

2017 GNAC OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Monmouth, OR
Western Oregon University
5/12/2017 - 5/13/2017



OFFICIAL MEET REPORT
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RESULTS

Men's 100 Meters

| | | | | |
|-------------------|-------|-----------------------|--------------------|------|
| % Championship | 10.43 | Anthony Wright | Central Washington | 2010 |
| # GNAC | 10.22 | Donigian, Alex | Western Washington | 2015 |
| \$ McArthur Field | 10.33 | Jean Olivier-Zirignon | | 1993 |

Finals

Wind: (-2.0)

| Pl | Name | Yr | Team | Time | Pts |
|----|----------------|----|--------------------|-------|-----|
| 1 | Zook, Sam | SO | MSU-Billings | 10.84 | 10 |
| 2 | Camara, Ebu | SR | Northwest Nazarene | 11.00 | 8 |
| 3 | Ortiz, Carlos | JR | Concordia (Ore.) | 11.02 | 6 |
| 4 | Ooley, Kyler | SO | Central Washington | 11.08 | 5 |
| 5 | Blodgett, Codi | JR | Western Oregon | 11.15 | 4 |
| 6 | McKinney, Kent | SR | Central Washington | 11.24 | 3 |
| 7 | Jones, Daniel | SO | Western Washington | 11.30 | 2 |
| 8 | Mah, Nathan | FR | Simon Fraser | 11.31 | 1 |

(Top 1 per Heat + next 5 advance)

Prelims

| Pl | Name | Yr | Team | Time | H(Pl) |
|----|------------------|----|--------------------|---------------|-------|
| 1 | Zook, Sam | SO | MSU-Billings | 10.86Q (-4.9) | 1(1) |
| 2 | Camara, Ebu | SR | Northwest Nazarene | 10.92Q (-2.6) | 2(1) |
| 3 | Ortiz, Carlos | JR | Concordia (Ore.) | 11.00Q (-1.2) | 3(1) |
| 4 | Ooley, Kyler | SO | Central Washington | 11.08q (-1.2) | 3(2) |
| 5 | Blodgett, Codi | JR | Western Oregon | 11.10q (-2.6) | 2(2) |
| 6 | McKinney, Kent | SR | Central Washington | 11.15q (-1.2) | 3(3) |
| 7 | Mah, Nathan | FR | Simon Fraser | 11.23q (-4.9) | 1(2) |
| 8 | Jones, Daniel | SO | Western Washington | 11.32q (-4.9) | 1(3) |
| 9 | Steuk, Garret | JR | Central Washington | 11.38 (-1.2) | 3(4) |
| 10 | Taylor, Alex | FR | Western Washington | 11.38 (-1.2) | 3(5) |
| 11 | Jones, Eric | SO | Alaska Anchorage | 11.39 (-4.9) | 1(4) |
| 12 | Kahut, Isaiah | FR | Northwest Nazarene | 11.40 (-1.2) | 3(6) |
| 13 | Gray, Darrion | JR | Alaska Anchorage | 11.43 (-2.6) | 2(3) |
| 14 | Shay, Kaelen | SO | MSU-Billings | 11.45 (-4.9) | 1(5) |
| 15 | Rykal, Braden | FR | MSU-Billings | 11.45 (-2.6) | 2(4) |
| 16 | Knox, Stedman | SO | Western Washington | 11.49 (-2.6) | 2(5) |
| 17 | Armstrong, Logan | FR | Saint Martin's | 11.56 (-4.9) | 1(6) |

HEAT RESULTS

Prelims

| Pl | Name | Yr | Team | Time |
|--------------------|------------------|----|--------------------|--------------|
| | | | | Wind: (-4.9) |
| Heat 1 of 3 | | | | |
| 1 | Zook, Sam | SO | MSU-Billings | 10.86Q |
| 2 | Mah, Nathan | FR | Simon Fraser | 11.23q |
| 3 | Jones, Daniel | SO | Western Washington | 11.32q |
| 4 | Jones, Eric | SO | Alaska Anchorage | 11.39 |
| 5 | Shay, Kaelen | SO | MSU-Billings | 11.45 |
| 6 | Armstrong, Logan | FR | Saint Martin's | 11.56 |
| Heat 2 of 3 | | | | Wind: (-2.6) |
| 1 | Camara, Ebu | SR | Northwest Nazarene | 10.92Q |

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RESULTS**Men's 100 Meters (cont'd)****Prelims**

| Pl | Name | Yr | Team | Time |
|----|----------------|----|--------------------|--------|
| 2 | Blodgett, Codi | JR | Western Oregon | 11.10q |
| 3 | Gray, Darrion | JR | Alaska Anchorage | 11.43 |
| 4 | Rykal, Braden | FR | MSU-Billings | 11.45 |
| 5 | Knox, Stedman | SO | Western Washington | 11.49 |

Heat 3 of 3

Wind: (-1.2)

| | | | | |
|---|----------------|----|--------------------|--------|
| 1 | Ortiz, Carlos | JR | Concordia (Ore.) | 11.00Q |
| 2 | Ooley, Kyle | SO | Central Washington | 11.08q |
| 3 | McKinney, Kent | SR | Central Washington | 11.15q |
| 4 | Steuk, Garret | JR | Central Washington | 11.38 |
| 5 | Taylor, Alex | FR | Western Washington | 11.38 |
| 6 | Kahut, Isaiah | FR | Northwest Nazarene | 11.40 |

Men's 200 Meters

| | | | | | |
|----|----------------|-------|-----------------|--------------------|------|
| # | GNAC | 20.93 | Alex Donigian | Western Washington | 2016 |
| \$ | McArthur Field | 21.32 | Tyrell Williams | Western Oregon | 2014 |
| % | Championship | 21.32 | Rimar Christie | Northwest Nazarene | 2013 |
| % | Championship | 21.32 | Tyrell Williams | Western Oregon | 2014 |

Finals

Wind: (-3.0)

| Pl | Name | Yr | Team | Time | Pts |
|----|----------------|----|--------------------|-------|-----|
| 1 | Zook, Sam | SO | MSU-Billings | 21.86 | 10 |
| 2 | Warner, Cody | JR | Western Oregon | 22.33 | 8 |
| 3 | Mah, Nathan | FR | Simon Fraser | 22.63 | 6 |
| 4 | Ortiz, Carlos | JR | Concordia (Ore.) | 22.78 | 5 |
| 5 | Blodgett, Codi | JR | Western Oregon | 22.81 | 4 |
| 6 | Landis, Kodiak | SR | Central Washington | 23.01 | 3 |
| 7 | Jones, Daniel | SO | Western Washington | 39.58 | 2 |
| | Camara, Ebu | SR | Northwest Nazarene | DQ | |

(Top 1 per Heat + next 6 advance)

Prelims

| Pl | Name | Yr | Team | Time | H(Pl) |
|----|----------------|----|--------------------|---------------|-------|
| 1 | Zook, Sam | SO | MSU-Billings | 21.68Q (+0.0) | 2(1) |
| 2 | Camara, Ebu | SR | Northwest Nazarene | 21.72Q (-1.2) | 1(1) |
| 3 | Warner, Cody | JR | Western Oregon | 21.97q (+0.0) | 2(2) |
| 4 | Ortiz, Carlos | JR | Concordia (Ore.) | 22.37q (+0.0) | 2(3) |
| 5 | Mah, Nathan | FR | Simon Fraser | 22.48q (-1.2) | 1(2) |
| 6 | Jones, Daniel | SO | Western Washington | 22.51q (+0.0) | 2(4) |
| 7 | Blodgett, Codi | JR | Western Oregon | 22.56q (-1.2) | 1(3) |
| 8 | Landis, Kodiak | SR | Central Washington | 22.70q (-1.2) | 1(4) |
| 9 | Steuk, Garret | JR | Central Washington | 22.91 (+0.0) | 2(5) |
| 10 | Rykal, Braden | FR | MSU-Billings | 23.20 (-1.2) | 1(5) |
| 11 | Blake, Logan | FR | Northwest Nazarene | 24.07 (+0.0) | 2(6) |

HEAT RESULTS

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Men's 200 Meters (cont'd)

Prelims

| Pl | Name | Yr | Team | Time |
|--|----------------|----|-----------------------|--------|
| Heat 1 of 2 Wind: (-1.2) | | | | |
| 1 | Camara, Ebu | | SR Northwest Nazarene | 21.72Q |
| 2 | Mah, Nathan | | FR Simon Fraser | 22.48q |
| 3 | Blodgett, Codi | | JR Western Oregon | 22.56q |
| 4 | Landis, Kodiak | | SR Central Washington | 22.70q |
| 5 | Rykal, Braden | | FR MSU-Billings | 23.20 |
| Heat 2 of 2 Wind: (+0.0) | | | | |
| 1 | Zook, Sam | | SO MSU-Billings | 21.68Q |
| 2 | Warner, Cody | | JR Western Oregon | 21.97q |
| 3 | Ortiz, Carlos | | JR Concordia (Ore.) | 22.37q |
| 4 | Jones, Daniel | | SO Western Washington | 22.51q |
| 5 | Steuk, Garret | | JR Central Washington | 22.91 |
| 6 | Blake, Logan | | FR Northwest Nazarene | 24.07 |

Men's 400 Meters

| | | | | | |
|----|----------------|-------|----------------|-----------------------|------|
| % | Championship | 47.55 | Ethan Hewitt | Alaska Anchorage | 2012 |
| # | GNAC | 47.51 | Ethan Hewitt | Alaska Anchorage | 2011 |
| \$ | McArthur Field | 47.23 | Korey Thieleke | High Performance West | 2016 |

Finals

| Pl | Name | Yr | Team | Time | Pts |
|----|-------------------|----|-----------------------|-------|-----|
| 1 | Whitaker, Aaron | | SR Western Oregon | 47.59 | 10 |
| 2 | Kelloway, Daniel | | SR Simon Fraser | 47.74 | 8 |
| 3 | Taylor, Nicholas | | SO Alaska Anchorage | 48.21 | 6 |
| 4 | McArthur, Ryan | | SR Western Washington | 48.28 | 5 |
| 5 | Commandeur, Adam | | SR Alaska Anchorage | 48.31 | 4 |
| 6 | Lindsay, Liam | | JR Alaska Anchorage | 48.62 | 3 |
| 7 | Brown, Adam | | FR Concordia (Ore.) | 49.18 | 2 |
| 8 | Remington, Daniel | | SO Alaska Anchorage | 50.15 | 1 |

(Top 1 per Heat + next 6 advance)

Prelims

| Pl | Name | Yr | Team | Time | H(Pl) |
|----|-------------------|----|-----------------------|--------|-------|
| 1 | Whitaker, Aaron | | SR Western Oregon | 48.53Q | 2(1) |
| 2 | Kelloway, Daniel | | SR Simon Fraser | 48.57Q | 1(1) |
| 3 | Taylor, Nicholas | | SO Alaska Anchorage | 48.63q | 2(2) |
| 4 | Commandeur, Adam | | SR Alaska Anchorage | 48.70q | 1(2) |
| 5 | McArthur, Ryan | | SR Western Washington | 48.74q | 2(3) |
| 6 | Brown, Adam | | FR Concordia (Ore.) | 49.62q | 2(4) |
| 7 | Lindsay, Liam | | JR Alaska Anchorage | 49.76q | 1(3) |
| 8 | Remington, Daniel | | SO Alaska Anchorage | 50.06q | 1(4) |
| 9 | Ramsey, Justin | | SR Seattle Pacific | 50.29 | 2(5) |
| 10 | Calderon, Daniel | | FR Central Washington | 50.31 | 1(5) |
| 11 | Porter, Doc | | FR Central Washington | 51.97 | 2(6) |
| 12 | Dhillon, Hameet | | JR Simon Fraser | 52.47 | 1(6) |
| 13 | Woods, Devonte | | SR Western Oregon | 53.30 | 2(7) |

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Men's 400 Meters (cont'd)**(Top 1 per Heat + next 6 advance)****Prelims**

| PI Name | Yr Team | Time | H(PI) |
|------------------------|--------------------|-------|-------|
| 14 Scarbrough, Lazarus | FR Seattle Pacific | 53.61 | 1(7) |

HEAT RESULTS**Prelims**

| PI Name | Yr Team | Time |
|---------|---------|------|
|---------|---------|------|

Heat 1 of 2

| | | |
|-----------------------|-----------------------|--------|
| 1 Kelloway, Daniel | SR Simon Fraser | 48.57Q |
| 2 Commandeur, Adam | SR Alaska Anchorage | 48.70q |
| 3 Lindsay, Liam | JR Alaska Anchorage | 49.76q |
| 4 Remington, Daniel | SO Alaska Anchorage | 50.06q |
| 5 Calderon, Daniel | FR Central Washington | 50.31 |
| 6 Dhillon, Hameet | JR Simon Fraser | 52.47 |
| 7 Scarbrough, Lazarus | FR Seattle Pacific | 53.61 |

Heat 2 of 2

| | | |
|--------------------|-----------------------|--------|
| 1 Whitaker, Aaron | SR Western Oregon | 48.53Q |
| 2 Taylor, Nicholas | SO Alaska Anchorage | 48.63q |
| 3 McArthur, Ryan | SR Western Washington | 48.74q |
| 4 Brown, Adam | FR Concordia (Ore.) | 49.62q |
| 5 Ramsey, Justin | SR Seattle Pacific | 50.29 |
| 6 Porter, Doc | FR Central Washington | 51.97 |
| 7 Woods, Devonte | SR Western Oregon | 53.30 |

Men's 800 Meters

| | | | | |
|-------------------|---------|------------------|--------------------|------|
| % Championship | 1:49.31 | Paul Mach | Seattle Pacific | 2005 |
| # GNAC | 1:47.58 | Sultessa, Badane | Western Oregon | 2015 |
| \$ McArthur Field | 1:49.03 | Shannon Lemora | NIKE International | 1995 |

Finals

| PI Name | Yr Team | Time | Pts |
|-----------------------|-----------------------|---------|-----|
| 1 Ribich, David | JR Western Oregon | 1:52.71 | 10 |
| 2 Freinhofer, Dylan | JR Simon Fraser | 1:54.48 | 8 |
| 3 McCranie, Cody | SR Western Washington | 1:54.79 | 6 |
| 4 Chin, Michael | SR Western Oregon | 1:54.94 | 5 |
| 5 Rhodes, Demetrius | SR Concordia (Ore.) | 1:55.65 | 4 |
| 6 Phan, Jesse | SO Seattle Pacific | 1:55.80 | 3 |
| 7 Mendenhall, Michael | SR Alaska Anchorage | 1:56.67 | 2 |
| 8 Knott, Curt | FR Western Oregon | 1:57.02 | 1 |
| 9 Holmberg, AJ | SO Western Oregon | 1:58.15 | |

(Top 2 per Heat + next 3 advance)**Prelims**

| PI Name | Yr Team | Time | H(PI) |
|---------------------|-------------------|----------|-------|
| 1 Holmberg, AJ | SO Western Oregon | 1:53.52Q | 3(1) |
| 2 Ribich, David | JR Western Oregon | 1:54.15Q | 2(1) |
| 3 Freinhofer, Dylan | JR Simon Fraser | 1:54.98Q | 1(1) |

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Men's 800 Meters (cont'd)

(Top 2 per Heat + next 3 advance)

Prelims

| Pl | Name | Yr | Team | Time | H(Pl) |
|----|---------------------|----|--------------------|----------|-------|
| 4 | Chin, Michael | SR | Western Oregon | 1:55.23Q | 1(2) |
| 5 | McCranie, Cody | SR | Western Washington | 1:55.40Q | 3(2) |
| 6 | Rhodes, Demetrius | SR | Concordia (Ore.) | 1:55.45Q | 2(2) |
| 7 | Mendenhall, Michael | SR | Alaska Anchorage | 1:56.10q | 3(3) |
| 8 | Knott, Curt | FR | Western Oregon | 1:56.23q | 2(3) |
| 9 | Phan, Jesse | SO | Seattle Pacific | 1:56.61q | 2(4) |
| 10 | Leaf, Ron | JR | Central Washington | 1:56.76 | 1(3) |
| 11 | Spiller, Keaton | SO | Western Washington | 1:56.78 | 3(4) |
| 12 | Vargas, Carlos | SO | Simon Fraser | 1:57.33 | 2(5) |
| 13 | Marson, Parker | SO | Western Oregon | 1:59.03 | 3(5) |
| 14 | Marshall, Dominick | SO | Western Oregon | 1:59.69 | 1(4) |
| 15 | Hughey, Mitchell | SR | Saint Martin's | 2:01.44 | 1(5) |
| 16 | James, Brysten | JR | Seattle Pacific | 2:01.82 | 2(6) |
| 17 | Torres, Richard | FR | Simon Fraser | 2:02.06 | 1(6) |
| 18 | Pitari, Corrado | SO | Western Oregon | 2:02.66 | 3(6) |

HEAT RESULTS

Prelims

| Pl | Name | Yr | Team | Time |
|--------------------|--------------------|----|--------------------|----------|
| Heat 1 of 3 | | | | |
| 1 | Freinhofer, Dylan | JR | Simon Fraser | 1:54.98Q |
| 2 | Chin, Michael | SR | Western Oregon | 1:55.23Q |
| 3 | Leaf, Ron | JR | Central Washington | 1:56.76 |
| 4 | Marshall, Dominick | SO | Western Oregon | 1:59.69 |
| 5 | Hughey, Mitchell | SR | Saint Martin's | 2:01.44 |
| 6 | Torres, Richard | FR | Simon Fraser | 2:02.06 |

Heat 2 of 3

| | | | | |
|---|-------------------|----|------------------|----------|
| 1 | Ribich, David | JR | Western Oregon | 1:54.15Q |
| 2 | Rhodes, Demetrius | SR | Concordia (Ore.) | 1:55.45Q |
| 3 | Knott, Curt | FR | Western Oregon | 1:56.23q |
| 4 | Phan, Jesse | SO | Seattle Pacific | 1:56.61q |
| 5 | Vargas, Carlos | SO | Simon Fraser | 1:57.33 |
| 6 | James, Brysten | JR | Seattle Pacific | 2:01.82 |

Heat 3 of 3

| | | | | |
|---|---------------------|----|--------------------|----------|
| 1 | Holmberg, AJ | SO | Western Oregon | 1:53.52Q |
| 2 | McCranie, Cody | SR | Western Washington | 1:55.40Q |
| 3 | Mendenhall, Michael | SR | Alaska Anchorage | 1:56.10q |
| 4 | Spiller, Keaton | SO | Western Washington | 1:56.78 |
| 5 | Marson, Parker | SO | Western Oregon | 1:59.03 |
| 6 | Pitari, Corrado | SO | Western Oregon | 2:02.66 |

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Men's 1500 Meters

| | | | | |
|-------------------|---------|----------------|------------------|------|
| % Championship | 3:49.03 | Alfred Kangogo | Alaska Anchorage | 2010 |
| # GNAC | 3:41.45 | David Ribich | Western Oregon | 2017 |
| \$ McArthur Field | 3:46.74 | Jim Howarth | | 1997 |

| Pl Name | Yr Team | Time | H(Pl) | Pts |
|------------------------|-----------------------|-----------|-------|-----|
| 1 Ribich, David | JR Western Oregon | % 3:47.37 | 2(1) | 10 |
| 2 Nading, Dustin | SO Western Oregon | % 3:47.63 | 2(2) | 8 |
| 3 Doherty, Rowan | SO Simon Fraser | 3:54.31 | 2(3) | 6 |
| 4 McCranie, Cody | SR Western Washington | 3:55.08 | 2(4) | 5 |
| 5 Giese, Logan | JR Western Washington | 3:55.18 | 2(5) | 4 |
| 6 Cossette, Liam | FR Western Washington | 3:57.38 | 2(6) | 3 |
| 7 Korta, Kaleb | FR Alaska Anchorage | 3:57.91 | 2(7) | 2 |
| 8 Normandeau, Thomas | JR Western Oregon | 3:58.04 | 2(8) | 1 |
| 9 Wilson, Jordan | FR Simon Fraser | 3:58.94 | 1(1) | |
| 10 de Dalmases, Mateo | JR Simon Fraser | 4:01.21 | 1(2) | |
| 11 Livermore, Ethan | SR Concordia (Ore.) | 4:02.66 | 2(9) | |
| 12 Mosman, Hunter | FR Western Oregon | 4:04.48 | 1(3) | |
| 13 Crosswhite, Justin | FR Western Oregon | 4:05.11 | 2(10) | |
| 14 Sander, Christoph | FR Alaska Anchorage | 4:05.48 | 1(4) | |
| 15 Panasuk, Josh | SR MSU-Billings | 4:05.85 | 1(5) | |
| 16 Carrancho, Justin | JR Alaska Anchorage | 4:08.09 | 2(11) | |
| 17 Tadesse, Ephraim | JR Simon Fraser | 4:08.23 | 1(6) | |
| 18 Gallagher, Thomas | FR Simon Fraser | 4:09.53 | 1(7) | |
| 19 Mendenhall, Michael | SR Alaska Anchorage | 4:09.95 | 2(12) | |
| 20 Turney, Taylor | JR Alaska Anchorage | 4:12.50 | 1(8) | |

SECTION RESULTS

| Pl Name | Yr Team | Time |
|---------|---------|------|
|---------|---------|------|

Section 1 of 2

| | | |
|----------------------|---------------------|---------|
| 1 Wilson, Jordan | FR Simon Fraser | 3:58.94 |
| 2 de Dalmases, Mateo | JR Simon Fraser | 4:01.21 |
| 3 Mosman, Hunter | FR Western Oregon | 4:04.48 |
| 4 Sander, Christoph | FR Alaska Anchorage | 4:05.48 |
| 5 Panasuk, Josh | SR MSU-Billings | 4:05.85 |
| 6 Tadesse, Ephraim | JR Simon Fraser | 4:08.23 |
| 7 Gallagher, Thomas | FR Simon Fraser | 4:09.53 |
| 8 Turney, Taylor | JR Alaska Anchorage | 4:12.50 |

Section 2 of 2

| | | |
|-----------------------|-----------------------|-----------|
| 1 Ribich, David | JR Western Oregon | % 3:47.37 |
| 2 Nading, Dustin | SO Western Oregon | % 3:47.63 |
| 3 Doherty, Rowan | SO Simon Fraser | 3:54.31 |
| 4 McCranie, Cody | SR Western Washington | 3:55.08 |
| 5 Giese, Logan | JR Western Washington | 3:55.18 |
| 6 Cossette, Liam | FR Western Washington | 3:57.38 |
| 7 Korta, Kaleb | FR Alaska Anchorage | 3:57.91 |
| 8 Normandeau, Thomas | JR Western Oregon | 3:58.04 |
| 9 Livermore, Ethan | SR Concordia (Ore.) | 4:02.66 |
| 10 Crosswhite, Justin | FR Western Oregon | 4:05.11 |

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Men's 1500 Meters (cont'd)

| Pl | Name | Yr | Team | Time |
|----|---------------------|----|------------------|---------|
| 11 | Carrancho, Justin | JR | Alaska Anchorage | 4:08.09 |
| 12 | Mendenhall, Michael | SR | Alaska Anchorage | 4:09.95 |

Men's 5000 Meters

| | | | | | |
|----|----------------|----------|---------------|------------------|-----------|
| % | Championship | 14:29.41 | Micah Chelimo | Alaska Anchorage | 2011 |
| % | Championship | 14:51.07 | Barak Watson | Northwest Na | 2/18/2012 |
| # | GNAC | 13:41.99 | Micah Chelimo | Alaska Anchorage | 2014 |
| \$ | McArthur Field | 14:29.41 | Micah Chelimo | Alaska Anchorage | 2011 |

| Pl | Name | Yr | Team | Time | Pts |
|----|-------------------|----|--------------------|----------|-----|
| 1 | Derline, Isaac | JR | Western Washington | 15:19.49 | 10 |
| 2 | Notz, Dominik | SR | Alaska Anchorage | 15:19.75 | 8 |
| 3 | Kangogo, Edwin | JR | Alaska Anchorage | 15:20.23 | 6 |
| 4 | Seckel, Jared | SR | Concordia (Ore.) | 15:33.04 | 5 |
| 5 | Nading, Dustin | SO | Western Oregon | 15:34.79 | 4 |
| 6 | Egeland, Jorey | JR | MSU-Billings | 15:35.25 | 3 |
| 7 | Eustis, Sean | SR | Western Washington | 15:36.32 | 2 |
| 8 | Wise, Andrew | SR | Western Washington | 15:37.14 | 1 |
| 9 | Wong, Brendan | SR | Simon Fraser | 15:38.11 | |
| 10 | Olson, Jadon | SO | Western Washington | 15:38.74 | |
| 11 | Jones, Tyler | JR | Western Oregon | 15:40.74 | |
| 12 | Ramirez, Michel | SR | Alaska Anchorage | 15:42.71 | |
| 13 | Hayes, Dylan | SO | Western Washington | 15:43.41 | |
| 14 | Mendoza, Tyus | SO | MSU-Billings | 15:46.05 | |
| 15 | Korta, Kaleb | FR | Alaska Anchorage | 15:46.47 | |
| 16 | Butler, Peter | SO | Western Washington | 15:47.23 | |
| 17 | Halladay, Ben | JR | Seattle Pacific | 15:48.43 | |
| 18 | Carrancho, Justin | JR | Alaska Anchorage | 15:55.60 | |
| 19 | Mounier, Nick | JR | Western Washington | 15:56.01 | |
| 20 | Leaf, Ron | JR | Central Washington | 15:59.25 | |
| 21 | Hamel, Eric | FR | Western Washington | 16:01.12 | |
| 22 | Hamilton, Nick | SO | Northwest Nazarene | 16:04.44 | |
| 23 | Love, Garrett | SR | MSU-Billings | 16:05.32 | |
| 24 | Shelman, Josiah | SR | Saint Martin's | 16:28.69 | |
| | Boston, Josh | JR | Central Washington | DNS | |

