



Jan. 25, 2022 • Week 2
 GNACSports.com • @GNACSports

Contact: Blake Timm, Assistant Commissioner For Communications
 503-805-8756 • btimm@gnacsports.com

GNAC Track & Field At A Glance

THIS WEEK'S MEETS

Fri., Jan. 28-Sat., Jan. 29

Alaska Anchorage, Central Washington, Seattle Pacific, Simon Fraser, Western Oregon, Western Washington at UW Invitational, Seattle, Wash.
 Simon Fraser at John Thomas Terrier Classic, Boston, Mass.

Sat., Jan. 29

Northwest Nazarene at Stacy Dragila Invitational, Pocatello, Idaho
 Montana State Billings at Don Holst Open Chadron, Neb.

LAST WEEK'S MEETS

Fri., Jan. 21-Sat., Jan. 22

Dave Little Alumni Mile at Donald Young Center, Spearfish, S.D.
Women's Team Scores: Dickinson State 169, Black Hills State 149, Montana State Billings 110.5, Rocky Mountain 73, South Dakota Mines 71.5.
Women (Top 3 GNAC Finishers): 400 Meters - 2, Madeline Severson, MSUB, 1:04.07. 800 Meters - 2, Ally Whitmer, MSUB, 2:35.49; 3, Anna Jessop, MSUB, 2:43.31. 3,000 Meters - 3, Kailee Stoppel, MSUB, 10:45.34. 4x400 Relay - 3, Montana State Billings (Severson, Clark, Hamill, Whitmer), 4:28.49. DMR - 2, Montana State Billings (Stoppel, Clark, Taylor, Jessop), 14:24.33; 3, Montana State Billings (Whitmer, Bohl, Seigle, Wiersema), 14:24.46. High Jump - 3, Madeline Severson, MSUB, 4-10.5.

Men's Team Scores: Dickinson State 154, South Dakota Mines, Black Hills State 119, Montana State Billings 62, Rocky Mountain 46, Dawson CC 34, Deja Vu Track Club 10.

Men (Top 3 GNAC Finishers): 200 Meters - 2, Ben Ralston, MSUB, 23.86; 3, William Ullery, MSUB, 23.93. 5,000 Meters - 1, Ase Ackerman, MSUB, 15:20.69; 2, Logan Straus, MSUB, 15:22.29. DMR - 1, Montana State Billings (Peiro, Ralston, Bailey, Edgerton), 11:30.94.

Sat., Jan. 22

Lauren McCluskey Memorial Open at Kibbee ASUI Activity Center, Moscow, Idaho
Women (Top 3 GNAC Finishers): 60 Meters - 3, Juliette Williams, CWU, 7.89. 200 Meters - 2, Makenna Hansen, CWU, 25.32. 3,000 Meters - 2, Sara Sabra, SMU, 10:45.83. 60 Hurdles - 3, McCall DeChenne, CWU, 9.07. 4x400 Relay - 2, Central Washington (Ochoa, Hansen, Sewell, DeChenne), 4:06.75. Triple Jump - 1, Erica Cabanos, CWU, 36-7. Weight Throw - 2, Meagan Smallbeck, CWU, 56-6.75.

Men (Top 3 GNAC Finishers): 800 Meters - 3, Austin Albertin, CWU, 1:56.54. Mile - 1, Trevor Allen, CWU, 4:26.41. 3,000 Meters - 2, Kainalu Pagente, SMU, 8:46.09; 3, Lance Slichko, SMU, 8:49.81. 60 Hurdles - 2, Aiden Wise, CWU, 8.59; 3, Andrew Boyd, SMU, 8.61.

Sat., Jan. 22 & Sun., Jan. 23

Portland Indoor #2 at Austin Sports Complex, Newberg, Ore. (Jan. 22) & Chiles Center, Portland, Ore. (Jan. 23).
Women (Top 3 GNAC Finishers): 60 Meters - 1, Maya Hopwood, WOU, 7.93. Mile - 1, Katie Chapman, WOU, 5:15.85. 60 Hurdles - 2, Ana Popchock, WOU, 9.39; 3, Maliyah Thompson, WOU, 9.53. High Jump - 3, Kalulusno Ngaida, WOU, 5-2.25. Long Jump - 2, Amity Deters, WOU, 16-9.75. Triple Jump - 1, Ana Popchock, WOU, 36-4.75; 2, Kalulusno Ngaida, WOU, 35-6.75. Shot Put - 1, Moana Gianotti, WOU, 40-10.5. Weight Throw - 2, Lilianna Lyness, WOU, 42-9.75; 3, Emillia Carpenter, WOU, 41-6.

Men (Top 3 GNAC Finishers): 400 Meters - 3, Aaron Hanible, WOU, 51.70. 60 Hurdles - 2, Brennen Sorah, WOU, 8.74; 3, Gabe Burchfield, WOU, 8.88. Triple Jump - 1, Marley Harrison, WOU, 44-3.5; 3, Jacob Flury, WOU, 39-11.25. Shot Put - 1, Owen Collins, WOU, 45-3. Weight Throw - 1, Owen Collins, WOU, 51-3; 2, Mark Warren, WOU, 49-0.75.

#GNACTF in 280

@GNACSports

#DailyDouble Western Oregon's **Owen Collins** was named the GNAC Men's Field Athlete of the Week after he won both the shot put and the weight throw at the Portland Indoor #2 meet.

#DoubleInTheTriple The Wolves also swept the triple jump events at the meet with **Marlon Harrison** winning the men's competition and **Ana Popchock** winning the women's.

#WildcatSweep Central Washington swept the women's weekly awards with **Erica Cabanos** named the Women's Field Athlete of the Week and **Juliette Williams** winning Women's Track Athlete of the Week honors.

#TopsInThe5k Montana State Billings' **Ase Ackerman** earned Men's Track Athlete of the Week laurels after winning the 5,000 meters at the Dave Little Alumni Mile. After conversion for track size and altitude, the mark leads the GNAC.

Get Social

Twitter Accounts/Hashtags For GNAC Track & Field Programs

GNAC	@GNACSports	#GNACTF
Alaska Anchorage	@UAASEawolves	#UAASEawolves
Cent. Washington	@CWUAthletics	#ReignCrimson
MSU Billings	@MSUBSports	#MSUBTF
NW Nazarene	@NNUSports	
Saint Martin's	@SMUSaints	#SaintsStrong
Seattle Pacific	@SPUFalcons	
Simon Fraser	@SFU_Athletics	#RepTheLeaf
W. Oregon	@WOUWolves	#HowlAboutIt
W. Washington	@WWUathletics	#VIKTorious

GNAC Athletes of the Week



MEN'S TRACK
Ace Ackerman, Montana State Billings
Junior • Glendive, Mont.

