



Nov. 1, 2018 • Week 11  
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## 2018 GNAC Volleyball Standings

	GNAC			Overall			Home	Away	Neutral	Streak
	W	L	Pct.	W	L	Pct.				
* Western Washington	16	0	1.000	21	3	.875	8-0	10-0	3-3	Won 21
Central Washington	13	4	.765	19	5	.792	8-2	8-3	3-0	Won 5
Alaska Anchorage	12	4	.750	19	5	.792	9-2	8-2	2-1	Won 3
Alaska	9	7	.563	11	12	.478	5-3	4-5	2-4	Won 1
Simon Fraser	8	8	.500	11	11	.500	5-3	4-5	2-3	Won 1
Seattle Pacific	8	8	.500	10	13	.435	5-5	5-4	0-4	Lost 3
Concordia	7	9	.438	10	13	.435	7-5	3-5	0-3	Lost 1
Northwest Nazarene	6	11	.353	6	18	.250	3-7	3-8	0-3	Lost 1
Montana State Billings	5	11	.313	11	15	.423	4-5	3-8	4-2	Lost 3
Western Oregon	3	13	.188	6	17	.261	1-9	3-4	2-4	Lost 3
Saint Martin's	2	14	.125	4	18	.182	1-7	2-8	1-3	Lost 1

\* - Denotes clinched share of GNAC championship

### LAST WEEK'S MATCHES

**Tues., Oct. 23**

Rocky Mountain 3, at Montana St. Billings 2  
at Western Washington 3, Simon Fraser 0\*

**Thurs., Oct. 25**

Alaska Anchorage 3, at Western Oregon 1\*  
Western Washington 3, at Montana St. Billings 0\*  
at Concordia 3, Alaska 0\*  
at Saint Martin's 3, Northwest Nazarene 1\*  
Central Washington 3, at Seattle Pacific 0\*

**Sat., Oct. 27**

Northwest Nazarene 3, at Seattle Pacific 0\*  
Alaska Anchorage 3, at Concordia 1\*  
Alaska 3, at Western Oregon 1\*  
Central Washington 3, at Saint Martin's 0\*  
Saint Martin's 3, at Montana St. Billings 0\*

**Tues., Oct. 30**

at Central Washington 3, Northwest Nazarene 0\*

### THIS WEEK'S MATCHES

**Thurs., Nov. 1**

Montana St. Billings at Central Washington, 7 p.m.\*  
Seattle Pacific at Alaska Anchorage, 7 p.m.\*  
Saint Martin's at Alaska, 7 p.m.\*  
Concordia at Simon Fraser, 7 p.m.\*  
Western Oregon at Western Washington, 7 p.m.\*

**Sat., Nov. 3**

Western Oregon at Simon Fraser, 5 p.m.\*  
Montana St. Billings at Northwest Nazarene, 7 p.m.\*  
Saint Martin's at Alaska Anchorage, 7 p.m.\*  
Seattle Pacific at Alaska, 7 p.m.\*  
Concordia at Western Washington, 7 p.m.\*

**Tues., Nov. 6**

Western Oregon at Concordia, 7 p.m.\*

\* - denotes GNAC matches.

All times local to match site.

## #GNACVB in 280

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**#TrophyInHand** Western Washington claimed a share of its second straight GNAC championship with a three-set sweep at Montana State Billings on Thursday. The Vikings can claim the title outright with a win in its final four matches.

**#BlockParty** A total of 14 blocks over her two matches last week earned Central Washington's **Sarah Joffs** selection as the GNAC Defensive Player of the Week. The GNAC has five teams ranked in Division II top-50 in blocks per set.

**#QuiteTheHall** Western Washington middle blocker **Michaela Hall** was named the GNAC Offensive Player of the Week after she had 26 kills, seven blocks and a .425 hitting percentage in the Vikings' two matches last week.

**#RegionalRollout** Western Washington is the No. 1 team in the second NCAA Division II West Regional Rankings of the season. Central Washington is ranked No. 6 while Alaska Anchorage is at No. 7.

