2018 GNAC INDOOR TRACK AND FIELD CHAMPIONSHIPS

Nampa, ID
Ford Idaho Center Jacksons Track
2/16/2018 - 2/17/2018

OFFICIAL MEET REPORT
printed: 2/16/2018 7:09 AM

START LIST

#1 Men's 60 Meters

Prelims 3:05 PM (Day 1)

Lane	Name	Team	Time
Heat 1 of 3			
2	ARMSTRONG, Logan	Saint Martin's	7.05
3	SCHRAM, Mason	MSU-Billings	6.99
4	MAH, Nathan	Simon Fraser	7.11
5	BLODGETT, Codi	Western Oregon	7.17
6	CARPENTER, Shayne	Seattle Pacific	7.43
7	ORTIZ, Carlos	Concordia (Ore.)	6.89
Heat 2 of 3			
2	JACKMAN, Joshua	Alaska Anchorage	7.16
3	ZOOK, Sam	MSU-Billings	6.80
4	GRAY, Darrion	Alaska Anchorage	7.04
5	WARNER, Cody	Western Oregon	NT
6	SHAY, Kaelen	MSU-Billings	7.12
7	WIDMAR, Bobby	Central Washington	7.01
Heat 3 of 3			
2	FRISBY, Lamont	MSU-Billings	6.96
3	JONES, Daniel	Western Washington	7.21
4	FORTIER, Devon	Western Oregon	7.09
5	HYLTON, Oshane	Alaska Anchorage	6.97
6	DEHAN, Matt	Saint Martin's	7.24
7	KAHUT, Isaiah	Northwest Nazarene	7.08

#2 Women's 60 Meters

Prelims 3:20 PM (Day 1)

Lane	Name	Team	Time
Heat 1 of 3			
2	THOMAS, Alexia	Central Washington	8.06
3	ROBINSON, Mataia	MSU-Billings	8.30
4	JOHNSON, Tori	Concordia (Ore.)	8.06
5	RIES, Marie	Alaska Anchorage	7.94
6	MEYER, Renick	Seattle Pacific	7.85
7	CUDDIHY, Lauren	Alaska Anchorage	8.38
Heat 2 of 3			
2	QUAYNOR, Meyer	Simon Fraser	7.84
3	MCLEAN, Kelsey	Western Washington	8.01
4	CARTER, Troi	Central Washington	8.09
5	BACH, Kaelen	Northwest Nazarene	8.97
6	TANDECKI, Taylor	Saint Martin's	8.26
7	JOHNSON, Michaela	MSU-Billings	7.95
Heat 3 of 3			
2	GREENE, Emily	Western Washington	8.13
3	YUEN, Camryn	Simon Fraser	8.10
4	HOUK, Becca	Seattle Pacific	8.00
5	NICKELSON, Artresa	Saint Martin's	NT
6	STEPPER, Julia	Seattle Pacific	7.80
7	BRADLEY, Hannah	Western Washington	7.98

START LIST

#3 Men's 200 Meters

Prelims 5:05 PM (Day 1)

Lane	Name	Team	Time
Heat 1 of 6			
3	MIKULAK, Mark	Saint Martin's	24.36
4	CAMARA, Ebu	Northwest Nazarene	21.97
5	MAH, Nathan	Simon Fraser	22.43
6	SCHRAM, Mason	MSU-Billings	22.81
Heat 2 of 6			
3	VANVLIET, Nick	Concordia (Ore.)	NT
4	HYLTON, Oshane	Alaska Anchorage	22.66
5	ORTIZ, Carlos	Concordia (Ore.)	21.95
6	WELCH, Bryant	Western Washington	22.52
Heat 3 of 6			
4	ZOOK, Sam	MSU-Billings	21.72
5	LINDSAY, Liam	Alaska Anchorage	22.56
6	BLAKE, Logan	Northwest Nazarene	22.58
Heat 4 of 6			
3	HAND, Jackson	Saint Martin's	22.01
4	WIDMAR, Bobby	Central Washington	22.81
5	JACKMAN, Joshua	Alaska Anchorage	22.39
6	BLODGETT, Codi	Western Oregon	23.43
Heat 5 of 6			
3	RUSSELL, Justin	Simon Fraser	23.23
4	JONES, Daniel	Western Washington	22.86
5	BROWN, Adam	Concordia (Ore.)	22.02
6	LANDIS, Kodiak	Central Washington	22.37
Heat 6 of 6			
3	SHAY, Kaelen	MSU-Billings	23.09
4	GRAY, Darrion	Alaska Anchorage	22.15
5	FRISBY, Lamont	MSU-Billings	22.32
6	FORTIER, Devon	Western Oregon	23.07

#4 Women's 200 Meters

Prelims 5:35 PM (Day 1)

Lane	Name	Team	Time
Heat 1 of 7			
3	QUAYNOR, Meyer	Simon Fraser	26.44
4	COLLINS, Jewlz	MSU-Billings	26.98
5	ANITEYE, Vanessa	Alaska Anchorage	NT
6	VONGSAVENG, Mariyah	Central Washington	26.12
Heat 2 of 7			
3	INDERBITZIN, Julia	Central Washington	NT
4	BRADLEY, Hannah	Western Washington	25.96
5	RIES, Marie	Alaska Anchorage	26.04
6	CUDDIHY, Lauren	Alaska Anchorage	28.03
Heat 3 of 7			
3	TAYLOR, Lani	Seattle Pacific	26.34
4	MCLEAN, Kelsey	Western Washington	26.89

START LIST

#4 Women's 200 Meters (cont'd)

Prelims 5:35 PM (Day 1)

Lane	Name	Team	Time
5	ANDERSON, Ali	Central Washington	25.29
6	CARTER, Troi	Central Washington	NT
Heat 4 of 7			
3	NICKELSON, Artresa	Saint Martin's	27.00
4	STEPPER, Julia	Seattle Pacific	25.99
5	THOMAS, Alexia	Central Washington	NT
6	WEST, Bryce	Simon Fraser	26.09
Heat 5 of 7			
3	MURATA, Tamaki	Central Washington	NT
4	SMITH, Savannah	Western Washington	26.35
5	YUEN, Camryn	Simon Fraser	27.83
6	BLEY, Grace	Seattle Pacific	25.78
Heat 6 of 7			
4	ROBINSON, Mataia	MSU-Billings	28.07
5	TANDECKI, Taylor	Saint Martin's	27.10
6	SYTSMA, Emily	Western Washington	26.02
Heat 7 of 7			
4	MEYER, Renick	Seattle Pacific	NT
5	HOUK, Becca	Seattle Pacific	26.13
6	WEEMS , Erykah	Central Washington	25.61

