



Apr. 27, 2022 • Week 15
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GNAC Track & Field At A Glance

THIS WEEK'S MEETS

Fri., Apr. 29-Sat., Apr. 30

Montana State Billings, Northwest Nazarene at Bengal Invite, Pocatello, Idaho
Central Washington, Western Oregon at OSU High Performance Meet, Corvallis, Ore.

Sat., Apr. 30

Alaska Anchorage, Central Washington, Saint Martin's, Seattle Pacific, Simon Fraser, Western Washington at Ralph Vernacchia Invitational, Bellingham, Wash.
Seattle Pacific at Fresno State Invitational, Fresno, Calif.
Simon Fraser at SFU High Performance #2, Burnaby, B.C.

LAST WEEK'S MEETS

Thurs., Apr. 21-Fri., Apr. 22

Trudnowski Open

at Vigilante Field, Helena, Mont.

Women's Team Scores: Carroll (Mont.) 256, Montana State Billings 108, Providence (Mont.) 92, Rocky Mountain 59, Montana Western 13.

Women (Top 3 GNAC Finishers): 100 Meters - 3, Madison Thompson, MSUB, 13.21. 400 Meters - 2, Madeline Severson, MSUB, 1:01.55. 5,000 Meters - 3, Kit Wiersema, MSUB, 21:24.71. 100 Hurdles - 3, Whitney Herden, MSUB, 17.59. 400 Hurdles - 2, Sierra Durbin, MSUB, 1:10.25. 4x100 Relay - 2, Montana State Billings (Thompson, Hamill, Bohl, Clark), 56.32. 4x400 Relay - 3, Montana State Billings (Severson, Durbin, Hamill, Whitmer), 4:20.92. High Jump - 2, Madeline Severson, MSUB, 4-9. Long Jump - 1, Madeline Severson, MSUB, 17-0.75. Shot Put - 2, Dakota Lobmeyer, MSUB, 39-8.75. Javelin - 3, Jordan Cookman, MSUB, 100-3.

Men's Team Scores: Carroll (Mont.) 220, Providence (Mont.) 116, Rocky Mountain 70, Montana State Billings 70, Montana Western 22, Ascent Endurance Group 8, Montana St.-Northern 4.

Men (Top 3 GNAC Finishers): 100 Meters - 3, Favor Okere, MSUB, 11.52. 110 Hurdles - 2, Bradley Graves, MSUB, 15.73. 4x100 Relay - 2, Montana State Billings (Ullery, Graves, Okere, Ralston), 43.66. Triple Jump - 2, Garrett McMillen, MSUB, 42-10.25. Shot Put - 2, Braden Anderson, MSUB, 46-5.5. Hammer - 2, Coen Giusti, MSUB, 156-8. Javelin - 2, Ryder Klein, MSUB, 153-10.

Fri., Apr. 22

EOU Open

at Banner Bank Track, La Grande, Ore.

Women (Top 3 GNAC Finishers): 200 Meters - 2, Abbey Wood, NNU, 25.59; 3, Kalli Brence, NNU, 25.77. 400 Meters - 1, Laine DeJong, NNU, 59.92; 3, Abbey Wood, NNU, 1:00.93. 800 Meters - 2, Kalen Belton, NNU, 2:26.44. 1,500 meters - 2, Kalen Belton, NNU, 4:56.05. 4x100 Relay - 2, Northwest Nazarene (Wood, Fouse, Katie Baniaga, Kayla Baniaga), 49.50. High Jump - 1, Miya Koch, NNU, 5-3.75. Pole Vault - 1, Julie Cheney, NNU, 12-3.5. Long Jump - 1, Emma Clark, NNU, 18-0; 2, Laine DeJong, NNU, 17-1. Triple Jump - 1, Emma Clark, NNU, 36-9; 2, Ellie Alberts, NNU, 35-5.75. Shot Put - 3, Destany Herbert, NNU, 38-11.75. Javelin - 1, Nizhoni Buckway, NNU, 126-3.

Men (Top 3 GNAC Finishers): 100 Meters - 3, Cameron Willey, NNU, 11.02. 200 Meters - 1, Hunter Braseth, NNU, 22.00. 400 Meters - 2, Hunter Braseth, NNU, 50.95. 800 Meters - 3, Tyler Shea, NNU, 1:56.61. 1,500 Meters - 1, Tyler Shea, NNU, 3:56.90. 110 Hurdles - 2, Steven Schmidt, NNU, 15.56; 3, Turner Nye, NNU, 16.20. 4x100 Relay - 2, Northwest Nazarene (Wong, Braseth, Willey, Hunt), 43.04. High Jump - 1, Gerohm Rihari, NNU, 6-5.5. Long Jump - 2, Gerohm Rihari, NNU, 22-6.25; 3, Steven Schmidt, NNU, 21-10.75. Hammer - 2, Derek Knight, NNU, 151-4. Javelin - 1, Laurenz Waldbauer, NNU, 191-7; 3, Abe Mitchell, NNU, 146-0.

Fri., Apr. 22-Sat., Apr. 23

Oregon Relays

at Hayward Field, Eugene, Ore.

Women (Top 3 GNAC Finishers): Long Jump - 3, Jenelle Hurley, WOU, 19-0. Triple Jump - 3, Ana Popchok, WOU, 37-9.25.

Men (Top 3 GNAC Finishers): 800 Meters - 3, Justin Crosswhite, WOU, 1:52.09. Triple Jump - 3, Marley Harrison, WOU, 45-1.75.

Sat., Apr. 23

CWU Wildcat Invitational

at Recreation Sport Complex, Ellensburg, Wash.

Women (Top 3 GNAC Finishers): 100 Meters - 2, E'lexis Hollis, CWU, 12.10; 3, Makenna Hansen, CWU, 12.24. 200 Meters - 2, Aniya Green, SPU, 25.86. 800 Meters - 2, Libby Michael, SPU, 2:19.69. 1,500 Meters - 1, Ellie Rising, SPU, 4:44.99. 3,000 Meters - 1, Cassidy Walchak-Sloan, SMU, 10:28.60; 2, Nicki Yorges, SPU, 10:38.21; 3, Naomi Hartley, SMU, 10:40.27. 5,000 Meters - 1, Brittany Aquino, WWU, 19:19.41; 2, Molly Mattson, CWU, 19:33.61;

3, Zoie Mastin, CWU, 20:03.83. 100 Hurdles - 1, Lauryn Chandler, CWU, 14.51. 400 Hurdles - 1, McCall DeChenne, CWU, 1:03.20. 4x100 Relay - 1, Central Washington, 47.75; 2, Saint Martin's, 49.54; 3, Western Washington, 49.67. 4x400 Relay - 2, Central Washington, 4:06.24. High Jump - Tie 1, Kylie Griffin, CWU, 5-2.25; Tie 1, Aliyah Dawkins, WWU, 5-2.25; 3, Leanne Kibbee, WWU, 5-0.25. Long Jump - 1, Peace Igbonagwam, SPU, 19-8.25; 2, Aliyah Dawkins, WWU, 18-4.5; 3, Lainnie Lyamba, WWU, 18-3.25. Triple Jump - 2, Erica Cabanos, CWU, 37-1.75.; 3, Lainnie Lyamba, WWU, 35-0.5. Shot Put - 2, Katie Potts, WWU, 44-2; 3, Avery Fisk, CWU, 43-10.5. Discus - 3, Katie Potts, WWU, 139-5. Hammer - 1, Raine Westfall, WWU, 163-7; 3, Mercedes Pesina, CWU, 150-9.

Men (Top 3 GNAC Finishers): 100 Meters - 3, Zachary Davis, CWU, 10.88. 200 Meters - 3, Bryan Sidor, CWU, 22.10. 800 Meters - 1, Will Henry, WWU, 1:53.87; 2, Jonah Bloom, WWU, 1:54.85; 3, Brock Knowles, WWU, 1:55.56. 1,500 Meters - 2, Jon Owen, SPU, 4:01.36; 3, Rajesh Gill, CWU, 4:02.62. 3,000 Meters - 1, Lance Slichko, SMU, 8:45.83; 3, Isaac Cortes, SMU, 8:56.27. 110 Hurdles - 1, Aiden Wise, CWU, 14.82; 2, Andrew Boyd, SMU, 14.87; 3, Drew Klein, CWU, 15.26. 400 Hurdles - 1, Austin Albertin, CWU, 54.62; 2, Reilly Williams, CWU, 56.17. Steeplechase - 2, Jason Blinn, WWU, 9:47.48; 3, Espen Diamond, CWU, 10:09.18. 4x100 Relay - 1, Central Washington, 41.87; 2, Western Washington, 42.03. 4x400 Relay - 2, Central Washington, 3:24.57; 3, Western Washington, 3:24.96. High Jump - 2, Beau Sheeran, WWU, 6-9.75; 3, Ethan Sterkel, WWU, 6-4. Long Jump - 1, Josh Schulz, SMU, 23-6.75; 2, Ethan Sterkel, WWU, 23-4.5. Triple Jump - 1, Josh Schulz, SMU, 45-11.75; 2, Christopher Hines, CWU, 44-4; 3, Seren Dances, WWU, 43-3.75. Shot Put - 2, Ben Malquist, WWU, 51-8.5. Javelin - 1, Jaydon Tryon, WWU, 184-5.

GNAC Athletes of the Week



MEN'S TRACK
Aiden Wise, Central Washington
 Freshman • Ridgefield, Wash.

Wise won the 110-meter hurdles at the CWU Wildcat Invitational with a time of 14.82 seconds. The mark ranks No. 4 in the GNAC this season.

Also Nominated: Favor Okere (Montana State Billings), Tyler Shea (Northwest Nazarene), Andrew Boys (Saint Martin's), Justin Crosswhite (Western

Oregon), Ryan Greenwalt (Western Washington).



WOMEN'S TRACK
Lauryn Chandler, Central Washington
 Junior • Bremerton, Wash.

Chandler assured the Wildcats a sweep of the high hurdles races at the CWU Wildcat Invitational on Saturday, winning in a time of 14.51 seconds. She beat a field of 15 competitors.

Also Nominated: Madeline Severson (Montana State Billings), Abbey Wood (Northwest Nazarene),

Cree Bell (Northwest Nazarene), Jenelle Hurley (Western Oregon), Brittany Aquino (Western Washington).



MEN'S FIELD
Laurenz Waldbauer, Northwest Nazarene
 Freshman • Vilabiburg, Germany

Waldbauer became the fourth GNAC athlete this season to provisionally qualify for the NCAA Championships in the javelin, winning the event at the Eastern Oregon Open on Friday. His mark of 191 feet, 8 inches ranks 33rd in Division II and fourth in the GNAC this season and is No. 7 on the NNU all-time list.

Also Nominated: Chris Hines (Central Washington), Coen Guisti (Montana State Billings), Josh Schulz (Saint Martin's), Samuel Cole (Western Oregon), Ethan Sterkel (Western Washington).



WOMEN'S FIELD
Peace Igbonagwam, Seattle Pacific
 Senior • Fairview, Ore.

Igbonagwam won the long jump at Saturday's CWU Wildcat Invitational with a mark of 19 feet, 8.25 inches. The performance ranks No. 2 on the GNAC all-time list, No. 4 on the SPU all-time list and is tied for 10th in Division II this season. The jump marked the second time in her career that Igbonagwam has surpassed 19 feet outdoors.

Also Nominated: Kylie Griffin (Central Washington), Madeline Severson (Montana State Billings), Julie Cheney (Northwest Nazarene), Jocelyn Saribay (Saint Martin's), Ana Popchok (Western Oregon), Raine Westfall (Western Washington).

Past GNAC Athletes of the Week

Date	Men's Track	Men's Field	Women's Track	Women's Field
Nov. 29-Dec. 5	Cooper Cummings, WWU	No Selection	Aliyah Dawkins, WWU	No Selection
Dec. 6-12	Mac Franks, WWU	David Njeri, SPU	Annika Esvelt, SPU	Meagan Smallbeck, CWU
Jan. 10-16	Aaron Ahl, SFU Joshua Wagner, UAA	Ethan Sterkel, WWU	Alison Andrews-Paul, SFU	Meagan Smallbeck, CWU
Jan. 17-23	Ase Ackerman, MSUB	Owen Collins, WOU	Juliette Williams, CWU	Erica Cabanos, CWU
Jan. 24-30	Aaron Ahl, SFU	Ethan Sterkel, WWU	Annika Esvelt, SPU	Jenelle Hurley, WOU
Jan. 31-Feb. 6	Austin Albertin, CWU	Ethan Sterkel, WWU	Ana Popchok, WOU	Jenelle Hurley, WOU
Feb. 7-13	Callum Robinson, SFU	Steven Schmidt, NNU	Alison Andrews-Paul, SFU	Peace Igbonagwam, SPU
Feb. 21-27	Mac Franks, WWU	Ethan Sterkel, WWU	Mia Crocker, WWU	Aliyah Dawkins, WWU
Feb. 28-Mar. 6	Sean Sands, WWU	Austin Goldstein, WOU	Cassidy Walchak-Sloan, SMU	Amanda Short, WWU
Mar. 7-13	Andrew Boyd, SMU	Josh Schulz, SMU	Ila Davis, WWU	Raine Westfall, WWU
Mar. 14-20	Joshua Wagner, UAA	Josh Schulz, SMU	Elena Cano, UAA	Kaylee Wright, WOU
Mar. 21-27	Tyler Shea, NNU	Austin Goldstein, WOU	Tylantiss Atlas, UAA	Elena Cano, UAA
Mar. 28-Apr. 3	Coleman Nash, UAA Charlie Dannatt, SFU	David Njeri, SPU	Alison Andrews-Paul, SFU	Amanda Short, WWU
Apr. 4-10	Aaron Ahl, SFU	Damian Mercado, WWU	Alison Andrews-Paul, SFU	Erica Cabanos, CWU
Apr. 11-17	Aaron Ahl, SFU	Jarrett Chong, SFU	Alison Andrews-Paul, SFU	Kaylee Wright, WOU
Apr. 18-24	Aiden Wise, CWU	Laurenz Waldbauer, NNU	Lauryn Chandler, CWU	Peace Igbonagwam, SPU

Complete Player of the Week releases are available online at GNACsports.com.

Around The GNAC

ALASKA ANCHORAGE



- Alaska Anchorage did not compete last week. The Seawolves return to action on Saturday at the Ralph Vernacchia Invitational in Bellingham, Wash.
- A trio of GNAC top-10 performances for sophomores **Joshua Wagner** and **Coleman Nash** and junior **Enrique Campbell** led Alaska Anchorage at the Bryan Clay Invitational and the Beach Invitational.
- Wagner reset his own UAA record in the men's 110-meter hurdles, clocking 14.22 seconds at Bryan Clay. The time is No. 2 on the GNAC all-time list behind the record of 14.19 set by Western Washington's Travis Milrbandt in 2016 and is tied for 17th in Division II this season.
- Campbell broke the UAA record in the men's 100 meters, running 10.59 seconds at Bryan Clay to eclipse the previous record of 10.65 by Oshane Hylton in 2018. The time also ranks No. 10 on the GNAC all-time list, the first change to the list since 2019.
- Nash notched an NCAA Championships provisional qualifying time in the men's 10,000 meters at Bryan Clay. His time of 29:24.40 is 18th in Division II this season and No. 4 on the GNAC all-time list.
- Junior **Jacob Moos** had the lone top-three performance for the Seawolves in either meet, placing third in the second section of the 5,000 meters in a personal best time of 14:28.59.
- Senior **Tylantiss Atlas** was the top UAA women's performer. She turned in a time of 55.33 seconds in the 400 meters at the Bryan Clay, a time that is No. 242 in Division II this season and an NCAA Championships provisional qualifier.

CENTRAL WASHINGTON



- Central Washington posted seven individual event victories, including a sweep of all four hurdles events, as it hosted the CWU Wildcat Invitational at the CWU Sport Recreation Complex.
- Victories in the high hurdles earned two GNAC Athlete of the Week awards. Freshman **Aiden Wise** was named the Men's Track Athlete of the Week after winning the 110-meter hurdles in a time of 14.82 seconds. Junior **Lauryn Chandler** was named the Women's Track Athlete of the Week after taking the 100-meter hurdles in 14.51 seconds.
- In the 400-meter hurdles, senior **Austin Albertin** won the men's race with a time of 54.62 seconds. Junior **McCall DeChenne** was the winner in the women's race in a time of 1:03.20.
- In the field events, junior **Kylie Griffin** tied for first in the women's high jump with Western Washington's Aliyah Dawkins, clearing 5 feet, 2 inches.
- The Wildcats were winners in both 4x100-meter relay races. The women won with a time of 47.75 seconds while the men took their race in a time of 41.87 seconds.
- Sophomore **E'lexis Hollis** added a second-place finish in the women's 100 meters in a time of 12.10 seconds. Senior **Molly Mattson** was second in the women's 5,000 meters in a time of 19:33.61.
- Sophomore **Erica Cabanos** added a second-place finish in the women's triple jump with a mark of 37 feet, 1.75 inches. Junior **Chris Hines** placed second in the men's triple jump with his mark of 44 feet, 4 inches.
- Central Washington will split its squad this week with athletes at the Oregon State High Performance Meet in Corvallis and the Ralph Vernacchia Invitational in Bellingham.

