



# GNAC TRACK & FIELD INDOOR NATIONALS PERFORMACES

Updated Through 2019-20 Season

## MEN'S NATIONALS YEAR BY YEAR TEAM SCORES

Year	UAA	CWU	CU	MSUB	NNU	SMU	SPU	SFU	WOU	WWU
2002									38th / 1	
2003										
2004										
2005						38th / 1				
2006						24th / 6				
2007										37th / 5
2008										47th / 3
2009										
2010										18th / 14
2011								51st / 1*	38th / 3	28th / 10
2012										48th / 2
2013	14th / 15								48th / 4	
2014	9th / 18									15th / 16
2015	28th / 8	47th / 1				43rd / 2		41st / 3	35th / 5	23rd / 14
2016	14th / 16					28th / 8		36th / 5	26th / 9	
2017	28th / 7	30th / 6			33rd / 5.5	20th / 10		38th / 4	6th / 24	
2018		29th / 6							6th / 26	
2019	52nd / 2	46th / 3						21st / 10		

## WOMEN'S NATIONALS YEAR BY YEAR TEAM SCORES

Year	UAA	CWU	CU	MSUB	NNU	SMU	SPU	SFU	WOU	WWU
2002							37th / 1			
2003							17th / 9.5			
2004		29th / 6							17th / 8	32nd / 4
2005		29th / 5					8th / 25			
2006					44th / 0.5		38th / 3			
2007							7th / 20			
2008					37th / 1		9th / 33			
2009		16th / 10			13th / 11		6th / 35			9th / 20
2010							7th / 26			14th / 12
2011		40th / 3						2nd / 58*		31st / 6
2012		47th / 1					20th / 7		19th / 8	33rd / 4
2013	11th / 23	46th / 3					21st / 8	12th / 22	47th / 1	
2014	13th / 16						26th / 8	7th / 24		
2015	40th / 3									36th / 5
2016	9th / 20.5					47th / 1	11th / 18	43rd / 3		
2017	21st / 10	38th / 4.5				40th / 4	55th / 1	24th / 8	29th / 7	49th / 2
2018	17th / 10	36th / 5	29th / 7				24th / 8	32nd / 6	32nd / 6	36th / 5
2019	4th / 34	53rd / 2					44th / 3		40th / 4	

\* - Denotes finish at the NAIA National Championships

NOTE: 2020 Division II Indoor Championships canceled due to COVID-19 outbreak.

# GNAC INDOOR TRACK & FIELD NATIONAL MEET RESULTS

## TOTAL GNAC NATIONAL CHAMPIONS BY SCHOOL

School	Men	Women
Alaska Anchorage	2	3
Central Washington	0	1
Northwest Nazarene	0	1
Saint Martin's	1	0
Seattle Pacific	0	7
Simon Fraser	0	2
Western Oregon	3	0
Western Washington	1	2

## NCAA MEN'S NATIONAL CHAMPIONS BY YEAR

Year	Athlete	Event	Mark
2010	Ryan Brown, WWU	Pole Vault	16-11
2011	Ryan Brown, WWU	Pole Vault	17-2.75
2013	Micah Chelimo, UAA	5,000	14:12.82
2014	Micah Chelimo, UAA	3,000	8:15.52
2017	Western Oregon	DMR	9:40.15
Dustin Nading, AJ Holmberg, Josh Dempsey, David Ribich			
2017	Mikel Smith, SMU	High Jump	7-3.25
2018	Dustin Nading, WOU	Mile	4:13.30
2018	Western Oregon	DMR	9:41.40
Dustin Nading, Aaron Whitaker, AJ Holmberg, David Ribich			

## NCAA WOMEN'S NATIONAL CHAMPIONS BY YEAR

Year	Athlete	Event	Mark
2005	Danielle Ayers-Stamper, SPU	High Jump	6-8
2007	Jessica Pixler, SPU	Mile	4:42.42
2008	Jessica Pixler, SPU	Mile	4:47.49
2009	Jessica Pixler, SPU	Mile	4:43.69
2009	Jessica Pixler, SPU	5,000	16:22.64
2009	Ashley Puga, NNU	800	2:07.63
2009	Krissy Tandle, CWU	Shot Put	48-9.5
2009	Emily Warman, WWU	Triple Jump	39-3
2010	Jessica Pixler, SPU	Mile	4:46.42
2010	Seattle Pacific	DMR	11:29.88
Jane Larson, Jennifer Pike, Lisa Anderberg, Jessica Pixler			
2013	Helen Crofts, SFU	800	2:05.96
2015	Lindsey Butterworth, SFU	800	2:08.44
2018	Danielle McCormick, UAA	800	2:07.79
2019	Caroline Kurgat, UAA	3,000	9:15.45*
2019	Caroline Kurgat, UAA	5,000	16:06.37*

\* - Denotes Division II Championships Meet Record Time

## INDOOR TRACK AND FIELD ALL-AMERICANS

### Men's Individual Events Sorted By Place And Year

**NOTE:** In 2020, all accepted entrants to the Division II Championships were named as All-Americans. National meet canceled due to COVID-19 outbreak. Those honorees are designated with an asterisk.

Men	Year	Event	Place
Ryan Brown, WWU	2010	Pole Vault	1st, 16-11
Ryan Brown, WWU	2011	Pole Vault	1st, 17-2 ¾
Micah Chelimo, UAA	2013	5,000	1st, 14:12.82
Micah Chelimo, UAA	2014	3,000	1st, 8:15.52
Mikel Smith, SMU	2017	High Jump	1st, 7-3.25
Dustin Nading, WOU	2018	Mile	1st, 4:13.20
Alex Donigian, WWU	2015	60	2nd, 6.72
Micah Chelimo, UAA	2014	5,000	2nd, 14:06.27
Cody Thomas, UAA	2015	Heptathlon	2nd, 5488
Andy Prentice, SMU	2006	800	3rd, 1:52.66
Cameron Neel, CWU	2006	Shot Put	3rd, 56-1
Cody Thomas, UAA	2016	Heptathlon	3rd, 5,538
David Ribich, WOU	2017	Mile	3rd, 4:06.72
Kodiak Landis, CWU	2017	Heptathlon	3rd, 5,342
Payton Lewis, NNU	2017	Pole Vault	3rd, 16-10.75
Kodiak Landis, CWU	2018	Heptathlon	3rd, 5,508
David Ribich, WOU	2018	3,000	3rd, 8:01.55
Chris Olsen, WOU	2013	800	4th, 1:51.15

Badane Sultessa, WOU	2015	800	4th, 1:51.36
Micah Chelimo, UAA	2013	3,000	4th, 8:11.73
Tyler Thornbrue, WWU	2006	Pole Vault	4th, 15-6 ¼
Dominik Notz, UAA	2016	3,000	4th, 8:24.81
Dominik Notz, UAA	2016	5,000	4th, 14:09.26
David Ribich, WOU	2016	Mile	4th, 4:14.22
Dustin Nading, WOU	2017	Mile	4th, 4:06.85
Zeke Van Patten, WOU	2009	800	5th, 1:53.71
Mikel Smith, SMU	2015	High Jump	5th, 6-9 ½
Cameron Neel, CWU	2007	Shot Put	5th, 55-7 ½
Dominik Kotz, UAA	2017	5,000	5th, 14:12.99
Travis Vugteveen, SFU	2015	Mile	6th, 4:12.49
Cameron Proceviat, SFU	2016	800	6th, 1:49.95
Josh Dempsey, WOU	2017	800	6th, 1:51.20
Jordan Welling, WWU	2011	5,000	7th, 14:58.85
Vladislav Tsygankov, SFU	2016	Long Jump	7th, 24-5.75
Vladislav Tsygankov, SFU	2017	400	7th, 48.39
Dominik Notz, UAA	2017	3,000	7th, 8:07.28
Vladislav Tsygankov, SFU	2017	Long Jump	7th, 24-1.75
Rowan Doherty, SFU	2019	3,000	7th, 8:16.14
Braydon Maier, CWU	2019	Heptathlon	7th, 5,288
Mike Hinshaw, WOU	2002	60	8th, 6.85
Andy Prentice, SMU	2005	800	8th, 1:53.09
Eddie Strickler, SPU	2007	800	8th, 1:52.52
Luke Plummer, CWU	2015	Triple Jump	8th, 48-10 ¼
Zach Whittaker, CWU	2019	Triple Jump	8th, 49-4.5
Tyler Cronk, SMU	2020	High Jump	No Place*
Derek Holdsworth, WOU	2020	800 Meters	No Place*

### Men's Relay All-Americans Sorted By Year

Western Oregon	2017	DMR	1st, 9:40.15
Dustin Nading, AJ Holmberg, Josh Dempsey, David Ribich			
Western Oregon	2018	DMR	1st, 9:41.40
Dustin Nading, Aaron Whitaker, AJ Holmberg, David Ribich			
Western Washington	2007	DMR	2nd, 9:55.00
Sam Brancheau, Adam Neff, Erik Bies, Anthony Tomsich			
Simon Fraser	2019	DMR	2nd, 9:48.57
Pierre-Louis Detourbe, Nate St Romain, Carlos Vargas, Rowan Doherty			
Western Oregon	2016	DMR	5th, 9:50.07
Sam Naffziger, Aaron Whitaker, Josh Dempsey, David Ribich			
Western Oregon	2011	DMR	7th, 10:06.48
Kyle Larson, Matt Kano, Connor Kasler, Chris Reed			
Alaska Anchorage	2019	DMR	7th, 9:50.04
Felix Kemboi, Nathaniel Brunett, Eduardo Orozco, Drew Johnson			
Alaska Anchorage	2017	4x400	8th, 3:13.69
Nicholas Taylor, Liam Lindsay, Darrion Gray, Adam Commandeur			
Alaska Anchorage	2020	DMR	No Place*
Felix Kemboi, Eduardo Orozco, Lawson Sims, David Sramek			
Simon Fraser	2020	DMR	No Place*
Paul Buckingham, Charlie Dannatt, Rowan Doherty, Callum Robinson			
Western Oregon	2020	DMR	No Place*
Gabe Arce-Torres, Max Carmona, Justin Crosswhite, Derek Holdsworth			

