



# GNAC INDOOR TRACK & FIELD MEN'S TOP-10 LISTS

Updated February 12, 2024

## 60 METERS

Alex Donigian, WWU	6.72	2015
<b>Joshua Caleb, UAA</b>	<b>6.73</b>	<b>2024</b>
Mike Hinshaw, WOU	6.78	2002
Sam Zook, MSUB	6.78	2017
Carlos Ortiz, CU	6.80	2018
Kent McKinney, CWU	6.82	2015
Rimar Christie, NNU	6.86	2014
Dominique Loggins, WOU	6.86	2020
<b>Ryan Greenwalt, WWU</b>	<b>6.87</b>	<b>2024</b>
Bryan Mack, CWU	6.89	2012
Anthony Wright, CWU	6.89	2010
Cody Warner, WOU	6.89	2015

## 200 METERS

Callum Robinson, SFU	21.40	2022
<b>Joshua Caleb, UAA</b>	<b>21.43</b>	<b>2024</b>
Jeremiah Lauzon, SFU	21.47	2020
Carlos Ortiz, CU	21.56	2018
Darrion Gray, UAA	21.60	2018
Cody Warner, WOU	21.60	2015
Alex Donigian, WWU	21.63	2015
Sam Zook, MSUB	21.65	2018
Ebu Camara, NNU	21.67	2017
<b>Josh Green, CWU</b>	<b>21.72</b>	<b>2024</b>

## 400 METERS

Vladislav Tsygankov, SFU	47.61	2017
Callum Robinson, SFU	47.65	2022
Joel Webster, SFU	47.80	2016
<b>Kevin Angarita, UAA</b>	<b>48.21</b>	<b>2024</b>
Maximilian Kresmer, UAA	48.25	2023
Andrew Boss, SFU	48.27	2011
Ethan Hewitt, UAA	48.31	2014
Daniel Kelloway, SFU	48.31	2017
Adam Commandeur, UAA	48.31	2017
AJ Holmberg, WOU	48.40	2017

## 800 METERS

Derek Holdsworth, WOU	1:47.74	2020
Badane Sultessa, WOU	1:49.68	2016
Cameron Proceviat, SFU	1:49.77	2016
Drew Weber, WWU	1:49.86	2023
Mac Franks, WWU	1:50.07	2022
David Ribich, WOU	1:50.49	2017
Drew Weber, WWU	1:50.61	2022
Josh Dempsey, WOU	1:50.70	2017
Chris Olsen, WOU	1:51.15	2013
Paul Mach, SPU	1:51.49	2004

## MILE

Aaron Ahl, SFU	3:57.95	2022
Charlie Dannatt, SFU	3:58.54	2023
David Ribich, WOU	3:58.88	2018
<b>Kevin McDermott, WWU</b>	<b>4:02.13</b>	<b>2024</b>
Mac Franks, WWU	4:02.28	2022
Hunter Hutton, WOU	4:03.26	2023
Justin Crosswhite, WOU	4:04.36	2020
Dustin Nading, WOU	4:04.50	2018
Drew Weber, WWU	4:05.70	2023
Oliver Jorgensen, SFU	4:06.82	2018

## 3,000 METERS

# David Ribich, WOU	7:50.81	2018
Aaron Ahl, SFU	7:53.89	2022
Charlie Dannatt, SFU	7:58.32	2023
<b>Kevin McDermott, WWU</b>	<b>7:59.27</b>	<b>2024</b>
Coleman Nash, UAA	8:03.41	2023
Dominik Notz, UAA	8:07.28	2017
<b>Ephrem Mekonnen, SFU</b>	<b>8:08.40</b>	<b>2024</b>
Mac Franks, WWU	8:09.40	2022
Dustin Nading, WOU	8:10.82	2018
Micah Chelimo, UAA	8:10.99	2014

## 5,000 METERS

Micah Chelimo, UAA	13:47.73	2014
Coleman Nash, UAA	13:48.46	2023
<b>Kevin McDermott, WWU</b>	<b>13:50.77</b>	<b>2024</b>
Dominik Notz, UAA	14:03.95	2017
Jordan Welling, WWU	14:11.10	2011
Henry Cheseto, UAA	14:12.99	2016
Michel Ramirez, UAA	14:14.31	2016
Wesley Kirui, UAA	14:18.62	2019
Sebastian Brinkman, SFU	14:21.33	2023
Andrew Oslin, WWU	14:25.96	2023

## 60 METER HURDLES

Hunter Flick, WWU	8.07	2022
Travis Milbrandt, WWU	8.08	2015
Joshua Wagner, UAA	8.09	2022
Logan Myers, WWU	8.20	2015
Rimar Christie, NNU	8.20	2015
Robert Edwards, CWU	8.22	2007
Peter Maguire, WWU	8.24	2014
Kaleb Dobson, WOU	8.25	2016
Bernari Sternem, CWU	8.26	2014
Cody Thomas, UAA	8.27	2015

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### 4x400 METER RELAY

Alaska Anchorage	3:12.45	2016
Alaska Anchorage	3:13.02	2018
Alaska Anchorage	3:13.69	2017
Alaska Anchorage	3:13.75	2017
Alaska Anchorage	3:14.20	2018
Simon Fraser	3:14.25	2017
Western Oregon	3:15.43	2010
Alaska Anchorage	3:16.09	2014
Simon Fraser	3:16.49	2015
Alaska Anchorage	3:16.60	2015