MONTANA STATE BILLINGS



- Freshman **Madeline Severson's** victory in the women's long jump and two second-place finishes led Montana State Billings at the Trudnowski Open on Thursday and Friday in Helena, Montana.
- Severson claimed the long jump with a leap of 17 feet, 0.75 inches, winning the event by five inches. Severson went on to finish second in the 400 meters in 1:01.55 and in the high jump with a clearance of 4 feet, 9 inches.
- Junior **Sierra Durbin** added a second-place finish in the women's 400-meter hurdles in a time of 1:10.25. In the field events, freshman **Dakota Lobmeyer** placed second in the women's shot put with her effort of 39 feet, 8.75 inches.
- Four of the Yellowjackets' second-place men's finishes came in the field events. Freshman **Garrett McMillen** was second in the triple jump with a mark of 42 feet, 10.25 inches.
- In the throws, sophomore **Braden Anderson** was second in the men's shot put with a mark of 46 feet, 5.5 inches. Sophomore **Coen Giusti** was second in the hammer with a throw of 156 feet, 8 inches while freshman **Ryder Klein** was runner-up in the javelin at 153 feet, 10 inches.
- The Yellowjackets also took second in both 4x100-meter races with the women finishing in 56.32 seconds and the men finishing in 43.66 seconds.
- Montana State Billings heads to Pocatello, Idaho this weekend to take part in the Bengal Invite.

NORTHWEST NAZARENE



- Northwest Nazarene tallied nine first-place finishes, topped by freshman **Laurenz Waldbauer's** impressive debut, at the Eastern Oregon Open on Friday in La Grande.
- Waldbauer was named the GNAC Men's Field Athlete of the Week after he won the javelin in his first collegiate meet with a mark of 191 feet, 8 inches. The NCAA Championships provisional qualifying mark is No. 7 on the NNU all-time list and is 33rd in Division II this season.
- Freshman **Nizhoni Buckway** made it a sweep in the javelin as six of the NNU wins came in the field events. Buckway won the women's javelin with a mark of 126 feet, 3 inches.
- The Nighthawks also swept top honors in the high jump. Freshman **Miya Koch** was the winner in the women's high jump with a clearance of 5 feet, 3.75 inches while freshman **Gerohm Rihari** won the men's with a best of 6 feet, 5.5 inches.
- Freshman **Julie Cheney** earned an NCAA Championships provisional qualifying mark in the women's pole vault. Her winning clearance of 12 feet, 3.5 inches ranks No. 2 on the NNU all-time list and is tied for 41st in Division II this season.
- Sophomore **Emma Clark** completed a sweep of the women's horizontal jumps, winning the long jump with a mark of 18 feet and the triple jump with a mark of 36 feet, 9 inches.
- On the track, freshman **Laine DeJong** won the women's 400 meters in a time of 59.92 seconds while junior **Tyler Shea** won the men's 1,500 in a time of 3:56.90.
- Northwest Nazarene will conclude the regular season at the Bengal Invite on Friday and Saturday in Pocatello, Idaho.

Around The GNAC

SAINT MARTIN'S



- Sophomore **Andrew Boyd's** school record in the men's 110-meter hurdles led Saint Martin's performances at Saturday's CWU Wildcat Invitational in Ellensburg, Washington.
- Boyd took second in the race with a time of 14.87 seconds, breaking the previous SMU record of 14.95 seconds set by

David Durden in 2014.

- Saint Martin's had a total of four event winners on the day, two of which came in the men's field events. Senior **Josh Schulz** set a personal best in the men's long jump with a winning mark of 23 feet, 6.75 inches that leads the GNAC this season. Schulz also won the triple jump with a mark of 45 feet, 11.75 inches.
- The Saints also earned both victories in the 3,000 meters. Freshman **Cassidy Walchak-Sloan** was the winner in the women's race in a time of 10:28.60. Junior **Lance Slichko** won the men's event in a time of 8:45.83.
- The women's 4x100-meter relay also snared a second-place finish, clocking a time of 49.54 seconds.
- Saint Martin's will conclude its regular season on Saturday, competing in the Ralph Vernacchia Invitational in Bellingham.

SEATTLE PACIFIC



- Senior **Peace Igbonagwam's** big victory in the women's long jump paced Seattle Pacific's performances at the CWU Wildcat Invitational.
- Igbonagwam was named the GNAC Women's Field Athlete of the Week after she won the long jump with a mark of 19 feet, 8.25 inches that ranks No. 2 on the GNAC all-time list.

The NCAA Championships provisional qualifying mark is tied for 10th in Division II this season. It is the fifth time in her career she has surpassed 19 feet, but only the second time outdoors.

- Sophomore **Ellie Rising** was the Falcons' other event winner on the day, taking the women's 1,500 meters in a time of 4:44.99. She was a half-second ahead of Eastern Washington's Lily Fetzer.
- Sophomore **Jon Owen** added a second-place finish in the men's 1,500 meters, turning in a time of 4:01.36. **Drew Thompson** placed fourth in a time of 4:04.69.
- The Falcons received a trio of second-place women's finishes on the track. Sophomore **Aniya Green** placed second in the 200 meters in 25.86 seconds. Junior **Libby Michael** was second in the 800 meters in 2:19.69 and freshman **Nicki Yorges** was second in the 3,000 meters in 10:38.21.
- For the men, senior **Colin Boutin** placed fifth in the 3,000 meters in a time of 8:58.18. Sophomore **Kainoa Lee** led the way in the field events, placing seventh in the pole vault with a mark of 14 feet, 4 inches.
- Most of the SPU squad will be in Bellingham on Saturday for the Ralph Vernacchia Invitational. A select group of athletes will travel to Clovis, California to take part in the Fresno State Invitational.



SIMON FRASER

- Simon Fraser did not compete last week. The team will have athletes at both the Ralph Vernacchia Invitational in Bellingham and at its own SFU High Performance No. 2 meet in Burnaby, both on Saturday.
- Junior **Alison Andrews-Paul's** Division II record performance in the women's 800 meters led Simon Fraser as it competed in the Bryan Clay Invitational, the Mount SAC Relays and the Beach Invitational.
- Running at the Bryan Clay, Andrews-Paul placed fourth in the top section of the 800 in a Division II record time of 2:01.43. That eclipsed the previous Division II record of 2:02.39 set by Carsyn Koch-Johnson of Cedarville in 2016. The performance leads Division II, ranks fourth across all college divisions and was No. 11 in the world as of April 27. Later in the weekend, Andrews-Paul clocked a time of 54.07 seconds in the 400 meters that ranks No. 2 on the GNAC all-time list and No. 4 in Division II this season.
- Junior **Aaron Ahl** ran the fourth-fastest 1,500 meters in Division II at the Bryan Clay. His time of 3:39.42 was a four-second personal best, is No. 4 on the GNAC all-time list and No. 2 in Division II this season.
- Freshman **Jarrett Chong** took second in the javelin at the Bryan Clay. His mark of 217 feet, 7 inches moves him up to No. 3 in Division II this season and No. 11 on the GNAC all-time list.
- The SFU women remained at No. 12 in this week's USTFCCCA Division II Women's Outdoor Team Index. The SFU men climbed two spots to No. 22.

WESTERN OREGON



- A quartet of third-place finishes led Western Oregon at the Oregon Relays on Friday and Saturday at Hayward Field.
- Senior **Justin Crosswhite** was the Wolves' lone top-three finisher on the track, placing third in the men's 800 meters in a time of 1:52.09. The time is a season-best and is seventh in the GNAC this season. Crosswhite also placed sixth in the 1,500 meters with a time of 3:52.50.
- Junior **Marlon Harrison** was one of two third-place finishers for WOU in the triple jump, placing third in the men's competition with a mark of 45 feet, 1.75 inches.
- Senior **Ana Popchock** had a personal best in the women's triple jump, placing third with a mark of 37 feet, 9.25 inches that leads the GNAC this season.
- Junior **Jenelle Hurley** placed third in the women's long jump with a mark of 19 feet, moving her to No. 4 on the WOU all-time list. She went on to place sixth in the 100-meter hurdles in a time of 14.55 seconds.
- Junior **Kaylee Wright** placed fifth in the women's javelin with her throw of 146 feet, 6 inches.
- Western Oregon will make the short trip to Corvallis this weekend, participating in the Oregon State High Performance Meet on Friday and Saturday.

Around The GNAC

WESTERN WASHINGTON



- Solid performances in the throws led Western Washington's efforts at the CWU Wildcat Invitational on Saturday.
- Freshman **Raine Westfall** was one of four WWU individual event winners, taking the women's hammer with a mark of 163 feet, 7 inches that is No. 2 on the WWU all-time list. The mark is the best in the GNAC this season.
- Sophomore **Jaydon Tryon** added a victory in the men's javelin with a mark of 184 feet, 5 inches.
- Freshman **Katie Potts** placed second in the women's shot put with a mark of 44 feet, 2 inches that ranks No. 2 on the WWU all-time list. Junior **Ben Malquist** was also second in the men's shot put with a season-best mark of 51 feet, 8.5 inches that leads the GNAC.
- Freshman **Will Henry** led a top-three sweep for the Vikings in men's 800 meters with a time of 1:53.87. Freshman **Jonah Bloom** was second in 1:54.85 and freshman **Brock Knowles** was third in 1:55.56.
- Sophomore **Aliyah Dawkins** tied for first in the women's high jump with Central Washington's Kylie Griffin, with both clearing 5 feet, 2 inches. Dawkins added a second-place finish in the long jump with a mark of 18 feet, 4.5 inches.
- Junior **Brittany Aquino** added a victory in the women's 5,000 meters with a time of 19:19.41.
- Western Washington concludes its regular season on Saturday as it hosts the Ralph Vernacchia Invitational in Bellingham's Civic Stadium.

GNAC & NCAA Outdoor Championships Qualifying Standards

MEN		EVENT	WOMEN	
GNAC	NCAA Provisional		GNAC	NCAA Provisional
10.88	10.55	100 Meters	12.19	11.86
22.06	21.26	200 Meters	25.14	24.38
48.62	47.78	400 Meters	57.54	55.98
1:54.03	1:51.64	800 Meters	2:13.08	2:12.24
3:55.03	3:49.99	1,500 Meters	4:30.39	4:32.67
14:57.87	14:25.65	5,000 Meters	16:50.38	17:08.52
31:58.69	30:35.82	10,000 Meters	37:08.97	36:36.59
15.31	14.49	110/100m Hurdles	14.62	14.21
55.23	53.29	400m Hurdles	1:03.43	1:03.00
9:13.88	9:13.44	Steeplechase	11:11.32	11:00.95
1.95 / 6-4.75	2.05 / 6-8.75	High Jump	1.62 / 5-3.75	1.68 / 5-6
4.51 / 14-9.5	4.82 / 15-9.75	Pole Vault	3.32 / 10-10.75	3.75 / 12-3.5
6.84 / 22-5.25	7.26 / 23-10	Long Jump	5.55 / 18-2.5	5.82 / 19-1
13.82 / 45-4.25	14.71 / 48-3.25	Triple Jump	11.56 / 37-11.25	11.94 / 39-2.25
15.47 / 50-9.25	16.67 / 54-8.25	Shot Put	12.82 / 42-0.75	13.99 / 45-10.75
48.57 / 159-4	50.45 / 165-6	Discus	41.00 / 134-6	45.90 / 150-7
54.43 / 178-7	56.86 / 186-6	Hammer	49.58 / 162-0	52.43 / 172-0
58.14 / 190-9	58.38 / 191-6	Javelin	44.71 / 146-8	41.92 / 137-6
6,452	6,420	Dec./Hep.	4,593	4,529
NA	41.06	4x100 Relay	NA	46.75
NA	3:14.05	4x400 Relay	NA	3:48.62

GNAC Championships: The top-16 performers as listed in TFRRS will qualify for the championship meet in addition to any performers who meet the GNAC standard.

GNAC Provisional Qualifiers For NCAA Outdoor Championships

MEN'S QUALIFIERS AS OF APR. 24, 2022

Event	Athlete	Mark	Rank	Date
400 Meters	Callum Robinson, SFU	47.61	23rd	4/1/22
800 Meters	Charlie Dannatt, SFU	1:50.50	26th	4/15/22
	Aaron Ahl, SFU	1:51.45	37th	4/1/22
	Paul Buckingham, SFU	1:51.54	39th	4/13/22
1,500 Meters	Aaron Ahl, SFU	3:39.42	2nd	4/13/22
	Charlie Dannatt, SFU	3:42.01	5th	4/1/22
	Mac Franks, WWU	3:42.22	6th	4/13/22
	Calahan Warren, WWU	3:43.00	9th	4/13/22
	Drew Weber, WWU	3:45.77	19th	4/13/22
	Kevin McDermott, WWU	3:48.46	42nd	3/26/22
	Coleman Nash, UAA	3:48.86	46th	3/24/22
	Justin Crosswhite, WOU	3:48.93	47th	4/13/22
	Hunter Sutton, WOU	3:49.48	53rd	4/13/22
5,000 Meters	Coleman Nash, UAA	13:53.33	7th	3/31/22
	Calahan Warren, WWU	14:13.90	30th	3/31/22
	Tyler Shea, NNU	14:23.08	56th	3/26/22
10,000 Meters	Coleman Nash, UAA	29:24.40	18th	4/13/22
110 Hurdles	Joshua Wagner, UAA	14.22	T-17th	4/13/22
Steeplechase	Mac Franks, WWU	8:52.50	8th	3/31/22
	Jeret Gillingham, WWU	8:59.42	14th	4/13/22
	Carson Jessop, MSUB	9:07.74	22nd	4/13/22
	Bailey Smith, WOU	9:09.65	26th	4/13/22
	Drew Weber, WWU	9:12.25	29th	3/31/22
High Jump	Steven Schmidt, NNU	2.06/6-9	T-22nd	4/1/22
Triple Jump	David Njeri, SPU	15.18/49-9.75	9th	3/31/22
Javelin	Jarrett Chong, SFU	66.33/217-7	3rd	4/13/22
	Austin Goldstein, WOU	62.96/206-7	17th	4/1/22
	Bryan Cortes, SFU	59.21/194-3	30th	3/26/22
	Laurenz Waldbauer, NNU	58.41/191-8	33rd	4/22/22

WOMEN'S QUALIFIERS AS OF APR. 24, 2022

Event	Athlete	Mark	Rank	Date
200 Meters	Marie-Éloïse Leclair, SFU	24.30	31st	4/13/22
400 Meters	Alison Andrews-Paul, SFU	54.07	4th	4/13/22
	Vanessa Aniteye, SPU	54.60	7th	3/31/22
	Emily Lindsay, SFU	55.01	14th	4/13/22
	Marie-Éloïse Leclair, SFU	55.44	T-21st	4/13/22
	Tylantiss Atlas, UAA	55.53	24th	4/13/22
800 Meters	Alison Andrews-Paul, SFU	2:01.43	1st	4/13/22
	Vanessa Aniteye, SPU	2:11.16	24th	3/19/22
	Ellie Rising, SPU	2:11.83	30th	3/31/22
1,500 Meters	Alison Andrews-Paul, SFU	4:21.52	4th	3/31/22
	Megan Roxby, SFU	4:30.30	34th	4/13/22
	Mia Crocker, WWU	4:32.34	51st	4/13/22
	Sophie Wright, WWU	4:32.59	53rd	4/13/22
5,000 Meters	Annika Esvelt, SPU	16:14.31	6th	3/31/22
10,000 Meters	Annika Esvelt, SPU	34:20.76	9th	4/13/22
100 Hurdles	Elena Cano, UAA	14.15	24th	3/31/22
400 Hurdles	Elena Cano, UAA	1:00.16	6th	3/31/22
	McCall DeChenne, CWU	1:01.60	19th	3/18/22
Steeplechase	Olivia Willett, SFU	10:36.43	10th	4/13/22
	Ila Davis, WWU	10:51.21	24th	3/31/22
4x100 Relay	Seattle Pacific	46.70	23rd	3/31/22
	Igbonagwam, Aniteye, Green, Bouyer			
4x400 Relay	Simon Fraser	3:42.35	5th	4/1/22
	Binder, Andrews-Paul, Leclair, Lindsay			
	Seattle Pacific	3:45.91	14th	3/31/22
	Igbonagwam, Bouyer, Green, Aniteye			
High Jump	Elena Cano, UAA	1.71/5-7.25	T-16th	3/24/22
	Miya Koch, NNU	1.69/5-6.5	T-30th	3/26/22
Pole Vault	Julie Cheney, NNU	3.75/12-3.5	T-41st	4/22/22
	Kinsey Langin, NNU	3.75/12-3.5	T-41st	4/1/22
Long Jump	Peace Igbonagwam, SPU	6.00/19-8.25	T-10th	4/23/22
Shot Put	Moana Gianotti, WOU	13.99/45-10.75	T-26th	4/14/22
Javelin	Amanda Short, WWU	47.48/155-9	4th	4/2/22
	Kaylee Wright, WOU	46.13/151-4	10th	4/14/22
Heptathlon	Elena Cano, UAA	4,996	6th	3/24/22
	McCall DeChenne, CWU	4,657	16th	4/13/22

Men's Outdoor Regional & National Indexes

GNAC MEN'S TEAMS IN THE USTFCCCA POLLS

National	SFU
Mar. 29	—
Apr. 5	22nd
Apr. 12	—
Apr. 19	24th
Apr. 26	22nd

USTFCCCA DIVISION II NATIONAL TEAM INDEX

Week 5 - Apr. 26, 2022		Pts.	Prev.
Rk	School		
1.	West Texas A&M	293.85	1
2.	Grand Valley St.	266.30	2
3.	Texas A&M-Commerce	193.69	3
4.	Pittsburg State	186.39	4
5.	Adams State	164.93	5
6.	Central Missouri	142.80	6
7.	Colorado Mines	111.89	10
8.	CSU Pueblo	111.13	7
9.	UC-Colorado Springs	101.03	8
10.	Angelo State	99.63	13
11.	Missouri Southern	93.69	9
12.	Ashland	93.27	11
13.	Lee (Tenn.)	87.92	12
14.	Lincoln (Mo.)	76.49	17
15.	Queens (N.C.)	76.14	15
16.	Southern Connecticut	71.77	14
17.	Washburn	66.27	18
18.	Fort Hays State	64.15	16
19.	Nebraska-Kearney	60.87	21
20.	Harding	55.92	19
21.	Alabama-Huntsville	55.80	29
22.	Simon Fraser	54.46	24
23.	Azusa Pacific	54.46	20
24.	Lindenwood	53.70	22
25.	Academy of Art	52.44	25