Ackerman was the Yellowjackets' lone individual event winner at the Dave Little Alumni Mile meet, winning the 5,000 meters in a time of 15:20.69. After conversion for track size and altitude to 14:56.58, Ackerman holds the top time in the event in the GNAC this season.



WOMEN'S TRACK
Juliette Williams, Central Washington
Sophomore • Arlington, Wash.

Williams tied the school record in the 60 meters at the Lauren McCluskey Memorial Open. The top non-Division I finisher in the race, Williams took third in a time of 7.78 seconds to tie the mark set by teammate Makenna Hansen last week. The duo is tied for third in the GNAC this season.

Also Nominated: Trevor Allen (Central Washington), Kainalu Pagente (Saint Martin's), Brennen Sorah (Western Oregon).

Also Nominated: Kailee Stoppel (Montana State Billings), Sara Sabra (Saint Martin's), Maliyah Thompson (Western Oregon).



MEN'S FIELD
Owen Collins, Western Oregon
Senior • Portland, Ore.

Collins won both throwing events at the Portland Indoor #2 meet. He won the shot put by over two feet with a mark of 45 feet, 3 inches, ranking second in the GNAC this season. Collins also had a two-foot margin of victory in the weight throw with a mark of 51 feet, 3 inches that is No. 3 in the GNAC this season.



WOMEN'S FIELD
Erica Cabanos, Central Washington
Sophomore • Puyallup, Wash.

Cabanos won the triple jump at Saturday's Lauren McCluskey Memorial Open with a mark of 36 feet, 7 inches. The mark ranks No. 2 in the GNAC this season.

Also Nominated: Favor Okere (Montana State Billings), Micah Au-Haupu (Saint Martin's).

Also Nominated: Aubrie Chapman (Montana State Billings), Brianna Cabrera (Saint Martin's), Ana Popchok (Western Oregon).

Past GNAC Athletes of the Week

Date	Men's Track	Men's Field	Women's Track	Women's Field
Nov. 29-Dec. 5	Cooper Cummings, WWU	No Selection	Aliyah Dawkins, WWU	No Selection
Dec. 6-12	Mac Franks, WWU	David Njeri, SPU	Annika Esvelt, SPU	Meagan Smallbeck, CWU
Jan. 10-16	Aaron Ahl, SFU Joshua Wagner, UAA	Ethan Sterkel, WWU	Alison Andrews-Paul, SFU	Meagan Smallbeck, CWU
Jan. 17-23	Ase Ackerman, MSUB	Owen Collins, WOU	Juliette Williams, CWU	Erica Cabanos, CWU

Complete Player of the Week releases are available online at GNACSports.com.

Around The GNAC

ALASKA ANCHORAGE



- Alaska Anchorage did not compete last week. The Seawolves return to action on January 28 and 29, competing at the UW Invitational in Seattle.
- Sophomore **Joshua Wagner's** school-record performance in the men's 60-meter hurdles led Alaska Anchorage in its debut at the Cougar Classic Open on January 14 in Spokane.
- Wagner ran 8.15 seconds in the preliminary heats, a time that is No. 2 on the GNAC All-Time List and ranks 22nd in Division II this season. He went on to finish fourth in the finals in 8.52 seconds and also placed fourth in the 200 meters in 22.49 seconds.
- In the women's 60-meter hurdles, freshman **Mette Van der Meer** opened her collegiate career by running 9.20 seconds, which ranks No. 6 on the UAA all-time list.
- Freshman **Coleman Nash** took second in the men's 3,000 meters in 8:28.95 while junior **Jacob Moos** was seventh in a time of 8:34.
- Senior **Nancy Jeptoo** opened the year by placing fifth in the women's 3,000 meters in a time of 10:53.
- In the field events, senior **Collin Sample** placed second in the men's long jump with a leap of 21 feet, 8 inches, which ranks No. 6 on the UAA all-time list. Sophomore **Carlotta Duenninger** finished 10th in the high jump with a clearance of 4 feet, 9 inches.

CENTRAL WASHINGTON



- Winning efforts by sophomore **Erica Cabanos** and senior **Trevor Allen** and a school record-tying dash by sophomore **Juliette Williams** led Central Washington's performances at the Lauren McCluskey Memorial Open in Moscow, Idaho.
- Cabanos led a sweep of the women's weekly awards, earning GNAC Women's Field Athlete of the Week for her winning mark in the triple jump of 36 feet, 7 inches. She was a four-inch winner over Greta Kuhne of Idaho. The mark ranks No. 2 in the GNAC this season.
- Williams was selected as the GNAC Women's Track Athlete of the Week after she tied the school record in the 60 meters with a time of 7.78 seconds. She was the top non-Division I competitor in the race, placing third. **Senior Makenna Hansen** placed fifth in 7.86 seconds and finished second in the 200 meters in 25.32 seconds.
- Allen was the only individual winner for CWU on the track, winning the men's mile in a time of 4:26.41. The time ranks eighth in the GNAC this season.
- Senior **Meagan Smallbeck** notched an NCAA Championships provisional qualifying mark with her second-place finish in the women's weight throw. Her mark of 56 feet, 6.75 inches is 24th in Division II this season.
- The Wildcats also received a second-place finish from freshman **Aiden Wise** in the men's 60-meter hurdles. His time of 8.59 seconds was just off the winning time of 8.44 seconds by Linfield's Keaton Wood. The women's 4x400-meter relay team of **Yareli Ochoa**, Hansen, **Sarah Sewell** and **McCall DeChenne** also placed second in 4:06.75.
- Central Washington will be among the six GNAC teams competing at the UW Invitational on Friday and Saturday in Seattle.

MONTANA STATE BILLINGS



- Junior **Ase Ackerman's** victory in the men's 5,000 meters led a pair of victories for Montana State Billings at the Dave Little Alumni Mile meet on Friday and Saturday in Spearfish, South Dakota.
- Ackerman was named the GNAC Men's Track Athlete of the Week after winning in a time of 15:20.69. He was two seconds ahead of junior teammate **Logan Straus**, who ran 15:22.29. After conversion to 14:56.58 for altitude and track size, Ackerman's time is tops in the GNAC this season.
- The men's distance medley relay team of **Jordi Peiro**, **Ben Ralston**, **Jackson Bailey** and **Bryant Edgerton** was the Yellowjackets' other winner in a time of 11:30.94. The team was 13 seconds better than second-place Rocky Mountain.
- The MSUB women were led by a pair of second-place individual finishes. Freshman **Madeline Severson** finished second in the 400 meters in a time of 1:04.07. Junior **Ally Whitmer** added a second-place finish in the 800 meters in a time of 2:35.49.
- The women's distance medley relay team of **Kailee Stoppel**, **Sophia Bohl**, **Skyler Taylor** and **Kit Wiersema** also placed second in a time of 14:24.33.
- Adding a second-place finish for the men was freshman **Benjamin Ralson** in the 200 meters in 23.86 seconds.
- Montana State Billings is right back in action this weekend, taking part in the Don Holst Open on Saturday in Chadron, Nebraska.

