



GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

Updated Through 2022-23 Season

TEAM CHAMPION

2004	Western Oregon	164
2005	Western Washington	141
2006	Western Washington	151
2007	Central Washington	171.5
2008	Western Oregon	178
2009	Western Oregon	169
2010	Western Oregon	171
2011	Western Oregon	147.8
2012	Western Oregon	142.5
2013	Western Washington	152
2014	Western Washington	157
2015	Alaska Anchorage	142
2016	Alaska Anchorage	164
2017	Alaska Anchorage	154
2018	Concordia	114
2019	Western Washington	138.5
2020	Western Washington	137
2021	No Meet	
2022	Western Washington	171
2023	Western Oregon	131

ATHLETE OF THE YEAR

2006	Andy Prentice, Saint Martin's
2007	Cameron Neel, Central Washington
2008	Zeb Udell, Western Oregon
2009	Zeke Van Patten, Western Oregon
2010	Ryan Brown, Western Washington
2011	Ryan Brown, Western Washington
2012	Maurus Hope, Northwest Nazarene
2013	Micah Chelimo, Alaska Anchorage
2014	Micah Chelimo, Alaska Anchorage
2015	Alex Donigian, Western Washington
	Cody Thomas, Alaska Anchorage
2016	Cody Thomas, Alaska Anchorage
2017	David Ribich, Western Oregon
2018	David Ribich, Western Oregon
2019	Rowan Doherty, Simon Fraser
2020	Derek Holdsworth, Western Oregon
2021	Not Awarded – COVID-19
2022	Aaron Ahl, Simon Fraser
2023	Steven Schmidt, Northwest Nazarene

CONFERENCE MEET

OUTSTANDING PERFORMER

2004	Isaac Frederick, Western Oregon
2005	Chris Randolph, Seattle Pacific
2006	Andy Prentice, Saint Martin's
2007	Michael Dean, Western Washington
2008	Zeb Udell, Western Oregon
2009	Zeke Van Patten, Western Oregon
	Tyler Fischer, Central Washington
2010	Matson Hardie, Western Oregon
2011	Andrew Boss, Simon Fraser
2012	Maurus Hope, Northwest Nazarene
2013	Micah Chelimo, Alaska Anchorage

2014	Alex Donigian, Western Washington
2015	Cody Thomas, Alaska Anchorage
2016	Payton Lewis, Northwest Nazarene
2017	Vladislav Tsygankov, Simon Fraser

CONFERENCE MEET TRACK

ATHLETE OF THE MEET

2018	David Ribich, Western Oregon
2019	Rowan Doherty, Simon Fraser
2020	Logan Blake, Northwest Nazarene
2021	No Meet
2022	Aaron Ahl, Simon Fraser
2023	Coleman Nash, Alaska Anchorage

CONFERENCE MEET FIELD

ATHLETE OF THE MEET

2018	Chris Brake, Alaska Anchorage
2019	Kodiak Landis, Central Washington
2020	Tyler Cronk, Saint Martin's
2021	No Meet
2022	Steven Schmidt, Northwest Nazarene
2023	Steven Schmidt, Northwest Nazarene

CONFERENCE MEET

PERFORMANCE OF THE MEET

2018	David Ribich, WOU, 800 Meters
2019	Tyler Cronk, SMU, High Jump
2020	Aidan Cain, CWU, Weight Throw
2021	No Meet
2022	Aaron Ahl, Simon Fraser, Mile
2023	Steven Schmidt, NNU, Heptathlon HJ

COACH OF THE YEAR

2004	Mike Johnson, Western Oregon
2005	Pee Wee Halsell, Western Washington
2006	Pee Wee Halsell, Western Washington
2007	Kevin Adkisson, Central Washington
2008	Mike Johnson, Western Oregon
2009	Mike Johnson, Western Oregon
2010	Mike Johnson, Western Oregon
2011	Mike Johnson, Western Oregon
2012	Mike Johnson, Western Oregon
2013	Pee Wee Halsell, Western Washington
2014	Pee Wee Halsell, Western Washington
2015	Michael Friess, Alaska Anchorage
2016	Michael Friess, Alaska Anchorage
2017	Michael Friess, Alaska Anchorage
	Mike Johnson, Western Oregon
2018	Mike Johnson, Western Oregon
2019	Pee Wee Halsell, Western Washington
2020	Pee Wee Halsell, Western Washington
2021	Not Awarded – COVID-19
2022	Pee Wee Halsell, Western Washington
2023	Octavious Gillespie-Bennett, WOU

NEWCOMER OF THE YEAR

2004	Mark Mellein, Western Washington
2005	Cameron Neel, Central Washington
2006	Robert Edwards, Central Washington
2007	Adrian Elmo, Central Washington
2008	Zeb Udell, Western Oregon
2009	Josiah Price, Saint Martin's
	Augustine Agyei, Western Washington
2010	Anthony Zackery, W. Washington
2011	None Selected
2012	Ryan Hansen, Western Oregon
2013	Alex Donigian, Western Washington
2014	Mitch Kamstra, Northwest Nazarene
2015	Bedane Sultessa, Western Oregon
2016	Kodiak Landis, Central Washington
2017	Dustin Nading, Western Oregon
2018	Tupre Wickliff, Western Washington
2019	Pierre-Louis Detourbe, Simon Fraser
2020	Derek Holdsworth, Western Oregon
2021	Not Awarded – COVID-19
2022	Beau Sheeran, Western Washington
2023	Brayden Durfee, Northwest Nazarene

FRESHMAN OF THE YEAR

2004	Trish O'Bluck, Saint Martin's
	Adam Neff, Western Washington
2005	Blake Herrington, Western Oregon
2006	Matt Rogstad, Central Washington
	John Riak, Saint Martin's
2007	Michael Dean, Western Washington
2008	Astin Mott, Western Oregon
2009	Maurus Hope, Northwest Nazarene
2010	Matson Hardie, Western Oregon
2011	Kyle Lane, Western Oregon
	Andrew Curtis, Northwest Nazarene
2012	Logan Myers, Western Washington
2013	Kevin Yates, Western Washington
2014	Micah Spatz, Northwest Nazarene
2015	Payton Lewis, Northwest Nazarene
2016	Daniel Jones, Western Washington
2017	Adam Brown, Concordia
2018	Felix Kemboi, Alaska Anchorage
	Bryadon Maier, Central Washington
2019	Tyler Cronk, Saint Martin's
2020	Jeremiah Lauzon, Simon Fraser
2021	Not Awarded – COVID-19
2022	Coleman Nash, Alaska Anchorage
2023	Gabe Menicke, Western Washington
	Hewie Nguyen, Saint Martin's

GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

INDIVIDUAL EVENT CHAMPIONS

60 METERS

2004	Greg Coleman, WOU	7.08
2005	Eddie Kaeka, WWU	7.16
2006	Dustin Wilson, WWU	7.15
2007	Matt Rogstad, CWU	7.15
2008	Ashtin Mott, WOU	7.02
2009	Bryan Mack, CWU	6.95
2010	Anthony Wright, CWU	6.89
2011	Alex Tilley, WWU	7.05
2012	Bryan Mack, CWU	6.90
2013	Alex Donigian, WWU	6.85
2014	Alex Donigian, WWU	6.75
2015	Alex Donigian, WWU	6.82
2016	Kent McKinney, CWU	6.91
2017	Sam Zook, MSUB	6.90
2018	Carlos Ortiz, CU	6.85
2019	Cody Warner, WOU	7.01
2020	Dominique Loggins, WOU	6.86
2021	No Meet	
2022	Bobby Widmar, CWU	6.96
2023	Dominique Loggins, WOU	6.87

200 METERS

2004	Isaac Frederick, WOU	22.04
2005	Ryan Jewell, SPU	22.46
2006	Mike Khabibulin, WWU	22.80
2007	Michael Dean, WWU	22.42
2008	Ashtin Mott, WOU	22.16
2009	Radio Battle, CWU	21.97
2010	Kincaid Nichols, CWU	22.22
2011	Andrew Boss, SFU	21.84
2012	Maurus Hope, NNU	21.91
2013	Alex Donigian, WWU	21.96
2014	Alex Donigian, WWU	21.79
2015	Cody Warner, WOU	21.60
2016	Cody Warner, WOU	21.78
2017	Ebu Camara, NNU	21.67
2018	Carlos Ortiz, CU	21.56
2019	Jackson Hand, SMU	21.93
2020	Jeremiah Lauzon, SFU	21.71
2021	No Meet	
2022	Callum Robinson, SFU	21.76
2023	Jesaiah Penson-Mccoy, SFU	21.77

400 METERS

2004	Isaac Frederick, WOU	49.76
2005	Chris Randolph, SPU	49.99
2006	Cresap Watson, CWU	49.90
2007	Michael Dean, WWU	49.95
2008	Matt Rogstad, CWU	49.58
2009	Maurus Hope, NNU	49.75
2010	Matt Kaino, WOU	49.17
2011	Andrew Boss, SFU	49.18
2012	Maurus Hope, NNU	48.45
2013	Jonathon Poolman, WWU	48.85
2014	Ethan Hewitt, UAA	48.31
2015	Joel Webster, SFU	48.34
2016	Joel Webster, SFU	47.80
2017	Vladislav Tsygankov, SFU	48.01
2018	Liam Lindsay, UAA	48.50
2019	Adam Brown, CU	49.03
2020	Logan Blake, NNU	48.52
2021	No Meet	
2022	Callum Robinson, SFU	47.82
2023	Kevin Angarita, UAA	48.70

800 METERS

2004	Paul Mach, SPU	1:51.49
2005	Andy Prentice, SMU	1:53.39
2006	Andy Prentice, SMU	1:54.70
2007	Eddie Strickler, SPU	1:55.23
2008	Keith Lema, WWU	1:57.86
2009	Zeke Van Patten, WOU	1:53.43
2010	Nathan Seely, SPU	1:54.86
2011	Nathan Seely, SPU	1:54.35
2012	Nathan Seely, SPU	1:54.10
2013	Ryan Hansen, WOU	1:53.27
2014	Josh Hanna, WOU	1:54.14
2015	Cameron Proceviat, SFU	1:52.41
2016	Cameron Proceviat, SFU	1:55.86
2017	Josh Dempsey, WOU	1:52.47
2018	David Ribich, WOU	1:50.83
2019	Kyler Sager, WWU	1:53.29
2020	Derek Holdsworth, WOU	1:54.20
2021	No Meet	
2022	Mac Franks, WWU	1:51.45
2023	Drew Weber, WWU	1:52.53

MILE

2004	Nathan Carlson, SMU	4:18.54
2005	Ethan Barrons, WOU	4:15.27
2006	Andy Prentice, SMU	4:17.25
2007	Sam Brancheau, WWU	4:16.90
2008	John Riak, SMU	4:21.50
2009	Zeke Van Patten, WOU	4:17.02
2010	Anthony Tomsich, WWU	4:14.08
2011	Chris Reed, WOU	4:12.22
2012	Seth Pierson, SPU	4:13.27
2013	Micah Chelimo, UAA	4:12.46
2014	Robert Peterson, MSUB	4:11.05
2015	Brady Beagley, WOU	4:10.31
2016	Robert Peterson, MSUB	4:10.13
2017	David Ribich, WOU	4:10.01
2018	David Ribich, WOU	4:11.08
2019	Justin Crosswhite, WOU	4:13.86
2020	Charlie Dannatt, SFU	4:13.42
2021	No Meet	
2022	Aaron Ahl, SFU	4:01.78
2023	Charlie Dannatt, SFU	4:06.21

