlon - 10. Alex Harrison, WWU, 6142 (110 Hurdles - 6th, 15.77; Discus - 4th, 37.80 - 124-0; Pole Vault - 3rd, 4.35 - 14-3 1/4; Javelin - 2nd, 59.31 - 194-7; 1500 - 12th, 7:16.62). **Saturday:** 1500 - 8. Alfred Kangogo, UAA, 3:49.65. 5000 - 6. Marko Cheseto, UAA, 14:15.12; 9. Jordan Welling, WWU, 14:25.11; 10. Chris Reed, WOU, 14:35.35; 16. Alfred Kangogo, UAA, 15:16.00. 3000 Steeplechase - 7. Micah Chelimo, UAA, 8:59.23. Pole Vault - 1. Ryan Brown, WWU, 5.40 - 17-8 1/2. Javelin - 5. Alex Harrison, WWU, 61.20 - 200-9; 10. Nick Wilson, MSUB, 58.19 - 190-11; 15. Nathan Rowlett, WOU, 53.39 - 175-2; 16. Will Crook, WOU, 53.17 - 174-5.

**WOMEN: Team Scores** - 1. Angelo State 87, 17. Seattle Pacific 16, 18. Western Washington 14, 35. Western Oregon 7. **Thursday:** Hammer - 14. Torrie Self, CWU, 49.54 - 162-6. 10,000 - 2. Sarah Porter, WWU, 34:49.60; 14. Ruth Keino, UAA, 36:28.34; 17. Laura Carr, UAA, 37:43.00. 1500 - Jessica Pixler, SPU, 4:28.68 (1<sup>st</sup> in prelims); Miriam Kipng'eno, UAA, 4:36.81 (13<sup>th</sup> in prelims). Steeplechase - Courtney Olsen, WWU, 10:49.85 (11<sup>th</sup> in prelims); Hallidie Wilt, UAA, 10:57.68 (15<sup>th</sup> in prelims). **Saturday:** 800 - 8. Lisa Anderberg, SPU, 2:10.37; 13. Michelle Phillips, NNU, 2:11.26. 1500 - 1. Jessica Pixler, SPU, 4:15.43. 5000 - 3. Sarah Porter, WWU, 16:23.52; 11. Ruth Keino, UAA, 16:44.24; 13. Miriam Kipng'eno, UAA, 16:57.76. Steeplechase - 9. Courtney Olsen, WWU, 10:35.32. Pole Vault - 11. Melissa Peaslee, SPU, 3.63 - 11-10 3/4. Triple Jump - 11. Ashley Potter, WOU, 11.82 - 38-9 1/2; 15. Amanda Alvarez, SPU, 11.60 - 38-0 3/4. Javelin - 4. Brittany Aanstad, SPU, 44.40 - 145-8; 5. Carolanne Powers, WOU, 44.11 - 144-9; 6. Amanda Schumaker, WOU, 44.01 - 144-5; 11. Elisha Harris, UAA, 41.08 - 134-9; 12. Lakiesha Nilles, NNU, 40.05 - 131-5; 17. Jillian Stray, SMU, 37.27 - 122-3.

## 2011 (May 26-28 at Turlock, Calif.)

**MEN: Team Scores** - 1. Abilene Christian 68, 19. Alaska Anchorage 14, 28. Western Washington 10, 58. Western Oregon 1. **Thursday:** 1500 - Alfred Kangogo, UAA, 3:55.23 (2nd in prelims). Steeplechase - Micah Chelimo, UAA, 9:03.24 (9th in prelims). 10,000 - 11. Jordan Welling, WWU, 30:13.87; 13. Chris Reed, WOU, 30:29.13; 14. Bennett Grimes, WWU, 30:41.71. 400 Hurdles - 13. Shaun Ward, UAA, 53.44. Long Jump - 4. David Registe, UAA, 7.60 - 24-11 1/4. Hammer - 14. Michael Hoffman, WWU, 56.51 - 185-5. **Friday:** 800 - Connor Kasler, WOU, 1:52.10 (8th in prelims). Steeplechase - 6. Micah Chelimo, UAA, 8:56.74. **Saturday:** 1500 - 3. Alfred Kangogo, UAA, 3:57.25. 5000 - 11. Jordan Welling, WWU, 14:29.59; 12. Bennett Grimes, WWU, 14:30.08. Pole Vault - 1. Ryan Brown, WWU, 5.23 - 17-1 3/4. Javelin - 8. Will Crook, WOU, 59.83 - 196-3.

**WOMEN: Team Scores** - 1. Grand Valley State 82 1/2, 6. Western Washington 29 1/2, 15. Seattle Pacific 17, 55. Alaska Anchorage 2, 59. Central Washington 1 1/2, 60. Western Oregon 1. **Thursday:** 1500 - Miriam Kipng'eno, UAA, 4:30.36 (5th in prelims); Ivy O'Guinn, UAA, 4:32.70 (11th in prelims). Steeplechase - Jaclyn Puga, NNU, 10:45.41 (3rd in prelims). 10,000 - 1. Sarah Porter, WWU, 33:17.39; 8. Ruth Keino, UAA, 34:30.53. 400 Hurdles - 16. Haleigh Lloyd, UAA, 1:02.23. Long Jump - 17. Ali Worthen, SPU, 5.21 - 17-1 1/4. Hammer - 15. Torrie Self, CWU, 49.63 - 162-10. Heptathlon (Through 4 Events) - Ali Worthen, SPU, 3117 (**Day 1:** 100 Hurdles - 14.42; High Jump - 1.68 - 5-6; Shot Put - 10.15 - 33-3 3/4; 200 - 25.65); Crystal Sims, SPU, 3062 (**Day 1:** 100 Hurdles - 14.83; High Jump - 1.53 - 5-0 1/4; Shot Put - 12.04 - 39-6; 200 - 25.09); Katy Gross, SPU, 2871 (**Day 1:** 100 Hurdles - 14.94; High Jump - 1.59 - 5-2 1/2; Shot Put - 10.56 - 34-7 3/4; 200 - 26.77). **Friday:** 800 - Susan Bick, UAA, 2:10.69 (3rd in prelims); Annan Applebee, WOU, 2:12.47 (12th in prelims); Rachael Johnson, WWU, 2:13.23 (13th in prelims); Ivy O'Guinn, UAA, 2:14.50 (16th in prelims). Steeplechase - 10. Jaclyn Puga, NNU, 10:52.72. Pole Vault - 7. Kati Davis, CWU, and Karis Anderson, WWU, 3.67 - 12-0 1/2; 12. Melissa Peaslee, SPU, 3.67 - 12-0 1/2; 14. Terra Schumacher, SPU, 3.57 - 11-8 1/2. Triple Jump - 15. Ashley Potter, WOU, 11.62 - 38-1 1/2. Heptathlon - 6. Ali Worthen, SPU, 5044 (**Day 2:** Long Jump - 5.38 - 17-8; Jav - 31.20 - 102-4; 800 - 2:24.52); 12. Crystal Sims, SPU, 4837 (**Day 2:** Long Jump - 4.82 - 15-9 3/4; Jav - 30.17 - 98-11; 800 - 2:22.92); 13. Katy Gross, SPU, 4782 (**Day 2:** Long Jump - 5.32 - 17-5 1/2; Jav - 39.50 - 129-7; 800 - 2:37.20). **Saturday:** 800 - 8. Susan Bick, UAA, 2:17.21. 1500 - 9. Ivy O'Guinn, UAA, 4:32.59; 12. Miriam Kipng'eno, UAA, 4:38.81. 5000 - 2. Sarah Porter, WWU, 16:23.08; 14. Ruth Keino, UAA, 17:01.62; 16. Miriam Kipng'eno, UAA, 17:10.97. Javelin - 1. Monika Gruszecki, WWU, 49.85 - 163-6; 2. Brittany Aanstad, SPU, 46.06 - 151-1; 3. Carly Andrews, SPU, 44.12 - 144-9; 8. Amanda Schumaker, WOU, 42.01 - 137-10; 15. Samantha Hull, SMU, 39.33 - 129-0.