USTFCCCA WEST REGION TEAM INDEX

Week 5 - Apr. 25, 2022		Pts.	Prev.
Rk	School		
1.	Cal Poly Pomona	890.50	1
2.	Azusa Pacific	798.27	2
3.	Chico State	780.83	3
4.	Western Washington	593.14	4
5.	Fresno Pacific	504.18	5
6.	Academy of Art	489.88	6
7.	Simon Fraser	399.86	7
8.	Cal State San Marcos	352.47	8
9.	Northwest Nazarene	287.15	10
10.	Cal State LA	275.71	9



[Complete Poll Online](#)

Women's Outdoor Regional & National Indexes

GNAC WOMEN'S TEAMS IN THE USTFCCCA POLLS

National	UAA	SPU	SFU
Mar. 29	16th	—	—
Apr. 5	—	20th	21st
Apr. 12	—	22nd	20th
Apr. 19	—	—	12th
Apr. 26	—	—	12th

USTFCCCA DIVISION II NATIONAL TEAM INDEX

Week 5 - Apr. 26, 2022		Pts.	Prev.
Rk	School		
1.	West Texas A&M	248.50	1
2.	Grand Valley St.	233.94	3
3.	Azusa Pacific	218.78	2
4.	Minnesota State	192.02	4
5.	Fresno Pacific	152.00	5
6.	Adams State	150.85	6
7.	Pittsburg State	120.50	7
8.	Texas A&M-Commerce	119.82	8
9.	Lincoln (Mo.)	82.20	19
10.	Academy of Art	80.95	10
11.	Angelo State	78.43	11
12.	Simon Fraser	75.80	12
13.	Queens (N.C.)	74.76	15
14.	CSU Pueblo	72.33	13
15.	Fort Hays State	72.06	9
16.	Central Missouri	68.75	17
17.	UC-Colorado Springs	65.31	14
18.	Missouri Southern	63.69	18
19.	Findlay	63.56	20
20.	Lee (Tenn.)	61.27	23
21.	Saginaw Valley St.	58.57	28
22.	Colorado Mines	53.92	33
23.	Cal Poly Pomona	51.15	16
24.	Winona State	50.88	21
25.	Millersville	48.61	30

USTFCCCA WEST REGION TEAM INDEX

Week 5 - Apr. 25, 2022		Pts.	Prev.
Rk	School		
1.	Azusa Pacific	1,109.46	1
2.	Fresno Pacific	634.76	2
3.	Cal Poly Pomona	479.40	3
4.	Academy of Art	458.07	5
5.	Chico State	418.02	6
5.	Simon Fraser	392.92	5
7.	Concordia (Calif.)	328.51	7
8.	Western Washington	322.74	11
9.	Biola	303.68	9
10.	Seattle Pacific	283.45	10



[Complete Poll Online](#)

GNAC Indoor Track & Field Records

MEN - ALL MEETS

60 Meters	6.72	Alex Donigian, Western Washington (2015)
200 Meters	21.40	Callum Robinson, Simon Fraser (2022)
400 Meters	47.61	Vladislav Tsygankov, Simon Fraser (2017)
800 Meters	1:47.74	Derek Holdsworth, Western Oregon (2020)
Mile	3:57.92	Aaron Ahl, Simon Fraser (2022)
3,000 Meters	7:50.81	David Ribich, Western Oregon (2018)
5,000 Meters	13:47.73	Micah Chelimo, Alaska Anchorage (2014)
60m Hurdles	8.07	Hunter Flick, Western Washington (2022)
4x400 Relay	3:12.45	Alaska Anchorage (2016)
Nicholas Taylor, Liam Lindsey, Adam Commandeur, Cody Thomas		

Distance Medley 9:38.04 **Simon Fraser (2022)**

Ephrem Mekonnen, Callum Robinson, Aiden Good, Aaron Ahl		
High Jump	2.22/7-3.25	Mikel Smith, Saint Martin's (2017)
Pole Vault	5.31/17-5	Ryan Brown, Western Washington (2011)
Long Jump	7.46/24-5.75	Vladislav Tsygankov, Simon Fraser (2016)
Triple Jump	15.06/49-5	Luke Plummer, Central Washington (2015/2017)
Shot Put	17.94/58-10.75	Cameron Neel, Western Washington (2007)
Weight Throw	18.85/61-10.25	Aidan Cain, Central Washington (2020)
Heptathlon	5,508	Chris Randolph, Seattle Pacific (2006)

MEN'S CONFERENCE MEET RECORDS

60 Meters	6.75	Alex Donigian, Western Washington (2014)
200 Meters	21.50	Callum Robinson, Simon Fraser (2022)
400 Meters	47.80	Joel Webster, Simon Fraser (2016)
800 Meters	1:50.83	David Ribich, Western Oregon (2018)
Mile	4:01.78	Aaron Ahl, Simon Fraser (2022)
3,000 Meters	8:21.23	Aaron Ahl, Simon Fraser (2022)
5,000 Meters	14:36.06	Dominik Notz, Alaska Anchorage (2016)
60m Hurdles	8.08	Travis Milbrandt, Western Washington (2015)
4x400 Relay	3:14.10	Alaska Anchorage (2017)

Liam Lindsay, Darrior Gray, Nicholas Taylor, Adam Commandeur
 Distance Medley 9:58.18 Simon Fraser (2019)

Pierre-Louis Detourbe, Nate St. Romain, Aaron Ahl, Rowan Doherty		
High Jump	2.21/7-3	Mikel Smith, Saint Martin's (2017)
Pole Vault	5.16/16-11	Payton Lewis, Northwest Nazarene (2011)
Long Jump	7.38/24-2.5	Vladislav Tsygankov, Simon Fraser (2016)
Triple Jump	15.06/49-5	Luke Plummer, Central Washington (2015/2017)
Shot Put	17.47/57-3.75	Cameron Neel, Central Washington (2007)
Weight Throw	18.64/61-2	Aidan Cain, Central Washington (2020)
Heptathlon	5,269	Kodiak Landis, Central Washington (2017)

CONFERENCE MEET HEPTATHLON EVENTS

60 Meters	7.03	Kodiak Landis, Central Washington (2018)
Long Jump	6.95/22-9.75	James Phillips, Concordia (2018)
	6.95/22-9.75	Kodiak Landis, Central Washington (2019)
Shot Put	13.69/44-11	Giovanni Brown, Concordia (2019)
High Jump	2.05/6-8.75	Steven Schmidt, Northwest Nazarene (2022)
60m Hurdles	8.28	Travis Turner, Alaska Anchorage (2017)
Pole Vault	5.05/16-6.75	Payton Lewis, Northwest Nazarene (2016)
1,000 Meters	2:41.39	Giovanni Brown, Concordia (2019)

WOMEN - ALL MEETS

60 Meters	7.52	Paige Johnson, Concordia (2020)
200 Meters	24.09	Jamie Ashcroft, Alaska Anchorage (2017)
400 Meters	54.87	Jahzelle Ambus, Seattle Pacific (2016)
800 Meters	2:04.04	Alison Andrews-Paul, Simon Fraser (2022)
Mile	4:32.88	Jessica Pixler, Seattle Pacific (2010)
3,000 Meters	9:07.05	Caroline Kurgat, Alaska Anchorage (2019)#
5,000 Meters	15:28.46	Caroline Kurgat, Alaska Anchorage (2019)#
60m Hurdles	8.51	Mariyah Vongsaveng, Central Washington (2017)
4x400 Relay	3:42.44	Seattle Pacific (2016)
Jalen Tims, Lynelle Decker, Cheryl Hong, Jahzelle Ambus		

Distance Medley 11:23.47 Alaska Anchorage (2019)

Ruth Cvancara, Vanessa Aniteye, Danielle McCormick, Caroline Kurgat		
High Jump	1.77/5-9.75	Danielle Ayers-Stamper, Seattle Pacific (2005)
Pole Vault	3.93/12-10.75	Halle Irvine, Central Washington (2018)
Long Jump	5.98/19-7.5	Peace Igbonagwam, Seattle Pacific (2019)
Triple Jump	12.70/41-8	Keshara Romain, Saint Martin's (2020)
Shot Put	17.62/57-9.75	McKenzie Warren, Concordia (2017)*
Weight Throw	19.52/64-0.5	Christina MacDonald, Concordia (2018)
Pentathlon	4,007	Danielle Ayers-Stamper, Seattle Pacific (2005)

WOMEN'S CONFERENCE MEET RECORDS

60 Meters	7.52	Paige Johnson, Concordia (2020)
200 Meters	24.09	Jamie Ashcroft, Alaska Anchorage (2017)
400 Meters	54.87	Jahzelle Ambus, Seattle Pacific (2016)
800 Meters	2:05.09	Alison Andrews-Paul, Simon Fraser (2022)
Mile	4:40.39	Jessica Pixler, Seattle Pacific (2010)
3,000 Meters	9:47.64	Jennifer Johnson, Simon Fraser (2015)
5,000 Meters	16:47.07	Sarah Porter, Western Washington (2010)
60m Hurdles	8.51	Mariyah Vongsaveng, Central Washington (2017)
4x400 Relay	3:46.41	Simon Fraser (2016)

Distance Medley 11:23.47 Alaska Anchorage (2019)

Ruth Cvancara, Vanessa Aniteye, Danielle McCormick, Caroline Kurgat		
High Jump	1.77/5-9.75	Taylor Fettig, Central Washington (2014)
Pole Vault	3.93/12-10.75	Halle Irvine, Central Washington (2019)
Long Jump	5.98/19-7.5	Peace Igbonagwam, Seattle Pacific (2019)
Triple Jump	12.70/41-8	Keshara Romain, Saint Martin's (2020)
Shot Put	17.02/55-10.25	McKenzie Warren, Concordia (2017)
Weight Throw	18.67/61-3	Kori Sprague, Concordia (2020)
Pentathlon	3,815	Scout Cai, Seattle Pacific (2019)

CONFERENCE MEET PENTATHLON EVENTS

60m Hurdles	8.75	Rosie Smith, Alaska Anchorage (2016)
High Jump	1.69/5-6.5	Taylor Fettig, Central Washington (2014 & 2015)
		Karolin Anders, Alaska Anchorage (2015)
		Geneva Lehnert, Seattle Pacific (2017)
		Scout Cai, Seattle Pacific (2019)
Shot Put	11.96/39-3	Charlene Harber, Western Oregon (2012)
Long Jump	5.68/18-7.75	Karolin Anders, Alaska Anchorage (2016)
800 Meters	2:15.88	Ali Anderson, Central Washington (2017)

* - NCAA Division II record

- Division II all-time all-conditions best (oversized track)

GNAC Outdoor Track & Field Records

MEN - ALL MEETS

100 Meters	10.22	Alex Donigian, Western Washington (2015)
200 Meters	20.93	Alex Donigian, Western Washington (2016)
400 Meters	47.51	Ethan Hewitt, Alaska Anchorage (2011)
800 Meters	1:47.58	Badane Sultessa, Western Oregon (2015)
1,500 Meters	3:37.35	David Ribich, Western Oregon (2018)
3,000 Meters	8:24.61	Jordan Welling, Western Washington (2014)
5,000 Meters	13:41.99	Micah Chelimo, Alaska Anchorage (2014)
10,000 Meters	28:37.75	Micah Chelimo, Alaska Anchorage (2014)
110m Hurdles	14.19	Travis Milbrandt, Western Washington (2016)
400m Hurdles	51.48	Vladislav Tsygankov, Simon Fraser (2017)
Steeplechase	8:45.63	Micah Chelimo, Alaska Anchorage (2012)
4x100 Relay	41.10	Central Washington (2010)
4x400 Relay	3:10.60	Alaska Anchorage (2016)
High Jump	2.16/7-1	Mikel Smith, Saint Martin's (2016)
Pole Vault	5.40/17-8.5	Ryan Brown, Western Washington (2010)
Long Jump	7.91/25-11.5	David Registe, Alaska Anchorage (2009)
Triple Jump	15.50/50-10.25	Wesley Gray, Western Oregon (2017)
Shot Put	18.55/60-10.5	Frank Catelli, Western Washington (2014)
Discus	55.78/183-0	Jake Knight, Northwest Nazarene (2019)
Hammer	62.89/206-4	Pro Escobedo, Western Oregon (2003)
Javelin	77.98/255-10	Cody Parker, Alaska Anchorage (2013)
Decathlon	7,872	Chris Randolph, Seattle Pacific (2006)

MEN'S CONFERENCE MEET RECORDS

100 Meters	10.43	Anthony Wright, Central Washington (2010)
200 Meters	21.32	Rimar Christie, Northwest Nazarene (2013)
	21.32	Tyrell Williams, Western Oregon (2014)
400 Meters	47.55	Ethan Hewitt, Alaska Anchorage (2012)
	47.55	Kodiak Landis, Central Washington (2018)
800 Meters	1:49.31	Paul Mach, Seattle Pacific (2005)
1,500 Meters	3:47.37	David Ribich, Western Oregon (2017)
5,000 Meters	14:29.41	Micah Chelimo, Alaska Anchorage (2011)
10,000 Meters	30:25.75	Jordan Walling, Western Washington (2011)
110m Hurdles	14.21	Travis Milbrandt, Western Washington (2015)
400m Hurdles	51.77	Cordell Cummings, Western Washington (2019)
Steeplechase	8:47.26	Ryan Brockerville, Simon Fraser (2012)
4x100 Relay	41.10	Central Washington (2010)
4x400 Relay	3:13.84	Simon Fraser (2015)
		Bryan Mack, Anthony Wright, Anthony Hogan, Kincaid Nichols
		Stuart Ellenwood, Cameron Proceviat, Joel Webster, Daniel Kelloway
High Jump	2.11/6-11	Tevin Gladden, Alaska Anchorage (2017)
Pole Vault	5.14/16-10.75	Ryan Brown, Western Washington (2010)
Long Jump	7.52/24-8.25	David Registe, Alaska Anchorage (2008)
Triple Jump	15.50/50-10.25	Wesley Gray, Western Oregon (2017)
Shot Put	18.20/59-8.75	Josh Koch, Concordia (2016)
Discus	55.74/182-10	Jake Knight, Northwest Nazarene (2019)
Hammer	61.61/202-1	Michael Hoffman, Western Washington (2008)
Javelin	71.19/233-7	Beau Ackerman, Montana State Billings (2022)
Decathlon	7,201	Cody Thomas, Alaska Anchorage (2016)

+ - Denotes Division II national record

WOMEN - ALL MEETS

100 Meters	11.64	Jamie Ashcroft, Alaska Anchorage (2015)
200 Meters	23.99	NyEma Sims, Seattle Pacific (2007)
400 Meters	53.56	Mary Pierce, Alaska Anchorage (2007)
800 Meters	2:01.43	Alison Andrews-Paul, Simon Fraser (2022)+
1,500 Meters	4:11.06	Jessica Pixler, Seattle Pacific (2010)
3,000 Meters	9:35.75	Sarah Porter, Western Washington (2011)
5,000 Meters	14:40.45	Caroline Kurgat, Alaska Anchorage (2019)
10,000 Meters	32:08.09	Caroline Kurgat, Alaska Anchorage (2019)+
100m Hurdles	13.64	Mariyah Vongsaveng, Central Washington (2018)
400m Hurdles	58.22	Sidney Trinidad, Central Washington (2019)
Steeplechase	10:02.45	Julia Howley, Simon Fraser (2019)
4x100 Relay	46.19	Simon Fraser (2017)
4x400 Relay	3:41.80	Western Oregon (2018)
High Jump	1.78/5-10	Teona Perkins, Seattle Pacific (2007)
Pole Vault	4.04/13-3	Scout Cai, Seattle Pacific (2021)
Long Jump	6.22/20-5	Renick Meyer, Seattle Pacific (2018)
Triple Jump	12.60/41-4.25	Chrisalyn Johnson, Alaska Anchorage (2019)
Shot Put	17.39/57-0.75	McKenzie Warren, Concordia (2017)
Discus	55.74/182-10	Melissa Ausman, Concordia (2018)
Hammer	62.42/204-9	Christina MacDonald, Concordia (2018)
Javelin	54.18/177-9	Bethany Drake, Western Washington (2016)
Heptathlon	5,606	Danielle Ayers-Stamper, Seattle Pacific (2005)

WOMEN'S CONFERENCE MEET RECORDS

100 Meters	11.81	Jamie Ashcroft, Alaska Anchorage (2015)
200 Meters	24.30	Grace Morgan, Alaska Anchorage (2013)
400 Meters	54.19	Vanessa Aniteye, Alaska Anchorage (2019)
800 Meters	2:06.38	Jessica Pixler, Seattle Pacific (2010)
1,500 Meters	4:23.02	Caroline Kurgat, Alaska Anchorage (2019)
3,000 Meters	9:53.80	Jessica Pixler, Seattle Pacific (2007)
5,000 Meters	16:35.10	Caroline Kurgat, Alaska Anchorage (2019)
10,000 Meters	34:49.33	Caroline Kurgat, Alaska Anchorage (2018)
100m Hurdles	13.82	Danielle Ayers-Stamper, Seattle Pacific (2005)
400m Hurdles	58.22	Sidney Trinidad, Central Washington (2019)
Steeplechase	110:02.45	Julia Howley, Simon Fraser (2019)
4x100 Relay	46.39	Seattle Pacific (2019)
4x400 Relay	3:44.11	Peace Igbonagwam, Jenna Bouyer, Grace Bley, Julia Stepper
		Seattle Pacific (2013)
		Kishia Mitchell, Emily Quatier, Jasmine Johnson, McKayla Fricker
High Jump	1.77/5-9.75	Taylor Fettig, Central Washington (2016)
Pole Vault	3.91/12-10	Scout Cai, Seattle Pacific (2019)
Long Jump	5.99/19-8	Ali Worthen, Seattle Pacific (2013)
Triple Jump	12.58/41-3.25	Chrisalyn Johnson, Alaska Anchorage (2019)
Shot Put	16.55/54-3.75	McKenzie Warren, Concordia (2017)
Discus	53.01/173-11	Melissa Ausman, Concordia (2018)
Hammer	59.62/195-7	Christina MacDonald, Concordia (2018)
Javelin	52.40/171-11.25	Bethany Drake, Western Washington (2017)
Heptathlon	5,390	Ali Worthen, Seattle Pacific (2013)

2021-22 GNAC Indoor Meet Summaries

Fri., Dec. 3 & Sat., Dec. 4

Candy Cane Multis

at Thorpe Field House, Cheney, Wash.