NORTHWEST NAZARENE



- Northwest Nazarene will continue its indoor season at the Stacy Dragila Invitational on Saturday in Pocatello, Idaho.
- The Nighthawks opened the 2020-21 season at the Spokane Invitational on December 11.
- Freshman **Miya Koch** led the NNU women's placers, tying for fourth in the high jump with a mark of 5 feet, 3 inches. Sophomore **Destany Herbert** placed seventh in the shot put with a mark of 42 feet, 4.75 inches and seventh in the weight throw at 49 feet, 5.5 inches. Both marks broke Herbert into the NNU top-10 lists.
- Junior **Colton Burr** led a number of solid NNU efforts in the men's throws, placing fourth in the weight throw with a mark of 52 feet, 9.5 inches and eighth in the shot put with a mark of 43 feet, 10.75 inches. Junior **Cody Robbins** placed sixth in the men's shot put with a mark of 44 feet, 8.75 inches.
- Freshman **Steven Schmidt** tied for fifth in the men's high jump with a clearance of 6 feet, 6.75 inches. Sophomore **Turner Nye** added an eighth-place finish in the pole vault at 14 feet, 7.25 inches.

Around The GNAC

SAINT MARTIN'S



- A pair of second-place finishes in the 3,000 meters led Saint Martin's performances at the Lauren McCluskey Memorial Open in Moscow, Idaho.
- Freshman **Kainalu Pagente** collected a second-place finish in the men's 3,000 in a time of 8:46.09. Junior **Lance Slichko** was not far behind in third place in a time of 8:49.81.
- Freshman **Sara Sabra** placed second in the women's 3,000 in a time of 10:45.83, leading three SMU runners to finish sixth or better in the race.
- Sophomore **Andrew Boyd** scored a third-place finish in the men's 60-meter hurdles, running a time of 8.61 seconds after clocking 8.64 seconds in the preliminaries.
- The Saints' top efforts in the field events came from the women. Junior **Brianna Cabrera** and freshman **Phoebe Young** tied for fifth in the pole vault, clearing 10 feet, while freshman **Claire Skaggs** placed eighth at 9 feet, 6.25 inches. Sophomore **Eden Mortensen** was eighth in the high jump, clearing 4 feet, 10.25 inches.
- Saint Martin's does not compete again until February 4 and 5, competing in the WSU Open at The Podium in Spokane.

SEATTLE PACIFIC



- Seattle Pacific did not compete last week. The Falcons return to the track this weekend, participating in the UW Invitational on Friday and Saturday.
- A number of top-five performances in the men's sprints and middle distances led Seattle Pacific's efforts at the UW Indoor Preview on January 15.
- Freshman **Isaiah Archer** won the men's 1,000 meters in a time of 1:21.72 while freshman **Gabe Woodard** placed fifth in 1:29.38. Sophomore **Jon Owen** finished fourth in the 1,000 meters in 1:40.80 while sophomore **Evan Carpenter** was fifth in the 400 meters in a time of 51.56 seconds.
- Junior **David Njeri** added a third-place finish in the men's triple jump, beating a pair of Stanford competitors with his leap of 47 feet, 9 inches.
- Sophomore **Annika Esvelt** led the SPU women as she lowered her NCAA Championships provisional qualifying time in the 3,000 meters. She was the first non-Division I or open athlete in a time of 9:51.80, which ranks No. 12 in Division II this season.
- Senior **Madison Licari** was the top women's field event performer, placing seventh in the pole vault with a clearance of 11 feet, 2.5 inches.



SIMON FRASER

- Simon Fraser did not compete last week. The team will be in split-squad mode this weekend, sending some competitors to the John Thomas Terrier Classic in Boston and others to the UW Invitational in Seattle.
- Running in its first official meet since March 2020, Simon Fraser made a big splash against top competition at the UW Indoor Preview in Seattle on January 15.
- Junior **Alison Andrews-Paul** earned USTFCCCA Division II Women's Athlete of the Week on January 18 after she won the 800 meters in 2:08.61. She won by eight seconds over Stanford's Hannah Wilson. The time leads Division II, is No. 20 across all divisions this season and ranks No. 10 on the GNAC All-Time List.
- Junior **Aaron Ahl** was named the GNAC Men's Track Co-Athlete of the Week after running 7:53.89 in the 3,000 meters. The top non-Division I or open competitor in the event, Ahl's time is the eighth-fastest in Division II history under all conditions, leads Division II this season and is the third-fastest across all college divisions. On the GNAC All-Time List, Ahl only trails the Division II all-time best of 7:50.81 run by Western Oregon's David Ribich in 2018.
- Junior **Emily Lindsay** took third in the women's 400 meters in an NCAA Championships provisional qualifying time of 56.39 seconds. The performance ranks seventh in Division II this season.
- Andrews-Paul and Lindsay combined with freshmen **Erika Binder** and **Marie-Eloise Leclair** to win the 4x400-meter relay in a time of 3:50.46. The performance ranks fourth in Division II this season. Leclair also took third in the 60 meters with a time of 7.72 seconds.
- Freshman **Zackary Kuzyk** took third in the men's high jump, clearing 6 feet, 4.75 inches, and also took third in the long jump with a mark of 22 feet, 8 inches.
- The Simon Fraser women are ranked No. 21 in the first USTFCCCA Division II Team Index of the season.

WESTERN OREGON



- Two victories in the throws by senior **Owen Collins** led Western Oregon's performances at the Portland Indoor #2 meet on Saturday and Sunday.
- Owens was named the GNAC Men's Field Athlete of the Week after winning the shot put with a mark of 45 feet, 3 inches, and the weight throw with a mark of 51 feet, 3 inches. The shot put mark ranks second in the GNAC this season while his mark in the weight throw ranks third.
- Junior **Maya Hopwood** was a winner in the women's 60 meters with a time of 7.93 seconds while freshman **Katie Chapman** took first in the women's mile in a time of 5:15.85.
- The Wolves swept the top spot in both triple jump competitions. Senior **Ana Popchock** won the women's event with a mark of 36 feet, 4.75 inches. She was also second in the 60-meter hurdles in a time of 9.39 seconds. Junior **Marlon Harrison** won the men's competition with a mark of 44 feet, 3.5 inches. Harrison's mark ranks No. 2 in the GNAC this season.
- The Wolves' other victory was in the women's shot put with senior **Moana Gianotti** winning with a mark of 40 feet, 10.5 inches.
- Western Oregon heads north this weekend to compete at the UW Invitational in Seattle on Friday and Saturday.