### Men's All-American Athletes Sorted Alphabetically (Including Relays)

Men	Year	Event	Place
Gabe Arce-Torres, WOU	2020	DMR	No Place*
Eric Bies, WWU	2007	DMR	2nd, 9:55.00
Sam Brancheau, WWU	2007	DMR	2nd, 9:55.00
Ryan Brown, WWU	2010	Pole Vault	1st, 16-11
Ryan Brown, WWU	2011	Pole Vault	1st, 17-2 ¾
Nathaniel Brunett, UAA	2019	DMR	7th, 9:50.04
Paul Buckingham, SFU	2020	DMR	No Place*
Max Carmona, WOU	2020	DMR	No Place*
Micah Chelimo, UAA	2013	3,000	4th, 8:11.73
Micah Chelimo, UAA	2013	5,000	1st, 14:12.82
Micah Chelimo, UAA	2014	3,000	1st, 8:15.52
Micah Chelimo, UAA	2014	5,000	2nd, 14:06.27
Adam Commandeur, UAA	2017	4x400	8th, 3:13.69
Tyler Cronk, SMU	2020	High Jump	No Place*

# GNAC INDOOR TRACK & FIELD NATIONAL MEET RESULTS

## Men's All-American Athletes Sorted Alphabetically (Including Relays)

Men	Year	Event	Place
Justin Crooswhite, WOU	2020	DMR	No Place*
Charlie Dannatt, SFU	2020	DMR	No Place*
Josh Dempsey, WOU	2016	DMR	5th, 9:50.07
Josh Dempsey, WOU	2017	800	6th, 1:51.20
Josh Dempsey, WOU	2017	DMR	1st, 9:40.15
Pierre-Louis Detourbe, SFU	2019	DMR	2nd, 9:48.57
Rowan Doherty, SFU	2019	3,000	7th, 8:16.14
Rowan Roherty, SFU	2019	DMR	2nd, 9:48.57
Rowan Doherty, SFU	2020	DMR	No Place*
Alex Donigian, WWU	2015	60	2nd, 6.72
Darrion Gray, UAA	2017	4x400	8th, 3:13.69
Mike Hinshaw, WOU	2002	60	8th, 6.85
Derek Holdsworth, WOU	2020	800	No Place*
Derek Holdsworth, WOU	2020	DMR	No Place*
AJ Holmberg, WOU	2017	DMR	1st, 9:40.15
AJ Holmberg, WOU	2018	DMR	1st, 9:41.40
Drew Johnson, UAA	2019	DMR	7th, 9:50.04
Matt Kano, WOU	2011	DMR	7th, 10:06.48
Connor Kasler, WOU	2011	DMR	7th, 10:04.48
Felix Kemboi, UAA	2019	DMR	7th, 9:50.04
Felix Kemboi, UAA	2020	DMR	No Place*
Kodiak Landis, CWU	2017	Heptathlon	3rd, 5,342
Kodiak Landis, CWU	2018	Heptathlon	3rd, 5,508
Kyle Larson, WOU	2011	DMR	7th, 10:06.48
Payton Lewis, NNU	2017	Pole Vault	3rd, 16-10.75
Liam Lindsay, UAA	2017	4x400	8th, 3:13.69
Braydon Maier, CWU	2019	Heptathlon	7th, 5,288
Dustin Nading, WOU	2017	Mile	4th, 4:06.85
Dustin Nading, WOU	2017	DMR	1st, 9:40.15
Dustin Nading, WOU	2018	Mile	1st, 4:13.20
Dustin Nading, WOU	2018	DMR	1st, 9:41.40
Sam Naffziger, WOU	2017	DMR	5th, 9:50.07
Cameron Neel, CWU	2006	Shot Put	3rd, 56-1
Cameron Neel, CWU	2007	Shot Put	5th, 55-7 ½
Adam Neff, WWU	2007	DMR	2nd, 9:55.00
Dominik Notz, UAA	2016	3,000	4th, 8:24.81
Dominik Notz, UAA	2016	5,000	4th, 14:09.26
Dominik Notz, UAA	2017	3,000	7th, 8:07.28
Dominik Notz, UAA	2017	5,000	5th, 14:12.99
Chris Olsen, WOU	2013	800	4th, 1:51.15
Eduardo Orozco, UAA	2019	DMR	7th, 9:50.04
Eduardo Orozco, UAA	2020	DMR	No Place*
Luke Plummer, CWU	2015	Triple Jump	8th, 48-10 ¼
Andy Prentice, SMU	2005	800	8th, 1:53.09
Andy Prentice, SMU	2006	800	3rd, 1:52.66
Cameron Proceviat, SFU	2016	800	6th, 1:49.95
Chris Reed, WOU	2011	DMR	7th, 10:06.48
David Ribich, WOU	2016	Mile	4th, 4:14.22
David Ribich, WOU	2017	Mile	3rd, 4:06.72
David Ribich, WOU	2016	DMR	5th, 9:50.07
David Ribich, WOU	2017	DMR	1st, 9:40.15
David Ribich, WOU	2018	3,000	3rd, 8:01.55
David Ribich, WOU	2018	DMR	1st, 9:41.40
Callum Robinson, SFU	2020	DMR	No Place*
Nate St Romain, SFU	2019	DMR	2nd, 9:48.57
Lawson Sims, UAA	2020	DMR	No Place*
Mikel Smith, SMU	2015	High Jump	5th, 6-9 ½
Mikel Smith, SMU	2017	High Jump	1st, 7-3.25
David Sramek, UAA	2020	DMR	No Place*
Eddie Strickler, SPU	2007	800	8th, 1:52.52
Badane Sultessa, WOU	2015	800	4th, 1:51.36
Nicholas Taylor, UAA	2017	4x400	8th, 3:13.69
Cody Thomas, UAA	2015	Heptathlon	2nd, 5488
Cody Thomas, UAA	2016	Heptathlon	3rd, 5,538
Tyler Thornbrue, WWU	2006	Pole Vault	4th, 15-6 ¼
Anthony Tomsich, WWU	2007	DMR	2nd, 9:55.00
Vladislav Tsygankov, SFU	2016	Long Jump	7th, 24-5.75
Vladislav Tsygankov, SFU	2017	400	7th, 48.39

Vladislav Tsygankov, SFU	2017	Long Jump	7th, 24-1.75
Zeke Van Patten, WOU	2009	800	5th, 1:53.71
Carlos Vargas, SFU	2019	DMR	2nd, 9:48.57
Travis Vugteveen, SFU	2015	Mile	6th, 4:12.49
Jordan Welling, WWU	2011	5,000	7th, 14:58.85
Aaron Whitaker, WOU	2016	DMR	5th, 9:50.07
Aaron Whitaker, WOU	2018	DMR	1st, 9:41.40
Zach Whittaker, CWU	2019	Triple Jump	8th, 49-4.5

## Most All-American Awards – Men (Includes Relays)

6	David Ribich, WOU (3 Individual, 3 Relay)
4	Micah Chelimo, UAA (4 Individual)
	Dustin Nading, WOU (2 Individual, 2 Relay)
	Dominik Notz, UAA (4 Individual)
3	Josh Dempsey, WOU (1 Individual, 2 Relay)
	Vladislav Tsygankov, SFU (3 Individual)

# GNAC INDOOR TRACK & FIELD NATIONAL MEET RESULTS

## Women's Individual Events Sorted By Place And Year

**NOTE:** In 2020, all accepted entrants to the Division II Championships were named as All-Americans. National meet canceled due to COVID-19 outbreak. Those honorees are designated with an asterisk.

Women	Year	Event	Place
Ashley Puga, NNU	2009	800	1st, 2:07.63
Helen Crofts, SFU	2013	800	1st, 2:05.96
Lindsey Butterworth, SFU	2015	800	1st, 2:08.44
Jessica Pixler, SPU	2007	Mile	1st, 4:42.42
Jessica Pixler, SPU	2008	Mile	1st, 4:47.79
Jessica Pixler, SPU	2009	Mile	1st, 4:43.69
Jessica Pixler, SPU	2010	Mile	1st, 4:46.42
Jessica Pixler, SPU	2009	5,000	1st, 16:22.64
Danielle Ayers-Stamper, SPU	2005	High Jump	1st, 5-8
Emily Warman, WWU	2009	Triple Jump	1st, 39-3
Krissy Tandle, CWU	2009	Shot Put	1st, 48-9 ½
Danielle McCormick, UAA	2018	800	1st, 2:07.79
Caroline Kurgat, UAA	2019	3,000	1st, 9:15.45
Caroline Kurgat, UAA	2019	5,000	1st, 16:06.37
McKayla Fricker, SPU	2014	800	2nd, 2:09.25
Jane Larson, SPU	2008	Mile	2nd, 4:51.74
Jane Larson, SPU	2009	Mile	2nd, 4:48.87
Karen Dickson, SPU	2005	5,000	2nd, 16:34.72
Ruth Keino, UAA	2013	5,000	2nd, 16:36.28
Ashley Potter, WOU	2012	Triple Jump	2nd, 40-8 ¼
Kristin Hepler, WOU	2004	Weight Throw	2nd, 58-2 ½
Joyce Chelimo, UAA	2016	5,000	2nd, 16:10.32
Lynelle Decker, SPU	2016	800	2nd, 2:07.52
Jessica Pixler, SPU	2008	800	3rd, 2:12.60
Alicen Maier, CWU	2003	Mile	3rd, 4:49.85
Jane Larson, SPU	2010	Mile	3rd, 4:50.74
Jennifer Johnson, SFU	2015	3,000	3rd, 9:26.82
Sarah Porter, WWU	2011	5,000	3rd, 16:44.04
Susan Tanui, UAA	2013	5,000	3rd, 16:37.03
Caroline Kurgat, UAA	2017	3,000	3rd, 9:27.09
Danielle McCormick, UAA	2019	800	3rd, 2:06.28
Terran Legard, CWU	2005	400	4th, 55.54
Sarah Kraybill, SPU	2003	800	4th, 2:09.53
Sarah Porter, WWU	2010	5,000	4th, 17:26.05
Katelyn Steen, WWU	2015	5,000	4th, 16:54.31
McKayla Fricker, SPU	2013	800	4th, 2:10.76
Danielle Ayers-Stamper, SPU	2005	Long Jump	4th, 19-5 ½
Teona Perkins, SPU	2007	High Jump	4th, 5-8
Ali Worthen, SPU	2009	High Jump	4th, 5-7 ¼
Ally Studer, SPU	2003	Pole Vault	4th, 11-11 ¾
Christy Miller, WWU	2009	Pole Vault	4th, 12-5 ½
Karolin Anders, UAA	2014	Pentathlon	4th, 3775
McKenna Emmert, CWU	2017	Pole Vault	4th, 12-10.25
Addy Townsend, SFU	2017	800	4th, 2:08.38
Christina MacDonald, CU	2018	Weight Throw	4th, 63-2.75
Jasmine McMullin, WWU	2018	Triple Jump	4th, 41-1.5
McKayla Fricker, SPU	2012	800	5th, 2:11.68
Michaela Kane, SFU	2013	800	5th, 2:11.64
Karin Rohde, SPU	2007	Mile	5th, 4:54.38
Teona Golding, SPU	2008	High Jump	5th, 5-7
Danielle Juarez, WWU	2004	Pole Vault	5th, 12-0
Karis Anderson, WWU	2012	Pole Vault	5th, 12-9 ½
Karolin Anders, UAA	2013	Pentathlon	5th, 3656
Suzie Van De Grift, WOU	2017	800	5th, 2:09.10
Shannon Porter, SMU	2017	3,000	5th, 9:29.47
Scout Cai, SPU	2018	Pentathlon	5th, 3,790
Olivia Woods, WOU	2019	800	5th, 2:08.44
Joyce Kipchumba, UAA	2014	3,000	6th, 9:48.80
Sarah Porter, WWU	2009	5,000	6th, 17:00.14
Joyce Kipchumba, UAA	2014	5,000	6th, 17:14.18
Teona Perkins, SPU	2006	High Jump	6th, 5-7 ¾
Taylor Fetting, CWU	2014	High Jump	6th, 5-8
Becca Clark, CWU	2011	Pole Vault	6th, 11-7
Ali Worthen, SPU	2012	Pentathlon	6th, 3763
Karolin Anders, UAA	2016	High Jump	6th, 5-6.5