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Cent. Washington	@CWUAthletics	#ClawsOut
Concordia	@gocugo	#SheldsUp
MSU Billings	@MSUBSports	#MSUBVB
NW Nazarene	@NNUSports	
Saint Martin's	@SMUSaints	#SaintsAlive
Seattle Pacific	@SPUFalcons	
Simon Fraser	@SFUClan	#RepTheLeaf
Western Ore.	@WOUWolves	#WOUHOO
Western Wash.	@WUUAthletics	#VIKTorious

# GNAC Volleyball Players Of The Week



## OFFENSIVE

**Michaela Hall, Western Washington**  
**MB • 6-1 • Senior • Centralia, Wash.**

Hall led the Vikings with 26 kills, seven blocks and a .425 hitting percentage as Western Washington swept both Simon Fraser and Montana State Billings to claim a share of the GNAC championship. Hall finished with a match-high of 12 kills and a .478 hitting percentage to go with three blocks against Simon Fraser on Tuesday. She then finished with a match-high 14 kills, .522 hitting percentage and four blocks at Montana State Billings on Thursday.

**Also Nominated:** Tara Melton (Alaska Anchorage), Shelby Mauritson (Central Washington), Tori Johnson (Concordia), Rachel Gondrezick (Saint Martin's), Bianca Te (Simon Fraser), Mariella Vandenkooy (Western Oregon).



## DEFENSIVE

**Sarah Joffs, Central Washington**  
**MB • 6-1 • Senior • Yakima, Wash.**

Joffs finished with 14 blocks and also had seven kills in a pair of three-set road sweeps over Seattle Pacific and Saint Martin's. Joffs finished with seven blocks and five kills against the Falcons on Thursday and then had seven blocks to go with a dig and two kills on Saturday against the Saints.

**Also Nominated:** Taylor Noga (Alaska Anchorage), Elyssa Rose (Concordia), Izela Alvarez (Montana State Billings), Courtney Misner (Saint Martin's), Sierra Shultz (Western Oregon), Kayleigh Harper (Western Washington).

## Past GNAC Players of the Week

Date	Offensive	Defensive
Aug. 20-26	Chrisalyn Johnson, UAA Eavan Taylor, MSUB	Vera Pluharova, UAA
Aug. 27-Sept. 2	Abby Phelps, WWU	Kayleigh Harper, WWU
Sept. 3-9	Kayleigh Harper, WWU	Shayli Siegfried, NNU
Sept. 10-16	Eve Stephens, UAA	Shaun Crespi, SPU
Sept. 17-23	Kayleigh Harper, WWU	Bridgette Webb, CWU
Sept. 24-30	Abby Phelps, WWU	Kyla Morgan, CWU
Oct. 1-7	Cate Whiting, UAF	Izela Alvarez, MSUB
Oct. 8-14	Brette Boesel, WWU	Katrina Dolguikh, SFU
Oct. 15-22	Taylor Markland, NNU	Abby Phelps, WWU
Oct. 23-28	Michaela Hall, WWU	Sarah Joffs, CWU

Complete Player of the Week releases are available online at [GNACSports.com](http://GNACSports.com).

## GNAC News & Notes

**TITLE IN HAND, BUT WILL THEY HAVE TO SHARE?:** With its three-set sweep at Montana State Billings last Thursday, Western Washington assured itself of no less of a share of its second straight GNAC championship. The only question left is if the Vikings will have to share the trophy.

The answer should become clearer on Thursday. Western Washington needs just one win in its next four matches to claim the championship outright. The Vikings enter the week with an unblemished 16-0 conference record and a four-match lead over Central Washington and Alaska Anchorage, both of whom are tied for second at 12-4.

Now riding a 21-match win streak, Western Washington has been nearly unstoppable. The Vikings are hitting .281 in conference matches and have dropped just five sets in the 16 matches. Speaking of streaks, the Vikings enter Thursday's match with Western Oregon on a 36-match conference winning streak.

The win streak has put Western Washington at the top of the rankings. In the NCAA Division II West Region Rankings, which will ultimately decide playoff qualification and seeding, the Vikings are at No. 1 for the second consecutive week. The Vikings are No. 2 in the AVCA Division II Top-25 Coaches Poll, receiving 20 of the poll's 44 first-place votes. The Vikings sit just 12 points behind Cal State San Bernardino, a team which the Vikings beat in five sets back on Aug. 30.