Men's 10000 Meters

| | | | | | |
|----|----------------|----------|----------------|--------------------|------|
| % | Championship | 30:25.75 | Jordan Welling | Western Washington | 2011 |
| # | GNAC | 28:37.75 | Micah Chelimo | Alaska Anchorage | 2014 |
| \$ | McArthur Field | 30:25.75 | Jordan Welling | Western Washington | 2011 |

| Pl | Name | Yr | Team | Time | Pts |
|----|-------------------|----|--------------------|----------|-----|
| 1 | Kangogo, Edwin | JR | Alaska Anchorage | 31:43.65 | 10 |
| 2 | Notz, Dominik | SR | Alaska Anchorage | 31:43.69 | 8 |
| 3 | Carrancho, Justin | JR | Alaska Anchorage | 31:47.65 | 6 |
| 4 | Hamilton, Nick | SO | Northwest Nazarene | 31:54.72 | 5 |
| 5 | Hamel, Eric | FR | Western Washington | 31:57.00 | 4 |
| 6 | Boston, Josh | JR | Central Washington | 31:58.69 | 3 |

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Men's 10000 Meters (cont'd)

| Pl | Name | Yr | Team | Time | Pts |
|----|-------------------------|----|--------------------|----------|-----|
| 7 | Butler, Peter | SO | Western Washington | 31:59.82 | 2 |
| 8 | Fisher, Gabe | JR | Northwest Nazarene | 32:14.62 | 1 |
| 9 | Love, Garrett | SR | MSU-Billings | 32:26.63 | |
| 10 | Ramirez, Michel | SR | Alaska Anchorage | 32:27.13 | |
| 11 | Freshwaters, Cameron | SR | Western Washington | 32:58.91 | |
| 12 | Conrardy, Matt | FR | Central Washington | 33:13.06 | |
| 13 | Miller, Austin | JR | Saint Martin's | 33:24.16 | |
| 14 | Byram, Lloyd | SR | Seattle Pacific | 33:28.03 | |
| 15 | Lee, Hanson | SO | Central Washington | 33:29.60 | |
| 16 | Lafferty, Jonathan | SO | Central Washington | 33:48.46 | |
| 17 | Colmenero, Ivan | SO | MSU-Billings | 33:52.57 | |
| 18 | Walker, Joseph | JR | Seattle Pacific | 34:23.77 | |
| 19 | Marshall, Jacob | SR | MSU-Billings | 34:40.07 | |
| 20 | Buckley-Noonan, Brennan | FR | Western Oregon | 34:50.07 | |

Men's 110m Hurdles

| | | | | | |
|----|----------------|-------|------------------|--------------------|------|
| % | Championship | 14.21 | Travis Milbrandt | Western Washington | 2015 |
| # | GNAC | 14.19 | Travis Milbrandt | Western Washington | 2016 |
| \$ | McArthur Field | 14.21 | Travis Milbrandt | Western Washington | 2015 |

Finals

Wind: (-0.7)

| Pl | Name | Yr | Team | Time | Pts |
|----|-------------------|----|--------------------|-------|-----|
| 1 | Turner, Travis | SR | Alaska Anchorage | 14.83 | 10 |
| 2 | Lewis, Payton | JR | Northwest Nazarene | 15.06 | 8 |
| 3 | Spatz, Micah | SR | Northwest Nazarene | 15.30 | 6 |
| 4 | Harris, Peyton | JR | Seattle Pacific | 15.30 | 5 |
| 5 | Lindquist, Austin | SR | MSU-Billings | 15.50 | 4 |
| 6 | Phillips, James | SO | Concordia (Ore.) | 15.76 | 3 |
| 7 | Brown, Giovanni | SO | Concordia (Ore.) | 15.95 | 2 |
| 8 | Gunther, Ryan | SO | Central Washington | 17.39 | 1 |

(Top 1 per Heat + next 6 advance)

Prelims

| Pl | Name | Yr | Team | Time | H(Pl) |
|----|-------------------|----|--------------------|---------------|-------|
| 1 | Turner, Travis | SR | Alaska Anchorage | 15.14Q (-3.0) | 2(1) |
| 2 | Lewis, Payton | JR | Northwest Nazarene | 15.34Q (-2.1) | 1(1) |
| 3 | Harris, Peyton | JR | Seattle Pacific | 15.45q (-3.0) | 2(2) |
| 4 | Spatz, Micah | SR | Northwest Nazarene | 15.47q (-3.0) | 2(3) |
| 5 | Phillips, James | SO | Concordia (Ore.) | 15.58q (-2.1) | 1(2) |
| 6 | Gunther, Ryan | SO | Central Washington | 15.74q (-2.1) | 1(3) |
| 7 | Brown, Giovanni | SO | Concordia (Ore.) | 15.75q (-2.1) | 1(4) |
| 8 | Lindquist, Austin | SR | MSU-Billings | 15.86q (-2.1) | 1(5) |
| 9 | Cummings, Cordell | FR | Western Washington | 16.02 (-3.0) | 2(4) |
| 10 | Gamza, Andrey | FR | Concordia (Ore.) | 16.19 (-2.1) | 1(6) |
| 11 | Bosscher, Aaron | FR | Western Washington | 16.38 (-2.1) | 1(7) |
| 12 | Carpenter, Shayne | FR | Seattle Pacific | 16.53 (-2.1) | 1(8) |

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Men's 110m Hurdles (cont'd)**(Top 1 per Heat + next 6 advance)****Prelims**

| Pl | Name | Yr | Team | Time | H(Pl) |
|----|------------------|----|--------------------|--------------|-------|
| 13 | Scott, Trevaughn | JR | Central Washington | 16.54 (-3.0) | 2(5) |
| 14 | Chism, Ryan | SO | Northwest Nazarene | 16.59 (-3.0) | 2(6) |
| 15 | Forster, Michael | SO | Central Washington | 20.46 (-3.0) | 2(7) |

HEAT RESULTS**Prelims**

| Pl | Name | Yr | Team | Time |
|--|-------------------|----|--------------------|--------|
| Heat 1 of 2 Wind: (-2.1) | | | | |
| 1 | Lewis, Payton | JR | Northwest Nazarene | 15.34Q |
| 2 | Phillips, James | SO | Concordia (Ore.) | 15.58q |
| 3 | Gunther, Ryan | SO | Central Washington | 15.74q |
| 4 | Brown, Giovanni | SO | Concordia (Ore.) | 15.75q |
| 5 | Lindquist, Austin | SR | MSU-Billings | 15.86q |
| 6 | Gamza, Andrey | FR | Concordia (Ore.) | 16.19 |
| 7 | Bosscher, Aaron | FR | Western Washington | 16.38 |
| 8 | Carpenter, Shayne | FR | Seattle Pacific | 16.53 |
| Heat 2 of 2 Wind: (-3.0) | | | | |
| 1 | Turner, Travis | SR | Alaska Anchorage | 15.14Q |
| 2 | Harris, Peyton | JR | Seattle Pacific | 15.45q |
| 3 | Spatz, Micah | SR | Northwest Nazarene | 15.47q |
| 4 | Cummings, Cordell | FR | Western Washington | 16.02 |
| 5 | Scott, Trevaughn | JR | Central Washington | 16.54 |
| 6 | Chism, Ryan | SO | Northwest Nazarene | 16.59 |
| 7 | Forster, Michael | SO | Central Washington | 20.46 |

Men's 400m Hurdles

| | | | | | |
|----|----------------|-------|---------------------|----------------------|------|
| % | Championship | 52.23 | Shaun Ward | Alaska Anchorage | 2011 |
| # | GNAC | 51.48 | Vladislav Tsygankov | Simon Fraser | 2017 |
| \$ | McArthur Field | 51.33 | Keith Stuffle | Oregon International | 1997 |

Finals

| Pl | Name | Yr | Team | Time | Pts |
|----|-------------------|----|--------------------|-------|-----|
| 1 | Cummings, Cordell | FR | Western Washington | 53.97 | 10 |
| 2 | Spatz, Micah | SR | Northwest Nazarene | 54.27 | 8 |
| 3 | Turner, Travis | SR | Alaska Anchorage | 54.39 | 6 |
| 4 | Scott, Trevaughn | JR | Central Washington | 54.77 | 5 |
| 5 | Adhemar, Joshua | JR | Simon Fraser | 56.25 | 4 |
| 6 | Gunther, Ryan | SO | Central Washington | 56.42 | 3 |
| 7 | Lovercamp, Reid | SO | Western Washington | 56.88 | 2 |
| 8 | Seifert, Peter | SO | Concordia (Ore.) | 56.98 | 1 |

(Top 1 per Heat + next 5 advance)**Prelims**

| Pl | Name | Yr | Team | Time | H(Pl) |
|----|------------------|----|--------------------|--------|-------|
| 1 | Scott, Trevaughn | JR | Central Washington | 54.11Q | 1(1) |

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Men's 400m Hurdles (cont'd)

(Top 1 per Heat + next 5 advance)

Prelims

| Pl | Name | Yr | Team | Time | H(Pl) |
|----|-------------------|----|--------------------|---------|-------|
| 2 | Cummings, Cordell | FR | Western Washington | 55.00Q | 2(1) |
| 3 | Turner, Travis | SR | Alaska Anchorage | 55.16q | 2(2) |
| 4 | Spatz, Micah | SR | Northwest Nazarene | 55.54q | 2(3) |
| 5 | Seifert, Peter | SO | Concordia (Ore.) | 56.17q | 2(4) |
| 6 | Gunther, Ryan | SO | Central Washington | 57.20Q | 3(1) |
| 7 | Lovercamp, Reid | SO | Western Washington | 57.32q | 1(2) |
| 8 | Adhemar, Joshua | JR | Simon Fraser | 57.77q | 3(2) |
| 9 | Forster, Michael | SO | Central Washington | 58.14 | 1(3) |
| 10 | Bierly, Robert | SO | Concordia (Ore.) | 59.47 | 1(4) |
| 11 | Chism, Ryan | SO | Northwest Nazarene | 1:01.28 | 2(5) |
| 12 | Bosscher, Aaron | FR | Western Washington | 1:02.18 | 3(3) |
| 13 | Walter, Andrew | SO | Saint Martin's | 1:02.43 | 2(6) |
| 14 | Conrad, Ben | JR | Simon Fraser | 1:04.62 | 1(5) |
| 15 | Polkow, Landon | SR | MSU-Billings | 1:07.05 | 3(4) |
| | Gamza, Andrey | FR | Concordia (Ore.) | DNF | 1 |

HEAT RESULTS

Prelims

| Pl | Name | Yr | Team | Time |
|--------------------|------------------|----|--------------------|---------|
| Heat 1 of 3 | | | | |
| 1 | Scott, Trevaughn | JR | Central Washington | 54.11Q |
| 2 | Lovercamp, Reid | SO | Western Washington | 57.32q |
| 3 | Forster, Michael | SO | Central Washington | 58.14 |
| 4 | Bierly, Robert | SO | Concordia (Ore.) | 59.47 |
| 5 | Conrad, Ben | JR | Simon Fraser | 1:04.62 |
| | Gamza, Andrey | FR | Concordia (Ore.) | DNF |

Heat 2 of 3

| | | | | |
|---|-------------------|----|--------------------|---------|
| 1 | Cummings, Cordell | FR | Western Washington | 55.00Q |
| 2 | Turner, Travis | SR | Alaska Anchorage | 55.16q |
| 3 | Spatz, Micah | SR | Northwest Nazarene | 55.54q |
| 4 | Seifert, Peter | SO | Concordia (Ore.) | 56.17q |
| 5 | Chism, Ryan | SO | Northwest Nazarene | 1:01.28 |
| 6 | Walter, Andrew | SO | Saint Martin's | 1:02.43 |

Heat 3 of 3

| | | | | |
|---|-----------------|----|--------------------|---------|
| 1 | Gunther, Ryan | SO | Central Washington | 57.20Q |
| 2 | Adhemar, Joshua | JR | Simon Fraser | 57.77q |
| 3 | Bosscher, Aaron | FR | Western Washington | 1:02.18 |
| 4 | Polkow, Landon | SR | MSU-Billings | 1:07.05 |

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Men's 3000m Steeple

| | | | | |
|-------------------|---------|-------------------|------------------|------|
| % Championship | 8:47.26 | Ryan Brockerville | Simon Fraser | 2012 |
| # GNAC | 8:45.63 | Micah Chelimo | Alaska Anchorage | 2012 |
| \$ McArthur Field | 8:47.26 | Ryan Brockerville | Simon Fraser | 2012 |

| Pl | Name | Yr | Team | Time | Pts |
|----|-------------------|----|--------------------|----------|-----|
| 1 | Korta, Kaleb | FR | Alaska Anchorage | 9:06.59 | 10 |
| 2 | Jorgensen, Oliver | SR | Simon Fraser | 9:07.04 | 8 |
| 3 | Egeland, Jorey | JR | MSU-Billings | 9:12.02 | 6 |
| 4 | Sander, Christoph | FR | Alaska Anchorage | 9:15.59 | 5 |
| 5 | Hayes, Dylan | SO | Western Washington | 9:17.33 | 4 |
| 6 | Wise, Andrew | SR | Western Washington | 9:22.66 | 3 |
| 7 | Hamilton, Nick | SO | Northwest Nazarene | 9:25.59 | 2 |
| 8 | Mendoza, Tyus | SO | MSU-Billings | 9:27.24 | 1 |
| 9 | Ekanger, Alan | JR | Western Oregon | 9:29.07 | |
| 10 | Turney, Taylor | JR | Alaska Anchorage | 9:47.72 | |
| 11 | Panasuk, Josh | SR | MSU-Billings | 9:50.31 | |
| 12 | Heckard, Sawyer | FR | Western Oregon | 9:57.00 | |
| 13 | Schilter, Levi | SO | Saint Martin's | 10:00.67 | |
| 14 | Boyd, Taryk | SO | Central Washington | 10:06.46 | |
| 15 | Murry, Noah | FR | Concordia (Ore.) | 10:21.96 | |
| 16 | Pulver, Colton | SO | Western Washington | 10:24.89 | |
| 17 | Haglund, Matthew | SO | Western Oregon | 10:25.12 | |

Men's 4 x 100m Relay

| | | | | |
|-------------------|-------|-------------------------------------|----------------------|------|
| % Championship | 41.10 | Bryan Mack, Anthony Wright, Anthony | Central Washington | 2010 |
| # GNAC | 41.10 | | Central Washington | 2010 |
| \$ McArthur Field | 41.00 | | University of Oregon | 1995 |

| Pl | Team | Time | Pts |
|----|--|-------|-----|
| 1 | Western Oregon (A) 1) Gray, Wesley SR 3) Whitaker, Aaron SR | 41.62 | 10 |
| 2 | Northwest Nazarene (A) 2) Woods, Devonte SR 4) Blodgett, Codi JR | 41.80 | 8 |
| 3 | Central Washington (A) 1) Blake, Logan FR 3) Spatz, Micah SR | 41.82 | 6 |
| 4 | MSU-Billings (A) 2) Lewis, Payton JR 4) Camara, Ebu SR | 41.93 | 5 |
| 5 | Alaska Anchorage (A) 1) Shay, Kaelen SO 3) Rykal, Braden FR | 42.06 | 4 |
| | 2) Sramek, David FR 4) Commandeur, Adam SR | | |

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Men's 4 x 100m Relay (cont'd)

| Pl | Team | Time | Pts |
|----|--|-------|-----|
| 6 | Concordia (Ore.) (A) | 42.15 | 3 |
| | 1) Brown, Adam FR 2) Phillips, James SO | | |
| | 3) Brown, Giovanni SO 4) Ortiz, Carlos JR | | |
| 7 | Western Washington (A) | 42.57 | 2 |
| | 1) Jones, Daniel SO 2) Knox, Stedman SO | | |
| | 3) Cummings, Cordell FR 4) Taylor, Alex FR | | |
| 8 | Seattle Pacific (A) | 44.30 | 1 |
| | 1) Carpenter, Shayne FR 2) Ramsey, Justin SR | | |
| | 3) Choi, David FR 4) Harris, Peyton JR | | |

Men's 4 x 400m Relay

| | | | | | |
|----|----------------|---------|--------------------------------------|------------------|------|
| % | Championship | 3:13.84 | Stuart Ellenwood, Cameron Proceviat, | Simon Fraser | 2015 |
| # | GNAC | 3:10.60 | | Alaska Anchorage | 2016 |
| \$ | McArthur Field | 3:13.84 | | Simon Fraser | 2015 |

| Pl | Team | Time | Pts |
|----|---|---------|-----|
| 1 | Alaska Anchorage (A) | 3:17.21 | 10 |
| | 1) Taylor, Nicholas SO 2) Lindsay, Liam JR | | |
| | 3) Turner, Travis SR 4) Commandeur, Adam SR | | |
| 2 | Concordia (Ore.) (A) | 3:18.61 | 8 |
| | 1) Brown, Giovanni SO 2) Rhodes, Demetrius SR | | |
| | 3) Phillips, James SO 4) Brown, Adam FR | | |
| 3 | Simon Fraser (A) | 3:19.10 | 6 |
| | 1) Mah, Nathan FR 2) Dhillon, Hameet JR | | |
| | 3) Webster, Joel SR 4) Kelloway, Daniel JR | | |
| 4 | Western Oregon (A) | 3:19.86 | 5 |
| | 1) Whitaker, Aaron SR 2) Warner, Cody JR | | |
| | 3) Knott, Curt FR 4) Holmberg, AJ SO | | |
| 5 | Northwest Nazarene (A) | 3:20.18 | 4 |
| | 1) Kreutz, Blaine FR 2) Spatz, Micah SR | | |
| | 3) Mason, Zach SR 4) Camara, Ebu SR | | |
| 6 | Western Washington (A) | 3:21.51 | 3 |
| | 1) Cummings, Cordell FR 2) Lovercamp, Reid SO | | |
| | 3) Spiller, Keaton SO 4) McArthur, Ryan SR | | |
| 7 | Central Washington (A) | 3:22.26 | 2 |
| | 1) Steuk, Garret JR 2) Calderon, Daniel FR | | |
| | 3) Landis, Kodiak SR 4) Scott, Trevaughn JR | | |
| 8 | Seattle Pacific (A) | 3:27.63 | 1 |
| | 1) Scarbrough, Lazarus FR 2) Phan, Jesse SO | | |
| | 3) Harris, Peyton JR 4) Ramsey, Justin SR | | |

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Men's High Jump

| | | | | |
|-------------------|-------|--------------|------------------|------|
| % Championship | 2.07m | Eric Draper | Alaska Anchorage | 2006 |
| # GNAC | 2.16m | Mikel Smith | Saint Martin's | 2016 |
| \$ McArthur Field | 2.25m | Chris Nelson | | 1999 |

| Pl | Name | Yr Team | Mark | 1.79 | 1.84 | 1.89 | 1.94 | 1.99 | 2.02 | 2.05 | 2.08 | 2.11 | 2.13 | Pts |
|----|----------------------|-----------------|----------------|------|------|------|------|------|------|------|------|------|------|-----|
| 1 | Gladden, Tevin | SR Alaska Ancho | % 2.11m 6' 11" | P | P | P | O | O | P | XO | P | XXO | XXX | 10 |
| 2 | Tranch, Micah | SO Northwest Na | 2.02m 6' 7½" | P | P | O | O | O | O | XXX | | | | 8 |
| 3 | Hoberg, Cole | SR Northwest Na | 2.02m 6' 7½" | P | P | O | O | XXO | XO | XXX | | | | 6 |
| 4 | Girard, Isaiah | FR MSU-Billings | 1.99m 6' 6¼" | P | O | O | XO | XO | XXX | | | | | 5 |
| 5 | Carr, Chuck | FR MSU-Billings | 1.94m 6' 4¼" | P | XO | XXO | XO | XXX | | | | | | 4 |
| 6 | Koenig-Rohde, Kolton | SO Western Oreg | 1.89m 6' 2¼" | O | O | XXO | XXX | | | | | | | 3 |
| 7 | Phillips, James | SO Concordia (O | 1.84m 6' 0½" | O | O | XXX | | | | | | | | 2 |
| 8 | Reinke, Connor | FR Western Oreg | 1.84m 6' 0½" | XO | XXO | XXX | | | | | | | | 1 |
| 9 | Kreutz, Blaine | FR Northwest Na | 1.79m 5' 10½" | XO | XXX | | | | | | | | | |

| Pl | Name | Yr Team | Mark | 1.74 | Pts |
|----|----------------|-------------------|----------|------|-----|
| 1 | Gladden, Tevin | SR Alaska Ancho | (cont'd) | P | 10 |
| 2 | Tranch, Micah | SO Northwest Na | (cont'd) | P | 8 |
| 3 | Hoberg, Cole | SR Northwest Na | (cont'd) | P | 6 |
| 4 | Girard, Isaiah | FR MSU-Billings | (cont'd) | P | 5 |
| 5 | Carr, Chuck | FR MSU-Billings | (cont'd) | P | 4 |
| 8 | Reinke, Connor | FR Western Oreg | (cont'd) | P | 1 |
| | Smith, Mikel | SR Saint Martin's | NH | P | |

Men's Pole Vault

| | | | | |
|-------------------|-------|--------------|--------------------|-----------|
| # GNAC | 5.40m | Ryan Brown | Western Washington | 2010 |
| % Championship | 5.14m | Ryan Brown | Western Washington | 2010 |
| % Championship | 4.65m | Scott Hunter | Central Wash | 2/15/2013 |
| % Championship | 4.91m | Ryan Brown | WWU | |
| \$ McArthur Field | 5.85m | Tim Bright | Mizuno Track Club | 1997 |

| Pl | Name | Yr Team | Mark | 4.21 | 4.36 | 4.51 | 4.66 | 4.76 | 4.86 | 4.96 | 5.06 | 5.16 | Pts |
|----|------------------|-------------------|------------------|------|------|------|------|------|------|------|------|------|-----|
| 1 | Lewis, Payton | JR Northwest Na | % 4.96m 16' 3¼" | P | P | P | P | P | P | XO | P | XXX | 10 |
| 2 | Webster, Jared | JR Northwest Na | % 4.86m 15' 11¼" | P | P | P | O | XO | O | XXX | | | 8 |
| 3 | McClanahan, Zach | SR Northwest Na | % 4.66m 15' 3½" | P | P | O | XO | XXX | | | | | 6 |
| 4 | Gwin, Phillip | SO Northwest Na | 4.51m 14' 9½" | P | O | O | XXX | | | | | | 5 |
| 5 | Kordas, Gordon | SR Western Was | 4.51m 14' 9½" | P | P | XO | XXX | | | | | | 4 |
| 6 | Walker, Berlie | SR Central Wash | 4.51m 14' 9½" | XO | XO | XO | XXX | | | | | | 3 |
| 7 | Cadena, Bryan | FR Central Wash | 4.36m 14' 3½" | O | XO | XXX | | | | | | | 2 |
| 8 | Sramek, David | FR Alaska Ancho | 4.21m 13' 9¾" | O | X | | | | | | | | 1 |
| 9 | Thomas, Adam | JR Western Was | 4.21m 13' 9¾" | XO | XXX | | | | | | | | |
| 9 | Landis, Kodiak | SR Central Wash | 4.21m 13' 9¾" | XO | XXX | | | | | | | | |
| 11 | Irvine, Zane | SR Central Wash | 4.21m 13' 9¾" | XXO | XXX | | | | | | | | |
| | Coelho, Matt | SO Western Was | NH | XXX | | | | | | | | | |
| | Rickard, Chris | JR Saint Martin's | NH | XXX | | | | | | | | | |
| | Hino, Jacob | SR Western Was | NH | | | | | | | | | | |
| | Boyle, Craig | SO Saint Martin's | NH | | | | | | | | | | |

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Men's Long Jump

| | | | | |
|-------------------|-------|---------------|------------------|------|
| % Championship | 7.52m | David Registe | Alaska Anchorage | 2008 |
| % Championship | 7.21m | Matson Hardie | WOU | |
| # GNAC | 7.91m | David Registe | Alaska Anchorage | 2009 |
| \$ McArthur Field | 7.62m | Jon Hill | Portland State | 2006 |