Joyce Chelimo, UAA	2016	3,000	6th, 9:35.09
Olivia Woods, WOU	2017	800	6th, 2:09.26
Halle Irvine, CWU	2018	Pole Vault	6th, 12-6.25

## Women's Individual Events Sorted By Place And Year

Women	Year	Event	Place
Olivia Woods, WOU	2018	800	6th, 2:11.24
Peace Igbonagwam, SPU	2019	Long Jump	6th, 19-2.75
Rachael Johnson, WWU	2009	800	7th, 2:11.82
Jane Larson, SPU	2009	5,000	7th, 17:04.01
Karolin Anders, UAA	2015	Pentathlon	7th, 3822
Karolin Anders, UAA	2016	Pentathlon	7th, 3,806
Jamie Ashcroft, UAA	2017	200	7th, 24.13
Anna Paradee, WWU	2017	Pole Vault	7th, 12-10.25
Christina MacDonald, CU	2018	Shot Put	7th, 49-10
Suzie Van De Grift, WOU	2018	Mile	7th, 4:50.75
HarLee Ortega, CWU	2019	Pentathlon	7th, 3,677
Lindsay Butterworth, SFU	2013	800	8th, 2:20.18
Ashley Puga, NNU	2008	Mile	8th, 4:58.09
Susan Tanui, UAA	2013	3,000	8th, 9:48.53
Emily Warman, WWU	2013	Long Jump	8th, 19-2 ¾
Emily Peterson, NNU	2006	High Jump	8th, 5-5 ¼
Kati Davis, CWU	2012	Pole Vault	8th, 12-1 ½
Dionna Anderson, SPU	2002	Shot Put	8th, 44-5 ¼
Shannon Porter, SMU	2016	3,000	8th, 9:35.31
Paige Nock, SFU	2017	Mile	8th, 4:48.31
Ali Anderson, CWU	2018	400	8th, 56.02
HarLee Ortega, CWU	2018	Pentathlon	8th, 3,702
Emmah Chelimo, UAA	2020	3,000	No Place*
Ruth Cvancara, UAA	2020	800	No Place*
Aliyah Dawkins, WWU	2020	High Jump	No Place*
Dania Holmberg, SPU	2020	3,000	No Place*
Dania Holmberg, SPU	2020	5,000	No Place*
Peace Igbonagwam, SPU	2020	Long Jump	No Place*
Nancy Jeptoo, UAA	2020	Mile	No Place*
Paige Johnson, CU	2020	60	No Place*
Paige Johnson, CU	2020	60 Hurdles	No Place*
Samantha La Rue, CWU	2020	Shot Put	No Place*
Keshara Romain, SMU	2020	Long Jump	No Place*
Keshara Romain, SMU	2020	Triple Jump	No Place*
Mairin Shields-Brown, SFU	2020	800	No Place*
Addy Townsend, SFU	2020	800	No Place*
Erykah Weems, CWU	2020	60 Hurdles	No Place*

## Women's All-American Relays

2010	Seattle Pacific	DMR	1st, 11:29.88
Jane Larson, Jennifer Pike, Lisa Anderberg, Jessica Pixler			
2015	Simon Fraser	DMR	2nd, 11:28.28
Rebecca Bassett, Monique Lisek, Paige Nock, Lindsey Butterworth			
2019	Alaska Anchorage	DMR	2nd, 11:26.00
Ruth Cvancara, Vanessa Aniteye, Danielle McCormick, Caroline Kurgat			
2008	Seattle Pacific	DMR	3rd, 11:45.88
Jane Larson, Melissa Peaslee, Lisa Anderberg, Karin Rohde			
2013	Simon Fraser	DMR	3rd, 11:32.35
Lindsey Butterworth, Chantel Desch, Michaela Kane, Helen Crofts			
2016	Seattle Pacific	4x400	3rd, 3:42.44
Jalen Tims, Lynelle Decker, Cheryl Hong, Jahzelle Ambus			
2018	Simon Fraser	DMR	3rd, 11:30.49
Miryam Bassett, Renate Bluschke, Alana Mussatto, Julia Howley			
2010	Western Washington	4x400 Relay	4th, 3:48.67
Eleanor Siler, Michelle Howe, Megan O'Connell, Sarah Brownell			
2014	Alaska Anchorage	DMR	4th, 11:47.97
Susan Bick, Haleigh Lloyd, Jessica Pahkala, Ivy O'Guinn			
2016	Alaska Anchorage	DMR	4th, 11:31.21
Jessica Pahkala, Mary Kathleen Cross, Tamara Perez, Vanessa Aniteye			
2013	Alaska Anchorage	DMR	5th, 11:37.62
Susan Bick, Haleigh Lloyd, Jessica Pahkala, Ivy O'Guinn			
2013	Seattle Pacific	4x400 Relay	6th, 3:46.34
Kishia Mitchell, Emily Quatier, Jasmine Johnson, McKayla Fricker			
2017	Simon Fraser	DMR	6th, 11:33.62
Addy Townsend, Chantel Desch, Alana Mussatto, Paige Nock			

# GNAC INDOOR TRACK & FIELD NATIONAL MEET RESULTS

## Women's All-American Relays Continued

2005	Seattle Pacific	DMR	7th, 11:47.46
Karin Rohde, Kinyatta Leonhardt, Josie Levin, Karen Dickson			
2010	Western Washington	DMR	7th, 12:02.32
Courtney Olsen, Megan O'Connell, Rachael Johnson, Sarah Porter			
2016	Simon Fraser	DMR	7th, 11:36.85
Addy Townsend, Chantel Desch, Alana Mussatto, Rebecca Bassett			
2017	Alaska Anchorage	4x400	7th, 3:45.10
Jamie Ashcroft, Mary Kathleen Cross, Hayley Bezanson, Vanessa Aniteye			
2007	Seattle Pacific	DMR	8th, 12:04.77
Karin Rohde, Jessica Hinton, Jennifer Marsh, Jessica Pixler			
2009	Northwest Nazarene	DMR	8th, 11:59.29
Jaclyn Puga, Jamie Beaty, Elisa Decker, Ashley Puga			
2013	Simon Fraser	4x400 Relay	8th, 3:47.14
Chantel Desch, Sarah Sawatsky, Michaela Kane, Helen Crofts			
2015	Alaska Anchorage	DMR	8th, 11:40.67
Jessica Pakkala, Rosie Smith, Haleigh Lloyd, Beatrice Decker			
2017	Seattle Pacific	DMR	8th, 11:36.02
Sarah Macdonald, Lani Taylor, Chynna Phan, Mary Charleson			
2020	Alaska Anchorage	DMR	No Place*
Emmah Chelimo, Ruth Cvancara, Nancy Jeptoo, Marie Ries)			
2020	Simon Fraser	DMR	No Place*
Renate Bluschke, Megan Roxby, Mairin Shields-Brown, Addy Townsend			