Around The GNAC

WESTERN WASHINGTON



- Western Washington did not compete last week. The Vikings return to Dempsey Indoor to take part in the UW Invitational on Friday and Saturday.

- Two school records and junior **Ethan Sterkel's** winning performance in the long jump led Western Washington's efforts at the UW Indoor Preview on January 15.

- Sterkel won the long jump with a school-record mark of 23 feet, 7.25 inches. The NCAA Championships provisional qualifying performance ranks 21st in Division II this season. Sterkel also took second in the high jump with a mark of 6 feet, 6.75 inches.

- Junior **Mac Franks** established a WWU record in the 3,000 meters with a time of 8:14.59. He placed 19th in the 50-competitor field. His time ranks No. 10 on the GNAC All-Time List and No. 8 in Division II this season. In the same event, freshman **Kevin McDermott** ran an NCAA Championships provisional qualifying time of 8:19.37, which ranks 17th in Division II this season.

- Sophomore **Raine Westfall** set the WWU record in the women's weight throw, placing fourth with a mark of 49 feet, 10.5 inches.

- Freshman **Mia Crocker** added a third-place finish in the women's 800 meters with a time of 2:20.16. The time ranks No. 8 on the WWU all-time list.

- In the men's sprints, freshman **Tyrone Woodard** placed eighth in the 60 meters with a time of 7.22 seconds after running 7.12 seconds in the preliminary heats. Freshman **Ryan Henry** placed third in 200 meters in 22.85 seconds with freshman **Lucas Brenek** right behind in fourth at 23.09 seconds.

Men's Indoor Regional & National Indexes

GNAC MEN'S TEAMS IN THE USTFCCCA POLLS

National

Jan. 25

No Ranked GNAC Teams

USTFCCCA DIVISION II NATIONAL TEAM INDEX

Week 1 - Jan. 25, 2022

Note: First 2022 index released on January 25

Rk	School	Pts.	Prev.
1.	Grand Valley St.	161.50	2
2.	Ashland	116.67	1
3.	Pittsburg St.	115.95	5
4.	Lee (Tenn.)	107.34	4
5.	Fort Hays State	106.37	34
6.	Central Missouri	103.30	11
7.	Adams State	102.34	36
8.	UC-Colorado Springs	95.01	17
9.	CSU Pueblo	81.60	21
10.	Nebraska-Kearney	66.77	26
11.	Findlay	65.69	11
12.	West Texas A&M	62.18	3
13.	Texas A&M-Commerce	53.53	8
14.	Academy of Art	50.63	26
15.	Azusa Pacific	50.57	NR
16.	Lenoir-Rhyne	50.46	38
17.	MSU Moorhead	48.39	39
18.	Minnesota State	48.07	20
19.	Queens (N.C.)	47.25	17
20.	American International	44.45	NR
21.	Mississippi College	44.07	NR
22.	Colorado Mesa	42.79	21
23.	Lincoln (Mo.)	41.51	7
24.	Missouri Southern	40.27	14
25.	Limestone	39.18	NR

[Complete Poll Online](#)

USTFCCCA WEST REGION TEAM INDEX

Week 1 - Jan. 24, 2022

Rk	School	Pts.	Prev.
1.	Azusa Pacific	453.08	NR
2.	Western Washington	430.42	NR
3.	Central Washington	235.17	NR
4.	Academy of Art	235.15	NR
5.	Western Oregon	233.35	NR
6.	Simon Fraser	194.16	NR
7.	Northwest Nazarene	192.93	NR
8.	Montana State Billings	160.84	NR
9.	Concordia Irvine	138.00	NR
10.	Seattle Pacific	97.03	NR



Women's Indoor Regional & National Indexes

GNAC WOMEN'S TEAMS IN THE USTFCCCA POLLS

National

Jan. 25

SFU
21st

USTFCCCA DIVISION II NATIONAL TEAM INDEX

Week 1 - Jan. 25, 2022

Rk	School	Pts.	Prev.
1.	Azusa Pacific	165.11	NR
2.	Grand Valley St.	147.76	1
3.	Minnesota State	135.35	2
4.	Pittsburg State	134.29	10
5.	CSU Pueblo	102.29	6
6.	Lee (Tenn.)	100.25	NR
7.	West Texas A&M	98.17	3
8.	Lincoln (Mo.)	97.69	22
9.	Adams State	93.59	16
10.	Indianapolis	93.54	7
11.	UC-Colorado Springs	86.77	8
12.	Fort Hays State	68.14	16
13.	Saginaw Valley St.	65.12	5
14.	NW Missouri St.	62.42	40
15.	Walsh	59.48	34
16.	Academy of Art	57.67	23
17.	Findlay	56.87	32
18.	Mary	54.62	15
19.	Queens (N.C.)	47.97	19
20.	Hillsdale	46.63	10
21.	Simon Fraser	45.01	NR
22.	Winona State	36.93	38
23.	Tiffin	35.14	14
24.	Ashland	34.21	23
25.	Concordia-St. Paul	33.96	19

[Complete Poll Online](#)

USTFCCCA WEST REGION TEAM INDEX

Week 1 - Jan. 24, 2022

Rk	School	Pts.	Prev.
1.	Azusa Pacific	474.98	NR
2.	Central Washington	254.62	NR
3.	Academy of Art	243.15	NR
4.	Concordia Irvine	182.74	NR
5.	Western Oregon	181.35	NR
6.	Simon Fraser	178.06	NR
7.	Western Washington	170.99	NR
8.	Cal Poly Pomona	162.31	NR
9.	Seattle Pacific	127.56	NR
10.	Stanislaus State	120.87	NR



GNAC Provisional Qualifiers For NCAA Indoor Championships

MEN'S QUALIFIERS AS OF JAN. 23, 2022

Event	Athlete	Mark	Rank	Date
800 Meters	Mac Franks, WWU	1:52.34	16th	12/11/21
	Will Henry, WWU	1:52.82	23rd	12/11/21
Mile	Hunter Hutton, WOU	4:07.78	9th	1/15/22
	Mac Franks, WWU	4:08.41	11th	1/15/22
3,000 Meters	Aaron Ahl, SFU	7:53.89	1st	1/15/22
	Mac Franks, WWU	8:14.59	8th	1/15/22
	Kevin McDermott, WWU	8:19.37	17th	1/15/22
60 Hurdles	Joshua Wagner, UAA	8.15	22nd	1/14/22
Long Jump	Ethan Sterkel, WWU	7.19/23-7.25	21st	1/15/22
Triple Jump	David Njeri, SPU	14.95/49-0.75	16th	12/11/21