# GNAC OUTDOOR TRACK & FIELD NATIONAL MEET RESULTS

## 2012 (May 24-26 at Pueblo, Colo.)

**MEN: Team Scores** - 1. Adams State 77, 2. Lincoln (Mo.) 73, 3. Saint Augustine's and Western State 54, 5. Abilene Christian 50, 9. Alaska Anchorage 28, 48. Western Washington 2.  
**Thursday:** 1500 - Alfred Kangogo, UAA, 4:04.84 (8<sup>th</sup> in prelims). Steeplechase - Micah Chelimo, UAA, 9:32.16 (2<sup>nd</sup> in prelims); Dan Sprinkle, WOU, 9:36.86 (6<sup>th</sup> in prelims). 400 Hurdles - Shaun Ward, UAA, 55.25 (15<sup>th</sup> in prelims). Hammer - 15. Michael Hoffman, WWU, 58.67 - 192-6. Decathlon - Alex Harrison, WWU, 3329. (**Day 1:** 100 - 11.54; Long Jump - 6.07 - 19-11; Shot Put - 13.33 - 43-9; High Jump - 1.74 - 5-8 ½; 400 - 52.14). **Friday:** 800 - Nathan Seely, SPU, 1:56.99 (14<sup>th</sup> in prelims). Steeplechase - 2. Micah Chelimo, UAA, 9:02.75; 11. Dan Sprinkle, WOU, 9:41.35. Decathlon - 7. Alex Harrison, WWU, 6,677 (**Day 2:** 110 Hurdles - 15.57; Discus - 40.37 - 132-5; Pole Vault - 4.10 - 13-5 ¼; Javelin - 58.89 - 193-2; 1500 - 5:05.52). **Saturday:** 1500 - 5. Alfred Kangogo, UAA, 4:15.18. 5000 - 1. Micah Chelimo, UAA, 15:15.85. Javelin - 3. Cody Parker, UAA, 70.85 - 232-5; 15. Alex Harrison, WWU, 58.79 - 192-10.

**WOMEN: Team Scores** - 1. Grand Valley State 90, 2. Lincoln (Mo.) 79, 3. Adams State 59, 4. Central Missouri 56 1/2, 5. Grand Canyon 41, 11. Alaska Anchorage 17, 13. Seattle Pacific 16, 33. Western Oregon 6, 39. Western Washington 5 1/2. **Thursday:** 1500 Ivy O'Guinn, UAA, 4:43.71 (11<sup>th</sup> in prelims). Steeplechase - Susan Tanui, UAA, 10:44.67 (1<sup>st</sup> in prelims); Hallidie Wilt, UAA, 11:28.58 (14<sup>th</sup> in prelims). 400 Hurdles - Haleigh Lloyd, UAA, 1:00.24 (7<sup>th</sup> in prelims). Heptathlon (**Day 1**) - 5. Ali Worthen, SPU, 3177 (100 Hurdles - 14.28; High Jump - 1.69 - 5-6 ½; Shot Put - 10.29 - 33-9 ¼; 200 - 25.43); 14. Kelsea Johnson, UAA, 2858 (100 Hurdles - 14.95; High Jump - 1.54 - 5-0 ½; Shot Put - 10.04 - 32-11 ¼; 200 - 25.83). **Friday:** Steeplechase - 2. Susan Tanui, UAA, 10:28.26. Pole Vault - 8. Karis Anderson, WWU, 3.75 - 12-3 ½ (Kati Davis, CWU, no height). Triple Jump - 6. Emily Warman, WWU, 12.37 - 40-7; 10. Ashley Potter, WOU, 12.14 - 39-10. Heptathlon - 3. Ali Worthen, SPU, 5297 (Long Jump - 5.70 - 18-8 ½; Javelin - 35.36 - 116-0; 800 - 2:23.12); 7. Kelsea Johnson, UAA, 4927 (Long Jump - 5.44 - 17-10 ¼; Javelin - 35.82 - 117-6; 800 - 2:21.81). **Saturday:** 1500 - 7. Ivy O'Guinn, UAA, 4:41.98. 5000 - 7. Ruth Keino, UAA, 17:57.33; 8. Susan Tanui, UAA, 18:00.06. 400 Hurdles - 7. Haleigh Lloyd, UAA, 59.91. High Jump - 20. Ali Worthen, SPU, 1.65 - 5-5. Shot Put - 17. Leeza Henry, MSUB, 13.48 - 44-2 ¾. Javelin - 1. Brittany Aanstad, SPU, 51.24 - 168-1; 3. Amanda Schumaker, WOU, 48.28 - 158-5; 7. Katie Reichert, WWU, 46.47 - 152-5; 12. Seabre Church, WOU, 41.48 - 136-1.

## 2013 (May 23-25 at Pueblo, Colo.)

**MEN: Team Scores** - 1. Saint Augustine's 105, 2. Ashland 57, 3. Adams State 44, 4. Grand Canyon 40, 5. Western State 36, 16. Alaska Anchorage 16. **Thursday:** 100 - Rimar Christie, NNU, false start (prelims). 1500 - Isaac Kangogo, UAA, 4:01.16 (13<sup>th</sup> in prelims); Seth Pierson, SPU, 4:06.52 (18<sup>th</sup> in prelims). 10,000 - 17. Dylan Anthony, UAA, 33:26.69. Decathlon (Day 1) - 11. Cody Thomas, UAA, 3516 (100 - 4th, 10.92. Long Jump - 16th, 5.93 - 19-5 ½. Shot Put - 12th, 11.33 - 37-2 ¼. High Jump - 9th, 1.84 - 6-0 ½. 400 - 5th, 49.45.). **Friday:** 200 - Rimar Christie, NNU, 21.41 (17<sup>th</sup> in prelims). Decathlon - 13. Cody Thomas, UAA, 6373 (110 Hurdles - 7th, 15.11; Discus - 11th, 34.32 - 112-7; Pole Vault - 14th, 10-9 ¾; Javelin - 11th, 146-8; 1500 - 8th, 5:05.42). **Saturday:** Triple Jump - 19. Bryan Mack, CWU, 14.07 - 46-2. Javelin - 1. Cody Parker, UAA, 77.98 - 255-10; 3. Franz Burghagen, UAA, 70.20 - 230-4; 12. Shane Brooks, WOU, 60.62 - 198-11; 17. Braden Keller, CWU, 57.84 - 189-9; Justin Larson, WOU, foul.