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|-------------------|-------------------|---|-------------|-------------|-------------|-------------|-------------|-------------|-------|-----|
| 1 | Troutman, Alani | FR Western Oreg | 7.08m 23' 2 ³ / ₄ (+0.6) | 7.07 (+1.7) | 6.86 (+1.3) | 6.93 (+4.0) | 6.90 (+0.7) | 7.08 (+0.6) | 6.88 (+1.1) | 2(1) | 10 |
| 2 | Yates, Kevin | SR Western Was | 7.01m 23' 0" (+1.9) | 7.00 (+2.3) | 5.53 (+2.5) | FOUL | 6.89 (+2.4) | 7.01 (+1.9) | 6.88 (+1.0) | 2(2) | 8 |
| 3 | Harris, Peyton | JR Seattle Pacifi | 7.00m 22' 11 ³ / ₄ (+2.4) | 7.00 (+2.4) | 6.82 (+3.4) | FOUL | FOUL | FOUL | 6.62 (+1.7) | 2(3) | 6 |
| 4 | Scarlett, Grant | FR Central Wash | 6.80m 22' 3 ³ / ₄ (+0.8) | 4.41 (+0.0) | 6.56 (+1.6) | 6.72 (+2.7) | 6.59 (+2.1) | 6.38 (+0.5) | 6.80 (+0.8) | 1(1) | 5 |
| 5 | Gladden, Tevin | SR Alaska Ancho | 6.79m 22' 3 ¹ / ₂ (+2.4) | 6.78 (+2.6) | 6.55 (+2.6) | PASS | 6.64 (+1.0) | PASS | 6.79 (+2.4) | 2(4) | 4 |
| 6 | Sramek, David | FR Alaska Ancho | 6.73m 22' 1" (+1.1) | 6.71 (+0.9) | 6.69 (+1.2) | 6.73 (+1.1) | 6.70 (+3.0) | FOUL | 6.73 (+1.3) | 1(2) | 3 |
| 7 | Landis, Kodiak | SR Central Wash | 6.71m 22' 0 ¹ / ₄ (+2.7) | 6.71 (+2.7) | 6.49 (+1.7) | 6.48 (+2.2) | FOUL | FOUL | 4.18 (+1.1) | 2(5) | 2 |
| 8 | Manago, Anthony | SR Saint Martin's | 6.70m 21' 11 ³ / ₄ (+0.8) | FOUL | 6.70 (+0.8) | FOUL | FOUL | 6.50 (+0.0) | 6.60 (+0.0) | 2(6) | 1 |
| 9 | Makrakis, Nick | FR Western Was | 6.68m 21' 11" (+1.9) | 6.32 (+0.8) | FOUL | 6.68 (+1.9) | FOUL | 6.60 (+1.5) | 6.52 (+1.0) | 1(3) | |
| 10 | Chhim, Somit | JR Western Was | 6.65m 21' 10" (+3.3) | 6.65 (+3.3) | 6.30 (+2.0) | 6.63 (+0.5) | | | | 2(7) | |
| 11 | Phillips, James | SO Concordia (O) | 6.63m 21' 9" (+2.7) | 6.63 (+2.7) | 6.48 (+1.4) | 6.31 (+1.4) | | | | 2(8) | |
| 12 | Moore, Nathan | JR Northwest Na | 6.31m 20' 8 ¹ / ₂ (+3.5) | 5.75 (+0.0) | 6.11 (+2.0) | 6.31 (+3.5) | | | | 1(4) | |
| 13 | Irvine, Zane | SR Central Wash | 6.27m 20' 7" (+1.9) | 6.11 (+3.3) | FOUL | 6.27 (+1.9) | | | | 1(5) | |
| 14 | Kreutz, Blaine | FR Northwest Na | 6.22m 20' 5" (+0.8) | 6.22 (+0.8) | FOUL | FOUL | | | | 1(6) | |
| 15 | Lindquist, Marcus | FR MSU-Billings | 6.20m 20' 4 ¹ / ₄ (+3.0) | FOUL | 6.20 (+3.0) | 6.15 (+0.4) | | | | 1(7) | |
| 16 | Whittaker, Zach | SO Central Wash | 5.99m 19' 8" (+1.9) | 5.99 (+1.9) | FOUL | FOUL | | | | 1(8) | |
| 17 | Kruse, Mitch | FR Western Oreg | 5.69m 18' 8" (+0.0) | 5.69 (+0.0) | FOUL | FOUL | | | | 1(9) | |
| | Carr, Chuck | FR MSU-Billings | NM | FOUL | FOUL | FOUL | | | | 1 | |

FLIGHT RESULTS

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----------------------|-------------------|-------------------|---|-------------|-------------|-------------|-------------|-------------|-------------|
| Flight 1 of 2 | | | | | | | | | |
| 1 | Scarlett, Grant | FR Central Wash | 6.80m 22' 3 ³ / ₄ (+0.8) | 4.41 (+0.0) | 6.56 (+1.6) | 6.72 (+2.7) | 6.59 (+2.1) | 6.38 (+0.5) | 6.80 (+0.8) |
| 2 | Sramek, David | FR Alaska Ancho | 6.73m 22' 1" (+1.1) | 6.71 (+0.9) | 6.69 (+1.2) | 6.73 (+1.1) | 6.70 (+3.0) | FOUL | 6.73 (+1.3) |
| 3 | Makrakis, Nick | FR Western Was | 6.68m 21' 11" (+1.9) | 6.32 (+0.8) | FOUL | 6.68 (+1.9) | FOUL | 6.60 (+1.5) | 6.52 (+1.0) |
| 4 | Moore, Nathan | JR Northwest Na | 6.31m 20' 8 ¹ / ₂ (+3.5) | 5.75 (+0.0) | 6.11 (+2.0) | 6.31 (+3.5) | | | |
| 5 | Irvine, Zane | SR Central Wash | 6.27m 20' 7" (+1.9) | 6.11 (+3.3) | FOUL | 6.27 (+1.9) | | | |
| 6 | Kreutz, Blaine | FR Northwest Na | 6.22m 20' 5" (+0.8) | 6.22 (+0.8) | FOUL | FOUL | | | |
| 7 | Lindquist, Marcus | FR MSU-Billings | 6.20m 20' 4 ¹ / ₄ (+3.0) | FOUL | 6.20 (+3.0) | 6.15 (+0.4) | | | |
| 8 | Whittaker, Zach | SO Central Wash | 5.99m 19' 8" (+1.9) | 5.99 (+1.9) | FOUL | FOUL | | | |
| 9 | Kruse, Mitch | FR Western Oreg | 5.69m 18' 8" (+0.0) | 5.69 (+0.0) | FOUL | FOUL | | | |
| | Carr, Chuck | FR MSU-Billings | NM | FOUL | FOUL | FOUL | | | |
| Flight 2 of 2 | | | | | | | | | |
| 1 | Troutman, Alani | FR Western Oreg | 7.08m 23' 2 ³ / ₄ (+0.6) | 7.07 (+1.7) | 6.86 (+1.3) | 6.93 (+4.0) | 6.90 (+0.7) | 7.08 (+0.6) | 6.88 (+1.1) |
| 2 | Yates, Kevin | SR Western Was | 7.01m 23' 0" (+1.9) | 7.00 (+2.3) | 5.53 (+2.5) | FOUL | 6.89 (+2.4) | 7.01 (+1.9) | 6.88 (+1.0) |
| 3 | Harris, Peyton | JR Seattle Pacifi | 7.00m 22' 11 ³ / ₄ (+2.4) | 7.00 (+2.4) | 6.82 (+3.4) | FOUL | FOUL | FOUL | 6.62 (+1.7) |
| 4 | Gladden, Tevin | SR Alaska Ancho | 6.79m 22' 3 ¹ / ₂ (+2.4) | 6.78 (+2.6) | 6.55 (+2.6) | PASS | 6.64 (+1.0) | PASS | 6.79 (+2.4) |
| 5 | Landis, Kodiak | SR Central Wash | 6.71m 22' 0 ¹ / ₄ (+2.7) | 6.71 (+2.7) | 6.49 (+1.7) | 6.48 (+2.2) | FOUL | FOUL | 4.18 (+1.1) |
| 6 | Manago, Anthony | SR Saint Martin's | 6.70m 21' 11 ³ / ₄ (+0.8) | FOUL | 6.70 (+0.8) | FOUL | FOUL | 6.50 (+0.0) | 6.60 (+0.0) |
| 7 | Chhim, Somit | JR Western Was | 6.65m 21' 10" (+3.3) | 6.65 (+3.3) | 6.30 (+2.0) | 6.63 (+0.5) | | | |
| 8 | Phillips, James | SO Concordia (O) | 6.63m 21' 9" (+2.7) | 6.63 (+2.7) | 6.48 (+1.4) | 6.31 (+1.4) | | | |

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Men's Triple Jump

| | | | | | |
|----|----------------|--------|-----------------|--------------------|------|
| # | GNAC | 15.21m | Justin Lawrence | Central Washington | 2004 |
| \$ | McArthur Field | 15.60m | Steve Miller | | 1996 |
| % | Championship | 15.00m | Justin Lawrence | Central Washington | 2003 |

| Pl Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|------------------------|------------------|--|--------------|--------------|--------------|--------------|--------------|--------------|-------|-----|
| 1 Gray, Wesley | SR Western Oreg | # 15.50m 50' 10 ¹ / ₄ (+0.0) | 14.82 (+1.2) | 15.50 (+0.0) | PASS | PASS | PASS | PASS | 2(1) | 10 |
| 2 Whittaker, Zach | SO Central Wash | 14.41m 47' 3 ¹ / ₂ (+2.7) | FOUL | FOUL | 13.17 (+2.1) | 14.41 (+2.7) | FOUL | FOUL | 2(2) | 8 |
| 3 Seely, Mark | SR Western Was | 14.29m 46' 10 ³ / ₄ (+1.6) | FOUL | FOUL | 14.29 (+1.6) | FOUL | PASS | FOUL | 2(3) | 6 |
| 4 Gladden, Tevin | SR Alaska Ancho | 14.18m 46' 6 ¹ / ₄ (+3.4) | 13.46 (-0.7) | 13.83 (+0.1) | PASS | 14.01 (+3.4) | 14.18 (+3.4) | FOUL | 1(1) | 5 |
| 5 Chhim, Somit | JR Western Was | 14.07m 46' 2" (+4.6) | FOUL | 13.86 (+1.6) | FOUL | 14.05 (+4.4) | 14.07 (+4.6) | FOUL | 2(4) | 4 |
| 6 Brown, Giovanni | SO Concordia (O) | 13.74m 45' 1" (+1.2) | FOUL | FOUL | 13.58 (+3.1) | 13.74 (+1.2) | FOUL | FOUL | 2(5) | 3 |
| 7 Ringold, Jacob | SO Western Was | 13.62m 44' 8 ¹ / ₄ (+1.6) | 13.62 (+1.6) | FOUL | 13.47 (+2.6) | 12.87 (+2.8) | 13.42 (+4.7) | FOUL | 2(6) | 2 |
| 8 Makrakis, Nick | FR Western Was | 13.58m 44' 6 ³ / ₄ (+2.4) | 13.13 (+0.6) | FOUL | FOUL | 13.08 (+3.2) | FOUL | 13.58 (+2.4) | 1(2) | 1 |
| 9 Koenig-Rohde, Kolton | SO Western Oreg | 13.44m 44' 1 ¹ / ₄ (+0.0) | FOUL | 13.44 (+0.0) | 13.40 (+0.3) | FOUL | FOUL | FOUL | 2(7) | |
| 10 Scarlett, Grant | FR Central Wash | 13.10m 42' 11 ³ / ₄ (+0.0) | 13.10 (+0.0) | FOUL | FOUL | | | | 1(3) | |
| 11 Spence, Othniel | FR Simon Fraser | 13.08m 42' 11" (+2.4) | 12.02 (+1.0) | 12.86 (+2.6) | 13.08 (+2.4) | | | | 1(4) | |
| 12 Wheeler, Jimmy | SR Concordia (O) | 12.92m 42' 4 ³ / ₄ (+0.0) | FOUL | 12.92 (+0.0) | FOUL | | | | 2(8) | |
| 13 Carrizales, Emmy | FR Concordia (O) | 12.60m 41' 4 ¹ / ₄ (-0.2) | 12.60 (-0.2) | FOUL | 12.33 (+1.3) | | | | 1(5) | |
| Turner, Travis | SR Alaska Ancho | NM | FOUL | FOUL | FOUL | | | | 1 | |
| Lindquist, Marcus | FR MSU-Billings | NM | FOUL | FOUL | FOUL | | | | 2 | |

FLIGHT RESULTS

| Pl Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|------------------------|------------------|--|--------------|--------------|--------------|--------------|--------------|--------------|
| Flight 1 of 2 | | | | | | | | |
| 1 Gladden, Tevin | SR Alaska Ancho | 14.18m 46' 6 ¹ / ₄ (+3.4) | 13.46 (-0.7) | 13.83 (+0.1) | PASS | 14.01 (+3.4) | 14.18 (+3.4) | FOUL |
| 2 Makrakis, Nick | FR Western Was | 13.58m 44' 6 ³ / ₄ (+2.4) | 13.13 (+0.6) | FOUL | FOUL | 13.08 (+3.2) | FOUL | 13.58 (+2.4) |
| 3 Scarlett, Grant | FR Central Wash | 13.10m 42' 11 ³ / ₄ (+0.0) | 13.10 (+0.0) | FOUL | FOUL | | | |
| 4 Spence, Othniel | FR Simon Fraser | 13.08m 42' 11" (+2.4) | 12.02 (+1.0) | 12.86 (+2.6) | 13.08 (+2.4) | | | |
| 5 Carrizales, Emmy | FR Concordia (O) | 12.60m 41' 4 ¹ / ₄ (-0.2) | 12.60 (-0.2) | FOUL | 12.33 (+1.3) | | | |
| Turner, Travis | SR Alaska Ancho | NM | FOUL | FOUL | FOUL | | | |
| Flight 2 of 2 | | | | | | | | |
| 1 Gray, Wesley | SR Western Oreg | # 15.50m 50' 10 ¹ / ₄ (+0.0) | 14.82 (+1.2) | 15.50 (+0.0) | PASS | PASS | PASS | PASS |
| 2 Whittaker, Zach | SO Central Wash | 14.41m 47' 3 ¹ / ₂ (+2.7) | FOUL | FOUL | 13.17 (+2.1) | 14.41 (+2.7) | FOUL | FOUL |
| 3 Seely, Mark | SR Western Was | 14.29m 46' 10 ³ / ₄ (+1.6) | FOUL | FOUL | 14.29 (+1.6) | FOUL | PASS | FOUL |
| 4 Chhim, Somit | JR Western Was | 14.07m 46' 2" (+4.6) | FOUL | 13.86 (+1.6) | FOUL | 14.05 (+4.4) | 14.07 (+4.6) | FOUL |
| 5 Brown, Giovanni | SO Concordia (O) | 13.74m 45' 1" (+1.2) | FOUL | FOUL | 13.58 (+3.1) | 13.74 (+1.2) | FOUL | FOUL |
| 6 Ringold, Jacob | SO Western Was | 13.62m 44' 8 ¹ / ₄ (+1.6) | 13.62 (+1.6) | FOUL | 13.47 (+2.6) | 12.87 (+2.8) | 13.42 (+4.7) | FOUL |
| 7 Koenig-Rohde, Kolton | SO Western Oreg | 13.44m 44' 1 ¹ / ₄ (+0.0) | FOUL | 13.44 (+0.0) | 13.40 (+0.3) | FOUL | FOUL | FOUL |
| 8 Wheeler, Jimmy | SR Concordia (O) | 12.92m 42' 4 ³ / ₄ (+0.0) | FOUL | 12.92 (+0.0) | FOUL | | | |
| Lindquist, Marcus | FR MSU-Billings | NM | FOUL | FOUL | FOUL | | | |

Men's Shot Put

| | | | | | |
|----|----------------|--------|---------------|--------------------|------|
| % | Championship | 18.20m | Josh Koch | Concordia | 2016 |
| # | GNAC | 18.55m | Frank Catelli | Western Washington | 2014 |
| \$ | McArthur Field | 19.05m | Willy Irvin | Concordia | 2013 |

| Pl Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|------------------|------------------|--|-------|-------|-------|-------|-------|-------|-------|-----|
| 1 Bridge, Caleb | FR Concordia (O) | 16.57m 54' 4 ³ / ₄ | 16.46 | 15.71 | FOUL | 15.96 | 16.02 | 16.57 | 2(1) | 10 |
| 2 Pless, Brandon | JR Western Was | 15.89m 52' 1 ³ / ₄ | 15.22 | 15.70 | FOUL | 15.89 | FOUL | 15.78 | 2(2) | 8 |

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Men's Shot Put (cont'd)

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|--------------------|------------------|--------------------|-------|-------|-------|-------|-------|-------|-------|-----|
| 3 | Ve, Cyrius | FR Concordia (O) | 15.36m 50' 5" | FOUL | 14.13 | 15.36 | FOUL | 15.31 | FOUL | 2(3) | 6 |
| 4 | Elder, Brett | FR Concordia (O) | 15.22m 49' 11 1/2" | 14.97 | 14.73 | FOUL | 14.39 | 13.82 | 15.22 | 2(4) | 5 |
| 5 | Chamberlin, Jakob | FR Concordia (O) | 15.06m 49' 5 1/4" | 13.89 | FOUL | 14.45 | 14.19 | 14.84 | 15.06 | 1(1) | 4 |
| 6 | Ostermiller, Brady | SO MSU-Billings | 15.03m 49' 4" | 14.76 | 14.73 | FOUL | FOUL | 14.01 | 15.03 | 2(5) | 3 |
| 7 | Bowen, Brandon | JR Western Oreg | 15.00m 49' 2 3/4" | FOUL | FOUL | 15.00 | 14.54 | 14.41 | FOUL | 2(6) | 2 |
| 8 | Tafoya, Alberto | FR Central Wash | 14.21m 46' 7 3/4" | 13.93 | 13.30 | 14.21 | 13.77 | 13.48 | 13.45 | 2(7) | 1 |
| 9 | Cain, Aidan | FR Central Wash | 14.19m 46' 7" | 12.87 | 13.44 | 14.19 | 12.74 | 14.04 | 13.41 | 1(2) | |
| 10 | Barker, Logan | SO Western Oreg | 13.10m 43' 0" | FOUL | 13.10 | 12.04 | | | | 1(3) | |
| 11 | Peaslee, Beau | FR MSU-Billings | 13.02m 42' 8 3/4" | 12.79 | FOUL | 13.02 | | | | 1(4) | |
| 12 | Cross, Forest | FR MSU-Billings | 13.01m 42' 8 1/2" | 12.99 | 13.01 | 12.90 | | | | 1(5) | |
| 13 | George, Grant | JR Alaska Ancho | 12.61m 41' 4 3/4" | 12.61 | FOUL | FOUL | | | | 2(8) | |
| | Tafoya, Armando | SR Central Wash | NM | FOUL | FOUL | FOUL | | | | 2 | |

FLIGHT RESULTS

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | |
|----------------------|--------------------|------------------|--------------------|-------|-------|-------|-------|-------|-------|--|
| Flight 1 of 2 | | | | | | | | | | |
| 1 | Chamberlin, Jakob | FR Concordia (O) | 15.06m 49' 5 1/4" | 13.89 | FOUL | 14.45 | 14.19 | 14.84 | 15.06 | |
| 2 | Cain, Aidan | FR Central Wash | 14.19m 46' 7" | 12.87 | 13.44 | 14.19 | 12.74 | 14.04 | 13.41 | |
| 3 | Barker, Logan | SO Western Oreg | 13.10m 43' 0" | FOUL | 13.10 | 12.04 | | | | |
| 4 | Peaslee, Beau | FR MSU-Billings | 13.02m 42' 8 3/4" | 12.79 | FOUL | 13.02 | | | | |
| 5 | Cross, Forest | FR MSU-Billings | 13.01m 42' 8 1/2" | 12.99 | 13.01 | 12.90 | | | | |
| Flight 2 of 2 | | | | | | | | | | |
| 1 | Bridge, Caleb | FR Concordia (O) | 16.57m 54' 4 3/4" | 16.46 | 15.71 | FOUL | 15.96 | 16.02 | 16.57 | |
| 2 | Pless, Brandon | JR Western Was | 15.89m 52' 1 3/4" | 15.22 | 15.70 | FOUL | 15.89 | FOUL | 15.78 | |
| 3 | Ve, Cyrius | FR Concordia (O) | 15.36m 50' 5" | FOUL | 14.13 | 15.36 | FOUL | 15.31 | FOUL | |
| 4 | Elder, Brett | FR Concordia (O) | 15.22m 49' 11 1/2" | 14.97 | 14.73 | FOUL | 14.39 | 13.82 | 15.22 | |
| 5 | Ostermiller, Brady | SO MSU-Billings | 15.03m 49' 4" | 14.76 | 14.73 | FOUL | FOUL | 14.01 | 15.03 | |
| 6 | Bowen, Brandon | JR Western Oreg | 15.00m 49' 2 3/4" | FOUL | FOUL | 15.00 | 14.54 | 14.41 | FOUL | |
| 7 | Tafoya, Alberto | FR Central Wash | 14.21m 46' 7 3/4" | 13.93 | 13.30 | 14.21 | 13.77 | 13.48 | 13.45 | |
| 8 | George, Grant | JR Alaska Ancho | 12.61m 41' 4 3/4" | 12.61 | FOUL | FOUL | | | | |
| | Tafoya, Armando | SR Central Wash | NM | FOUL | FOUL | FOUL | | | | |

Men's Discus

| | | | | | |
|----|----------------|--------|-----------------|--------------------|------|
| % | Championship | 51.67m | Tyler Fischer | Central Washington | 2008 |
| # | GNAC | 55.68m | Caleb Bridge | Concordia | 2017 |
| \$ | McArthur Field | 59.40m | Nathaniel Moses | | 2013 |

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|--------------------|------------------|----------------------|-------|-------|-------|-------|-------|-------|-------|-----|
| 1 | Bridge, Caleb | FR Concordia (O) | % 53.80m 176' 6 1/2" | 49.42 | FOUL | 53.80 | 51.29 | FOUL | FOUL | 2(1) | 10 |
| 2 | Chamberlin, Jakob | FR Concordia (O) | % 52.85m 173' 5" | 48.22 | 51.79 | FOUL | 52.85 | FOUL | 52.53 | 2(2) | 8 |
| 3 | Pless, Brandon | JR Western Was | 51.37m 168' 6 3/4" | FOUL | 47.42 | 51.37 | FOUL | 45.46 | FOUL | 2(3) | 6 |
| 4 | Tafoya, Armando | SR Central Wash | 49.20m 161' 5 1/4" | 37.54 | 46.56 | 47.21 | 49.20 | 48.12 | FOUL | 2(4) | 5 |
| 5 | Elder, Brett | FR Concordia (O) | 46.70m 153' 2 3/4" | 44.61 | FOUL | 46.70 | FOUL | 45.80 | 45.04 | 2(5) | 4 |
| 6 | Adams, Desmond | JR Concordia (O) | 45.47m 149' 2 1/2" | 45.47 | 44.24 | 37.72 | FOUL | 41.93 | FOUL | 1(1) | 3 |
| 7 | Lee, Bryan | SO Western Was | 45.00m 147' 8" | 43.20 | 42.22 | 45.00 | 44.74 | 44.42 | 43.39 | 2(6) | 2 |
| 8 | Ostermiller, Brady | SO MSU-Billings | 44.62m 146' 5" | 44.62 | 42.58 | 41.23 | FOUL | 40.31 | FOUL | 2(7) | 1 |
| 9 | Cross, Forest | FR MSU-Billings | 44.22m 145' 1 1/4" | 44.22 | 39.25 | FOUL | 42.40 | 39.28 | FOUL | 1(2) | |

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Men's Discus (cont'd)

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|-----------------|-------------------|---|-------|-------|-------|-------|-------|-------|-------|------|
| 10 | Vea, Cyrius | FR Concordia (O) | 44.08m 144' 7 ³ / ₄ " | FOUL | 39.55 | 44.08 | | | | | 2(8) |
| 11 | George, Grant | JR Alaska Ancho | 42.26m 138' 8" | FOUL | 42.26 | 39.79 | | | | | 1(3) |
| 12 | Bowen, Brandon | JR Western Oreg | 42.18m 138' 5" | 41.35 | FOUL | 42.18 | | | | | 1(4) |
| 13 | Allen, Kegan | JR Western Oreg | 41.60m 136' 6" | FOUL | 40.33 | 41.60 | | | | | 1(5) |
| 14 | Barker, Logan | SO Western Oreg | 39.62m 130' 0" | 37.22 | FOUL | 39.62 | | | | | 1(6) |
| 15 | Tafoya, Alberto | FR Central Wash | 39.44m 129' 5" | 39.44 | 39.05 | 39.07 | | | | | 1(7) |
| 16 | Ferry, Corbin | FR Saint Martin's | 39.01m 128' 0" | 33.89 | FOUL | 39.01 | | | | | 1(8) |
| 17 | Cain, Aidan | FR Central Wash | 37.11m 121' 9 ¹ / ₄ " | FOUL | 37.11 | 36.93 | | | | | 2(9) |
| 18 | Smith, Zach | JR Western Oreg | 35.76m 117' 4 ¹ / ₄ " | 31.27 | 32.87 | 35.76 | | | | | 1(9) |

FLIGHT RESULTS

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | |
|----------------------|--------------------|-------------------|---|-------|-------|-------|-------|-------|-------|--|
| Flight 1 of 2 | | | | | | | | | | |
| 1 | Adams, Desmond | JR Concordia (O) | 45.47m 149' 2 ¹ / ₂ " | 45.47 | 44.24 | 37.72 | FOUL | 41.93 | FOUL | |
| 2 | Cross, Forest | FR MSU-Billings | 44.22m 145' 1 ¹ / ₄ " | 44.22 | 39.25 | FOUL | 42.40 | 39.28 | FOUL | |
| 3 | George, Grant | JR Alaska Ancho | 42.26m 138' 8" | FOUL | 42.26 | 39.79 | | | | |
| 4 | Bowen, Brandon | JR Western Oreg | 42.18m 138' 5" | 41.35 | FOUL | 42.18 | | | | |
| 5 | Allen, Kegan | JR Western Oreg | 41.60m 136' 6" | FOUL | 40.33 | 41.60 | | | | |
| 6 | Barker, Logan | SO Western Oreg | 39.62m 130' 0" | 37.22 | FOUL | 39.62 | | | | |
| 7 | Tafoya, Alberto | FR Central Wash | 39.44m 129' 5" | 39.44 | 39.05 | 39.07 | | | | |
| 8 | Ferry, Corbin | FR Saint Martin's | 39.01m 128' 0" | 33.89 | FOUL | 39.01 | | | | |
| 9 | Smith, Zach | JR Western Oreg | 35.76m 117' 4 ¹ / ₄ " | 31.27 | 32.87 | 35.76 | | | | |
| Flight 2 of 2 | | | | | | | | | | |
| 1 | Bridge, Caleb | FR Concordia (O) | % 53.80m 176' 6 ¹ / ₂ " | 49.42 | FOUL | 53.80 | 51.29 | FOUL | FOUL | |
| 2 | Chamberlin, Jakob | FR Concordia (O) | % 52.85m 173' 5" | 48.22 | 51.79 | FOUL | 52.85 | FOUL | 52.53 | |
| 3 | Pless, Brandon | JR Western Was | 51.37m 168' 6 ³ / ₄ " | FOUL | 47.42 | 51.37 | FOUL | 45.46 | FOUL | |
| 4 | Tafoya, Armando | SR Central Wash | 49.20m 161' 5 ¹ / ₄ " | 37.54 | 46.56 | 47.21 | 49.20 | 48.12 | FOUL | |
| 5 | Elder, Brett | FR Concordia (O) | 46.70m 153' 2 ³ / ₄ " | 44.61 | FOUL | 46.70 | FOUL | 45.80 | 45.04 | |
| 6 | Lee, Bryan | SO Western Was | 45.00m 147' 8" | 43.20 | 42.22 | 45.00 | 44.74 | 44.42 | 43.39 | |
| 7 | Ostermiller, Brady | SO MSU-Billings | 44.62m 146' 5" | 44.62 | 42.58 | 41.23 | FOUL | 40.31 | FOUL | |
| 8 | Vea, Cyrius | FR Concordia (O) | 44.08m 144' 7 ³ / ₄ " | FOUL | 39.55 | 44.08 | | | | |
| 9 | Cain, Aidan | FR Central Wash | 37.11m 121' 9 ¹ / ₄ " | FOUL | 37.11 | 36.93 | | | | |