WOMEN'S QUALIFIERS AS OF JAN. 23, 2022

Event	Athlete	Mark	Rank	Date
400 Meters	Emily Lindsay, SFU	56.39	7th	1/15/22
800 Meters	Alison Andrews-Paul, SFU	2:08.61	1st	1/15/22
3,000 Meters	Annika Esvelt, SPU	9:51.80	17th	1/15/22
4x400 Relay	Simon Fraser	3:50.46	4th	1/15/22
	(Binder, Andrews-Paul, Leclair, Lindsay)			
High Jump	Aliyah Dawkins, WWU	1.68/5-6	T-12th	12/3/21
Weight Throw	Meagan Smallbeck, CWU	17.24/56-6.75	24th	1/22/22

2022 NCAA Indoor Championships Qualifying Standards

NCAA Provisional	Event	NCAA Provisional
6.87	60 Meters	7.67
8.23	60 Meter Hurdles	8.83
21.69	200 Meters	24.85
48.52	400 Meters	56.80
1:52.85	800 Meters	2:14.51
4:10.99	Mile	4:58.15
8:21.16	3,000 Meters	9:58.36
14:29.97	5,000 Meters	17:26.42
3:17.02	4x400 Relay	3:52.59
10:05.84	Distance Medley Relay	12:07.33
2.04/6-8.25	High Jump	1.67/5-5.75
4.78/15-8.25	Pole Vault	3.69/12-1.25
7.12/23-4.5	Long Jump	5.67/18-7.25
14.44/47-4.5	Triple Jump	11.70/38-4.75
16.38/53-9	Shot Put	13.70/44-11.5
17.84/58-6.5	Weight Throw	17.08/56-0.5
4,753	Heptathlon/Pentathlon	3,258

A Note On Qualifying: There is no automatic qualifying marks for the 2022 NCAA Championships. Athletes who meet the NCAA's provisional standard will be used to fill the championships field in descending order until the maximum field size is reached. To view the complete list of qualifying standards, [Click Here](#).

NCAA Division II Indoor Track & Field Championships: Fri., Mar. 11 & Sat., Mar. 12, Pittsburg, Kansas

Top Performances Lists (TFRRS): [NCAA Division II Men](#) | [NCAA Division II Women](#) | [GNAC Men](#) | [GNAC Women](#) | [U.S./World Best Lists \(T&FN\)](#)

GNAC Indoor Track & Field Records

MEN - ALL MEETS

60 Meters	6.72	Alex Donigian, Western Washington (2015)
200 Meters	21.47	Jeremiah Lauzon, Simon Fraser (2020)
400 Meters	47.61	Vladislav Tsygankov, Simon Fraser (2017)
800 Meters	1:47.74	Derek Holdsworth, Western Oregon (2020)
Mile	3:58.88	David Ribich, Western Oregon (2018)
3,000 Meters	7:50.81	David Ribich, Western Oregon (2018)
5,000 Meters	13:47.73	Micah Chelimo, Alaska Anchorage (2014)
60m Hurdles	8.08	Travis Milbrandt, Western Oregon (2015)
4x400 Relay	3:12.45	Alaska Anchorage (2016)
Nicholas Taylor, Liam Lindsey, Adam Commandeur, Cody Thomas		
Distance Medley	9:40.15	Western Oregon (2017)*
Dustin Nading, AJ Holmberg, Josh Dempsey, David Ribich		
High Jump	2.22/7-3.25	Mikel Smith, Saint Martin's (2017)
Pole Vault	5.31/17-5	Ryan Brown, Western Washington (2011)
Long Jump	7.46/24-5.75	Vladislav Tsygankov, Simon Fraser (2016)
Triple Jump	15.06/49-5	Luke Plummer, Central Washington (2015/2017)
Shot Put	17.94/58-10.75	Cameron Neel, Western Washington (2007)
Weight Throw	18.85/61-10.25	Aidan Cain, Central Washington (2020)
Heptathlon	5,508	Chris Randolph, Seattle Pacific (2006)

MEN'S CONFERENCE MEET RECORDS

60 Meters	6.75	Alex Donigian, Western Washington (2014)
200 Meters	21.56	Carlos Ortiz, Concordia (2018)
400 Meters	47.80	Joel Webster, Simon Fraser (2016)
800 Meters	1:50.83	David Ribich, Western Oregon (2018)
Mile	4:10.01	David Ribich, Western Oregon (2017)
3,000 Meters	8:27.83	Henry Cheseto, Alaska Anchorage (2015)
5,000 Meters	14:36.06	Dominik Notz, Alaska Anchorage (2016)
60m Hurdles	8.08	Travis Milbrandt, Western Washington (2015)
4x400 Relay	3:14.10	Alaska Anchorage (2017)
Liam Lindsay, Darrior Gray, Nicholas Taylor, Adam Commandeur		
Distance Medley	9:58.18	Simon Fraser (2019)
Pierre-Louis Detourbe, Nate St. Romain, Aaron Ahl, Rowan Doherty		
High Jump	2.21/7-3	Mikel Smith, Saint Martin's (2017)
Pole Vault	5.16/16-11	Payton Lewis, Northwest Nazarene (2011)
Long Jump	7.38/24-2.5	Vladislav Tsygankov, Simon Fraser (2016)
Triple Jump	15.06/49-5	Luke Plummer, Central Washington (2015/2017)
Shot Put	17.47/57-3.75	Cameron Neel, Central Washington (2007)
Weight Throw	18.64/61-2	Aidan Cain, Central Washington (2020)
Heptathlon	5,269	Kodiak Landis, Central Washington (2017)

CONFERENCE MEET HEPTATHLON EVENTS

60 Meters	7.03	Kodiak Landis, Central Washington (2018)
Long Jump	6.95/22-9.75	James Phillips, Concordia (2018)
	6.95/22-9.75	Kodiak Landis, Central Washington (2019)
Shot Put	13.69/44-11	Giovanni Brown, Concordia (2019)
High Jump	2.01/6-7	Micah Tranch, Northwest Nazarene (2017)
60m Hurdles	8.28	Travis Turner, Alaska Anchorage (2017)
Pole Vault	5.05/16-6.75	Payton Lewis, Northwest Nazarene (2016)
1,000 Meters	2:41.39	Giovanni Brown, Concordia (2019)