3,000 METERS

2013	Micah Chelimo, UAA	8:29.35
2014	Micah Chelimo, UAA	8:28.35
2015	Henry Cheseto, UAA	8:27.83
2016	Dominik Notz, UAA	8:31.91
2017	David Ribich, WOU	8:29.77
2018	Rowan Doherty, SFU	8:28.48
2019	Rowan Doherty, SFU	8:31.30
2020	Felix Kemboi, UAA	8:31.50
2021	No Meet	
2022	Aaron Ahl, SFU	8:21.23
2023	Coleman Nash, UAA	8:18.32

GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

5,000 METERS

2004	Steve DeKoker, WWU	15:24.02
2005	Sam Scotchmer, CWU	15:03.96
2006	Sam Scotchmer, CWU	15:03.96
2007	John Riak, SMU	15:01.67
2008	Jordan Welling, WWU	15:15.60
2009	John Riak, SMU	15:09.89
2010	Jordan Welling, WWU	14:51.53
2011	Jordan Welling, WWU	15:15.07
2012	Barak Watson, NNU	14:51.07
2013	Micah Chelimo, UAA	14:55.17
2014	Micah Chelimo, UAA	14:50.02
2015	Henry Cheseto, UAA	14:39.24
2016	Dominik Notz, UAA	14:36.46
2017	Dominik Notz, UAA	15:00.80
2018	Felix Kemboi, UAA	15:12.63
2019	Wesley Kirui, UAA	14:55.66
2020	Wesley Kirui, UAA	14:48.55
2021	No Meet	
2022	Kevin McDermott, WWU	14:52.36
2023	Coleman Nash, UAA	14:17.09

60 METER HURDLES

2004	Josh Freeman, WWU	8.48
2005	Alex Clark, CWU	8.40
2006	Robert Edwards, CWU	8.36
2007	Robert Edwards, CWU	8.26
2008	Lloyd Massey, WOU	8.66
2009	Dallas Beaty, NNU	8.51
2010	Andy Loscutoff, WOU	8.34
2011	Anthony Hogan, CWU	8.42
2012	Brett Campbell, WOU	8.37
2013	Andrew Venema, CWU	8.29
2014	Peter Maguire, WWU	8.24
2015	Travis Milbrandt, WWU	8.08
2016	Travis Milbrandt, WWU	8.09
2017	Travis Turner, UAA	8.32
2018	James Phillips, CU	8.30
2019	Cordell Cummings, WWU	8.33
2020	Cordell Cummings, WWU	8.31
2021	No Meet	
2022	Joshua Wagner, UAA	8.11
2023	Justin Conklin, WOU	8.33

4X400 RELAY

2004	Central Washington	3:23.79
2005	Central Washington	3:25.54
2006	Northwest Nazarene	3:24.60
2007	Central Washington	3:20.98
2008	Northwest Nazarene	3:23.22
2009	Northwest Nazarene	3:20.61
2010	Western Oregon	3:19.36
2011	Northwest Nazarene	3:20.23
2012	Western Oregon	3:18.60
2013	Western Washington	3:18.17
2014	Alaska Anchorage	3:16.09
2015	Simon Fraser	3:16.49
2016	Alaska Anchorage	3:16.76
2017	Alaska Anchorage	3:14.10
2018	Alaska Anchorage	3:16.44
2019	Central Washington	3:19.67
2020	Western Oregon	3:17.80
2021	No Meet	
2022	Alaska Anchorage	3:22.22
2023	Central Washington	3:19.15

DISTANCE MEDLEY RELAY

2004	Western Oregon	10:36.72
2005	Saint Martin's	10:19.74
2006	Seattle Pacific	10:28.71
2007	Seattle Pacific	10:24.56
2008	Western Washington	10:38.21
2009	Western Washington	10:26.42
2010	Western Washington	10:18.80
2011	Simon Fraser	10:05.58
2012	Simon Fraser	10:04.58
2013	Alaska Anchorage	10:06.58
2014	Simon Fraser	10:07.19
2015	Simon Fraser	10:14.41
2016	Montana State Billings	10:46.41
2017	Simon Fraser	10:15.57
2018	Simon Fraser	10:08.40
2019	Simon Fraser	9:58.18
2020	Alaska Anchorage	10:05.60
2021	No Meet	
2022	Simon Fraser	10:09.88
2023	Simon Fraser	10:12.48

HIGH JUMP

2004	Cresap Watson, CWU	6-6.25 (1.99)
2005	Chris Randolph, SPU	6-4.25 (1.94)
2006	Jeff Word, WWU	6-6 (1.98)
2007	Cameron Bailey, CWU	6-8.75 (2.05)
2008	Keefe Brockman, WWU	6-4.75 (1.95)
2009	Cameron Bailey, CWU	6-7 (2.01)
2010	Brennan Boyes, CWU	6-4.75 (1.95)
2011	Brandon Roddewig, CWU	6-4.75 (1.95)
2012	Brennan Boyes, CWU	6-9 (2.06)
2013	Logan Myers, WWU	6-7 (2.01)
2014	Brett Watson, WWU	6-8.75 (2.05)
2015	Brett Watson, WWU	6-9 (2.06)
2016	Mikel Smith, SMU	6-9 (2.06)
2017	Mikel Smith, SMU	7-3 (2.21)
2018	Tupre Wickliff, WWU	6-7 (2.01)
2019	Tyler Cronk, SMU	7-0.5 (2.15)
2020	Tyler Cronk, SMU	7-1 (2.16)
2021	No Meet	
2022	Beau Sheeran, WWU	6-10.75 (2.10)
2023	Gerohm Rihari, NNU	6-6.25 (1.99)

POLE VAULT

2004	Scott Romney, WWU	14-11.5 (4.56)
2005	Hunter Verner, WWU	15-10.5 (4.84)
2006	Scott Romney, WWU	16-0.5 (4.89)
2007	Tyler Thornbrue, WWU	15-10 (4.83)
2008	Ryan Brown, WWU	15-10 (4.83)
2009	Ryan Brown, WWU	16-6 (5.03)
2010	Ryan Brown, WWU	16-1.25 (4.91)
2011	Ryan Brown, WWU	15-9.25 (4.81)
2012	Scott Hunter, CWU	14-11 (4.55)
2013	Scott Hunter, CWU	14-9 (4.50)
2014	Greyson Kilgore, NNU	14-10 (4.52)
2015	Payton Lewis, NNU	16-11 (5.16)
2016	Payton Lewis, NNU	15-10 (4.83)
2017	Payton Lewis, NNU	16-1.75 (4.92)
2018	Jared Webster, NNU	15-11 (4.85)
2019	JT Konrad, WWU	15-8.25 (4.78)
2020	Tysen Campbell, CWU	15-7 (4.75)
2021	No Meet	
2022	Kacey Provo, WWU	15-3 (4.65)
2023	Braydon Maier, CWU	15-5.75 (4.72)

GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

LONG JUMP

2004	Chris Randolph, SPU	21-10 (6.65)
2005	Chris Randolph, SPU	22-6.5 (6.87)
2006	Chris Randolph, SPU	22-7.75 (6.90)
2007	Justin Felt, SPU	22-3.5 (6.79)
2008	Zeb Udell, WOU	23-0 (7.01)
2009	Zeb Udell, WOU	23-0.75 (7.03)
2010	Matson Hardie, WOU	23-8 (7.21)
2011	Kyle Lane, WOU	23-4.5 (7.12)
2012	Manny Melo, CWU	23-2.75 (7.08)
2013	Kevin Yates, WWU	23-4 (7.11)
2014	Kevin Yates, WWU	22-1.5 (6.97)
2015	Vladislav Tsygankov, SFU	23-6.75 (7.18)
2016	Vladislav Tsygankov, SFU	24-2.5 (7.38)
2017	Vladislav Tsygankov, SFU	24-2.25 (7.37)
2018	Vladislav Tsygankov, SFU	23-11.5 (7.30)
2019	Seren Dances, WWU	23-0.5 (7.02)
2020	Ethan Sterkel, WWU	23-8.75 (7.23)
2021	No Meet	
2022	Ethan Sterkel, WWU	23-10 (7.26)
2023	Steven Schmidt, NNU	22-11 (6.98)

TRIPLE JUMP

2004	Justin Lawrence, CWU	48-5.25 (14.76)
2005	Blake Herrington, WOU	46-3.25 (14.10)
2006	Greg Hamm, NNU	47-7.75 (14.52)
2007	Greg Hamm, NNU	46-8 (14.22)
2008	Greg Hamm, NNU	47-5.25 (14.46)
2009	Rendel Jones, CWU	46-8.75 (14.24)
2010	Rendel Jones, CWU	47-7.25 (14.51)
2011	Tim Clendaniel, WWU	46-11 (14.30)
2012	Matson Hardie, WOU	47-3.75 (14.42)
2013	Matson Hardie, WOU	48-1.5 (14.66)
2014	Luke Plummer, CWU	46-3.25 (14.10)
2015	Luke Plummer, CWU	49-5 (15.06)
2016	Luke Plummer, CWU	49-2.25 (14.99)
2017	Luke Plummer, CWU	49-5 (15.06)
2018	Chris Brake, UAA	47-7.25 (14.51)
2019	Zach Whittaker, CWU	48-8.75 (14.85)
2020	Zach Whittaker, CWU	48-4.5 (14.74)
2021	No Meet	
2022	David Njeri, SPU	46-10.25 (14.28)
2023	David Njeri, SPU	48-0 (14.63)

SHOT PUT

2004	Kevin Johnson, WOU	49-8.5 (15.15)
2005	Cameron Neel, CWU	55-7.5 (16.95)
2006	Cameron Neel, CWU	53-3.75 (16.25)
2007	Cameron Neel, CWU	57-3.75 (17.47)
2008	Zach Barclay, NNU	48-9.5 (14.87)
2009	Tyler Fischer, CWU	52-3.25 (15.93)
2010	Jason Slowey, WOU	51-3.75 (15.64)
2011	Jason Slowey, WOU	52-8 (16.05)
2012	Tanner Rottrup, MSUB	50-2 (15.29)
2013	Tanner Rottrup, MSUB	52-8.75 (16.07)
2014	Kevin Stanley, CWU	58-1.25 (17.71)
2015	Kevin Stanley, CWU	55-9.25 (17.00)
2016	Josh Koch, CU	53-7.5 (16.34)
2017	Sam Nichols, CU	51-6 (15.69)
2018	Josh Koch, CU	54-4.25 (16.87)
2019	Josh Koch, CU	56-7.5 (17.26)
2020	Caleb Bridge, CU	54-7.25 (16.64)
2021	No Meet	
2022	Ben Malquist, WWU	51-1 (15.57)
2023	Dayne Gordien, WOU	53-2.75 (16.22)