**WOMEN: Team Scores** - 1. Academy of Art 60, 2. Johnson C. Smith 54, 3. Lincoln, Mo., and Grand Valley State 51, 5. Adams State 42, 7. Alaska Anchorage 29, 14. Simon Fraser 18, 19. Seattle Pacific 15, 48. Western Oregon 3. **Thursday:** 1500 - Ivy O'Guinn, UAA, 4:35.60 (7<sup>th</sup> prelims); Lynelle Decker, SPU, 4:49.03 (20<sup>th</sup> in prelims). Steeplechase - Susan Tanui, UAA, 10:50.98 (1<sup>st</sup> in prelims). 400 Hurdles - Haleigh Lloyd, UAA, 1:01.44 (11<sup>th</sup> in prelims). 10,000 - 3. Ruth Keino, UAA, 36:17.26. Heptathlon (Day 1) - 3. Ali Worthen, SPU, 3226 (100 Hurdles - 4<sup>th</sup>, 14.08; High Jump - 2<sup>nd</sup>, 1.66 - 5-5 ¼; Shot Put - 9<sup>th</sup>, 10.99 - 36-0 ¾; 200 - 4<sup>th</sup>, 25.31); 9. Karolin Anders, UAA, 3027 (100 Hurdles - 15<sup>th</sup>, 15.37; High Jump - 2<sup>nd</sup>, 1.72 - 5-7 ¾; Shot Put - 8<sup>th</sup>, 11.03 - 36-2 ¼; 200 - 14<sup>th</sup>, 26.45); 13. Katy Gross, SPU, 2927 (100 Hurdles - 10<sup>th</sup>, 14.66; High Jump - 11<sup>th</sup>, 1.60 - 5-3; Shot Put - 12<sup>th</sup>, 10.45 - 34-3 ½; 200 - 15<sup>th</sup>, 26.60). **Friday:** 800 - Lindsey Butterworth, SFU, 2:10.46 (2<sup>nd</sup> in prelims); Helen Crofts, SFU, 2:10.55 (3<sup>rd</sup> in prelims); Sarah Sawatzky 2:11.16 (6<sup>th</sup> in prelims), McKayla Fricker, SPU, 2:11.86 (11<sup>th</sup> in prelims); Ivy O'Guinn, UAA, 2:12.22 (12<sup>th</sup> in prelims); Michaela Kane, SFU, 2:12.89 (13<sup>th</sup> in prelims); Susan Bick, UAA, 2:15.56 (17<sup>th</sup> in prelims); Emily Quatier, SPU, 2:17.06 (18<sup>th</sup> in prelims). Steeplechase - 2. Susan Tanui, UAA, 10:38.36. Discus - 9. Jade Richardson, SFU, 45.26 - 148-6. 4x400 Relays - - Seattle Pacific (Kishia Mitchell, Emily Quatier, Jasmine Johnson, McKayla Fricker) 3:45.11 (8<sup>th</sup> in prelims); Simon Fraser (Chantel Desch, Sarah Sawatzky, Michaela Kane, Helen Crofts) 3:49.38 (11<sup>th</sup> in prelims). Heptathlon - 1. Ali Worthen, SPU, 5340 (Long Jump - 1<sup>st</sup>, 5.68 - 18-7 ¾; Javelin - 8<sup>th</sup>, 33.97 - 111-5; 800 - 3<sup>rd</sup>, 2:21.06); 5. Karolin Anders, UAA, 5000 (Long Jump - 7<sup>th</sup>, 5.38 - 17-8; Javelin - 7<sup>th</sup>, 34.53 - 113-3; 800 - 8<sup>th</sup>, 2:25.89); 6. Katy Gross, SPU, 4986 (Long Jump - 2<sup>nd</sup>, 5.66 - 18-7; Javelin - 1<sup>st</sup>, 41.41 - 135-10; 800 - 13<sup>th</sup> 2:36.15). **Saturday:** 800 - 1. Helen Crofts, SFU, 2:08.18; 4. Lindsey Butterworth, SFU, 2:10.03; 6. Sarah Sawatzky, SFU, 2:10.87. 1500 - 10. Ivy O'Guinn, UAA, 4:47.11. 5000 - 3. Ruth Keino, UAA, 17:11.14; 4. Susan Tanui, UAA, 17:12.78. 4x400 Relay - 7. Seattle Pacific (Kishia Mitchell, Emily Quatier, McKayla Fricker, Jasmine Johnson) 3:43.40. High Jump - 18. Tayler Fettig, CWU, 1.65 - 5-5. Javelin - 6. Amanda Schumaker, WOU, 46.32 - 152-0; 13. Bethany Drake, WWU, 42.13 - 138-2; 14. Seabre Church, WOU, 42.10 - 138-1; 21. Katy Gross, SPU, 36.65 - 120-3.

## 2014 (May 22-24 at Allendale, Mich.)

**MEN: Team Scores** - 1. St. Augustine's 112, 2. Adams State 67, 3. Ashland 53, 4. TAMU-Kingsville 49, 5. Pittsburg State 36, 15. Western Washington 16, 22. Alaska Anchorage 10.

**Thursday:** 100 Prelims - 10. Alex Donigian, WWU, 10.46 (advances); 11. Rimar Christie, NNU, 10.46. 1500 Prelims - 16. Isaac Kangogo, UAA, 3:58.62. Steeplechase Prelims - 19. Brady Beagley, WOU, 9:55.64; 20. Oliver Jorgensen, SFU, 10:01.16.

**Friday:** 200 Prelims - 13. Tyrell Williams, WOU, 21.31. 800 Prelims - 18. Josh Hanna, WOU, 1:54.62. Discus - 13. Frank Catelli, WWU, 51.29 - 168-3. Decathlon - 7. Cody Thomas, UAA, 7189 (**Day 1:** 100 - 4th, 11.02; Long Jump - 6th, 6.88 - 22-7; Shot Put - 10th, 11.96 - 39-3; High Jump - 3rd, 1.98 - 6-6; 400 - 1st, 48.21. **Day 2:** 110 Hurdles - 9th, 15.23; Discus - 10th, 37.68 - 123-7; Pole Vault - 14th, 3.90 - 12-9 1/2; Javelin - 7th, 49.25 - 161-7; 1500 - 8th, 4:44.57).

**Saturday:** 100 - 5. Alex Donigian, WWU, 10.61. Shot Put - 3. Frank Catelli, WWU, 18.55 - 60-10 1/2. Javelin - 2. Franz Burghagen, UAA, 67.84 - 222-7; 4. Slater Hirst, WWU, 66.02 - 216-7; 8. John Haskin, WWU, 62.47 - 204-11; 9. Justin Larson, WOU, 62.47 - 204-11; 13. Shane Brooks, WOU, 60.39 - 198-1.

**WOMEN: Team Scores** - 1. Lincoln, Mo., 64, 2. Johnson C. Smith 59.3. Grand Valley State 53, 4. Adams State 39, 5. Ashland 38, 11. Western Washington 23, 16. Alaska Anchorage 16, 23. Seattle Pacific 10, 48. Western Oregon 4, 53. Central Washington 3.

**Thursday:** 100 Prelims - 11. Jamie Ashcroft, UAA, 11.69. 1500 Prelims - 9. Ivy O'Guinn, UAA, 4:29.66 (advances); 20. Connie Morgan, CWU, 4:43.72. Steeplechase Prelims - 1. Katelyn Steen, WWU, 10:39.10 (advances); 18. Dani Eggleston, CWU, 11:11.88. 10,000 - 7. Joyce Kipchumba, UAA, 35:35.61. 4x100 Relay Prelims - 12. Alaska Anchorage (Makenzie Harsch, Rosie Smith, Sasha Halfyard, Jamie Ashcroft) 47.46 (did not advance). Hammer - 12. Lindsay Wells, WWU, 51.64 - 169-5.

**Friday:** 200 Prelims - 22. Jamie Ashcroft, UAA, 24.74. 800 Prelims - 1. McKayla Fricker, SPU, 2:07.52 (advances); 13. Sarah Sawatzky, SFU, 2:10.55; 14. Lynelle Decker, SPU, 2:10.82; 17. Natalie Evans, NNU, 2:11.23. Steeplechase - 4. Katelyn Steen, WWU, 10:22.66. 4x400 Relay Prelims - 12. Seattle Pacific (Kishia Mitchell, Tasia Baldwin, Jasmine Johnson, McKayla Fricker) 3:46.30. Heptathlon - 2. Karolin Anders, UAA, 5375 (**Day 1:** 100 Hurdles - 13th, 14.89; High Jump - 2nd, 1.73 - 5-8; Shot Put - 3rd, 11.99 - 39-4; 200 - 9th, 25.64). **Day 2:** Long Jump - 3rd, 5.59 - 18-4 1/4; Javelin - 2nd, 37.60 - 123-4; 800 - 8th, 2:22.37).