## Women's All-American Athletes Sorted Alphabetically (Including Relays)

Women	Year	Event	Place
Jahzelle Ambus, SPU	2016	4x400 Relay	3rd, 3:42.44
Lisa Anderberg, SPU	2008	DMR	3rd, 11:45.88
Lisa Anderberg, SPU	2010	DMR	1st, 11:29.88
Karolin Anders, UAA	2013	Pentathlon	5th, 3656
Karolin Anders, UAA	2014	Pentathlon	4 <sup>th</sup> , 3775
Karolin Anders, UAA	2015	Pentathlon	7th, 3822
Karolin Anders, UAA	2016	High Jump	6th, 5-6.5
Karolin Anders, UAA	2016	Pentathlon	7th, 3,806
Ali Anderson, CWU	2018	400	8th, 56.02
Dionna Anderson, SPU	2002	Shot Put	8th, 44-5 1/4
Karis Anderson, WWU	2012	Pole Vault	5th, 12-9 1/2
Vanessa Aniteye, UAA	2016	DMR	4th, 11:31.21
Vanessa Aniteye, UAA	2017	4x400 Relay	7th, 3:45.10
Vanessa Aniteye, UAA	2019	DMR	2nd, 11:26.00
Jamie Ashcroft, UAA	2017	200	7th, 24.13
Jamie Ashcroft, UAA	2017	4x400 Relay	7th, 3:45.10
Danielle Ayers-Stamper, SPU	2005	Long Jump	4th, 19-5 1/2
Danielle Ayers-Stamper, SPU	2005	High Jump	1st, 5-8
Miryam Bassett, SFU	2018	DMR	3rd, 11:30.49
Rebecca Bassett, SFU	2015	DMR	2nd, 11:28.28
Rebecca Bassett, SFU	2016	DMR	7th, 11:36.85
Jamie Beaty, NNU	2009	DMR	8th, 11:59.29
Hayley Bezanson, UAA	2017	4x400 Relay	7th, 3:45.10
Susan Bick, UAA	2013	DMR	5th, 11:37.62
Susan Bick, UAA	2014	DMR	4th, 11:47.97
Renate Bluschke, SFU	2018	DMR	3rd, 11:30.49
Renate Bluschke, SFU	2020	DMR	No Place*
Sarah Brownell, WWU	2010	4x400 Relay	4th, 3:48.67
Lindsay Butterworth, SFU	2013	800	8th, 2:20.18
Lindsey Butterworth, SFU	2013	DMR	3rd, 11:32.35
Lindsey Butterworth, SFU	2015	800	1st, 2:08.44
Lindsey Butterworth, SFU	2015	DMR	2nd, 11:28.28
Scout Cai, SPU	2018	Pentathlon	5th, 3,790
Mary Charleson, SPU	2017	DMR	8th, 11:36.02
Emmah Chelimo, UAA	2020	3,000	No Place*
Emmah Chelimo, UAA	2020	DMR	No Place*
Joyce Chelimo, UAA	2016	3,000	6th, 9:35.09
Joyce Chelimo, UAA	2016	5,000	2nd, 16:10.32
Becca Clark, CWU	2011	Pole Vault	6th, 11-7
Helen Crofts, SFU	2013	800	1st, 2:05.96
Helen Crofts, SFU	2013	4x400 Relay	8th, 3:47.14
Helen Crofts, SFU	2013	DMR	3rd, 11:32.35
Mary Kathleen Cross, UAA	2016	DMR	4th, 11:31.21
Mary Kathleen Cross, UAA	2017	4x400 Relay	7th, 3:45.10

Ruth Cvancara, UAA	2019	DMR	2nd, 11:26.00
Ruth Cvancara, UAA	2020	800	No Place*
Ruth Cvancara, UAA	2020	DMR	No Place*
Kati Davis, CWU	2012	Pole Vault	8th, 12-1 1/2
Aliyah Dawkins, CWU	2020	High Jump	No Place*
Beatrice Decker, UAA	2015	DMR	8th, 11:40.67
Elisa Decker, NNU	2009	DMR	8th, 11:59.29
Lynelle Decker, SPU	2016	800	2nd, 2:07.52
Lynelle Decker, SPU	2016	4x400 Relay	3rd, 3:42.44
Chantel Desch, SFU	2013	4x400 Relay	8th, 3:47.14
Chantel Desch, SFU	2015	DMR	3rd, 11:32.35
Chantel Desch, SFU	2016	DMR	7th, 11:36.85
Chantel Desch, SFU	2017	DMR	6th, 11:33.62
Karen Dickson, SPU	2005	5,000	2nd, 16:34.72
Karen Dickson, SPU	2005	DMR	7th, 11:47.76
McKenna Emmert, CWU	2017	Pole Vault	4th, 12-10.25
Taylor Fetting, CWU	2014	High Jump	6th, 5-8
McKayla Fricker, SPU	2012	800	5th, 2:11.68
McKayla Fricker, SPU	2013	800	4th, 2:10.76
McKayla Fricker, SPU	2013	4x400 Relay	6th, 3:46.34
McKayla Fricker, SPU	2014	800	2nd, 2:09.25
Teona (Perkins) Golding, SPU	2006	High Jump	6th, 5-7 3/4
Teona (Perkins) Golding, SPU	2007	High Jump	4th, 5-8
Teona (Perkins) Golding, SPU	2008	High Jump	5th, 5-7
Kristin Hepler, WOU	2004	Weight Throw	2nd, 58-2 1/2
Jessica Hinton, SPU	2007	DMR	8th, 12:04.77
Dania Holmberg, SPU	2020	3,000	No Place*
Dania Holmberg, SPU	2020	5,000	No Place*
Cheryl Hong, SPU	2016	4x400 Relay	3rd, 3:42.44
Michelle Howe, WWU	2010	4x400 Relay	4th, 3:48.67
Julia Howley, SFU	2018	DMR	3rd, 11:30.49
Peace Igbonagwam, SPU	2019	Long Jump	6th, 19-2.75
Peace Igbonagwam, SPU	2020	Long Jump	No Place*
Halle Irvine, CWU	2018	Pole Vault	6th, 12-6.25
Nancy Jeptoo, UAA	2020	Mile	No Place*
Nancy Jeptoo, UAA	2020	DMR	No Place*
Jasmine Johnson, SPU	2013	4x400 Relay	6th, 3:46.34
Jennifer Johnson, SFU	2015	3,000	3rd, 9:26.82
Paige Johnson, CU	2020	60	No Place*
Paige Johnson, CU	2020	60 Hurdles	No Place*
Rachael Johnson, WWU	2009	800	7th, 2:11.82
Rachael Johnson, WWU	2010	DMR	7th, 12:02.32
Danielle Juarez, WWU	2004	Pole Vault	5th, 12-0
Michaela Kane, SFU	2013	800	5th, 2:11.64
Michaela Kane, SFU	2013	4x400 Relay	8th, 3:37.14
Michaela Kane, SFU	2013	DMR	3rd, 11:32.35
Ruth Keino, UAA	2013	5,000	2nd, 16:36.28
Joyce Kipchumba, UAA	2014	3,000	6th, 9:48.80
Joyce Kipchumba, UAA	2014	5,000	6th, 17:14.18
Sarah Kraybill, SPU	2003	800	4th, 2:09.53
Caroline Kurgat, UAA	2017	3,000	3rd, 9:27.09
Caroline Kurgat, UAA	2019	3,000	1st, 9:15.45
Caroline Kurgat, UAA	2019	5,000	1st, 16:06.37
Caroline Kurgat, UAA	2019	DMR	2nd, 11:26.00
Samantha La Rue, CWU	2020	Shot Put	No Place*
Jane Larson, SPU	2008	Mile	2nd, 4:51.74
Jane Larson, SPU	2008	DMR	3rd, 11:45.88
Jane Larson, SPU	2009	Mile	2nd, 4:48.87
Jane Larson, SPU	2009	5,000	7th, 17:04.01
Jane Larson, SPU	2010	Mile	3rd, 4:50.74
Jane Larson, SPU	2010	DMR	1st, 11:29.88
Terran Legard, CWU	2005	400	4th, 55.54
Kinyatta Leonhardt, SPU	2005	DMR	7th, 11:47.46
Josie Levin, SPU	2005	DMR	7th, 11:47.46
Monique Lisek, SFU	2015	DMR	2nd, 11:28.28
Haleigh Lloyd, UAA	2013	DMR	5th, 11:37.62
Haleigh Lloyd, UAA	2014	DMR	4th, 11:47.97
Haleigh Lloyd, UAA	2015	DMR	8th, 11:40.67
Alicen Maier, CWU	2003	Mile	3rd, 4:49.85
Christina MacDonald, CU	2018	Shot Put	7th, 49-10

# GNAC INDOOR TRACK & FIELD NATIONAL MEET RESULTS

## Women's All-American Athletes Sorted Alphabetically (Including Relays)

Women	Year	Event	Place
Christina MacDonald, CU	2018	Weight Throw	4th, 63-2.75
Sarah Macdonald, SPU	2017	DMR	8th, 11:36.02
Danielle McCormick, UAA	2018	800	1st, 2:07.79
Danielle McCormick, UAA	2019	800	3rd, 2:06.28
Danielle McCormick, UAA	2019	DMR	2nd, 11:26.00
Jasmine McMullin, WWU	2018	Triple Jump	4th, 41-1.5
Jennifer Marsh, SPU	2007	DMR	8th, 12:04.77
Christy Miller, WWU	2009	Pole Vault	4th, 12-5 ½
Kishia Mitchell, SPU	2013	4x400 Relay	6th, 3:46.34
Alana Mussatto, SFU	2016	DMR	7th, 11:36.85
Alana Mussatto, SFU	2017	DMR	6th, 11:33.62
Alana Mussatto, SFU	2018	DMR	3rd, 11:30.49
Paige Nock, SFU	2015	DMR	2nd, 11:28.28
Paige Nock, SFU	2017	Mile	8th, 4:48.31
Paige Nock, SFU	2017	DMR	6th, 11:33.62
Megan O'Connell, WWU	2010	4x400 Relay	4th, 3:48.67
Megan O'Connell, WWU	2010	DMR	7th, 12:02.32
Ivy O'Guinn, UAA	2013	DMR	5th, 11:37.62
Ivy O'Guinn, UAA	2014	DMR	4th, 11:47.97
Courtney Olsen, WWU	2010	DMR	7th, 12:02.32
HarLee Ortega, CWU	2018	Pentathlon	8th, 3,702
HarLee Ortega, CWU	2019	Pentathlon	7th, 3,677
Jessica Pahkala, UAA	2013	DMR	5th, 11:37.62
Jessica Pahkala, UAA	2014	DMR	4th, 11:47.97
Jessica Pahkala, UAA	2015	DMR	8th, 11:40.67
Jessica Pahkala, UAA	2016	DMR	4th, 11:31.21
Anna Paradee, WWU	2017	Pole Vault	7th, 12-10.25
Melissa Peaslee, SPU	2008	DMR	3rd, 11:45.88
Tamara Perez, UAA	2016	DMR	4th, 11:31.21
Emily Peterson, NNU	2006	High Jump	8th, 5-5 ½
Chynna Phan, SPU	2017	DMR	8th, 11:36.02
Jennifer Pike, SPU	2010	DMR	1st, 11:29.88
Jessica Pixler, SPU	2007	Mile	1st, 4:42.42
Jessica Pixler, SPU	2007	DMR	8th, 12:04.77
Jessica Pixler, SPU	2008	Mile	1st, 4:47.79
Jessica Pixler, SPU	2008	800	3rd, 2:12.60
Jessica Pixler, SPU	2009	Mile	1st, 4:43.69
Jessica Pixler, SPU	2009	5,000	1st, 16:22.64
Jessica Pixler, SPU	2010	Mile	1st, 4:46.42
Jessica Pixler, SPU	2010	DMR	1st, 11:29.88
Sarah Porter, WWU	2009	5,000	6th, 17:00.14
Sarah Porter, WWU	2010	5,000	4th, 17:26.05
Sarah Porter, WWU	2010	DMR	7th, 12:02.32
Sarah Porter, WWU	2011	5,000	3rd, 16:44.04
Shannon Porter, SMU	2016	3,000	8th, 9:35.31
Shannon Porter, SMU	2017	3,000	5th, 9:29.47
Ashley Potter, WOU	2012	Triple Jump	2nd, 40-8 ¼
Ashley Puga, NNU	2008	Mile	8th, 4:58.09
Ashley Puga, NNU	2009	800	1st, 2:07.63
Ashley Puga, NNU	2009	DMR	8th, 11:59.29