# GNAC Team Statistics

<b>HITTING PERCENTAGE</b>						<b>SERVICE ACES</b>							
	<b>S</b>	<b>Kills</b>	<b>Errs</b>	<b>Total</b>	<b>Pct</b>		<b>S</b>	<b>No.</b>	<b>Avg/S</b>		<b>S</b>	<b>No.</b>	<b>Avg/S</b>
1. Western Washington	83	1181	344	3213	.261	1. Saint Martin's	82	135	1.65				
2. Central Washington	84	1231	381	3433	.248	2. Alaska Anchorage	92	151	1.64				
3. Simon Fraser	80	1099	411	3104	.222	3. Western Oregon	85	137	1.61				
4. Alaska Anchorage	92	1220	477	3378	.220	4. Alaska	84	135	1.61				
5. Alaska	84	1006	474	2993	.178	5. Concordia (Ore.)	80	124	1.55				
6. Saint Martin's	82	944	463	2945	.163	6. MSU Billings	104	152	1.46				
7. MSU Billings	104	1159	552	3718	.163	7. Simon Fraser	80	116	1.45				
8. Northwest Nazarene	89	1035	495	3345	.161	8. Seattle Pacific	86	124	1.44				
9. Seattle Pacific	86	1038	514	3253	.161	9. Central Washington	84	99	1.18				
10. Concordia (Ore.)	80	947	466	3115	.154	10. Western Washington	83	97	1.17				
11. Western Oregon	85	950	483	3070	.152	11. Northwest Nazarene	89	95	1.07				

<b>OPPONENT HITTING PCT</b>						<b>DIGS</b>							
	<b>S</b>	<b>Kills</b>	<b>Errs</b>	<b>Total</b>	<b>Pct</b>		<b>S</b>	<b>No.</b>	<b>Avg/S</b>		<b>S</b>	<b>No.</b>	<b>Avg/S</b>
1. Western Washington	83	993	499	3355	.147	1. Central Washington	84	1647	19.61				
2. Alaska Anchorage	92	1036	527	3405	.149	2. Western Washington	83	1603	19.31				
3. Central Washington	84	1071	502	3435	.166	3. Simon Fraser	80	1536	19.20				
4. Simon Fraser	80	937	404	3071	.174	4. Northwest Nazarene	89	1608	18.07				
5. Seattle Pacific	86	1082	483	3243	.185	5. Alaska Anchorage	92	1620	17.61				
6. Alaska	84	1060	451	3000	.203	6. Concordia (Ore.)	80	1355	16.94				
7. Concordia (Ore.)	80	1080	448	3108	.203	7. Seattle Pacific	86	1445	16.80				
8. MSU Billings	104	1340	556	3750	.209	8. MSU Billings	104	1634	15.71				
9. Western Oregon	85	1134	458	3126	.216	9. Saint Martin's	82	1277	15.57				
10. Northwest Nazarene	89	1216	453	3434	.222	10. Alaska	84	1302	15.50				
11. Saint Martin's	82	1037	350	2829	.243	11. Western Oregon	85	1296	15.25				

<b>KILLS</b>					<b>BLOCKS</b>				
	<b>S</b>	<b>No.</b>	<b>Avg/S</b>		<b>S</b>	<b>Solo</b>	<b>Asst</b>	<b>Total</b>	<b>Avg/S</b>
1. Central Washington	84	1231	14.65	1. Western Washington	83	60	352	236.0	2.84
2. Western Washington	83	1181	14.23	2. Central Washington	84	41	359	220.5	2.62
3. Simon Fraser	80	1099	13.74	3. Alaska Anchorage	92	29	370	214.0	2.33
4. Alaska Anchorage	92	1220	13.26	4. Seattle Pacific	86	29	336	197.0	2.29
5. Seattle Pacific	86	1038	12.07	5. Concordia (Ore.)	80	38	268	172.0	2.15
6. Alaska	84	1006	11.98	6. Western Oregon	85	16	321	176.5	2.08
7. Concordia (Ore.)	80	947	11.84	7. Alaska	84	42	242	163.0	1.94
8. Northwest Nazarene	89	1035	11.63	8. MSU Billings	104	39	317	197.5	1.90
9. Saint Martin's	82	944	11.51	9. Simon Fraser	80	51	156	129.0	1.61
10. Western Oregon	85	950	11.18	10. Northwest Nazarene	89	22	225	134.5	1.51
11. MSU Billings	104	1159	11.14	11. Saint Martin's	82	31	184	123.0	1.50