WEIGHT THROW

2004	Brandon Jasmin, WOU	49-3.5 (15.02)
2005	Carlos Aguilar, WOU	54-1.75 (16.50)
2006	Carlos Aguilar, WOU	54-3.25 (16.54)
2007	Anthony Marin, WOU	59-8.25 (18.19)
2008	Anthony Marin, WOU	58-2 (17.73)
2009	Tyler Fischer, CWU	58-6 (17.83)
2010	Tyler Fischer, CWU	58-3 (17.75)
2011	Matt Schryvers, WOU	56-7.25 (17.25)
2012	Sam Washington, SMU	55-11.75 (17.06)
2013	Sam Washington, SMU	57-0.25 (17.38)
2014	Kevin Stanley, CWU	58-1.25 (17.71)
2015	Kevin Stanley, CWU	55-9.25 (17.00)
2016	Tyler Lamott, CU	61-1.75 (18.63)
2017	Armando Tafoya, CWU	57-0.25 (17.37)
2018	John Van Beuren, NNU	58-6.75 (17.85)
2019	Kauanoë Vanderpoel, SMU	56-8.5 (17.28)
2020	Aidan Cain, CWU	61-2 (18.64)
2021	No Meet	
2022	Colton Burr, NNU	57-6.25 (17.53)
2023	Dylan Hendry, NNU	56-6.5 (17.54)

HEPTATHLON

2011	Nate Johnson, SPU	4,576
2012	Nate Johnson, SPU	4,860
2013	Cody Thomas, UAA	4,863
2014	Cody Thomas, UAA	4,904
2015	Cody Thomas, UAA	4,984
2016	Payton Lewis, NNU	5,163
2017	Kodiak Landis, CWU	5,269
2018	Braydon Meier, CWU	5,006
2019	Kodiak Landis, CWU	5,228
2020	Dakota Tidwell, NNU	4,914
2021	No Meet	
2022	Steven Schmidt, NNU	4,588
2023	Steven Schmidt, NNU	5,386

GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

ALL-CONFERENCE SELECTIONS BY EVENT

All-GNAC Award To Top-Three Finishers In Individual Events And Winning Relay At Conference Championship

60 METERS

Year	1st Place	2nd Place	3rd Place
2004	Greg Coleman, WOU	Eddie Kaeka, WWU	Fabien Coutard, CWU
2005	Eddie Kaeka, WWU	Fabien Coutard, CWU	Dustin Wilson, WWU
2006	Dustin Wilson, WWU	Matt Rogstad, CWU	Cameron Sloan, CWU
2007	Matt Rogstad, CWU	Matt Jirges, WOU	Dustin Wilson, WWU
2008	Ashtin Mott, WOU	Christopher Fussell, SU	Zeb Udell, WOU
2009	Bryan Mack, CWU	Augustine Agyei, WWU	Alex Tilley, WWU
2010	Anthony Wright, CWU	Shane Gruger, WWU	Bobby Alexander, WOU
2011	Alex Tilley, WWU	Bryan Mack, CWU	Mark Pangilinan, WWU
2012	Bryan Mack, CWU	Alex Tilley, WWU	Mark Pangilinan, WWU
2013	Alex Donigian, WWU	Rimar Christie, NNU	Michael Davis, SMU
2014	Alex Donigian, WWU	Rimar Christie, NNU	Kent McKinney, CWU
2015	Alex Donigian, WWU	Kent McKinney, CWU	Cody Warner, WOU
2016	Kent McKinney, CWU	Cody Warner, WOU	Cody Thomas, UAA
2017	Sam Zook, MSUB	Kyler Ooley, CWU	Darrion Gray, UAA
2018	Carlos Ortiz, CU	Darrion Gray, UAA	Lamont Frisby, MSUB
2019	Cody Warner, WOU	Mathan Mah, SFU	Enrique Campbell, UAA
2020	Dominique Loggins, WOU	Adam Brown, CU	Bobby Widmar, CWU
2021	No Meet		
2022	Bobby Widmar, CWU	Dominique Loggins, WOU	Joshua Wagner, UAA
2023	Dominique Loggins, WOU	Jesaiah Penson-Mccoy, SFU	Brayden Durfee, NNU

200 METERS

Year	1st Place	2nd Place	3rd Place
2004	Isaac Frederick, WOU	Fabien Coutard, CWU	Greg Coleman, WOU
2005	Ryan Jewell, SPU	Mike Khabibulin, WWU	Faruk Punjani, SU
2006	Mike Khabibulin, WWU	Matt Rogstad, CWU	Eddie Wheeler, NNU
2007	Michael Dean, WWU	Matt Rogstad, CWU	Greg Hamm, NNU
2008	Ashtin Mott, WOU	Matt Rogstad, CWU	Dylan Wells, WOU
2009	Radio Battle, CWU	Maurus Hope, NNU	Augustine Agyei, WWU
2010	Kincaid Nichols, CWU	Alex Tilley, WWU	Anthony Yakovich, WOU
2011	Andrew Boss, SFU	Alex Tilley, WWU	Dustin Boyd, WOU
2012	Maurus Hope, NNU	Anthony Yakovich, WOU	Andrew Curtis, NNU
2013	Alex Donigian, WWU	Nathaniel Schmidt, WWU	Andrew Curtis, NNU
2014	Alex Donigian, WWU	Rimar Christie, NNU	Andrew Curtis, NNU
2015	Cody Warner, WOU	Alex Donigian, WWU	Joel Webster, SFU
2016	Cody Warner, WOU	Carlos Ortiz, CU	Cody Thomas, UAA
2017	Ebu Camara, NNU	Adam Brown, CU	Nathan Mah, SFU
2018	Carlos Ortiz, CU	Darrion Gray, UAA	Kodiak Landis, CWU
2019	Jackson Hand, SMU	Nathan Mah, SFU	Bryant Welch, WWU
2020	Jeremiah Lauzon, SFU	Adam Brown, CU	Logan Blake, NNU
2021	No Meet		
2022	Callum Robinson, SFU	Hunter Braseth, NNU	Joshua Wagner, UAA
2023	Jesaiah Penson-Mccoy, SFU	Nolan Mickenham, WWU	Hunter Braseth, NNU

GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

ALL-CONFERENCE SELECTIONS BY EVENT

400 METERS

Year	1st Place	2nd Place	3rd Place
2004	Isaac Frederick, WOU	Adam Neff, WWU	Mike Kelley, CWU
2005	Chris Randolph, SPU	Adam Neff, WWU	Mike Kelley, CWU
2006	Cresap Watson, CWU	Adam Neff, WWU	Casey Hartwig, NNU
2007	Michael Dean, WWU	Adam Neff, WWU	Mitch Ward, NNU
2008	Matt Rogstad, CWU	Blake Estep, WOU	Mitch Ward, NNU
2009	Maurus Hope, NNU	Mitch Ward, NNU	Blake Estep, WOU
2010	Matt Kaino, WOU	Maurus Hope, NNU	Scott Morrison, CWU
2011	Andrew Boss, SFU	Scott Morrison, CWU	Andrew Curtis, NNU
2012	Maurus Hope, NNU	Tyler Thomas, WOU	Anthony Yakovich, WOU
2013	Jonathon Poolman, WWU	Harrison Leep, WOU	Elliott Bauer, UAA
2014	Ethan Hewitt, UAA	Adam Commandeur, UAA	Daniel Kelloway, SFU
2015	Joel Webster, SFU	Adam Commandeur, UAA	Daniel Kelloway, SFU
2016	Joel Webster, SFU	Liam Lindsay, UAA	Aaron Whitaker, WOU
2017	Vladislav Tsygankov, SFU	Adam Commandeur, UAA	Daniel Kelloway, SFU
2018	Liam Lindsay, UAA	Aaron Whitaker, WOU	Adam Brown, CU
2019	Adam Brown, CU	Zachary Magee, NNU	Gabe Arce-Torres, WOU
2020	Logan Blake, NNU	Myles Smith, WWU	Daniel Calderon, CWU
2021	No Meet		
2022	Callum Robinson, SFU	Bryant Welch, WWU	Kevin Angarita, UAA
2023	Kevin Angatita, UAA	Isaiah Archer, SPU	Brayden Durfee, NNU

800 METERS

Year	1st Place	2nd Place	3rd Place
2004	Paul mach, SPU	Andy Prentice, SMU	Ryan Meier, NNU
2005	Andy Prentice, SMU	Eddie Strickler, SPU	Sam Brancheau, WWU
2006	Andy Prentice, SMU	Eddie Strickler, SPU	Nicholas Dol, SU
2007	Eddie Strickler, SPU	Sam Brancheau, WWU	Erik Bies, WWU
2008	Keith Lemay, WWU	Kyle Lampi, WWU	Matt Stark, NNU
2009	Zeke Van Patten, WOU	Carson O'Brien, WOU	Kyle Larson, WOU
2010	Nathan Seely, SPU	Mike Schmidt, WOU	Carson O'Brien, WOU
2011	Nathan Seeley, SPU	Matt Stark, NNU	Chris Reed, WOU
2012	Nathan Seely, SPU	Ryan Hansen, WOU	Chris Olsen, WOU
2013	Ryan Hansen, WOU	Chris Olsen, WOU	Joe Day, UAA
2014	Josh Hanna, WOU	Frank Krause, SMU	Ryan Hansen, WOU
2015	Cameron Proceviat, SFU	Nathan Kipchumba, UAA	Sam Naffziger, WOU
2016	Cameron Proceviat, SFU	Badane Sultessa, WOU	Josh Dempsey, WOU
2017	Josh Dempsey, WOU	Dustin Nading, WOU	Michael Chin, WOU
2018	David Ribich, WOU	Noah Wallace, CU	Thomas Normandeau, WOU
2019	Kyler Sager, WWU	Curt Knott, WOU	Jesse Phan, SPU
2020	Derek Holdsworth, WOU	Max Carmona, WOU	Drew Weber, WWU
2021	No Meet		
2022	Mac Franks, WWU	Drew Weber, WWU	Paul Buckingham, SFU
2023	Drew Weber, WWU	Will Henry, WWU	Johan Correa, CWU

GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

ALL-CONFERENCE SELECTIONS BY EVENT

MILE

Year	1st Place	2nd Place	3rd Place
2004	Nathan Carlson, SMU	Tim LeCount, SPU	Zach Dwello, NNU
2005	Ethan Barrons, WOU	Nathan Carlson, SMU	Sam Brancheau, WWU
2006	Andy Prentice, SMU	Robert Renninger, SU	Nick Crawford, WOU
2007	Sam Brancheau, WWU	Anthony Tomsich, WWU	Brian Cronrath, SPU
2008	John Riak, SMU	Brian Cronrath, SPU	Bennett Grimes, WWU
2009	Zeke Van Patten, WOU	Bennett Grimes, WWU	Jeff Long, WOU
2010	Anthony Tomsich, WWU	Barak Watson, NNU	Bennett Grimes, WWU
2011	Chris Reed, WOU	Barak Watson, NNU	Kyle Larson, WOU
2012	Seth Pierson, SPU	Ryan Brockerville, SFU	Dan Sprinkle, WOU
2013	Micah Chelimo, UAA	Alfred Kangogo, UAA	Seth Pierson, SPU
2014	Robert Peterson, MSUB	Chip Jackson, WWU	Micah Chelimo, UAA
2015	Brady Beagley, WOU	Robert Peterson, MSUB	Travis Vugteveen, SFU
2016	Robert Peterson, MSUB	David Ribich, WOU	Michel Ramirez, UAA
2017	David Ribich, WOU	Dustin Nading, WOU	Dominik Notz, UAA
2018	David Ribich, WOU	Dustin Nading, WOU	Justin Crosswhite, WOU
2019	Justin Crosswhite, WOU	Drew Johnson, UAA	Aaron Ahl, SFU
2020	Charlie Dannatt, SFU	Rowan Doherty, SFU	Lawson Sims, UAA
2021	No Meet		
2022	Aaron Ahl, SFU	Mac Franks, WWU	Charlie Dannatt, SFU
2023	Charlie Dannatt, SFU	Hunter Hutton, WOU	Drew Johnson, UAA