Men's Hammer

| | | | | | |
|----|----------------|--------|-----------------|--------------------|------|
| % | Championship | 61.61m | Michael Hoffman | Western Washington | 2012 |
| # | GNAC | 62.89m | Pro Escobedo | Western Oregon | 2003 |
| \$ | McArthur Field | 69.76m | Scott Boothby | Club Northwest | 2004 |

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|---------------------|-------------------|---|-------|-------|-------|-------|-------|-------|-------|-----|
| 1 | Vanderpoel, Kauanoe | JR Saint Martin's | 57.49m 188' 7 ³ / ₄ " | 57.49 | 57.37 | 55.60 | 52.41 | 54.82 | 56.26 | 2(1) | 10 |
| 2 | Tafoya, Armando | SR Central Wash | 55.00m 180' 5 ¹ / ₂ " | 54.60 | FOUL | 55.00 | FOUL | 54.01 | 53.05 | 2(2) | 8 |
| 3 | Wilkins, Mitch | SR Saint Martin's | 54.38m 178' 5 ¹ / ₄ " | FOUL | 50.33 | 52.26 | 54.38 | 53.19 | FOUL | 2(3) | 6 |
| 4 | Fualefau, Vincent | SR Saint Martin's | 54.05m 177' 4 ¹ / ₄ " | 50.25 | FOUL | 52.31 | 54.05 | 52.79 | 51.61 | 2(4) | 5 |
| 5 | Behncke, Peter | SR Simon Fraser | 53.59m 175' 10" | 53.38 | 52.48 | 52.75 | 53.17 | FOUL | 53.59 | 2(5) | 4 |
| 6 | Pless, Brandon | JR Western Was | 52.79m 173' 2 ¹ / ₂ " | 49.54 | 52.79 | FOUL | 51.27 | 51.86 | FOUL | 2(6) | 3 |
| 7 | Denniston, Joe | FR Concordia (O) | 51.42m 168' 8 ³ / ₄ " | 51.03 | FOUL | FOUL | 51.42 | FOUL | FOUL | 2(7) | 2 |
| 8 | Allen, Kegan | JR Western Oreg | 51.20m 168' 0" | 47.07 | 50.70 | 51.20 | FOUL | 50.67 | FOUL | 2(8) | 1 |

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Men's Hammer (cont'd)

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|-------------------|-------------------|--|-------|-------|-------|-------|-------|-------|-------|-----|
| 9 | Chamberlin, Jakob | FR Concordia (O) | 50.07m 164' 3 ¹ / ₂ | 46.76 | FOUL | 50.07 | FOUL | FOUL | FOUL | 2(9) | |
| 10 | Lee, Bryan | SO Western Was | 48.63m 159' 6 ³ / ₄ | 48.63 | 48.48 | 48.56 | | | | 1(1) | |
| 11 | Ferry, Corbin | FR Saint Martin's | 45.51m 149' 4" | 43.31 | 45.51 | 45.08 | | | | 1(2) | |
| 12 | Driver, Jayden | FR Simon Fraser | 44.50m 146' 0 ¹ / ₄ | 44.50 | FOUL | FOUL | | | | 1(3) | |
| 13 | Cain, Aidan | FR Central Wash | 43.82m 143' 9 ¹ / ₂ | 40.36 | 43.82 | FOUL | | | | 1(4) | |
| 14 | Eiland, Brayden | SO Northwest Na | 43.55m 142' 10 ³ / ₄ | 43.55 | 42.35 | FOUL | | | | 1(5) | |
| 15 | Tafoya, Alberto | FR Central Wash | 39.80m 130' 7 ¹ / ₄ | FOUL | FOUL | 39.80 | | | | 1(6) | |
| 16 | Smith, Zach | JR Western Oreg | 39.52m 129' 8 ¹ / ₄ | 38.71 | 39.52 | FOUL | | | | 1(7) | |

FLIGHT RESULTS

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | |
|----------------------|---------------------|-------------------|--|-------|-------|-------|-------|-------|-------|--|
| Flight 1 of 2 | | | | | | | | | | |
| 1 | Lee, Bryan | SO Western Was | 48.63m 159' 6 ³ / ₄ | 48.63 | 48.48 | 48.56 | | | | |
| 2 | Ferry, Corbin | FR Saint Martin's | 45.51m 149' 4" | 43.31 | 45.51 | 45.08 | | | | |
| 3 | Driver, Jayden | FR Simon Fraser | 44.50m 146' 0 ¹ / ₄ | 44.50 | FOUL | FOUL | | | | |
| 4 | Cain, Aidan | FR Central Wash | 43.82m 143' 9 ¹ / ₂ | 40.36 | 43.82 | FOUL | | | | |
| 5 | Eiland, Brayden | SO Northwest Na | 43.55m 142' 10 ³ / ₄ | 43.55 | 42.35 | FOUL | | | | |
| 6 | Tafoya, Alberto | FR Central Wash | 39.80m 130' 7 ¹ / ₄ | FOUL | FOUL | 39.80 | | | | |
| 7 | Smith, Zach | JR Western Oreg | 39.52m 129' 8 ¹ / ₄ | 38.71 | 39.52 | FOUL | | | | |
| Flight 2 of 2 | | | | | | | | | | |
| 1 | Vanderpoel, Kauanoe | JR Saint Martin's | 57.49m 188' 7 ³ / ₄ | 57.49 | 57.37 | 55.60 | 52.41 | 54.82 | 56.26 | |
| 2 | Tafoya, Armando | SR Central Wash | 55.00m 180' 5 ¹ / ₂ | 54.60 | FOUL | 55.00 | FOUL | 54.01 | 53.05 | |
| 3 | Wilkens, Mitch | SR Saint Martin's | 54.38m 178' 5 ¹ / ₄ | FOUL | 50.33 | 52.26 | 54.38 | 53.19 | FOUL | |
| 4 | Fualefau, Vincent | SR Saint Martin's | 54.05m 177' 4 ¹ / ₄ | 50.25 | FOUL | 52.31 | 54.05 | 52.79 | 51.61 | |
| 5 | Behncke, Peter | SR Simon Fraser | 53.59m 175' 10" | 53.38 | 52.48 | 52.75 | 53.17 | FOUL | 53.59 | |
| 6 | Pless, Brandon | JR Western Was | 52.79m 173' 2 ¹ / ₂ | 49.54 | 52.79 | FOUL | 51.27 | 51.86 | FOUL | |
| 7 | Denniston, Joe | FR Concordia (O) | 51.42m 168' 8 ³ / ₄ | 51.03 | FOUL | FOUL | 51.42 | FOUL | FOUL | |
| 8 | Allen, Kegan | JR Western Oreg | 51.20m 168' 0" | 47.07 | 50.70 | 51.20 | FOUL | 50.67 | FOUL | |
| 9 | Chamberlin, Jakob | FR Concordia (O) | 50.07m 164' 3 ¹ / ₂ | 46.76 | FOUL | 50.07 | FOUL | FOUL | FOUL | |

Men's Javelin

| | | | | | |
|----|----------------|--------|-----------------|------------------------|------|
| % | Championship | 69.49m | Franz Burghagen | Alaska Anchorage | 2013 |
| # | GNAC | 77.98m | Cody Parker | Alaska Anchorage | 2013 |
| \$ | McArthur Field | 79.08m | Brian Crouser | New York Athletic Club | 1990 |

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|---------------------|------------------|--|-------|-------|-------|-------|-------|-------|-------|-----|
| 1 | Barry, Alex | SO Western Was | 60.64m 198' 11 ³ / ₄ | 57.86 | 60.64 | FOUL | 55.55 | 55.48 | 59.44 | 2(1) | 10 |
| 2 | David, Costel | SO Western Was | 59.72m 195' 11 ¹ / ₂ | 52.67 | 54.10 | 53.80 | 50.82 | 53.79 | 59.72 | 2(2) | 8 |
| 3 | Ackerman, Beau | SO MSU-Billings | 57.76m 189' 6 ¹ / ₄ | 55.17 | 55.95 | 54.85 | FOUL | FOUL | 57.76 | 2(3) | 6 |
| 4 | Lytte, Griffey | SO Central Wash | 57.03m 187' 1 ¹ / ₂ | 49.48 | 49.58 | 53.37 | 53.37 | 57.03 | 55.22 | 2(4) | 5 |
| 5 | Wheeler, Jimmy | SR Concordia (O) | 55.31m 181' 5 ³ / ₄ | 55.31 | 51.30 | 52.99 | 49.26 | FOUL | 53.43 | 2(5) | 4 |
| 6 | Villarreal, Domingo | JR Central Wash | 55.31m 181' 5 ³ / ₄ | 48.64 | 50.33 | 50.86 | 48.29 | 49.77 | 55.31 | 2(5) | 3 |
| 7 | Rutter, Tyree | SO Central Wash | 53.68m 176' 1 ³ / ₄ | 53.41 | 52.45 | 52.23 | 53.68 | 52.01 | 51.45 | 2(7) | 2 |
| 8 | Chavez, Michael | SR Central Wash | 50.63m 166' 1 ¹ / ₂ | 50.63 | 46.43 | 49.67 | 44.93 | 48.28 | 42.83 | 2(8) | 1 |
| 9 | Peaslee, Beau | FR MSU-Billings | 50.26m 164' 11" | FOUL | 48.61 | 50.26 | FOUL | FOUL | FOUL | 1(1) | |
| 10 | Elder, Brett | FR Concordia (O) | 49.45m 162' 3" | 48.11 | 49.45 | 47.87 | | | | 2(9) | |
| 11 | Tranch, Micah | SO Northwest Na | 47.25m 155' 0 ¹ / ₂ | 44.40 | 47.25 | FOUL | | | | 1(2) | |

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Men's Javelin (cont'd)

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|------------------|-----------------|--|-------|-------|-------|-------|-------|-------|-------|------|
| 12 | Cross, Forest | FR MSU-Billings | 44.97m 147' 6 ³ / ₄ " | 44.97 | FOUL | 43.95 | | | | | 1(3) |
| 13 | Forster, Michael | SO Central Wash | 43.30m 142' 1" | 43.30 | 41.93 | FOUL | | | | | 1(4) |
| 14 | Starr, Noah | SR Northwest Na | 40.42m 132' 7 ¹ / ₂ " | 40.42 | 39.83 | FOUL | | | | | 1(5) |
| 15 | Scarlett, Grant | FR Central Wash | 40.20m 131' 11" | 39.97 | 40.20 | FOUL | | | | | 1(6) |
| 16 | Hoberg, Cole | SR Northwest Na | 39.90m 130' 11 ¹ / ₄ " | 39.90 | 37.22 | FOUL | | | | | 1(7) |

FLIGHT RESULTS

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | |
|----------------------|---------------------|------------------|--|-------|-------|-------|-------|-------|-------|--|
| Flight 1 of 2 | | | | | | | | | | |
| 1 | Peaslee, Beau | FR MSU-Billings | 50.26m 164' 11" | FOUL | 48.61 | 50.26 | FOUL | FOUL | FOUL | |
| 2 | Tranch, Micah | SO Northwest Na | 47.25m 155' 0 ¹ / ₂ " | 44.40 | 47.25 | FOUL | | | | |
| 3 | Cross, Forest | FR MSU-Billings | 44.97m 147' 6 ³ / ₄ " | 44.97 | FOUL | 43.95 | | | | |
| 4 | Forster, Michael | SO Central Wash | 43.30m 142' 1" | 43.30 | 41.93 | FOUL | | | | |
| 5 | Starr, Noah | SR Northwest Na | 40.42m 132' 7 ¹ / ₂ " | 40.42 | 39.83 | FOUL | | | | |
| 6 | Scarlett, Grant | FR Central Wash | 40.20m 131' 11" | 39.97 | 40.20 | FOUL | | | | |
| 7 | Hoberg, Cole | SR Northwest Na | 39.90m 130' 11 ¹ / ₄ " | 39.90 | 37.22 | FOUL | | | | |
| Flight 2 of 2 | | | | | | | | | | |
| 1 | Barry, Alex | SO Western Was | 60.64m 198' 11 ³ / ₄ " | 57.86 | 60.64 | FOUL | 55.55 | 55.48 | 59.44 | |
| 2 | David, Costel | SO Western Was | 59.72m 195' 11 ¹ / ₂ " | 52.67 | 54.10 | 53.80 | 50.82 | 53.79 | 59.72 | |
| 3 | Ackerman, Beau | SO MSU-Billings | 57.76m 189' 6 ¹ / ₄ " | 55.17 | 55.95 | 54.85 | FOUL | FOUL | 57.76 | |
| 4 | Lytte, Griffey | SO Central Wash | 57.03m 187' 1 ¹ / ₂ " | 49.48 | 49.58 | 53.37 | 53.37 | 57.03 | 55.22 | |
| 5 | Wheeler, Jimmy | SR Concordia (O) | 55.31m 181' 5 ³ / ₄ " | 55.31 | 51.30 | 52.99 | 49.26 | FOUL | 53.43 | |
| 5 | Villarreal, Domingo | JR Central Wash | 55.31m 181' 5 ³ / ₄ " | 48.64 | 50.33 | 50.86 | 48.29 | 49.77 | 55.31 | |
| 7 | Rutter, Tyree | SO Central Wash | 53.68m 176' 1 ³ / ₄ " | 53.41 | 52.45 | 52.23 | 53.68 | 52.01 | 51.45 | |
| 8 | Chavez, Michael | SR Central Wash | 50.63m 166' 1 ¹ / ₂ " | 50.63 | 46.43 | 49.67 | 44.93 | 48.28 | 42.83 | |
| 9 | Elder, Brett | FR Concordia (O) | 49.45m 162' 3" | 48.11 | 49.45 | 47.87 | | | | |

#1 Men's Decathlon

| Pl | Name | Points | 100 | Long Jump | Shot Put | High Jump | 400 | 110H | Discus | Pole Vault | Javelin | 1500 |
|----|--|--------|------------------------|--|---|--|--------------|------------------------|--|--|--|---------|
| 1 | Lewis, Payton Northwest Nazarene Team Points: 10 | 6815 | 11.19 (+2.6) 819 | 6.51m 21' 4 ¹ / ₄ " (-2.6) 700 | 13.07m 42' 10 ³ / ₄ " 672 | 1.86m 6' 1 ¹ / ₄ " 679 | 53.67 653 | 14.97 (+1.4) 853 | 38.04m 124' 10" (+0.0) 625 | 4.85m 15' 11" 865 | 43.99m 144' 4 ¹ / ₄ " 500 | 5:20.19 |
| 2 | Turner, Travis Alaska Anchorage Team Points: 8 | 6688 | 11.32 (+2.6) 791 | 6.72m 22' 0 ³ / ₄ " (-1.4) 748 | 11.52m 37' 9 ³ / ₄ " 577 | 1.74m 5' 8 ¹ / ₂ " 577 | 50.12 809 | 14.90 (+1.4) 862 | 29.13m 95' 7" (+0.0) 447 | 4.15m 13' 7 ¹ / ₄ " 659 | 46.92m 153' 11 ¹ / ₂ " 543 | 4:40.82 |
| 3 | Landis, Kodiak Central Washington Team Points: 6 | 6677 | 11.14 (+2.6) 830 | 6.84m 22' 5 ¹ / ₄ " (-3.1) 776 | 10.89m 35' 9" 539 | 1.74m 5' 8 ¹ / ₂ " 577 | 49.66 830 | 15.95 (+0.5) 738 | 34.19m 112' 2 ¹ / ₄ " (+0.0) 547 | 4.15m 13' 7 ¹ / ₄ " 659 | 45.27m 148' 6 ¹ / ₂ " 519 | 4:42.88 |
| 4 | Brown, Giovanni Concordia (Ore.) Team Points: 5 | 6420 | 11.76 (+2.5) 699 | 6.42m 21' 0 ³ / ₄ " (-2.8) 679 | 12.04m 39' 6 ¹ / ₄ " 609 | 1.71m 5' 7 ¹ / ₄ " 552 | 50.74 781 | 15.68 (+1.4) 769 | 42.66m 139' 11 ³ / ₄ " 719 | 3.65m 11' 11 ³ / ₄ " 522 | 34.40m 112' 10 ¹ / ₂ " 362 | 4:32.49 |
| 5 | Phillips, James Concordia (Ore.) Team Points: 4 | 6316 | 11.07 (+2.6) 845 | 6.93m 22' 9" (-2.3) 797 | 11.89m 39' 0 ¹ / ₂ " 600 | 1.89m 6' 2 ¹ / ₄ " 705 | 52.68 695 | 15.73 (+0.5) 763 | 28.62m 93' 11" (+0.0) 437 | 3.55m 11' 7 ³ / ₄ " 496 | 48.72m 159' 10 ¹ / ₂ " 570 | 5:28.25 |
| 6 | Forster, Michael Central Washington Team Points: 3 | 6280 | 11.55 (+2.5) 742 | 6.32m 20' 9" (-2.7) 657 | 11.16m 36' 7 ³ / ₄ " 556 | 1.71m 5' 7 ¹ / ₄ " 552 | 51.79 734 | 15.91 (+0.5) 743 | 32.56m 106' 10 ¹ / ₄ " 515 | 3.95m 12' 11 ¹ / ₂ " 603 | 43.41m 142' 5 ¹ / ₄ " 492 | 4:39.08 |

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#1 Men's Decathlon (cont'd)

| PI | Name | Points | 100 | Long Jump | Shot Put | High Jump | 400 | 110H | Discus | Pole Vault | Javelin | 1500 |
|----|--------------------|--------|--------|---|-----------------------------------|-----------------------------------|-------|--------|---|-----------------------------------|-------------------------------------|---------|
| 7 | Sramek, David | 5777 | 11.30 | 6.60m | NM | 1.71m | 51.17 | 16.95 | 29.73m | 4.45m | 38.68m | 4:38.21 |
| | Alaska Anchorage | | (+2.6) | 21' 8" (-2.0) | | 5' 7 ¹ / ₄ | | (+0.9) | 97' 6 ³ / ₄ (+0.0) | 14' 7 ¹ / ₄ | 126' 11" | |
| | Team Points: 2 | | 795 | 720 | | 552 | 761 | 629 | 459 | 746 | 423 | 692 |
| 8 | Kreutz, Blaine | 5675 | 11.39 | 6.06m | 10.75m | 1.80m | 50.78 | 16.82 | 30.54m | 2.95m | 33.02m | 5:00.43 |
| | Northwest Nazarene | | (+2.5) | 19' 10 ³ / ₄ (-2.9) | 35' 3 ¹ / ₂ | 5' 10 ³ / ₄ | | (+0.9) | 100' 2 ³ / ₄ (+0.0) | 9' 8" | 108' 4 ¹ / ₄ | |
| | Team Points: 1 | | 776 | 600 | 531 | 627 | 779 | 643 | 475 | 345 | 342 | 557 |
| 9 | Tranch, Micah | 5287 | 11.74 | 6.07m | 10.90m | 2.03m | 55.16 | 20.15 | 21.50m | 3.25m | 43.84m | 5:16.92 |
| | Northwest Nazarene | | (+2.5) | 19' 11" (-1.6) | 35' 9 ¹ / ₂ | 6' 7 ³ / ₄ | | (+0.9) | 70' 6 ³ / ₄ (+0.0) | 10' 8" | 143' 10 ¹ / ₄ | |
| | | | 703 | 602 | 540 | 831 | 592 | 337 | 300 | 418 | 498 | 466 |

Women's 100 Meters

| | | | | | |
|----|----------------|-------|----------------|------------------|------|
| % | Championship | 11.81 | Jamie Ashcroft | Alaska Anchorage | 2015 |
| # | GNAC | 11.64 | Jamie Ashcroft | Alaska Anchorage | 2015 |
| \$ | McArthur Field | 11.81 | Jamie Ashcrof | Alaska Anchorage | 2015 |

Finals

Wind: (-1.2)

| PI | Name | Yr | Team | Time | Pts |
|----|----------------------|----|--------------------|-------|-----|
| 1 | Lucas, Katherine | FR | Simon Fraser | 12.13 | 10 |
| 2 | Ashcroft, Jamie | SR | Alaska Anchorage | 12.16 | 8 |
| 3 | Kabia, Valda | SO | Simon Fraser | 12.22 | 6 |
| 4 | Cross, Mary Kathleen | SR | Alaska Anchorage | 12.37 | 5 |
| 5 | Ries, Marie | FR | Alaska Anchorage | 12.43 | 4 |
| 6 | Brannan, Kyra | SR | Seattle Pacific | 12.47 | 3 |
| 7 | McLean, Kelsey | FR | Western Washington | 12.75 | 2 |
| 8 | Pederson, Kira | FR | Simon Fraser | 12.76 | 1 |

(Top 1 per Heat + next 5 advance)

Prelims

| PI | Name | Yr | Team | Time | H(PI) |
|----|----------------------|----|--------------------|---------------|-------|
| 1 | Lucas, Katherine | FR | Simon Fraser | 12.13Q (-0.4) | 1(1) |
| 2 | Ries, Marie | FR | Alaska Anchorage | 12.30q (-0.4) | 1(2) |
| 3 | Kabia, Valda | SO | Simon Fraser | 12.36Q (-2.5) | 3(1) |
| 4 | Ashcroft, Jamie | SR | Alaska Anchorage | 12.39Q (-1.8) | 2(1) |
| 5 | Pederson, Kira | FR | Simon Fraser | 12.43q (-0.4) | 1(3) |
| 6 | Cross, Mary Kathleen | SR | Alaska Anchorage | 12.45q (-1.8) | 2(2) |
| 7 | Brannan, Kyra | SR | Seattle Pacific | 12.57q (-1.8) | 2(3) |
| 8 | McLean, Kelsey | FR | Western Washington | 12.61q (-0.4) | 1(4) |
| 9 | Garcia, Madison | SR | Central Washington | 12.66 (-2.5) | 3(2) |
| 10 | Allen, Macie | FR | Western Washington | 12.71 (-2.5) | 3(3) |
| 11 | Deskins, Taylor | SR | Northwest Nazarene | 12.81 (-2.5) | 3(4) |
| 12 | Bradley, Hannah | FR | Western Washington | 12.92 (-2.5) | 3(5) |
| 13 | Patrick, Laura | SR | Western Oregon | 12.94 (-1.8) | 2(4) |
| 14 | Houk, Becca | SR | Seattle Pacific | 12.94 (-1.8) | 2(5) |
| 15 | Johnson, Tori | SO | Concordia (Ore.) | 12.95 (-2.5) | 3(6) |
| 16 | Martin, Diamond | JR | Central Washington | 13.06 (-0.4) | 1(5) |
| 17 | Friedmann, Natasha | JR | Simon Fraser | 13.12 (-1.8) | 2(6) |
| 18 | Brooks, Ashley | FR | Concordia (Ore.) | 13.52 (-0.4) | 1(6) |

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Women's 100 Meters (cont'd)

HEAT RESULTS

Prelims

| Pl Name | Yr Team | Time |
|---|-----------------------|--------|
| Heat 1 of 3 Wind: (-0.4) | | |
| 1 Lucas, Katherine | FR Simon Fraser | 12.13Q |
| 2 Ries, Marie | FR Alaska Anchorage | 12.30q |
| 3 Pederson, Kira | FR Simon Fraser | 12.43q |
| 4 McLean, Kelsey | FR Western Washington | 12.61q |
| 5 Martin, Diamond | JR Central Washington | 13.06 |
| 6 Brooks, Ashley | FR Concordia (Ore.) | 13.52 |
| Heat 2 of 3 Wind: (-1.8) | | |
| 1 Ashcroft, Jamie | SR Alaska Anchorage | 12.39Q |
| 2 Cross, Mary Kathleen | SR Alaska Anchorage | 12.45q |
| 3 Brannan, Kyra | SR Seattle Pacific | 12.57q |
| 4 Patrick, Laura | SR Western Oregon | 12.94 |
| 5 Houk, Becca | SR Seattle Pacific | 12.94 |
| 6 Friedmann, Natasha | JR Simon Fraser | 13.12 |
| Heat 3 of 3 Wind: (-2.5) | | |
| 1 Kabia, Valda | SO Simon Fraser | 12.36Q |
| 2 Garcia, Madison | SR Central Washington | 12.66 |
| 3 Allen, Macie | FR Western Washington | 12.71 |
| 4 Deskins, Taylor | SR Northwest Nazarene | 12.81 |
| 5 Bradley, Hannah | FR Western Washington | 12.92 |
| 6 Johnson, Tori | SO Concordia (Ore.) | 12.95 |

Women's 200 Meters

| | | | | |
|-------------------|-------|---------------|------------------|------|
| % Championship | 24.30 | Grace Morgan | Alaska Anchorage | 2013 |
| # GNAC | 23.99 | NyEma Sims | Seattle Pacific | 2007 |
| \$ McArthur Field | 24.45 | Jamie Ashcrof | Alaska Anchorage | 2015 |