#5 Men's 400 Meters

Prelims 3:35 PM (Day 1)

Lane	Name	Team	Time
Heat 1 of 5			
3	FLETT, Miles	Seattle Pacific	54.54
4	REMINGTON, Daniel	Alaska Anchorage	50.38
5	WELCH, Bryant	Western Washington	50.06
6	TAYLOR, Nicholas	Alaska Anchorage	49.27
Heat 2 of 5			
3	BROWN, Adam	Concordia (Ore.)	48.81
4	CONRAD, Ben	Simon Fraser	52.64
5	HOLMBERG, AJ	Western Oregon	NT
6	MAGEE, Zachary	Northwest Nazarene	50.34
Heat 3 of 5			
3	BLAKE, Logan	Northwest Nazarene	49.61
4	LONGLEY, Wyatt	Western Washington	51.22
5	TSYGANKOV, Vladislav	Simon Fraser	48.02
6	EYER, Rahkei	MSU-Billings	50.18
Heat 4 of 5			
3	RUSSELL, Justin	Simon Fraser	53.24
4	CALDERON, Daniel	Central Washington	51.07
5	LINDSAY, Liam	Alaska Anchorage	49.06
6	MCARTHUR, Ryan	Western Washington	50.43
Heat 5 of 5			
4	CAMARA, Ebu	Northwest Nazarene	48.96

START LIST

#5 Men's 400 Meters (cont'd)

Prelims 3:35 PM (Day 1)

Lane	Name	Team	Time
5	WHITAKER, Aaron	Western Oregon	49.67
6	ADHEMAR, Joshua	Simon Fraser	51.10

#6 Women's 400 Meters

Prelims 4:05 PM (Day 1)

Lane	Name	Team	Time
Heat 1 of 6			
3	WEST, Bryce	Simon Fraser	58.52
4	INDERBITZIN, Julia	Central Washington	1:00.04
5	NERIA, Jasmyne	Central Washington	59.60
6	CONLEY, MaKenna	Northwest Nazarene	1:02.04
Heat 2 of 6			
3	MADDEN, Sara	Western Oregon	NT
4	ANDERSON, Ali	Central Washington	56.08
5	SVASTISALEE, Deja	Western Washington	1:00.29
6	BLEY, Grace	Seattle Pacific	59.38
Heat 3 of 6			
4	NISKANEN, Nicole	Western Oregon	1:02.41
5	COLLINS, Katie	Central Washington	58.89
6	TAYLOR, Lani	Seattle Pacific	58.31
Heat 4 of 6			
3	WEEMS , Erykah	Central Washington	59.18
4	ANITEYE, Vanessa	Alaska Anchorage	57.05
5	BAYLY, Rachel	Western Oregon	NT
6	BLAND, Emily	Central Washington	59.64
Heat 5 of 6			
3	SMITH, Savannah	Western Washington	58.44
4	COLLINS, Jewlz	MSU-Billings	NT
5	FOOS, Isabella	Western Washington	1:01.33
6	BLUSCHKE, Renate	Simon Fraser	57.17
Heat 6 of 6			
4	BURKE, Grayson	Western Oregon	58.56
5	SHIELDS-BROWN, Mairin	Simon Fraser	1:00.10
6	SYTSMA, Emily	Western Washington	59.19

#7 Men's 800 Meters

Prelims 4:35 PM (Day 1)

Lane	Name	Team	Time
Heat 1 of 2			
1	KEMBOI, Godfrey	Northwest Nazarene	1:56.55
2	HENSON, Drake	MSU-Billings	1:55.74
3	CRANSTON , Neal	Western Oregon	1:56.30
4	TORRES, Richard	Simon Fraser	1:57.69
5	FREINHOFER, Dylan	Simon Fraser	1:54.96
6	FRANKS, Macauley	Western Washington	1:58.41
7	RIBICH, David	Western Oregon	NT

START LIST

#7 Men's 800 Meters (cont'd)

Prelims 4:35 PM (Day 1)

Lane	Name	Team	Time
8	GALLAGHER, Thomas	Simon Fraser	NT
Heat 2 of 2			
1	KNOTT, Curt	Western Oregon	1:57.12
2	MARSHALL, Dominick	Western Oregon	1:59.08
3	SAGER, Kyler	Western Washington	1:56.02
4	NORMANDEAU, Thomas	Western Oregon	1:57.40
5	WALLACE, Noah	Concordia (Ore.)	1:53.19
6	SCOTT, Trevaughn	Central Washington	1:55.77
7	ABDALLA, Ryan	Northwest Nazarene	2:00.07
8	OROZCO, Eduardo	Alaska Anchorage	NT
9	VARGAS, Carlos	Simon Fraser	NT

#8 Women's 800 Meters

Prelims 4:50 PM (Day 1)

Lane	Name	Team	Time
Heat 1 of 2			
1	KNIGHT, Akeilia	Alaska Anchorage	2:15.43
2	WOODS, Olivia	Western Oregon	2:10.62
3	MUSSATTO, Alana	Simon Fraser	2:09.69
4	PEREZ, Tamara	Alaska Anchorage	2:16.08
5	NISLY, Heidi	Northwest Nazarene	2:22.09
Heat 2 of 2			
1	CHILTON, Emily	Simon Fraser	2:20.02
2	ROSE, Megan	Western Oregon	2:12.37
3	MCCORMICK, Danielle	Alaska Anchorage	2:07.13
4	CVANCARA, Ruth	Alaska Anchorage	2:18.84
5	PHAN, Chynna	Seattle Pacific	2:14.75

#9 Men's 1 Mile Run

11:25 AM (Day 2)

Lane	Name	Team	Time
Section 1 of 2			
1	GRAFF, Elius	Seattle Pacific	4:23.61
2	JESSOP, Carson	MSU-Billings	4:33.87
3	HANSEN, Ben	Seattle Pacific	4:29.21
4	OROZCO, Eduardo	Alaska Anchorage	4:23.69
5	CARLTON, Corbin	Central Washington	4:27.49
6	VENEMA, Ronald	MSU-Billings	4:30.29
7	RICKBEIL, Peder	Seattle Pacific	4:30.85
8	LEAF, Ron	Central Washington	4:30.64
9	COSSETTE, Liam	Western Washington	4:23.14
10	HOVLAND, Mark	MSU-Billings	4:31.67
11	GIORDANO, Dominic	Concordia (Ore.)	4:34.09
12	SEKHON, Jalen	Simon Fraser	4:27.05
13	CHERUIYOT, Robert	Alaska Anchorage	4:51.82
Section 2 of 2			