WOMEN - ALL MEETS

60 Meters	7.52	Paige Johnson, Concordia (2020)
200 Meters	24.09	Jamie Ashcroft, Alaska Anchorage (2017)
400 Meters	54.87	Jahzelle Ambus, Seattle Pacific (2016)
800 Meters	2:04.94	Helen Crofts, Simon Fraser (2011)
Mile	4:32.88	Jessica Pixler, Seattle Pacific (2010)
3,000 Meters	9:07.05	Caroline Kurgat, Alaska Anchorage (2019)#
5,000 Meters	15:28.46	Caroline Kurgat, Alaska Anchorage (2019)#
60m Hurdles	8.51	Mariyah Vongsaveng, Central Washington (2017)
4x400 Relay	3:42.44	Seattle Pacific (2016)
Jalen Tims, Lynelle Decker, Cheryl Hong, Jahzelle Ambus		
Distance Medley	11:23.47	Alaska Anchorage (2019)
Ruth Cvancara, Vanessa Aniteye, Danielle McCormick, Caroline Kurgat		
High Jump	1.77/5-9.75	Danielle Ayers-Stamper, Seattle Pacific (2005)
Pole Vault	3.93/12-10.75	Halle Irvine, Central Washington (2018)
Long Jump	5.98/19-7.5	Peace Igbonagwam, Seattle Pacific (2019)
Triple Jump	12.70/41-8	Keshara Romain, Saint Martin's (2020)
Shot Put	17.62/57-9.75	McKenzie Warren, Concordia (2017)*
Weight Throw	19.52/64-0.5	Christina MacDonald, Concordia (2018)
Pentathlon	4,007	Danielle Ayers-Stamper, Seattle Pacific (2005)

WOMEN'S CONFERENCE MEET RECORDS

60 Meters	7.52	Paige Johnson, Concordia (2020)
200 Meters	24.09	Jamie Ashcroft, Alaska Anchorage (2017)
400 Meters	54.87	Jahzelle Ambus, Seattle Pacific (2016)
800 Meters	2:08.28	Jessica Pixler, Seattle Pacific (2010)
Mile	4:40.39	Jessica Pixler, Seattle Pacific (2010)
3,000 Meters	9:47.64	Jennifer Johnson, Simon Fraser (2015)
5,000 Meters	16:47.07	Sarah Porter, Western Washington (2010)
60m Hurdles	8.51	Mariyah Vongsaveng, Central Washington (2017)
4x400 Relay	3:46.41	Simon Fraser (2016)
Distance Medley	11:23.47	Alaska Anchorage (2019)
Ruth Cvancara, Vanessa Aniteye, Danielle McCormick, Caroline Kurgat		
High Jump	1.77/5-9.75	Taylor Fettig, Central Washington (2014)
Pole Vault	3.93/12-10.75	Halle Irvine, Central Washington (2019)
Long Jump	5.98/19-7.5	Peace Igbonagwam, Seattle Pacific (2019)
Triple Jump	12.70/41-8	Keshara Romain, Saint Martin's (2020)
Shot Put	17.02/55-10.25	McKenzie Warren, Concordia (2017)
Weight Throw	18.67/61-3	Kori Sprague, Concordia (2020)
Pentathlon	3,815	Scout Cai, Seattle Pacific (2019)

CONFERENCE MEET PENTATHLON EVENTS

60m Hurdles	8.75	Rosie Smith, Alaska Anchorage (2016)
High Jump	1.69/5-6.5	Taylor Fettig, Central Washington (2014 & 2015)
		Karolin Anders, Alaska Anchorage (2015)
		Geneva Lehnert, Seattle Pacific (2017)
		Scout Cai, Seattle Pacific (2019)
Shot Put	11.96/39-3	Charlene Harber, Western Oregon (2012)
Long Jump	5.68/18-7.75	Karolin Anders, Alaska Anchorage (2016)
800 Meters	2:15.88	Ali Anderson, Central Washington (2017)

* - NCAA Division II record

- Division II all-time all-conditions best (oversized track)

GNAC Outdoor Track & Field Records

MEN - ALL MEETS

100 Meters	10.22	Alex Donigian, Western Washington (2015)
200 Meters	20.93	Alex Donigian, Western Washington (2016)
400 Meters	47.51	Ethan Hewitt, Alaska Anchorage (2011)
800 Meters	1:47.58	Badane Sultessa, Western Oregon (2015)
1,500 Meters	3:37.35	David Ribich, Western Oregon (2018)+
3,000 Meters	8:24.61	Jordan Welling, Western Washington (2014)
5,000 Meters	13:41.99	Micah Chelimo, Alaska Anchorage (2014)
10,000 Meters	28:37.75	Micah Chelimo, Alaska Anchorage (2014)
110m Hurdles	14.19	Travis Milbrandt, Western Washington (2016)
400m Hurdles	51.48	Vladislav Tsygankov, Simon Fraser (2017)
Steeplechase	8:45.63	Micah Chelimo, Alaska Anchorage (2012)
4x100 Relay	41.10	Central Washington (2010)
4x400 Relay	3:10.60	Alaska Anchorage (2016)
High Jump	2.16/7-1	Mikel Smith, Saint Martin's (2016)
Pole Vault	5.40/17-8.5	Ryan Brown, Western Washington (2010)
Long Jump	7.91/25-11.5	David Registe, Alaska Anchorage (2009)
Triple Jump	15.50/50-10.25	Wesley Gray, Western Oregon (2017)
Shot Put	18.55/60-10.5	Frank Catelli, Western Washington (2014)
Discus	55.78/183-0	Jake Knight, Northwest Nazarene (2019)
Hammer	62.89/206-4	Pro Escobedo, Western Oregon (2003)
Javelin	77.98/255-10	Cody Parker, Alaska Anchorage (2013)
Decathlon	7,872	Chris Randolph, Seattle Pacific (2006)

MEN'S CONFERENCE MEET RECORDS

100 Meters	10.43	Anthony Wright, Central Washington (2010)
200 Meters	21.32	Rimar Christie, Northwest Nazarene (2013)
	21.32	Tyrell Williams, Western Oregon (2014)
400 Meters	47.55	Ethan Hewitt, Alaska Anchorage (2012)
	47.55	Kodiak Landis, Central Washington (2018)
800 Meters	1:49.31	Paul Mach, Seattle Pacific (2005)
1,500 Meters	3:47.37	David Ribich, Western Oregon (2017)
5,000 Meters	14:29.41	Micah Chelimo, Alaska Anchorage (2011)
10,000 Meters	30:25.75	Jordan Walling, Western Washington (2011)
110m Hurdles	14.21	Travis Milbrandt, Western Washington (2015)
400m Hurdles	51.77	Cordell Cummings, Western Washington (2019)
Steeplechase	8:47.26	Ryan Brockerville, Simon Fraser (2012)
4x100 Relay	41.10	Central Washington (2010)
4x400 Relay	3:13.84	Simon Fraser (2015)
		Bryan Mack, Anthony Wright, Anthony Hogan, Kincaid Nichols
		Stuart Ellenwood, Cameron Proceviat, Joel Webster, Daniel Kelloway
High Jump	2.11/6-11	Tevin Gladden, Alaska Anchorage (2017)
Pole Vault	5.14/16-10.75	Ryan Brown, Western Washington (2010)
Long Jump	7.52/24-8.25	David Registe, Alaska Anchorage (2008)
Triple Jump	15.50/50-10.25	Wesley Gray, Western Oregon (2017)
Shot Put	18.20/59-8.75	Josh Koch, Concordia (2016)
Discus	55.74/182-10	Jake Knight, Northwest Nazarene (2019)
Hammer	61.61/202-1	Michael Hoffman, Western Washington (2008)
Javelin	71.19/233-7	Beau Ackerman, Montana State Billings (2022)
Decathlon	7,201	Cody Thomas, Alaska Anchorage (2016)