Women (Top 3 GNAC Finishers): Pentathlon - 2, Aliyah Dawkins, WWU, 3,237; 3, McCall DeChenne, CWU, 3,120.

Men (Top 3 GNAC Finishers): Heptathlon - 2, Copper Cummings, WWU, 4,300.

Sat., Dec. 11

Spokane Invitational

at The Podium, Spokane, Wash.

Women (Top 3 GNAC Finishers): 200 Meters - 3, Peace Igbonagwam, SPU, 25.12. 400 Meters - 3, McCall DeChenne, CWU, 58.63. Mile - 3, Annika Esvelt, SPU, 5:06.38. Weight Throw - 3, Meagan Smallbeck, CWU, 55-6.5.

Men (Top 3 GNAC Finishers): 800 Meters - 2, Mac Franks, WWU, 1:52.34. 5,000 Meters - 3, Kevin McDermott, WWU, 15:12.11. 4x400 Relay - 3, Western Oregon (Walker, Stevens, Rambo, Southworth), 3:28.28. Triple Jump - 2, David Njeri, SPU, 49-0.75.

Fri., Jan. 14

Cougar Classic Open

at The Podium, Spokane, Wash.

Women (Top 3 GNAC Finishers): 400 Meters - 2, McCall DeChenne, CWU, 59.00. 800 Meters - 3, Sarah Sewell, CWU, 2:18.83. Weight Throw - 1, Meghan Smallbeck, CWU, 54-0.5.

Men (Top 3 GNAC Finishers): 400 Meters - 2, Austin Albertin, CWU, 49.09. 3,000 Meters - 2, Coleman Nash, UAA, 8:28.95. Long Jump - 2, Collin Sample, UAA, 21-8.

Bobcat Challenge

at Worthington Arena, Bozeman, Mont.

Women (Top 3 GNAC Finishers): 800 Meters - 1, Kailee Stoppel, MSUB, 2:24.72. 4x400 Relay - 2, Montana State Billings (Whitmer, Zent, Siegel, Jessop), 4:44.54. Triple Jump - 1, Kendall Lynn, MSUB, 36-0.75.

Men (Top 3 GNAC Finishers): 200 Meters - 2, William Ullery, MSUB, 23.47. 4x400 Relay - 3, Montana State Billings (Ackerman, Straus, Jessop, Bailey), 3:42.35. Triple Jump - 1, Garrett McMillen, MSUB, 41-7.

Sat., Jan. 15

UW Indoor Preview

at Dempsey Indoor, Seattle, Wash.

Women (Top 3 GNAC Finishers): 60 Meters - 3, Marie-Eloise Leclair, SFU, 7.72. 400 Meters - 3, Emily Lindsay, SFU, 56.39. 800 Meters - 1, Alison Andrews-Paul, SFU, 2:08.61; 3, Mia Crocker, WWU, 2:20.16. 1,000 Meters - 3, Katie Chapman, WOU, 3:12.21. 4x400 Relay - 1, Simon Fraser (Binder, Andrews-Paul, Leclair, Lindsay), 3:50.46; 3, Western Oregon (Hurley, Lambing, Popchock, Hart), 4:10.61. High Jump - 3, Sydney Kania, SFU, 5-3. Long Jump - 3, Janelle Hurley, WOU, 17-9.75.

Men (Top 3 GNAC Finishers): 200 Meters - 3, Ryan Henry, WWU, 22.85. 600 Meters - 1, Isaiah Archer, SPU, 1:21.72; 2, Mark Daniels, WWU, 1:24.56; 3, Brian Le, WWU, 1:25.64. 4x400 Relay - 2, Simon Fraser (Lenton, Allen, Good, Schmidt), 3:23.61; 3, Western Washington (Chiim, Witters, Le, Daniels), 3:27.14. High Jump - 2, Ethan Sterkel, WWU, 6-6.75; 3, Zackary Kuzyk, SFU, 6-4.75. Pole Vault - 3, Kacey Provo, WWU, 14-3.25. Long Jump - 1, Ethan Sterkel, WWU, 23-7.25; 3, Zackary Kuzyk, SFU, 22-8. Triple Jump - 3, David Njeri, SPU, 47-9.

Fri., Jan. 21-Sat., Jan. 22

Dave Little Alumni Mile

at Donald Young Center, Spearfish, S.D.

Women's Team Scores: Dickinson State 169, Black Hills State 149, Montana State Billings 110.5, Rocky Mountain 73, South Dakota Mines 71.5.

Women (Top 3 GNAC Finishers): 400 Meters - 2, Madeline Severson, MSUB, 1:04.07. 800 Meters - 2, Ally Whitmer, MSUB, 2:35.49; 3, Anna Jessop, MSUB, 2:43.31. 3,000 Meters - 3, Kailee Stoppel, MSUB, 10:45.34. 4x400 Relay - 3, Montana State Billings (Severson, Clark, Hamill, Whitmer), 4:28.49. DMR - 2, Montana State Billings (Stoppel, Clark, Taylor, Jessop), 14:24.33; 3, Montana State Billings (Whitmer, Bohl, Seigle, Wiersema), 14:24.46. High Jump - 3, Madeline Severson, MSUB, 4-10.5.

Men's Team Scores: Dickinson State 154, South Dakota Mines, Black Hills State 119, Montana State Billings 62, Rocky Mountain 46, Dawson CC 34, Deja Vu Track Club 10.

Men (Top 3 GNAC Finishers): 200 Meters - 2, Ben Ralston, MSUB, 23.86; 3, William Ullery, MSUB, 23.93. 5,000 Meters - 1, Ase Ackerman, MSUB, 15:20.69; 2, Logan Straus, MSUB, 15:22.29. DMR - 1, Montana State Billings (Peiro, Ralston, Bailey, Edgerton), 11:30.94.

Sat., Jan. 22

Lauren McCluskey Memorial Open

at Kibbee ASUI Activity Center, Moscow, Idaho

Women (Top 3 GNAC Finishers): 60 Meters - 3, Juliette Williams, CWU, 7.89. 200 Meters - 2, Makenna Hansen, CWU, 25.32. 3,000 Meters - 2, Sara Sabra, SMU, 10:45.83. 60 Hurdles - 3, McCall DeChenne, CWU, 9.07. 4x400 Relay - 2, Central Washington (Ochoa, Hansen, Sewell, DeChenne), 4:06.75. Triple Jump - 1, Erica Cabanos, CWU, 36-7. Weight Throw - 2, Meagan Smallbeck, CWU, 56-6.75.

Men (Top 3 GNAC Finishers): 800 Meters - 3, Austin Albertin, CWU, 1:56.54. Mile - 1, Trevor Allen, CWU, 4:26.41. 3,000 Meters - 2, Kainalu Pagente, SMU, 8:46.09; 3, Lance Slichko, SMU, 8:49.81. 60 Hurdles - 2, Aiden Wise, CWU, 8.59; 3, Andrew Boyd, SMU, 8.61.

Sat., Jan. 22 & Sun., Jan. 23

Portland Indoor #2

at Austin Sports Complex, Newberg, Ore. (Jan. 22) & Chiles Center, Portland, Ore. (Jan. 23).

Women (Top 3 GNAC Finishers): 60 Meters - 1, Maya Hopwood, WOU, 7.93. Mile - 1, Katie Chapman, WOU, 5:15.85. 60 Hurdles - 2, Ana Popchock, WOU, 9.39; 3, Maliyah Thompson, WOU, 9.53. High Jump - 3, Kalulusno Ngaida, WOU, 5-2.25. Long Jump - 2, Amity Deters, WOU, 16-9.75. Triple Jump - 1, Ana Popchock, WOU, 36-4.75; 2, Kalulusno Ngaida, WOU, 35-6.75. Shot Put - 1, Moana Gianotti, WOU, 40-10.5. Weight Throw - 2, Liliana Lyness, WOU, 42-9.75; 3, Emillia Carpenter, WOU, 41-6.

Men (Top 3 GNAC Finishers): 400 Meters - 3 Aaron Hanible, WOU, 51.70. 60 Hurdles - 2, Brennen Sorah, WOU, 8.74; 3, Gabe Burchfield, WOU, 8.88. Triple Jump - 1, Marley Harrison, WOU, 44-3.5; 3, Jacob Flury, WOU, 39-11.25. Shot Put - 1, Owen Collins, WOU, 45-3. Weight Throw - 1, Owen Collins, WOU, 51-3; 2, Mark Warren, WOU, 49-0.75.

2021-22 GNAC Indoor Meet Summaries

Fri., Jan. 28 & Sat., Jan. 29

UW Invitational

at Dempsey Indoor, Seattle, Wash.

Women (Top 3 GNAC Finishers): 5,000 Meters - 2, Annika Esvelt, SPU, 16:31.74.

Men (Top 3 GNAC Finishers): 60 Meters - 2, Enrique Campbell, UAA, 6.92. 400 Meters - 1, Austin Albertin, CWU, 49.21; 2, Lucas Brenek, WWU, 50.23; 3, Enrique Campbell, UAA, 50.51. 60m Hurdles - 2, Hunter Flick, WWU, 8.07; 3, Joshua Wagner, UAA, 8.09. 4x400 Relay - 2, Western Washington (Welch, Daniels, Le, Edwards), 3:21.94; 3, Alaska Anchorage (Wagner, Rohde, Hunter, Campbell), 3:26.72. DMR - 2, Western Washington (McDermott, Daniels, Sturdevant, Franks), 9:54.14. High Jump - 2, Ethan Sterkel, WWU, 6-5; 3, Beau Sheeran, WWU, 6-5. Pole Vault - 2, Cooper Cummings, WWU, 14-9. Long Jump - 1, Ethan Sterkel, WWU, 23-9.5. Triple Jump - 3, David Njeri, SPU, 47-1.5. Shot Put - 3, Ben Malquist, WWU, 50-5.5.

Fri., Jan. 28 & Sun., Jan. 30

John Thomas Terrier Classic

at Boston University Track & Tennis Center, Boston, Mass.

Women (Top 3 GNAC Finishers): 1,000 Meters - 1, Alison Andrews-Paul, SFU, 2:44.54 (No. 2 All-Time Division II). 4x400 Relay - 2, Simon Fraser (Binder, Andrews-Paul, Leclair, Lindsay), 3:46.48. DMR - 1, Simon Fraser (Roxby, Lindsey, Chilton, Andrews-Paul), 11:36.75.

Men (Top 3 GNAC Finishers): DMR - 3, Simon Fraser (Mekonnen, Robinson, Good, Ahl), 9:38.04 (surpassed previous Division II record).

Sat., Jan. 29

Don Holst Open

at Nelson Physical Education Center, Chadron, Neb.

Women (Top 3 GNAC Finishers): 400 Meters - 3, Madeline Severson, MSUB, 1:04.20. 800 Meters - 1, Kailee Stoppel, MSUB, 2:23.59; 3, Ally Whitmer, MSUB, 2:31.81. Mile - 1, Kailee Stoppel, MSUB, 5:21.02. 4x400 Relay - 2, Montana State Billings (Severson, Clark, Chase, Taylor), 4:21.77. Long Jump - 1, Kendall Lynn, MSUB, 16-8.5; 2, Madison Thompson, MSUB, 15-6.25. Triple Jump - 1, Kendall Lynn, MSUB, 35-1.

Men (Top 3 GNAC Finishers): 200 Meters - 3, William Ullery, MSUB, 23.67. 400 Meters - 2, Ben Ralston, MSUB, 52.65. 800 Meters - 1, Ase Ackerman, MSUB, 2:00.05; 2, Carson Jessop, MSUB, 2:00.27. Mile - 1, Ase Ackerman, MSUB, 4:22.22; 2, Logan Straus, MSUB, 4:24.88. 60m Hurdles - 2, Bradley Graves, MSUB, 8.63.

Stacy Dragila Invitational

at Holt Arena, Pocatello, Idaho

Women (Top 3 GNAC Finishers): 60 Meters - 2, Abbey Wood, NNU, 7.79.

Men (Top 3 GNAC Finishers): Triple Jump - 1, Colton Sedlacek, NNU, 41-9.75. Weight Throw - 1, Dylan Hendry, NNU, 55-10.5; 2, Colton Burr, NNU, 55-9.25.

Thurs., Feb. 3-Sat., Feb. 5

WSU Invitational

at The Podium, Spokane, Wash.

Women (Top 3 GNAC Finishers): None.

Men (Top 3 GNAC Finishers): DMR - 2, Western Washington (McDermott, Welch, Weber, Franks), 9:50.83. Long Jump - 3, Ethan Sterkel, WWU, 23-5.5.

Fri., Feb. 4

WSU Open

at The Podium, Spokane, Wash.

Women (Top 3 GNAC Finishers): None.

Men (Top 3 GNAC Finishers): 400 Meters - 3, Austin Albertin, CWU, 49.40. High Jump - 2, Beau Sheeran, WWU, 6-6.75.

Fri., Feb. 11

Lilac Grand Prix

at The Podium, Spokane, Wash.

Women (Top 3 GNAC Finishers): DMR - 2, Simon Fraser (Roxby, Lindsay, Vanderput, Andrews-Paul), 11:57.44.

Men (Top 3 GNAC Finishers): DMR - 1, Simon Fraser (Dannatt, Robinson, Good, Ahl), 9:42.95.

Fri., Feb. 11

GVSU Big Meet (Friday Session)

at Kelly Family Sports Center, Allendale, Mich.

Women (Top 3 GNAC Finishers): None.

Men (Top 3 GNAC Finishers): 3,000 Meters (Heat 2) - 1, Coleman Nash, UAA, 8:16.42. Long Jump - 1, Collin Sample, UAA, 22-7.

Fri., Feb. 11-Sat., Feb. 12

Husky Classic

at Dempsey Indoor Center, Seattle, Wash.

Women (Top 3 GNAC Finishers): High Jump - 2, Aliyah Dawkins, WWU, 5-5.25.

Men (Top 3 GNAC Finishers): 4x400 Relay - 3, Western Washington (Welch, Daniels, Brenek, Oglesby), 3:19.03. High Jump - 2, Beau Sheeran, WWU, 6-7. Pole Vault - 3, Tyrel Halme, WWU, 12-7.5.

Mountain State Games

at Holt Arena, Pocatello, Idaho

Women (Top 3 GNAC Finishers): 60 Meters - 1, Abbey Wood, NNU, 7.73. 200 Meters - 2, Abbey Wood, NNU, 25.66. 4x400 Relay - 3, Northwest Nazarene (Brence, DeJong, Drury, Johnson), 4:05.96. Pole Vault - 3, Kinsey Langin, NNU, 11-7.75. Shot Put - 3, Destany Herbert, NNU, 43-9.

Men (Top 3 GNAC Finishers): 400 Meters - 3, Ben Ralston, MSUB, 50.60. Mile - 3, Ase Ackerman, MSUB, 4:16.67. 3,000 Meters - 3, Logan Straus, MSUB, 8:39.52. 4x400 Relay - 3, Northwest Nazarene (Braseth, Kosegi, Wilkins, Ellis), 3:29.47. DMR - 3, Northwest Nazarene (Emerson, Braseth, Kosgei, Shea), 10:25.81. High Jump - 3, Gerohm Rihari, NNU, 6-6. Triple Jump - 3, Gerohm Rihari, NNU, 42-3.5. Weight Throw - 1, Colton Burr, NNU, 57-7; 3, Dylan Hendry, NNU, 54-4.5. Heptathlon - 2, Turner Nye, NNU, 4,798; 3, Steven Schmidt, NNU, 4,608.

Sat., Feb. 12

GVSU Big Meet (Saturday Session)

at Kelly Family Sports Center, Allendale, Mich.

Women (Top 3 GNAC Finishers): 400 Meters - 3, Tylantiss Atlas, UAA, 56.42.

Men (Top 3 GNAC Finishers): 60 Hurdles - 2, Joshua Wagner, UAA, 8.30. 4x400 Relay - 2, Alaska Anchorage (Wagner, Angarita, Hunter, Velasco), 3:22.19.

2021-22 GNAC Indoor Meet Summaries

Sat., Feb. 12

Whitworth Invitational

at The Podium, Spokane, Wash.