# GNAC OUTDOOR TRACK & FIELD NATIONAL MEET RESULTS

## 2014 CONTINUED

**Saturday:** 1500 - 3. Ivy O'Guinn, UAA, 4:26.70. 800 - 1. McKayla Fricker, SPU, 2:06.18. High Jump - 6. Tayler Fettig, CWU, 1.70 - 5-7. 5000 - 11. Joyce Kipchumba, UAA, 16:50.38; 21. Jordan Rehfeld, NNU, 17:27.87. Javelin - 1. Bethany Drake, WWU, 50.36 - 165-3; 2. Katie Reichert, WWU, 50.35 - 165-2; 5. Seabre Church, WOU, 47.63 - 156-3; 14. Kali Walker, SMU, 41.51 - 123-11.

## 2015 (May 21-23 at Allendale, Mich.)

**MEN: Team Scores** - 1. St. Augustine's 53, 2. Findlay 50, 3. Ashland 43, 4. Texas A&M - Kingsville 41, 5. Adams State and Pittsburg State 40, 23. Western Washington 14, 30. Alaska Anchorage 9, 37. Saint Martin's 6, 40. Northwest Nazarene 4 1/2, 43. Western Oregon 3.

**Thursday:** Hammer - 17. Kevin Stanley, CWU, fouled. 1500 Prelims - 12. Travis Vugteveen, SFU, 3:54.04 (advances); 17. Marc-Antoine Rouleau, SFU, 3:59.77. 100 Prelims - 7. Alex Donigian, WWU, 10.50 (advances). 10,000 - 4. Dominik Notz, UAA, 30:01.43.

**Friday:** Discus - 10. Ryan Macdonald, WWU, 53.81 - 176-6. 800 Prelims - 11. Cameron Proceviat, SFU, 1:51.28. 110 Hurdles Prelims - 16. Travis Milbrandt, WWU, 14.36.

**Saturday:** 100 - 3. Alex Donigian, WWU, 10.38. 1500 - 9. Travis Vugteveen, SFU, 3:50.29. 5000 - 11. Dominik Notz, UAA, 14:54.90; 12. Henry Cheseto, UAA, 14:59.33. Pole Vault - 4. Payton Lewis, NNU, 5.15 - 16-10 3/4. High Jump - 3. Mikel Smith, SMU, 2.13 - 6-11 3/4. Javelin - 2. Slater Hirst, WWU, 70.23 - 230-5; 5. Franz Burghagen, UAA, 68.26 - 223-11; 6. Justin Larson, WOU, 66.68 - 218-9; 9. Cody Parker, UAA, 65.89 - 216-2; 13. Brian Chalkley, SMU, 61.90 - 203-1; 18. John Haskin, WWU, 56.61 - 185-8.

**WOMEN: Team Scores** - 1. Central Missouri 59, 2. Lincoln 50, 3. New Mexico Highlands 42, 4. Grand Valley State 41, 5. Pittsburg State 31, 12. Western Washington 18, 26. Simon Fraser 10, 30. Alaska Anchorage 9, 58. Seattle Pacific 2, 67. Central Washington 1.

**Thursday:** Heptathlon - 11. Karolin Anders, UAA, 3,062 (**Day 1:** 100 Hurdles - 15.37 w2.1; High Jump - 1.67 - 5-5 3/4; Shot Put - 11.59 - 38-0 1/4; 200 - 25.77). Pole Vault - 9. McKenna Emmert, CWU, 3.80 - 12-5 1/2. 1500 Prelims - 11. Haley O'Connor, WWU, 4:32.21 (advances); 14. Beatrice Decker, UAA, 4:35.07. 100 Prelims - 6. Jamie Ashcroft, UAA, 11.64 (advances). Steeplechase Prelims - 1. Katelyn Steen, WWU, 10:25.32 (advances); 8. Dani Eggleston, CWU, 10:35.21 (advances); 17. Erin Chinchar, CWU, 11:02.31. 400 Hurdles Prelims - 4. Haleigh Lloyd, UAA, 1:00.29 (advances). 10,000 - 9. Shannon Porter, SMU, 35:01.04; 11. Amy Johnston, UAA, 35:12.41; 13. Caroline Kurgat, UAA, 35:42.53.

**Friday:** Heptathlon - 8. Karolin Anders, UAA, 5092 (Long Jump - 5.33 - 17-6; Javelin - 35.84 - 117-7; 800 - 2:22.40). 200 Prelims - 16. Jamie Ashcroft, UAA, 24.69. 800 Prelims - 2. Lindsey Butterworth, SFU, 2:06.87 (advances); 8. Lynelle Decker, SPU, 2:09.36 (advances); 18. Jessica Pakhala, UAA, 2:13.47. Steeplechase - 2. Katelyn Steen, WWU, 10:13.93; 8. Dani Eggleston, CWU, 10:28.79.

**Saturday:** 100 - 6. Jamie Ashcroft, UAA, 11.65. 800 - 1. Lindsey Butterworth, SFU, 2:02.88; 7. Lynelle Decker, SPU, 2:08.42. 1500 - 10. Hailey O'Connor, WWU, 4:35.66. 5000 - 3. Katelyn Steen, WWU, 16:46.36; 13. Jennifer Johnson, SFU, 17:13.68; 19. Anna Patti, SPU, 17:27.45; 20. Amy Johnston, UAA, 17:30.31; 22. Shannon Porter, SMU, 17:41.75. 400 Hurdles - 4. Haleigh Lloyd, UAA, 59.17. Javelin - 5. Katie Reichert, WWU, 49.28 - 161-8; 17. Sheila Limas De La Cruz, WOU, 39.19 - 128-7; 18. Kalli Walker, SMU, 39.17 - 128-6; 19. Amanda Short, WOU, 38.76 - 127-2.

## 2016 (May 26-28 at Bradenton, Fla.)

### MEN

**Team Scores:** 1. Saint Augustine's, 85. 2. Tiffin, 36. 3. Texas A&M-Kingsville, 36. 4. Academy of Art, 33. 4. Adams State, 33. 4. Grand Valley St., 33. 14. Alaska Anchorage, 18. 25. Saint Martin's, 10. 37. Northwest Nazarene, 6. 41. Western Oregon, 5. 47. Western Washington, 4. 57. Simon Fraser, 3.

**Events:** 800 - 9. Badane Sultessa, WOU, 1:50.99; 10. Cameron Proceviat, SFU, 1:51.99; 15. Josh Dempsey, WOU, 1:53.54; 16. Nathan Kipchumba, UAA, 1:53.69 (583); 16. Joe Day, UAA, 1:53.59 (587); 21. Josh Hanna, WOU, 1:56.09. 1,500 - 5. David Ribich, WOU, 3:50.76 (3:49.90 in prelims); 6. Marc Antonie-Rouleau, SFU, 3:50.78 (3:49.32 in prelims); 8. Sam Naффziger, WOU, 3:52.37 (3:49.87 in prelims). 5,000 - 17. Henry Cheseto, UAA, 14:46.77. 10,000 - 16. Henry Cheseto, UAA, 31:53.28. Steeplechase - 13. Robert Peterson, MSUB, 9:12.45; 18. Matthew Lutz, WWU, 9:32.10. High Jump - 1. Mikel Smith, SMU, 7-1/2.16. Pole Vault - 3. Payton Lewis, NNU, 17-0/5.18. Hammer - 17. Armando Tafoya, CWU, 176-7/53.83. Javelin - 2. Cody Parker, UAA, 228-11/69.77; 5. John Haskin, WWU, 211-6/68.38; 13. Justin Larson, WOU, 199-6/60.82; 14. Alex Barry, WWU, 198-10/60.60. Decathlon - 1. Cody Thomas, UAA, 7,590 (100 - 11.19 (w -1.9); LJ - 24-8-5/7.53 (w 2.3); SP - 39-1.75/11.93; HJ - 6-6.25/1.99; 400 - 47.88; 110H - 14.74 (w -0.1); DT - 122-6/37.35; PV - 14-9/4.50; JT - 166-6/50.74; 1,500 - 4:44.69).