Jaclyn Puga, NNU	2009	DMR	8th, 11:59.29
Emily Quatier, SPU	2013	4x400 Relay	6th, 3:46.34
Marie Ries, UAA	2020	DMR	No Place*
Karin Rohde, SPU	2005	DMR	7th, 11:47.46
Karin Rohde, SPU	2007	Mile	5th, 4:54.38
Karin Rohde, SPU	2007	DMR	8th, 12:04.77
Karin Rohde, SPU	2008	DMR	3rd, 11:45.88
Keshara Romain, SMU	2020	Long Jump	No Place*
Keshara Romain, SMU	2020	Triple Jump	No Place*
Megan Roxby, SFU	2020	DMR	No Place*
Sarah Sawatsky, SFU	2013	4x400 Relay	8th, 3:47.14
Mairin Shields-Brown, SFU	2020	800	No Place*
Mairin Shields-Brown, SFU	2020	DMR	No Place*
Eleanor Siler, WWU	2010	4x400 Relay	4th, 3:48.67
Rosie Smith, UAA	2015	DMR	8th, 11:40.67
Katelyn Steen, WWU	2015	5,000	4th, 16:54.31
Ally Studer, SPU	2003	Pole Vault	4th, 11-11 ¾
Krissy Tandle, CWU	2009	Shot Put	1st, 48-9 ½
Susan Tanui, UAA	2013	3,000	8th, 9:48.53
Susan Tanui, UAA	2013	5,000	3rd, 16:37.03
Lani Taylor, SPU	2017	DMR	8th, 11:36.02
Jalen Tims, SPU	2016	4x400 Relay	3rd, 3:42.44
Addy Townsend, SFU	2016	DMR	7th, 11:36.85
Addy Townsend, SFU	2017	800	4th, 2:08.38
Addy Townsend, SFU	2017	DMR	6th, 11:33.62
Addy Townsend, SFU	2020	800	No Place*
Addy Townsend, SFU	2020	DMR	No Place*
Suzie Van De Grift, WOU	2017	800	5th, 2:09.10
Suzie Van De Grift, WOU	2018	Mile	7th, 4:50.75
Emily Warman, WWU	2009	Triple Jump	1st, 39-3
Emily Warman, WWU	2013	Long Jump	8th, 19-2 ¾
Erykah Weems, CWU	2020	60 Hurdles	No Place*
Olivia Woods, WOU	2017	800	6th, 2:09.26
Olivia Woods, WOU	2018	800	6th, 2:11.24
Olivia Woods, WOU	2019	800	5th, 2:08.44
Ali Worthen, SPU	2009	High Jump	4th, 5-7 ¼
Ali Worthen, SPU	2012	Pentathlon	6th, 3763

### Most All-American Awards – Women

8	Jessica Pixler, SPU (5 Individual, 3 Relay)
6	Jane Larson, SPU (4 Individual, 2 Relay)
5	Karolin Anders, UAA (5 Individual)
	Addy Townsend (2 Individual, 3 Relay)
4	Lindsey Butterworth, SFU (2 Individual, 2 Relay)
	Chantel Desch, SFU (4 Relay)
	McKayla Fricker, SPU (3 Individual, 1 Relay)
	Caroline Kurgat, UAA (3 Individual, 1 Relay)
	Jessica Pahkala, UAA (4 Relay)
	Sarah Porter, WWU (3 Individual, 1 Relay)
	Karin Rohde, SPU (1 Individual, 3 Relay)

# GNAC INDOOR TRACK & FIELD NATIONAL MEET RESULTS

## YEARLY NCAA INDOOR CHAMPIONSHIPS RESULTS

### 2002 (Mar. 8-9 at Boston, Mass.)

**MEN: Team Scores** – 38. Western Oregon 1.

**Events:** 60 – 8. Mike Hinshaw, WOU, 6.85 (6.89).

**WOMEN: Team Scores** – 37. Seattle Pacific 1.

**Events:** Shot Put – 8. Dionna Anderson, SPU, 13.54 – 44-5 ¼.

### 2003 (Mar. 14-15 at Boston, Mass.)

**MEN:** No participants.

**WOMEN: Team Scores** – 17. Seattle Pacific 9 ½; 26. Central Washington 6.

**Events:** 800 – 4. Sarah Kraybill, SPU, 2:09.53 (2:10.22). Mile – 3. Alicen Maier, CWU, 4:49.85 (4:55.05). Pole Vault – 4. Ally Studer, SPU, 3.65 (11-11 ¾). High Jump – 13. Danielle Ayers-Stamper, SPU, 1.62 (5-3 ¾).

### 2004 (Mar. 12-13 at Boston, Mass.)

**MEN: Team Scores** - No GNAC team scored.

**Events:** 800 - 9. Paul Mach, SPU, 1:53.23 (1:53.40); 11. Andy Prentice, SMC, 1:54.04. Triple Jump - 11. Justin Lawrence, CWU, 14.07 - 46-2.

**WOMEN: Team Scores** - 17. Western Oregon 8; 32. Western Washington 4.

**Events:** 800 - 11. Jennifer Marsh, SPU, 2:14.30. Pole Vault - 5. Danielle Juarez, WWU, 3.66 - 12-0; 11. Ally Studer, SPU, 3.45 - 11-3 ¾. Weight Throw - 2. Kristin Hepler, WOU, 17.74 - 58-2 1/2.

### 2005 (Mar. 11-12 at Boston, Mass.)

**MEN: Team Scores** – 38. Saint Martin's 1.

**Events:** 800 - 8. Andy Prentice, SMC, 1:53.09 (1:52.99). Mile - 14. Nathan Carlson, SMC, 4:16.12. Pole Vault - 12. Hunter Verner, WWU, 15-3 ¾; 13. Tyler Thornbrue, WWU, 15-3 ¾. Shot Put - 12. Cameron Neel, CWU, 15.91 - 52-2 1/2.

**WOMEN: Team Scores** – 8. Seattle Pacific 25, 29. Central Washington 5.

**Events:** 400 - 4. Terran Legard, CWU, 55.54 (55.87). 5000 - 2. Karen Dickson, SPU, 16:34.72. 60 Hurdles - 9. Danielle Ayers-Stamper, SPU, 8.88 (8.68). Distance Medley Relay - 7. Seattle Pacific (Karin Rohde, Kinyatta Leonhardt, Josie Lavin, Karen Dickson) 11:47.46. Long Jump - 4. Danielle Ayers-Stamper, SPU, 5.93 - 19-5 1/2. Pole Vault - 11. Amy Harris, SPU, 3.60 - 11-9 ¾; 13. Allie Hedges, SPU, 3.45 - 11-3 ¾. High Jump - 1. Danielle Ayers-Stamper, SPU, 5-8.

### 2006 (Mar. 10-11 at Boston, Mass.)

**MEN: Team Scores** - 1. St. Augustine's 66 1/2; 24. Central Washington and Saint Martin's 6; 32. Western Washington 3.

**Events:** 800 - 3. Andy Prentice, SMU, 1:52.66 (1:55.25). Pole Vault - 4. Tyler Thornbrue, WWU, 4.73 - 15-6 1/4; Scott Romney, WWU, no height. High Jump - 10. Cresap Watson, CWU, 2.01 - 6-7. Shot Put - 3. Cameron Neel, CWU, 17.09 - 56-1.

**WOMEN: Team Scores** - 1. Lincoln 87; 38. Seattle Pacific 3; 44. Northwest Nazarene 1/2.

**Events:** 800 - 14. Teona Perkins, SPU, 2:16.36. Mile - 12. Katie Hummel, CWU, 5:04.51; 13. Mary Moriarty, SPU, 5:07.79. High Jump - 6. Teona Perkins, SPU, 1.72 - 5-7 ¾; 8. Emily Peterson, NNU, 1.66 - 5-5 ¼; Pole Vault - 10. Amy Harris, SPU, 3.65 - 11-11 ¾.

### 2007 (Mar. 9-10 at Boston, Mass.)

**MEN: Team Scores** - 17. Western Washington 8, 29. Central Washington 4, 40. Seattle Pacific 1.

**Events:** 800 - 8. Eddie Strickler, SPU, 1:52.52 (1:53.05). Distance Medley Relay - 2. Western Washington (Sam Brancheau, Adam Neff, Erik Bies, Anthony Tomsich) 9:55.00. Pole Vault - 10. Tyner Thornbrue, WWU, 4.73 - 15-6 1/4. Shot Put - 5. Cameron Neel, CWU, 16.95 - 55-7 1/2. Weight Throw - 10. Evan Ruud, CWU, 17.60 - 57-9; 12. Anthony Marin, WOU, 16.98 - 55-8 1/2.

**WOMEN: Team Scores** - 1. St. Augustine's 105, 7. Seattle Pacific 20.

**Events:** 60 - 15. Nyema Sims, SPU, 7.74. 800 - 10. Ashley Puga, NNU, 2:16.11. Mile - 1. Jessica Pixler, SPU, 4:42.42 (4:51.79); 5. Karin Rohde, SPU, 4:54.38 (4:55.46); 13. Jane Larson, SPU, 5:02.28. 5000 - 9. Katie Hummel, CWU, 17:13.50. Distance Medley Relay - 8. Seattle Pacific (Karin Rohde, Hinton, Marsh, Pixler) 12:04.77. High Jump - 4. Teona Perkins, SPU, 1.73 - 5-8; 16. Taryn Plypick, WOU, 1.63 - 5-4 1/4.