### DISTANCE MEDLEY RELAY

Simon Fraser	9:36.05	2022
Simon Fraser	9:38.04	2022
Western Oregon	9:40.15	2017
Western Oregon	9:41.40	2018
Simon Fraser	9:42.77	2023
Western Oregon	9:45.45	2017
Western Washington	9:45.48	2023
Western Oregon	9:46.23	2023
Western Oregon	9:47.56	2018
Simon Fraser	9:48.57	2019

### HIGH JUMP

Mikel Smith, SMU	2.22/7-3.25	2017
Tyler Cronk, SMU	2.16/7-1	2019/2020
Steven Schmidt, NNU	2.14/7-0.25	2023
Beau Sheeran, WWU	2.10/6-10.75	2022
Brett Watson, WWU	2.09/6-10.25	2014
Cody Thomas, UAA	2.09/6-10.25	2015
Cole Hoberg, NNU	2.09/6-10.25	2017
Cresap Watson, CWU	2.08/6-9.75	2006
Brennan Boyes, CWU	2.06/6-9	2012
Andrew Galbraith, NNU	2.06/6-9	2015
Tevin Gladden, UAA	2.06/6-9	2017
Isaiah Girard, MSUB	2.06/6-9	2019
Tupre Wickliff, WWU	2.06/6-9	2020
Chris Brake, UAA	2.06/6-9	2020

### POLE VAULT

Ryan Brown, WWU	5.31/17-5	2011
Payton Lewis, NNU	5.30/17-4.5	2017
Tyler Thornbrue, WWU	5.01/16-5.25	2007
Zeb Udell, WOU	4.95/16-2.75	2008
Hunter Verner, WWU	4.90/16-1	2005
Jared Webster, NNU	4.90/16-0.75	2018
J.T. Konrad, WWU	4.90/16-0.75	2019
Scott Romney, WWU	4.89/16-0.5	2006
Braydon Maier, CWU	4.87/15-11.75	2019
Kodiak Landis, CWU	4.85/15-11	2017

\* - Denotes NCAA Division II record

# - Division II all-time best (run on oversized track)

### LONG JUMP

Vladislav Tsygankov, SFU	7.46/24-5.75	2016
Tevin Gladden, UAA	7.36/24-1.75	2017
Luke Plummer, CWU	7.28/23-10.75	2017
Ethan Sterkel, WWU	7.26/23-10	2022
Elijah Castro, NNU	7.23/23-8.75	2018
Matson Hardie, WOU	7.21/23-8	2010
Nate van Tuinen, WWU	7.21/23-8	2017
Alani Troutman, WOU	7.20/23-7.5	2017
Brett Watson, WWU	7.19/23-7.25	2015
James Phillips, CU	7.17/23-6.25	2017

### TRIPLE JUMP

Luke Plummer, CWU	15.06/49-5	2015/2017
David Njeri, SPU	14.95/49-0.75	2021
Zach Whittaker, CWU	14.85/48-8.75	2019
Justin Lawrence, CWU	14.76/48-5.25	2004
Chris Brake, UAA	14.74/48-4.5	2020
Matson Hardie, WOU	14.73/48-4	2010
Brandon Nicholson, UAA	14.64/48-0.5	2019
Greg Hamm, NNU	14.52/47-7.75	2006
Vladislav Moldavanov, SFU	14.52/47-7.75	2014
Rendel Jones, CWU	14.51/47-7.25	2010
Chris Brake, UAA	14.51/47-7.25	2018

### SHOT PUT

Cameron Neel, CWU	17.94/58-10.25	2007
Josh Koch, CU	17.82/58-5.75	2018
Jake Knight, NNU	17.66/57-11.25	2019
Frank Catelli, WWU	17.51/57-5.25	2014
Dayne Gordien, WOU	17.17/56-4	2023
Jakob Chamberlin, CU	16.78/55-0.75	2020
Caleb Bridge, CU	16.64/54-7.25	2020
John Van Beuren, NNU	16.33/53-7	2018
Armando Tafoya, CWU	16.32/53-6.5	2018
Tanner Rottrup, MSUB	16.28/53-5	2013

### WEIGHT THROW

Aidan Cain, CWU	18.85/61-10.25	2020
Anthony Marin, WOU	18.82/61-9	2007
Tyler Lamott, CU	18.63/61-1.5	2016
Tyler Fischer, CWU	18.45/60-6.5	2010
Jakob Chamberlin, CU	18.44/60-6	2018
John Van Beuren, NNU	18.42/60-5.25	2018
Evan Ruud, CWU	18.30/60-0.5	2007
Kevin Stanley, CWU	18.05/59-2.75	2014
Armando Tafoya, CWU	17.92/58-9.5	2016
Andrew Harris, CWU	17.90/58-8.75	2020

### HEPTATHLON

Cody Thomas, UAA	5,538	2016
Steven Schmidt, NNU	5,523	2023
Chris Randolph, WOU	5,508	2006
Kodiak Landis, CWU	5,508	2018
Braydon Maier, CWU	5,288	2019
Travis Turner, UAA	5,211	2017
<b>Drew Klein, CWU</b>	<b>5,198</b>	<b>2024</b>
Payton Lewis, NNU	5,163	2016
Seren Dances, WWU	5,069	2020
Giovanni Brown, CU	4,987	2019