3,000 METERS

Year	1st Place	2nd Place	3rd Place
2013	Micah Chelimo, UAA	Dylan Antony, UAA	Jacob Parisien, UAA
2014	Micah Chelimo, UAA	Dylan Anthony, UAA	Brady Beagley, WOU
2015	Henry Cheseto, UAA	Dominik Notz, UAA	Marc-Antoine Rouleau, SFU
2016	Dominik Notz, UAA	Henry Cheseto, UAA	Robert Peterson, MSUB
2017	David Ribich, WOU	Dominik Notz, UAA	Edwin Kangogo, UAA
2018	Rowan Doherty, SFU	Felix Kemboi, UAA	Jorey Egeland, MSUB
2019	Rowan Doherty, SFU	Pierre-Louis Detourbe, SFU	Edwin Kangogo, UAA
2020	Felix Kemboi, UAA	Ed Kiolbasa, WWU	Rowan Doherty, SFU
2021	No Meet		
2022	Aaron Ahl, SFU	Coleman Nash, UAA	Jacob Moos, UAA
2023	Coleman Nash, UAA	Sebastian Brinkman, SFU	Hunter Hutton, WOU

5,000 METERS

Year	1st Place	2nd Place	3rd Place
2004	Steve DeKoker, WWU	Tris Obluck, SMU	Chase Wells, WOU
2005	Sam Scotchmer, CWU	Tim LeCount, SPU	Spencer Walsh, WOU
2006	Sam Scotchmer, CWU	John Riak, SMU	Logan Senrud, WWU
2007	John Riak, SMU	Sam Scotchmer, CWU	Chad Portwood, WWU
2008	Jordan Welling, WWU	Kevin Lambert, NNU	Nik Karr, WOU
2009	John Riak, SMU	Jordan Welling, WWU	Josiah Price, SMU
2010	Jordan Welling, WWU	Chris Reed, WOU	Barak Watson, NNU
2011	Jordan Weelling, WWU	Barak Watson, NNU	Blake Medhaug, WWU
2012	Barak Watson, NNU	Kyle Van Santen, SMU	Spencer Hunt, SMU
2013	Micah Chelimo, UAA	Dylan Anthony, UAA	Jacob Parisien, UAA
2014	Micah Chelimo, UAA	Dylan Anthony, UAA	Victor Samoei, UAA
2015	Henry Cheseto, UAA	Dominik Motz, UAA	Oliver Jorgensen, SFU
2016	Dominik Notz, UAA	Henry Cheseto, UAA	Edwin Kangogo, UAA
2017	Dominik Notz, UAA	Edwin Kangogo, UAA	Justin Carrancho, UAA
2018	Felix Kemboi, UAA	Jorey Egeland, MSUB	Oliver Jorgensen, SFU
2019	Wesley Kirui, UAA	Felix Kemboi, UAA	Edwin Kangogo, UAA
2020	Wesley Kirui, UAA	Ed Kiolbasa, WWU	Chris Sobczak, SFU
2021	No Meet		
2022	Kevin McDermott, WWU	Coleman Nash, UAA	Jacob Moos, UAA
2023	Coleman Nash, UAA	Sebastian Brinkman, SFU	Andrew Oslin, WWU

GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

ALL-CONFERENCE SELECTIONS BY EVENT

60-METER HURDLES

Year	1st Place	2nd Place	3rd Place
2004	Josh Freeman, WWU	Sam Hobbs, WOU	Nate Anderson, WOU
2005	Alex Clark, CWU	Sam Hobbs, WOU	Josh Freeman, WWU
2006	Robert Edwards, CWU	Chris Randolph, SPU	Dustin Wilson, WWU
2007	Robert Edwards, CWU	Dustin Wilson, WWU	Lloyd Massey, WOU
2008	Lloyd Massey, WOU	D'Andre Benjamin, SU	Dallas Beaty, NNU
2009	Dallas Beaty, NNU	Kyle Williams, CWU	Andrew Gray, WWU
2010	Andy Luscutoff, WOU	Anthony Hogan, CWU	Darnell Harris, CWU
2011	Anthony Hogan, CWU	Jordan Werner, WOU	Maurus Hope, NNU
2012	Brett Campbell, WOU	Maurus Hope, NNU	Darnell Harris, CWU
2013	Andrew Venema, CWU	Peter Maguire, WWU	Brett Campbell, WOU
2014	Peter Maguire, WWU	Bernari Sternen, CWU	Logan Myers, WWU
2015	Travis Milbrandt, WWU	Rimar Christie, NNU	Logan Myers, WWU
2016	Travis Milbrandt, WWU	Kaleb Dodson, WOU	Kyle McLaughlin, NNU
2017	Travis Turner, UAA	Payton Lewis, NNU	Peyton Harris, SPU
2018	James Phillips, CU	Elijah Castro, NNU	Cordell Cummings, WWU
2019	Cordell Cummings, WWU	Elijah Castro, NNU	Giovanni Brown, CU
2020	Cordell Cummings, WWU	Jordan Gloden, CU	Koby Okezie, WWU
2021	No Meet		
2022	Joshua Wagner, UAA	Justin Conklin, WOU	Andrew Boyd, SMU
2023	Justin Conklin, WOU	Aiden Wise, CWU	Bradley Graves, MSUB

4x400 RELAY

Year	1st Place
2004	Central Washington (Mike Kelley, Fabien Coutard, Cresap Watson, Mike Morrison)
2005	Central Washington (Mike Kelley, Dayne Kinder, Fabien Coutard, Eric Reynolds)
2006	Northwest Nazarene (Eddie Wheeler, Brandon Hill, Greg Hamm, Casey Hartwig)
2007	Central Washington (Mike Kelley, Charles Velasquez, Matt Rogstad, Colby Brydson)
2008	Northwest Nazarene (Josh Grewe, Greg Hamm, Dallas Beaty, Mitch Ward)
2009	Northwest Nazarene (Dallas Beaty, Mitch Ward, Dan Hill, Maurus Hope)
2010	Western Oregon (Matt Kaino, Ashtin Mott, Josh Moore, Antony Yakovich)
2011	Northwest Nazarene (Dan Hill, Andrew Curtis, Maurus Hope, Ben Heidigger)
2012	Western Oregon (Landon Burningham, Anthony Yakovich, Tyler Thomas, Ryan Hansen)
2013	Western Washington (Jonothan Poolman, Nathaniel Schmidt, Jason Nokes, Devon Smith)
2014	Alaska Anchorage (Elliott Bauer, Adam Commandeur, Bobo Camara, Ethan Hewitt)
2015	Simon Fraser (Joel Webster, Stuart Ellenwood, Cameron Proceviat, Daniel Kelloway)
2016	Alaska Anchorage (Nicholas Taylor, Liam Lindsay, Adam Commandeur, Cody Thomas)
2017	Alaska Anchorage (Liam Lindsay, Darrion Gray, Nicholas Taylor, Adam Commandeur)
2018	Alaska Anchorage (Nicholas Taylor, Darrion Gray, Daniel Remington, Liam Lindsay)
2019	Central Washington (Daniel Calderon, Trevaughn, Scott, Doc Porter, Kodiak Landis)
2020	Western Washington (Sonny Chhim, Mark Daniels, Jon Oglesby, Myles Smith)
2021	No Meet
2022	Alaska Anchorage (Wyatt Rohde, Kevin Angarita, Adrian Velasco, Joshua Wagner)
2023	Central Washington (Isaiah Webster, Aiden Wise, Austin Albertin, Johan Correa)

GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

ALL-CONFERENCE SELECTIONS BY EVENT

DISTANCE MEDLEY RELAY

Year	1st Place
2004	Western Oregon (Nick Crawford, Scott Lemon, Andres Williams, Ethan Barrons)
2005	Saint Martin's (Andy Prentice, Tyler Mohoric, Caleb Timmer, Nathan Carlson)
2006	Seattle Pacific (Brian Cronrath, Eddie Strickler, Doug Gibson, Chris Randolph)
2007	Seattle Pacific (Chad Meis, Ben Climer, Eddie Strickler, Brian Cronrath)
2008	Western Washington (Kyle Lampi, Will Cameron, Nick Abraham, Bennett Grimes)
2009	Western Washington (Bennett Grimes, Toby David, Anders Mavis, Jordan Welling)
2010	Western Washington (Bennett Grimes, Andrew Gray, Nick Abraham, Jordan Welling)
2011	Simon Fraser (Adam Reid, Brett Montrose, Ryan Brockerville, Travis Vugteveen)
2012	Simon Fraser (Ryan Brockerville, Stuart Ellenwood, Keir Forsteer, Adam Reid)
2013	Alaska Anchorage (Isaac Kangogo, Ethan Hewitt, Joe Day, Alfred Kangogo)
2014	Simon Fraser (Travis Vugteveen, Daniel Kelloway, Cameron Proceviat, James Young)
2015	Simon Fraser (Cameron Proceviat, Daniel Kelloway, Travis Vugteveen, Marc-Antoine Rouleau)
2016	Montana State Billings (Josh Panasuk, Landon Polkow, Liam McKay, Robert Peterson)
2017	Simon Fraser (Carlos Vargas, Robert Batis, Dylan Freinhofer, Rowan Doherty)
2018	Simon Fraser (Carlos Vargas, Joshua Adehmar, Aaron Ahl, Rowan Doherty)
2019	Simon Fraser (Pierre-Louis Detourbe, Nate St. Romain, Aaron Ahl, Rowan Doherty)
2020	Alaska Anchorage (Lawson Sims, Daryl Bushnell, Eduardo Orozco, Felix Kemboi)
2021	No Meet
2022	Simon Fraser (Aiden Good, Jordan Schmidt, Tomas Chapman, Aaron Ahl)
2023	Simon Fraser (Aiden Good, Felix Allen, Jordan Schmidt, Charlie Dannatt)