### 2008 (Mar. 14-15 at Mankato, Minn.)

**MEN: Team Scores** – No GNAC team scored.

**Events:** Pole Vault - 12. Zeb Udell, WOU, 4.85 - 15-11. Weight Throw - Anthony Marin, WOU, 17.79 - 58-4 1/2.

**WOMEN: Team Scores** - 9. Seattle Pacific 33; 37. Northwest Nazarene 1.

**Events:** 800 - 3. Jessica Pixler, SPU, 2:12.60 (2:13.78); 9. Jaclyn Puga, NNU, 2:14.26 (2:13.78). Mile - 1. Jessica Pixler, SPU, 4:47.79 (4:56.92); 2. Jane Larson, SPU, 4:51.74 (4:56.98); 8. Ashley Puga, NNU, 4:58.09 (4:58.81). 5000 - 15. Sarah Porter, WWU, 18:26.77. Distance Medley - 3. Seattle Pacific (Jane Larson, Mellisa Peaslee, Lisa Anderberg, Karin Rohde) 11:45.88. Pole Vault - 9. Mellisa Peaslee, SPU, 3.80 - 12-5 1/2; 12. Christy Miller, WWU, 3.55 - 11-7 ¾. High Jump - 5. Teona Golding, SPU, 1.70 - 5-7.

# GNAC INDOOR TRACK & FIELD NATIONAL MEET RESULTS

## 2009 (Mar. 13-14 at Houston, Texas)

**MEN: Team Scores** - 28. Western Oregon 4.

**Events:** 800 - 5. Zeke Van Patten, WOU, 1:53.71 (1:54.18). 5000 - 9. Jordan Welling, WWU 14:45.60. Pole Vault - 13. Ryan Brown, WWU, 4.85 - 15-11.

**WOMEN: Team Scores** - 6. Seattle Pacific 35, 9. Western Washington 20, 13. Northwest Nazarene 11, 16. Central Washington 10.

**Events:** 400 - 11. Ellie Siler, WWU, 56.06. 800 - 1. Ashley Puga, NNU, 2:07.63 (2:10.86); 7. Rachael Johnson, WWU, 2:11.82 (2:13.08); 10. Annan Applebee, WOU, 2:13.83; 17. Jaclyn Puga, NNU, 2:25.11. Mile - 1. Jessica Pixler, SPU, 4:43.69 (4:56.07); 2. Jane Larson, SPU, 4:48.87 (4:55.45). 5000 - 1. Jessica Pixler, SPU, 16:22.64; 6. Sarah Porter, WWU, 17:00.14; 7. Jane Larson, SPU, 17:04.01. Distance Medley - 8. Northwest Nazarene (Jaclyn Puga, Jamie Beaty, Elisa Decker, Ashley Puga) 11:59.29; 9. Western Washington (Courtney Olsen, Ellie Siler, Rachael Johnson, Sarah Porter) 12:01.79. Pole Vault - 4. Christy Miller, WWU, 3.80 - 12-5 1/2; 13. Melissa Peaslee, SPU, 3.60 - 11-9 3/4. Triple Jump - 1. Emily Warman, WWU, 11.68 - 39-3. High Jump - 4. Ali Worthen, SPU, 1.71 - 5-7 1/4. Shot Put - 1. Krissy Tandle, CWU, 14.87 - 48-9 1/2.

## 2010 (March 12-13 at Albuquerque, N.M.)

**MEN: Team Scores** - 14. Western Washington 10.

**Events:** Mile - 12. Anthony Tomsich, WWU, 4:18.69. 5000 - 12. Jordan Welling, WWU, 15:46.73. Pole Vault - 1. Ryan Brown, WWU, 5.16 - 16-11.

**WOMEN: Team Scores** - 7. Seattle Pacific 26, 14. Western Washington 12).

**Events:** 800 - 12. Annan Applebee, WOU, 2:16.35. Mile - 1. Jessica Pixler, SPU, 4:46.42 (5:04.77); 3. Jane Larson, SPU, 4:50.74 (4:58.22); 13. Kate Harline, SPU, 5:14.52. 5000 - 4. Sarah Porter, WWU, 17:26.05. Distance Medley - 1. Seattle Pacific (Jane Larson, Jennifer Pike, Lisa Anderberg, Jessica Pixler) 11:29.88; 7. Western Washington (Courtney Olsen, Megan O'Connell, Rachael Johnson, Sarah Porter) 12:02.32. 4x400 - 4. Western Washington (Ellie Siler, Michelle Howe, Megan O'Connell, Sarah Brownell) 3:48.67. Long Jump - 11. Emily Warman, WWU, 5.05 - 18-2 1/2. Triple Jump - 10. Emily Warman, WWU, 11.74 - 38-6 1/4.

## 2011 (Mar. 11-12 at Albuquerque, N.M.)

**MEN: Team Scores** - 1. Abilene Christian 49, 21. Western Washington 12, 38. Western Oregon 3.

**Events:** 5000 - 7. Jordan Welling, WWU, 14:58.85. Distance Medley - 6. Western Oregon (Kyle Larson, Matt Kaino, Conner Kasler, Chris Reed,) 10:06.48. Pole Vault - 1. Ryan Brown, WWU, 5.25 - 17-2 3/4.

**WOMEN: Team Scores** - 31. Western Washington 6, 40. Central Washington 3.

**Events:** 400 - 11. Eleanor Siler, WWU, 56.83. 1500 - 13. Annan Applebee, WOU, 2:16.05. 5000 - 3. Sarah Porter, WWU, 16:44.04. Distance Medley - 9. Western Washington (Rachael Johnson, Eleanor Siler, Megan O'Connell, Lauren Breihof) 12:15.45. Pole Vault - 6. Becca Clark, CWU, 3.53 - 11-7; Melissa Peaslee, SPU, no height.

## 2012 (Mar. 9-10 at Mankato, Minn.)

**MEN: Team Scores** - No GNAC team scored.

**Events:** 800 - 9. Ryan Hansen, WOU, 1:57.40 (1:54.81).

**WOMEN: Team Scores** - 19. Western Oregon 8; 20. Seattle Pacific 7, 33. Western Washington 4; 47. Central Washington 1.

**Events - Friday:** Pole Vault - 5. Karis Anderson, WWU, 3.90 - 12-9 1/2; 8. Kati Davis, Central Washington, 3.70 - 12-1 1/2; 14. Terra Schumacher, SPU, 3.50 - 11-5 3/4. **Saturday:** 800 - 5. McKayla Fricker, SPU, 2:11.68 (2:14.17); 10. Janelle Everetts, WOU, 2:16.35. Triple Jump - 2. Ashley Potter, WOU, 12.40 - 40-8 1/4. High Jump - 14. Brittany Grandy, WWU, 16.4 - 5-4 1/2. Pentathlon - 6. Ali Worthen, SPU, 3763 (60 Hurdles - 8.93; High Jump - 1.67 - 5-5 3/4; Shot Put - 10.39 - 34-1 1/4; Long Jump - 5.43 - 17-9 3/4; 800 - 2:22.84); 13. Katy Gross, SPU, 3071 (60 Hurdles - 9.51; High Jump - 1.55 - 5-1; Shot Put - 10.28 - 33-8 3/4; Long Jump - 5.03 - 16-6; 800 - 2:49.19).

## 2013 (Mar. 8-9 at Birmingham, Ala.)

**MEN: Team Scores** - 14. Alaska Anchorage 15; 30. Western Oregon 5.

**Events - Friday:** 5000 - 1. Micah Chelimo, UAA, 14:12.82. Distance Medley - Alaska Anchorage (Alfred Kangogo, Ethan Hewitt, Joe Day, Isaac Kangogo) did not finish. **Saturday:** 800 - 4. Chris Olsen, WOU, 1:51.15 (1:52.19). 3000 4 - Micah Chelimo, UAA, 8:11.73.

**WOMEN: Team Scores** - 11. Alaska Anchorage 23; 12. Simon Fraser 22; 21. Seattle Pacific 8; 47. Western Washington 1.

**Events - Friday:** Long Jump - 8. Emily Warman, WWU, 5.86 - 19-2 3/4. Pole Vault - 12. Karis Anderson, WWU, 3.70 - 12-1 1/2; 13. Cheyanna Pinley, WWU, 3.70 - 12-1 1/2. 5000 - 2. Ruth Keino, UAA, 16:36.27; 3. Susan Tanui, UAA, 16:37.03. Distance Medley Relay - 3. Simon Fraser (Lindsey Butterworth, Chantel Desch, Michaela Kane, Helen Crofts) 11:32.35; 5. Alaska Anchorage (Susan Bick, Haleigh Lloyd, Jessica Pahkala, Ivy O'Guinn) 11:37.62. **Saturday:** Pentathlon - 5. Karolin Anders, UAA, 3656 (60 Hurdles - 9.38; High Jump - 1.66 - 5-5 1/4; Shot Put - 11.19 - 36-8 1/2; Long Jump - 5.47 - 17-11 1/2; 800 - 2:27.92); 11. Katy Gross, SPU, 3485 (60 Hurdles - 9.16; High Jump - 1.66 - 5-5 1/4; Shot Put - 10.42 - 34-2 1/4; Long Jump - 5.36 - 17-7; 800 - 2:38.94). 800 - 1. Helen Crofts, SFU, 2:05.96 (2:10.16); 4. McKayla Fricker, SPU, 2:10.76 (2:10.82); 5. Michaela Kane, SFU, 2:11.54 (2:10.18); 8. Lindsey Butterworth 2:20.18 (2:09.70); 10. Sarah Sawatzky, SFU, 2:11.20; 15. Lynelle Decker, SPU, 2:13.06. High Jump - 15. Laura Tesch, SMU, 1.65 - 5-5. 3000 - 8. Susan Tanui, UAA, 9:48.53. 4x400 Relay - 6. Seattle Pacific (Kishia Mitchell, Emily Quatier, Jasmine Johnson, McKayla Fricker) 3:46.34; 8. Simon Fraser (Chantel Desch, Sarah Sawatzky, Michaela Kane, Helen Crofts) 3:47.14.