START LIST

#9 Men's 1 Mile Run (cont'd)

11:25 AM (Day 2)

Lane	Name	Team	Time
1	MARSON, Parker	Western Oregon	4:16.48
2	NADING, Dustin	Western Oregon	4:04.50
3	JORGENSEN, Oliver	Simon Fraser	4:06.82
4	CROSSWHITE, Justin	Western Oregon	4:15.02
5	JASPERSON, James	Western Washington	4:20.62
6	RIBICH, David	Western Oregon	3:58.88
7	FEY, Stephen	Western Oregon	4:19.70
8	AHL, Aaron	Simon Fraser	4:19.96
9	WILSON, Jordan	Simon Fraser	4:19.22
10	GALLAGHER, Thomas	Simon Fraser	4:21.31

#10 Women's 1 Mile Run

11:45 AM (Day 2)

Lane	Name	Team	Time
Section 1 of 2			
1	HOLMBERG, Dania	Seattle Pacific	5:20.99
2	KILLINGBECK, Aysia	Concordia (Ore.)	5:35.27
3	NELSON, Miranda	Central Washington	5:37.44
4	THOMPSON, Elizabeth	Seattle Pacific	5:13.48
5	CARROLL, Sophie	Seattle Pacific	5:23.97
7	TINGELSTAD, Isabelle	Western Oregon	5:38.68
Section 2 of 2			
1	NOCK, Paige	Simon Fraser	4:56.99
2	BURROUGHS, Mariah	Alaska Anchorage	5:08.73
3	CHARLESON, Mary	Seattle Pacific	5:00.29
4	BASSETT, Miryam	Simon Fraser	4:51.92
5	PEREZ, Tamara	Alaska Anchorage	4:57.83
6	VAN DE GRIFT, Suzie	Western Oregon	4:48.95
7	LILLY, Kate	Seattle Pacific	5:05.36
8	MAURMANN, Nicole	Western Oregon	5:04.40
9	BARR, Jane	Western Washington	5:09.14
10	KOGER, Aundrea	Western Washington	5:12.49

#11 Men's 3000 Meters

1:55 PM (Day 2)

Lane	Name	Team	Time
Section 1 of 2			
1	GREENE, Bret	Western Washington	8:40.62
2	WILSON, Jordan	Simon Fraser	8:41.35
3	JESSOP, Carson	MSU-Billings	9:26.58
4	MENDOZA, Tyus	MSU-Billings	8:56.67
5	MOATS, Josh	Concordia (Ore.)	9:06.85
6	KEMBOI, Godfrey	Northwest Nazarene	8:42.37
7	HAMILTON, Nick	Northwest Nazarene	8:51.16
8	COLMENERO, Ivan	MSU-Billings	NT
9	GARCIA, Royce	Seattle Pacific	9:03.71

START LIST

#11 Men's 3000 Meters (cont'd)

1:55 PM (Day 2)

Lane	Name	Team	Time
10	OLSON, Jadon	Western Washington	8:39.84
11	GALLOWAY, Shad	Seattle Pacific	9:02.00
12	MURRY, Noah	Concordia (Ore.)	9:45.11
13	VENEMA, Ronald	MSU-Billings	9:16.12
14	SANCHEZ, Jorge	Alaska Anchorage	8:54.52
15	MACIAS, Jose	Concordia (Ore.)	9:11.48
16	HECKMAN, Jasper	Saint Martin's	NT
17	KORTA, Kaleb	Alaska Anchorage	8:40.07
18	EDGECOMB, Joe	Saint Martin's	NT
Section 2 of 2			
1	EGELAND, Jorey	MSU-Billings	8:36.29
2	DE DALMASES, Mateo	Simon Fraser	8:16.16
3	DOHERTY, Rowan	Simon Fraser	8:20.90
4	DERLINE, Isaac	Western Washington	8:39.84
5	KEMBOI, Felix	Alaska Anchorage	8:26.05
6	MILLER, Sean	Simon Fraser	8:27.20
7	NADING, Dustin	Western Oregon	8:10.82
8	LEWIS, Judd	Concordia (Ore.)	8:37.48
9	BUTLER, Peter	Western Washington	8:38.51
10	HAMEL, Eric	Western Washington	8:38.25
11	JONES, Tyler	Western Oregon	8:21.20
12	HAYES, Dylan	Western Washington	8:39.66
13	MCMICHAEL, Porter	Western Washington	8:38.92

#12 Women's 3000 Meters

2:55 PM (Day 2)

Lane	Name	Team	Time
Section 1 of 2			
1	MANZER, Sierra	Northwest Nazarene	10:33.41
2	BURROUGHS, Riley	Alaska Anchorage	10:18.72
3	MELVILLE, Tracy	Western Washington	10:36.27
4	LOPEZ, Yadira	Saint Martin's	10:25.99
5	AIKEN, Nikki	MSU-Billings	10:42.97
6	LAIBLIN, Alexandra	Western Washington	10:15.09
7	SOLEIM, Nicole	Central Washington	10:37.49
8	GALVEZ, Sophia	Western Washington	10:24.29
9	GANNON, Grace	Alaska Anchorage	10:42.22
10	MORRIS, Amy	Simon Fraser	10:45.87
11	CLEM, Delaney	Central Washington	10:55.92
12	LILLY, Kate	Seattle Pacific	NT
13	CHARLESON, Mary	Seattle Pacific	NT
14	MCKINNEY, Cassie	Western Oregon	NT
15	THOMPSON, Elizabeth	Seattle Pacific	NT
Section 2 of 2			
1	CHELIMO, Emmanuelah	Alaska Anchorage	9:59.56
2	DOBIE, Reta	Simon Fraser	9:41.58

START LIST

#12 Women's 3000 Meters (cont'd)

2:55 PM (Day 2)

Lane	Name	Team	Time
3	WILLETT, Olivia	Simon Fraser	9:58.18
4	FOOTE, Alyssa	Seattle Pacific	10:05.31
5	BURROUGHS, Mariah	Alaska Anchorage	9:58.44
6	COSCIA, Kimberly	Alaska Anchorage	10:11.07
7	SHINDRUK, Alexa	Central Washington	10:04.82
8	RUFENER, Kennedy	Western Oregon	9:56.05
9	JEPCHUMBA, Zennah	Alaska Anchorage	10:06.16
10	MAURMANN, Nicole	Western Oregon	10:06.60
11	HOWLEY, Julia	Simon Fraser	9:32.78