### WOMEN

**Team Scores:** 1. Pittsburg St., 52. 2. St. Augustine's, 51. 3. Hillsdale, 45. 4. West Texas A&M, 36. 5. Grand Valley St. 36. 20. Western Washington, 14. 31. Central Washington, 8. 37. Seattle Pacific, 7. 51. Alaska Anchorage, 3. 59. Northwest Nazarene, 1.

**Events:** 100 - 14. Jamie Ashcroft, UAA, 11.97. 200 - 14. Jamie Ashcroft, UAA, 24.46. 400 - 17. Jahzelle Ambus, SPU, 55.94. 800 - 5. Lynelle Decker, SPU, 2:09.08 (2:09.58 in prelims); 17. Tamara Perez, UAA, 2:13.43. 1,500 - 6. Lynelle Decker, SPU, 4:25.02 (4:27.34 in prelims); 15. Shannon Porter, SMU, 4:35.66; 17. Stephanie Stuckey, WOU, 4:38.60; 19. Jessica Pakhala, UAA, 4:42.93; 21. Tamara Perez, UAA, 4:46.41. 5,000 - 6. Caroline Kurgat, UAA, 16:44.84; 10. Joyce Chelimo, UAA, 16:55.28; 16. Rebecca Bassett, SFU, 17:02.98; 21. Brittany Grant, WWU, 18:36.54. 10,000 - 10. Caroline Kurgat, UAA, 36:20.05; Joyce Chelimo, UAA, DNF. 100m Hurdles - 14. Maliea Luquin, SPU, 14.02. Steeplechase - 8. Dani Eggleston, CWU, 10:28.85 (10:26.12 in prelims); 9. Della Lyle, MSUB, 10:33.17 (10:26.88 in prelims); 18. Erin Chandler, CWU, 10:43.43; 20. Brittany Grant, WWU, 10:54.90. High Jump - 2. Tayler Fettig, CWU, 5-8/1.73; 9. Geneva Lehnert, SPU, 5-5.75/1.67; Miranda Odaschey, WWU, NH. Discus - 17. Megan Mortensen, WWU, 141-5/43.10. Javelin - 2. Bethany Drake, WWU, 177-9/54.18; 3. Katie Reichert, WWU, 177-3/54.03; 8. Ellie Logan, NNU, 161-11/49.35; 12. Anosi Laupola, WWU, 150-9/45.94; 13. Mariah Horton, WWU, 14-76/44.95; 19. Deanna Avalos, SMU, 135-5/41.27.

## 2017 (May 25-27 at Bradenton, Fla.)

### MEN

**Team Scores:** 1. St. Augustine's, 58. 2. Lincoln (Mo.), 52. 3. Ashland, 50. 3. Tiffin, 50. 5. Central Missouri, 36. 13. Alaska Anchorage, 15. 17. Western Oregon, 13. 24. Northwest Nazarene, 10. 55. Saint Martin's, 4. 62. Simon Fraser, 2.

**Events:** 100 - 12. Sam Zook, MSUB, 10.52. 200 - 15. Sam Zook, MSUB, 21.45. 1,500 - 1. David Ribich, WOU, 3:49.64 (3:51.85 in prelims); 6. Dustin Nading, WOU, 3:51.50 (3:50.76 in prelims). 5,000 - 10. Dominik Notz, UAA, 14:27.09. 10,000 - 3. Dominik Notz, UAA, 29:41.40. 400m Hurdles - 7. Vladislav Tsygankov, SFU, 52.15 (52.00 in prelims). Steeplechase - 6. Edwin Kangogo, UAA, 8:56.21 (9:00.44 in prelims). 4x400 Relay - 4. Alaska Anchorage (Nicholas Taylor, Liam Lindsay, Travis Turner, Adam Commandeur), 3:10.86 (3:10.65 in prelims). High Jump - 5. Mikel Smith, SMU, 6-10.75/2.10. Pole Vault - 1. Payton Lewis, NNU, 17-7/5.36. Triple Jump - 17. Wesley Gray, WOU, 48-11.75/14.93.

# GNAC OUTDOOR TRACK & FIELD NATIONAL MEET RESULTS

## 2017 CONTINUED

### WOMEN

**Team Scores:** 1, West Texas A&M, 64. 2, Grand Valley St., 44. 3, Adams State, 43. 4, Pittsburg St., 39. 5, Western State, 30. 27, Western Washington, 10. 27, Saint Martin's, 10. 37, Western Oregon, 6. 56, Simon Fraser, 3. 62, Alaska Anchorage, 2.

**Events:** 400 – 20, Vanessa Aniteye, UAA, 56.20; 21, Chantel Desch, SFU, 56.25. 800 – 3, Olivia Woods, WOU, 2:07.38 (2:07.82 in prelims); 6, Addy Townsend, SFU, 2:08.39 (2:08.71 in prelims); 7, Danielle McCormick, UAA, 2:08.72 (2:08.03 in prelims); 11, Alana Mussatto, SFU, 2:09.29; 14, Sophie Dodd, SFU, 2:10.01; 16, Suzie Van De Grift, WOU, 2:10.64; 23, Paige Nock, SFU, 2:18.88. 1,500 – 9, Julia Howley, SFU, 4:29.57 (4:28.01 in prelims); 16, Miryam Bassett, SFU, 4:31.51. 5,000 – 19, Mary Charleson, SPU, 17:15.48. 400m Hurdles – 14, Emily Bland, CWU, 1:01.11. Steeplechase – 16, Mariah Burroughs, UAA, 10:46.70; 22, Brittany Grant, WWU, 11:49.98. 4x400 Relay – 10, Alaska Anchorage (Jamie Ashcroft, Mary Kathleen Cross, Hayley Bezanson, Vanessa Aniteye), 3:43.33. High Jump – Karolin Anders, UAA, No Height. Pole Vault – 11, Anna Paradee, WWU, 12-6.75/3.83. Long Jump – 15, Kyra Brannan, SPU, 19-5.25/5.92. Hammer – 4, Kirby Neale, SMU, 194-8/59.34. Javelin – 1, Bethany Drake, WWU, 170-0/51.81; 4, Deanna Avalos, SMU, 157-5/47.98; 11, Jona Spiller, SMU, 143-4/43.68; 12, Sammi Markham, SPU, 140-8/42.89; 15, Ellie Logan, NNU, 134-11/41.12; 21, Sheila Limas De La Cruz, WOU, 126-0/38.40. Heptathlon – 9, Karolin Anders, UAA, 5,105 (100H – 15.35 (w 1.6); HJ – 5-8.75/1.75; SP – 38-11.5/11.87; 200 – 28.84 (w 0.3); LJ – 17-7.5/5.37 (w -0.3); JT – 118-4/36.07; 800 – 2:24.78).

## 2018 (May 24-26 at Charlotte, N.C.)

### MEN

**Team Scores:** 1, Texas A&M-Kingsville, 65. 2, Ashland, 51. 3, Tiffin, 50. 4, St. Augustine's, 42. 5, Grand Valley St., 13, Western Oregon, 18. 39. 40, Western Washington, 5. 44, Central Washington, 4. 44, Montana State Billings, 4. 44, Simon Fraser, 4. 61, Saint Martin's, 2.