## 2014 (Mar. 14-15 at Salem, N.C.)

**MEN: Team Scores** - 9. Alaska Anchorage 18.

**Events - Friday:** Mile - 13. Chip Jackson, WWU, 4:16.56. 60 - 14. Alex Donigian, WWU, 6.86. 5000 - 2. Micah Chelimo, UAA, 14:06.27. **Saturday:** 3000 - 1. Micah Chelimo, UAA, 8:15.52. Shot Put - 17. Frank Catelli, WWU, 15.96 - 52-4 1/2.

**WOMEN: Team Scores** - 13. Alaska Anchorage 16, 26. Seattle Pacific 8, 46. Central Washington 3.

**Events - Friday:** Long Jump - 9. Tanya Bjornsson, WWU, 5.66 - 18-7. 800 Prelim - 2. McKayla Fricker, SPU, 2:10.00; 9. Sarah Sawatzky, SFU, 2:10.98; 11. Lynelle Decker, SPU, 2:11.87; 17. Natalie Evans, NNU, 2:15.95. 5000 - 6. Joyce Kipchumba, UAA, 17:14.18. Pole Vault - 11. Alison Silva, NNU, 3.70 - 12-1 1/2; 15. Cheyanna Pinley, WWU, 3.55 - 11-7 3/4. Distance Medley Relay - 4. Alaska Anchorage (Susan Bick, Haleigh Lloyd, Jessica Pahkala, Ivy O'Guinn) 11:47.97. **Saturday:** 800 - 2. McKayla Fricker, SPU, 2:09.25. 3000 - 6. Joyce Kipchumba, UAA, 9:48.80. High Jump - 6. Tayler Fettig, CWU, 1.73 - 5-8; 17. Karolin Anders, UAA, 1.60 - 5-3. Pentathlon - 4. Karolin Anders, UAA, 3775 (60 Hurdles - 9.24; High Jump - 1.70 - 5-7; Shot Put - 11.93 - 39-1 3/4; Long Jump - 5.35 - 17-6 3/4; 800 - 2:25.76).



# GNAC INDOOR TRACK & FIELD NATIONAL MEET RESULTS

## 2015 (March 13-14 at Birmingham, Ala.)

**MEN: Team Scores** - 28. Alaska Anchorage and Western Washington 8; 35. Western Oregon 5; 41. Simon Fraser 3; 43. Saint Martin's 2; 47. Central Washington 1.

**Events - Friday:** High Jump - 5. Mikel Smith, SMU, 2.07 - 6-9 ½. 5000 - 12. Oliver Jorgensen, SFU, 14:42.95. Prelims: 60 - 5. Alex Donigian, WWU, 6.76 (advances). Mile - 5. Travis Vugteveen, SFU, 4:09.79 (advances), 7. Robert Peterson, MSUB, 4:11.29; 12. Brady Beagley, WOU, 4:14.84. 800 - 1. Badane Sultessa, WOU, 1:50.73 (advances). **Saturday:** 60 - 2. Alex Donigian, WWU, 6.72. 800 - 4. Badane Sultessa, WOU, 1:51.36. Mile - 6. Travis Vugteveen, SFU, 4:12.49. Triple Jump - 8. Luke Plummer, CWU, 14.89 - 48-10 ¼. Pole Vault - 9. Payton Lewis, NNU, 4.95 - 16-2 ¾. Heptathlon - 2. Cody Thomas, UAA, 5488 Friday: 60 - 6.97. Long Jump - 6.79 - 22-3 ½. Shot Put - 12.53 - 41-1 1/2; High Jump - 2.09 - 6-10 ¼. Saturday: 60 Hurdles - 8.46. Pole Vault - 4.10 - 13-4 ¼. 1000 - 2:47.54.

**WOMEN: Team Scores** - 7. Simon Fraser 24; 36. Western Washington 5; 40. Alaska Anchorage 3.

**Events - Friday:** 5000 - 4. Katelyn Steen, WWU, 16:54.31. Distance Medley Relay - 2. Simon Fraser (Rebecca Bassett, Monique Lisek, Paige Nock, Lindsey Butterworth) 11:28.28; 8. Alaska Anchorage (Jessica Pahkala, Rosie Smith, Haleigh Lloyd, Beatrice Decker) 11:40.67; 9. Seattle Pacific (Jessica Rawlins, Becca Houk, Lynelle Decker, Anna Patti) 11:40.68. Prelims: 60 - 17. Jamie Ashcroft, UAA, 7.67. Mile - 9. Stephanie Stuckey, WOU, 4:54.79 (advances); 13. Rebecca Bassett, SFU 4:56.86. 800 - 2. Lindsey Butterworth, SFU, 2:07.76 (advances); 11. Paige Nock, SFU, 2:12.11. 14. Lynelle Decker, SPU 2:13.68. 200 - 9. Jamie Ashcroft, UAA, 24.56. **Saturday:** 800 - 1. Lindsey Butterworth, SFU, 2:08.44. Mile - 9. Stephanie Stuckey, WOU, 5:00.85. 3000 - 3. Jennifer Johnson, SFU, 9:26.82; 9. Rebecca Bassett, SFU, 9:41.68; 10. Katelyn Steen, WWU, 9:42.68. Pentathlon - 7. Karolin Anders, UAA, 3822 (60 Hurdles - 9.23. High jump - 1.69 - 5-6 1/2. Shot Put - 11.52 - 37-9 1/2. Long Jump - 5.44 - 17-10 ¼. 800 - 2:21.30). High Jump - 12. Tayler Fettig 1.68 - 5-6.

## 2016 (Mar. 11-12 at Pittsburg, Kan.)

**MEN: Team Scores** - 1. Tiffin, 49; 14. Alaska Anchorage, 16; 26. Western Oregon, 9; 28. Saint Martin's, 8; 36. Simon Fraser, 5.

**Events:** 400 - 12. Joel Webster, SFU, 48.26. 800 - 6. Cameron Proceviat, SFU, 1:49.95 (1:52.25 in prelims). Mile - 4. David Ribich, WOU, 4:14.22 (4:06.36 in prelims); 11. Sam Naffziger, WOU, 4:07.50; 14. Robert Peterson, MSUB, 4:09.15. 3,000 - 4. Dominik Notz, UAA, 8:24.81; 10. Henry Cheseto, UAA, 8:31.76; 12. Marc-Antoine Rouleau, SFU, 8:37.99. 5,000 - 4. Dominik Notz, UAA, 14:09.26; 11. Henry Cheseto, UAA, 14:19.62. 60m Hurdles - 14. Travis Milbrandt, WWU, 8.14. 4x400 Relay - 12. Alaska Anchorage (Nicholas Taylor, Liam Lindsay, Travis Turner, Adam Commandeur), 3:14.99. DMR - 5. Western Oregon (Sam Naffziger, Aaron Whitaker, Josh Dempsey, David Ribich), 9:50.07; 9. Simon Fraser (Cameron Proceviat, Joel Webster, Carlos Vargas, Marc-Antoine Rouleau), 9:52.99. Pole Vault - 13. Payton Lewis, NNU, 15-7.25/4.76. Long Jump - 7. Vladislav Tsygankov, SFU, 24-5.75/7.46. Heptathlon - 3. Cody Thomas, UAA, 5,538; 13. Payton Lewis, NNU, 4,994.

**WOMEN: Team Scores** - 1. Lincoln (Mo.) 60; 9. Alaska Anchorage, 20.5; 11. Seattle Pacific, 18; 43. Simon Fraser, 3; 47. Saint Martin's, 1.

**Events:** 200 - 11. Jamie Ashcroft, UAA, 24.63. 400 - 13. Jahzelle Ambus, SPU, 55.70; 17. Jalen Tims, SPU, 56.79. 800 - 2. Lynelle Decker, SPU, 2:07.52 (2:10.19 in prelims); 12. Tamara Perez, UAA, 2:11.90; 13. Chynna Phan, SPU, 2:12.42; 14. Addy Townsend, SFU, 2:14.94. Mile - 15. Nicole Maurmann, WOU, 5:03.22. 3,000 - 6. Joyce Chelimo, UAA, 9:35.09; 8. Shannon Porter, SMU, 9:35.31; 13. Caroline Kurgat, UAA, 9:47.85; 15. Rebecca Bassett, SFU, 9:49.00; 19. Dani Eggleston, CWU, 10:05.58. 5,000 - 2. Joyce Chelimo, UAA, 16:10.32; 12. Shannon Porter, SMU, 16:55.49. 60m Hurdles - 10. Maliea Luquin, SPU, 8.53. 4x400 Relay - 3. Seattle Pacific (Jalen Tims, Lynelle Decker, Cherly Hong, Jahzelle Ambus), 3:42.44; 11. Simon Fraser (Valda Kabia, Alana Mussatto, Monique Lisek, Chantel Desch), 3:47.13. DMR - 4. Alaska Anchorage (Jessica Pahkala, Mary Kathleen Cross, Tamara Perez, Caroline Kurgat), 11:31.21; 5. Seattle Pacific (Lynelle Decker, Jahzelle Ambus, Chynna Phan, Anna Patti), 11:32.17; 7. Simon Fraser (Addy Townsend, Chantel Desch, Alana Mussatto, Rebecca Bassett), 11:36.85. High Jump - Tie 6. Karolin Anders, UAA, 5-6.5/1.69; Tie 11. Miranda Osadchey, WWU, 5-5.25/1.66; Tie 11. Geneve Lehnert, SPU, 5-5.25/1.66. Triple Jump - 11. Jasmine McMullin, WWU, 39-4.5/12.00. Shot Put - 15. Emmi Collier, WOU, 45-0.25/13.72. Pentathlon - 7. Karolin Anders, UAA, 3,806.

## 2017 (Mar. 9-11 at Birmingham, Ala.)

**MEN: Team Scores** - 1. Tiffin, 63; 6. Western Oregon, 24; 20. Saint Martin's, 10; 28. Alaska Anchorage, 7; 30. Central Washington, 6; 33. Northwest Nazarene, 5.5; 38. Simon Fraser, 4.