<b>ASSISTS</b>			
	<b>S</b>	<b>No.</b>	<b>Avg/S</b>
1. Central Washington	84	1158	13.79
2. Simon Fraser	80	1053	13.16
3. Western Washington	83	1092	13.16
4. Alaska Anchorage	92	1139	12.38
5. Alaska	84	969	11.54
6. Seattle Pacific	86	992	11.53
7. Concordia (Ore.)	80	899	11.24
8. Northwest Nazarene	89	990	11.12
9. Saint Martin's	82	902	11.00
10. MSU Billings	104	1110	10.67
11. Western Oregon	85	903	10.62

# GNAC Individual Statistics

<b>HITTING PERCENTAGE</b>							<b>SERVICE ACES</b>						
Team	CI	S	Kills	Errs	Total	Pct	Team	CI	S	No.	Avg/S		
1. Harper,Kayleigh	WWU	JR	83	270	49	558	.396	1. Smythe,Alexa	MSUB	SO	63	28	0.44
2. Webb,Bridgette	CWU	JR	57	126	32	253	.372	2. Wilkins,Callie	CU	FR	71	27	0.38
3. Hall,Michaela	WWU	SR	77	212	40	471	.365	3. Holt,Leila	WOU	SR	85	32	0.38
4. Melton,Tara	UAA	SR	92	199	49	425	.353	4. Slaughter,Descinda	WOU	FR	77	28	0.36
5. May,Tessa	SFU	SR	80	256	53	583	.348	5. Oddo,Gabby	SPU	JR	86	29	0.34
6. Stephens,Eve	UAA	FR	92	298	76	688	.323	6. Gaines,Hailey	SPU	SR	85	28	0.33
7. Rose,Elyssa	CU	SO	70	139	44	331	.287	7. Wheeler,Jessica	CU	JR	76	25	0.33
8. Markland,Taylor	NNU	FR	88	148	46	357	.286	8. Lyall,Taylor	WWU	SR	55	18	0.33
9. Joffs,Sarah	CWU	SR	80	147	49	358	.274	9. Heninger,Cami	NNU	SR	89	29	0.33
10. McConnell,Miranda	MSUB	SR	104	180	57	477	.258	10. Moorhead,Emily	UAF	SO	83	27	0.33
11. Weg,Madison	CWU	SR	84	232	68	652	.252						
12. Haskett,Morgan	WOU	JR	85	105	30	304	.247						
13. Phelps,Abby	WWU	SR	83	331	75	1049	.244						
14. Swart,Makala	CWU	SO	84	319	96	945	.236						
15. Vernoy,Megan	SMU	SR	82	265	112	664	.230						
16. Kilberg,Angelica	SFU	SO	51	61	23	165	.230						
17. Wong,Kim	UAF	JR	84	140	61	359	.220						
18. Mauritson,Shelby	CWU	SR	84	322	106	1001	.216						
19. Hall,Sophie	WOU	SO	85	141	66	361	.208						
20. Weber,Lahra	UAF	SO	84	303	128	852	.205						