HIGH JUMP

Year	1st Place	2nd Place	3rd Place
2004	Cresap Watson, CWU	Chris Randolph, SPU	Beau Ross, CWU
2005	Chris Randolph, SPU	Peter Geist, WWU	Jeremy Parker, WOU
2006	Jeff Word, WWU	Cameron Bailey, CWU	Chris Randolph, SPU
2007	Cameron Bailey, CWU	Peter Geist, WWU	Adrian Elmo, CWU
2008	Keefe Brockman, WWU	Jonathan Hamilton, CWU	Tommy Woolf, WOU
2009	Cameron Bailey, CWU	Robert Wegner, WOU	—
2010	Brennan Boyes, CWU	Jonathan Hamilton, CWU	Robert Wegner, WOU
2011	Brandon Roddewig, CWU	Josh Larson, WWU	Matson Hardie, WOU
2012	Brennan Boyes, CWU	Logan Myers, WWU	Brennan Boyes, CWU
2013	Logan Myers	Mattson Hardie, WOU	Brett Watson, WWU
		Brett Watson, WWU	—
2014	Brett Watson, WWU	Logan Myers, WWU	Kaelen Byrum, WOU
2015	Brett Watson, WWU	Andrew Galbraith, NNU	Cody Thomas, UAA
2016	Mikel Smith, SMU	Cole Hoberg, NNU	Louis Faust, CU
2017	Mikel Smith, SMU	Cole Hoberg, NNU	Tevin Gladden, UAA
2018	Tupre Wickliff, WWU	Chris Brake, UAA	Isaiah Girard, MSUB
2019	Tyler Cronk, SMU	Tupre Wickliff, WWU	Chris Brake, UAA
2020	Tyler Cronk, SMU	Chris Brake, UAA	Tupre Wickliff, WWU
2021	No Meet		
2022	Beau Sheeran, WWU	Steven Schmidt, NNU	Trent Kibler, WWU
2023	Gerohm Rihari, NNU	Steven Schmidt, NNU	Justin Conklin, WOU

GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

ALL-CONFERENCE SELECTIONS BY EVENT

POLE VAULT

Year	1st Place	2nd Place	3rd Place
2004	Scott Romney, WWU	Anthony Gould, NNU	Josh Cummings, WOU
2005	Hunter Verner, WWU	Tyler Thornbrue, WWU	Scott Romney, WWU
2006	Scott Romney, WWU	Tyler Thornbrue, WWU	Andy Behl, WWU
2007	Tyler Thornbrue, WWU	Bryan Lucke, WWU	Hunter Verner, WWU
2008	Ryan Brown, WWU	Zeb Udell, WOU	Scott McCoy, CWU
2009	Ryan Brown, WWU	Zeb Udell, WOU	Josh Winters, WWU
2010	Ryan Brown, WWU	Brandon Roddewig, CWU	Jayce Giddens, WOU
2011	Ryan Brown, WWU	Cal Rosenberg, WWU	Nathan Simunds, WWU
2012	Scott Hunter, CWU	Scott Hunter, CWU	—
2013	Scott Hunter, CWU	Cal Rosenberg, WWU	Tim Lundy, WOU
		Ray Zoellick, SPU	Thomas Guidon, WWU
2014	Greyson Kilgore, NNU	Joseph Keeton, SMU	Keenan Kimoto, WWU
2015	Payton Lewis, NNU	Matt DeHan, SMU	Gordon Kordas, WWU
2016	Payton Lewis, NNU	J.T. Konrad, WWU	Zach McClanahan, NNU
2017	Payton Lewis, NNU	Zach McClanahan, NNU	Gordon Kordas, WWU
2018	Jared Webster, NNU	Payton Lewis, NNU	David Sramek, UAA
2019	J.T. Konrad, WWU	Braydon Maier, CWU	Phillip Gwin, NNU
2020	Tysen Campbell, CWU	Dakota Tidwell, NNU	Spencer Hopkins, NNU
2021	No Meet		Bryan Cadena, CWU
2022	Kacey Provo, WWU	JJ Walker, WOU	Cooper Cummings, WWU
2023	Braydon Maier, CWU	Turner Nye, NNU	Steven Schmidt, NNU

LONG JUMP

Year	1st Place	2nd Place	3rd Place
2004	Chris Randolph, SPU	Justin Lawrence, CWU	Paul Danforth, WWU
2005	Chris Randolph, SPU	Blake Herrington, WOU	Kyle McGillen, WWU
2006	Chris Randolph, SPU	Greg Hamm, NNU	Jeremy Parker, WOU
2007	Justin Felt, SPU	Nick Collins, CWU	Greg Hamm, NNU
2008	Zeb Udell, WOU	Allan Denton, WWU	Jamarian Malley, WOU
2009	Zeb Udell, WOU	Justin Felt, SPU	Tim Clendaniel, WWU
2010	Matson Hardie, WOU	Tim Clendaniel, WWU	Justin Felt, SPU
2011	Kyle Lane, WOU	Jake Hyde, WOU	Dennis Nicolas, SFU
2012	Manny Melo, CWU	Matson Hardie, WOU	Kyle Lane, WOU
2013	Kevin Yates, WWU	Matson Hardie, WOU	Jake Hyde, WOU
2014	Kevin Yates, WWU	Brett Watson, WWU	Dkay Ayivor, SFU
2015	Vladislav Tsygankov, SFU	Nathaniel Van Tuinen, WWU	Brett Watson, WWU
2016	Vladislav Tsygankov, SFU	Nathaniel Van Tuinen, WWU	Luke Plummer, CWU
2017	Vladislav Tsygankov, SFU	Tevin Gladden, UAA	Luke Plummer, CWU
2018	Vladislav Tsygankov, SFU	Elijah Castro, NNU	Chris Brake, UAA
2019	Seren Dances, WWU	Kodiak Landis, CWU	Elijah Castro, CWU
2020	Ethan Sterkel, WWU	Tyler Cronk, SMU	Ryan Greenwalt, WWU
2021	No Meet		
2022	Ethan Sterkel, WWU	Collin Sample, UAA	David Njeri, SPU
2023	Steven Schmidt, NNU	Hewcon Ngyuen, SMU	Ryan Greenwalt, WWU

GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

ALL-CONFERENCE SELECTIONS BY EVENT

TRIPLE JUMP

Year	1st Place	2nd Place	3rd Place
2004	Justin Lawrence, CWU	Chris Mosbacher, NNU	Beau Ross, CWU
2005	Blake Herrington, WOU	Greg Hamm, NNU	Jeremy Parker, WOU
2006	Greg Hamm, NNU	Jeremy Parker, WOU	Mark Mellein, WWU
2007	Greg Hamm, NNU	Cameron Bailey, CWU	Tyler Reisnaur, WOU
2008	Greg Hamm, NNU	Tommy Woolf, WOU	Keefe Brockman, WWU
2009	Rendel Jones, CWU	Tyler Reisnaur, WOU	James Cho, CWU
2010	Rendel Jones, CWU	Matson Hardie, WOU	Bryan Mack, CWU
2011	Tim Clendaniel, WWU	Stephen Larlee, NNU	Sviatoslav Mondanov, SFU
2012	Matson Hardie, WOU	Bryan Mack, CWU	Stephen Larlee, NNU
2013	Matson Hardie, WOU	Tim Clendaniel, WWU	Stephen Larlee, NNU
2014	Luke Plummer, CWU	Stephen Larlee, NNU	Tevin Gladden, UAA
2015	Luke Plummer, CWU	Mark Seely, WWU	Vladislav Moldavanov, SFU
2016	Luke Plummer, CWU	Mark Seely, WWU	Wesley Gray, WOU
2017	Luke Plummer, CWU	Somit Chhim, WWU	Tevin Gladden, UAA
2018	Chris Brake, UAA	Brandon Nicholson, UAA	Justin Peterson, CWU
2019	Zach Whittaker, CWU	Brandon Nicholson, UAA	Chris Brake, UAA
2020	Zach Whittaker, CWU	Chris Brake, UAA	David Njeri, SPU
2021	No Meet		
2022	David Njeri, SPU	Marlon Harrison, WOU	Collin Sample, UAA
2023	David Njeri, SPU	Gabe Menicke, WWU	Marlon Harrison, WOU

SHOT PUT

Year	1st Place	2nd Place	3rd Place
2004	Kevin Johnson, WOU	Jacob Galloway, CWU	Collin Babcock, WOU
2005	Cameron Neel, CWU	Carlos Aguilar, WOU	Gunner Argo, CWU
2006	Cameron Neel, CWU	Carlos Aguilar, WOU	Matt Valdez, CWU
2007	Cameron Neel, CWU	Matt Valdez, CWU	Zach Barclay, NNU
2008	Zach Barclay, NNU	Andrew Matschiner, SPU	Sam Washington, SMU
2009	Tyler Fischer, CWU	Sam Washington, SMU	Dincer Kayahn, WWU
2010	Jason Slowey, WOU	Tyler Fischer, CWU	Brett Elder, WWU
2011	Jason Slowey, WOU	Grant Miller, NNU	Ben Elder, WWU
2012	Tanner Rottrup, MSUB	Sam Washington, SMU	Eric Holmstrom, CWU
2013	Tanner Rottrup, MSUB	Sam Washington, SMU	Mike Jensen, CWU
2014	Jacob Gilbert, WWU	Frank Catelli, WWU	Troy Martin, CWU
2015	Kevin Stanley, CWU	Brandon Pless, WWU	Ryan Macdonald, WWU
2016	Josh Koch, CU	Armando Tafoya, CWU	Brandon Pless, WWU
2017	Sam Nichols, CU	Brandon Pless, WWU	Caleb Bridge, CU
2018	Josh Koch, CU	Armando Tafoya, CWU	Jakob Chamberlin, CU
2019	Josh Koch, CU	Jake Knight, NNU	Ethan Tonder, CWU
2020	Caleb Bridge, CU	Jakob Chamberlin, CU	Brett Elder, CU
2021	No Meet		
2022	Ben Malquist, WWU	Owen Collins, WOU	Sam Cole, WOU
2023	Dayne Gordien, WOU	Mark Warren, WOU	Angelo Ramos, WWU

GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

ALL-CONFERENCE SELECTIONS BY EVENT

WEIGHT THROW

Year	1st Place	2nd Place	3rd Place
2004	Brandon Jasmin, WOU	Tom Farris, WWU	Kevin Johnson, WOU
2005	Carlos Aguilar, WOU	Blake Walker, CWU	Brandon Jasmin, WOU
2006	Carloa Aguilar, WOU	Anthony Marin, WOU	Cameron Neel, CWU
2007	Anthony Marin, WOU	Evan Ruud, CWU	Matt Valdez, CWU
2008	Anthony Marin, WOU	Zach Barclay, NNU	Tyler Fischer, CWU
2009	Tyler Fischer, CWU	Sam Washington, SMU	Zach Barclay, NNU
2010	Tyler Fischer, CWU	Michael Ostler, CWU	Jason Slowey, WOU
2011	Matt Schryvers, WOU	Michael Hoffman, WWU	Grant Miller, NNU
2012	Sam Washington, SMU	Michael Hoffman, WWU	Mike Jensen, CWU
2013	Sam Washington, SMU	Quinton Agosta, CWU	Mike Jensen, CWU
2014	Kevin Stanley, CWU	Vincent Fualefau, SMU	Dylan Buehler, MSUB
2015	Kevin Stanley, CWU	Armando Tafoya, CWU	John VanBeuren, NNU
2016	Tyler Lamott, CU	Armando Tafoya, CWU	John VanBeuren, NNU
2017	Armando Tafoya, CWU	Kauanoë Vanderpoel, SMU	Brandon Pless, WWU
2018	John VanBeuren, NNU	Armando Tafoya, CWU	Nels Flanagan, MSUB
2019	Kauanoë Vanderpoel, SMU	Aidan Cain, CWU	Canyon Anderson, NNU
2020	Aidan Cain, CWU	Jakob Chamberlin, CU	Andrew Harris, CWU
2021	No Meet		
2022	Colton Burr, NNU	Sam Cole, WOU	Omar Young, CWU
2023	Dylan Hendry, NNU	Miller Campbell, WWU	Mark Warren, WOU