#13 Men's 5000 Meters

6:05 PM (Day 1)

Lane	Name	Team	Time
Section 1 of 1			
1	KEMBOI, Felix	Alaska Anchorage	14:34.31
2	MILLER, Sean	Simon Fraser	14:54.37
3	MITCHELL, Isaac	Northwest Nazarene	NT
4	EGELAND, Jorey	MSU-Billings	14:51.40
5	BUTLER, Peter	Western Washington	14:55.43
6	HAMEL, Eric	Western Washington	14:56.19
7	JORGENSEN, Oliver	Simon Fraser	NT
8	HAMILTON, Nick	Northwest Nazarene	15:17.07
9	HAYES, Dylan	Western Washington	15:09.43
10	OLSON, Jadon	Western Washington	14:57.59
11	SANCHEZ, Jorge	Alaska Anchorage	15:22.71
12	GREENE, Bret	Western Washington	15:25.92
13	MENDOZA, Tyus	MSU-Billings	15:34.37
14	MOATS, Josh	Concordia (Ore.)	15:43.46
15	COLMENERO, Ivan	MSU-Billings	15:48.74
16	SOBCZAK, Chris	Simon Fraser	16:07.73
17	CHESETO, Henry	Alaska Anchorage	NT
18	DERLINE, Isaac	Western Washington	14:57.56
19	MCMICHAEL, Porter	Western Washington	14:56.06

#14 Women's 5000 Meters

6:30 PM (Day 1)

Lane	Name	Team	Time
Section 1 of 1			
1	LAIBLIN, Alexandra	Western Washington	18:32.62
2	SHINDRUK, Alexa	Central Washington	17:06.76
3	JEPCHUMBA, Zennah	Alaska Anchorage	17:28.01
4	WALTER, Katherine	Seattle Pacific	18:00.02
5	MORRIS, Amy	Simon Fraser	18:27.05
6	CHELIMO, Emmanuelah	Alaska Anchorage	17:16.55
7	GANNON, Grace	Alaska Anchorage	18:32.19
8	BURROUGHS, Riley	Alaska Anchorage	17:50.14

START LIST

#14 Women's 5000 Meters (cont'd)

6:30 PM (Day 1)

Lane	Name	Team	Time
9	MELVILLE, Tracy	Western Washington	18:19.39
10	KETTEL, Hailey	Seattle Pacific	18:04.97
11	RUFENER, Kennedy	Western Oregon	16:53.96
12	COSCIA, Kimberly	Alaska Anchorage	18:09.11
13	GALVEZ, Sophia	Western Washington	17:48.71
14	MANZER, Sierra	Northwest Nazarene	18:16.37
15	CLEM, Delaney	Central Washington	18:56.42
16	MCNERNEY, Sedona	Seattle Pacific	18:54.72
17	MCKINNEY, Cassie	Western Oregon	NT
18	FOOTE, Alyssa	Seattle Pacific	17:09.71
19	DANNER, Bethany	Northwest Nazarene	NT
20	AIKEN, Nikki	MSU-Billings	18:55.44
21	HOBSON, Gabby	Concordia (Ore.)	NT

#15 Men's 60m Hurdles

Prelims 2:30 PM (Day 1)

Lane	Name	Team	Time
Heat 1 of 3			
2	CARPENTER, Shayne	Seattle Pacific	9.11
3	LEWIS, Payton	Northwest Nazarene	8.53
4	GUNTHER, Ryan	Central Washington	8.68
5	BROWN, Giovanni	Concordia (Ore.)	8.55
6	BOSSCHER, Aaron	Western Washington	8.86
Heat 2 of 3			
2	MIKULAK, Mark	Saint Martin's	8.99
3	CUMMINGS, Cordell	Western Washington	8.46
4	HARRIS, Peyton	Seattle Pacific	8.58
5	PHILLIPS, James	Concordia (Ore.)	8.66
6	CHISM, Ryan	Northwest Nazarene	8.92
Heat 3 of 3			
2	GAMZA, Andrey	Concordia (Ore.)	8.81
3	CASTRO, Elijah	Northwest Nazarene	8.55
4	SCOTT, Trevaughn	Central Washington	8.76
5	MAIER, Braydon	Central Washington	8.55
6	STALLARD, Jackson	Western Oregon	9.17
7	BLUM, David	Northwest Nazarene	9.51

#16 Women's 60m Hurdles

Prelims 2:45 PM (Day 1)

Lane	Name	Team	Time
Heat 1 of 3			
2	CANO, Elena	Alaska Anchorage	9.57
3	TRINIDAD, Sidney	Central Washington	9.29
4	YONKMAN, Michaela	Western Oregon	NT
5	JOHNSON, Michaela	MSU-Billings	8.92
6	VOLOSHIN, Diana	Simon Fraser	8.81

START LIST

#16 Women's 60m Hurdles (cont'd)

Prelims 2:45 PM (Day 1)

Lane	Name	Team	Time
7	BLAND, Emily	Central Washington	9.28
Heat 2 of 3			
2	MURATA, Tamaki	Central Washington	9.51
3	KENDRICK, Ariya	Saint Martin's	9.36
4	MADDEN, Sara	Western Oregon	NT
5	ORTEGA, HarLee	Central Washington	8.99
6	MEYER, Renick	Seattle Pacific	8.76
7	WEEMS , Erykah	Central Washington	9.21
Heat 3 of 3			
2	MIRAN, Ally	Northwest Nazarene	9.41
3	VONGSAVENG, Mariyah	Central Washington	8.68
4	ANDERSON, Ali	Central Washington	9.21
5	HANSEN, Claire	Western Washington	9.14
6	CONKLIN, Katie	Northwest Nazarene	9.38

#17 Men's 4 x 400m Relay

3:15 PM (Day 2)

Lane	Team		Time
Section 1 of 2			
3	Saint Martin's (A)	A	3:35.93
4	Simon Fraser (A)	A	3:29.65
5	MSU-Billings (A)	A	3:32.71
6	Seattle Pacific (A)	A	3:38.32
Section 2 of 2			
1	Central Washington (A)	A	3:24.40
2	Western Oregon (A)	A	3:23.31
3	Northwest Nazarene (A)	A	3:20.07
4	Alaska Anchorage (A)	A	3:14.20
5	Concordia (Ore.) (A)	A	3:19.63
6	Western Washington (A)	A	3:21.99