<b>KILLS</b>							<b>DIGS</b>						
Team	CI	S	No.	Avg/S	Team	CI	S	No.	Avg/S				

1. Phelps,Abby	WWU	SR	83	331	3.99	1. Morgan,Kyla	CWU	JR	84	499	5.94
2. Mauritson,Shelby	CWU	SR	84	322	3.83	2. Wilkins,Callie	CU	FR	71	397	5.59
3. Swart,Makala	CWU	SO	84	319	3.80	3. Siegfried,Shayli	NNU	SR	89	485	5.45
4. Weber,Lahra	UAF	SO	84	303	3.61	4. Stephens,Aubrey	WWU	JR	83	410	4.94
5. Oddo,Gabby	SPU	JR	86	288	3.35	5. Misner,Courtney	SMU	SR	82	404	4.93
6. Harper,Kayleigh	WWU	JR	83	270	3.25	6. Ganete,Amanda	SPU	SR	86	395	4.59
7. Stephens,Eve	UAA	FR	92	298	3.24	7. Phelps,Abby	WWU	SR	83	380	4.58
8. Vernoy,Megan	SMU	SR	82	265	3.23	8. Alvarez,Izela	MSUB	SO	104	475	4.57
9. May,Tessa	SFU	SR	80	256	3.20	9. Bratsberg,Jayne	SFU	SR	75	335	4.47
10. Pinkney,Kirsten	SFU	JR	80	248	3.10	10. Noga,Taylor	UAA	SR	92	407	4.42

<b>BLOCKS</b>							<b>ASSISTS</b>						
Team	CI	S	Solo	Asst	Total	Avg/S	Team	CI	S	No.	Avg/S		

1. Harper,Kayleigh	WWU	JR	83	27	86	113.0	1.36	1. Boesel,Brette	WWU	SR	83	995	11.99
2. Crespi,Shaun	SPU	SR	86	9	96	105.0	1.22	2. Aihara,Gabrielle	CWU	JR	79	947	11.99
3. Hall,Michaela	WWU	SR	77	12	81	93.0	1.21	3. Tays,Julia	SFU	SO	79	851	10.77
4. Pluharova,Vera	UAA	SO	92	10	99	109.0	1.18	4. Tran,Symone	SPU	SR	86	860	10.00
5. Webb,Bridgette	CWU	JR	57	12	55	67.0	1.18	5. Whiting,Cate	UAF	SO	84	820	9.76
6. Mellander,Julia	CWU	SO	50	4	54	58.0	1.16	6. Floyd,Ellen	UAA	FR	90	757	8.41
7. Joffs,Sarah	CWU	SR	80	17	73	90.0	1.12	7. Bartlett,Alyssa	SMU	FR	82	673	8.21
8. Rose,Elyssa	CU	SO	70	10	64	74.0	1.06	8. Clarke,Kylee	MSUB	SO	81	601	7.42
9. Weg,Madison	CWU	SR	84	2	84	86.0	1.02	9. Smythe,Alexa	MSUB	SO	63	384	6.10
10. Haskett,Morgan	WOU	JR	85	2	85	87.0	1.02	10. Nelson,Megan	NNU	JR	89	541	6.08

<b>POINTS</b>							<b>ASSISTS</b>						
Team	CI	S	K	SA	BS	BA	Pts	Avg/S	Team	CI	S	No.	Avg/S

1. Phelps,Abby	WWU	SR	83	331	12	11	36	372.0	4.48	1. Boesel,Brette	WWU	SR	83	995	11.99
2. Mauritson,Shelby	CWU	SR	84	322	21	1	27	357.5	4.26	2. Aihara,Gabrielle	CWU	JR	79	947	11.99
3. Swart,Makala	CWU	SO	84	319	9	4	47	355.5	4.23	3. Tays,Julia	SFU	SO	79	851	10.77
4. Weber,Lahra	UAF	SO	84	303	19	9	33	347.5	4.14	4. Tran,Symone	SPU	SR	86	860	10.00
5. Harper,Kayleigh	WWU	JR	83	270	0	27	86	340.0	4.10	5. Whiting,Cate	UAF	SO	84	820	9.76
6. Oddo,Gabby	SPU	JR	86	288	29	0	33	333.5	3.88	6. Floyd,Ellen	UAA	FR	90	757	8.41
7. May,Tessa	SFU	SR	80	256	9	20	33	301.5	3.77	7. Bartlett,Alyssa	SMU	FR	82	673	8.21
8. Vernoy,Megan	SMU	SR	82	265	21	2	26	301.0	3.67	8. Clarke,Kylee	MSUB	SO	81	601	7.42
9. Stephens,Eve	UAA	FR	92	298	0	8	60	336.0	3.65	9. Smythe,Alexa	MSUB	SO	63	384	6.10
10. Weg,Madison	CWU	SR	84	232	13	2	84	289.0	3.44	10. Nelson,Megan	NNU	JR	89	541	6.08