HEPTATHLON

Year	1st Place	2nd Place	3rd Place
2011	Nate Johnson, SPU	Andy Loscutoff, WOU	Andrew Venema, CWU
2012	Nate Johnson, SPU	Scott Hunter, CWU	Jason Caryl, CWU
2013	Cody Thomas, UAA	Scott Hunter, CWU	Nate Johnson, SPU
2014	Cody Thomas, UAA	Micah Spatz, NNU	Eric Gaines, WOU
2015	Cody Thomas, UAA	Jaysen Yoro, SMU	Micah Spatz, NNU
2016	Payton Lewis, NNIU	Travis Turner, UAA	Kodiak Landis, CWU
2017	Kodiak Landis, CWU	David Sramek, UAA	Travis Turner, UAA
2018	Bryadon Maier, CWU	James Phillips, CU	Giovanni Brown, CU
2019	Kodiak Landis, CWU	Braydon Maier, CWU	Giovanni Brown, CU
2020	Dakota Tidwell, NNU	David Sramek, UAA	Luke Simonson, CWU
2021	No Meet		
2022	Steven Schmidt, NNU	Ryan Kenny, WWU	JJ Walker, WOU
2023	Steven Schmidt, NNU	Braydon Maier, CWU	Drew Klein, CWU

GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

ALL-CONFERENCE SELECTIONS BY SCHOOL

ALASKA ANCHORAGE

Name	Event	Years
Kevin Angarita	400 Meters	2022-23
Kevin Angarita	4x400 Relay	2022
Dylan Anthony	3,000 Meters	2013-14
Dylan Anthony	5,000 Meters	2013-14
Elliott Bauer	400 Meters	2013
Elliott Bauer	4x400 Relay	2014
Chris Brake	High Jump	2018-19-20
Chris Brake	Long Jump	2018
Chris Brake	Triple Jump	2018-19-20
Daryl Bushnell	DMR	2020
Bobo Camara	4x400 Relay	2014
Enrique Campbell	60 Meters	2019
Justin Carrancho	5,000 Meters	2017
Henry Cheseto	3,000 Meters	2013-15-16
Henry Cheseto	5,000 Meters	2015-16
Micah Chelimo	Mile	2013-14
Micah Chelimo	3,000 Meters	2013-14
Micah Chelimo	5,000 Meters	2013-14
Adam Commandeur	400 Meters	2014-15-17
Adam Commandeur	4x400 Relay	2014-16-17
Joe Day	800 Meters	2013
Joe Day	DMR	2013
Tevin Gladden	High Jump	2017
Tevin Gladden	Long Jump	2017
Tevin Gladden	Triple Jump	2014-17
Darrion Gray	60 Meters	2017-18
Darrion Gray	200 Meters	2018
Darrion Gray	4x400 Relay	2017-18
Ethan Hewitt	400 Meters	2014
Ethan Hewitt	4x400 Relay	2014
Ethan Hewitt	DMR	2013
Drew Johnson	Mile	2019-23
Alfred Kangogo	Mile	2013
Alfred Kangogo	DMR	2013
Edwin Kangogo	3,000 Meters	2017-19
Edwin Kangogo	5,000 Meters	2016-17-19
Isaac Kangogo	DMR	2013
Felix Kemboi	3,000 Meters	2018-20
Felix Kemboi	5,000 Meters	2018
Felix Kemboi	DMR	2020
Nathan Kipchumba	800 Meters	2015
Wesley Kirui	5,000 Meters	2019-20
Liam Lindsay	400 Meters	2016-18
Liam Lindsay	4x400 Relay	2016-17-18
Jacob Moos	3,000 Meters	2022
Jacob Moos	5,000 Meters	2022
Coleman Nash	3,000 Meters	2022-23
Coleman Nash	5,000 Meters	2022-23
Brandon Nicholson	Triple Jump	2018-19
Dominik Notz	Mile	2017
Dominik Notz	3,000 Meters	2015-16-17
Dominik Notz	5,000 Meters	2015-16-17
Eduardo Orozco	DMR	2020
Jacob Parisien	3,000 Meters	2013
Jacob Parisien	5,000 Meters	2013
Michel Ramirez	Mile	2016
Daniel Remington	4x400 Relay	2018
Wyatt Rohde	4x400 Relay	2022

Victor Samoei	5,000 Meters	2014
Collin Sample	Long Jump	2022
Collin Sample	Triple Jump	2022
Lawson Sims	Mile	2020
Lawson Sims	DMR	2020
David Sramek	Pole Vault	2017
David Sramek	Heptathlon	2017-20
Nicholas Taylor	4x400 Relay	2016-17-18
Cody Thomas	60 Meters	2016
Cody Thomas	200 Meters	2016
Cody Thomas	4x400 Relay	2016
Cody Thomas	High Jump	2015
Cody Thomas	Heptathlon	2013-14-15
Travis Turner	60-Meter Hurdles	2017
Travis Turner	Heptathlon	2016-17
Adrian Velasco	4x400 Relay	2022
Joshua Wagner	60 Meters	2022
Joshua Wagner	200 Meters	2022
Joshua Wagner	60-Meter Hurdles	2022
Joshua Wagner	4x400 Relay	2022

CENTRAL WASHINGTON

Name	Event	Years
Quinton Agosta	Weight Throw	2013
Austin Albertin	4x400 Relay	2023
Gunner Argo	Shot Put	2005
Cameron Bailey	High Jump	2006-07-09
Cameron Bailey	Triple Jump	2007
Radio Battle	200 Meters	2009
Brennan Boyes	High Jump	2010-11-12
Colby Brydson	4x400 Relay	2007
Bryan Cadena	Pole Vault	2020
Aidan Cain	Weight Throw	2019-20
Daniel Calderon	400 Meters	2020
Daniel Calderon	4x400 Relay	2019
Tysen Campbell	Pole Vault	2020
Jason Caryl	Heptathlon	2012
James Cho	Triple Jump	2009
Alex Clark	60-Meter Hurdles	2005
Nick Collins	Long Jump	2007
Johan Correa	800 Meters	2023
Johan Correa	4x400 Relay	2023
Fabien Coutard	60 Meters	2004-05
Fabien Coutard	200 Meters	2004
Fabien Coutard	4x400 Relay	2004-05
Robert Edwards	60-Meter Hurdles	2006-07
Adrian Elmo	High Jump	2007
Tyler Fischer	Shot Put	2009-10
Tyler Fischer	Weight Throw	2008-09-10
Jacob Galloway	Shot Put	2004
Jonathan Hamilton	High Jump	2008-09-10
Andrew Harris	Weight Throw	2020
Darnell Harris	60-Meter Hurdles	2010-12
Anthony Hogan	60-Meter Hurdles	2010-11
Eric Holstrom	Shot Put	2012
Scott Hunter	Pole Vault	2011-12-13
Scott Hunter	Heptathlon	2012-13
Mike Jensen	Shot Put	2013
Mike Jensen	Weight Throw	2012-13
Mike Kelley	400 Meters	2004-05
Mike Kelley	4x400 Relay	2004-05-07

GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

CENTRAL WASHINGTON

Name	Event	Years
Dayne Kinder	4x400 Relay	2005
Drew Klein	Heptathlon	2023
Rendel Jones	Triple Jump	2009-10
Kodiak Landis	200 Meters	2018
Kodiak Landis	4x400 Relay	2019
Kodiak Landis	Long Jump	2019
Kodiak Landis	Heptathlon	2016-19
Justin Lawrence	Long Jump	2004
Justin Lawrence	Triple Jump	2004
Bryan Mack	60 Meters	2009-11-12
Bryan Mack	Triple Jump	2010-12
Braydon Maier	Pole Vault	2019-23
Braydon Maier	Heptathlon	2017-18-19-23
Troy Martin	Shot Put	2014
Scott McCoy	Pole Vault	2008
Kent McKinney	60 Meters	2014-15-16
Manny Melo	Long Jump	2012
Mike Morrison	4x400 Relay	2004
Scott Morrison	400 Meters	2010-11
Cameron Neel	Shot Put	2005-06
Cameron Neel	Weight Throw	2006
Kincaid Nichols	200 Meters	2010
Kyler Ooley	60 Meters	2017
Michael Ostler	Weight Throw	2010
Justin Peterson	Triple Jump	2018
Luke Plummer	Long Jump	2016-17
Luke Plummer	Triple Jump	2014-15-16-17
Doc Porter	4x400 Relay	2019
Eric Reynolds	4x400 Relay	2005
Brandon Roddewig	High Jump	2011
Brandon Roddewig	Pole Vault	2010
Matt Rogstad	60 Meters	2006-07
Matt Rogstad	200 Meters	2006-07-08
Matt Rogstad	400 Meters	2008
Matt Rogstad	4x400 Relay	2007
Beau Ross	High Jump	2004
Beau Ross	Triple Jump	2004
Evan Ruud	Weight Throw	2007
Sam Scotchmer	5,000 Meters	2005-06-07
Trevaughn Scott	4x400 Relay	2019
Luke Simonson	Heptathlon	2020
Cameron Sloan	60 Meters	2006
Kevin Stanley	Shot Put	2015
Kevin Stanley	Weight Throw	2014-15
Bernari Sternen	60-Meter Hurdles	2014
Armando Tafoya	Shot Put	2016-18
Armando Tafoya	Weight Throw	2015-16-17-18
Ethan Tonder	Shot Put	2019
Matt Valdez	Shot Put	2006-07
Matt Valdez	Weight Throw	2007
Charles Velazquez	4x400 Relay	2007
Andrew Venema	60-Meter Hurdles	2013
Andrew Venema	Heptathlon	2011
Cresap Watson	4x400 Relay	2004
Cresap Watson	High Jump	2004
Blake Walker	Weight Throw	2005
Isaiah Webster	4x400 Relay	2023
Zach Whittaker	Triple Jump	2019-20
Bobby Widmar	60 Meters	2020-22
Kyle Williams	60-Meter Hurdles	2009

Aiden Wise	60-Meter Hurdles	2023
Aiden Wise	4x400 Relay	2023
Anthony Wright	60 Meters	2010
Omar Young	Weight Throw	2022