#18 Women's 4 x 400m Relay

3:30 PM (Day 2)

Lane	Team		Time
Section 1 of 2			
3	Northwest Nazarene (A)	A	4:32.69
4	Concordia (Ore.) (A)	A	4:11.45
5	MSU-Billings (A)	A	4:16.35
6	Saint Martin's (A)	A	NT
Section 2 of 2			
1	Western Washington (A)	A	3:57.88
2	Alaska Anchorage (A)	A	3:57.45
3	Seattle Pacific (A)	A	3:52.68
4	Simon Fraser (A)	A	3:50.30
5	Western Oregon (A)	A	3:51.84
6	Central Washington (A)	A	3:55.48

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#19 Men's 4000m DMR

6:55 PM (Day 1)

Lane	Team		Time
Section 1 of 1			
1	MSU-Billings (A)	A	10:29.29
2	Simon Fraser (A)	A	9:55.59
3	Northwest Nazarene (A)	A	10:48.77
4	Central Washington (A)	A	10:14.88
5	Western Oregon (A)	A	9:47.56
6	Western Washington (A)	A	10:32.99
7	Alaska Anchorage (A)	A	10:14.81
8	Seattle Pacific (A)	A	10:50.82
9	Concordia (Ore.) (A)	A	10:51.82
10	Saint Martin's (A)	A	NT

#20 Women's 4000m DMR

7:15 PM (Day 1)

Lane	Team		Time
Section 1 of 1			
1	Simon Fraser (A)	A	11:36.85
2	Alaska Anchorage (A)	A	11:32.96
3	Western Oregon (A)	A	11:48.58
4	Central Washington (A)	A	NT
5	Western Washington (A)	A	12:32.06
6	Concordia (Ore.) (A)	A	12:58.58
7	Seattle Pacific (A)	A	11:50.93

#21 Men's High Jump

10:15 AM (Day 2)

Lane	Name	Team	Mark
Flight 1 of 1			
1	TRANCH, Micah	Northwest Nazarene	2.05m
2	GIRARD, Isaiah	MSU-Billings	2.02m
3	PETERSON, Justin	Central Washington	1.90m
4	WICKLIFF, Tupre	Western Washington	2.00m
5	MAKRAKIS, Nick	Western Washington	1.90m
6	DAVIES, Garrett	Western Washington	1.90m
8	STELLWAY, Keffery	Northwest Nazarene	1.86m
9	KUZYK, Zackary	Simon Fraser	1.85m
10	BRAKE, Chris	Alaska Anchorage	2.05m
11	TROUTMAN, Alani	Western Oregon	1.75m
12	ROHDE, Kolton	Western Oregon	1.80m
13	SCHULZ, Josh	Saint Martin's	NM

#22 Women's High Jump

4:30 PM (Day 1)

Lane	Name	Team	Mark
Flight 1 of 1			
1	PETZ, Amy	Simon Fraser	1.55m
2	LEHNERT, Geneva	Seattle Pacific	1.69m

START LIST

#22 Women's High Jump (cont'd)

4:30 PM (Day 1)

Lane	Name	Team	Mark
3	CAI, Scout	Seattle Pacific	1.65m
4	CONKLIN, Katie	Northwest Nazarene	1.62m
5	MEADOWS , Shaddia	Central Washington	1.62m
6	FARETTA, Heather	Western Washington	1.55m
7	PHOMMATHIRATH, Keeley	Central Washington	1.55m
8	JOHNSON, Tori	Concordia (Ore.)	1.70m
9	VEST, Ashley	Saint Martin's	1.55m
10	POTT, Tiffany	Saint Martin's	1.55m
11	BENNER, Brooke	Seattle Pacific	1.62m
12	HANSEN, Claire	Western Washington	1.50m
13	HENRY, Bridget	Western Washington	1.50m
14	APO, Cassidy	Saint Martin's	1.50m
15	JOHNSON, Abi	Northwest Nazarene	1.47m

#23 Men's Pole Vault

1:00 PM (Day 2)

Lane	Name	Team	Mark
Flight 1 of 1			
1	TIDWELL, Dakota	Northwest Nazarene	4.20m
2	WEBSTER, Jared	Northwest Nazarene	4.90m
3	KONRAD, J. T.	Western Washington	4.73m
4	GWIN, Phillip	Northwest Nazarene	4.75m
5	DEHAN, Matt	Saint Martin's	4.60m
6	MAIER, Braydon	Central Washington	4.73m
7	LEWIS, Payton	Northwest Nazarene	5.00m
8	HOPKINS, Spencer	Northwest Nazarene	4.45m
9	THOMAS, Adam	Western Washington	4.45m
10	RICKARD, Chris	Saint Martin's	4.30m
11	LANDIS, Kodiak	Central Washington	4.85m
12	HATLAN, Dustin	Northwest Nazarene	3.95m
13	BOYLE, Craig	Saint Martin's	NM

#24 Women's Pole Vault

3:45 PM (Day 1)

Lane	Name	Team	Mark
Flight 1 of 1			
1	OLIQUIANO, Jewels	Western Washington	3.45m
2	CAI, Scout	Seattle Pacific	3.54m
3	BRELSFORD, Mariah	Western Washington	3.24m
4	ANDERSEN, Amanda	Western Washington	3.24m
5	GWIN, Kourtney	Northwest Nazarene	3.10m
6	IRVINE, Halle	Central Washington	3.70m
7	DODSON, Hannah	Western Washington	3.39m
8	ROBERTS, Rachael	Western Washington	3.33m
9	WYATT, Kayla	Central Washington	3.00m
10	KONRAD, Shawnee	Western Washington	3.09m

START LIST

#25 Men's Long Jump

4:00 AM (Day 1)

Lane	Name	Team	Mark
Flight 1 of 2			
1	PHILLIPS, James	Concordia (Ore.)	6.37m
2	TABARY, Guillaume	Saint Martin's	NM
3	NICHOLSON, Brandon	Alaska Anchorage	6.39m
4	MOORE, Nathan	Northwest Nazarene	6.30m
5	JACKMAN, Joshua	Alaska Anchorage	6.34m
6	RINGOLD, Jacob	Western Washington	6.43m
7	LEWIS, Payton	Northwest Nazarene	6.27m
8	SEGUNDO, Kai	Concordia (Ore.)	NM
9	FIELDS, Jalon	Western Oregon	NM
10	MAKRAKIS, Nick	Western Washington	6.22m
11	DEHAN, Matt	Saint Martin's	6.39m
Flight 2 of 2			
1	FORSTER, Michael	Central Washington	6.49m
2	TSYGANKOV, Vladislav	Simon Fraser	7.08m
3	CASTRO, Elijah	Northwest Nazarene	7.23m
4	TROUTMAN, Alani	Western Oregon	6.94m
5	MANAGO, Anthony	Saint Martin's	6.66m
6	LANDIS, Kodiak	Central Washington	6.89m
7	BRAKE, Chris	Alaska Anchorage	6.65m
8	SCHULZ, Josh	Saint Martin's	7.01m
9	HARRIS, Peyton	Seattle Pacific	6.49m