+ - Denotes Division II national record

WOMEN - ALL MEETS

100 Meters	11.64	Jamie Ashcroft, Alaska Anchorage (2015)
200 Meters	23.99	NyEma Sims, Seattle Pacific (2007)
400 Meters	53.56	Mary Pierce, Alaska Anchorage (2007)
800 Meters	2:02.10	Helen Crofts, Simon Fraser (2013)
1,500 Meters	4:11.06	Jessica Pixler, Seattle Pacific (2010)
3,000 Meters	9:35.75	Sarah Porter, Western Washington (2011)
5,000 Meters	14:40.45	Caroline Kurgat, Alaska Anchorage (2019)
10,000 Meters	32:08.09	Caroline Kurgat, Alaska Anchorage (2019)+
100m Hurdles	13.64	Mariyah Vongsaveng, Central Washington (2018)
400m Hurdles	58.22	Sidney Trinidad, Central Washington (2019)
Steeplechase	10:02.45	Julia Howley, Simon Fraser (2019)
4x100 Relay	46.19	Simon Fraser (2017)
4x400 Relay	3:41.80	Western Oregon (2018)
High Jump	1.78/5-10	Teona Perkins, Seattle Pacific (2007)
Pole Vault	4.04/13-3	Scout Cai, Seattle Pacific (2021)
Long Jump	6.22/20-5	Renick Meyer, Seattle Pacific (2018)
Triple Jump	12.60/41-4.25	Chrisalyn Johnson, Alaska Anchorage (2019)
Shot Put	17.39/57-0.75	McKenzie Warren, Concordia (2017)
Discus	55.74/182-10	Melissa Ausman, Concordia (2018)
Hammer	62.42/204-9	Christina MacDonald, Concordia (2018)
Javelin	54.18/177-9	Bethany Drake, Western Washington (2016)
Heptathlon	5,606	Danielle Ayers-Stamper, Seattle Pacific (2005)

WOMEN'S CONFERENCE MEET RECORDS

100 Meters	11.81	Jamie Ashcroft, Alaska Anchorage (2015)
200 Meters	24.30	Grace Morgan, Alaska Anchorage (2013)
400 Meters	54.19	Vanessa Aniteye, Alaska Anchorage (2019)
800 Meters	2:06.38	Jessica Pixler, Seattle Pacific (2010)
1,500 Meters	4:23.02	Caroline Kurgat, Alaska Anchorage (2019)
3,000 Meters	9:53.80	Jessica Pixler, Seattle Pacific (2007)
5,000 Meters	16:35.10	Caroline Kurgat, Alaska Anchorage (2019)
10,000 Meters	34:49.33	Caroline Kurgat, Alaska Anchorage (2018)
100m Hurdles	13.82	Danielle Ayers-Stamper, Seattle Pacific (2005)
400m Hurdles	58.22	Sidney Trinidad, Central Washington (2019)
Steeplechase	110:02.45	Julia Howley, Simon Fraser (2019)
4x100 Relay	46.39	Seattle Pacific (2019)
4x400 Relay	3:44.11	Peace Igbonagwam, Jenna Bouyer, Grace Bley, Julia Stepper
		Seattle Pacific (2013)
		Kishia Mitchell, Emily Quatier, Jasmine Johnson, McKayla Fricker
High Jump	1.77/5-9.75	Taylor Fettig, Central Washington (2016)
Pole Vault	3.91/12-10	Scout Cai, Seattle Pacific (2019)
Long Jump	5.99/19-8	Ali Worthen, Seattle Pacific (2013)
Triple Jump	12.58/41-3.25	Chrisalyn Johnson, Alaska Anchorage (2019)
Shot Put	16.55/54-3.75	McKenzie Warren, Concordia (2017)
Discus	53.01/173-11	Melissa Ausman, Concordia (2018)
Hammer	59.62/195-7	Christina MacDonald, Concordia (2018)
Javelin	52.40/171-11.25	Bethany Drake, Western Washington (2017)
Heptathlon	5,390	Ali Worthen, Seattle Pacific (2013)

2021-22 GNAC Indoor Meet Summaries

Fri., Dec. 3 & Sat., Dec. 4

Candy Cane Multis

at Thorpe Field House, Cheney, Wash.

Women (Top 3 GNAC Finishers): Pentathlon - 2, Aliyah Dawkins, WWU, 3,237; 3, McCall DeChenne, CWU, 3,120.

Men (Top 3 GNAC Finishers): Heptathlon - 2, Copper Cummings, WWU, 4,300.

Sat., Dec. 11

Spokane Invitational

at The Podium, Spokane, Wash.

Women (Top 3 GNAC Finishers): 200 Meters - 3, Peace Igbonagwam, SPU, 25.12. 400 Meters - 3, McCall DeChenne, CWU, 58.63. Mile - 3, Annika Esvelt, SPU, 5:06.38. Weight Throw - 3, Meagan Smallbeck, CWU, 55-6.5.

Men (Top 3 GNAC Finishers): 800 Meters - 2, Mac Franks, WWU, 1:52.34. 5,000 Meters - 3, Kevin McDermott, WWU, 15:12.11. 4x400 Relay - 3, Western Oregon (Walker, Stevens, Rambo, Southworth), 3:28.28. Triple Jump - 2, David Njeri, SPU, 49-0.75.

Fri., Jan. 14

Cougar Classic Open

at The Podium, Spokane, Wash.

Women (Top 3 GNAC Finishers): 400 Meters - 2, McCall DeChenne, CWU, 59.00. 800 Meters - 3, Sarah Sewell, CWU, 2:18.83. Weight Throw - 1, Meghan Smallbeck, CWU, 54-0.5.

Men (Top 3 GNAC Finishers): 400 Meters - 2, Austin Albertin, CWU, 49.09. 3,000 Meters - 2, Coleman Nash, UAA, 8:28.95. Long Jump - 2, Collin Sample, UAA, 21-8.

Bobcat Challenge

at Worthington Arena, Bozeman, Mont.