Women (Top 3 GNAC Finishers): 60 Meters - 2, Marie-Eloise Leclair, SFU, 7.60; 3, Makenna Hansen, CWU, 7.66. 200 Meters - 1, Marie-Eloise Leclair, SFU, 24.75; 3, Makenna Hansen, CWU, 25.01. 400 Meters - 1, Emily Lindsay, SFU, 56.38. 800 Meters - 1, Alison Andrews-Paul, SFU, 2:05.75. Mile - 2, Megan Roxby, SFU, 5:10.44. 3,000 Meters - 1, Annika Esvelt, SPU, 9:38.43. High Jump - 1, Sydney Kania, SFU, 5-4.5; 2, Kylie Griffin, CWU, 5-4.5. Pole Vault - 2, Madison Licari, SPU, 11-8.5. Long Jump - 1, Peace Igbonagwam, SPU, 18-4.5; 2, Makylee Young, CWU, 17-7.5. Triple Jump - 1, Primrose Kennedy, SFU, 36-11.5; 2, Erica Cabanos, CWU, 36-5. Weight Throw - 2, Meagan Smallbeck, CWU, 54-9.5.

Men (Top 3 GNAC Finishers): 1, Callum Robinson, SFU, 21.40 (GNAC Record). 400 - 1, Callum Robinson, SFU, 48.54. 800 Meters - 3, Paul Buckingham, SFU, 1:52.23. Mile - 1, Aaron Ahl, SFU, 4:05.34; 2, Charlie Dannatt, SFU, 4:07.28. 4x400 Relay - 3, Simon Fraser (Lenton, Buckingham, Chapman, Schmidt), 3:25.65. Long Jump - 2, Zackary Kuzyk, SFU, 22-9. Triple Jump - 1, David Njeri, SPU, 47-11.25; 3, Christopher Hines, CWU, 44-2. Weight Throw - 3, Omar Young, CWU, 53-1.75.

Sun., Feb. 13

Portland Indoor #4

at Chiles Center, Portland, Ore.

Women (Top 3 GNAC Finishers): None.

Men (Top 3 GNAC Finishers): None.

Mon., Feb. 21 & Tues., Feb. 22

GNAC Indoor Track and Field Championships

at The Podium, Spokane, Wash.

Women's Team Scores: Simon Fraser 124, Western Oregon 115, Western Washington 113, Central Washington 106, Seattle Pacific 79, Alaska Anchorage 42, Northwest Nazarene 31, Saint Martin's 30, Montana State Billings 19.

Women's Champions: 60 Meters - E'Lexis Hollis, CWU, 7.58. 200 Meters - Marie-Eloise LeClair, SFU, 24.53. 400 Meters - Emily Lindsay, SFU, 55.79. 800 Meters - Alison Andrews-Paul, SFU, 2:05.09. Mile - Megan Roxby, SFU, 5:02.38. 3,000 Meters - Annika Esvelt, SPU, 9:50.84. 5,000 Meters - Annika Esvelt, SPU, 17:31.71. 60 Hurdles - Diana Voloshin, SFU, 8.77. 4x400 Relay - Simon Fraser (Erika Binder, Alison Andrews-Paul, Marie-Eloise LeClair, Emily Lindsay), 3:47.07. DMR - Simon Fraser (Megan Roxby, Emily Lindsay, Emily Chilton, Alison Andrews-Paul), 12:13.12. High Jump - Aliyah Dawkins, WWU, 5-5.75. Pole Vault - Charlie Hill, SPU, 12-0.75. Long Jump - Peace Igbonagwam, SPU, 18-1. Triple Jump - Ana Popchock, WOU, 37-2.25. Shot Put - Moana Gianotti, WOU, 44-11.5. Weight Throw - Meagan Smallbeck, CWU, 56-2. Pentathlon - Jenelle Hurley, WOU, 3,457.

Men's Team Scores: Western Washington 171, Simon Fraser 110, Western Oregon 107.33, Alaska Anchorage 83, Northwest Nazarene 80.16, Central Washington 40.5, Seattle Pacific 29, Montana State Billings 20, Saint Martin's 18.

Men's Team Champions: 60 Meters - Bobby Widmar, CWU, 6.96. 200 Meters - Callum Robinson, SFU, 21.76. 400 Meters - Callum Robinson, SFU, 47.82. 800 Meters - Mac Franks, WWU, 1:51.45. Mile - Aaron Ahl, SFU, 4:01.78. 3,000 Meters - Aaron Ahl, SFU, 8:21.23. 5,000 Meters - Kevin McDermott, WWU, 14:52.36. 60 Hurdles - Joshua Wagner, UAA, 8.11. 4x400 Relay - Alaska Anchorage (Wyatt Rhode, Kevin Angarita, Adrian Velasco, Joshua Wagner), 3:22.22. DMR - Simon Fraser (Aiden Good, Jordan Schmidt, Tomas Chapman, Aaron Ahl), 10:09.88. High Jump - Beau Sheeran, WWU, 6-10.75. Pole Vault - Kacey Provo, WWU, 15-3. Long Jump - Ethan Sterkel, WWU, 23-10. Triple Jump - David Njeri, SPU, 46-10.25. Shot Put - Ben Malquist, WWU, 51-1. Weight Throw - Colton Burr, NNU, 57-6.25. Heptathlon - Steven Schmidt, NNU, 4,588.

Sat., Feb. 26

SPU Final Qualifier

at Dempsey Indoor, Seattle, Wash.

Women (Top 3 GNAC Finishers): 60 Meters - 3, Maya Hopwood, WOU, 7.85. 400 Meters - 3, Tylantiss Atlas, UAA, 58.58. Mile - 1, Mia Crocker, WWU, 5:03.57; 2, Sophie Wright, WWU, 5:05.41. 3,000 Meters - 2, Caitlin Heldt, WOU, 10:07.67; 3, Ila Davis, WWU, 10:12.11. 60 Hurdles - 1, Lauryn Chandler, CWU, 8.84; 3, Diana Voloshin, SFU, 8.99. High Jump - 2, Aliyah Dawkins, WWU, 5-6. Pole Vault - 2, Charlie Hill, SPU, 11-8.5. Shot Put - 2, Meagan Smallbeck, CWU, 32-1. Weight Throw - 1, Meagan Smallbeck, CWU, 56-10.25.

Men (Top 3 GNAC Finishers): 400 Meters - 1, Austin Albertin, CWU, 49.56; 2, Isaiah Archer, SPU, 49.71. 800 Meters - 1, Mac Franks, WWU, 1:50.07; 2, Drew Weber, WWU, 1:50.61; 3, Paul Buckingham, SFU, 1:52.41. Mile - 1, Hunter Hutton, WOU, 4:09.67. 60 Hurdles - 1, Joshua Wagner, UAA, 8.21. High Jump - 2, Beau Sheeran, WWU, 6-7. Long Jump - 1, Ethan Sterkel, WWU, 23-8.25. Triple Jump - 1, David Njeri, SPU, 46-4.75; 2, Marley Harrison, WOU, 42-10.25.

Fri., Mar. 10-Sat., Mar. 11

NCAA Division II Indoor Championships

at Plaster Center, Pittsburg, Kan.

Women's Team Scores: 1, Minnesota St., 58. Tie 12, Simon Fraser, 20. Tie 47, Seattle Pacific, 1.

Events: 800 Meters - 1, Alison Andrews-Paul, 2:04.04 (Meet Record, 2:08.65 in prelims). 5,000 Meters - 8, Annika Esvelt, SPU, 16:31.12. 4x400 Relay - 4, Simon Fraser (Binder, Andrews-Paul, LeClair, Lindsay), 3:44.08. DMR - 4, Simon Fraser (Roxby, Lindsay, Chilton, Andrews-Paul), 11:26.80.

Men's Team Scores: 1, Grand Valley St., 66. 12, Simon Fraser, 17. Tie 38, Western Washington, 3.

Events: 400 Meters - 10, Callum Robinson, SFU, 47.65. 800 Meters - 6, Mac Franks, WWU, 1:51.88 (1:51.41 in prelims). Mile - 5, Charlie Dannatt, SFU, 4:01.51 (4:04.73 in prelims); 10, Mac Franks, WWU, 4:08.61; 11, Aaron Ahl, SFU, 4:08.62. 3,000 Meters - 4, Aaron Ahl, SFU, 8:00.27. DMR - 2, Simon Fraser (Dannatt, Robinson, Buckingham, Ahl), 9:36.05. High Jump - Tie 14, Beau Sheeran, WWU, 6-6.75.

2021-22 GNAC Outdoor Meet Summaries

Fri., Mar. 4 & Sat., Mar. 5

Ed Boitano Invitational

at Baker Stadium, Tacoma, Wash.

Women's Team Scores: Pacific Lutheran 156.5, Whitworth 143, Colorado College 81, Western Washington 46, Saint Martin's 42, Evergreen State 40, Olympic CC 39, Puget Sound 38.5, Spokane CC 32, Green River CC 11, Get Strong First TC 6, Seattle Pacific 6.

Women (Top 3 GNAC Finishers): 1,500 Meters - 1, Cassidy Walchak-Sloan, SMU, 4:41.89; 2, Naomi Hartley, SMU, 4:54.51. 100 Hurdles - 2, Eden Mortensen, SMU, 15.49. 4x100 Relay - 2, Saint Martin's (Vu, Bell, Mortensen, Zilla), 50.91. Pole Vault - 2, Annie Tran, WWU, 10-11; 3, Madison Licari, SPU, 10-11. Discus - 1, Taliah Coe, WWU, 125-10. Hammer - 1, Raine Westfall, WWU, 152-7. Javelin - 1, Amanda Short, WWU, 141-11.

Men's Team Scores: Pacific Lutheran 167, Whitworth 163, Spokane CC 110, Western Washington 59, Saint Martin's 58, Puget Sound 55, Colorado College 40, Olympic CC 38, Green River CC 27, Evergreen State 13, Seattle Pacific 8.

Men (Top 3 GNAC Finishers): 100 Meters - 3, Ryan Witters, WWU, 11.73. 200 Meters - 2, Ryan Witters, WWU, 23.22. 110 Hurdles - 3, Brandon MacMillian-Thomas, SMU, 16.72. 400 Hurdles - 3, Kale Engebretsen, WWU, 1:00.02. 4x100 Relay - 3, Saint Martin's (A. Schulz, J. Schulz, Tanicala, Boyd), 44.35. Pole Vault - 2, Kainoa Lee, SPU, 14-2. Long Jump - 1, Josh Schulz, SMU, 22-6.25. Shot Put - 2, Micah Au-Hauptu, SMU, 46-6.25. Javelin - 2, Jaydon Tryon, WWU, 166-8; 3, Sean Witters, WWU, 164-4.

Sat., Mar. 5

Willamette Opener

at Charles Bowles Track, Salem, Ore.

Women's Team Scores: Oregon State 92, Willamette 88, Corban 88, Mt. Hood CC 48, Western Oregon 39, UO Running Club 28.

Women (Top 3 GNAC Finishers): Shot Put - 3, Jenelle Hurley, WOU, 33-6.75. Javelin - 1, Kaylee Wright, WOU, 138-3; 2, Madison Hargett, WOU, 122-1; 3, Lyndee McLaughlin, WOU, 118-0.

Men's Team Scores: Corban 123, UO Running Club 111, Willamette 95, Western Oregon 36, Mt. Hood CC 32.

Men (Top 3 GNAC Finishers): Javelin - 1, Austin Goldstein, WOU, 198-10; 3, Eli Nafziger, WOU, 164-9.

Sat., Mar. 13

PLU Open

at PLU Track, Tacoma, Wash.

Women (Top 3 GNAC Finishers): 100 Meters - 1, E'lexis Hollis, CWU, 12.22; 2, Makenna Hansen, CWU, 12.22. 200 Meters - 1, Makenna Hansen, CWU, 25.14; 3, Juliette Williams, CWU, 26.15. 400 Meters - 1, Peace Igbonagwam, SPU, 57.91; 2, Johanna Brown, SPU, 1:00.59; 3, Aniya Green, SPU, 1:01.47. 800 Meters - 1, Vanessa Aniteye, SPU, 2:12.31; 2, Mia Crocker, WWU, 2:14.00; 3, Sophie Wright, WWU, 2:14.77. 1,500 Meters - 1, Ellie Rising, SPU, 4:45.13; 2, Brook Wedin, WWU, 4:46.21; 3, Nicki Yorges, SPU, 4:57.40. 5,000 Meters - 2, Jenna Heesacker, CWU, 20:43.48. 100 Hurdles - 1, Lauryn Chandler, CWU, 14.78; 2, McCall DeChenne, CWU, 14.91. 400 Hurdles - 1, McCall DeChenne, CWU, 1:02.21. 4x100 Relay - 1, Seattle Pacific (Igbonagwam, Aniteye, Green, Bouyer), 47.37; 2, Central Washington (Hansen, Ochoa, Hollis, Williams), 47.46. 4x400 Relay - 1, Seattle Pacific (Igbonagwam, Aniteye, Bouyer, Rising), 4:03.55. Pole Vault - 2, Charlie Hill, SPU, 10-11.75; 3, Madison Licari, SPU, 10-11.75. Long Jump - 2, Erica Cabanos, CWU, 16-3.25; 3, Makaylee Young, CWU, 16-3. Shot Put - 1, Avery Fisk, CWU, 41-1.5; 3, Carmen Cleveland Berrera, WWU, 37-8.75. Discus - 1, Katie Potts, WWU, 143-11; 2, Avery Fisk, CWU, 136-6. Hammer - 1, Raine Westfall, WWU, 162-0; 2, Payton Elenbaas, CWU, 138-8.

Men (Top 3 GNAC Finishers): 100 Meters - 3, Zachary Davis, CWU, 11.23. 200 Meters - 2, Brian Le, WWU, 22.65; 3, Bryan Sidor, CWU, 22.75. 400 Meters - 1, Ryan Greenwalt, WWU, 50.60. 1,500 Meters - 3, Zack Sundt, CWU, 3:58.21. 5,000 Meters - 1, Ty Savely, CWU, 15:11.34. 110 Hurdles - 1, Andrew Boyd, SMU, 15.23; 2, Aiden Wise, CWU, 15.60. 400 Hurdles - 1, Jaden Edwards, WWU, 56.16; 2, Aiden Wise, CWU, 57.18; 3, Reilly Williams, CWU, 57.93. 4x400 Relay - 1, Seattle Pacific (Njeri, Carpenter, Archer, Shepherd), 3:28.14; 2, Western Washington (Engebretsen, Witter, Le, Brenek), 3:29.07; 3, Western Washington (Sturdevant, Henry, Bloom, Knowles), 3:30.20. Pole Vault - 2, Brad Bowman, SPU, 13-1.5; 3, Andrew Alfred, SMU, 13-1.5. Long Jump - 1, Josh Schulz, SMU, 22-0.25; 3, Andrew Schulz, SMU, 20-5.25. Shot Put - 2, Ben Malquist, WWU, 49-10. Discus - 2, Wyatt Franklin, CWU, 148-5; 3, Ben Malquist, WWU, 147-7. Hammer - 2, Angus Beaton, CWU, 168-2; 3, Noa Peralta, SMU, 155-4. Javelin - 2, Jaydon Tryon, WWU, 174-7.

Fri., Mar. 18-Sat., Mar. 19

**Willie Williams/Dave Murray Distance Classic
at Drachman Stadium, Tucson, Ariz.**

Women (Top 3 GNAC Finishers): 400 Hurdles - 2, McCall DeChenne, CWU, 1:01.60.

Men (Top 3 GNAC Finishers): 400 Hurdles - 2, Austin Albertin, CWU, 53.62.

Sat., Mar. 19

Doris Heritage Track Festival

at West Seattle Stadium, Seattle, Wash.

Women (Top 3 GNAC Finishers): 100 Meters - 2, E'lexis Hollis, CWU, 12.54; 3, Aniya Green, SPU, 12.75. 200 Meters - 2, Tylantiss Atlas, UAA, 25.38; 3, Aniya Green, SPU, 25.89. 400 Meters - 1, Peace Igbonagwam, SPU, 56.94; 2, Tylantiss Atlas, UAA, 58.35; 3, Jenna Bouyer, SPU, 58.44. 800 Meters - 1, Vanessa Aniteye, SPU, 2:11.16; 2, Sophie Wright, WWU, 2:13.78; 3, Mia Crocker, WWU, 2:16.93. 1,500 Meters - 1, Annika Esvelt, SPU, 4:44.80; 2, Nancy Jeptoo, UAA, 4:45.37; 3, Libby Michael, SPU, 4:53.29. 5,000 Meters - 1, Naomi Hartley, SMU, 18:06.48; 2, Sara Sabra, SMU, 18:52.63. 400 Hurdles - 3, Naomi Bates, WWU, 1:08.30. 4x100 Relay - 1, Saint Martin's (Vu, Bell, Zilla, Cintron), 50.73; 2, Western Washington (Neal, Bates, Cheney, Sanford), 51.64. 4x400 Relay - 1, Seattle Pacific (Igbonagwam, Bouyer, Aniteye, Brown), 4:00.92; 2, Alaska Anchorage (Atlas, Vidad, Backman, Johansen), 4:06.45; 3, Western Washington (Lagerwey, Dawkins, Kibbee, Neal), 4:11.08. High Jump - 1, Akor Maywin, UAA, 5-1.25; 2, Kyle Griffin, CWU, 4-11.5; 3, Eden Mortensen, SMU, 4-9.5. Pole Vault - 2, Madison Licari, SPU, 11-1.5; 3, Lizzy Daugherty, SPU, 11-1.5. Long Jump - 3, Makaylee Young, CWU, 17-1.5. Triple Jump - 2, Jessica Neal, WWU, 32-9.5. Shot Put - 2, Avery Fisk, CWU, 40-7.5. Hammer - 1, Raine Westfall, WWU, 154-5; 2, Meagan Smallbeck, CWU, 135-7.

