



2021-22 GNAC WOMEN'S ROWING ALL-CONFERENCE TEAM

Rower of the Year: Jennifer Hoag, Seattle Pacific
Coxswain of the Year: Adele Houston, Western Washington
Coach of the Year: John Fuchs, Western Washington
Freshman of the Year: Sarah Ernst, Western Washington
Newcomer of the Year: Dana Foley, Cal Poly Humboldt

FIRST TEAM

Name	School	Yr.	Hometown (Previous School)
Adele Houston	Western Washington	Sr.	Seattle, Wash. (Nathan Hale)
Haley Moss	Western Washington	Sr.	Orcas Island, Wash. (Orcas Island)
* Maddie Bangasser	Western Washington	Sr.	Sammamish, Wash. (Eastlake)
Clarice Ruhlin-Hicks	Western Washington	Jr.	Anchorage, Alaska (West Anchorage)
Morgan MacIntyre	Western Washington	So.	Camas, Wash. (Camas)
* Jennifer Hoag	Seattle Pacific	Sr.	Normandy Park, Wash. (Seattle Christian)
Macie Leach	Seattle Pacific	Jr.	Chico Calif. (Pleasant Valley)
LeeAnn Arrington	Seattle Pacific	Sr.	Empire, Okla. (Empire)
Sage Kroeker	Central Oklahoma	Sr.	Enid, Okla. (Oklahoma Bible Academy)
Faith Brooks	Central Oklahoma	So.	Georgetown, Texas (Gateway Prep)
* Malia Seeley	Cal Poly Humboldt	Sr.	Polson, Mont. (Polson)

* - 2020-21 All-Conference Selection