CONCORDIA

Name	Event	Years
Caleb Bridge	Shot Put	2017-20
Adam Brown	60 Meters	2020
Adam Brown	200 Meters	2017-20
Adam Brown	400 Meters	2018-20
Giovanni Brown	60-Meter Hurdles	2020
Giovanni Brown	Heptathlon	2018-19
Jakob Chamberlin	Shot Put	2018-20
Jakob Chamberlin	Weight Throw	2020
Brett Elder	Shot Put	2020
Louis Faust	High Jump	2016
Jordan Gloden	60-Meter Hurdles	2020
Josh Koch	Shot Put	2016-18-19
Tyler Lamott	Weight Throw	2016
Sam Nichols	Shot Put	2017
Carlos Ortiz	60 Meters	2018
Carlos Ortiz	200 Meters	2016-18
James Phillips	Heptathlon	2018
Josh Phillips	60-Meter Hurdles	2018
Noah Wallace	800 Meters	2018

MONTANA STATE BILLINGS

Name	Event	Years
Dylan Buehler	Weight Throw	2014
Jorey Egeland	3,000 Meters	2018
Jorey Egeland	5,000 Meters	2018
Nels Flanagan	Weight Throw	2018
Isaiah Girard	High Jump	2018
Bradley Graves	60-Meter Hurdles	2023
Lamont Frisby	60 Meters	2018
Liam McKay	DMR	2016
Josh Panasuk	DMR	2016
Robert Peterson	Mile	2014-15-16
Robert Peterson	3,000 Meters	2016
Robert Peterson	DMR	2016
Landon Polkow	DMR	2016
Tanner Rottrup	Shot Put	2012-13
Sam Zook	60 Meters	2017

NORTHWEST NAZARENE

Name	Event	Years
Canyon Anderson	Weight Throw	2019
Zach Barclay	Shot Put	2007-08
Zach Barclay	Weight Throw	2008-09
Dallas Beaty	60-Meter Hurdles	2008-09
Dallas Beaty	4x400 Relay	2008-09
Logan Blake	200 Meters	2020
Logan Blake	400 Meters	2019-20
Hunter Braseth	200 Meters	2022-23
Colton Burr	Weight Throw	2022
Ebu Camara	200 Meters	2017
Elijah Castro	60-Meter Hurdles	2018-19
Elijah Castro	Long Jump	2018-19
Rimar Christie	60 Meters	2013-14
Rimar Christie	200 Meters	2014
Rimar Christie	60-Meter Hurdles	2015

GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

NORTHWEST NAZARENE

Name	Event	Years
Andrew Curtis	200 Meters	2012-13-14
Andrew Curtis	400 Meters	2011
Andrew Curtis	4x400 Relay	2011
Brayden Durfee	60 Meters	2023
Brayden Durfee	400 Meters	2023
Zach Dwello	Mile	2004
Andrew Galbraith	High Jump	2015
Anthony Gould	Pole Vault	2004
Josh Grewe	4x400 Relay	2008
Philip Gwin	Pole Vault	2018
Greg Hamm	200 Meters	2007
Greg Hamm	4x400 Relay	2006-08
Greg Hamm	Long Jump	2006-07
Greg Hamm	Triple Jump	2005-06-07-08
Casey Hartwig	400 Meters	2006
Casey Hartwig	4x400 Relay	2006
Ben Heidigger	4x400 Relay	2011
Dylan Hendry	Weight Throw	2023
Brandon Hill	4x400 Relay	2006
Dan Hill	4x400 Relay	2009-11
Cole Hoberg	High Jump	2016-17
Maurus Hope	200 Meters	2009-12
Maurus Hope	400 Meters	2009-10-12
Maurus Hope	60-Meter Hurdles	2011-12
Maurus Hope	4x400 Relay	2009-11
Spencer Hopkins	Pole Vault	2019
Greyson Kilgore	Pole Vault	2014
Jake Knight	Shot Put	2019
Kevin Lambert	5,000 Meters	2008
Stephen Larlee	Triple Jump	2011-12-13-14
Payton Lewis	60-Meter Hurdles	2017
Payton Lewis	Pole Vault	2015-16-17-18
Payton Lewis	Heptathlon	2016
Zachary Magee	400 Meters	2019
Zach McClanahan	Pole Vault	2015-17
Kyle McLaughlin	60-Meter Hurdles	2016
Chirs Mosbacher	Triple Jump	2004
Ryan Meier	800 Meters	2004
Grant Miller	Shot Put	2011
Grant Miller	Weight Throw	2011
Cameron Neel	Shot Put	2007
Turner Nye	Pole Vault	2023
Gerohm Rihari	High Jump	2023
Steven Schmidt	High Jump	2022-23
Steven Schmidt	Pole Vault	2023
Steven Schmidt	Long Jump	2023
Steven Schmidt	Heptathlon	2022-23
Micah Spatz	Heptathlon	2014-15
Matt Stark	800 Meters	2008-11
Dakota Tidwell	Pole Vault	2020
Dakota Tidwell	Heptathlon	2020
John VanBeuren	Weight Throw	2015-16-18
Mitch Ward	400 Meters	2007-08-09
Mitch Ward	4x400 Relay	2008-09
Barak Watson	Mile	2010-11
Barak Watson	5,000 Meters	2010-11-12
Jared Webster	Pole Vault	2018
Eddie Wheeler	200 Meters	2006
Eddie Wheeler	4x400 Relay	2006

SAINT MARTIN'S

Name	Event	Years
Andrew Boyd	60-Meter Hurdles	2022
Nathan Carlson	Mile	2004-05
Nathan Carlson	DMR	2005
Tyler Cronk	High Jump	2019-20
Tyler Cronk	Long Jump	2020
Michael Davis	60 Meters	2013
Matt DeHan	Pole Vault	2015
Vincent Fualefau	Weight Throw	2014
Jackson Hand	200 Meters	2019
Spencer Hunt	5,000 Meters	2012
Joseph Keeton	Pole Vault	2014
Frank Krause	800 Meters	2014
Tyler Mohoric	DMR	2005
Hewson Nguyen	Long Jump	2023
Tris Obluck	5,000 Meters	2004
Andy Prentice	800 Meters	2004-05-06
Andy Prentice	Mile	2006
Andy Prentice	DMR	2005
Josiah Price	5,000 Meters	2009
John Riak	Mile	2008
John Riak	5,000 Meters	2006-07-09
Mikel Smith	High Jump	2016-17
Caleb Timmer	DMR	2005
Kyle Van Santen	5,000 Meters	2012
Kauanoë Vanderpoel	Weight Throw	2017-19
Sam Washington	Shot Put	2008-09-12-13
Sam Washington	Weight Throw	2009-12-13
Jaysen Yoro	Heptathlon	2015

SEATTLE

Name	Event	Years
D'Andre Benjamin	60-Meter Hurdles	2008
Nicholas Dol	800 Meters	2006
Christopher Fussell	60 Meters	2008
Mike Punjani	200 Meters	2005
Robert Renninger	Mile	2006

SEATTLE PACIFIC

Name	Event	Years
Isaiah Archer	400 Meters	2023
Brian Climer	DMR	2007
Brian Cronrath	Mile	2007-08
Brian Cronrath	DMR	2006-07
Justin Felt	Long Jump	2007-09-10
Doug Gibson	DMR	2006
Peyton Harris	60-Meter Hurdles	2017
Tim LeCount	Mile	2004
Tim LeCount	5,000 Meters	2005
Paul Mach	800 Meters	2004
Chad Meis	DMR	2007
David Njeri	Long Jump	2022
David Njeri	Triple Jump	2020-22-23
Ryan Jewell	200 Meters	2005
Nate Johnson	Heptathlon	2011-12-13
Andrew Matschiner	Shot Put	2008
Jesse Phan	800 Meters	2019
Seth Pierson	Mile	2012-13
Chris Randolph	400 Meters	2005
Chris Randolph	60-Meter Hurdles	2006
Chris Randolph	DMR	2006

GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

SEATTLE PACIFIC

Name	Event	Years
Chris Randolph	High Jump	2004-05-06
Chris Randolph	Long Jump	2004-05-06
Nathan Seely	800 Meters	2010-11-12
Eddie Strickler	800 Meters	2005-06-07
Eddie Strickler	DMR	2006-07
Ray Zoellick	Pole Vault	2013

SIMON FRASER

Name	Event	Years
Joshua Adehmar	DMR	2018
Aaron Ahl	Mile	2019-22
Aaron Ahl	3,000 Meters	2022
Aaron Ahl	DMR	2018-19-22
Felix Allen	DMR	2023
Dkay Avivor	Long Jump	2014
Robert Batis	DMR	2017

SIMON FRASER

Name	Event	Years
Andrew Boss	200 Meters	2011
Andrew Boss	400 Meters	2011
Sebastian Brinkman	3,000 Meters	2023
Sebastian Brinkman	5,000 Meters	2023
Ryan Brockerville	Mile	2012
Ryan Brockerville	DMR	2011-12
Paul Buckingham	800 Meters	2022
Tomas Chapman	DMR	2022
Charlie Dannatt	Mile	2020-22-23
Charlie Dannatt	DMR	2023
Dylan Freinhofer	DMR	2017
Pierre-Louis Detourbe	3,000 Meters	2019
Pierre-Louis Detourbe	DMR	2019
Rowan Doherty	Mile	2020
Rowan Doherty	3,000 Meters	2018-19-20
Rowan Doherty	DMR	2017-18-19
Stuart Ellenwood	4x400 Relay	2015
Stuart Ellenwood	DMR	2012
Keir Forster	DMR	2012
Aiden Goad	DMR	2022-23
Oliver Jorgensen	5,000 Meters	2015-18
Daniel Kelloway	400 Meters	2014-15-17
Daniel Kelloway	4x400 Relay	2015
Daniel Kelloway	DMR	2014-15
Jeremiah Lauzon	200 Meters	2020
Nathan Mah	60 Meters	2019
Nathan Mah	200 Meters	2017-19
Sviatoslav Moldanov	Triple Jump	2011
Vladislav Moldavanov	Triple Jump	2015
Brent Montrose	DMR	2011
Dennis Nicolas	Long Jump	2011
Jesaiah Penson-Mccoy	60 Meters	2023
Jesaiah Penson-Mccoy	200 Meters	2023
Cameron Proceviat	800 Meters	2015-16
Cameron Proceviat	4x400 Relay	2015
Cameron Proceviat	DMR	2014-15
Adam Reid	DMR	2011-12
Callum Robinson	200 Meters	2022
Callum Robinson	400 Meters	2022
Marc-Antoine Rouleau	3,000 Meters	2015
Marc-Antoine Rouleau	DMR	2015
Nate St. Romain	DMR	2019

Jordan Schmidt	DMR	2022-23
Chris Sobczak	5,000 Meters	2020
Vladislav Tsygankov	400 Meters	2017
Vladislav Tsygankov	Long Jump	2015-16-17-18
Carlos Vargas	DMR	2017-18
Travis Vugteveen	Mile	2015
Travis Vugteveen	DMR	2011-14
Joel Webster	200 Meters	2015
Joel Webster	400 Meters	2015-16
Joel Webster	4x400 Relay	2015
Joel Webster	DMR	2015
James Young	DMR	2014