Men (Top 3 GNAC Finishers): 100 Meters - 1, Jeff Gordon, SPU, 11.12; 3, Ryan Greenwalt, WWU, 11.31. 200 Meters - 1, David Njeri, SPU, 22.23; 2, Bryan Sidor, CWU, 22.27; 3, Ryan Henry, WWU, 22.56. 400 Meters - 1, Bryant Welch, WWU, 49.45; 3, Isaiah Archer, SPU, 50.53. 800 Meters - 1, Brock Knowles, WWU, 1:58.87; 2, Jon Owen, SPU, 2:00.21; 3, Steven Baltz, SMU, 2:02.40. 1,500 Meters - 3, Ty Savely, CWU, 4:08.63. 5,000 Meters - 1, Jeret Gillingham, WWU, 14:47.24; 3, Colin Boutin, SPU, 15:05.23. 400 Hurdles - 3, Jaden Edwards, WWU, 56.65. 4x100 Relay - 2, Saint Martin's (J. Schulz, A. Schulz, Tanicala, Boyd), 44.06. 4x400 Relay - 1, Seattle Pacific (Njeri, Archer, Shepherd, Owen), 3:27.65; 2, Western Washington (Daniels, Engebretsen, Henry, Edwards); 3, Western Washington (Kenny, Kibler, McAllister, Cummings), 3:33.29. High Jump - 1, Beau Sheeran, WWU, 6-5. Pole Vault - 2, Kainoa Lee, SPU, 14-1.75; 3, Drew Klein, CWU, 13-7.75. Long Jump - 1, Josh Schulz, SMU, 22-10; 2, Andrew Schulz, SMU, 21-10.25; 3, Tre Silva, CWU, 21-3.25. Triple Jump - 2, Tre Silva, CWU, 40-6.25; 3, Felix Robertson, UAA, 40-0.75. Shot Put - 1, Ben Malquist, WWU, 51-0.75. Hammer - 2, Angus Beaton, CWU, 159-3. Javelin - 2, Jaydon Tryon, WWU, 178-7.

2021-22 GNAC Outdoor Meet Summaries

Hornet Invite

at Hornet Stadium, Sacramento, Calif.

Women (Top 3 GNAC Finishers): 400 Hurdles - 1, Elena Cano, UAA, 1:00.86. 4x400 Relay - 2, Alaska Anchorage (Cano, Bartolaba, Sarri, Flad), 4:03.16.

Men (Top 3 GNAC Finishers): 110 Hurdles - 1, Joshua Wagner, UAA, 14.37. 400 Hurdles - Joshua Wagner, UAA, 54.23.

Sat., Mar. 19

Yellowjackets-Battlin' Bears Open

at Lockwood HS Track, Lockwood, Mont.

Women (Top 3 GNAC Finishers): 100 Meters - 2, Chantel Chase, MSUB, 13.30. 200 Meters - 2, Chantel Chase, MSUB, 27.15; 3, Taylor Gordon, MSUB, 28.25. 400 Meters - 1, Madeline Severson, MSUB, 1:01.26; 2, Abbi Zent, MSUB, 1:09.76. 800 Meters - 2, Ally Whitmer, MSUB, 2:31.15. 1,500 Meters - 2, Kit Wiersema, MSUB, 5:27.64. 5,000 Meters - 1, Kailee Stoppel, MSUB, 18:58.83. 400 Hurdles - 1, Annelisa Clark, MSUB, 1:11.46; 3, Sierra Durbin, MSUB, 1:13.19. 4x100 Relay - 2, Montana State Billings, 51.10. 4x400 Relay - 2, Montana State Billings B, 4:17.02; 3, Montana State Billings A, 4:40.50. High Jump - 2, Madeline Severson, 4-9.75. Long Jump - 2, Madison Thompson, MSUB, 16-6. Discus - 2, Ryann Moline, MSUB, 127-10.

Men (Top 3 GNAC Finishers): 100 Meters - 3, Ben Ralston, MSUB, 11.42. 200 Meters - 1, Ben Ralston, MSUB, 22.82. 800 Meters - 1, Ase Ackerman, MSUB, 1:57.86; 2, Carson Jessop, MSUB, 1:59.85. 110 Hurdles - 1, Bradley Graves, MSUB, 15.35. 4x100 Relay - 2, Montana State Billings, 43.84. High Jump - 3, Favor Okere, MSUB, 5-8.75. Triple Jump - 3, Garrett McMillen, MSUB, 42-5.25. Shot Put - 1, Braden Anderson, MSUB, 46-6.25; 2, Forrest Cross, MSUB, 46-1.5. Discus - 1, Forrest Cross, MSUB, 144-4. Hammer - 2, Forrest Cross, MSUB, 145-8; 3, Coen Giusti, MSUB, 142-1. Javelin - 1, Ryder Klein, MSUB, 157-10.

OSU PNW Invite

at Whyte Track and Field Center, Corvallis, Ore.

Women's Team Scores: Oregon State 135, Seattle 43, Oregon 41, Western Oregon 39, George Fox 30, Cal Poly Humboldt 27, Linfield 23, Cascadia Elite 5.

Women (Top 3 GNAC Finishers): 100 Meters - 3, Maliyah Thompson, WOU, 12.14. 100 Hurdles - 2, Jenelle Hurley, WOU, 14.88. 400 Hurdles - 1, Riley Carstensen, WOU, 1:10.72. Triple Jump - 2, Kalulusno Ngaida, WOU, 36-2.75.

Men's Team Scores: Seattle 74, Cal Poly Humboldt 52.5, Western Oregon 43, George Fox 41, Linfield 30, Umpqua CC 22, Oregon 20, Alpha TC 17.5, Willamette 11, MMTC 8, Cooney's T&F Club 7, UO Running Club 3.

Men (Top 3 GNAC Finishers): 400 Meters - 2, Gabe Arce-Torres, WOU, 50.18. 800 Meters - 1, Justin Crosswhite, WOU, 1:56.18. 110 Hurdles - 2, James Duane, WOU, 15.75; 3, Aaron Hanible, WOU, 16.09. High Jump - 3, Devin Hasher, WOU, 6-2.75. Long Jump - 2, Marlon Harrison, WOU, 21-4. Shot Put - 3, Sam Cole, WOU, 46-3.5.

SFU High Performance Meet #1

at Terry Fox Field, Burnaby, B.C.

Women (Top 3 GNAC Finishers): 100 Meters - 1, Jordan Jacobs, SFU, 13.10; 2, Estella Mainella, SFU, 13.41. 200 Meters - 1, Estella Mainella, SFU, 26.87; 3, Dominique Ronse, SFU, 28.23. 400 Meters - 1, Elizabeth Vanderput, SFU, 58.71; 2, Jordan Jacobs, SFU, 1:01.13. 800 Meters - 1, Kate Cameron, SFU, 2:18.40; 2, Claire Bosma, SFU, 2:26.09. 1,500 Meters - 1, Grace Chalk, SFU, 4:58.38; 2, Charlotte Prangle, SFU, 5:00.71; 3, Alicia Ranahan, SFU, 5:03.11. 3,000 Meters - 1, Olivia Willett, SFU, 10:26.63; 2, Ella Marion, SFU, 10:48.76. 100 Hurdles - 1, Diana Voloshin, SFU, 14.68. High Jump - 1, Sydney Kania, SFU, 5-1. Long Jump - 1, Danielle Waller, SFU, 17-0; 2, Kennedy Primrose, SFU, 16-5; 3, Madison Paugh, SFU, 16-3.25. Shot Put - 1, Kaitlyn Hanger, SFU, 30-7.75.

Men (Top 3 GNAC Finishers): 100 Meters - 3, Jesaiah Penson-McCoy, SFU, 11.41. 200 Meters - 3, Jesaiah Penson-McCoy, SFU, 22.60. 400 Meters - 1, Jordan Schmidt, SFU, 51.37; 2, Felix Allen, SFU, 51.53. 1,500 Meters - 1, Aiden Good, SFU, 3:53.96. 3,000 Meters - 1, Scott Arndt, SFU, 8:39.01; 3, Ephrem Mekonnen, SFU, 8:48.58. Long Jump - 1, Zackary Kuzyk, SFU, 21-0.75; 2, Mitchell Gibbs, SFU, 19-6. Triple Jump - 1, Nick Kuzyk, SFU, 38-5.

Thurs., Mar. 24-Fri., Mar. 25

Aztec Invitational - Combined Events

at The Sports Deck, San Diego, Calif.

Women (Top 3 GNAC Finishers): Heptathlon - 1, Elena Cano, UAA, 4,996.

Adams/Klein Combined Events

at Westmont College, Santa Barbara, Calif.

Women (Top 3 GNAC Finishers): None.

Men (Top 3 GNAC Finishers): None.

Fri., Mar. 25-Sat., Mar. 26

Yellow Jacket Spring Open

at Lyle Hare Stadium, Spearfish, S.D.

Women (Top 3 GNAC Finishers): 400 Meters - 2, Madeline Severson, MSUB, 1:01.67. 800 Meters - 2, Ally Whitmer, MSUB, 2:28.88. Steeplechase - 2, Kailee Stoppel, MSUB, 12:31.35. 4x100 Relay - 1, Montana State Billings (Thompson, Hamill, Gordon, Chase), 50.70. 4x400 Relay - 1, Montana State Billings (Severson, Durbin, Whitmer, Chase), 4:15.50.

Men (Top 3 GNAC Finishers): 400 Meters - 1, Ben Ralston, MSUB, 50.50. 800 Meters - 2, Ase Ackerman, MSUB, 1:59.18. 1,500 Meters - 1, Ase Ackerman, MSUB, 3:58.62. 110 Hurdles - 3, Bradley Graves, MSUB, 15.97. Steeplechase - 2, Carson Jessop, MSUB, 9:37.46. 4x100 Relay - 2, Montana State Billings (Ullery, Graves, Okere, Ralston), 43.42. Javelin - 3, Ryder Klein, MSUB, 155-8.

Aztec Invitational

at The Sports Deck, San Diego, Calif.

Women (Top 5 GNAC Finishers): None.

Men (Top 5 GNAC Finishers): 1,500 Meters - 2, Coleman Nash, UAA, 3:48.66. 110 Hurdles - 3, Joshua Wagner, UAA, 14.84.

Sat., Mar. 26

Willamette Invitational

at Charles Bowles Track, Salem, Ore.

Women's Team Scores: Oregon State 166, Western Oregon 151, Lane CC 117, Bushnell 47, Willamette 24, Mt. Hood CC 23, Southwestern Oregon CC 12, Umpqua CC 8, UO Running Club 3.

Women (Top 3 GNAC Finishers): 100 Meters - 3, Maya Hopwood, WOU, 12.42. 200 Meters - 3, Ana Popchok, WOU, 26.27. 400 Meters - 2, Jessy Hart, WOU, 59.44. 800 Meters - 2, Katie Chapman, WOU, 2:23.76. 1,500 Meters - 3, Kaylin Cantu, WOU, 4:53.25. 100 Hurdles - 2, Ana Popchok, WOU, 15.31. 400 Hurdles - 3, Madeline Lambing, WOU, 1:08.03. 4x400 Relay - 2, Western Oregon (Carstensen, Hart, Chapman, Lambing), 4:11.48. Triple Jump - 1, Ana Popchok, WOU, 37-6.75; 2, Kalulusno Ngaida, WOU, 35-3. Shot Put - 1, Liliana Pyness, WOU, 38-7; 3, Halle Hargett, WOU, 35-7.75. Javelin - 1, Kaylee Weight, WOU, 149-5.

Men's Team Scores: Lane CC 205, Western Oregon 129, Willamette 66, UO Running Club 49, Umpqua CC 42, Bushnell 29, Southwestern Oregon CC 21, Corban 10, Mt. Hood CC 3.

Men (Top 3 GNAC Finishers): 800 Meters - 3, Bryce Mefford, WOU, 2:01.56. 1,500 Meters - 1, Bailey Smith, WOU, 3:57.15. 400 Hurdles - 1, Aaron Hanible, WOU, 56.74. High Jump - 2, Justin Conklin, WOU, 6-2.75; 3, Devin Hasher, WOU, 6-2.75. Triple Jump - 3, Marlon Harrison, WOU, 45-3. Shot Put - 1, Owen Collins, WOU, 46-8.25; 3, Mark Warren, WOU, 43-10. Hammer - 2, Mark Warren, WOU, 143-2; 3, Owen Collins, WOU, 141-8. Javelin - 1, Austin Goldstein, WOU, 203-2.

2021-22 GNAC Outdoor Meet Summaries

Sat., Mar. 26

Peyton-Shotwell Invitational at Baker Stadium, Tacoma, Wash.

Women (Top 3 GNAC Finishers): 100 Meters - 1, Cree Bell, SMU, 12.75; 2, Madison Vu, SMU, 12.98. 200 Meters - 1, Jenna Bouyer, SPU, 24.68; 2, Peace Igbonagwam, SPU, 24.77; 3, Vanessa Aniteye, SPU, 25.19. 400 Meters - 1, Johanna Brown, SPU, 1:01.80. 1,500 Meters - 1, Annika Esvelt, SPU, 4:39.08; 2, Ellie Rising, SPU, 4:45.22; 3, Kelsey Washenberger, SPU, 4:48.07. 100 Hurdles - 1, Gabriela Cintron, SMU, 15.35; 2, Eden Mortensen, SMU, 15.51. 400 Hurdles - 1, McKenzie Fletcher, SPU, 1:07.79; 3, Eden Mortensen, SMU, 1:08.88. 4x100 Relay - 1, Seattle Pacific (Igbonagwam, Aniteye, Aniya Green, Bouyer), 47.00. 4x400 Relay - 1, Seattle Pacific (Igbonagwam, Bouyer, Rising, Aniteye), 3:49.64. Pole Vault - 1, Madison Licari, SPU, 11-5; 2, Lizza Daugherty, SPU, 10-5.25; 3, Charlie Hill, SPU, 10-5.25. Triple Jump - 2, Margaret Zilla, SMU, 32-3.5. Shot Put - 1, Avery Fisk, CWU, 42-4.25; 3, Jocelyn Saribay, SMU, 37-5.75. Discus - 1, Avery Fisk, CWU, 139-7.

Men (Top 3 GNAC Finishers): 100 Meters - 2, Josh Schulz, SMU, 11.30; 3, Andrew Schulz, SMU, 11.38. 200 Meters - 1, Jeff Gordon, SPU, 22.13; 2, David Njeri, SPU, 22.14. 400 Meters - 1, Evan Carpenter, SPU, 50.82; 3, Andrew Boyd, SMU, 52.01. 800 Meters - 1, Isaiah Archer, SPU, 1:55.61; 2, Zack Sundt, CWU, 1:59.23. 1,500 Meters - 1, Zack Sundt, CWU, 4:04.76; 2, Jon Owen, SPU, 4:07.22. 110 Hurdles - 1, Aiden Wise, CWU, 15.17; 2, Andrew Boyd, SMU, 15.36; 3, Drew Klein, CWU, 15.90. 400 Hurdles - 1, Julius Shepherd, SPU, 56.96; 2, Aiden Wise, CWU, 57.56. 4x400 Relay - 1, Seattle Pacific (Carpenter, Njeri, Gordon, Archer), 3:26.32. Pole Vault - 1, Andrew Alfred, SMU, 13-8.25. Long Jump - 1, Andrew Schulz, SMU, 22-5.25; 3, Drew Klein, CWU, 21-0.75. Triple Jump - 2, Christopher Hines, CWU, 43-1.75; 3, Josh Schulz, SMU, 42-7. Shot Put - 1, Micah Au-Haupt, SMU, 45-2.25; 3, Wyatt Franklin, CWU, 40-5. Discus - 1, Franklin Wyatt, CWU, 144-1; 2, Micah Au-Haupt, SMU, 125-6; 3, Omar Young, CWU, 124-10.

Team 4 Titus & Ely Invitational at Eagles Field, Irvine, Calif.

Women (Top 3 GNAC Finishers): 400 Meters - 3, Laine DeJong, NNU, 59.07. 4x400 Relay - 2, Northwest Nazarene (DeJong, Wood, Drury, Gomez), 4:06.14. High Jump - 1, Miya Koch, NNU, 5-6.5. Pole Vault - 1, Kinsey Langin, NNU, 11-5.75; 2, Julie Cheney, NNU, 10-11.75. Long Jump - 3, Laine DeJong, NNU, 17-8. Triple Jump - 2, Ellie Alberts, NNU, 33-4.5. Hammer - 3, Destany Herbert, NNU, 144-10. Javelin - 1, Nizhoni Buckway, NNU, 131-1.

Men (Top 3 GNAC Finishers): 200 Meters - 1, Hunter Braseth, NNU, 21.92. 5,000 Meters - 1, Tyler Shea, NNU, 14:23.08. 4x100 Relay - 1, Northwest Nazarene (Wong, Braseth, Willey, Hunt), 42.05. High Jump - 2, Steven Schmidt, NNU, 6-7. Hammer - 3, Dylan Hendry, NNU, 174-2. Javelin - 1, Steven Schmidt, NNU, 168-11.

Sat., Mar. 26-Sun., Mar 27

UBC Open at Thunderbird Park, Vancouver, B.C.

Women (Top 3 GNAC Finishers): 100 Meters - 1, Marie-Éloïse Leclair, SFU, 11.88. 200 Meters - 2, Emily Lindsay, SFU, 24.88. 400 Meters - 1, Claire Bosma, SFU, 59.27; 2, Shawnee Konrad, WWU, 1:03.02. 800 Meters - 1, Olivia Willett, SFU, 2:13.97; 2, Emily Chilton, SFU, 2:15.54; 3, Elizabeth Vanderput, SFU, 2:18.75. 100 Hurdles - 1, Diana Voloshin, SFU, 14.93. High Jump - 3, Jessica Neal, WWU, 5-3. Pole Vault - 2, Annie Tran, WWU, 10-10; 3, Kaylee Coble, WWU, 9-10. Triple Jump - 1, Kennedy Primrose, SFU, 37-3.75; 3, Madison Paugh, SFU, 34-5.5. Discus - 2, Katie Potts, WWU, 139-4.