#26 Women's Long Jump

5:30 PM (Day 1)

Lane	Name	Team	Mark
Flight 1 of 2			
1	WALTS, Rose	Central Washington	5.16m
2	WILLIAMS, Brooke	Central Washington	5.23m
3	LEHNERT, Geneva	Seattle Pacific	5.21m
4	FRASER, Ashleigh	Saint Martin's	5.18m
5	MCMULLIN, Jasmine	Western Washington	5.23m
6	CONKLIN, Katie	Northwest Nazarene	5.16m
7	WILSON, Darian	Western Oregon	5.06m
8	PHOMMATHIRATH, Keeley	Central Washington	5.02m
9	SHIELDS-BROWN, Mairin	Simon Fraser	4.98m
10	HILL, Emma	Concordia (Ore.)	4.86m
Flight 2 of 2			
1	LOUFOUA, Nice	Northwest Nazarene	5.34m
2	ORTEGA, HarLee	Central Washington	5.56m
3	ANDERSON, Ali	Central Washington	5.50m
4	MEYER, Renick	Seattle Pacific	5.46m
5	STEPHENS, Chase	Concordia (Ore.)	5.27m
6	MAY, Kellie	Seattle Pacific	5.30m
7	CAI, Scout	Seattle Pacific	5.56m
8	BONE, Chelsea	Concordia (Ore.)	5.26m

START LIST

#26 Women's Long Jump (cont'd)

5:30 PM (Day 1)

Lane	Name	Team	Mark
9	MAHOWALD, Jackie	Northwest Nazarene	5.23m

#27 Men's Triple Jump

11:15 AM (Day 2)

Lane	Name	Team	Mark
Flight 1 of 2			
1	SEGUNDO, Kai	Concordia (Ore.)	11.71m
2	CARRIZALES, Emmy	Concordia (Ore.)	12.12m
3	PETERSON, Justin	Central Washington	NM
4	GRUNDMEYER, Jack	Western Oregon	12.00m
5	SCHULZ, Josh	Saint Martin's	NM
6	MAKRAKIS, Nick	Western Washington	NM
7	MANAGO, Anthony	Saint Martin's	NM
Flight 2 of 2			
1	BROWN, Giovanni	Concordia (Ore.)	13.74m
2	FIELDS, Jalon	Western Oregon	13.29m
3	NICHOLSON, Brandon	Alaska Anchorage	13.59m
4	LINDQUIST, Marcus	MSU-Billings	13.42m
5	BRAKE, Chris	Alaska Anchorage	13.85m
6	RINGOLD, Jacob	Western Washington	12.93m
7	CASTRO, Elijah	Northwest Nazarene	13.02m
8	GAMZA, Andrey	Concordia (Ore.)	12.98m
9	ROHDE, Kolton	Western Oregon	12.50m

#28 Women's Triple Jump

10:30 AM (Day 2)

Lane	Name	Team	Mark
Flight 1 of 1			
1	MAY, Kellie	Seattle Pacific	11.23m
2	ORTEGA, HarLee	Central Washington	11.80m
3	HILL, Emma	Concordia (Ore.)	11.76m
4	WILLIAMS, Brooke	Central Washington	11.50m
5	MAHOWALD, Jackie	Northwest Nazarene	11.44m
6	MCMULLIN, Jasmine	Western Washington	12.00m
7	LOUFOUA, Nice	Northwest Nazarene	11.42m
8	BENNER, Brooke	Seattle Pacific	11.18m
9	STEPHENS, Chase	Concordia (Ore.)	10.98m
10	CONKLIN, Katie	Northwest Nazarene	10.93m
11	WALTS, Rose	Central Washington	10.86m
12	FRASER, Ashleigh	Saint Martin's	10.13m
13	HECKATHORN, Katie	Northwest Nazarene	NM

#29 Men's Shot Put

10:00 AM (Day 2)

Lane	Name	Team	Mark
Flight 1 of 2			
1	ELDER, Brett	Concordia (Ore.)	14.42m

START LIST

#29 Men's Shot Put (cont'd)

10:00 AM (Day 2)

Lane	Name	Team	Mark
2	OSTERMILLER, Brady	MSU-Billings	14.82m
3	BARKER, Logan	Western Oregon	12.96m
4	CROSS, Forest	MSU-Billings	13.51m
5	JENSEN, Connor	Concordia (Ore.)	14.44m
6	BOWEN, Brandon	Western Oregon	14.87m
7	SIEBER, Nick	Western Oregon	14.40m
8	BRYANT-LEAT, Bryce	Western Washington	14.77m
9	ANDERSON, Canyon	Northwest Nazarene	13.95m
10	GEORGE, Grant	Alaska Anchorage	14.44m
11	CHILD, Mont	Western Oregon	13.26m
Flight 2 of 2			
1	MALQUIST, Ben	Western Washington	15.15m
2	VANBEUREN, John	Northwest Nazarene	16.33m
3	CHAMBERLIN, Jakob	Concordia (Ore.)	16.05m
4	BRIDGE, Seth	Concordia (Ore.)	14.95m
5	KOCH, Josh	Concordia (Ore.)	17.82m
6	TAFOYA, Armando	Central Washington	15.54m
7	NICHOLS, Sam	Concordia (Ore.)	16.06m
8	BRIDGE, Caleb	Concordia (Ore.)	16.02m
9	CAIN, Aidan	Central Washington	14.95m

#30 Women's Shot Put

12:30 PM (Day 2)