Finals

| Pl Name | Yr Team | Time | Pts |
|------------------------|-----------------------|-------|-----|
| Wind: (+0.6) | | | |
| 1 Lucas, Katherine | FR Simon Fraser | 24.68 | 10 |
| 2 Kabia, Valda | SO Simon Fraser | 24.71 | 8 |
| 3 Cross, Mary Kathleen | SR Alaska Anchorage | 24.83 | 6 |
| 4 Ashcroft, Jamie | SR Alaska Anchorage | 24.96 | 5 |
| 5 Banfro, Tianna | SR Central Washington | 25.33 | 4 |
| 6 Garcia, Madison | SR Central Washington | 25.39 | 3 |
| 7 Taylor, Lani | FR Seattle Pacific | 25.78 | 2 |
| 8 Ries, Marie | FR Alaska Anchorage | 25.79 | 1 |

(Top 1 per Heat + next 5 advance)

Prelims

| Pl Name | Yr Team | Time | H(Pl) |
|------------------------|---------------------|---------------|-------|
| 1 Cross, Mary Kathleen | SR Alaska Anchorage | 25.30Q (-0.3) | 2(1) |
| 2 Lucas, Katherine | FR Simon Fraser | 25.38q (-0.3) | 2(2) |
| 3 Ashcroft, Jamie | SR Alaska Anchorage | 25.39Q (-1.6) | 3(1) |
| 4 Kabia, Valda | SO Simon Fraser | 25.40Q (-3.6) | 1(1) |

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Women's 200 Meters (cont'd)

(Top 1 per Heat + next 5 advance)

Prelims

| Pl | Name | Yr | Team | Time | H(Pl) |
|----|------------------|----|--------------------|---------------|-------|
| 5 | Banfro, Tianna | SR | Central Washington | 25.83q (-3.6) | 1(2) |
| 6 | Taylor, Lani | FR | Seattle Pacific | 25.97q (-1.6) | 3(2) |
| 7 | Ries, Marie | FR | Alaska Anchorage | 26.00q (-1.6) | 3(3) |
| 8 | Garcia, Madison | SR | Central Washington | 26.00q (-3.6) | 1(3) |
| 9 | Aniteye, Vanessa | FR | Alaska Anchorage | 26.02 (-0.3) | 2(3) |
| 10 | Burke, Grayson | FR | Western Oregon | 26.23 (-0.3) | 2(4) |
| 11 | Pederson, Kira | FR | Simon Fraser | 26.24 (-3.6) | 1(4) |
| 12 | Brannan, Kyra | SR | Seattle Pacific | 26.24 (-1.6) | 3(4) |
| 13 | Smith, Savannah | SO | Western Washington | 26.40 (-3.6) | 1(5) |
| 14 | Patrick, Laura | SR | Western Oregon | 26.82 (-1.6) | 3(5) |
| 15 | Houk, Becca | SR | Seattle Pacific | 26.86 (-1.6) | 3(6) |
| 16 | Deskins, Taylor | SR | Northwest Nazarene | 27.13 (-0.3) | 2(5) |
| 17 | Hong, Cheryl | SR | Seattle Pacific | 27.29 (-0.3) | 2(6) |
| 18 | Brooks, Ashley | FR | Concordia (Ore.) | 28.58 (-3.6) | 1(6) |

HEAT RESULTS

Prelims

| Pl | Name | Yr | Team | Time |
|--------------------|----------------------|----|--------------------|---------------------|
| Heat 1 of 3 | | | | Wind: (-3.6) |
| 1 | Kabia, Valda | SO | Simon Fraser | 25.40Q |
| 2 | Banfro, Tianna | SR | Central Washington | 25.83q |
| 3 | Garcia, Madison | SR | Central Washington | 26.00q |
| 4 | Pederson, Kira | FR | Simon Fraser | 26.24 |
| 5 | Smith, Savannah | SO | Western Washington | 26.40 |
| 6 | Brooks, Ashley | FR | Concordia (Ore.) | 28.58 |
| Heat 2 of 3 | | | | Wind: (-0.3) |
| 1 | Cross, Mary Kathleen | SR | Alaska Anchorage | 25.30Q |
| 2 | Lucas, Katherine | FR | Simon Fraser | 25.38q |
| 3 | Aniteye, Vanessa | FR | Alaska Anchorage | 26.02 |
| 4 | Burke, Grayson | FR | Western Oregon | 26.23 |
| 5 | Deskins, Taylor | SR | Northwest Nazarene | 27.13 |
| 6 | Hong, Cheryl | SR | Seattle Pacific | 27.29 |
| Heat 3 of 3 | | | | Wind: (-1.6) |
| 1 | Ashcroft, Jamie | SR | Alaska Anchorage | 25.39Q |
| 2 | Taylor, Lani | FR | Seattle Pacific | 25.97q |
| 3 | Ries, Marie | FR | Alaska Anchorage | 26.00q |
| 4 | Brannan, Kyra | SR | Seattle Pacific | 26.24 |
| 5 | Patrick, Laura | SR | Western Oregon | 26.82 |
| 6 | Houk, Becca | SR | Seattle Pacific | 26.86 |

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Women's 400 Meters

| | | | | |
|-------------------|-------|--------------|------------------|------|
| % Championship | 54.46 | Helen Crofts | Simon Fraser | 2013 |
| # GNAC | 53.56 | Mary Pearce | Alaska Anchorage | 2007 |
| \$ McArthur Field | 55.10 | Mary Pearce | Alaska Anchorage | 2006 |

Finals

| Pl | Name | Yr | Team | Time | Pts |
|----|------------------|----|--------------------|----------|-----|
| 1 | Aniteye, Vanessa | FR | Alaska Anchorage | \$ 54.88 | 10 |
| 2 | Desch, Chantel | SR | Simon Fraser | 55.31 | 8 |
| 3 | Dodd, Sophie | JR | Simon Fraser | 55.65 | 6 |
| 4 | Taylor, Lani | FR | Seattle Pacific | 55.87 | 5 |
| 5 | Bezanson, Hayley | SR | Alaska Anchorage | 57.47 | 4 |
| 6 | Hamre, Grace | FR | Saint Martin's | 57.79 | 3 |
| 7 | Smith, Savannah | SO | Western Washington | 58.13 | 2 |
| 8 | Sytsma, Emily | SO | Western Washington | 59.07 | 1 |

(Top 1 per Heat + next 6 advance)

Prelims

| Pl | Name | Yr | Team | Time | H(Pl) |
|----|--------------------|----|--------------------|---------|-------|
| 1 | Desch, Chantel | SR | Simon Fraser | 56.08Q | 1(1) |
| 2 | Aniteye, Vanessa | FR | Alaska Anchorage | 56.13Q | 2(1) |
| 3 | Taylor, Lani | FR | Seattle Pacific | 56.25q | 1(2) |
| 4 | Bezanson, Hayley | SR | Alaska Anchorage | 57.63q | 1(3) |
| 5 | Dodd, Sophie | JR | Simon Fraser | 58.02q | 2(2) |
| 6 | Hamre, Grace | FR | Saint Martin's | 58.14q | 1(4) |
| 7 | Smith, Savannah | SO | Western Washington | 58.44q | 2(3) |
| 8 | Sytsma, Emily | SO | Western Washington | 58.83q | 2(4) |
| 9 | Hong, Cheryl | SR | Seattle Pacific | 58.96 | 2(5) |
| 10 | Inderbitzin, Julia | SO | Central Washington | 59.06 | 1(5) |
| 11 | Conley, McKenna | SO | Northwest Nazarene | 1:00.10 | 1(6) |
| 12 | Gabriel, Olivia | FR | Seattle Pacific | 1:00.14 | 2(6) |
| 13 | Lindsay, Nicole | FR | Simon Fraser | 1:00.43 | 2(7) |
| 14 | Bailly, Kaitlyn | FR | Concordia (Ore.) | 1:05.93 | 1(7) |

HEAT RESULTS

Prelims

| Pl | Name | Yr | Team | Time |
|--------------------|--------------------|----|--------------------|---------|
| Heat 1 of 2 | | | | |
| 1 | Desch, Chantel | SR | Simon Fraser | 56.08Q |
| 2 | Taylor, Lani | FR | Seattle Pacific | 56.25q |
| 3 | Bezanson, Hayley | SR | Alaska Anchorage | 57.63q |
| 4 | Hamre, Grace | FR | Saint Martin's | 58.14q |
| 5 | Inderbitzin, Julia | SO | Central Washington | 59.06 |
| 6 | Conley, McKenna | SO | Northwest Nazarene | 1:00.10 |
| 7 | Bailly, Kaitlyn | FR | Concordia (Ore.) | 1:05.93 |

Heat 2 of 2

| | | | | |
|---|------------------|----|--------------------|--------|
| 1 | Aniteye, Vanessa | FR | Alaska Anchorage | 56.13Q |
| 2 | Dodd, Sophie | JR | Simon Fraser | 58.02q |
| 3 | Smith, Savannah | SO | Western Washington | 58.44q |

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Women's 400 Meters (cont'd)

Prelims

| PI Name | Yr Team | Time |
|-------------------|-----------------------|---------|
| 4 Sytsma, Emily | SO Western Washington | 58.83q |
| 5 Hong, Cheryl | SR Seattle Pacific | 58.96 |
| 6 Gabriel, Olivia | FR Seattle Pacific | 1:00.14 |
| 7 Lindsay, Nicole | FR Simon Fraser | 1:00.43 |

Women's 800 Meters

| | | | | |
|-------------------|---------|----------------|-----------------|------|
| % Championship | 2:06.38 | Jessica Pixler | Seattle Pacific | 2010 |
| # GNAC | 2:02.10 | Helen Crofts | Simon Fraser | 2013 |
| \$ McArthur Field | 2:06.38 | Jessica Pixler | Seattle Pacific | 2010 |

Finals

| PI Name | Yr Team | Time | Pts |
|-----------------------|---------------------|---------|-----|
| 1 Townsend, Addy | SO Simon Fraser | 2:07.96 | 10 |
| 2 McCormick, Danielle | SO Alaska Anchorage | 2:08.07 | 8 |
| 3 Mussatto, Alana | JR Simon Fraser | 2:09.76 | 6 |
| 4 Rose, Megan | JR Western Oregon | 2:11.65 | 5 |
| 5 Van De Grift, Suzie | JR Western Oregon | 2:12.53 | 4 |
| 6 Woods, Olivia | SO Western Oregon | 2:13.14 | 3 |
| 7 Phan, Chynna | JR Seattle Pacific | 2:14.06 | 2 |
| 8 Perez, Tamara | JR Alaska Anchorage | 2:15.93 | 1 |
| 9 Nock, Paige | JR Simon Fraser | 2:21.99 | |

(Top 2 per Heat + next 5 advance)

Prelims

| PI Name | Yr Team | Time | H(PI) |
|-----------------------|-----------------------|----------|-------|
| 1 McCormick, Danielle | SO Alaska Anchorage | 2:10.79q | 2(1) |
| 2 Rose, Megan | JR Western Oregon | 2:10.87q | 2(2) |
| 3 Townsend, Addy | SO Simon Fraser | 2:12.27q | 1(1) |
| 4 Phan, Chynna | JR Seattle Pacific | 2:12.63q | 2(3) |
| 5 Woods, Olivia | SO Western Oregon | 2:12.72q | 1(2) |
| 6 Mussatto, Alana | JR Simon Fraser | 2:13.26q | 2(4) |
| 7 Perez, Tamara | JR Alaska Anchorage | 2:14.26q | 2(5) |
| 8 Van De Grift, Suzie | JR Western Oregon | 2:14.53q | 1(3) |
| 9 Nock, Paige | JR Simon Fraser | 2:16.66q | 1(4) |
| 10 McCloskey, Claire | SR Saint Martin's | 2:24.67 | 2(6) |
| 11 Fjelstul, Bailey | FR Concordia (Ore.) | 2:24.80 | 1(5) |
| 12 Shreffler, Waverly | FR Western Washington | 2:25.41 | 1(6) |
| 13 Edgar, Gillian | FR Seattle Pacific | 2:28.99 | 2(7) |

HEAT RESULTS

Prelims

| PI Name | Yr Team | Time |
|-----------------------|-------------------|----------|
| Heat 1 of 2 | | |
| 1 Townsend, Addy | SO Simon Fraser | 2:12.27q |
| 2 Woods, Olivia | SO Western Oregon | 2:12.72q |
| 3 Van De Grift, Suzie | JR Western Oregon | 2:14.53q |

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Women's 800 Meters (cont'd)

Prelims

| Pl | Name | Yr | Team | Time |
|----|--------------------|----|--------------------|----------|
| 4 | Nock, Paige | JR | Simon Fraser | 2:16.66q |
| 5 | Fjelstul, Bailey | FR | Concordia (Ore.) | 2:24.80 |
| 6 | Shreffler, Waverly | FR | Western Washington | 2:25.41 |

Heat 2 of 2

| | | | | |
|---|---------------------|----|------------------|----------|
| 1 | McCormick, Danielle | SO | Alaska Anchorage | 2:10.79Q |
| 2 | Rose, Megan | JR | Western Oregon | 2:10.87Q |
| 3 | Phan, Chynna | JR | Seattle Pacific | 2:12.63q |
| 4 | Mussatto, Alana | JR | Simon Fraser | 2:13.26q |
| 5 | Perez, Tamara | JR | Alaska Anchorage | 2:14.26q |
| 6 | McCloskey, Claire | SR | Saint Martin's | 2:24.67 |
| 7 | Edgar, Gillian | FR | Seattle Pacific | 2:28.99 |

Women's 1500 Meters

| | | | | | |
|----|----------------|---------|------------------|------------------|------|
| % | Championship | 4:24.01 | Jessica Pixler | Seattle Pacific | 2010 |
| # | GNAC | 4:11.06 | Jessica Pixler | Seattle Pacific | 2010 |
| \$ | McArthur Field | 4:13.81 | Jennifer Bravard | Asics Track Club | 1997 |

| Pl | Name | Yr | Team | Time | Pts |
|----|-------------------|----|--------------------|---------|-----|
| 1 | Bassett, Miryam | JR | Simon Fraser | 4:35.85 | 10 |
| 2 | Howley, Julia | JR | Simon Fraser | 4:36.41 | 8 |
| 3 | Charleson, Mary | JR | Seattle Pacific | 4:36.65 | 6 |
| 4 | Grant, Brittany | SR | Western Washington | 4:37.95 | 5 |
| 5 | Dobie, Reta | JR | Simon Fraser | 4:38.14 | 4 |
| 6 | Phan, Chynna | JR | Seattle Pacific | 4:39.24 | 3 |
| 7 | Perez, Tamara | JR | Alaska Anchorage | 4:43.05 | 2 |
| 8 | Maurmann, Nicole | SR | Western Oregon | 4:43.51 | 1 |
| 9 | Troupe, Shawna | SR | Western Washington | 4:46.97 | |
| 10 | Lilly, Kate | FR | Seattle Pacific | 4:47.54 | |
| 11 | Block, Jordyn | FR | Alaska Anchorage | 4:48.90 | |
| 12 | Koger, Aundrea | FR | Western Washington | 4:50.81 | |
| 13 | Calvert, Hannah | SR | Seattle Pacific | 4:51.98 | |
| 14 | Harrington, Sara | JR | Concordia (Ore.) | 5:00.38 | |
| 15 | Kangas, Lauren | SO | Western Oregon | 5:04.75 | |
| 16 | McKinney, Kaitlyn | SR | Central Washington | 5:10.96 | |

Women's 5000 Meters

| | | | | | |
|----|----------------|----------|----------------|--------------------|-----------|
| % | Championship | 16:39.39 | Sarah Porter | Western Washington | 2010 |
| % | Championship | 16:47.07 | Sarah Porter | Western Wash | 2/20/2010 |
| # | GNAC | 15:44.07 | Jessica Pixler | Seattle Pacific | 2010 |
| \$ | McArthur Field | 16:39.39 | Sarah Porter | Western Washington | 2008 |

| Pl | Name | Yr | Team | Time | Pts |
|----|---------------------|----|------------------|----------|-----|
| 1 | Jepchumba, Zennah | SO | Alaska Anchorage | 17:21.08 | 10 |
| 2 | Charleson, Mary | JR | Seattle Pacific | 17:31.60 | 8 |
| 3 | Foote, Alyssa | FR | Seattle Pacific | 17:31.76 | 6 |
| 4 | Macdonald, Sarah | SR | Seattle Pacific | 17:35.64 | 5 |
| 5 | Chelimo, Emmanuelah | SO | Alaska Anchorage | 17:36.14 | 4 |

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Women's 5000 Meters (cont'd)

| Pl | Name | Yr | Team | Time | Pts |
|----|---------------------|----|--------------------|----------|-----|
| 6 | Stelling, Lillianna | SR | Western Washington | 17:36.26 | 3 |
| 7 | Shindruk, Alexa | SO | Central Washington | 17:41.37 | 2 |
| 8 | Rexus, Stephanie | SR | Central Washington | 17:42.53 | 1 |
| 9 | Shinnick, Peyton | FR | Western Washington | 17:55.52 | |
| 10 | Hutchison, Maddy | JR | Western Washington | 18:02.37 | |
| 11 | Burroughs, Mariah | JR | Alaska Anchorage | 18:08.58 | |
| 12 | Walter, Katherine | FR | Seattle Pacific | 18:12.55 | |
| 13 | Taferre, Sara | SR | Western Washington | 18:13.36 | |
| 14 | Galvez, Sophia | FR | Western Washington | 18:13.57 | |
| 15 | Burroughs, Riley | FR | Alaska Anchorage | 18:15.11 | |
| 16 | Clem, Delaney | FR | Central Washington | 18:28.01 | |
| 17 | Laiblin, Alexandra | JR | Western Washington | 18:39.56 | |
| 18 | Manzer, Sierra | SO | Northwest Nazarene | 18:54.86 | |
| 19 | Melville, Tracy | SO | Western Washington | 19:14.67 | |
| | Lilly, Kate | FR | Seattle Pacific | DNS | |
| | Maurmann, Nicole | SR | Western Oregon | DNS | |

Women's 10000 Meters

| | | | | | |
|----|----------------|----------|-----------------|------------------|------|
| % | Championship | 35:43.38 | Joyce Kipchumba | Alaska Anchorage | 2014 |
| # | GNAC | 33:14.41 | Joyce Chelimo | Alaska Anchorage | 2016 |
| \$ | McArthur Field | 35:34.05 | Lorene Young | | 2008 |

| Pl | Name | Yr | Team | Time | Pts |
|----|---------------------|----|--------------------|----------|-----|
| 1 | Shindruk, Alexa | SO | Central Washington | 35:58.99 | 10 |
| 2 | Rexus, Stephanie | SR | Central Washington | 36:05.48 | 8 |
| 3 | Jepchumba, Zennah | SO | Alaska Anchorage | 36:42.87 | 6 |
| 4 | Burroughs, Riley | FR | Alaska Anchorage | 37:28.28 | 5 |
| 5 | Lopez, Yadira | JR | Saint Martin's | 37:29.84 | 4 |
| 6 | Melville, Tracy | SO | Western Washington | 37:32.88 | 3 |
| 7 | Laiblin, Alexandra | JR | Western Washington | 37:42.36 | 2 |
| 8 | Galvez, Sophia | FR | Western Washington | 37:43.68 | 1 |
| 9 | Manzer, Sierra | SO | Northwest Nazarene | 38:03.10 | |
| 10 | Gomez, Elena | SO | Central Washington | 38:14.60 | |
| 11 | Marikis, Sofia | SR | Western Washington | 38:47.18 | |
| 12 | McNerney, Sedona | FR | Seattle Pacific | 39:39.61 | |
| 13 | Kolasinski, Larissa | SO | Saint Martin's | 39:40.68 | |
| 14 | Link, Ginny | FR | Western Oregon | 40:59.87 | |
| 15 | Vaughan, Yeschi | FR | Saint Martin's | 42:16.36 | |
| 16 | Milner, Abby | SO | Western Washington | 42:37.37 | |
| 17 | Whitley, Hallie | SO | Western Washington | 43:13.84 | |

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Women's 100m Hurdles

| | | | | |
|-------------------|-------|------------------------|------------------|------|
| % Championship | 13.82 | Danielle Ayers-Stamper | Seattle Pacific | 2005 |
| # GNAC | 13.70 | Danielle Ayers-Stamper | Seattle Pacific | 2005 |
| \$ McArthur Field | 14.18 | Rosie Smith | Alaska Anchorage | 2015 |

Finals

Wind: (-2.2)

| Pl | Name | Yr Team | Time | Pts |
|----|---------------------|-----------------------|----------|-----|
| 1 | Vongsaveng, Mariyah | SO Central Washington | \$ 13.90 | 10 |
| 2 | Voloshin, Diana | FR Simon Fraser | 14.19 | 8 |
| 3 | Tubbs, Lexi | JR Northwest Nazarene | 14.31 | 6 |
| 4 | Banfro, Tianna | SR Central Washington | 14.85 | 5 |
| 5 | Bland, Emily | JR Central Washington | 15.11 | 4 |
| 6 | Cano, Elena | FR Alaska Anchorage | 15.19 | 3 |
| 7 | Walts, Rose | FR Central Washington | 15.25 | 2 |
| | Weems , Erykah | FR Central Washington | DNF | |

(Top 1 per Heat + next 5 advance)

Prelims

| Pl | Name | Yr Team | Time | H(Pl) |
|----|---------------------|-----------------------|---------------|-------|
| 1 | Vongsaveng, Mariyah | SO Central Washington | 14.21Q (-1.4) | 2(1) |
| 2 | Voloshin, Diana | FR Simon Fraser | 14.46Q (-0.8) | 1(1) |
| 3 | Tubbs, Lexi | JR Northwest Nazarene | 14.89Q (-1.7) | 3(1) |
| 4 | Bland, Emily | JR Central Washington | 15.07q (-1.4) | 2(2) |
| 5 | Banfro, Tianna | SR Central Washington | 15.18q (-1.7) | 3(2) |
| 6 | Weems , Erykah | FR Central Washington | 15.19q (-0.8) | 1(2) |
| 7 | Walts, Rose | FR Central Washington | 15.23q (-1.7) | 3(3) |
| 8 | Cano, Elena | FR Alaska Anchorage | 15.32q (-1.7) | 3(4) |
| 9 | Johnson, Michaela | FR MSU-Billings | 15.42 (-1.4) | 2(3) |
| 10 | Stephens, Chase | FR Concordia (Ore.) | 15.50 (-0.8) | 1(3) |
| 11 | Blalock, Alexia | SR Alaska Anchorage | 15.70 (-1.4) | 2(4) |
| 12 | Conklin, Katie | SO Northwest Nazarene | 15.73 (-1.4) | 2(5) |
| 13 | Ortega, HarLee | SO Central Washington | 15.76 (-0.8) | 1(4) |
| 14 | Dyk, Janessa | SR Northwest Nazarene | 15.89 (-1.7) | 3(5) |
| 15 | Warren, Kawena | JR Northwest Nazarene | 15.93 (-0.8) | 1(5) |
| 16 | Duval, Lauren | SR Northwest Nazarene | 16.07 (-1.4) | 2(6) |
| 17 | Miran, Ally | FR Northwest Nazarene | 16.40 (-1.7) | 3(6) |

HEAT RESULTS**Prelims**

| Pl | Name | Yr Team | Time |
|---------------------------------|---------------------|-----------------------|--------|
| Heat 1 of 3 Wind: (-0.8) | | | |
| 1 | Voloshin, Diana | FR Simon Fraser | 14.46Q |
| 2 | Weems , Erykah | FR Central Washington | 15.19q |
| 3 | Stephens, Chase | FR Concordia (Ore.) | 15.50 |
| 4 | Ortega, HarLee | SO Central Washington | 15.76 |
| 5 | Warren, Kawena | JR Northwest Nazarene | 15.93 |
| Heat 2 of 3 Wind: (-1.4) | | | |
| 1 | Vongsaveng, Mariyah | SO Central Washington | 14.21Q |
| 2 | Bland, Emily | JR Central Washington | 15.07q |

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Women's 100m Hurdles (cont'd)

Prelims

| Pl | Name | Yr | Team | Time |
|----|-------------------|----|--------------------|-------|
| 3 | Johnson, Michaela | FR | MSU-Billings | 15.42 |
| 4 | Blalock, Alexia | SR | Alaska Anchorage | 15.70 |
| 5 | Conklin, Katie | SO | Northwest Nazarene | 15.73 |
| 6 | Duval, Lauren | SR | Northwest Nazarene | 16.07 |

Heat 3 of 3

Wind: (-1.7)

| | | | | |
|---|----------------|----|--------------------|--------|
| 1 | Tubbs, Lexi | JR | Northwest Nazarene | 14.89Q |
| 2 | Banfro, Tianna | SR | Central Washington | 15.18q |
| 3 | Walts, Rose | FR | Central Washington | 15.23q |
| 4 | Cano, Elena | FR | Alaska Anchorage | 15.32q |
| 5 | Dyk, Janessa | SR | Northwest Nazarene | 15.89 |
| 6 | Miran, Ally | FR | Northwest Nazarene | 16.40 |

Women's 400m Hurdles

| | | | | | |
|----|----------------|---------|---------------|------------------|------|
| % | Championship | 1:00.29 | Haleigh Lloyd | Alaska Anchorage | 2015 |
| # | GNAC | 59.17 | Haleigh Lloyd | Alaska Anchorage | 2015 |
| \$ | McArthur Field | 1:00.23 | Kasey Harwood | Oregon | 2006 |