**Events:** 100 – 16, Sam Zook, MSUB, 10.69. 1,500 – 1, David Ribich, WOU, 3:45.34 (3:51.65 in prelims); 2, Dustin Nading, WOU, 3:45.57 (3:51.65 in prelims). 400m Hurdles – 5, Vladislav Tsygankov, SFU, 51.46 (51.98 in prelims). Steeplechase – 11, Jorey Egeland, MSUB, 9:13.92 (9:10.73 in prelims); 13, Oliver Jorgensen, SFU, 9:11.95. Pole Vault – Payton Lewis, NNU, No Height. Long Jump – 16, Alani Troutman, WOU, 23-8.75/7.23. Shot Put – 9, Josh Koch, CU, 57-8.25/17.58. Discus – 11, Jakob Chamberlin, CU, 168-1/51.23. Hammer – Jacob Slate, CU, No Mark. Javelin – 4, Alex Barry, WWU, 224-4/68.38. 5, Beau Ackerman, MSUB, 223-3/68.04; 7, Brian Chalkey, SMU, 218-0/66.46; 18, Easton Christensen, CU, 182-10/55.73. Decathlon – 5, Kodiak Landis, CWU, 7,207 (100 – 11.03 (w 1.0); LJ – 23-8.75/7.23 (w 0.3); SP – 38-11.75/11.88; HJ – 5-10.75/1.80; 400 – 47.78; 110H – 15.40 (w 1.3); DT – 120-4/36.68; PV – 15-3/4.65; JT – 138-11/42.34; 1,500 – 4:35.44).

### WOMEN

**Team Scores:** 1, Lincoln (Mo.), 60. 2, St. Augustine's, 48.5. 3, Angelo State, 42.5. 4, Grand Valley St., 40.5. 5, Adams State, 39. 8, Alaska Anchorage, 25. 11, Concordia, 17. 14, Western Oregon, 15. 35, Simon Fraser, 9. 40, Northwest Nazarene, 6. 50, Central Washington, 4. 50, Seattle Pacific, 4. 55, Western Washington, 3.

**Events:** 400 – 15, Vanessa Aniteye, UAA, 55.11. 800 – 4, Danielle McCormick, UAA, 2:06.34 (2:07.28 in prelims); 7, Olivia Woods, WOU, 2:09.22 (2:08.28 in prelims); 9, Megan Rose, WOU, 2:08.08; 10, Yemi Knight, UAA, 2:08.36; 13, Sophie Dodd, SFU, 2:09.53. 1,500 – 2, Addy Townsend, SFU, 4:23.68 (4:28.14 in prelims); 4, Suzie Van De Grift, WOU, 4:23.87 (4:30.03 in prelims); 10, Kate Lilly, SPU, 4:30.49 (4:30.11 in prelims); 20, Tamara Perez, UAA, 4:34.67; 21, Mary Charleson, SPU, 4:35.37. 5,000 – 1, Caroline Kurgat, UAA, 16:22.62; 20, Ally Ginther, SFU, 17:44.23.10,000 – 1, Caroline Kurgat, UAA, 34:13.80; 4, Kennedy Rufener, WOU, 35:05.91; 13, Alexa Shindruk, CWU, 35:58.86. 100m Hurdles – 11, Mariyah Vongsaveng, CWU, 14.04. 400m Hurdles – 9, Erykah Weems, CWU, 1:00.40; 20, Ali Anderson, CWU, 1:03.10. Steeplechase – 8, Reta Dobie, SFU, 10:27.35 (10:34.80 in prelims); 18, Nicole Soleim, CWU, 10:56.95. 4x400 Relay – 8, Western Oregon (Grayson Burke, Megan Rose, Suzie Van De Grift, Olivia Woods), 3:44.58 (3:41.80 in prelims); 10, Alaska Anchorage (Vanessa Aniteye, Yemi Knight, Tamara Perez, Danielle McCormick), 3:43.47; 11, Simon Fraser (Nicole Lindsay, Sophie Dodd, Addy Townsend, Renate Bluschke), 3:43.92. Pole Vault – Anna Paradee, WWU, No Height; Halle Irvine, CWU, No Height. Long Jump – 7, Renick Meyer, SPU, 19-9.75/6.04. Shot Put – 6, Melissa Ausman, CU, 50-6.25/15.40; 7, Christina MacDonald, CU, 50-4.75/15.36; 22, Tasha Willing, CU, 43-10.75/13.38. Discus – 3, Melissa Ausman, CU, 173-10/52.98. Hammer – 3, Christina MacDonald, CU, 204-9/62.42; 12, Tasha Willing, CU, 178-3/54.33; 15, Joselynn Tensley, CU, 174-9/53.27; 16, Liz Larson, SMU, 171-9/52.36. Javelin – 3, Ellie Logan, NNU, 155-1/47.26; 6, Raquel Pellecer, WWU, 148-8/45.32; 7, Darian Wilson, WOU, 147-9/45.04; 10, Deanna Avalos, SMU, 143-11/43.87; 16, Natalie Vetto, WWU, 137-0/41.76; 18, Halie Korff, WOU, 134-10/41.10; 19, Elizabeth Stottlemire, CU, 131-3/40.01. Heptathlon – 5, HarLee Ortega, CWU, 5,026 (100H – 14.93 (w 1.0); HJ – 5-4.25/1.54; SP – 33-10.73/10.33; 200 – 25.64 (w -0.6); LJ – 17-10.75/5.45 (w 0.1); JT – 109-3/33.29; 800 – 2:19.17); 7, Renick Meyer, SPU, 4,992 (100H – 14.56 (w -0.4); HJ – 4-10.25/1.48; SP – 33-6.5/10.22; 200 – 24.96 (w -0.1); LJ – 19-5.5/5.93 (w 1.1); JT – 106-8/32.51; 800 – 2:28.94); 9, Scout Cai, SPU, 4,929 (100H – 15.45 (w -0.1); HJ – 5-3/1.60; SP – 33-6.75/10.23; 200 – 25.83 (w -0.6); LJ – 17-4/5.28 (w 0.5); JT – 116-8/35.55; 800 – 2:19.25); 10, Chelsea Bone, CU, 4,870 (100H – 15.97 (w -0.1); HJ – 5-4.25/1.63; SP – 36-2.75/11.04; 200 – 26.36 (w -0.6); LJ – 16-10/5.13 (w 1.7); JT – 121-9/37.11; 800 – 2:21.73).

## 2019 (May 23-25 at Kingsville, Texas)

### MEN

**Team Scores:** 1, Ashland, 54. 2, Angelo State, 53. 3, St Augustine's 38, 4, Grand Valley St., 35. 5, Tiffin, 34.5. 27, Alaska Anchorage, 11. 52, Northwest Nazarene, 4. 57, Concordia, 3. 60, Central Washington, 2.

**Events:** 100 – 20, Karlington Anunagba, WWU, 12.41. 1,500 – 16, Rowan Doherty, SFU, 4:04.22. 400 Hurdles – Cordell Cummings, WWU, DQ. Steeplechase – 3, Wesley Kirui, UAA, 8:56.33 (9:16.27 in prelims); 4, Edwin Kangogo, UAA, 8:57.86 (9:14.55 in prelims); 14, Aaron Ahl, SFU, 9:23.47. High Jump – T10, Tyler Cronk, SMU, 6-8.25/2.04. Shot Put – 17, Jake Knight, NNU, 56-5.25/17.20. Discus – 5, Jake Knight, NNU, 181-11/55.45; 10, Sam Nichols, CU, 171-2/52.19. Javelin – 6, Easton Christensen, CU, 214-5/65.35; 9, Alex Barry, WWU, 200-4/61.07; 10, Dalton Rasmussen, CU, 198-11/60.64. Decathlon – 7, Braydon Maier, CU, 6,854 (100 – 11.33; LJ – 21-11.75/6.70; SP – 37-3/11.35; HJ – 6-0.75/1.85; 400 – 52.53; 110H – 15.15; DT – 119-11/36.57; PV – 14-5.25/4.40; JT – 155-1/47.27; 1,500 – 4:40.63). 11, Giovanni Brown, CU, 6,684 (100 – 11.54; LJ – 21-0/6.40; SP – 38-4.75/11.70; HJ – 5-11.5/1.82; 400 – 52.08; 110H – 15.19; DT – 139-10/42.62; PV – 13-5.25/4.10; JT – 116-8/35.56; 1,500 – 4:29.64).