Lane	Name	Team	Mark
Flight 1 of 2			
1	NESSAN, Hannah	MSU-Billings	11.32m
2	SPRAGUE, Kori	Concordia (Ore.)	12.05m
3	KOROLENKO, Sasha	Northwest Nazarene	11.81m
4	DODGE, Brittany	Central Washington	11.16m
5	STRINGARI, Taylor	MSU-Billings	11.38m
6	DARDEN, Taylor	Concordia (Ore.)	12.45m
7	VERNOY, Megan	Saint Martin's	11.26m
8	WILLENBROCK, Kendal	Northwest Nazarene	10.11m
9	EDDY, Chanelle	Western Washington	10.92m
10	GIANOTTI, Moana	Western Oregon	11.67m
11	GRONBACH, Mariah	Western Oregon	10.10m
Flight 2 of 2			
1	MACDONALD, Christina	Concordia (Ore.)	14.62m
2	TAYLOR, Holly	Simon Fraser	13.25m
3	LINENKO, Katrina	Concordia (Ore.)	13.86m
4	WILLING, Tasha	Concordia (Ore.)	13.72m
5	LA RUE, Samantha	Central Washington	12.96m
6	AUSMAN, Melissa	Concordia (Ore.)	15.21m
7	HOMER, Aiyana	Central Washington	12.79m
8	BRING, Rachel	Concordia (Ore.)	12.76m
9	TENSLEY, Joselynn	Concordia (Ore.)	12.68m

START LIST

#31 Men's Weight Throw

2:45 PM (Day 1)

Lane	Name	Team	Mark
Flight 1 of 2			
1	EILAND, Brayden	Northwest Nazarene	14.61m
2	PEASLEE, Beau	MSU-Billings	15.71m
3	BRIDGE, Seth	Concordia (Ore.)	14.39m
4	BRIDGE, Caleb	Concordia (Ore.)	15.80m
5	ANDERSON, Canyon	Northwest Nazarene	15.05m
6	WU, Tiger	Simon Fraser	14.48m
7	JENSEN, Connor	Concordia (Ore.)	15.20m
8	OSTERMILLER, Brady	MSU-Billings	13.66m
9	BARKER, Logan	Western Oregon	14.15m
10	BRYANT-LEAT, Bryce	Western Washington	14.42m
11	SIEBER, Nick	Western Oregon	15.45m
Flight 2 of 2			
1	FLANAGAN, Nels	MSU-Billings	17.88m
2	VANBEUREN, John	Northwest Nazarene	18.42m
3	TAFOYA, Armando	Central Washington	18.06m
4	BEHNCKE, Peter	Simon Fraser	16.51m
5	CHAMBERLIN, Jakob	Concordia (Ore.)	18.44m
6	DENNISTON, Joe	Concordia (Ore.)	16.67m
7	SLATE, Jacob	Concordia (Ore.)	16.92m
8	CAIN, Aidan	Central Washington	16.08m
9	KOCH, Josh	Concordia (Ore.)	16.02m

#32 Women's Weight Throw

5:30 PM (Day 1)

Lane	Name	Team	Mark
Flight 1 of 2			
1	ROBERTS, Sophia	Western Washington	13.39m
2	DODGE, Brittany	Central Washington	12.35m
3	GIANOTTI, Moana	Western Oregon	12.32m
4	SPRAGUE, Kori	Concordia (Ore.)	14.11m
5	LARSON, Liz	Saint Martin's	14.01m
6	HAGADORN, Miranda	Northwest Nazarene	13.54m
7	NESSAN, Hannah	MSU-Billings	13.37m
8	KUOHA, Kassadee	MSU-Billings	14.52m
9	KORFF, Halie	Western Oregon	12.46m
10	SCHWENDEMAN, Kiana	Western Washington	12.95m
11	EDDY, Chanelle	Western Washington	13.78m
12	FALCK, Alecia	Western Oregon	13.26m
13	TENSLEY, Joselynn	Concordia (Ore.)	14.47m
14	NOBBS, Nicole	Northwest Nazarene	12.28m
Flight 2 of 2			
1	GRONBACH, Mariah	Western Oregon	15.16m
2	LINENKO, Katrina	Concordia (Ore.)	14.80m
3	WILLING, Tasha	Concordia (Ore.)	16.27m
4	HOMER, Aiyana	Central Washington	16.23m

START LIST

#32 Women's Weight Throw (cont'd)

5:30 PM (Day 1)

Lane	Name	Team	Mark
5	LA RUE, Samantha	Central Washington	16.15m
6	BRING, Rachel	Concordia (Ore.)	15.34m
7	MACDONALD, Christina	Concordia (Ore.)	18.80m
8	KOROLENKO, Sasha	Northwest Nazarene	14.88m
9	AUSMAN, Melissa	Concordia (Ore.)	17.78m
10	DEAN, Sylvia	Western Oregon	14.61m
11	TAYLOR, Holly	Simon Fraser	14.61m
12	DARDEN, Taylor	Concordia (Ore.)	14.60m

#33-1 Men's Indoor Heptathlon 60 Meters

9:00 AM (Day 1)

Lane	Name	Team
Section 1 of 1		
1	MAIER, Braydon	Central Washington
2	BROWN, Giovanni	Concordia (Ore.)
3	TIDWELL, Dakota	Northwest Nazarene
4	LANDIS, Kodiak	Central Washington
5	PHILLIPS, James	Concordia (Ore.)
6	FORSTER, Michael	Central Washington
7	TRANCH, Micah	Northwest Nazarene
8	KRUSE, Mitch	Western Oregon

#34-1 Women's Indoor Pentathlon 60m Hurdles

9:15 AM (Day 1)

Lane	Name	Team
Section 1 of 3		
2	POTT, Tiffany	Saint Martin's
4	MEADOWS , Shaddia	Central Washington
6	JESCHKE, Yvonne	Alaska Anchorage
8	VEST, Ashley	Saint Martin's
Section 2 of 3		
2	BONE, Chelsea	Concordia (Ore.)
4	CANO, Elena	Alaska Anchorage
6	MAY, Kellie	Seattle Pacific
8	BENNER, Brooke	Seattle Pacific
Section 3 of 3		
2	TRINIDAD, Sidney	Central Washington
4	ORTEGA, HarLee	Central Washington
6	CAI, Scout	Seattle Pacific
8	STEPHENS, Chase	Concordia (Ore.)

#34-2 Women's Indoor Pentathlon High Jump

10:00 AM (Day 1)

Lane	Name	Team
Flight 1 of 1		
1	MEADOWS , Shaddia	Central Washington
2	MAY, Kellie	Seattle Pacific

START LIST

#34-2 Women's Indoor Pentathlon High Jump (cont'd)

10:00 AM (Day 1)

Lane	Name	Team
3	BONE, Chelsea	Concordia (Ore.)
4	JESCHKE, Yvonne	Alaska Anchorage
5	ORTEGA, HarLee	Central Washington
6	TRINIDAD, Sidney	Central Washington
7	BENNER, Brooke	Seattle Pacific
8	CAI, Scout	Seattle Pacific
9	CANO, Elena	Alaska Anchorage
10	VEST, Ashley	Saint Martin's
11	POTT, Tiffany	Saint Martin's
12	STEPHENS, Chase	Concordia (Ore.)