Men (Top 3 GNAC Finishers): 100 Meters - 1, Noah Johnson, WWU, 10.97; 2, Jesaiah Penson-Mccoy, SFU, 11.03. 200 Meters - 3, Jesaiah Penson-Mccoy, SFU, 22.15. 800 Meters - 1, Paul Buckingham, SFU, 1:52.15; 2, Mac Franks, WWU, 1:52.65; 3, Drew Weber, WWU, 1:53.10. 1,500 Meters - 1, Calahan Warren, WWU, 3:46.14; 2, Drew Weber, WWU, 3:47.76; 3, Mac Franks, WWU,

3:48.13. 110 Hurdles - 1, Hunter Flick, WWU, 14.95; 2, Koby Okezie, WWU, 15.07; 3, Jalen Edwards, WWU, 15.47. 400 Hurdles - 1, Jorrin Lenton, SFU, 55.15; 2, Koby Okezie, WWU, 55.79; 3, Jaden Edwards, WWU, 57.10. High Jump - 2, Beau Sheeran, WWU, 6-6.75. Long Jump - 1, Zackary Kuzyk, SFU, 23-0.75; 2, Blake Furtado, SFU, 21-10.25; 3, Ryan Greenwalt, WWU, 21-8.75. Triple Jump - 1, Damian Mercado, WWU, 44-3.5. Shot Put - 2, Jerrod Lee, WWU, 42-4.75. Javelin - 1, Jarrett Chong, SFU, 203-1; 2, Bryan Cortes, SFU, 194-3. Decathlon - 2, Cooper Cummings, WWU, 5,565.

Thurs., Mar. 31-Fri., Apr. 1

Mike Fanelli Track Classic at Cox Stadium, San Francisco, Calif.

Women (Top 3 GNAC Finishers): 400 Meters - 1, Tylantiss Atlas, UAA, 56.13. 1,500 Meters - 1, Alison Andrews-Paul, SFU, 4:21.52. Mile - 1, Olivia Willett, SFU, 5:05.50. 100 Hurdles - 2, Elena Cano, UAA, 14.15. 400 Hurdles - 2, Elena Cano, UAA, 1:00.16. 4x100 Relay - 2, Alaska Anchorage (Van der Meet, Cano, Vidad, Atlas), 48.46. 4x400 Relay - 1, Alaska Anchorage (Atlas, Vidad, Cano De Arvizu Sarri), 3:50.35; 3, Alaska Anchorage (Backman, Bartolaba, Johansen, Flad), 4:02.96. Sprint Medley - 1, Alaska Anchorage (Backman, Van der Meer, Vidad, Atlas), 4:13.76. High Jump - 3, Sydney Kania, SFU, 5-2.25.

Men (Top 3 GNAC Finishers): 400 Meters - 2, Enrique Campbell, UAA, 49.14. 1,500 Meters - 3, Mac Franks, WWU, 3:47.25. Mile - 3, Scott Arndt, SFU, 4:16.59. 5,000 Meters - 3, Coleman Nash, UAA, 13:53.33. 110 Hurdles - 1, Joshua Wagner, UAA, 14.47. 400 Hurdles - 3, Adrian Velasco, UAA, 54.91. Steeplechase - 2, Mac Franks, WWU, 8:52.50; 3, Jeret Gillingham, WWU, 8:59.80. 4x100 Relay - 2, Alaska Anchorage (Campbell, Wagner, Hunter, Belanger), 41.87. 4x400 Relay - 3, Alaska Anchorage (Wagner, Velasco, Hunter, Rohde), 3:20.41. High Jump - 1, Zackary Kuzyk, SFU, 6-0.5. Long Jump - 2, Blake Furtado, SFU, 22-3.

Fri., Apr. 1

West Coast Relays at Veterans Memorial Stadium, Clovis, Calif.

Women (Top 3 GNAC Finishers): 5,000 Meters - 2, Annika Esvelt, SPU, 16:41.31. 4x100 Relay - 2, Seattle Pacific (Igbonagwam, Aniteye, Green, Bouyer), 46.70.

Men (Top 3 GNAC Finishers): 5,000 Meters (Section 2) - 2, Colin Boutin, SPU, 15:07.51. Long Jump - 3, David Njeri, SPU, 22-9. Triple Jump - 2, David Njeri, SPU, 49-9.75.

Fri., Apr. 1-Sat., Apr. 2

Stanford Invitational at Cobb Track, Palo Alto, Calif.

Women (Top 3 GNAC Finishers): 4x400 Relay - 2, Simon Fraser (Binder, Andrews-Paul, Leclair, Lindsay), 3:42.35. High Jump - 3, Sydney Kania, SFU, 5-3.

Men (Top 3 GNAC Finishers): 800 Meters (Section 1) - 2, Aaron Ahl, SFU, 1:51.45. 800 Meters (Section 3) - 1, Charlie Dannatt, SFU, 1:51.23. 800 Meters (Section 4) - 2, Jordan Schmidt, SFU, 1:51.69. Javelin - 1, Jarrett Chong, SFU, 209-8.

Hayward Premiere at Hayward Field, Eugene, Ore.

Women (Top 3 GNAC Finishers): None.

Men (Top 3 GNAC Finishers): Steeplechase - 2, Bailey Smith, WOU, 9:13.80.

2021-22 GNAC Outdoor Meet Summaries

Fri., Apr. 1-Sat., Apr. 2

NUU Invitational & Multis

at Bohner Track, Nampa, Idaho

Women (Top 3 GNAC Finishers): 100 Meters - 1, Abbey Wood, NNU, 12.06. 400 Meters - 1, Kalli Brence, NNU, 58.78. 800 Meters - 3, Kalen Belton, NNU, 2:23.79. 1,500 Meters - 2, Kalen Belton, NNU, 5:00.15. 10,00 Meters - 2, Emily McMahon, NNU, 44:27.09; 3, Jordan Woods, NNU, 45:01.49. 4x100 Relay - 1, Northwest Nazarene (Wood, Williams, Fouse, Baniaga), 49.29. 4x400 Relay - 1, Northwest Nazarene (Baniaga, Brence, Drury, DeJong), 4:02.45. High Jump - 1, Miya Koch, NNU, 5-5. Pole Vault - 1, Kinsey Langin, NNU, 12-3.5; 2, Julie Cheney, NNU, 11-9.75. Long Jump - 1, Laine DeJong, NNU, 17-6.75; 2, Ellie Alberts, NNU, 17-2. Triple Jump - 1, Ellie Alberts, NNU, 35-5.25. Shot Put - 2, Destany Herbert, NNU, 42-3.25. Discus - 3, Destany Herbert, NNU, 129-9. Hammer - 2, Destany Herbert, NNU, 162-11. Javelin - 1, Nizhoni Buckway, NNU, 128-2.

Men (Top 3 GNAC Finishers): 100 Meters - 1, Hunter Braseth, NNU, 10.84; 3, Cameron Willey, NNU, 11.05. 200 Meters - 1, Hunter Braseth, NNU, 21.76. 400 Meters - 3, Shalkar Wilkins, NNU, 51.38. 800 Meters - 3, Tyler Shea, NNU, 1:57.20. 1,500 Meters - 2, Tyler Shea, NNU, 3:56.58. 4x400 Relay - 2, Northwest Nazarene, 3:27.20. High Jump - 1, Gerohm Rihari, NNU, 6-6.75. Long Jump - 1, Gerohm Rihari, NNU, 21-11.5; 2, Josh Johnson, NNU, 21-9.5. Discus - 2, Dylan Hendry, NNU, 140-10. Hammer - 1, Colton Burr, NNU, 181-0. Javelin - 3, Abe Mitchell, NNU, 156-0. Decathlon - 2, Steven Schmidt, NNU, 6,378.

Sat., Apr. 2

WWU Invitational

at Civic Stadium, Bellingham, Wash.

Women (Top 3 GNAC Finishers): 100 Meters - 1, Caitlyn Cheney, WWU, 12.60; 2, Makaylee Young, CWU, 12.78; 3, Lainnie Lyamba, WWU, 12.86. 200 Meters - 2, Caitlyn Cheney, WWU, 27.00; 3, Matty Lagerwey, WWU, 28.33. 100 Hurdles - 3, Naomi Bates, WWU, 16.08. Steeplechase - 3, Ila Davis, WWU, 10:51.21. 4x400 Relay - 1, Western Washington (Cheney, Davis, Bates, Wright), 4:10.97; 2, Central Washington (Thompson, Massey, Child, Lester), 4:25.99. High Jump - 1, Leanna Kibbee, WWU, 4-11. Pole Vault - 1, Annie Tran, WWU, 11-5.75; 2, Allison Coleman, CWU, 10-2. Long Jump - 1, Matty Lagerwey, WWU, 18-3.75. Triple Jump - 2, Lainnie Lyamba, WWU, 36-0; 3, Jamie Sanford, WWU, 35-11.5. Shot Put - 2, Katie Potts, WWU, 39-9.25; 3, Jasmine Kaufman, WWU, 39-3.75. Discus - 1, Katie Potts, WWU, 139-9; 2, Payton Elenbaas, CWU, 129-4; 3, Taliah Coe, WWU, 118-10. Hammer - 3, Raine Westfall, WWU, 158-4. Javelin - 1, Amanda Short, WWU, 155-9; 3, Leanne Kibbee, WWU, 91-0.

Men (Top 3 GNAC Finishers): 100 Meters - 2, Noah Johnson, WWU, 11.14; 3, Ryan Greenwalt, WWU, 11.33. 200 Meters - 1, Brian Le, WWU, 22.87; 2, Cyrus McAllister, WWU, 23.60; 3, Willie Coleman, WWU, 24.09. 400 Meters - 1, Bryant Welch, WWU, 49.31; 3, Lucas Brenek, WWU, 50.14. 800 Meters - 1, Drew Weber, WWU, 1:51.78; 2, Mac Franks, WWU, 1:52.49; 3, Calahan Warren, WWU, 1:53.21. 1,500 Meters - 3, Alec Ritter, WWU, 4:04.00. 5,000 Meters - 2, Jalen Javurek, WWU, 14:54.10; 3, Jared Alderfer, WWU, 15:01.57. 110 Hurdles - 1, Koby Okezie, WWU, 14.96; 2, Jaden Edwards, WWU, 15.37; 3, Drew Klein, CWU, 16.11. 400 Hurdles - 1, Jaden Edwards, WWU, 54.60; 2, Koby Okezie, WWU, 54.99; 3, Kale Engebretsen, WWU, 58.98. 4x100 Relay - 1, Western Washington (Witters, Le, Daniels, Johnson), 42.78. 4x400 Relay - 1, Western Washington (Brenke, Engebretsen, Le, Daniels), 3:25.54; 2, Western Washington (Edwards, Knowles, Bloom, Henry), 3:28.36; 3, Western Washington (Kenny, McAllister, Cummings, Kibler), 3:30.34. High Jump - 1, Beau Sheeran, WWU, 6-6.75; 2, Ethan Sterkel, WWU, 6-6.75. 3, Damian Mercado, WWU, 6-2.75. Pole Vault - 1, Kacey Provo, WWU, 15-0; 2, Drew Klein, CWU, 14-6; 3, Jacob Thompson, CWU, 14-6. Long Jump - 2, Ethan Sterkel, WWU, 22-8. Triple Jump - 1, Damian Mercado, WWU, 43-5.75. Shot Put - 1, Ben Malquist, WWU, 50-0.75; 3, Jerrod Lee, WWU, 46-4.25. Discus - 2, Ben Malquist, WWU, 147-11. Hammer - 2, Jerrod Lee, WWU, 141-8; 3, Ben Malquist, WWU, 133-6. Javelin - 1, Jaydon Tryon, WWU, 190-9; 3, Drew Klein, CWU, 143-0.Y

Yellowjacket/Battlin' Bear Open

at Longwood HS, Longwood, Mont.

Women's Team Scores: Carroll (Mont.) 49, Dickinson St. 48, Montana State Billings 44, South Dakota Mines 43, Montana Tech 21, Providence (Mont.) 20, Black Hills State 15, Rocky Mountain 9, Montana St.-Northern 3, Montana Western 2.

Women (Top 3 GNAC Finishers): 4x100 Relay - 2, Montana State Billings (Thompson, Hamill, Gordon, Clark), 51.30. High Jump - 3, Madeline Severson, MSUB, 4-9.75. Long Jump - 1, Kendall Lynn, MSUB, 17-8.25. Triple Jump - 1, Kendall Lynn, MSUB, 36-10.5.

Men's Team Scores: Dickinson St. 70, Carroll (Mont.) 54, South Dakota Mines 50, Rocky Mountain 38.5, Montana State Billings 36, Black Hills State 17.5, Providence (Mont.) 14, Montana Western 6, Central Wyoming 4, Montana Tech 3.

Men (Top 3 GNAC Finishers): 5,000 Meters - 3, Ase Ackerman, MSUB, 15:44.92. 4x100 Relay - 3, Montana State Billings (Ullery, Graves, Okere, Ralston), 43.02. Shot Put - 3, Forrest Cross, MSUB, 47-5.

Cheetah Sea Of Green Meet

at Percy Perry Stadium, Coquitlam, B.C.

Women (Top 3 GNAC Finishers): 400 Meters - 1, Claire Bosma, SFU, 58.60; 3, Jordan Jacobs, SFU, 1:00.79.

Men (Top 3 GNAC Finishers): 100 Meters - 1, Jeremy Belcher, SFU, 11.03; 2, Kaito Suzuki, SFU, 11.08. 200 Meters - 1, Kaito Suzuki, SFU, 22.34; 2, Jeremy Belcher, SFU, 22.55. 400 Meters - 2, Felix Allen, SFU, 50.47; 3, Jorin Lenton, SFU, 51.50. 1,500 Meters - 1, Jose Castro, SFU, 4:03.69; 2, Kirubel Bogale, SFU, 4:05.29; 3, Brendan Moore, SFU, 4:11.53.

NW Distance Jamboree

at Lane CC, Eugene, Ore.

Women (Top 3 GNAC Finishers): 1,500 Meters - 1, Cassidy Walchak-Sloan, SMU, 4:38.95.

Men (Top 3 GNAC Finishers): 1, Rajesh Gill, CWU, 32:38.10.

Fri., Apr. 8

John Knight Twilight

at McArthur Field, Monmouth, Ore.

Women (Top 3 GNAC Finishers): 100 Meters - 2, Maliyah Thompson, WOU, 12.36; 3, Maya Hopwood, WOU, 12.51. 200 Meters - 2, Maliyah Thompson, WOU, 22.55; 3, Jessy Hart, WOU, 26.55. 1,500 Meters - 1, Caitlin Heldt, WOU, 4:54.68; 2, Katie Chapman, WOU, 4:56.36. 100 Hurdles - 1, Jenelle Hurley, WOU, 14.55; 3, Maliyah Thompson, WOU, 15.09. 4x100 Relay - 1, Western Oregon (Hopwood, Wilson, Popchuck, Thompson), 48.91. 4x400 Relay - 1, Western Oregon (Clemens, Deters, Hurley, Hart), 4:17.44; 2, Western Oregon (Chapman, Heldt, Larson, Green), 4:28.77. Long Jump - 2, Jenelle Hurley, WOU, 18-1; 3, Ana Popchuck, WOU, 17-4.25. Triple Jump - 1, Ana Popchuck, WOU, 37-6; 3, Kalulusno Ngaida, WOU, 35-0.5. Javelin - 1, Kaylee Wright, WOU, 144-4; 3, Lyndee McLauchlin, WOU, 129-3.

Men (Top 3 Finishers): 100 Meters - 2, Amari Hendrix, WOU, 11.16. 800 Meters - 1, Justin Crosswhite, WOU, 1:53.55; 2, Emmett Klus, WOU, 1:56.18; 3, Keeton Sanchez, WOU, 1:57.25. 110 Hurdles - 1, Brennen Sorah, WOU, 15.67. 400 Hurdles - 1, Aaron Hanible, WOU, 56.67. 4x100 Relay - 1, Western Oregon (Hanible, Cossette, Hendrix, Mazzeo), 44.69. 4x400 Relay - 1, Western Oregon (Klus, Rambo, Crosswhite, Sanchez), 3:27.35. High Jump - 2, Devin Hasher, WOU, 6-2.75. Long Jump - 2, Marlon Harrison, WOU, 20-5.25. Triple Jump - 2, Marlon Harrison, WOU, 42-4.25; 3, Jacob Flury, WOU, 41-4.5. Shot Put - 2, Owen Collins, WOU, 46-4.5. Discus - 3, Mark Warren, WOU, 120-0. Hammer - 1, Sam Cole, WOU, 166-8; 2, Owen Collins, WOU, 165-7; 3, Mark Warren, WOU, 156-6. Javelin - 1, Austin Goldstein, WOU, 194-10; 2, Eli Nafziger, WOU, 178-10.

2021-22 GNAC Outdoor Meet Summaries

Fri., Apr. 8

Whitworth Peace Meet

at Boppell Track, Spokane, Wash.

Women (Top 3 GNAC Finishers): 200 Meters - 3, McCall DeChenne, CWU, 25.37. 5,000 Meters - 1, Rosie Melville, CWU, 19:15.65; 3, Madison Child, CWU, 19:25.94. 100 Hurdles - 2, Lauryn Chandler, CWU, 14.85. Steeplechase - 2, Caitlin Gohr, CWU, 12:34.96. 4x400 Relay - 2, Central Washington (Child, Gohr, Lester, Thompson), 4:28.20. Long Jump - 2, Erica Cabanos, CWU, 17-3.25; 3, Makylee Young, CWU, 16-11.5. Triple Jump - 1, Erica Cabanos, CWU, 36-7. Discus - 3, Avery Fisk, CWU, 138-6.