Women (Top 3 GNAC Finishers): 800 Meters - 1, Kailee Stoppel, MSUB, 2:24.72. 4x400 Relay - 2, Montana State Billings (Whitmer, Zent, Siegel, Jessop), 4:44.54. Triple Jump - 1, Kendall Lynn, MSUB, 36-0.75.

Men (Top 3 GNAC Finishers): 200 Meters - 2, William Ullery, MSUB, 23.47. 4x400 Relay - 3, Montana State Billings (Ackerman, Straus, Jessop, Bailey), 3:42.35. Triple Jump - 1, Garrett McMillen, MSUB, 41-7.

Sat., Jan. 15

UW Indoor Preview

at Dempsey Indoor, Seattle, Wash.

Women (Top 3 GNAC Finishers): 60 Meters - 3, Marie-Eloise Leclair, SFU, 7.72. 400 Meters - 3, Emily Lindsay, SFU, 56.39. 800 Meters - 1, Alison Andrews-Paul, SFU, 2:08.61; 3, Mia Crocker, WWU, 2:20.16. 1,000 Meters - 3, Katie Chapman, WOU, 3:12.21. 4x400 Relay - 1, Simon Fraser (Binder, Andrews-Paul, Leclair, Lindsay), 3:50.46; 3, Western Oregon (Hurley, Lambing, Popchock, Hart), 4:10.61. High Jump - 3, Sydney Kania, SFU, 5-3. Long Jump - 3, Janelle Hurley, WOU, 17-9.75.

Men (Top 3 GNAC Finishers): 200 Meters - 3, Ryan Henry, WWU, 22.85. 600 Meters - 1, Isaiah Archer, SPU, 1:21.72; 2, Mark Daniels, WWU, 1:24.56; 3, Brian Le, WWU, 1:25.64. 4x400 Relay - 2, Simon Fraser (Lenton, Allen, Good, Schmidt), 3:23.61; 3, Western Washington (Chiim, Witters, Le, Daniels), 3:27.14. High Jump - 2, Ethan Sterkel, WWU, 6-6.75; 3, Zackary Kuzyk, SFU, 6-4.75. Pole Vault - 3, Kacey Provo, WWU, 14-3.25. Long Jump - 1, Ethan Sterkel, WWU, 23-7.25; 3, Zackary Kuzyk, SFU, 22-8. Triple Jump - 3, David Njeri, SPU, 47-9.

Fri., Jan. 21-Sat., Jan. 22

Dave Little Alumni Mile

at Donald Young Center, Spearfish, S.D.

Women's Team Scores: Dickinson State 169, Black Hills State 149, Montana State Billings 110.5, Rocky Mountain 73, South Dakota Mines 71.5.

Women (Top 3 GNAC Finishers): 400 Meters - 2, Madeline Severson, MSUB, 1:04.07. 800 Meters - 2, Ally Whitmer, MSUB, 2:35.49; 3, Anna Jessop, MSUB, 2:43.31. 3,000 Meters - 3, Kailee Stoppel, MSUB, 10:45.34. 4x400 Relay - 3, Montana State Billings (Severson, Clark, Hamill, Whitmer), 4:28.49. DMR - 2, Montana State Billings (Stoppel, Clark, Taylor, Jessop), 14:24.33; 3, Montana State Billings (Whitmer, Bohl, Seigle, Wiersema), 14:24.46. High Jump - 3, Madeline Severson, MSUB, 4-10.5.

Men's Team Scores: Dickinson State 154, South Dakota Mines, Black Hills State 119, Montana State Billings 62, Rocky Mountain 46, Dawson CC 34, Deja Vu Track Club 10.

Men (Top 3 GNAC Finishers): 200 Meters - 2, Ben Ralston, MSUB, 23.86; 3, William Ullery, MSUB, 23.93. 5,000 Meters - 1, Ase Ackerman, MSUB, 15:20.69; 2, Logan Straus, MSUB, 15:22.29. DMR - 1, Montana State Billings (Peiro, Ralston, Bailey, Edgerton), 11:30.94.

Sat., Jan. 22

Lauren McCluskey Memorial Open

at Kibbee ASUI Activity Center, Moscow, Idaho

Women (Top 3 GNAC Finishers): 60 Meters - 3, Juliette Williams, CWU, 7.89. 200 Meters - 2, Makenna Hansen, CWU, 25.32. 3,000 Meters - 2, Sara Sabra, SMU, 10:45.83. 60 Hurdles - 3, McCall DeChenne, CWU, 9.07. 4x400 Relay - 2, Central Washington (Ochoa, Hansen, Sewell, DeChenne), 4:06.75. Triple Jump - 1, Erica Cabanos, CWU, 36-7. Weight Throw - 2, Meagan Smallbeck, CWU, 56-6.75.

Men (Top 3 GNAC Finishers): 800 Meters - 3, Austin Albertin, CWU, 1:56.54. Mile - 1, Trevor Allen, CWU, 4:26.41. 3,000 Meters - 2, Kainalu Pagente, SMU, 8:46.09; 3, Lance Slichko, SMU, 8:49.81. 60 Hurdles - 2, Aiden Wise, CWU, 8.59; 3, Andrew Boyd, SMU, 8.61.

Sat., Jan. 22 & Sun., Jan. 23

Portland Indoor #2

at Austin Sports Complex, Newberg, Ore. (Jan. 22) & Chiles Center, Portland, Ore. (Jan. 23).

Women (Top 3 GNAC Finishers): 60 Meters - 1, Maya Hopwood, WOU, 7.93. Mile - 1, Katie Chapman, WOU, 5:15.85. 60 Hurdles - 2, Ana Popchock, WOU, 9.39; 3, Maliyah Thompson, WOU, 9.53. High Jump - 3, Kalulusno Ngaida, WOU, 5-2.25. Long Jump - 2, Amity Deters, WOU, 16-9.75. Triple Jump - 1, Ana Popchock, WOU, 36-4.75; 2, Kalulusno Ngaida, WOU, 35-6.75. Shot Put - 1, Moana Gianotti, WOU, 40-10.5. Weight Throw - 2, Liliana Lyness, WOU, 42-9.75; 3, Emillia Carpenter, WOU, 41-6.

Men (Top 3 GNAC Finishers): 400 Meters - 3 Aaron Hanible, WOU, 51.70. 60 Hurdles - 2, Brennen Sorah, WOU, 8.74; 3, Gabe Burchfield, WOU, 8.88. Triple Jump - 1, Marley Harrison, WOU, 44-3.5; 3, Jacob Flury, WOU, 39-11.25. Shot Put - 1, Owen Collins, WOU, 45-3. Weight Throw - 1, Owen Collins, WOU, 51-3; 2, Mark Warren, WOU, 49-0.75.