#33-2 Men's Indoor Heptathlon Long Jump

9:45 AM (Day 1)

Lane	Name	Team
Flight 1 of 1		
1	MAIER, Braydon	Central Washington
2	BROWN, Giovanni	Concordia (Ore.)
3	TRANCH, Micah	Northwest Nazarene
4	PHILLIPS, James	Concordia (Ore.)
5	TIDWELL, Dakota	Northwest Nazarene
6	FORSTER, Michael	Central Washington
7	LANDIS, Kodiak	Central Washington
8	KRUSE, Mitch	Western Oregon

#33-3 Men's Indoor Heptathlon Shot Put

11:00 AM (Day 1)

Lane	Name	Team
Flight 1 of 1		
1	MAIER, Braydon	Central Washington
2	PHILLIPS, James	Concordia (Ore.)
3	FORSTER, Michael	Central Washington
4	TIDWELL, Dakota	Northwest Nazarene
5	LANDIS, Kodiak	Central Washington
6	TRANCH, Micah	Northwest Nazarene
7	BROWN, Giovanni	Concordia (Ore.)
8	KRUSE, Mitch	Western Oregon

#34-3 Women's Indoor Pentathlon Shot Put

12:00 PM (Day 1)

Lane	Name	Team
Flight 1 of 1		
1	BONE, Chelsea	Concordia (Ore.)
2	ORTEGA, HarLee	Central Washington
3	BENNER, Brooke	Seattle Pacific
4	CAI, Scout	Seattle Pacific
5	VEST, Ashley	Saint Martin's
6	TRINIDAD, Sidney	Central Washington

START LIST

#34-3 Women's Indoor Pentathlon Shot Put (cont'd)

12:00 PM (Day 1)

Lane	Name	Team
7	MAY, Kellie	Seattle Pacific
8	JESCHKE, Yvonne	Alaska Anchorage
9	CANO, Elena	Alaska Anchorage
10	MEADOWS , Shaddia	Central Washington
11	POTT, Tiffany	Saint Martin's
12	STEPHENS, Chase	Concordia (Ore.)

#33-4 Men's Indoor Heptathlon High Jump

12:10 PM (Day 1)

Lane	Name	Team
Flight 1 of 1		
1	FORSTER, Michael	Central Washington
2	PHILLIPS, James	Concordia (Ore.)
3	MAIER, Braydon	Central Washington
4	TIDWELL, Dakota	Northwest Nazarene
5	KRUSE, Mitch	Western Oregon
6	LANDIS, Kodiak	Central Washington
7	TRANCH, Micah	Northwest Nazarene
8	BROWN, Giovanni	Concordia (Ore.)

#34-4 Women's Indoor Pentathlon Long Jump

1:00 PM (Day 1)

Lane	Name	Team
Flight 1 of 1		
1	BENNER, Brooke	Seattle Pacific
2	ORTEGA, HarLee	Central Washington
3	POTT, Tiffany	Saint Martin's
4	MEADOWS , Shaddia	Central Washington
5	MAY, Kellie	Seattle Pacific
6	CANO, Elena	Alaska Anchorage
7	CAI, Scout	Seattle Pacific
8	JESCHKE, Yvonne	Alaska Anchorage
9	TRINIDAD, Sidney	Central Washington
10	VEST, Ashley	Saint Martin's
11	BONE, Chelsea	Concordia (Ore.)
12	STEPHENS, Chase	Concordia (Ore.)

#33-5 Men's Indoor Heptathlon 60m Hurdles

9:30 AM (Day 2)

Lane	Name	Team
Section 1 of 2		
2	KRUSE, Mitch	Western Oregon
4	TIDWELL, Dakota	Northwest Nazarene
6	PHILLIPS, James	Concordia (Ore.)
8	FORSTER, Michael	Central Washington
Section 2 of 2		
2	LANDIS, Kodiak	Central Washington

START LIST

#33-5 Men's Indoor Heptathlon 60m Hurdles (cont'd)

9:30 AM (Day 2)

Lane	Name	Team
4	TRANCH, Micah	Northwest Nazarene
6	MAIER, Braydon	Central Washington
8	BROWN, Giovanni	Concordia (Ore.)

#34-5 Women's Indoor Pentathlon 800 Meters

2:15 PM (Day 1)

Lane	Name	Team
Section 1 of 1		
1	CAI, Scout	Seattle Pacific
2	BENNER, Brooke	Seattle Pacific
3	TRINIDAD, Sidney	Central Washington
4	BONE, Chelsea	Concordia (Ore.)
5	MEADOWS , Shaddia	Central Washington
6	ORTEGA, HarLee	Central Washington
7	MAY, Kellie	Seattle Pacific
8	STEPHENS, Chase	Concordia (Ore.)
9	POTT, Tiffany	Saint Martin's
10	CANO, Elena	Alaska Anchorage
11	VEST, Ashley	Saint Martin's
12	JESCHKE, Yvonne	Alaska Anchorage

#33-6 Men's Indoor Heptathlon Pole Vault

10:15 AM (Day 2)

Lane	Name	Team
Flight 1 of 1		
1	MAIER, Braydon	Central Washington
2	PHILLIPS, James	Concordia (Ore.)
3	LANDIS, Kodiak	Central Washington
4	BROWN, Giovanni	Concordia (Ore.)
5	FORSTER, Michael	Central Washington
6	TRANCH, Micah	Northwest Nazarene
7	TIDWELL, Dakota	Northwest Nazarene
8	KRUSE, Mitch	Western Oregon

#33-7 Men's Indoor Heptathlon 1000 Meters

12:20 PM (Day 2)

Lane	Name	Team
Section 1 of 1		
1	PHILLIPS, James	Concordia (Ore.)
2	BROWN, Giovanni	Concordia (Ore.)
3	KRUSE, Mitch	Western Oregon
4	FORSTER, Michael	Central Washington
5	LANDIS, Kodiak	Central Washington
6	MAIER, Braydon	Central Washington
7	TRANCH, Micah	Northwest Nazarene
8	TIDWELL, Dakota	Northwest Nazarene