Men (Top 3 GNAC Finishers): None.

Sat., Apr. 9

Bauer Open

at O'Harra Stadium, Rapid City, S.D.

Women (Top 3 GNAC Finishers): 200 Meters - 3, Taylor Gordon, MSUB, 28.85. 400 Hurdles - 2, Sierra Durbin, MSUB, 1:12.54. 4x100 Relay - 2, Montana State Billings (Thompson, Hamill, Gordon, Clark), 1:00.63. 4x400 Relay - 1, Montana State Billings (Severson, Durbin, Clark, Whitmer), 4:27.41. Long Jump - 1, Kendall Lynn, MSUB, 17-3.5; 2, Madeline Severson, MSUB, 16-7.5. Triple Jump - 1, Kendall Lynn, MSUB, 37-2.5. Shot Put - 3, Dakota Lobmeyer, MSUB, 40-7. Discus - 2, Ryann Moline, MSUB, 124-9. Javelin - 1, Ryann Moline, MSUB, 126-1; 3, Jordan Cookman, MSUB, 113-5.

Men (Top 3 GNAC Finishers): 200 Meters - 1, Ben Ralston, MSUB, 23.54. 110 Hurdles - 1, Bradley Graves, MSUB, 14.65. 4x100 Relay - 1, Montana State Billings (Ullery, Graves, Okere, Ralston), 43.26. Javelin - 3, Ryder Klein, MSUB, 153-0.

PLU Invitational

at PLU Track, Tacoma, Wash.

Women (Top 3 GNAC Finishers): 100 Meters - 2, Cree Bell, SMU, 12.70. 400 Meters - 1, Jenna Bouyer, SPU, 57.07; 2, Peace Igbonagwam, SPU, 57.46. 800 Meters - 1, Sophie Wright, WWU, 2:16.83; 2, Cassidy Walchak-Sloan, SMU, 2:18.66; 3, Libby Michael, SPU, 2:21.80. 1,500 Meters - 1, Alisha Saucedo, SMU, 5:07.49. 5,000 Meters - 1, Ila Davis, WWU, 17:49.45. 10,000 Meters - 1, Sara Sabra, SMU, 38:41.95; 2, Brittany Aquino, WWU, 40:06.60; 3, Abby Burton, SMU, 46:05.55. 100 Hurdles - 1, Gabriela Cintron, SMU, 15.82; 3, Naomi Bates, WWU, 16.10. 400 Hurdles - 3, Naomi Bates, WWU, 1:10.66. 4x100 Relay - 2, Western Washington (Lyamba, Cheney, Neal, Sanford), 50.96. 4x400 Relay - 1, Saint Martin's (Vu, Saucedo, Walchak-Sloan, Bell), 4:09.39. High Jump - 1, Jessica Neal, WWU, 5-3.25. Pole Vault - 2, Madison Licari, SPU, 11-8. Long Jump - 3, Leanne Kibbee, WWU, 16-9.75. Triple Jump - 2, Jamie Sanford, WWU, 33-5.75; 3, Margaret Zilla, SMU, 32-11.25. Shot Put - 1, Katie Potts, WWU, 40-9.75; 3, Jocelyn Saribay, SMU, 37-10.5. Discus - 3, Katie Potts, WWU, 134-2.

Men (Top 3 GNAC Finishers): 100 Meters - 2, Landon Armstrong, SMU, 11.07. 200 Meters - 1, Bryant Welch, WWU, 21.82; 2, Ryan Greenwalt, WWU, 22.45; 3, Lucas Brenek, WWU, 22.57. 400 Meters - 1, Isaiah Archer, SPU, 49.58; 2, Mark Daniels, WWU, 50.36; 3, David Njeri, SPU, 50.53. 800 Meters - 1, Jonah Bloom, WWU, 2:00.20; 2, Jon Owen, SPU, 2:01.19. 1,500 Meters - 2, Will Henry, WWU, 4:00.09. 10,000 Meters - 1, Jalen Javurek, WWU, 32:20.72; 2, Brennan LeBlanc, SPU, 33:18.69; 3, Gabe Endresen, SPU, 33:52.04. 110 Hurdles - 1, Koby Okezie, WWU, 15.13; 2, Andrew Boyd, SMU, 15.54. 400 Hurdles - 1, Julis Shepherd, SPU, 57.28; 2, Andrew Boyd, SMU, 57.63; 3, Kale Engebretsen, WWU, 59.16. Steeplechase - 1, Quinn Wilcox, WWU, 9:40.54. 4x100 Relay - 1, Seattle Pacific (Njeri, Gordon, Shepherd, Holmes), 43.65. 4x400 Relay - 1, Saint Martin's (Wani, Cortes, Schulz, Pagente), 3:40.80. High Jump - 2, Ethan Sterkel, WWU, 6-5.5; 3, Beau Sheeran, WWU, 6-5.5. Pole Vault - 1, Kainoa Lee, SPU, 14-10. Long Jump - 1, Josh Schulz, SMU, 22-7; 2, Ethan Sterkel, WWU, 22-1.5; 3, Andrew Schulz, SMU, 21-10.25. Triple Jump - 1, Damian Mercado, WWU, 44-6; 2, Josh Schulz, SMU, 43-5. Shot Put - 1, Ben Malquist, WWU, 48-5.25; 3, Micah Au-Haupt, SMU, 45-5.75. Discus - 2, Ben Malquist, WWU, 147-7. Hammer - 3, Jerrod Lee, WWU, 146-10. Javelin - 2, Jaydon Tryon, WWU, 165-4.

Emilie Mondor Invitational

at Terry Fox Field, Burnaby, B.C.

Women (Top 3 GNAC Finishers): 400 Meters - 1, Alison Andrews-Paul, SFU, 55.26; 3, Emily Lindsay, SFU, 55.98. 800 Meters - 2, Olivia Willett, SFU, 2:15.75; 3, Megan Roxby, SFU, 2:16.02. 4x100 Relay - 1, Simon Fraser (Binder, Leclair, Lindsay, Voloshin), 48.04. High Jump - 2, Sydney Kania, SFU, 5-1.75. Long Jump - 3, Kyra Stewart, SFU, 16-8. Triple Jump - 2, Madison Paugh, SFU, 34-0. Hammer - 3, Zuzanna Liniewski, SFU, 151-8.

Men (Top 3 GNAC Finishers): 100 Meters - 1, Jeremy Belcher, SFU, 11.27; 2, Jesaiah Penson-McCoy, SFU, 11.51. 200 Meters - 1, Jesaiah Penson-McCoy, SFU, 22.65. 400 Meters - 2, Felix Allen, SFU, 50.22. 800 Meters - 1, Aaron Ahl, SFU, 1:51.67; 2, Charlie Dannatt, SFU, 1:52.35. 400 Hurdles - 2, Jorin Lenton, SFU, 57.11. 4x100 Relay - 1, Simon Fraser (Belcher, Robinson, Suzuki, Penson-McCoy), 41.87. Long Jump - 2, Blake Furtado, SFU, 20-9.75. Javelin - 1, Jarrett Chong, SFU, 179-11; 2, Bryan Cortes, SFU, 164-3.

Wed., Apr. 13 & Thurs., Apr. 14

Cal State LA Twilight

at Jesse Owens Track, Los Angeles, Calif.

Women (Top 3 GNAC Finishers): Javelin - 2, Ryann Moline, MSUB, 121-1.

Men (Top 3 GNAC Finishers): 400 Hurdles - 1, Austin Albertin, CWU, 53.86. Hammer - 2, Forrest Cross, MSUB, 154-10.

Wed., Apr. 13-Fri., Apr. 15

Bryan Clay Invitational

at Cougar Stadium, Azusa, Calif.

Women (Top 3 GNAC Finishers): Pole Vault (Section 3): 2, Madison Licari, SPU, 12-0. Heptathlon (Section 1) - 2, McCall DeChenne, CWU, 4,657.

Men (Top 3 GNAC Finishers): 5,000 Meters (Section 2): 2, Jacob Moos, UAA, 14:28.59. Pole Vault (Section 2): 1, Kainoa Lee, SPU, 14-8.25. Javelin - 2, Jarrett Chong, SFU, 217-7.

Wed., Apr. 13-Sat., Apr. 16

Mount SAC Relays

at Hilmer Lodge Stadium, Walnut, Calif.

Women (Top 3 GNAC Finishers): None.

Men (Top 3 GNAC Finishers): None.

Thurs., Apr. 14

Pacific Coast Classic

at Jack Rose Track, Long Beach, Calif.

Women (Top 3 GNAC Finishers): None.

Men (Top 3 GNAC Finishers): None.

Fri., Apr. 15-Sat., Apr. 16

Beach Invitational

at Jack Rose Track, Long Beach, Calif.

Women (Top 3 GNAC Finishers): None.

Men (Top 3 GNAC Finishers): None.

Lewis & Clark Invitational

at Stouffer Family Center, Newberg, Ore., & Eldon Fix Track, Portland, Ore.

Women (Top 3 GNAC Finishers): High Jump - 3, Kalulusno Ngaida, WOU, 5-1.25. Long Jump - 3, Macy Clemens, WOU, 16-4.25. Javelin - 1, Lyndee McLaughlin, WOU, 125-3.

Men (Top 3 GNAC Finishers): Hammer - 1, Mark Warren, WOU, 150-1.

2021-22 GNAC Outdoor Meet Summaries

Thurs., Apr. 21-Fri., Apr. 22

Trudnowski Open

at Vigilante Field, Helena, Mont.

Women's Team Scores: Carroll (Mont.) 256, Montana State Billings 108, Providence (Mont.) 92, Rocky Mountain 59, Montana Western 13.

Women (Top 3 GNAC Finishers): 100 Meters - 3, Madison Thompson, MSUB, 13.21. 400 Meters - 2, Madeline Severson, MSUB, 1:01.55. 5,000 Meters - 3, Kit Wiersema, MSUB, 21:24.71. 100 Hurdles - 3, Whitney Herden, MSUB, 17.59. 400 Hurdles - 2, Sierra Durbin, MSUB, 1:10.25. 4x100 Relay - 2, Montana State Billings (Thompson, Hamill, Bohl, Clark), 56.32. 4x400 Relay - 3, Montana State Billings (Severson, Durbin, Hamill, Whitmer), 4:20.92. High Jump - 2, Madeline Severson, MSUB, 4-9. Long Jump - 1, Madeline Severson, MSUB, 17-0.75. Shot Put - 2, Dakota Lobmeyer, MSUB, 39-8.75. Javelin - 3, Jordan Cookman, MSUB, 100-3.

Men's Team Scores: Carroll (Mont.) 220, Providence (Mont.) 116, Rocky Mountain 70, Montana State Billings 70, Montana Western 22, Ascent Endurance Group 8, Montana St.-Northern 4.

Men (Top 3 GNAC Finishers): 100 Meters - 3, Favor Okere, MSUB, 11.52. 110 Hurdles - 2, Bradley Graves, MSUB, 15.73. 4x100 Relay - 2, Montana State Billings (Ullery, Graves, Okere, Ralston), 43.66. Triple Jump - 2, Garrett McMillen, MSUB, 42-10.25. Shot Put - 2, Braden Anderson, MSUB, 46-5.5. Hammer - 2, Coen Giusti, MSUB, 156-8. Javelin - 2, Ryder Klein, MSUB, 153-10.

Fri., Apr. 22

EOU Open

at Banner Bank Track, La Grande, Ore.

Women (Top 3 GNAC Finishers): 200 Meters - 2, Abbey Wood, NNU, 25.59; 3, Kalli Brence, NNU, 25.77. 400 Meters - 1, Laine DeJong, NNU, 59.92; 3, Abbey Wood, NNU, 1:00.93. 800 Meters - 2, Kalen Belton, NNU, 2:26.44. 1,500 meters - 2, Kalen Belton, NNU, 4:56.05. 4x100 Relay - 2, Northwest Nazarene (Wood, Fouse, Katie Baniaga, Kayla Baniaga), 49.50. High Jump - 1, Miya Koch, NNU, 5-3.75. Pole Vault - 1, Julie Cheney, NNU, 12-3.5. Long Jump - 1, Emma Clark, NNU, 18-0; 2, Laine DeJong, NNU, 17-1. Triple Jump - 1, Emma Clark, NNU, 36-9; 2, Ellie Alberts, NNU, 35-5.75. Shot Put - 3, Destany Herbert, NNU, 38-11.75. Javelin - 1, Nizhoni Buckway, NNU, 126-3.

Men (Top 3 GNAC Finishers): 100 Meters - 3, Cameron Willey, NNU, 11.02. 200 Meters - 1, Hunter Braseth, NNU, 22.00. 400 Meters - 2, Hunter Braseth, NNU, 50.95. 800 Meters - 3, Tyler Shea, NNU, 1:56.61. 1,500 Meters - 1, Tyler Shea, NNU, 3:56.90. 110 Hurdles - 2, Steven Schmidt, NNU, 15.56; 3, Turner Nye, NNU, 16.20. 4x100 Relay - 2, Northwest Nazarene (Wong, Braseth, Willey, Hunt), 43.04. High Jump - 1, Gerohm Rihari, NNU, 6-5.5. Long Jump - 2, Gerohm Rihari, NNU, 22-6.25; 3, Steven Schmidt, NNU, 21-10.75. Hammer - 2, Derek Knight, NNU, 151-4. Javelin - 1m Laurenz Waldbauer, NNU, 191-7; 3, Abe Mitchell, NNU, 146-0.

Fri., Apr. 22-Sat., Apr. 23

Oregon Relays

at Hayward Field, Eugene, Ore.

Women (Top 3 GNAC Finishers): Long Jump - 3, Jenelle Hurley, WOU, 19-0. Triple Jump - 3, Ana Popchock, WOU, 37-9.25.

Men (Top 3 GNAC Finishers): 800 Meters - 3, Justin Crosswhite, WOU, 1:52.09. Triple Jump - 3, Marley Harrison, WOU, 45-1.75.

Sat., Apr. 23

CWU Wildcat Invitational

at Recreation Sport Complex, Ellensburg, Wash.

Women (Top 3 GNAC Finishers): 100 Meters - 2, E'lexis Hollis, CWU, 12.10; 3, Makenna Hansen, CWU, 12.24. 200 Meters - 2, Aniya Green, SPU, 25.86. 800 Meters - 2, Libby Michael, SPU, 2:19.69. 1,500 Meters - 1, Ellie Rising, SPU, 4:44.99. 3,000 Meters - 1, Cassidy Walchak-Sloan, SMU, 10:28.60; 2, Nicki Yorges, SPU, 10:38.21; 3, Naomi Hartley, SMU, 10:40.27. 5,000 Meters - 1, Brittany Aquino, WWU, 19:19.41; 2, Molly Mattson, CWU, 19:33.61; 3, Zoie Mastin, CWU, 20:03.83. 100 Hurdles - 1, Lauryn Chandler, CWU, 14.51. 400 Hurdles - 1, McCall DeChenne, CWU, 1:03.20. 4x100 Relay - 1, Central Washington, 47.75; 2, Saint Martin's, 49.54; 3, Western Washington, 49.67. 4x400 Relay - 2, Central Washington, 4:06.24. High Jump - Tie 1, Kylie Griffin, CWU, 5-2.25; Tie 1, Aliyah Dawkins, WWU, 5-2.25; 3, Leanne Kibbee, WWU, 5-0.25. Long Jump - 1, Peace Igbonagwam, SPU, 19-8.25; 2, Aliyah Dawkins, WWU, 18-4.5; 3, Lainnie Lyamba, WWU, 18-3.25. Triple Jump - 2, Erica Cabanos, CWU, 37-1.75.; 3, Lainnie Lyamba, WWU, 35-0.5. Shot Put - 2, Katie Potts, WWU, 44-2; 3, Avery Fisk, CWU, 43-10.5. Discus - 3, Katie Potts, WWU, 139-5. Hammer - 1, Raine Westfall, WWU, 163-7; 3, Mercedes Pesina, CWU, 150-9.

Men (Top 3 GNAC Finishers): 100 Meters - 3, Zachary Davis, CWU, 10.88. 200 Meters - 3, Bryan Sidor, CWU, 22.10. 800 Meters - 1, Will Henry, WWU, 1:53.87; 2, Jonah Bloom, WWU, 1:54.85; 3, Brock Knowles, WWU, 1:55.56. 1,500 Meters - 2, Jon Owen, SPU, 4:01.36; 3, Rajesh Gill, CWU, 4:02.62. 3,000 Meters - 1, Lance Slichko, SMU, 8:45.83; 3, Isaac Cortes, SMU, 8:56.27. 110 Hurdles - 1, Aiden Wise, CWU, 14.82; 2, Andrew Boyd, SMU, 14.87; 3, Drew Klein, CWU, 15.26. 400 Hurdles - 1, Austin Albertin, CWU, 54.62; 2, Reilly Williams, CWU, 56.17. Steeplechase - 2, Jason Blinn, WWU, 9:47.48; 3, Espen Diamond, CWU, 10:09.18. 4x100 Relay - 1, Central Washington, 41.87; 2, Western Washington, 42.03. 4x400 Relay - 2, Central Washington, 3:24.57; 3, Western Washington, 3:24.96. High Jump - 2, Beau Sheeran, WWU, 6-9.75; 3, Ethan Sterkel, WWU, 6-4. Long Jump - 1, Josh Schulz, SMU, 23-6.75; 2, Ethan Sterkel, WWU, 23-4.5. Triple Jump - 1, Josh Schulz, SMU, 45-11.75; 2, Christopher Hines, CWU, 44-4; 3, Seren Dances, WWU, 43-3.75. Shot Put - 2, Ben Malquist, WWU, 51-8.5. Javelin - 1, Jaydon Tryon, WWU, 184-5.