Finals

| Pl | Name | Yr | Team | Time | Pts |
|----|-----------------|----|--------------------|---------|-----|
| 1 | Bland, Emily | JR | Central Washington | 1:00.58 | 10 |
| 2 | Anderson, Ali | JR | Central Washington | 1:01.69 | 8 |
| 3 | Jeschke, Yvonne | SO | Alaska Anchorage | 1:01.97 | 6 |
| 4 | Whatley, Alexi | FR | Saint Martin's | 1:02.32 | 5 |
| 5 | Cano, Elena | FR | Alaska Anchorage | 1:03.00 | 4 |
| 6 | Dyk, Janessa | SR | Northwest Nazarene | 1:03.43 | 3 |
| 7 | Benner, Brooke | FR | Seattle Pacific | 1:03.82 | 2 |
| 8 | Weems, Erykah | FR | Central Washington | 1:21.38 | 1 |

(Top 1 per Heat + next 5 advance)

Prelims

| Pl | Name | Yr | Team | Time | H(Pl) |
|----|---------------------|----|--------------------|----------|-------|
| 1 | Anderson, Ali | JR | Central Washington | 1:01.57Q | 1(1) |
| 2 | Bland, Emily | JR | Central Washington | 1:02.28Q | 3(1) |
| 3 | Whatley, Alexi | FR | Saint Martin's | 1:02.53q | 1(2) |
| 4 | Cano, Elena | FR | Alaska Anchorage | 1:03.55q | 3(2) |
| 5 | Jeschke, Yvonne | SO | Alaska Anchorage | 1:03.68Q | 2(1) |
| 6 | Benner, Brooke | FR | Seattle Pacific | 1:04.05q | 1(3) |
| 7 | Weems, Erykah | FR | Central Washington | 1:04.15q | 2(2) |
| 8 | Dyk, Janessa | SR | Northwest Nazarene | 1:04.28q | 2(3) |
| 9 | Teigen, Megan | SR | Saint Martin's | 1:04.38 | 3(3) |
| 10 | Hawthorne, Keirnan | SR | Saint Martin's | 1:04.94 | 1(4) |
| 11 | Madden, Sara | SR | Western Oregon | 1:05.24 | 1(5) |
| 12 | Vongsaveng, Mariyah | SO | Central Washington | 1:05.84 | 3(4) |
| 13 | Svastisalee, Deja | JR | Western Washington | 1:06.10 | 2(4) |
| 14 | Smiedala, Josey | SO | MSU-Billings | 1:06.35 | 2(5) |
| 15 | Niskanen, Nicole | FR | Western Oregon | 1:07.34 | 2(6) |

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Women's 400m Hurdles (cont'd)

(Top 1 per Heat + next 5 advance)

Prelims

| Pl | Name | Yr | Team | Time | H(Pl) |
|----|-------------------|----|--------------------|---------|-------|
| 16 | Lambert, Emma | SO | Seattle Pacific | 1:07.60 | 3(5) |
| 17 | Joy, Juliana | SR | Central Washington | 1:08.53 | 1(6) |
| 18 | Goeke, Constance | SO | Western Oregon | 1:10.84 | 3(6) |
| 19 | Carandang, Alexis | SR | Saint Martin's | 1:12.70 | 1(7) |
| 20 | Curtis, Kathryn | SR | Concordia (Ore.) | 1:13.06 | 3(7) |

HEAT RESULTS

Prelims

| Pl | Name | Yr | Team | Time |
|--------------------|--------------------|----|--------------------|----------|
| Heat 1 of 3 | | | | |
| 1 | Anderson, Ali | JR | Central Washington | 1:01.57Q |
| 2 | Whatley, Alexi | FR | Saint Martin's | 1:02.53q |
| 3 | Benner, Brooke | FR | Seattle Pacific | 1:04.05q |
| 4 | Hawthorne, Keirnan | SR | Saint Martin's | 1:04.94 |
| 5 | Madden, Sara | SR | Western Oregon | 1:05.24 |
| 6 | Joy, Juliana | SR | Central Washington | 1:08.53 |
| 7 | Carandang, Alexis | SR | Saint Martin's | 1:12.70 |

Heat 2 of 3

| | | | | |
|---|-------------------|----|--------------------|----------|
| 1 | Jeschke, Yvonne | SO | Alaska Anchorage | 1:03.68Q |
| 2 | Weems, Erykah | FR | Central Washington | 1:04.15q |
| 3 | Dyk, Janessa | SR | Northwest Nazarene | 1:04.28q |
| 4 | Svastisalee, Deja | JR | Western Washington | 1:06.10 |
| 5 | Smiedala, Josey | SO | MSU-Billings | 1:06.35 |
| 6 | Niskanen, Nicole | FR | Western Oregon | 1:07.34 |

Heat 3 of 3

| | | | | |
|---|---------------------|----|--------------------|----------|
| 1 | Bland, Emily | JR | Central Washington | 1:02.28Q |
| 2 | Cano, Elena | FR | Alaska Anchorage | 1:03.55q |
| 3 | Teigen, Megan | SR | Saint Martin's | 1:04.38 |
| 4 | Vongsaveng, Mariyah | SO | Central Washington | 1:05.84 |
| 5 | Lambert, Emma | SO | Seattle Pacific | 1:07.60 |
| 6 | Goeke, Constance | SO | Western Oregon | 1:10.84 |
| 7 | Curtis, Kathryn | SR | Concordia (Ore.) | 1:13.06 |

Women's 3000m Steeple

| | | | | | |
|----|----------------|----------|---------------|--------------------|------|
| % | Championship | 10:14.15 | Katelyn Steen | Western Washington | 2015 |
| # | GNAC | 10:13.01 | Katelyn Steen | Western Washington | 2015 |
| \$ | McArthur Field | 10:14.16 | Katelyn Steen | Western Washington | 2015 |

| Pl | Name | Yr | Team | Time | Pts |
|----|---------------------|----|--------------------|----------|-----|
| 1 | Grant, Brittany | SR | Western Washington | 10:43.79 | 10 |
| 2 | Burroughs, Mariah | JR | Alaska Anchorage | 10:55.74 | 8 |
| 3 | Chelimo, Emmanuelah | SO | Alaska Anchorage | 11:03.27 | 6 |
| 4 | Ribeiro, Chelsea | SO | Simon Fraser | 11:10.04 | 5 |
| 5 | Manzer, Sierra | SO | Northwest Nazarene | 11:20.76 | 4 |
| 6 | Calvert, Hannah | SR | Seattle Pacific | 11:23.16 | 3 |

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Women's 3000m Steeple (cont'd)

| Pl | Name | Yr | Team | Time | Pts |
|----|-------------------|----|--------------------|----------|-----|
| 7 | Aiken, Nikki | FR | MSU-Billings | 11:27.61 | 2 |
| 8 | Block, Jordyn | FR | Alaska Anchorage | 11:34.86 | 1 |
| 9 | Kettel, Hailey | JR | Seattle Pacific | 11:37.63 | |
| 10 | Hobson, Gabby | FR | Concordia (Ore.) | 11:45.25 | |
| 11 | McKinney, Kaitlyn | SR | Central Washington | 11:50.12 | |
| 12 | Townsend, Dana | SR | Simon Fraser | 11:53.68 | |
| 13 | Hammons, Emily | SO | Northwest Nazarene | 12:19.52 | |
| 14 | Tyburczy, Katie | SR | Western Washington | 12:35.41 | |

Women's 4 x 100m Relay

| | | | | | |
|----|----------------|-------|---------------------------------------|------------------|------|
| % | Championship | 46.68 | (Mackenzie Harsch,Rosie, Smith, Sasha | Alaska Anchorage | 2014 |
| # | GNAC | 46.19 | | Simon Fraser | 2017 |
| \$ | McArthur Field | 46.82 | | Seattle Pacific | 2015 |

| Pl | Team | Time | Pts |
|----|---------------------------|----------------------------|-----|
| 1 | Alaska Anchorage (A) | \$ 46.76 | 10 |
| | 1) Ashcroft, Jamie SR | 2) Cross, Mary Kathleen SR | |
| | 3) Ries, Marie FR | 4) Aniteye, Vanessa FR | |
| 2 | Simon Fraser (A) | 47.02 | 8 |
| | 1) Kabia, Valda SO | 2) Desch, Chantel SR | |
| | 3) Pederson, Kira FR | 4) Lucas, Katherine FR | |
| 3 | Seattle Pacific (A) | 48.47 | 6 |
| | 1) Houk, Becca SR | 2) Cai, Scout FR | |
| | 3) Brannan, Kyra SR | 4) Taylor, Lani FR | |
| 4 | Northwest Nazarene (A) | 49.22 | 5 |
| | 1) Bartlow, Rachel JR | 2) Tubbs, Lexi JR | |
| | 3) Gilmore, Carly SR | 4) Deskins, Taylor SR | |
| 5 | MSU-Billings (A) | 49.57 | 4 |
| | 1) Eastburn, Katie FR | 2) Johnson, Michaela FR | |
| | 3) Beckett, Brenna FR | 4) Smiedala, Josey SO | |
| 6 | Saint Martin's (A) | 49.65 | 3 |
| | 1) Hamre, Grace FR | 2) Whatley, Alexi FR | |
| | 3) Hawthorne, Keirnan SR | 4) Nickelson, Artresa FR | |
| 7 | Western Washington (A) | 1:22.12 | 2 |
| | 1) Allen, Macie FR | 2) Bradley, Hannah FR | |
| | 3) McLean, Kelsey FR | 4) Smith, Savannah SO | |
| | Central Washington (A) | DQ | |
| | 1) Vongsaveng, Mariyah SO | 2) Banfro, Tianna SR | |
| | 3) Weems, Erykah FR | 4) Garcia, Madison SR | |

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RESULTS

Women's 4 x 400m Relay

| | | | | |
|-------------------|---------|---|------------------|------|
| % Championship | 3:44.11 | Kishia Mitchell, Emily Quatier, Jasmine | Seattle Pacific | 2013 |
| # GNAC | 3:41.93 | | Alaska Anchorage | 2017 |
| \$ McArthur Field | 3:45.64 | | Simon Fraser | 2015 |

| Pl | Team | Time | Pts |
|----|---|---------|-----|
| 1 | Simon Fraser (A) 1) Mussatto, Alana JR 2) Townsend, Addy SO 3) Dodd, Sophie JR 4) Desch, Chantel SR | 3:46.48 | 10 |
| 2 | Alaska Anchorage (A) 1) Cross, Mary Kathleen SR 2) McCormick, Danielle SO 3) Bezanson, Hayley SR 4) Aniteye, Vanessa FR | 3:50.19 | 8 |
| 3 | Western Oregon (A) 1) Burke, Grayson FR 2) Van De Grift, Suzie JR 3) Rose, Megan JR 4) Woods, Olivia SO | 3:50.27 | 6 |
| 4 | Central Washington (A) 1) Garcia, Madison SR 2) Inderbitzin, Julia SO 3) Bland, Emily JR 4) Anderson, Ali JR | 3:53.42 | 5 |
| 5 | Seattle Pacific (A) 1) Brannan, Kyra SR 2) Cai, Scout FR 3) Benner, Brooke FR 4) Taylor, Lani FR | 3:54.28 | 4 |
| 6 | Saint Martin's (A) 1) Teigen, Megan SR 2) Hawthorne, Keiran SR 3) Whatley, Alexi FR 4) Hamre, Grace FR | 3:57.33 | 3 |
| 7 | Western Washington (A) 1) McLean, Kelsey FR 2) Bradley, Hannah FR 3) Smith, Savannah SO 4) Allen, Macie FR | 4:00.71 | 2 |
| 8 | MSU-Billings (A) 1) Beckett, Brenna FR 2) Eastburn, Katie FR 3) Williams, Janessa SO 4) Smiedala, Josey SO | 4:02.18 | 1 |

Women's High Jump

| | | | | |
|-------------------|-------|------------------|--------------------|------|
| % Championship | 1.77m | Tayler Fettig | Central Washington | 2016 |
| # GNAC | 1.78m | Teona Perkins | Seattle Pacific | 2007 |
| \$ McArthur Field | 1.80m | Camile Jampulski | | 1996 |

| Pl | Name | Yr Team | Mark | 1.54 | 1.59 | 1.64 | 1.69 | 1.72 | Pts |
|----|--------------------|-------------------|--------------|------|------|------|------|------|-----|
| 1 | Johnson, Tori | SO Concordia (O) | 1.69m 5' 6½" | XO | XO | XO | XO | XXX | 10 |
| 2 | Osadchey, Miranda | SR Western Was | 1.69m 5' 6½" | P | O | XO | XXO | XXX | 8 |
| 3 | Anders, Karolin | SR Alaska Ancho | 1.64m 5' 4½" | O | O | XO | XXX | | 6 |
| 4 | Benner, Brooke | FR Seattle Pacifi | 1.64m 5' 4½" | O | XO | XO | XXX | | 5 |
| 5 | Lehnert, Geneva | SO Seattle Pacifi | 1.59m 5' 2½" | O | O | XXX | | | 4 |
| 6 | Bartlow, Rachel | JR Northwest Na | 1.59m 5' 2½" | XO | O | XXX | | | 2.5 |
| 6 | Conklin, Katie | SO Northwest Na | 1.59m 5' 2½" | XO | O | XXX | | | 2.5 |
| 8 | Cai, Scout | FR Seattle Pacifi | 1.59m 5' 2½" | O | XO | XXX | | | 0.5 |
| 8 | Stewart, Mackenzie | SO Simon Fraser | 1.59m 5' 2½" | O | XO | XXX | | | 0.5 |

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Women's High Jump (cont'd)

| Pl | Name | Yr | Team | Mark | 1.54 | 1.59 | 1.64 | 1.69 | 1.72 | Pts |
|----|-----------------------|----|----------------|----------------|------|------|------|------|------|-----|
| 10 | Petz, Amy | JR | Simon Fraser | 1.54m 5' 0 1/2 | O | XXX | | | | |
| 11 | Meadows, Shaddia | FR | Central Wash | 1.54m 5' 0 1/2 | XO | XXX | | | | |
| 12 | Henry, Bridget | SO | Western Was | 1.54m 5' 0 1/2 | XXO | XXX | | | | |
| | Phommathirath, Keeley | FR | Central Wash | NH | XXX | | | | | |
| | Stephens, Chase | FR | Concordia (O) | NH | XXX | | | | | |
| | Duval, Lauren | SR | Northwest Na | NH | XXX | | | | | |
| | Warren, Kawena | JR | Northwest Na | NH | XXX | | | | | |
| | Jeschke, Yvonne | SO | Alaska Ancho | NH | XXX | | | | | |
| | Pott, Tiffany | FR | Saint Martin's | NH | XXX | | | | | |
| | Warren, Halie | FR | MSU-Billings | NH | XXX | | | | | |
| | Apo, Cassidy | SO | Saint Martin's | NH | XXX | | | | | |
| | Orme, Jamie | FR | MSU-Billings | NH | XXX | | | | | |
| | Greninger, Kaylie | JR | Western Was | NH | XXX | | | | | |
| | Fukumoto, Gabby | SO | Concordia (O) | NH | XXX | | | | | |

Women's Pole Vault

| | | | | | |
|----|----------------|-------|----------------|--------------------|------|
| % | Championship | 3.83m | Karis Anderson | Western Washington | 2012 |
| # | GNAC | 4.01m | Anna Paradee | Western Washington | 2017 |
| \$ | McArthur Field | 4.12m | Becky Holliday | Clackamas | 2001 |

| Pl | Name | Yr | Team | Mark | 2.62 | 2.77 | 2.92 | 3.07 | 3.22 | 3.36 | 3.52 | 3.62 | 3.66 | 3.87 | Pts |
|----|-------------------|----|----------------|-----------------|------|------|------|------|------|------|------|------|------|------|-----|
| 1 | Emmert, McKenna | SR | Central Wash | 3.66m 12' 0" | P | P | P | P | P | O | XO | P | O | XXX | 10 |
| 2 | Oliquiano, Jewels | FR | Western Was | 3.52m 11' 6 1/2 | P | P | P | P | O | O | O | XXX | | | 8 |
| 3 | Paradee, Anna | JR | Western Was | 3.52m 11' 6 1/2 | P | P | P | P | P | P | XO | XXX | | | 6 |
| 4 | Kahns, Michaella | SR | Seattle Pacifi | 3.36m 11' 0 1/4 | P | P | P | P | O | O | XXX | | | | 5 |
| 5 | Roberts, Rachael | SO | Western Was | 3.36m 11' 0 1/4 | P | P | P | P | XO | XO | XXX | | | | 4 |
| 6J | Lambert, Emma | SO | Seattle Pacifi | 3.22m 10' 6 3/4 | P | P | P | XO | O | XXX | | | | | 3 |
| 7J | Cai, Scout | FR | Seattle Pacifi | 3.22m 10' 6 3/4 | P | P | P | P | XO | XXX | | | | | 2 |
| 8 | Crenshaw, Ryleigh | FR | Seattle Pacifi | 3.07m 10' 0 3/4 | P | P | P | XXO | XXX | | | | | | 1 |
| 9 | Olson, Kaylee | JR | Northwest Na | 2.92m 9' 7" | XO | O | XO | XXX | | | | | | | |
| 10 | Gwin, Kourtney | FR | Northwest Na | 2.92m 9' 7" | P | P | XXO | XXX | | | | | | | |
| 11 | Bower, Payton | SO | Central Wash | 2.77m 9' 1" | O | XXO | XXX | | | | | | | | |
| | Irvine, Halle | FR | Central Wash | NH | P | P | P | XXX | | | | | | | |

Women's Long Jump

| | | | | | |
|----|----------------|-------|-------------------|-----------------|------|
| % | Championship | 5.99m | Ali Worthen | Seattle Pacific | 2013 |
| # | GNAC | 5.99m | Stephanie Huffman | Seattle Pacific | 2002 |
| \$ | McArthur Field | 5.86m | Julie Bright | | 1996 |

| Pl | Name | Yr | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|-------------------|----|----------------|-------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------|-----|
| 1 | Brannan, Kyra | SR | Seattle Pacifi | 5.77m 18' 11 1/4 (+0.2) | 5.40 (+1.1) | 5.28 (+2.1) | 5.47 (+3.1) | 5.20 (+0.0) | 5.77 (+0.2) | FOUL | 2 | 10 |
| 2 | Lehnert, Geneva | SO | Seattle Pacifi | 5.59m 18' 4 1/4 (+2.5) | 5.46 (+1.9) | 5.59 (+2.5) | 5.40 (+1.5) | 5.20 (+3.0) | 5.55 (+0.8) | FOUL | 2 | 8 |
| 3 | McMullin, Jasmine | SR | Western Was | 5.48m 17' 11 3/4 (+2.2) | 5.31 (+2.5) | 5.21 (+1.2) | 5.48 (+2.2) | FOUL | FOUL | FOUL | 2 | 6 |
| 4 | Fedor, Kye | JR | Simon Fraser | 5.46m 17' 11" (+1.4) | 5.26 (+0.9) | 5.46 (+1.4) | 4.32 (+1.6) | | | | 2 | 5 |
| 5 | Anders, Karolin | SR | Alaska Ancho | 5.42m 17' 9 1/2 (+1.7) | 5.42 (+1.7) | 5.08 (+2.1) | 5.38 (+2.9) | FOUL | 5.22 (+0.0) | 5.38 (+3.0) | 2 | 4 |
| 6 | Anderson, Ali | JR | Central Wash | 5.38m 17' 8" (+2.4) | 5.30 (+3.0) | 5.09 (+3.3) | 5.35 (+1.6) | FOUL | 5.19 (+1.5) | 5.38 (+2.4) | 2 | 3 |

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Women's Long Jump (cont'd)

| Pl | Name | Yr | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|-------------------|----|-------------------|---|-------------|-------------|-------------|-------------|-------------|-------------|-------|-----|
| 7 | Williams, Brooke | | SO Central Wash | 5.26m 17' 3 ¹ / ₄ (+2.2) | 5.11 (+2.4) | 5.26 (+2.2) | 5.19 (+3.0) | 4.97 (+0.6) | 4.94 (+0.1) | FOUL | 2 | 2 |
| 8 | Joy, Juliana | | SR Central Wash | 5.26m 17' 3 ¹ / ₄ (+2.4) | 4.93 (+1.3) | 5.26 (+2.4) | 5.17 (+0.8) | FOUL | 5.02 (+2.0) | 5.14 (+0.8) | 2 | 1 |
| 9 | Ortega, HarLee | | SO Central Wash | 5.24m 17' 2 ¹ / ₄ (+2.5) | 5.13 (+2.0) | 4.98 (+1.8) | 5.24 (+2.5) | 4.94 (+0.6) | FOUL | 5.19 (+2.9) | 1(1) | |
| 10 | Lazecki, Natasha | | SR Simon Fraser | 5.09m 16' 8 ¹ / ₂ (+2.1) | 5.08 (+2.3) | 5.09 (+2.1) | 5.01 (+0.3) | | | | 1(2) | |
| 11 | Mahowald, Jackie | | FR Northwest Na | 5.05m 16' 7" (+1.3) | 4.95 (+1.7) | 4.91 (+0.7) | 5.05 (+1.3) | | | | 1(3) | |
| 12 | Blalock, Alexia | | SR Alaska Ancho | 5.02m 16' 5 ³ / ₄ (+0.5) | 5.02 (+0.5) | 4.98 (+1.4) | 4.84 (+2.6) | | | | 2 | |
| 13 | Conklin, Katie | | SO Northwest Na | 4.97m 16' 3 ³ / ₄ (+2.3) | 4.97 (+2.3) | 4.55 (+2.0) | 4.86 (+1.3) | | | | 1(4) | |
| 14 | Benner, Brooke | | FR Seattle Pacifi | 4.93m 16' 2 ¹ / ₄ (+3.2) | 4.89 (+2.2) | 4.93 (+3.2) | FOUL | | | | 1(5) | |
| 15 | Cai, Scout | | FR Seattle Pacifi | 4.85m 15' 11" (+2.0) | 4.84 (+1.5) | 4.85 (+2.0) | PASS | | | | 1(6) | |
| 16 | Osadchey, Miranda | | SR Western Was | 4.81m 15' 9 ¹ / ₂ (+1.4) | FOUL | 4.81 (+1.4) | FOUL | | | | 1(7) | |
| 17 | Walts, Rose | | FR Central Wash | 4.79m 15' 8 ³ / ₄ (+0.3) | 4.76 (+2.2) | 4.64 (+2.3) | 4.79 (+0.3) | | | | 1(8) | |
| 18 | Irvine, Halle | | FR Central Wash | 4.77m 15' 7 ³ / ₄ (+0.9) | FOUL | FOUL | 4.77 (+0.9) | | | | 1(9) | |
| 19 | Beckett, Brenna | | FR MSU-Billings | 4.41m 14' 5 ³ / ₄ (+1.9) | FOUL | 4.41 (+1.9) | FOUL | | | | 1(10) | |
| 20 | Munoz, Malea | | SO Western Was | 4.22m 13' 10 ¹ / ₄ (+0.9) | 3.76 (+2.4) | FOUL | 4.22 (+0.9) | | | | 1(11) | |

FLIGHT RESULTS

| Pl | Name | Yr | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | |
|----------------------|-------------------|----|-------------------|---|-------------|-------------|-------------|-------------|-------------|-------------|--|
| Flight 1 of 2 | | | | | | | | | | | |
| 1 | Ortega, HarLee | | SO Central Wash | 5.24m 17' 2 ¹ / ₄ (+2.5) | 5.13 (+2.0) | 4.98 (+1.8) | 5.24 (+2.5) | 4.94 (+0.6) | FOUL | 5.19 (+2.9) | |
| 2 | Lazecki, Natasha | | SR Simon Fraser | 5.09m 16' 8 ¹ / ₂ (+2.1) | 5.08 (+2.3) | 5.09 (+2.1) | 5.01 (+0.3) | | | | |
| 3 | Mahowald, Jackie | | FR Northwest Na | 5.05m 16' 7" (+1.3) | 4.95 (+1.7) | 4.91 (+0.7) | 5.05 (+1.3) | | | | |
| 4 | Conklin, Katie | | SO Northwest Na | 4.97m 16' 3 ³ / ₄ (+2.3) | 4.97 (+2.3) | 4.55 (+2.0) | 4.86 (+1.3) | | | | |
| 5 | Benner, Brooke | | FR Seattle Pacifi | 4.93m 16' 2 ¹ / ₄ (+3.2) | 4.89 (+2.2) | 4.93 (+3.2) | FOUL | | | | |
| 6 | Cai, Scout | | FR Seattle Pacifi | 4.85m 15' 11" (+2.0) | 4.84 (+1.5) | 4.85 (+2.0) | PASS | | | | |
| 7 | Osadchey, Miranda | | SR Western Was | 4.81m 15' 9 ¹ / ₂ (+1.4) | FOUL | 4.81 (+1.4) | FOUL | | | | |
| 8 | Walts, Rose | | FR Central Wash | 4.79m 15' 8 ³ / ₄ (+0.3) | 4.76 (+2.2) | 4.64 (+2.3) | 4.79 (+0.3) | | | | |
| 9 | Irvine, Halle | | FR Central Wash | 4.77m 15' 7 ³ / ₄ (+0.9) | FOUL | FOUL | 4.77 (+0.9) | | | | |
| 10 | Beckett, Brenna | | FR MSU-Billings | 4.41m 14' 5 ³ / ₄ (+1.9) | FOUL | 4.41 (+1.9) | FOUL | | | | |
| 11 | Munoz, Malea | | SO Western Was | 4.22m 13' 10 ¹ / ₄ (+0.9) | 3.76 (+2.4) | FOUL | 4.22 (+0.9) | | | | |
| Flight 2 of 2 | | | | | | | | | | | |
| | Anders, Karolin | | SR Alaska Ancho | 5.42m 17' 9 ¹ / ₂ (+1.7) | 5.42 (+1.7) | 5.08 (+2.1) | 5.38 (+2.9) | FOUL | 5.22 (+0.0) | 5.38 (+3.0) | |
| | Lehnert, Geneva | | SO Seattle Pacifi | 5.59m 18' 4 ¹ / ₄ (+2.5) | 5.46 (+1.9) | 5.59 (+2.5) | 5.40 (+1.5) | 5.20 (+3.0) | 5.55 (+0.8) | FOUL | |
| | McMullin, Jasmine | | SR Western Was | 5.48m 17' 11 ³ / ₄ (+2.2) | 5.31 (+2.5) | 5.21 (+1.2) | 5.48 (+2.2) | FOUL | FOUL | FOUL | |
| | Fedor, Kye | | JR Simon Fraser | 5.46m 17' 11" (+1.4) | 5.26 (+0.9) | 5.46 (+1.4) | 4.32 (+1.6) | | | | |
| | Brannan, Kyra | | SR Seattle Pacifi | 5.77m 18' 11 ¹ / ₄ (+0.2) | 5.40 (+1.1) | 5.28 (+2.1) | 5.47 (+3.1) | 5.20 (+0.0) | 5.77 (+0.2) | FOUL | |
| | Anderson, Ali | | JR Central Wash | 5.38m 17' 8" (+2.4) | 5.30 (+3.0) | 5.09 (+3.3) | 5.35 (+1.6) | FOUL | 5.19 (+1.5) | 5.38 (+2.4) | |
| | Williams, Brooke | | SO Central Wash | 5.26m 17' 3 ¹ / ₄ (+2.2) | 5.11 (+2.4) | 5.26 (+2.2) | 5.19 (+3.0) | 4.97 (+0.6) | 4.94 (+0.1) | FOUL | |
| | Joy, Juliana | | SR Central Wash | 5.26m 17' 3 ¹ / ₄ (+2.4) | 4.93 (+1.3) | 5.26 (+2.4) | 5.17 (+0.8) | FOUL | 5.02 (+2.0) | 5.14 (+0.8) | |
| | Blalock, Alexia | | SR Alaska Ancho | 5.02m 16' 5 ³ / ₄ (+0.5) | 5.02 (+0.5) | 4.98 (+1.4) | 4.84 (+2.6) | | | | |