### WOMEN

**Team Scores:** 1, Lincoln (Mo.) 64. 2, Adams State, 54. 3, Grand Valley St., 47.5. 4, West Texas A&M, 47. 5, San Francisco St., 42. 7, Alaska Anchorage, 28. 15, Simon Fraser, 15. 20, Central Washington, 12. 29, Northwest Nazarene, 8. 32, Seattle Pacific, 7. 53, Western Oregon, 3.

**Events:** 400 – 17, Vanessa Aniteye, UAA, 56.63. 800 – 4, Danielle McCormick, UAA, 2:09.71 (2:09.40 in prelims); 6, Alana Mussatto, SFU, 2:11.38 (2:12.25 in prelims); 8, Sophie Dodd, SFU, 2:15.27 (2:08.25 in prelims); 10, Paige Nock, SFU, 2:11.82; 12, Olivia Woods, WOU, 2:14.36; 14, Ruth Cvacara, UAA, 2:15.24. 1,500 – 11, Miryam Bassett, SFU, 4:42.81 (4:35.07 in prelims); 15, Kate Lilly, SPU, 4:39.51; 17, Nancy Jeptoo, UAA, 4:41.83; 18, Dania Holmberg, SPU, 4:46.26. 5,000 – 1, Caroline Kurgat, UAA, 17:10.10; 4, Julia Howley, SFU, 17:22.23; 7, Alexa Shindruk, CWU, 17:27.70; 18, Dania Holmberg, SPU, 17:54.06. 10,000 – 1, Caroline Kurgat, UAA, 36:34.31; 7, Alexa Shindruk, CWU, 38:04.69. 100 Hurdles – 7, Mariyah Vongsaveng, CWU, 13.87 (13.97 in prelims). 400 Hurdles – 3, Sidney Trinidad, CWU, 59.49 (59.78 in prelims); 10, Erykah Weems, CWU, 1:00.43. Steeplechase – 3, Julia Howley, SFU, 10:27.05 (10:52.07 in prelims); 13, Chelsea Ribeiro, SFU, 11:13.16; Kaylee Mitchell, SPU, DNF. 4x400 Relay – 8, Alaska Anchorage (Vanessa Aniteye, Danielle McCormick, Marie Ries, Tylantiss Atlas), 3:47.87 (3:45.09 in prelims). High Jump – 13, Maddie Taylor, WWU, 5-4.5/1.64. Pole Vault – 8, Scout Cai, SPU, 12-8.75/3.88; 15, Halle Irvine, CWU, 12-0.75/3.68. Long Jump – 19, Chrisalyn Johnson, UAA, 18-5/5.61. Triple Jump – 7, Chrisalyn Johnson, UAA, 41-4.25/12.60; 14, Keshara Romain, SMU, 39-10.5/12.15. Hammer – 14, Liz Larson, SMU, 172-6/52.59. Javelin – 2, Ellie Logan, NNU, 165-2/50.34; 6, Darian Wilson, WOU, 155-0/47.25; 10, Amanda Short, WWU, 147-10/45.06; 15, Raquel Pellecer, WWU, 144-2/43.95; 16, Paige Shimkus, WWU, 144-1/43.93; 22, Lauren Fridman, SFU, 125-8/38.30. Heptathlon – 7, Scout Cai, SPU, 5,054 (100H – 15.33; HJ – 1.64/5-4.5; SP – 35-8.5/10.88; 200 – 26.01; LJ – 17-9/5.41; JT – 126-8/38.60; 800 – 2:23.64); 11, HarLee Ortega, CWU, 4,904 (100H – 15.08; HJ – 1.64/5-4.5; SP – 33-6/10.21; 200 – 26.27; 17-0.5/5.19; JT – 118-10/36.23; 800 – 2:24.30); 14, Chelsea Bone, CU, 3,098 (100H – 16.17; HJ – No Height; SP – 33-8.75/10.28; 200 – DQ; 16-6/5.03; JT – 11-5/33.96; 800 – 2:26.55).

# GNAC OUTDOOR TRACK & FIELD NATIONAL MEET RESULTS

## 2021 (May 27-29 at Allendale, Mich.)

### MEN

**Team Scores:** 1, Grand Valley State, 76. 2, West Texas A&M, 55. 3, Angelo State, 43. 4, Ashland & Pittsburg State 37, Tie 41, Montana State Billings, 5, Tie 50, Western Washington, 3.

**Events:** 1,500 – 6, Calahan Warren, WWU, 3:53.68. Javelin – 4, Beau Ackerman, MSUB, 231-10.

### WOMEN

**Team Scores:** 1, Azusa Pacific, 81. 2, Grand Valley State, 77. 3, West Texas A&M, 49. 4, Adams State, 46. 5, Saginaw Valley, 39.

**Events:** 1,500 – 9, Dania Holmberg, SPU, 4:25.74. High Jump – Tie 12, Aliyah Dawkins, WWU, 5-5. Pole Vault – 13, Scout Cai, SPU, 12-5.5. Javelin – 9, Natalie Nienaber, WWU, 138-4.

## 2022 (May 26-28 at Allendale, Mich.)

### MEN

**Team Scores:** 1, Pittsburg State, 70. 2, West Texas A&M, 61. 3, Grand Valley State, 56. 4, Texas A&M-Commerce, 48. 5, Ashland, 34. Tie 29, Simon Fraser, 8. Tie 52, Alaska Anchorage, 1. Tie 52, Western Washington, 1.

**Events:** 800 Meters – 16, Drew Weber, WWU, 1:50.76; Aaron Ahl, SFU, DQ in final (1:48.75 in prelims). 1,500 Meters – 3, Charlie Dannatt, SFU, 3:47.24 (3:42.78 in prelims); 8, Calahan Warren, WWU, 3:49.26 (3:43.68 in prelims); 10, Aaron Ahl, SFU, 3:51.51. (3:42.79 in prelims); 13, Mac Franks, WWU, 3:47.58. 5,000 Meters – 8, Coleman Nash, UAA, 14:05.62. 110 Hurdles – 9, Joshua Wagner, UAA, 14.38 (14.00 in prelims). Triple Jump – 18, David Njeri, SPU, 14.12/46-4. Javelin – 7, Jarrett Chong, SFU, 64.85/212-9; 13, Laurenz Waldbauer, NNU, 63.18/207-2.

### WOMEN

**Team Scores:** 1, West Texas A&M, 77. 2, Grand Valley State, 64. 3, Minnesota State, 57. 4, Academy of Art, 44. 5, Lincoln (Mo.) 41. Tie 28, Simon Fraser, 9. Tie 30, Seattle Pacific, 8. Tie 57, Western Washington, 1.

**Events:** 100 Meters – 14, Marie-Éloïse Leclair, SFU, 11.74. 200 Meters – 13, Marie-Éloïse Leclair, SFU, 23.97. 400 Meters – 6, Vanessa Aniteye, SPU, 53.64 (54.18 in prelims); 13, Emily Lindsay, SFU, 55.12. 800 Meters – 2, Alison Andrews-Paul, SFU, 2:06.47 (2:07.24 in prelims). 1,500 Meters – 15, Megan Roxby, SFU, 4:28.86. 5,000 Meters – 10, Annika Esvelt, SPU, 16:40.70. 10,000 Meters – 4, Annika Esvelt, SPU, 33:51.65. Steeplechase – 13, Ila Davis, WWU, 10:36.24; 19, Olivia Willett, SFU, 10:52.90. 4x100 Relay – 10, Seattle Pacific (Igbonagwam, Aniteye, Green, Bouyer), 46.30. 4x400 Relay – 8, Simon Fraser (Binder, Andrews-Paul, Leclair, Lindsay), 3:41.17 (3:44.85 in prelims). Long Jump – 16, Peace Igbonagwam, SPU, 5.60/18-4.5. Javelin – 8, Amanda Short, WWU, 45.42/149-0; 13, Kaylee Wright, WOU, 42.33/138-10. Heptathlon – 12, Elena Cano, UAA, 4,927.