WESTERN OREGON

Name	Event	Years
Carlos Aguilar	Shot Put	2005-06
Carlos Aguilar	Weight Throw	2005-06
Bobby Alexander	60 Meters	2010
Nate Anderson	60-Meter Hurdles	2004
Collin Babcock	Shot Put	2004
Ethan Barrons	Mile	2005
Ethan Barrons	DMR	2004
Brady Beagley	Mile	2015
Brady Beagley	3,000 Meters	2014
Landon Burningham	4x400 Relay	2012
Kaelen Byrum	High Jump	2014
Brett Campbell	60-Meter Hurdles	2012-13
Max Carmona	800 Meters	2020
Nik Carr	5,000 Meters	2008
Michael Chin	800 Meters	2017
Sam Cole	Shot Put	2022
Sam Cole	Weight Throw	2022
Greg Coleman	60 Meters	2004
Greg Coleman	200 Meters	2004
Owen Collins	Shot Put	2022
Justin Conklin	60-Meter Hurdles	2022-23
Justin Conklin	High Jump	2023
Nick Crawford	Mile	2006
Nick Crawford	DMR	2004
Justin Crosswhite	Mile	2018-19
Josh Cummings	Pole Vault	2004
Josh Dempsey	800 Meters	2016-17
Kaleb Dobson	60-Meter Hurdles	2016
Blake Estep	400 Meters	2008-09
Isaac Frederick	200 Meters	2004
Isaac Fredrick	400 Meters	2004
Eric Gaines	Heptathlon	2014
Jayce Giddens	Pole Vault	2010
Dayne Gordien	Shot Put	2023
Ryan Hansen	800 Meters	2012-13
Matson Hardie	High Jump	2010-13
Matson Hardie	Long Jump	2010-12-13
Matson Hardie	Triple Jump	2010-12-13
Blake Herrington	Long Jump	2005
Blakee Herrington	Triple Jump	2005
Derek Holdsworth	800 Meters	2020
Andrew Gray	60-Meter Hurdles	2009
Wesley Gray	Triple Jump	2016
Josh Hanna	800 Meters	2014
Ryan Hansen	800 Meters	2014
Ryan Hansen	4x400 Relay	2012
Marlon Harrison	Triple Jump	2022-23

GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

WESTERN OREGON

Name	Event	Years
Sam Hobbs	60-Meter Hurdles	2004-05
Hunter Hutton	Mile	2023
Hunter Hutton	3,000 Meters	2023
Jake Hyde	Long Jump	2011-13
Brandon Jasmin	Weight Throw	2004-05
Matt Jirges	60 Meters	2007
Kevin Johnson	Shot Put	2004
Kevin Johnson	Weight Throw	2004
Matt Kaino	400 Meters	2010
Matt Kaino	4x400 Relay	2010
Dincer Kayhan	Shot Put	2009
Curt Knott	800 Meters	2019
Kyle Lane	Long Jump	2011-12
Kyle Larson	800 Meters	2010
Kyle Larson	Mile	2011
Harrison Leep	400 Meters	2013
Scott Lemon	DMR	2004
Dominique Loggins	60 Meters	2020-22-23
Jeff Long	Mile	2009
Andy Loscutoff	60-Meter Hurdles	2010
Andy Loscutoff	Heptathlon	2011
Tim Lundy	Pole Vault	2012
Jamarian Malley	Long Jump	2008
Anthony Marin	Weight Throw	2006-07-08
Lloyd Massey	60-Meter Hurdles	2007-08
Josh Moore	4x400 Relay	2010
Ashtin Mott	60 Meters	2008
Ashtin Mott	200 Meters	2008
Ashtin Mott	4x400 Relay	2010
Dustin Nading	800 Meters	2017
Dustin Nading	Mile	2017-18
Sam Naffziger	800 Meters	2015
Thomas Normandeau	800 Meters	2018
Carson O'Brien	800 Meters	2009-10
Chris Olsen	800 Meters	2012-13
Jeremy Parker	High Jump	2005
Jeremy Parker	Long Jump	2006
Jeremy Parker	Triple Jump	2005-06
Chris Reed	800 Meters	2011
Chris Reed	Mile	2011
Chris Reed	5,000 Meters	2010
Tyler Reisnaur	Triple Jump	2007-09
David Ribich	800 Meters	2018
David Ribich	Mile	2016-17-18
David Ribich	3,000 Meters	2017
Mike Schmidt	800 Meters	2010
Matt Schryver	Weight Throw	2011
Jason Slowey	Shot Put	2010-11
Jason Slowey	Weight Throw	2010
Dan Sprinkle	Mile	2012
Badane Sultessa	800 Meters	2016
Tyler Thomas	400 Meters	2012
Tyler Thomas	4x400 Relay	2012
Zeb Udell	60 Meters	2008
Zeb Udell	Pole Vault	2008-09
Zeb Udell	Long Jump	2008-09
Zeke Van Patten	800 Meters	2009
Zeke Van Patten	Mile	2009
JJ Walker	Pole Vault	2022
JJ Walker	Heptathlon	2022

Spencer Walsh	5,000 Metera	2005
Cody Warner	60 Meters	2015-16-19
Cody Warner	200 Meters	2015-16
Mark Warren	Shot Put	2023
Mark Warren	Weight Throw	2023
Chase Wells	5,000 Meters	2004
Dylan Wells	200 Meters	2008
Robert Wegner	High Jump	2009-10
Jordan Werner	60-Meter Hurdles	2011
Aaron Whitaker	400 Meters	2016-18
Andres Williams	DMR	2004
Tommy Woolf	High Jump	2008
Tommy Woolf	Triple Jump	2008
Anthony Yakovich	200 Meters	2010-12
Anthony Yakovich	400 Meters	2012
Anthony Yakovich	4x400 Relay	2010-12

WESTERN WASHINGTON

Name	Event	Years
Nick Abraham	DMR	2008-10
Augustine Agyei	60 Meters	2009
Augustine Agyei	200 Meters	2009
Andy Behl	Pole Vault	2006
Eric Bies	800 Meters	2007
Sam Brancheau	800 Meters	2005-07
Sam Brancheau	Mile	2005-07
Keefe Brockman	High Jump	2008
Keefe Brockman	Triple Jump	2008
Ryan Brown	Pole Vault	2008-09-10-11
Will Cameron	DMR	2008
Miller Campbell	Weight Throw	2023
Frank Catelli	Shot Put	2014
Somit Chhim	Triple Jump	2017
Sonny Chhim	4x400 Relay	2020
Tim Clendaniel	Long Jump	2009-10
Tim Clendaniel	Triple Jump	2011-13
Cooper Cummings	Pole Vault	2022
Cordell Cummings	60-Meter Hurdles	2018-19-20
Toby David	DMR	2009
Seren Dances	Long Jump	2019
Paul Danforth	Long Jump	2004
Mark Daniels	4x400 Relay	2020
Michael Dean	200 Meters	2007
Michael Dean	400 Meters	2007
Steve DeKoker	5,000 Meters	2004
Allan Denton	Long Jump	2008
Alex Donigian	60 Meters	2013-14-15
Alex Donigian	200 Meters	2013-14-15
Ben Elder	Shot Put	2010-11
Tom Farris	Weight Throw	2004
Mac Franks	800 Meters	2022
Mac Franks	Mile	2022
Josh Freeman	60-Meter Hurdles	2004-05
Peter Geist	High Jump	2005-07
Jacob Gilbert	Shot Put	2014
Andrew Gray	DMR	2010
Bryan Greenwalt	Long Jump	2020-23
Bennett Grimes	Mile	2008-09-10
Bennett Grimes	DMR	2008-09-10
Shane Gruger	60 Meters	2010
Thomas Guidon	Pole Vault	2013
Will Henry	800 Meters	2023

GNAC MEN'S INDOOR TRACK & FIELD CHAMPIONS & YEARLY AWARDS

WESTERN WASHINGTON

Name	Event	Years	Name	Event	Years
Michael Hoffman	Weight Throw	2011-12	Jonathon Poolman	400 Meters	2013
Chip Jackson	Mile	2014	Jonathon Poolman	4x400 Relay	2013
Eddie Kaeka	60 Meters	2004-05	Chad Portwood	5,000 Meters	2007
Ryan Kenny	Heptathlon	2022	Kasey Provo	Pole Vault	2022
Mike Khabibulin	200 Meters	2005-06	Angelo Ramos	Shot Put	2023
Trent Kibler	High Jump	2022	Scott Romney	Pole Vault	2004-05-06
Ed Kiolbasa	3,000 Meters	2020	Cal Rosenberg	Pole Vault	2011-12
Ed Kiolbasa	5,000 Meters	2020	Kyler Sager	800 Meters	2019
J.T. Konrad	Pole Vault	2016-19	Nathaniel Schmidt	200 Meters	2013
Keenan Komoto	Pole Vault	2013	Nathaniel Schmidt	4x400 Relay	2013
Gordon Kordas	Pole Vault	2014-16	Mark Seely	Triple Jump	2015-16
Kyle Lampi	800 Meters	2008	Logan Senrud	5,000 Meters	2006
Kyle Lampi	DMR	2008	Beau Sheeran	High Jump	2022
Josh Larson	High Jump	2011	Nathan Simunds	Pole Vault	2010
Keith Lemay	800 Meters	2008	Devon Smith	4x400 Relay	2013
Brian Lucke	Pole Vault	2007	Myles Smith	400 Meters	2020
Ryan Macdonald	Shot Put	2015	Myles Smith	4x400 Relay	2020
Peter Maguire	60-Meter Hurdles	2013-14	Ethan Sterkel	Long Jump	2020-22
Ben Malquist	Shot Put	2022	Tyler Thornbrue	Pole Vault	2005-06-07
Andrew Mavis	DMR	2009	Alex Tilley	60 Meters	2009-11-12
Kevin McDermott	5,000 Meters	2022	Alex Tilley	200 Meters	2010-11
Kyle McGillen	Long Jump	2005	Anthony Tomsich	Mile	2007-10
Blake Medhaug	5,000 Meters	2011	Nathaniel Van Tuinen	Long Jump	2015-16
Mark Mellein	Triple Jump	2006	Hunter Verner	Pole Vault	2005-07
Gabe Menicke	Triple Jump	2023	Brett Watson	High Jump	2012-13-14-15
Nolan Mickenham	200 Meters	2023	Brett Watson	Long Jump	2014-15
Travis Milbrandt	60-Meter Hurdles	2015-16	Cresap Watson	400 Meters	2006
Logan Myers	60-Meter Hurdles	2014-15	Drew Weber	800 Meters	2020-22-23
Logan Myers	High Jump	2012-13-14	Bryant Welch	200 Meters	2019
Adam Neff	400 Meters	2004-05-06-07	Bryant Welch	400 Meters	2022
Jason Nokes	4x400 Relay	2013	Jordan Welling	5,000 Meters	2008-09-10-11
Jon Oglesby	4x400 Relay	2020	Jordan Welling	DMR	2009-10
Koby Okezie	60-Meter Hurdles	2020	Tupre Wickliff	High Jump	2018-19-20
Andrew Oslin	5,000 Meters	2023	Dustin Wilson	60 Meters	2005-06-07
Mark Pangilinan	60 Meters	2011-12	Dustin Wilson	60-Meter Hurdles	2006-07
Brandon Pless	Shot Put	2015-16-17	Josh Winters	Pole Vault	2009
Brandon Pless	Weight Throw	2017	Jeff Word	High Jump	2006
			Kevin Yates	Long Jump	2013-14