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RESULTS

Women's Triple Jump

| | | | | |
|-------------------|--------|---------------|----------------|-----------|
| % Championship | 12.42m | Ashley Potter | Western Oregon | 2012 |
| # GNAC | 12.42m | Ashley Potter | Western Oregon | 2012 |
| \$ McArthur Field | 12.42m | Lavern Clark | | 1992 |
| \$ McArthur Field | 12.42m | Ashley Potter | Western Oregon | 2012 |
| % Championship | 12.06m | Ashley Potter | Western Oreg | 2/18/2012 |

| Pl | Name | Yr | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|-------------------|----|----------------|--|--------------|--------------|--------------|--------------|--------------|--------------|-------|-----|
| 1 | McMullin, Jasmine | SR | Western Was | 12.05m 39' 6 ¹ / ₂ (+2.2) | 11.74 (+1.7) | 11.86 (+2.2) | 11.61 (+1.4) | 11.71 (-1.0) | 12.05 (+2.2) | 12.03 (+4.0) | 2(1) | 10 |
| 2 | Brown, Ella | SR | Simon Fraser | 12.04m 39' 6" (+3.7) | FOUL | 11.60 (+0.9) | FOUL | FOUL | 11.67 (+2.0) | 12.04 (+3.7) | 2(2) | 8 |
| 3 | Blalock, Alexia | SR | Alaska Ancho | 11.78m 38' 7 ³ / ₄ (+2.4) | 11.04 (+2.5) | 10.55 (+1.0) | 11.28 (-1.1) | 10.87 (+2.5) | 11.31 (+1.0) | 11.78 (+2.4) | 2(3) | 6 |
| 4 | Ortega, HarLee | SO | Central Wash | 11.46m 37' 7 ¹ / ₄ (+1.2) | 11.29 (+2.5) | 11.46 (+1.2) | 11.33 (+1.8) | 11.41 (+0.8) | 11.14 (+1.5) | FOUL | 2(4) | 5 |
| 5 | Stephens, Chase | FR | Concordia (O) | 11.46m 37' 7 ¹ / ₄ (+1.0) | 10.54 (+2.9) | 11.46 (+1.0) | 11.24 (+2.3) | 10.58 (-0.5) | 10.63 (+1.8) | 10.87 (+3.3) | 2(4) | 4 |
| 6 | Mahowald, Jackie | FR | Northwest Na | 11.40m 37' 5" (+2.0) | FOUL | 11.40 (+2.0) | 11.18 (+0.7) | 11.01 (+0.5) | 11.13 (+1.3) | 10.88 (+3.0) | 2(6) | 3 |
| 7 | Benner, Brooke | FR | Seattle Pacifi | 11.36m 37' 3 ¹ / ₄ (+0.3) | 11.27 (+3.4) | 11.12 (+0.6) | 11.36 (+0.3) | | | | 2(7) | 2 |
| 8 | Walts, Rose | FR | Central Wash | 11.21m 36' 9 ¹ / ₂ (+3.7) | 10.74 (+1.9) | FOUL | 11.21 (+3.7) | FOUL | 10.58 (+0.4) | 10.89 (+1.3) | 1(1) | 1 |
| 9 | Loufoua, Nice | SO | Northwest Na | 11.13m 36' 6 ¹ / ₄ (+2.6) | 10.75 (+2.4) | 10.84 (+2.8) | 11.13 (+2.6) | 10.71 (+1.6) | 11.01 (-0.4) | 10.66 (+1.2) | 1(2) | |
| 10 | Williams, Brooke | SO | Central Wash | 11.13m 36' 6 ¹ / ₄ (+1.0) | FOUL | FOUL | 11.13 (+1.0) | | | | 2(8) | |
| 11 | Pitts, Kathryn | SR | Western Oreg | 10.93m 35' 10 ¹ / ₂ (+2.4) | 10.80 (+1.4) | FOUL | 10.93 (+2.4) | | | | 1(3) | |
| 12 | Williams, Janessa | SO | MSU-Billings | 10.83m 35' 6 ¹ / ₂ (+3.1) | 10.83 (+3.1) | 10.64 (+0.7) | 10.63 (+3.3) | | | | 1(4) | |
| 13 | Anders, Karolin | SR | Alaska Ancho | 10.55m 34' 7 ¹ / ₂ (-1.7) | 10.55 (-1.7) | | | | | | 2(9) | |
| 14 | Conklin, Katie | SO | Northwest Na | 10.51m 34' 5 ³ / ₄ (+2.0) | 10.43 (+2.6) | FOUL | 10.51 (+2.0) | | | | 1(5) | |
| 15 | Beckett, Brenna | FR | MSU-Billings | 10.30m 33' 9 ¹ / ₂ (+1.4) | 10.30 (+1.4) | FOUL | FOUL | | | | 1(6) | |
| 16 | Schwend, Shaniah | SO | MSU-Billings | 10.23m 33' 6 ³ / ₄ (+1.3) | FOUL | 10.23 (+1.3) | FOUL | | | | 1(7) | |
| 17 | Browning, Shelby | FR | MSU-Billings | 9.79m 32' 1 ¹ / ₂ (+2.2) | FOUL | FOUL | 9.79 (+2.2) | | | | 1(8) | |
| 18 | Cole, Brianna | FR | Concordia (O) | 9.25m 30' 4 ¹ / ₄ (+2.0) | FOUL | FOUL | 9.25 (+2.0) | | | | 1(9) | |

FLIGHT RESULTS

| Pl | Name | Yr | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | |
|----------------------|-------------------|----|----------------|--|--------------|--------------|--------------|--------------|--------------|--------------|--|
| Flight 1 of 2 | | | | | | | | | | | |
| 1 | Walts, Rose | FR | Central Wash | 11.21m 36' 9 ¹ / ₂ (+3.7) | 10.74 (+1.9) | FOUL | 11.21 (+3.7) | FOUL | 10.58 (+0.4) | 10.89 (+1.3) | |
| 2 | Loufoua, Nice | SO | Northwest Na | 11.13m 36' 6 ¹ / ₄ (+2.6) | 10.75 (+2.4) | 10.84 (+2.8) | 11.13 (+2.6) | 10.71 (+1.6) | 11.01 (-0.4) | 10.66 (+1.2) | |
| 3 | Pitts, Kathryn | SR | Western Oreg | 10.93m 35' 10 ¹ / ₂ (+2.4) | 10.80 (+1.4) | FOUL | 10.93 (+2.4) | | | | |
| 4 | Williams, Janessa | SO | MSU-Billings | 10.83m 35' 6 ¹ / ₂ (+3.1) | 10.83 (+3.1) | 10.64 (+0.7) | 10.63 (+3.3) | | | | |
| 5 | Conklin, Katie | SO | Northwest Na | 10.51m 34' 5 ³ / ₄ (+2.0) | 10.43 (+2.6) | FOUL | 10.51 (+2.0) | | | | |
| 6 | Beckett, Brenna | FR | MSU-Billings | 10.30m 33' 9 ¹ / ₂ (+1.4) | 10.30 (+1.4) | FOUL | FOUL | | | | |
| 7 | Schwend, Shaniah | SO | MSU-Billings | 10.23m 33' 6 ³ / ₄ (+1.3) | FOUL | 10.23 (+1.3) | FOUL | | | | |
| 8 | Browning, Shelby | FR | MSU-Billings | 9.79m 32' 1 ¹ / ₂ (+2.2) | FOUL | FOUL | 9.79 (+2.2) | | | | |
| 9 | Cole, Brianna | FR | Concordia (O) | 9.25m 30' 4 ¹ / ₄ (+2.0) | FOUL | FOUL | 9.25 (+2.0) | | | | |
| Flight 2 of 2 | | | | | | | | | | | |
| 1 | McMullin, Jasmine | SR | Western Was | 12.05m 39' 6 ¹ / ₂ (+2.2) | 11.74 (+1.7) | 11.86 (+2.2) | 11.61 (+1.4) | 11.71 (-1.0) | 12.05 (+2.2) | 12.03 (+4.0) | |
| 2 | Brown, Ella | SR | Simon Fraser | 12.04m 39' 6" (+3.7) | FOUL | 11.60 (+0.9) | FOUL | FOUL | 11.67 (+2.0) | 12.04 (+3.7) | |
| 3 | Blalock, Alexia | SR | Alaska Ancho | 11.78m 38' 7 ³ / ₄ (+2.4) | 11.04 (+2.5) | 10.55 (+1.0) | 11.28 (-1.1) | 10.87 (+2.5) | 11.31 (+1.0) | 11.78 (+2.4) | |
| 4 | Ortega, HarLee | SO | Central Wash | 11.46m 37' 7 ¹ / ₄ (+1.2) | 11.29 (+2.5) | 11.46 (+1.2) | 11.33 (+1.8) | 11.41 (+0.8) | 11.14 (+1.5) | FOUL | |
| 4 | Stephens, Chase | FR | Concordia (O) | 11.46m 37' 7 ¹ / ₄ (+1.0) | 10.54 (+2.9) | 11.46 (+1.0) | 11.24 (+2.3) | 10.58 (-0.5) | 10.63 (+1.8) | 10.87 (+3.3) | |
| 6 | Mahowald, Jackie | FR | Northwest Na | 11.40m 37' 5" (+2.0) | FOUL | 11.40 (+2.0) | 11.18 (+0.7) | 11.01 (+0.5) | 11.13 (+1.3) | 10.88 (+3.0) | |
| 7 | Benner, Brooke | FR | Seattle Pacifi | 11.36m 37' 3 ¹ / ₄ (+0.3) | 11.27 (+3.4) | 11.12 (+0.6) | 11.36 (+0.3) | | | | |
| 8 | Williams, Brooke | SO | Central Wash | 11.13m 36' 6 ¹ / ₄ (+1.0) | FOUL | FOUL | 11.13 (+1.0) | | | | |
| 9 | Anders, Karolin | SR | Alaska Ancho | 10.55m 34' 7 ¹ / ₂ (-1.7) | 10.55 (-1.7) | | | | | | |

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RESULTS

Women's Triple Jump (cont'd)

| Pl | Name | Yr | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----|-----------------|----|-----------------|----------------|-------|-------|-------|-------|-------|-------|
| 9 | Anders, Karolin | | SR Alaska Ancho | 10.55m 34' 7½" | | | | | | |

Women's Shot Put

| | | | | | |
|----|----------------|--------|-----------------|------------------------|------|
| % | Championship | 14.04m | Anica Knispel | Montana State Billings | 2011 |
| # | GNAC | 17.26m | McKenzie Warren | Concordia | 2017 |
| \$ | McArthur Field | 15.96m | McKenzie Warren | | 2016 |

| Pl | Name | Yr | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|----------------------|----|-------------------|-------------------|-------|-------|-------|-------|-------|-------|-------|-----|
| 1 | Warren, McKenzie | | SR Concordia (O) | \$ 16.55m 54' 3¾" | 16.01 | FOUL | 16.55 | 16.23 | FOUL | 16.43 | 2(1) | 10 |
| 2 | MacDonald, Christina | | JR Concordia (O) | 13.44m 44' 1½" | 12.69 | 13.26 | 12.88 | 13.28 | 13.35 | 13.44 | 2(2) | 8 |
| 3 | Willing, Tasha | | FR Concordia (O) | 13.24m 43' 5½" | 12.58 | 12.59 | 13.24 | 13.01 | FOUL | 12.45 | 2(3) | 6 |
| 4 | Huffman, Rachael | | SR Western Oreg | 13.16m 43' 2½" | 12.62 | 13.16 | FOUL | FOUL | 12.53 | FOUL | 2(4) | 5 |
| 5 | Homer, Aiyana | | JR Central Wash | 12.93m 42' 5¼" | 11.50 | 12.44 | 12.93 | 12.00 | 12.39 | FOUL | 2(5) | 4 |
| 6 | McKinnis, Rachel | | SR Concordia (O) | 12.63m 41' 5½" | 12.62 | 12.60 | 12.49 | FOUL | 12.63 | 12.32 | 2(6) | 3 |
| 7 | Anders, Karolin | | SR Alaska Ancho | 12.49m 41' 0" | 12.22 | 12.49 | 10.96 | PASS | PASS | PASS | 1(1) | 2 |
| 8 | Vernoy, Megan | | SO Saint Martin's | 12.37m 40' 7¼" | 12.37 | 11.87 | 12.36 | FOUL | 11.96 | FOUL | 1(2) | 1 |
| 9 | Markham, Sammi | | SR Seattle Pacifi | 12.26m 40' 3" | 12.05 | 12.16 | 11.90 | FOUL | 12.17 | 12.26 | 2(7) | |
| 10 | La Rue, Samantha | | FR Central Wash | 12.02m 39' 5½" | 11.90 | 11.43 | 12.02 | | | | 2(8) | |
| 11 | Mortensen, Megan | | SR Western Was | 11.93m 39' 2" | 11.15 | 11.59 | 11.93 | | | | 1(3) | |
| 12 | Tensley, Joselynn | | FR Concordia (O) | 11.83m 38' 10" | 11.50 | 11.83 | FOUL | | | | 1(4) | |
| 13 | White, Nicole | | FR Concordia (O) | 11.60m 38' 1" | FOUL | 11.60 | FOUL | | | | 2(9) | |
| 14 | Gronbach, Mariah | | FR Western Oreg | 11.36m 37' 3½" | 11.12 | 10.67 | 11.36 | | | | 1(5) | |
| 15 | Steinbeisser, Hailey | | FR MSU-Billings | 11.32m 37' 2" | 10.76 | 10.63 | 11.32 | | | | 1(6) | |
| 16 | Lohof, Abbie | | FR MSU-Billings | 11.12m 36' 6" | 10.65 | 10.86 | 11.12 | | | | 1(7) | |
| 17 | Mumford, Angela | | FR Central Wash | 10.92m 35' 10¼" | 10.92 | 10.82 | 10.59 | | | | 1(8) | |
| 18 | Stringari, Taylor | | FR MSU-Billings | 10.65m 34' 11½" | 9.56 | 10.47 | 10.65 | | | | 1(9) | |
| 19 | Dodge, Brittany | | FR Central Wash | 10.51m 34' 6" | 9.84 | 10.01 | 10.51 | | | | 1(10) | |

FLIGHT RESULTS

| Pl | Name | Yr | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | |
|----------------------|----------------------|----|-------------------|-------------------|-------|-------|-------|-------|-------|-------|--|
| Flight 1 of 2 | | | | | | | | | | | |
| 1 | Anders, Karolin | | SR Alaska Ancho | 12.49m 41' 0" | 12.22 | 12.49 | 10.96 | PASS | PASS | PASS | |
| 2 | Vernoy, Megan | | SO Saint Martin's | 12.37m 40' 7¼" | 12.37 | 11.87 | 12.36 | FOUL | 11.96 | FOUL | |
| 3 | Mortensen, Megan | | SR Western Was | 11.93m 39' 2" | 11.15 | 11.59 | 11.93 | | | | |
| 4 | Tensley, Joselynn | | FR Concordia (O) | 11.83m 38' 10" | 11.50 | 11.83 | FOUL | | | | |
| 5 | Gronbach, Mariah | | FR Western Oreg | 11.36m 37' 3½" | 11.12 | 10.67 | 11.36 | | | | |
| 6 | Steinbeisser, Hailey | | FR MSU-Billings | 11.32m 37' 2" | 10.76 | 10.63 | 11.32 | | | | |
| 7 | Lohof, Abbie | | FR MSU-Billings | 11.12m 36' 6" | 10.65 | 10.86 | 11.12 | | | | |
| 8 | Mumford, Angela | | FR Central Wash | 10.92m 35' 10¼" | 10.92 | 10.82 | 10.59 | | | | |
| 9 | Stringari, Taylor | | FR MSU-Billings | 10.65m 34' 11½" | 9.56 | 10.47 | 10.65 | | | | |
| 10 | Dodge, Brittany | | FR Central Wash | 10.51m 34' 6" | 9.84 | 10.01 | 10.51 | | | | |
| Flight 2 of 2 | | | | | | | | | | | |
| 1 | Warren, McKenzie | | SR Concordia (O) | \$ 16.55m 54' 3¾" | 16.01 | FOUL | 16.55 | 16.23 | FOUL | 16.43 | |
| 2 | MacDonald, Christina | | JR Concordia (O) | 13.44m 44' 1½" | 12.69 | 13.26 | 12.88 | 13.28 | 13.35 | 13.44 | |
| 3 | Willing, Tasha | | FR Concordia (O) | 13.24m 43' 5½" | 12.58 | 12.59 | 13.24 | 13.01 | FOUL | 12.45 | |
| 4 | Huffman, Rachael | | SR Western Oreg | 13.16m 43' 2½" | 12.62 | 13.16 | FOUL | FOUL | 12.53 | FOUL | |
| 5 | Homer, Aiyana | | JR Central Wash | 12.93m 42' 5¼" | 11.50 | 12.44 | 12.93 | 12.00 | 12.39 | FOUL | |

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RESULTS

Women's Shot Put (cont'd)

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----|------------------|-------------------|-------------------|-------|-------|-------|-------|-------|-------|
| 6 | McKinnis, Rachel | SR Concordia (O) | 12.63m 41' 5 1/2" | 12.62 | 12.60 | 12.49 | FOUL | 12.63 | 12.32 |
| 7 | Markham, Sammi | SR Seattle Pacifi | 12.26m 40' 3" | 12.05 | 12.16 | 11.90 | FOUL | 12.17 | 12.26 |
| 8 | La Rue, Samantha | FR Central Wash | 12.02m 39' 5 1/2" | 11.90 | 11.43 | 12.02 | | | |
| 9 | White, Nicole | FR Concordia (O) | 11.60m 38' 1" | FOUL | 11.60 | FOUL | | | |

Women's Discus

| | | | | | |
|----|----------------|--------|-----------------|--------------------|------|
| % | Championship | 46.08m | Megan Mortensen | Western Washington | 2016 |
| # | GNAC | 55.31m | McKenzie Warren | Concordia | 2017 |
| \$ | McArthur Field | 54.76m | Annie Hess | Concordia | 2008 |

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|----------------------|-------------------|-----------------------|-------|-------|-------|-------|-------|-------|-------|-----|
| 1 | Warren, McKenzie | SR Concordia (O) | % 48.13m 157' 11 1/4" | FOUL | 47.44 | FOUL | 45.77 | 48.13 | 47.23 | 2(1) | 10 |
| 2 | Huffman, Rachael | SR Western Oreg | 42.92m 140' 10" | 35.10 | 39.15 | 40.10 | 35.92 | 34.97 | 42.92 | 2(2) | 8 |
| 3 | La Rue, Samantha | FR Central Wash | 40.79m 133' 10 1/4" | 37.32 | 40.79 | 37.58 | 32.96 | 38.95 | FOUL | 1(1) | 6 |
| 4 | Tensley, Joselynn | FR Concordia (O) | 40.64m 133' 4 1/4" | FOUL | FOUL | 40.64 | | | | 1(2) | 5 |
| 5 | White, Nicole | FR Concordia (O) | 40.31m 132' 3 1/4" | FOUL | 32.69 | 40.31 | FOUL | 39.78 | FOUL | 2(3) | 4 |
| 6 | Homer, Aiyana | JR Central Wash | 39.80m 130' 7 1/4" | 37.17 | 39.80 | FOUL | FOUL | FOUL | FOUL | 1(3) | 3 |
| 7 | Vernoy, Megan | SO Saint Martin's | 39.28m 128' 10 3/4" | 38.85 | 39.28 | FOUL | FOUL | 37.20 | 38.50 | 2(4) | 2 |
| 8 | Korff, Halie | FR Western Oreg | 38.67m 126' 10 3/4" | FOUL | 36.53 | 38.67 | FOUL | FOUL | 35.93 | 1(4) | 1 |
| 9 | Mumford, Angela | FR Central Wash | 38.59m 126' 7 1/2" | FOUL | FOUL | 38.59 | FOUL | 35.78 | FOUL | 2(5) | |
| 10 | Gronbach, Mariah | FR Western Oreg | 38.00m 124' 8 1/4" | FOUL | 38.00 | FOUL | | | | 2(6) | |
| 11 | Walters, Dakayla | JR Alaska Ancho | 36.96m 121' 3 1/2" | 34.02 | 35.59 | 36.96 | | | | 1(5) | |
| 12 | Stringari, Taylor | FR MSU-Billings | 34.87m 114' 5" | 32.93 | 33.82 | 34.87 | | | | 1(6) | |
| 13 | Markham, Sammi | SR Seattle Pacifi | 34.68m 113' 9 1/2" | 27.20 | 34.68 | FOUL | | | | 1(7) | |
| 14 | Lohof, Abbie | FR MSU-Billings | 33.05m 108' 5 1/2" | 31.32 | 33.05 | FOUL | | | | 1(8) | |
| 15 | Thomas, Hannah | JR Northwest Na | 33.04m 108' 5" | 33.04 | FOUL | FOUL | | | | 1(9) | |
| 16 | Kuoha, Kassadee | FR MSU-Billings | 32.36m 106' 2 1/4" | FOUL | 28.66 | 32.36 | | | | 1(10) | |
| 17 | Meadows, Shaddia | FR Central Wash | 31.89m 104' 7 3/4" | 31.89 | FOUL | FOUL | | | | 2(7) | |
| | Steinbeisser, Hailey | FR MSU-Billings | NM | FOUL | FOUL | FOUL | | | | 1 | |
| | Mortensen, Megan | SR Western Was | NM | FOUL | FOUL | FOUL | | | | 2 | |
| | Willing, Tasha | FR Concordia (O) | NM | FOUL | FOUL | FOUL | | | | 2 | |

FLIGHT RESULTS

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | |
|----------------------|----------------------|-------------------|---------------------|-------|-------|-------|-------|-------|-------|--|
| Flight 1 of 2 | | | | | | | | | | |
| 1 | La Rue, Samantha | FR Central Wash | 40.79m 133' 10 1/4" | 37.32 | 40.79 | 37.58 | 32.96 | 38.95 | FOUL | |
| 2 | Tensley, Joselynn | FR Concordia (O) | 40.64m 133' 4 1/4" | FOUL | FOUL | 40.64 | | | | |
| 3 | Homer, Aiyana | JR Central Wash | 39.80m 130' 7 1/4" | 37.17 | 39.80 | FOUL | FOUL | FOUL | FOUL | |
| 4 | Korff, Halie | FR Western Oreg | 38.67m 126' 10 3/4" | FOUL | 36.53 | 38.67 | FOUL | FOUL | 35.93 | |
| 5 | Walters, Dakayla | JR Alaska Ancho | 36.96m 121' 3 1/2" | 34.02 | 35.59 | 36.96 | | | | |
| 6 | Stringari, Taylor | FR MSU-Billings | 34.87m 114' 5" | 32.93 | 33.82 | 34.87 | | | | |
| 7 | Markham, Sammi | SR Seattle Pacifi | 34.68m 113' 9 1/2" | 27.20 | 34.68 | FOUL | | | | |
| 8 | Lohof, Abbie | FR MSU-Billings | 33.05m 108' 5 1/2" | 31.32 | 33.05 | FOUL | | | | |
| 9 | Thomas, Hannah | JR Northwest Na | 33.04m 108' 5" | 33.04 | FOUL | FOUL | | | | |
| 10 | Kuoha, Kassadee | FR MSU-Billings | 32.36m 106' 2 1/4" | FOUL | 28.66 | 32.36 | | | | |
| | Steinbeisser, Hailey | FR MSU-Billings | NM | FOUL | FOUL | FOUL | | | | |

Flight 2 of 2

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Women's Discus (cont'd)