**Events:** 400 - 7. Vladislav Tsygankov, SFU, 48.39 (47.61 in prelims). 800 - 6. Josh Dempsey, WOU, 1:51.20 (1:52.36 in prelims). Mile - 3. David Ribich, WOU, 4:06.72 (4:05.12 in prelims); 4. Dustin Nading, WOU, 4:06.85 (4:11.92 in prelims). 3,000 - 7. Dominik Notz, UAA, 8:07.28. 5,000 - 5. Dominik Notz, UAA, 14:12.99. 4x400 Relay - 8. Alaska Anchorage (Nicholas Taylor, Liam Lindsay, Darrion Gray, Adam Commandeur), 3:13.69. DMR - 1. Western Oregon (Dustin Nading, AJ Holmberg, Josh Dempsey, David Ribich), 9:40.15 (Meet & Division II record). High Jump - 1. Mikel Smith, SMU, 7-3.25/2.22; 10. Cole Hoberg, NNU, 6-9.5/2.07. Pole Vault - Tie 3. Payton Lewis, NNU, 16-10.75/5.15. Long Jump - 7. Vladislav Tsygankov, SFU, 24-1.75/7.36; 14. Tevin Gladden, UAA, 23-0/7.01. Triple Jump - 13. Luke Plummer, CWU, 48-9.5/14.87. Heptathlon - 3. Kodiak Landis, CWU, 5,342; 9. Travis Turner, UAA, 5,119.

**WOMEN: Team Scores** - 1. Adams State, 47; 21. Alaska Anchorage, 10; 24. Simon Fraser, 8; 29. Western Oregon, 7; 38. Central Washington, 4.5; 40. Saint Martin's, 4; 49. Western Washington, 2; 55. Seattle Pacific, 1.

**Events:** 60 - 15. Jamie Ashcroft, UAA, 7.64. 200 - 7. Jamie Ashcroft, UAA, 24.13 (24.15 in prelims); 13. Valda Kabia, SFU, 24.45; 17. Katherine Lucas, SFU, 24.62. 400 - 16. Chantel Desch, SFU, 56.11. 800 - 4. Addy Townsend, SFU, 2:08.38 (2:08.99 in prelims); 5. Suzie Van De Grift, WOU, 2:09.10 (2:09.63 in prelims); 6. Olivia Woods, WOU, 2:09.26 (2:10.45 in prelims); 14. Danielle McCormick, UAA, 2:13.04. Mile - 8. Paige Nock, SFU, 4:48.31 (4:48.38 in prelims); 12. Miryam Bassett, SFU, 4:54.47; 17. Julia Howley, SFU, 4:59.05; 18. Tamara Perez, UAA, 5:07.70. 3,000 - 3. Caroline Kurgat, UAA, 9:27.09; 5. Shannon Porter, SMU, 9:29.47. 5,000 - 9. Shannon Porter, SMU, 16:51.76. 60m Hurdles - 10. Mariyah Vongsaveng, CWU, 8.57. 4x400 Relay - 7. Alaska Anchorage (Jamie Ashcroft, Mary Kathleen Cross, Hayley Bezanson, Vanessa Aniteye), 3:45.10. DMR - 6. Simon Fraser (Addy Townsend, Chantel Desch, Alana Mussatto, Paige Nock), 11:33.62; 8. Seattle Pacific (Sarah Macdonald, Lani Taylor, Chynna Phan, Mary Charleson), 11:36.02; 9. Alaska Anchorage (Danielle McCormick, Mary Kathleen Cross, Hayley Bezanson, Caroline Kurgat), 11:36.55. Pole Vault - 4. McKenna Emmert, CWU, 12-10.25/3.92; 7. Anna Paradee, WWU, 12-10.25/3.92. Triple Jump - 13. Ella Brown, SFU, 39-5.25/12.02.

## GNAC INDOOR TRACK & FIELD NATIONAL MEET RESULTS

### 2018 (Mar. 9-10 at Pittsburg, Kan.)

**MEN: Team Scores** – 1, Pittsburg St., 49; 6, Western Oregon, 26; 29, Central Washington, 6.

**Events:** Mile – 1, Dustin Nading, WOU, 4:13.30 (4:07.20 in prelims); 13, Oliver Jorgensen, SFU, 4:12.93. 3,000 – 3, David Ribich, WOU, 8:01.55. 4x400 Relay – Alaska Anchorage, DNF. DMR – 1, Western Oregon (Dustin Nading, Aaron Whitaker, AJ Holmberg, David Ribich), 9:41.40. Pole Vault – Payton Lewis, NNU, NH. Shot Put – 11, Josh Koch, CU, 57-2/17.42. Heptathlon – 3, Kodiak Landis, CWU, 5,508.

**WOMEN: Team Scores** – 1, West Texas A&M, 53. 17, Alaska Anchorage, 10; 24, Seattle Pacific, 8; 29, Concordia, 7; 32, Simon Fraser, 6; 32, Western Oregon, 6; 36, Western Washington, 5; 36, Central Washington, 5.

**Events:** 400 – 8, Ali Anderson, CWU, 56.02 (54.98 in prelims). 800 – 1, Danielle McCormick, UAA, 2:07.79 (2:10.29 in prelims); 6, Olivia Woods, WOU, 2:11.24 (2:09.16 in prelims); 9, Alana Mussatto, SFU, 2:10.82; 14, Tamara Perez, UAA, 2:11.90; 16, Yemi Knight, UAA, 2:13.03; 19, Ruth Cvancara, UAA, 2:13.76. Mile – 7, Suzie Van De Grift, WOU, 4:50.75 (4:50.09 in prelims); 14, Miryam Bassett, SFU, 4:58.80; 20, Paige Nock, SFU, 5:13.81. 3,000 – 10, Reta Dobie, SFU, 9:41.24; 11, Kennedy Rufener, WOU, 9:41.54; 12, Julia Howley, SFU, 9:42.12. 60m Hurdles – 15, Mariyah Vongsaveng, CWU, 8.66. DMR – 3, Simon Fraser (Miryam Bassett, Renate Bluschke, Alana Mussatto, Julia Howley), 11:30.49; 9, Alaska Anchorage (Danielle McCormick, Vanessa Aniteye, Yemi Knight, Tamara Perez), 11:55.60. High Jump – 14, Tori Johnson, CU, 5-5.75/1.67. Pole Vault – 6, Halle Irvine, CWU, 12-6.25/3.82; 16, Scout Cai, SPU, 11-8.5/3.57. Triple Jump – 4, Jasmine McMullin, WWU, 41-1.5/12.53; 13, Emma Hill, CU, 39-5.75/12.03. Shot Put – 7, Christina MacDonald, CU, 49-10/15.19; 18, Melissa Ausman, CU, 45-10.75/13.99; 20, Katrina Linenko, CU, 42-9/13.03. Weight Throw – 4, Christina MacDonald, CU, 63-2.75/19.27. Pentathlon – 5, Scout Cai, SPU, 3,790; 8, HarLee Ortega, CWU, 3,702; 11, Ali Anderson, CWU, 3,610.

### 2019 (Mar. 8-9 at Pittsburg, Kan.)

**Men's Team Scores:** 1, Ashland, 38. 21, Simon Fraser, 10. 46, Central Washington, 3. 52, Alaska Anchorage, 2.

**Events:** 800 Meters - 14, Pierre-Louis Detourbe, SFU, 4:21.33; 16, Aaron Ahl, SFU, 4:28.79. 3,000 Meters - 7, Rowan Doherty, SFU, 8:16.14. DMR - 2, Simon Fraser (Pierre-Louis Detourbe, Nate St Romain, Carlos Vargas, Rowan Doherty), 9:48.57; 7, Alaska Anchorage (Felix Kemboi, Nathaniel Brunett, Eduardo Orozco, Drew Johnson), 9:50.04; 9, Western Oregon (Justin Crosswhite, Gabe Arce-Torres, Curt Knott, Tyler Jones), 9:50.77. High Jump - 12, Tyler Cronk, SMU, 6-8.25/2.04. Triple Jump - 8, Zach Whittaker, CWU, 49-4.5/15.05. Shot Put - 11, Jake Knight, NNU, 56-7.25/17.25. Heptathlon - 7, Braydon Maier, CWU, 5,288; 12, Kodiak Landis, CWU, 4,989.

**Women's Team Scores:** 1, Adams State, 87. 4, Alaska Anchorage, 34. 40, Western Oregon, 4. 44, Seattle Pacific, 3. 53, Central Washington, 2.

**Events:** 800 Meters - 3, Danielle McCormick, UAA, 2:06.28 (2:07.83 in prelims); 5, Olivia Woods, WOU, 2:08.44 (2:08.73 in prelims); 9, Sophie Dodd, SFU, 2:09.06. Mile - 12, Kate Lilly, SPU, 4:54.79. 14, Nancy Jeptoo, UAA, 5:01.15. 3,000 Meters - 1, Caroline Kurgat, UAA, 9:15.45 (meet record); 9, Alexa Shindruk, 9:36.71. 5,000 Meters - 1, Caroline Kurgat, UAA, 16:06.37 (meet record); 11, Alexa Shindruk, CWU, 16:56.77. 60m Hurdles - 10, Lexi Tubbs, NNU, 8.72; 13, Mariyah Vongsaveng, CWU, 8.80. DMR - 2, Alaska Anchorage (Ruth Cvancara, Vanessa Aniteye, Danielle McCormick, Caroline Kurgat), 11:26.00; 12, Simon Fraser (Sophie Dodd, Renate Bluschke, Mairin Shields-Brown, Paige Nock), 12:17.14. High Jump - 11, Maddie Taylor, WWU, 5-6/1.68. Pole Vault - 11, Halle Irvine, CWU, 12-6.75/3.83; Tie 12, Anna Paradee, WWU, 12-6.75/3.83; 17, Scout Cai, SPU, 11-10.75/3.63. Long Jump - 6, Peace Igbonagwam, SPU, 19-2.75/5.86. Pentathlon - 7, HarLee Ortega, CWU, 3,677; 11, Chelsea Bone, CU, 3,624.

### 2020 (Mar. 13-14 at Birmingham, Ala.)

Meet canceled due to COVID-19 outbreak.