## 2023 (May 25-27 at Pueblo, Colo.)

### MEN

**Team Scores:** 1, Pittsburg State, 63. 2, West Texas A&M, 47. 3, Adams State, 44. 4, Grand Valley St., 34.5. 5, Lincoln (Mo.) & Missouri Southern, 34. Tie 41, Simon Fraser, 4.

**Events:** 800 Meters – 12, Drew Weber, WWU, 1:51.25. 1,500 Meters – 5, Charlie Dannatt, SFU, 3:54.58 (3:50.25 in prelims); 16, Drew Weber, WWU, 3:53.73. Steeplechase – 14, Jeret Gillingham, WWU, 9:30.05. High Jump – Steven Schmidt, NNU, NH. Triple Jump – 13, David Njeri, SPU, 48-0.5. Decathlon – 10, Steven Schmidt, NNU, 7,122.

### WOMEN

**Team Scores:** 1, Azusa Pacific, 66. 2, Minnesota State, 57. 3, West Texas A&M, 49. 4, Winona State, 38. 5, Grand Valley St., 38. Tie 26, Simon Fraser, 10. Tie 44, Western Washington, 4.

**Events:** 100 Meters – 5, Marie-Éloïse Leclair, SFU, 11.22w (11.52 in prelims); 15, E'lexis Hollis, CWU, 11.78. 200 Meters – 3, Marie-Éloïse Leclair, SFU, 23.14w (23.05w in prelims). 800 Meters – 5, Marian Ledesma, WWU, 2:09.92 (2:10.57 in prelims); 12, Megan Roxby, SFU, 2:12.93. 1,500 Meters – 20, Megan Roxby, SFU, 5:11.35. 100 Hurdles – 14, Lauryn Chandler, CWU, 13.99. Steeplechase – 11, Ila Davis, WWU, 10:58.97 (11:01.05 in prelims). Pole Vault – 15, Kinsey Yenor, NNU, 12-7.5. Javelin – 19, Kaylee Wright, WOU, 129-8.

## YEARLY NAIA NATIONAL OUTDOOR RESULTS

### 2001 (at Abbotsford, B.C.)

**MEN: Team Scores** - Northwest Nazarene did not score. **Thursday:** Steeplechase – 17, Zach Dwello, NNU, 9:38.45. **Friday:** Triple Jump – 16, James Thomas Jr., NNU, 13.97 – 45-10. **Saturday:** 1500 – 14, Aaron Matthias, NNU, 4:07.97. Javelin – 11, Scott Halley, NNU, 58.92 – 193-4; 13, James Thomas Jr., NNU, 57.98 – 190-3. Pole Vault – 10, Anthony Gould, NNU, 4.43 – 14-6 ¼.

**WOMEN: Team Scores** – Northwest Nazarene 1. **Thursday:** 400 Hurdles – 24, Mary Glaze, NNU, 1:10.11. Hammer – 17, Kristina Romero, 39.50 – 129-7. Javelin – 18, Melanie Simmons, NNU, 34.30 – 112-6. Pole Vault – 13, Aubrey Metzger, NNU, 3.20 – 10-6; 15, Alina Lunsford, NNU, 3.05 – 10-0. Heptathlon – Mary Glaze, NNU, 16<sup>th</sup> in 100 hurdles, 16.79; 10<sup>th</sup> in high jump, 1.42 – 4-7 ¾; 6<sup>th</sup> in 200, 27.46; 9<sup>th</sup> in shot put, 8.96 – 29-4 ¾. **Friday:** 800 – Ann-Marie Wiggins, NNU, 12<sup>th</sup> in semifinals, 2:20.43. Heptathlon – 13, Mary Glaze, NNU, 4001 (15<sup>th</sup> in long jump, 4.46 – 14-7 1/2; 13<sup>th</sup> in javelin, 29.36 – 96-4; 1<sup>st</sup> in 800, 2:19.58). **Saturday:** Marathon – 8, Lisseth Lorelli-Qualls, NNU, 3:15:54.

### 2002 (at Olathe, Kan.)

**MEN: Team Scores** - 39, Northwest Nazarene 8. **Thursday:** Steeplechase - Heat, 8, Zach Dwello, NNU, 9:29.71. 10,000 - 10, Brice Roncace, NNU, 32:06.62; 25, Carlos Siqueiros, SU, 34:13.37. **Friday:** 5000 - Heat 1, 2, Caleb Tubei, NNU, 15:13.64 (advances); 9, Ben Wornell, NNU, 15:30. **Saturday:** 5000 - 7, Caleb Tubei, NNU, 14:59.17. Javelin - 3, James Thomas Jr., NNU, 64.69 - 212-3.

**WOMEN: Team Scores** - No GNAC team scored. **Thursday:** No competitors. **Friday:** 3000 - 10, Ann-Marie Wiggins, NNU, 10:37.36; 11, Kelly Fullerton, SU, 10:45.67. Pole Vault - 11, Theresa Mangalas, SU, 10-11 ¾; 14, Aubrey Metzger, NNU, 10-6; Alina Lunsford, NNU, no height. Discus - 25, Kristi Lund, NNU, 112-8. **Saturday:** No competitors.

# GNAC OUTDOOR TRACK & FIELD NATIONAL MEET RESULTS

## YEARLY NAAI NATIONAL OUTDOOR RESULTS CONTINUED

2011 (May 26-28 at Marion, Indiana)

**MEN: Team Scores** -1. Shorter 66, 28. Simon Fraser 10. **Thursday:** 200 - 9. Andrew Boss, SFU, 21.87. 400 - Andrew Boss, SFU, 48.49 (17th in prelims). 800 - 22. Travis Vugteveen, SFU, 1:55.58; 27. Adam Reid, SFU, 1:57.83. Steeplechase - Ryan Brockerville, SFU, 9:19.01 (2nd in prelims). **Friday:** 400 - 13. Andrew Boss, SFU, 48.44. **Saturday:** Steeplechase - 1. Ryan Brockerville, SFU, 8:51.78.

**WOMEN: Team Scores** - 1. Concordia (Ore.) 86, 4. Simon Fraser 59. **Thursday:** 100 Hurdles - Andrea Abrahms, SFU, 14.84 (13th in prelims). 4x800 - Simon Fraser (Emma Vogt, Lindsey Butterworth, Jessica Smith, Helen Crofts) 9:12.61 (5th in prelims). Long Jump - 11. Dieprijye Iworima, SFU, 5.43 - 17-9 3/4; 20. April Cook-McKenzie, SFU, 5.20 - 17-0 3/4. Javelin - 10. Michelle Stuart, SFU, 39.48 - 129-6. **Friday:** 800 - Helen Crofts 2:10.60 (1st in prelims); Brianna Kane 2:11.30 (2nd in prelims); Michaela Kane 2:11.47 (5th in prelims); Sarah Sawatzky 2:11.99 (6th in prelims); Olivia Brennan 2:16.09 (15th in prelims). 100 Hurdles - 11. Andrea Abrahms, SFU, 14.93. 4x800 - 1. Simon Fraser (Brianna Kane, Lindsey Butterworth, Helen Crofts, Jessica Smith) 8:41.76. 4x400 - Simon Fraser (Brianna Kane, Michaela Kane, Jessica Smith, Helen Crofts) 3:43.87 (1st in prelims). **Saturday:** 800 - 1. Helen Crofts, SFU, 2:02.12; 2. Brianna Kane, SFU, 2:08.67; 6. Sara Sawatzky, SFU, 2:11.09; 9. Michaela Kane, SFU, 2:17.27. 1500 - 1. Jessica Smith 4:24.58; 4. Lindsey Butterworth 4:31.46. 4x400 - 2. Simon Fraser (Brianna Kane, Michaela Kane, Jessica Smith, Helen Crofts) 3:42.05. High Jump - 4. Rachele Barnett 1.70 - 5-7. Discus - 12. Jade Richardson 44.64 - 146-5.