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----|------------------|-------------------|--|-------|-------|-------|-------|-------|-------|
| 1 | Warren, McKenzie | SR Concordia (O) | % 48.13m 157' 11 ¹ / ₄ | FOUL | 47.44 | FOUL | 45.77 | 48.13 | 47.23 |
| 2 | Huffman, Rachael | SR Western Ore | 42.92m 140' 10" | 35.10 | 39.15 | 40.10 | 35.92 | 34.97 | 42.92 |
| 3 | White, Nicole | FR Concordia (O) | 40.31m 132' 3 ¹ / ₄ | FOUL | 32.69 | 40.31 | FOUL | 39.78 | FOUL |
| 4 | Vernoy, Megan | SO Saint Martin's | 39.28m 128' 10 ³ / ₄ | 38.85 | 39.28 | FOUL | FOUL | 37.20 | 38.50 |
| 5 | Mumford, Angela | FR Central Wash | 38.59m 126' 7 ¹ / ₂ | FOUL | FOUL | 38.59 | FOUL | 35.78 | FOUL |
| 6 | Gronbach, Mariah | FR Western Ore | 38.00m 124' 8 ¹ / ₄ | FOUL | 38.00 | FOUL | | | |
| 7 | Meadows, Shaddia | FR Central Wash | 31.89m 104' 7 ³ / ₄ | 31.89 | FOUL | FOUL | | | |
| | Mortensen, Megan | SR Western Was | NM | FOUL | FOUL | FOUL | | | |
| | Willing, Tasha | FR Concordia (O) | NM | FOUL | FOUL | FOUL | | | |

Women's Hammer

| | | | | | |
|----|----------------|--------|---------------------|----------------|------|
| % | Championship | 54.51m | Audrey Oswald | Humboldt State | 2006 |
| # | GNAC | 57.05m | Christina MacDonald | Concordia | 2017 |
| \$ | McArthur Field | 59.31m | Cari Soong | Team XO | 2007 |

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|----------------------|-------------------|---|-------|-------|-------|-------|-------|-------|-------|-----|
| 1 | Warren, McKenzie | SR Concordia (O) | # 58.14m 190' 9 ¹ / ₄ | 55.08 | 56.13 | 58.14 | FOUL | 56.14 | 55.50 | 2(1) | 10 |
| 2 | Neale, Kirby | SR Saint Martin's | # 58.05m 190' 5 ³ / ₄ | 49.67 | 58.05 | 57.62 | FOUL | FOUL | FOUL | 2(2) | 8 |
| 3 | Willing, Tasha | FR Concordia (O) | % 54.96m 180' 4" | 52.03 | 53.36 | 54.96 | 53.76 | 53.40 | FOUL | 2(3) | 6 |
| 4 | MacDonald, Christina | JR Concordia (O) | 51.61m 169' 4 ¹ / ₄ | 49.65 | 45.55 | 51.61 | FOUL | FOUL | FOUL | 2(4) | 5 |
| 5 | Larson, Liz | SO Saint Martin's | 50.11m 164' 5" | 43.23 | 50.11 | FOUL | FOUL | FOUL | FOUL | 2(5) | 4 |
| 6 | Tensley, Joselynn | FR Concordia (O) | 49.58m 162' 8 ¹ / ₄ | 49.58 | 45.49 | FOUL | 46.38 | FOUL | 48.82 | 2(6) | 3 |
| 7 | Dean, Sylvia | JR Western Ore | 48.18m 158' 1" | 43.60 | 48.18 | 45.75 | 46.09 | 45.61 | 46.00 | 2(7) | 2 |
| 8 | McKinnis, Rachel | SR Concordia (O) | 48.13m 157' 11 ¹ / ₄ | FOUL | 48.13 | 47.97 | 47.06 | 46.07 | FOUL | 2(8) | 1 |
| 9 | Homer, Aiyana | JR Central Wash | 44.56m 146' 2 ¹ / ₂ | 43.11 | 42.71 | 44.56 | FOUL | 43.17 | FOUL | 2(9) | |
| 10 | Falck, Alecia | SO Western Ore | 43.55m 142' 10 ³ / ₄ | 43.19 | 43.01 | 43.55 | | | | 1(1) | |
| 11 | White, Nicole | FR Concordia (O) | 43.51m 142' 9 ¹ / ₄ | 39.10 | 43.32 | 43.51 | | | | 1(2) | |
| 12 | La Rue, Samantha | FR Central Wash | 42.52m 139' 6 ¹ / ₄ | 42.52 | FOUL | FOUL | | | | 1(3) | |
| 13 | Hagadorn, Miranda | SO Northwest Na | 42.19m 138' 5 ¹ / ₄ | 41.42 | 42.19 | FOUL | | | | 1(4) | |
| 14 | Roberts, Sophia | SO Western Was | 42.09m 138' 1 ¹ / ₄ | 40.45 | 42.09 | FOUL | | | | 1(5) | |
| 15 | Mumford, Angela | FR Central Wash | 41.59m 136' 5 ³ / ₄ | 41.59 | FOUL | 41.33 | | | | 1(6) | |
| 16 | Korolenko, Sasha | FR Northwest Na | 40.75m 133' 8 ¹ / ₂ | 40.75 | FOUL | FOUL | | | | 1(7) | |
| 17 | Snowden, Elise | FR Northwest Na | 40.64m 133' 4 ¹ / ₄ | 40.03 | 40.64 | FOUL | | | | 1(8) | |
| 18 | Short, Amanda | SO Western Ore | 39.96m 131' 1 ¹ / ₂ | 39.96 | 37.80 | FOUL | | | | 1(9) | |
| 19 | Stringari, Taylor | FR MSU-Billings | 39.53m 129' 8 ¹ / ₂ | 39.09 | 38.64 | 39.53 | | | | 1(10) | |
| 20 | Thomas, Hannah | JR Northwest Na | 39.01m 128' 0" | 38.06 | 38.73 | 39.01 | | | | 1(11) | |
| 21 | Gronbach, Mariah | FR Western Ore | 36.57m 120' 0" | 36.31 | 36.57 | 36.33 | | | | 1(12) | |
| | Lytle, Clare | SO Central Wash | NM | FOUL | FOUL | FOUL | | | | | 1 |

FLIGHT RESULTS

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | |
|----------------------|-------------------|------------------|--|-------|-------|-------|-------|-------|-------|--|
| Flight 1 of 2 | | | | | | | | | | |
| 1 | Falck, Alecia | SO Western Ore | 43.55m 142' 10 ³ / ₄ | 43.19 | 43.01 | 43.55 | | | | |
| 2 | White, Nicole | FR Concordia (O) | 43.51m 142' 9 ¹ / ₄ | 39.10 | 43.32 | 43.51 | | | | |
| 3 | La Rue, Samantha | FR Central Wash | 42.52m 139' 6 ¹ / ₄ | 42.52 | FOUL | FOUL | | | | |
| 4 | Hagadorn, Miranda | SO Northwest Na | 42.19m 138' 5 ¹ / ₄ | 41.42 | 42.19 | FOUL | | | | |
| 5 | Roberts, Sophia | SO Western Was | 42.09m 138' 1 ¹ / ₄ | 40.45 | 42.09 | FOUL | | | | |

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RESULTS

Women's Hammer (cont'd)

| Pl | Name | Yr | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----|-------------------|----|--------------|---|-------|-------|-------|-------|-------|-------|
| 6 | Mumford, Angela | FR | Central Wash | 41.59m 136' 5 ³ / ₄ | 41.59 | FOUL | 41.33 | | | |
| 7 | Korolenko, Sasha | FR | Northwest Na | 40.75m 133' 8 ¹ / ₂ | 40.75 | FOUL | FOUL | | | |
| 8 | Snowden, Elise | FR | Northwest Na | 40.64m 133' 4 ¹ / ₄ | 40.03 | 40.64 | FOUL | | | |
| 9 | Short, Amanda | SO | Western Oreg | 39.96m 131' 1 ¹ / ₂ | 39.96 | 37.80 | FOUL | | | |
| 10 | Stringari, Taylor | FR | MSU-Billings | 39.53m 129' 8 ¹ / ₂ | 39.09 | 38.64 | 39.53 | | | |
| 11 | Thomas, Hannah | JR | Northwest Na | 39.01m 128' 0" | 38.06 | 38.73 | 39.01 | | | |
| 12 | Gronbach, Mariah | FR | Western Oreg | 36.57m 120' 0" | 36.31 | 36.57 | 36.33 | | | |
| | Lytle, Clare | SO | Central Wash | NM | FOUL | FOUL | FOUL | | | |

Flight 2 of 2

| | | | | | | | | | | |
|---|----------------------|----|----------------|---|-------|-------|-------|-------|-------|-------|
| 1 | Warren, McKenzie | SR | Concordia (O | # 58.14m 190' 9 ¹ / ₄ | 55.08 | 56.13 | 58.14 | FOUL | 56.14 | 55.50 |
| 2 | Neale, Kirby | SR | Saint Martin's | # 58.05m 190' 5 ³ / ₄ | 49.67 | 58.05 | 57.62 | FOUL | FOUL | FOUL |
| 3 | Willing, Tasha | FR | Concordia (O | % 54.96m 180' 4" | 52.03 | 53.36 | 54.96 | 53.76 | 53.40 | FOUL |
| 4 | MacDonald, Christina | JR | Concordia (O | 51.61m 169' 4 ¹ / ₄ | 49.65 | 45.55 | 51.61 | FOUL | FOUL | FOUL |
| 5 | Larson, Liz | SO | Saint Martin's | 50.11m 164' 5" | 43.23 | 50.11 | FOUL | FOUL | FOUL | FOUL |
| 6 | Tensley, Joselynn | FR | Concordia (O | 49.58m 162' 8 ¹ / ₄ | 49.58 | 45.49 | FOUL | 46.38 | FOUL | 48.82 |
| 7 | Dean, Sylvia | JR | Western Oreg | 48.18m 158' 1" | 43.60 | 48.18 | 45.75 | 46.09 | 45.61 | 46.00 |
| 8 | McKinnis, Rachel | SR | Concordia (O | 48.13m 157' 11 ¹ / ₄ | FOUL | 48.13 | 47.97 | 47.06 | 46.07 | FOUL |
| 9 | Homer, Aiyana | JR | Central Wash | 44.56m 146' 2 ¹ / ₂ | 43.11 | 42.71 | 44.56 | FOUL | 43.17 | FOUL |

Women's Javelin

| | | | | | |
|----|----------------|--------|-----------------|--------------------|------|
| % | Championship | 50.19m | Katie Reichert | Western Washington | 2016 |
| # | GNAC | 52.29m | Bethany Drake | Western Washington | 2016 |
| \$ | McArthur Field | 51.26m | Kelsey Stellick | Oregon | 1995 |

| Pl | Name | Yr | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|--------------------------|----|----------------|--|-------|-------|-------|-------|-------|-------|-------|-----|
| 1 | Drake, Bethany | SR | Western Was | # 52.40m 171' 11 ¹ / ₄ | 46.63 | 45.45 | 46.14 | 52.40 | 46.09 | 47.90 | 2(1) | 10 |
| 2 | Spiller, Jona | SO | Saint Martin's | 46.03m 151' 0 ¹ / ₂ | 40.84 | 39.78 | 36.00 | 38.18 | 43.99 | 46.03 | 2(2) | 8 |
| 3 | Nobbs, Nicole | SO | Northwest Na | 42.29m 138' 9 ¹ / ₄ | 39.29 | 42.29 | 40.49 | 40.30 | 35.44 | 38.61 | 1(1) | 6 |
| 4 | Avalos, Deanna | JR | Saint Martin's | 42.12m 138' 2 ¹ / ₂ | 38.71 | 39.62 | 42.06 | 42.12 | FOUL | 39.55 | 2(3) | 5 |
| 5 | Snowden, Elise | FR | Northwest Na | 41.80m 137' 2" | 39.26 | 37.00 | 41.80 | 39.32 | 34.10 | 38.00 | 1(2) | 4 |
| 6 | Whistocken, Angelique | SR | Central Wash | 41.72m 136' 10 ³ / ₄ | 41.72 | 35.44 | 37.57 | 34.78 | 34.23 | 37.16 | 2(4) | 3 |
| 7 | Logan, Ellie | SO | Northwest Na | 41.71m 136' 10 ¹ / ₂ | 37.04 | 40.51 | 40.99 | 39.80 | 41.71 | 40.08 | 2(5) | 2 |
| 8 | Korff, Halie | FR | Western Oreg | 41.01m 134' 6 ³ / ₄ | 41.01 | 34.51 | 35.71 | 35.35 | FOUL | 37.16 | 1(3) | 1 |
| 9 | Chappell, Emma | FR | Concordia (O | 40.83m 133' 11 ³ / ₄ | 39.26 | 38.25 | 40.83 | 33.64 | 33.61 | 37.06 | 1(4) | |
| 10 | Markham, Sammi | SR | Seattle Pacifi | 40.58m 133' 2" | 39.82 | 37.42 | 40.58 | | | | 2(6) | |
| 11 | MacDonald, Christina | JR | Concordia (O | 39.99m 131' 2 ³ / ₄ | 38.46 | 34.43 | 39.99 | | | | 2(7) | |
| 12 | Limas De La Cruz, Sheila | SO | Western Oreg | 38.81m 127' 4 ¹ / ₄ | 38.67 | 38.29 | 38.81 | | | | 2(8) | |
| 13 | Huffman, Rachael | SR | Western Oreg | 38.55m 126' 6" | 37.97 | 38.55 | 36.40 | | | | 1(5) | |
| 14 | Palmiter, Claire | SR | Saint Martin's | 38.55m 126' 6" | FOUL | 38.55 | 35.27 | | | | 1(5) | |
| 15 | Myers, Kylie | FR | Western Oreg | 37.37m 122' 7 ¹ / ₂ | 35.96 | 34.84 | 37.37 | | | | 1(7) | |
| 16 | Walker, Kathryn | SR | Saint Martin's | 36.82m 120' 10" | 34.18 | 34.98 | 36.82 | | | | 1(8) | |
| 17 | Greninger, Kaylie | JR | Western Was | 36.81m 120' 9 ¹ / ₂ | 35.37 | 36.81 | 31.33 | | | | 1(9) | |
| 18 | Lombard-Chappell, Sayana | JR | Central Wash | 34.48m 113' 1 ³ / ₄ | FOUL | 34.48 | 34.34 | | | | 1(10) | |
| 19 | Short, Amanda | SO | Western Oreg | 34.27m 112' 5 ¹ / ₂ | 33.15 | 34.27 | FOUL | | | | 2(9) | |
| 20 | Steinbeisser, Hailey | FR | MSU-Billings | 31.77m 104' 3" | 30.06 | 31.77 | 31.51 | | | | 1(11) | |

FLIGHT RESULTS

2017 GNAC OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Monmouth, OR
Western Oregon University
5/12/2017 - 5/13/2017



OFFICIAL MEET REPORT
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RESULTS

Women's Javelin (cont'd)

| Pl | Name | Yr Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----------------------|--------------------------|-------------------|--|-------|-------|-------|-------|-------|-------|
| Flight 1 of 2 | | | | | | | | | |
| 1 | Nobbs, Nicole | SO Northwest Na | 42.29m 138' 9 ¹ / ₄ " | 39.29 | 42.29 | 40.49 | 40.30 | 35.44 | 38.61 |
| 2 | Snowden, Elise | FR Northwest Na | 41.80m 137' 2" | 39.26 | 37.00 | 41.80 | 39.32 | 34.10 | 38.00 |
| 3 | Korff, Haie | FR Western Oreg | 41.01m 134' 6 ³ / ₄ " | 41.01 | 34.51 | 35.71 | 35.35 | FOUL | 37.16 |
| 4 | Chappell, Emma | FR Concordia (O | 40.83m 133' 11 ³ / ₄ " | 39.26 | 38.25 | 40.83 | 33.64 | 33.61 | 37.06 |
| 5 | Huffman, Rachael | SR Western Oreg | 38.55m 126' 6" | 37.97 | 38.55 | 36.40 | | | |
| 5 | Palmiter, Claire | SR Saint Martin's | 38.55m 126' 6" | FOUL | 38.55 | 35.27 | | | |
| 7 | Myers, Kylie | FR Western Oreg | 37.37m 122' 7 ¹ / ₂ " | 35.96 | 34.84 | 37.37 | | | |
| 8 | Walker, Kathryn | SR Saint Martin's | 36.82m 120' 10" | 34.18 | 34.98 | 36.82 | | | |
| 9 | Greninger, Kaylie | JR Western Was | 36.81m 120' 9 ¹ / ₂ " | 35.37 | 36.81 | 31.33 | | | |
| 10 | Lombard-Chappell, Sayana | JR Central Wash | 34.48m 113' 1 ³ / ₄ " | FOUL | 34.48 | 34.34 | | | |
| 11 | Steinbeisser, Hailey | FR MSU-Billings | 31.77m 104' 3" | 30.06 | 31.77 | 31.51 | | | |
| Flight 2 of 2 | | | | | | | | | |
| 1 | Drake, Bethany | SR Western Was | # 52.40m 171' 11 ¹ / ₄ " | 46.63 | 45.45 | 46.14 | 52.40 | 46.09 | 47.90 |
| 2 | Spiller, Jona | SO Saint Martin's | 46.03m 151' 0 ¹ / ₂ " | 40.84 | 39.78 | 36.00 | 38.18 | 43.99 | 46.03 |
| 3 | Avalos, Deanna | JR Saint Martin's | 42.12m 138' 2 ¹ / ₂ " | 38.71 | 39.62 | 42.06 | 42.12 | FOUL | 39.55 |
| 4 | Whistocken, Angelique | SR Central Wash | 41.72m 136' 10 ³ / ₄ " | 41.72 | 35.44 | 37.57 | 34.78 | 34.23 | 37.16 |
| 5 | Logan, Ellie | SO Northwest Na | 41.71m 136' 10 ¹ / ₂ " | 37.04 | 40.51 | 40.99 | 39.80 | 41.71 | 40.08 |
| 6 | Markham, Sammi | SR Seattle Pacifi | 40.58m 133' 2" | 39.82 | 37.42 | 40.58 | | | |
| 7 | MacDonald, Christina | JR Concordia (O | 39.99m 131' 2 ³ / ₄ " | 38.46 | 34.43 | 39.99 | | | |
| 8 | Limas De La Cruz, Sheila | SO Western Oreg | 38.81m 127' 4 ¹ / ₄ " | 38.67 | 38.29 | 38.81 | | | |
| 9 | Short, Amanda | SO Western Oreg | 34.27m 112' 5 ¹ / ₂ " | 33.15 | 34.27 | FOUL | | | |

#2 Women's Outdoor Heptathlon

| Pl | Name | Points | 100H | High Jump | Shot Put | 200 | Long Jump | Javelin | 800 |
|----|--|--------|------------------------|--|--|------------------------|--|---|--------------------|
| 1 | Anders, Karolin Alaska Anchorage Team Points: 10 | 5032 | 15.54 (+0.8) 772 | 1.62m 5' 3 ³ / ₄ " 759 | 12.52m 41' 1 ¹ / ₄ " 696 | 26.08 (+2.2) 790 | 5.26m 17' 3 ¹ / ₄ " (+2.6) 631 | 37.03m 121' 6 ¹ / ₄ " 610 | 2:23.71 774 |
| 2 | Cai, Scout Seattle Pacific Team Points: 8 | 4894 | 16.34 (+0.8) 673 | 1.68m 5' 6" 830 | 10.16m 33' 4 ¹ / ₄ " 540 | 25.81 (+2.2) 814 | 5.23m 17' 2" (+2.0) 623 | 35.66m 117' 0 ¹ / ₄ " 584 | 2:19.49 830 |
| 3 | Benner, Brooke Seattle Pacific Team Points: 6 | 4579 | 15.64 (+1.3) 759 | 1.62m 5' 3 ³ / ₄ " 759 | 8.44m 27' 8 ¹ / ₂ " 428 | 25.89 (+2.2) 807 | 5.12m 16' 9 ³ / ₄ " (+1.9) 592 | 26.24m 86' 1 ¹ / ₄ " 406 | 2:19.65 828 |
| 4 | Greninger, Kaylie Western Washingto Team Points: 5 | 4570 | 16.30 (+2.0) 678 | 1.50m 4' 11" 621 | 10.57m 34' 8 ¹ / ₂ " 567 | 26.78 (+2.2) 730 | 4.99m 16' 4 ¹ / ₂ " (+2.0) 557 | 37.35m 122' 6 ³ / ₄ " 617 | 2:21.76 800 |
| 5 | Ortega, HarLee Central Washington Team Points: 4 | 4558 | 15.38 (+0.8) 792 | 1.53m 5' 0 ¹ / ₄ " 655 | 10.24m 33' 7 ¹ / ₂ " 545 | 26.71 (+2.2) 736 | 5.05m 16' 7" (+1.9) 573 | 34.65m 113' 8 ¹ / ₂ " 565 | 2:30.06 692 |
| 6 | Jeschke, Yvonne Alaska Anchorage Team Points: 3 | 4520 | 15.76 (+1.3) 744 | 1.50m 4' 11" 621 | 8.67m 28' 5 ¹ / ₂ " 443 | 27.00 (+0.9) 712 | 4.97m 16' 3 ³ / ₄ " (+1.6) 551 | 35.16m 115' 4 ¹ / ₂ " 575 | 2:16.33 874 |
| 7 | Cano, Elena Alaska Anchorage Team Points: 2 | 4518 | 15.08 (+0.8) 831 | 1.50m 4' 11" 621 | 8.87m 29' 1 ¹ / ₂ " 456 | 26.50 (+2.2) 754 | 5.20m 17' 0 ³ / ₄ " (-0.2) 614 | 27.00m 88' 7 ¹ / ₄ " 420 | 2:20.11 822 |

2017 GNAC OUTDOOR TRACK & FIELD CHAMPIONSHIPS

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 Western Oregon University
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OFFICIAL MEET REPORT
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RESULTS

#2 Women's Outdoor Heptathlon (cont'd)

| Pl | Name | Points | 100H | High Jump | Shot Put | 200 | Long Jump | Javelin | 800 |
|----|--|--------|-----------------|--------------------|---------------------|-----------------|----------------------------|-----------------------|---------|
| 8 | Anderson, Ali Central Washington | 4439 | 16.09 (+1.3) | 1.41m 4' 7 1/2" | 9.37m 30' 9 1/4" | 25.46 (+2.2) | 5.07m 16' 7 3/4 (+0.3) | 27.12m 89' 0" | 2:15.88 |
| | Team Points: 1 | | 703 | 523 | 488 | 845 | 578 | 422 | 880 |
| 9 | Conklin, Katie Northwest Nazarene | 4244 | 15.53 (+2.0) | 1.59m 5' 2 1/2" | 8.46m 27' 9 1/4" | 27.88 (+0.9) | 5.15m 16' 10 3/4 (+1.9) | 27.36m 89' 9 1/2" | 2:33.49 |
| | | | 773 | 724 | 429 | 640 | 601 | 427 | 650 |
| 10 | Lehnert, Geneva Seattle Pacific | 4019 | 17.49 (+2.0) | 1.59m 5' 2 1/2" | 8.30m 27' 3" | 27.02 (+2.2) | 5.02m 16' 5 3/4 (+1.8) | 27.18m 89' 2 1/4" | 2:34.62 |
| | | | 542 | 724 | 419 | 710 | 565 | 423 | 636 |
| 11 | Meadows, Shaddia Central Washington | 3776 | 17.07 (+1.7) | 1.50m 4' 11" | 8.26m 27' 1 1/2" | 27.91 (+0.9) | 4.78m 15' 8 1/4 (+0.7) | 28.87m 94' 9" | 2:41.40 |
| | | | 589 | 621 | 416 | 638 | 500 | 455 | 557 |
| 12 | Duval, Lauren Northwest Nazarene | 3673 | 16.14 (+1.3) | 1.53m 5' 0 1/4" | 7.48m 24' 6 3/4" | 28.94 (+0.9) | 4.72m 15' 6" (+0.5) | 21.65m 71' 0 3/4" | 2:38.39 |
| | | | 697 | 655 | 366 | 559 | 485 | 320 | 591 |
| 13 | Pott, Tiffany Saint Martin's | 3551 | 17.55 (+1.7) | 1.53m 5' 0 1/4" | 8.50m 27' 11" | 29.04 (+0.9) | 4.56m 14' 11 1/2 (+1.2) | 29.27m 96' 0 3/4" | 2:49.26 |
| | | | 536 | 655 | 432 | 551 | 443 | 463 | 471 |
| 14 | Griffith, Emily Western Oregon | 3486 | 19.24 (+1.7) | 1.29m 4' 2 3/4" | 9.94m 32' 7 1/2" | 28.42 (+0.9) | 4.49m 14' 8 3/4 (+1.5) | 30.96m 101' 7 1/4" | 2:31.49 |
| | | | 368 | 399 | 526 | 598 | 426 | 495 | 674 |

Men's Scores

| Pl | Team | Code | Score |
|----|--------------------|------|-------|
| 1 | Alaska Anchorage | ALAN | 134 |
| 2 | Western Washington | WEWA | 132 |
| 3 | Concordia (Ore.) | COOR | 109 |
| 4 | Western Oregon | WEOR | 107 |
| 5 | Northwest Nazarene | NONA | 104 |
| 6 | Central Washington | CEWA | 85 |
| 7 | MSU-Billings | MSUB | 58 |
| 8 | Simon Fraser | SIMO | 51 |
| 9 | Saint Martin's | STMA | 22 |
| 10 | Seattle Pacific | SEPA | 16 |

Women's Scores

| Pl | Team | Code | Score |
|----|--------------------|------|-------|
| 1 | Alaska Anchorage | ALAN | 158 |
| 2 | Simon Fraser | SIMO | 131.5 |
| 3 | Central Washington | CEWA | 116 |
| 4 | Seattle Pacific | SEPA | 109.5 |
| 5 | Western Washington | WEWA | 90 |
| 6 | Concordia (Ore.) | COOR | 85 |
| 7 | Saint Martin's | STMA | 46 |
| 8 | Northwest Nazarene | NONA | 38 |
| 9 | Western Oregon | WEOR | 36 |
| 10 | MSU-Billings | MSUB | 7 |